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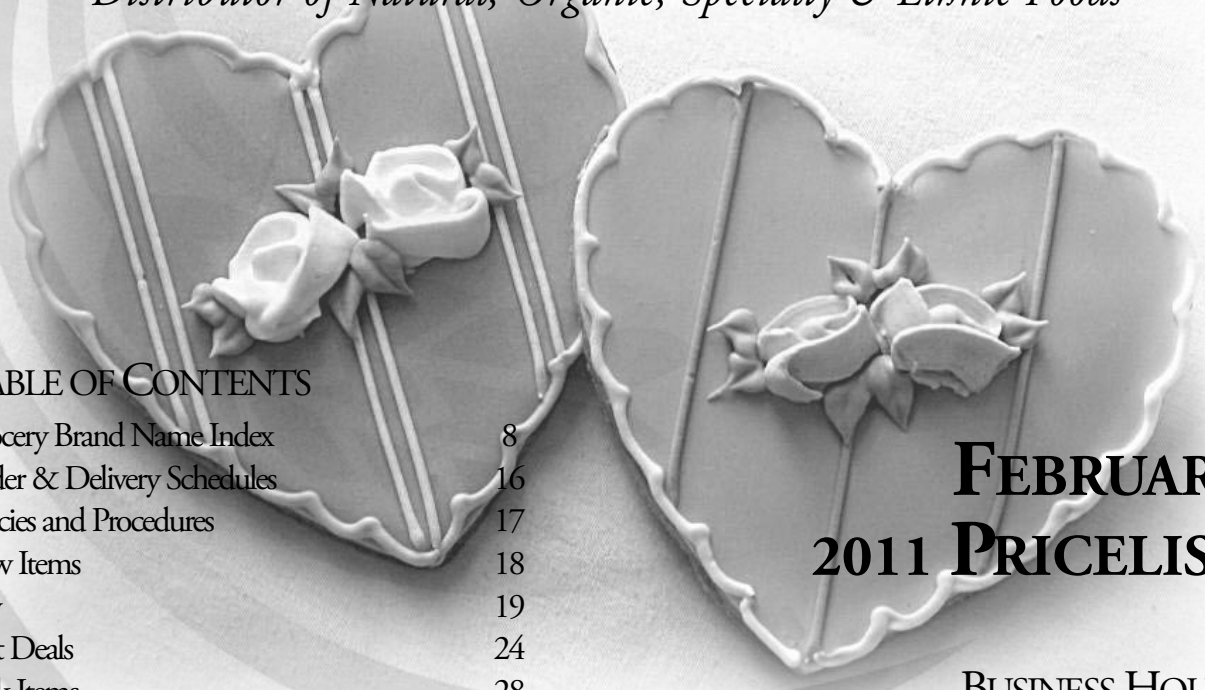

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FEBRUARY 2011 PRICELIST

BUSINESS HOURS

Monday-Friday
8:30-4:30

REACH US AT

50 Commerce Way
PO Box 399
Barrington, NH 03825
(p)603.664.5656
(f)603.664.8840

for additional product information visit ***www.assocbuyers.com***

FOR ORDERS SHIPPED BETWEEN JANUARY 31 - FEBRUARY 25

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Once Again Organic Tahini
Once Again Omega-3 Creamy Peanut Butter
Once Again American Classic Creamy Peanut Butter
Once Again Creamy Almond Butter
Once Again Organic Cashew Butter
Your regional supplier of natural and organic nut and seed butters, honeys and nuts. We spread integrity.™
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Once Again™
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WESTMINSTER CRACKER CO.

- 182 year old, family run business
- Started in Westminster, MA
- Moved to Brattleboro, VT in 1988
- Purchased the Olde Cape Cod brand from Cain's Foods in 2009
- Multi Pack item is new to Associated Buyer's
  - 15 1.5 oz packs in box
- Same item that is served in restaurants all over the US
  - More than 2.5 MM served annually

NEW!

Now Available from

Stevita™

3.3oz Liquid Stevia

- Freshly pressed from the leaves
- 96% Steviosides
- Naturally Sweet!

Supplemental Facts	
Serving Size: 1/8 tsp (0.625 ml)	
Servings per containere: 160	
Amount Per Serving	
Stevia Rebaudiana Bertoni (leaves)	15mg †
† Daily value not established	

Ingredients:
Stevia Rebaudiana Bertoni
Distilled Water
Grapefruit Seed Extract (a natural preservative)

King™

Rice Bran Oil

The New Healthy Choice

- Made of all natural non-GMO brown Jasmine Rice
- Contains no Trans Fat, Cholesterol, or Preservatives
- Rich in Vitamin E, Phytosterols, and ORYZANOL; an antioxidant only found in rice bran
- High Smoke Point makes Rice Bran Oil excellent for stir-frying, grilling, baking, and deep-frying
- Light texture brings out the natural flavor of food

Item # 21355

Introducing...

Sprouted Almonds® Brand

Distinctively unique & crunchy, naturally healthy & satisfying!™

- **Sprouted Almonds® contain Resveratrol – Anti Aging Factor. 1.4mg Resveratrol per 24 nuts. 1.4mg is equivalent to 3 glasses of Red Wine.**
- **Sprouted Almonds® contain Beta Sitosterol, Campesterol and Stanols - Cholesterol Lowering Factors.**
- **Sprouted Almonds® contain Stigma Sterol – Anti Muscle Stiffness Factor.**
- **100% All Natural! Gluten Free! Chemical Free! Pollution Free! SPROUTED ALMONDS IS A RAW, WHOLE FOOD!**

#10066 ALMONDS SPROUTED 4.8 OZ
#10065 ALMONDS SPROUTED 25#*

ZICO.COM

ZICO

PURE PREMIUM COCONUT WATER

Why is ZICO the fastest growing brand in the exploding coconut water category?

And why is ZICO in a bottle?

It's the packaging our active consumers demand for on-the-go consumption.

569 mg more potassium than one whole banana

supports rapid hydration

GREEN — bottle made from 30% recycled content
reduced carbon footprint
#2 100% recyclable HDPE bottle
recycled 40x more than tetra cartons

5 ESSENTIAL ELECTROLYTES — potassium
magnesium
sodium
calcium
phosphorus

0 NATURALLY — ZERO fat
ZERO cholesterol
ZERO added sugar

CONVENIENT — portable, durable
resealable
easier to ice down
fits in cup holders

natural
pure premium
coconut water

pomberry
pure premium
coconut water
with natural pomegranate & berry flavors

lima citron
pure premium
coconut water
with natural lime & citrus flavors

pineapple
pure premium
coconut water
with natural pineapple flavor

drink ZICO cold

Nutrition Facts

Serving Size: 1 bottle
Servings per Container: 1

Amount Per Serving	
Calories 60	Calories From Fat 0
	% Daily Value*
Total Fat	0 %
Sodium 160mg	7 %
Potassium 569mg	16 %
Total Carbohydrate 13g	4 %
Sugars 12g	
Protein 0g	
Calcium 27mg	3 %
Phosphorus 30mg	3 %
Magnesium 35mg	9 %

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin A and vitamin C.

*Percent Daily Values based on a 2000 calorie diet.

Ingredients: 100% natural coconut water from concentrate, natural flavors

ZICO 643 Cypress Avenue, Hermosa Beach, CA 90254 p 1-866-SAY-ZICO f 1-866-620-6783

CREAM-NUT®

Since 1925

100% Natural

Ask your Associated Buyer's Sales Representative for this month's promotional details!

- Outstanding quality and taste
- All natural
- Only two ingredients: Virginia peanuts and sea salt
- Minimally processed with vintage WWII machinery
- Crafted slowly in small batches
- Fourth generation, family owned American company
- Stand-out retro labeling, packed in classic glass jars

MADE IN AMERICA

PARVE

MANUFACTURED BY
KOEZE COMPANY
GRAND RAPIDS MI 49509

Crunchy Natural Item #32431, 12/16.5 oz. Smooth Natural Item #32430, 12/17 oz.

GROCERY BRAND NAME INDEX

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GROCERY BRAND NAME REFERENCE

123 GLUTEN FREE
- baking mixes

3 ACRE KITCHEN
- condiments, bbq & marinades
- condiments, salad dressings

AK MAK
- crackers, bread sticks & rice cakes

AL DENTE
- pasta

ALEIA'S GLUTEN FREE FOODS
- bread, breadcumbs, croutons, stuffing
- cookies

AL KANATER
- Middle Eastern - desserts

ALMA
- condiments, olives
- nuts & seeds

ALSO SALT
- herbs & spices, other

AL WADI
- Mediterranean - cooking sauces
- baking extracts

AMERICAN SPOON FOODS
- condiments, cooking sauce - BBQ
- condiments, cooking sauce marinades
- condiments, pickles, relish & sauerkraut
- condiments, sandwich spreads - mustard
- fruit - canned & jars
- preserves & spreads, sweetened
- preserves & spreads, butters

AMORE
- condiments, cooking sauces

AMOY
- Asian - noodles

AMY & BRIAN
- beverages, juice

AMY'S KITCHEN
- beans, canned - baked
- prepared foods - canned
- soups, canned

ANCIENT HARVEST QUINOA
- flour
- grains

ANGUS SAUCES
- condiments, cooking bbq sauces

ANNIE CHUN'S
- Asian - noodles
- prepared foods, packaged

ANNIE'S HOMEGROWN
- cookies
- crackers, bread sticks & rice cakes
- prepared foods, canned
- prepared foods, packaged
- snacks & snack bars

ANNIE'S NATURALS
- condiments, cooking BBQ sauces
- condiments, cooking marinades
- condiments, cooking worcestershire
- condiments, salad dressings
- condiments, sandwich spd, mustard
- condiments, sandwich sprd, ketchup

APPALACHIAN NATURALS
- condiments, dips & spreads
- condiments, salad dressings
- condiments , cooking sauces -

APPALACHIAN NATURALS - cont.
- bbq & marinades
- condiments, salsa
- condiments, sandwich spd, mustard
- preserves

APPENNINO
- Mediterranean - condiments, dips & sauces

APPLE & EVE
- beverages, juice asceptics

ARIA IMPORTS
- olive oils

ARIEL
- beverages, non-alcoholic

ARORA
- herbs & seasonings - salt & salt substitutes

AROY-D
- Asian - prepared foods

ARROWHEAD MILLS
- baking mixes
- breakfast, cereals & granolas
- breakfast, mixes
- flour
- grains
- rice

ARTISANA NUT BUTTERS
- nut & seed butters

ASIAN BEST
- Asian - cooking sauces& ingredients

ASIAN BOY
- Asian - herbs & seasonings
- Asian - nori & wrapping sheets

ASSI
- Asian - beverages

ATHENA
- olive oils

ATLANTIC ORGANIC
- condiments, vinegar balsamic
- oils
- olive oils

AURORA
- chips, pretzels & puffs
- fruits, dried & packaged
- fruits & nut mixes
- nuts & seeds, packaged
- snacks & snack bars

BAKERY ON MAIN
- breakfast cereal & granola
- snacks & snack bars

BARBARA'S BAKERY
- breakfast, cereals & granolas
- chips, pretzels & puffs
- cookies
- crackers, bread sticks & rice cakes

BAR HARBOR
- beans, canned, baked
- condiments, bouillon & broths
- desserts & toppings
- seafood
- soups, canned & asceptic

BARNIER
- condiments, olives

BAVARIA
- beverages, sparkling

BAZZINI
- nuts & seeds roasted

BEE RAW
- sweeteners, honey

BELLA TERRA
- vegetables, tomatoes
- pasta

BELL'S SEASONING
- herbs & spices

BELVOIR
- beverages, sparkling

BERKSHIRE GRAIN
- breakfast cereals & granolas

BERKSHIRE MOUNTAIN BAKERY
- cookies

BETTER THAN FRED'S
- condiments, salsa

BETTER THAN MILK
- beverages, non-dairy & dairy

BILLINGTON'S
- sweeteners, sugar

BIONATURAE
- beverages, juice
- condiments, vinegars
- olive oil
- pasta
- preserves, unsweetened
- vegetables, tomatoes

BIOTTA
- beverages, juice

BIRDS
- UK foods - baking mixes

BISCA WATER CRACKERS
crackers, bread sticks & rice cakes
BISTO
UK foods - cooking sauces & ingredients
BITE ME
condiments, cooking sauces - hot
BLUE DIAMOND
beverages, non-dairy & dairy
BLUE MOUNTAIN
Asian - coconut milk
Caribbean - herbs & seasonings
Mexican - herb & seasonings
BLUE SKY
beverages, sparkling
beverages, tea, coffee, herb ready-to-drink
BLUE STAR
crackers, bread sticks & rice cakes
BOB'S
baking products
BOBBY O'S
chips, pretzels & puffs
BOBO'S
pasta sauces
BOTTLE GREEN
beverages, non-alcoholic
BOULDER HOT SAUCE
condiments, cooking hot sauces
BOXFORD BAKEHOUSE
breakfast cereal & granola
BOYAJIAN
baking - extracts & flavors
oils, flavored
vinegars - flavored
BRAGGS
condiments, vinegars
BRIGHTWATER
beverages, water & flavored water
BROOKFARM
nuts & seeds, packaged
oils
BROTHER BRU BRU
condiments, cooking hot sauces
BROWN FAMILY FARM
candy & confections
sweeteners, maple
BUBBIE JEAN
cooking sauces
BURNHAM & MILLS
beverage mixes, powdered
candy & confections
BUSHA BROWNE
preserves & spreads, sweetened
condiments, cooking sauces
condiments, cooking sauces, bbq & marinades
BUTTERFLY
Asian - noodles
CAFE BUSTELO
coffee
CAFIX
coffee substitutes
CALBEE
Chips,pretzels & puffs
CAL VALLS
condiments, olives
beverages, juice
vegetables, tomatoes
CALIFORNIA CRUNCHIES
nuts & seeds, packaged
CAMEL BRAND
Middle Eastern - desserts
CANARINO
Teas
CANDELEROS
Mexican - cooking sauces
CANDY TREE
candy & confections
CAP BON
Mediterranean - candy & confections
CAPE COD SPECIALTY FOODS
candy & confections
CARLSBAD
cookies
CARLSON ORCHARDS
beverages, non-alcoholic
fruits, canned - applesauce
CARMELINA
vegetables, tomatoes
CARRILLO'S
condiments, salsa
CARR'S
cookies
crackers, bread sticks & rice cakes
CASABLANCA GARDENS
prepared foods, packaged
CASCINA BELVEDERE
rice
CAVIAR OF MAINE
fruit, canned & jars
fruit, pie fillings
fruit, dried & packaged
preserves - unsweetened
desserts & dessert toppings
CELESTIAL SEASONINGS
teas
CEREAL TERRA
Mediterranean
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CEREALVIT
breakfast cereal & granola
CHACHI
condiments, hot sauce
CHAMPLAIN VALLEY APIARIES
sweetners
CHAO THAI BRAND
Asian - coconut milk & powders
CHAPPAQUA CRUNCH
breakfast cereals & granolas
CHATFIELDS
baking, chocolate & cocoa
CHEBE
baking mixes
CHERRYBROOK KITCHEN
baking mixes
breakfast mixes
CHOICE ORGANIC TEAS
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CHOLULA
condiments, cooking sauce - hot
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Candies & confections
CLASSY DELITES
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COLAVITA
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COLMAN'S OF NORWICH
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COMIDA MEXICANA
Mexican - cooking sauces
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COMVITA
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COOL CUPS
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COOMBS FAMILY FARM
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COSMO'S
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CREAM-NUT
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CRICH
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CROFTER'S
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preserves, unsweetened
CROOKED BIRCH
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preserves
CROSTINI
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CROWN PRINCE
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CRYSTAL'S
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DELI-CATESSEN
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DELL AMORE
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DENNYMIKE'S
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condiments, olives
crackers, bread sticks & rice cakes
olive oil
vegetables
DIVINE CHOCOLATE
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DONA MARIA
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DOWD & ROGERS
baking mixes
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DR. GONZO'S
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condiments - cooking sauces, hot
DR. MCDOUGALL'S
breakfast, cereals & granolas
soups, dried & packaged
soups & broths, canned & asceptics
DR. STUART'S
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DRAGON
Asian - cooking sauces
DRAGON FLY
Asian - soy sauces & tamari
DRAGONFLY
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DREW'S ALL NATURAL
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Asian - fruits, canned
Asian - herbs & seasonings
Asian - noodles & rice sticks
Asian - oils
Asian - vegetables
teas
EARTH'S BEST
baby food
ECO TEAS
tea
EDEN FOODS
Asian - herbs & spices
Asian - pickled & marinated
Asian - noodles
Asian - nori
Asian - soups & broths
Asian - soy & tamari

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- Asian - vinegar
- baking products
- baking salt
- beans, refried
- beans, canned organic
- beverages, juice
- beverages, juice concentrates
- beverages, non-dairy & dairy
- chips, pretzels & puffs
- condiments, pickled, sauerkraut
- condiments, sandwich sprd - mustard
- fruit, dried & packaged
- fruit, canned applesauce
- grains & flakes
- nuts & seeds, packaged
- oils
- pasta
- pasta sauce
- pizza sauce
- prepared foods, canned
- preserves, butters
- sweeteners, grain
- teas
- vegetables, tomatoes

EDWARD & SONS
- crackers
- prepared food, packaged
- soups, broths & bouillon

EFFERVE
- beverages, sparkling

EIGHTH WONDER
- rice

ELEPHANT
- Asian - noodles

ELITE NATUREL
- beverages, juice

EL PESCADOR
- seafood

EL REBOST
- Mediterranean, preserves

EL VELERO
- seafood

EMERALD COVE
- Asian - nori
- Asian - snacks
- sea vegetables

EMILIANA
- condiments, vinegars balsamic

EMPEROR'S KITCHEN
- Asian - herbs & seasonings
- Asian - pickled & marinated
- herbs & spices

ENER -G
- baking products
- breads & croutons
- flour

ENVIROKIDZ
- breakfast cereals

EQUAL EXCHANGE
- baking, chocolate, cocoa & carob
- beverage mixes, powdered
- candy & confections
- coffee
- teas

ERAWAN
- Asian - flour
- Asian - noodles & rice sticks

ESSENTIAL LIVING FOODS
- beverage mixes, powdered
- candy & confections
- snack & snack bars
- sweetners

EUROSUPREME
- oils, flavored & spray

FAMILIA
- breakfast, cereals & granolas

FAMOSO
- pasta
- vegetables, tomatoes

FANTASTIC FOODS
- prepared, packaged

FARMER'S MARKET
- vegetables

FASTACHI
- nut & seed mixes, packaged

FEARLESS CHOCOLATE
- candy & confections

FEARN
- baking products

FELIX LINGONBERRIES
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FENG SHUI
- Asian - snacks

FENTIMAN'S
- beverages, sparkling

FIDDLER'S GREEN
- baking mixes
- breakfast, cereal & granolas
- breakfast, mixes
- dessert toppings

FIESTA
- condiments, dips & spreads

FINN CRISPBREAD
- crackers, bread sticks & rice cakes

FINNSKA
- candy & confections

FIORDI FRUTTA
- baking products
- preserves, unsweetened

FIORDIMELE
- sweeteners, honey

FIORDINOCCIOLA
- nut & seed butters

FIVE ACRE FARM
- fruit, pie fillings

FIZZY LIZZY
- beverages, sparkling

FLAHAVAN'S
- breakfast cereals & granolas

FLAVRZ
- beverages, juice concentrates

FLOR DE SAL
- herbs & seasonings - salt & salt substitutes

FLORIDA
- sweeteners, sugar

FLOTT
- pasta sauce

FOCO
- Asian - beverages

FOOD MERCHANTS
- prepared foods

FOODSHOULDTASTEGOOD
- chips, pretzels & puffs

FOX HOLLOW MUSTARD
- condiments, sandwich sprd mustard

FRANCESCA DI MONTE
- vinegar, balsamic

FROM JAPAN
- Asian, snacks & rice crackers

FRONTIER NATURAL
- herbs & spices, other

FRONTIER SOUPS
- soups, cups & dry mixes

FRUITABU
- snacks & snack bars

FUNGUS AMONGUS
- dried mushrooms
- herbs & seasonings

GALVANINA
- beverages, sparkling
- beverages, water & flavored water

GARDEN OF EATIN'
- chips, puffs, & popcorn

GEETA'S
- Indian - chutney & pickles
- Indian - cooking sauces
- Indian - cooking pastes

GENISOY
- snacks & snack bars

GEROLSTEINER
- beverages, water & flavored water

GHIRARDELLI
- baking, chocolate & carob
- beverage mixes, powdered
- candy & confections

GILLIAN'S FOODS
- breads & croutons
- pasta

GINGER PEOPLE
- baking products
- baking, flavors & extracts
- beverages, juice
- beverages, sparkling
- candy & confections
- condiments, cooking sauces
- cookies
- fruit, dried
- preserves & spreads, sweetened

GLACIA ICEBOX
- beverages, water

GLENNY'S
- snacks & snack bars

GNU FOODS - FIBER & FLAVOR
- snacks & snack bars

GOLD EARTH
- Asian - noodles

GOLDEN BOY
- Asian - cooking sauces

GOLDEN GATE
- herbs & spices

GOLDENFRY
- UK foods - baking mixes

GOLDIES
- candy & confections

GOLDIES -cont.
- snacks & snack bars

GOLD KILI
- Asian, beverages

GOLDRUSH SOURDOUGH
- baking products

GO MACRO
- snacks & snack bars

GO MAX GO!
- candy & confections

GOOD
- condiments, dressings
- condiments, mayo
- oils

GOOD HEALTH NATURAL FOODS
- chips, pretzels & puffs

GOURMET MOM'S
- condiments, cooking sauces

GRANJA SAN FRANCISCO
- sweeteners, honey

GRANZOTI
- snacks & snack bars

GREEK GOURMET
- condiments, olives
- condiments, pickled & marinated
- condiments, pickled & marinated - capers
- vegetables, peppers

GREEN & BLACK'S
- baking, chocolate & carob
- beverage mixes, powdered
- candy & confections

GREEN MOUNTAIN GRINGO
- chips, puffs, & popcorn
- condiments, salsa

GREENE'S OF VERMONT
- condiments, cooking sauces

GREENWHEAT FREEKEH
- grains & flakes

GRINGO JACK'S
- condiments, bbq
- condiments, salsa
- chips
- pasta sauce
- soups canned

GUAYAKI
- tea

GUERZONI
- Mediterranean, beverages

GUS (GROWN UP SODA)
- beverages, sparkling

HAFI
- beverages, juice concentrates

HAIKU
- teas

HAIN
- condiments, spreads mayonnaise
- oils

HAKUBAKU
- Asian - noodles & rice sticks

HALF MOON BAY TRADING CO.
- beverage mixes, liquid
- condiments, bbq
- condiments, hot sauce
- condiments, ketchup
- condiment, mustard

HAMPSTEAD TEA
- Tea

HANG
- Asian - noodles & rice sticks

HAPI
- Asian - snacks

HAPPY PHO
- Asian - noodles & rice sticks
- Asian - soups, broths & bouillon

HARIMSA
- baking mixes

HATCH
- Mexican - cooking sauces
- Mexican - vegetables

HAUTE CUISINE
- crackers, bread sticks & rice cakes

HAVISTA
- Asian - noodles & rice sticks

HEDGIES
- condiments, salsas

HEINZ
- condiments, sandwich spread ketchup
- soups & broths, canned

HELWA
- cookies

HENRY & LISA'S
- seafood

HERDEZ
Mexican - condiments, salsa
HERRELL'S
desserts & dessert toppings
HICK LICK'N
condiments, cooking sauces
HICKORY
snacks & snack bars
HIGHLAND SUGARWORKS
breakfast mixes
candy & confections
preserves, butters
HIGHLAND SUGARWORKS - cont.
sweeteners, maple
HIKARI
Asian - soups, broths & bouillons
HIMALASALT
baking, salts & salt mills
herbs & spices, others
HIME
Asian - herbs & seasonings
rice
HOFAN
Asian - noodles & rice sticks
HOGAN'S
baking mixes
preserves & spreads, sweetened
HOLLY'S
breakfast products
HOME FREE
cookies
HONEES
candy & confections
HONEY ACRES
candy & confections
HONEST KIDS
beverages, ready-to-drink
HONEST TEA
beverages, tea
HONEY GARDEN APIARIES
sweeteners, honey
HONEYLAND
sweeteners, honey
HONIBE
sweeteners, honey
HP SAUCE
UK foods - cooking sauces & ingredients
HSIN TUNG YANG
Asian - cooking pastes
HUBS
nuts & seeds, packaged
IAN'S NATURAL FOODS
bread, bread crumbs & croutons
IBARRA
Mexican - beverage mixes
IMAGINE FOODS
soups, canned & asceptic
I M HEALTHY
nut & seed butters
INDIA TREE
baking products
INDIAN LIFE
Indian - crackers & pappadums
Indian - snacks & snack mixes
INES ROSALES
Mediterranean - desserts
INKOS
beverages,iced tea & ready to drink tea
INTERNATIONAL HARVEST
fruit, dried
fruit & nut mixes
nuts & seeds, packaged
J. CROW'S
beverage mixes, powdered
JANE'S KRAZY SALT
herbs & spices
JAPAN DELIGHT
Asian - prepared foods
JAPAN GOLD
Asian - prepared foods
JELLY BELLY
candy & confections
JENNIE'S
cookies
JES
Asian - cooking sauces
JFC
Asian - beans
Asian - herbs & seasonings
JOBY & MARTY'S
candy & confections
JOHN MACY'S CHEESESTICKS
crackers, bread sticks & rice sticks
JOSE GOLDSTEIN
condiments, salsa
JOVIAL
pasta
JOYVA
Middle Eastern - desserts
Middle Eastern - nut & seed butters
JUANITAS
Mexican - prepared foods
JUDY'S VERMONT
condiments, bbq & marinades
condiments, pickles, relish & sauerkraut
JUMP UP & KISS ME
condiments, cooking sauces hot
KADOYA
oils
KAFFREE ROMA
coffee substitutes
KAME
Asian - cooking sauces
Asian - noodles & rice sticks
Asian - vegetables
crackers, bread sticks & rice cakes
KASHI
breakfast, cereals & granolas
crackers, bread sticks & rice cakes
snacks & snack bars
KETTLE CHIPS
chips, puffs, & popcorn
KIKKOMAN
Asian - bread crumbs, panko
Asian - cooking sauces
Asian - soups, broths
Asian - soy sauces & tamari
KIMLAN
Asian - cooking sauces & toppings
KING
Asian, oils
KING ARTHUR
baking mixes
breakfast mixes
flour
KING SOBA
Asian, noodles & rice sticks
Asian, soups, broths & bouillon
KITCHEN BASICS
soups & broth
KNIPSCHILDT
candy & confections
dessert & dessert toppings
KNUDSEN
beverages, juice
beverages, juice concentrates
beverages, asceptics
beverages, sparkling
KOKUHO
rice
KOMBUCHA WONDER DRINK
beverages,iced tea & ready to drink tea
KOON CHUN
Asian - cooking sauces
KRISTALL
beverages, sparkling
LA BALEINE
baking, salts
LA CHINATA
herbs & spices, other
LA MASIA
vinegars
vinegars, balsamic
LA MEDINA
sweeteners, sugar
LA PAILA
desserts
LA PREFERIDA
Mexican - vegetables
Mexican - condiments, salsas
Mexican - beans
beans canned, refried
LA TOURANGELLE
oils
LAGO DI GARDA
olive oils
oils, flavored
LAN CHI
Asian - cooking sauces
Asian - cooking paste
LARABAR
snacks & snack bars
LARRY'S BEANS
coffee
LARRY'S SOUTHWESTERN SAUCES
condiments, cooking sauces
LARS OWN
condiments, sandwich spread - mustards
herb & spices, other
sweeteners, sugar
LAS DOSCIENTAS
olive oil
LATE JULY
cookies
crackers
LAVASCH
crackers, bread sticks & rice cakes
LAXMI
Indian - herbs & seasonings
LE PHARE
Mediterranean - cooking sauces
LEE KUM KEE
Asian - bulk
Asian- cooking sauces
Asian - soy sauces
LEKSAND
crackers, bread sticks & rice cakes
LES MOULINS MAHJOUB
Mediterranean
olive oils
LETS DO ORGANIC
baking products
candy & confections
desserts
fruits, dried packaged
LIMA
herbs & seasonings - salt & salt substitutes
LINDT
candy & confections
LINGHAM'S
asian - cooking sauces,toppings & ingredients
LITTLE BAY BAKING CO.
baking, mixes
LITTLE BEAR
Mexican - crackers/taco shells
beans canned, refried
chips, pretzels & puffs
herbs & spices blends
LITTLE DEVIL
beverages, mixers - cocktails
LITTLE DUCK ORGANICS
baby products
LIV ORGANIC
beverages, juice
LIVING HARVEST
beverages, dairy & non-dairy
LKK PANDA
Asian - cooking sauces
LONGEVITY
baking products
LOS CHILEROS
Mexican - baking mixes
Mexican - flours
Mexican - grains
Mexican - herbs & seasoning
Mexican - prepared foods
LOTUS FOODS
rice
LOVE N BAKE
baking products
LUCY'S
cookies
LULU
condiments, cooking sauces
condiments, dips & spreads
condiments, vinegars - balsamic
preserves, sweetened
sweeteners, honey
LUNA
snacks & snack bars
LUNDBERG
chips, pretzels & puffs
crackers, bread sticks & rice cakes
prepared, packaged
rice
sweeteners, grain
LYLE'S
sweeteners, grain
MADECASSE
baking products
candy & confections
MADHAVA
sweeteners, misc.
MADHOUSE MUNCHIES
chips, pretzels & puffs
MAE PLOY
Asian - cooking sauces
Asian - cooking pastes
MAESRI
Asian - cooking sauces
Asian - cooking pastes
Asian - soups, broths
MAINE COAST SEA VEGETABLES
Asian - nori
sea vegetables

MAINE COAST SEA VEGETABLES - cont.
- snacks & snack bars

MAINE NATURAL OILS
- oils

MAINE ROOT
- beverages, sparkling

MAINE SEA SALT COMPANY
- herbs & seasonings, others
- herb & spice blends

MAISIE JANE'S
- candy & confections
- nuts & seeds

MALDON SEA SALT
- baking, salts

MALDON SEA SALT - cont.
- herbs & spices, other

MARCONI
- oils, flavored

MARCO POLO
- Mediterranean - cooking sauce
- Mediterranean - dips & spreads
- Mediterranean - pickled & marinated
- beverages, juices
- condiments, pickles, relish & sauerkraut
- fruits, cans & jars
- preserves, sweetened
- vegetables, peppers

MARIAH'S
- condiments, pickles & relish

MARIGOLD
- condiments, soups, broths & bouillon

MARMITE
- UK Foods - condiments, dips & spreads

MARUKAN
- Asian - cooking sauces
- Asian - vinegar

MARY'S GONE CRACKERS
- crackers, bread sticks & rice cakes

MASECA
- Mexican - flours & flour mixes

MAS PORTELL
- condiments, pickled & marinated
- condiments, pickled - capers
- condiments, vinegars
- herbs & spices - other
- oils, flavored

MASTRI DI SAN BASILIO
- olive oil

MATIN
- baking products
- preserves, sweetened

MATIZ
- herbs & seasonings, others
- Mediterranean
- seafood
- vegetables

MAXWELL'S
- condiments, bouillon...& gravy mixes

McCANN'S
- breakfast, cereals & granolas

McCLURE'S
- sweeteners, honey

McFADDEN FARM
- herbs & spices

McVITIES
- UK foods - desserts & cookies

MEDAGLIA D'ORO
- coffee

MEDITALIA
- Mediterranean - dips & spreads

MEDITERRANEAN ORGANICS
- condiments, olives
- condiments, pickled & marin - capers
- vegetables, peppers

MELINDA
- condiments, cooking sauces - hot

MERULA
- olive oil

METROMINT
- beverages, water & flavored water

MEYENBERG
- beverages, non-dairy & dairy

MEZZETTA
- condiments, pickled & marinated
- condiments, pickled & marinated - capers
- condiments, hot sauces
- condiments, olives
- condiments, pickles
- pasta sauce
- vegetables
- vegetables, peppers

MEZZINI
- Mediterranean Foods
- condiments, cooking sauces & marinades
- condiments, dips & sauces

MICHIU
- Asian - vinegar

MIDEL
- cookies

MIGUEL & VALENTINO
- condiments, dips & spreads
- condiments, olives
- olive oils
- seafood

MIGUEL'S STOWE AWAY
- condiments, salsas
- chips, pretzels & puffs

MIMICCREME
- beverages, dairy & non-dairydessert & dessert toppings

MINI POPS
- chips, pretzels, puffs

MINOA
- olive oils

MISHIMA
- Asian, soups, broths & bouillon
- Asian, prepared foods

MISKO
- pasta

MISO MASTER
- Asian - soy sauces & tamari

MISO TO GO
- Asian, soups, broths & bouillon

MOCHIKO
- flours

MODERN
- herb & spice blends

MOOKIDS
- candy & confections

MOORLAND
- sweeteners, honey

MORGAN'S MILLS
- baking mixes
- breakfast mixes
- flour

MORI NU
- soy foods

MORNING GLORY
- desserts & dessert toppings

MOTHER'S MOUNTAIN
- condiments, cooking sauces - bbq
- condiments, cookings sauces - hot
- condiments, sandwich spreads, mustard
- condiments, sandwich spreads, ketchup
- preserves
- sweeteners, honey

MOUNT HAGEN
- coffee

MR. #1
- Asian - sweeteners

MR. KRISPERS
- chips, pretzels & puffs

MR. Q. CUMBER
- beverages, sparkling

MR. SPRINKLES
- desserts & toppings

MRS. CRIMBLE'S
- crackers, breadsticks & rice cakes

MRS. LEEPER'S
- pasta
- prepared foods, packaged

MRS. MAY'S
- snacks & snack bars

MT VIKOS
- Mediterranean - dips & spreads
- Mediterranean - pickled & marinated
- Mediterranean - prepared foods
- crackers, bread sticks & rice cakes
- fruits, cans & jars

MUIR GLEN
- condiments, salsa
- condiments, spreads ketchup
- vegetables, tomatoes
- pasta sauces
- pizza sauce

MYRONS
- Asian - cooking sauces
- condiments, cooking sauces

MYSMOOTHIE
- beverages, asceptic

NAGAI
- Asian - nori

NAIRN'S
- cookies

NAMASTE FOODS
- baking mixes
- breakfast mixes
- prepared foods, packaged

NASOYA
- condiments, sandwich sprd mayo

NATIVE FOREST
- Asian - cooking sauce coconut milk
- fruits, canned & jars
- vegetables

NATUR-A
- beverages, dairy & non-dairy

NATURAL NECTAR
- cookies
- crackers, breadsticks & rice cakes
- candy & confections
- chips, pretzels & puffs
- dessert & dessert toppings

NATURAL SEA
- seafood

NATURAL VALUE
- Asian - coconut milk
- Asian - vegetables
- Mexican - vegetables
- beans, canned
- beans canned, refried
- condiments, spreads mustards
- fruits, cans & jars
- grains
- pasta
- seafood
- vegetables

NATURALLY DELICIOUS
- condiments - mayo

NATURE'S CHOICE
- snacks & snack bars

NATURE'S PATH
- breakfast, cereals & granolas
- snacks & snack bars

NEW ENGLAND CRANBERRY
- preserves, sweetenend

NEW ENGLAND NATURAL BAKERS
- snacks & snack bars

NEW HOPE MILLS
- breakfast mixes

NEWMAN'S OWN
- candy & confections
- grains & popcorn

NIBLACK
- grains

NICE CHOICE
- Asian - snacks

NIELSEN-MASSEY VANILLA
- baking, extracts & flavorings

NISHIKI
- Asian - rice
- rice

NOBU
- Asian - herbs & seasonings

NO PUDGE
- baking mixes

NORTH BAY TRADING COMPANY
- soup mixes, dried & packaged

NUMBER 9
- chips
- condiments, salsa
- Refrigerated - salsa

NUMI TEA
- tea

NUNE'S FARMS
- nuts & seeds, roasted

NUTIVA
- nuts & seeds, roasted

OHSAWA
- Asian - soy sauces & tamari
- Asian - vinegars & cooking wines
- sea vegetables

OLA!
- breakfast cereals & granolas

OLDE CAPE COD
- condiments, dips & spreads
- crackers, bread sticks, rice cakes
- pasta sauces
- soups, canned

OLDE TYME
- nuts & seeds, roasted

OLEUM VIRIDE
- olive oils

OLIVIA'S
- breads & croutons
- stuffing mixes

OLYMPOS
- vegetables
- vegetables, peppers

ONCE AGAIN
- Middle Eastern - nut & seed butters
- nut & seed butters

ONE WORLD
- teas

O OLIVE OIL
- condiments, vinegars

O OLIVE OIL - cont.
condiments, vinegars - balsamic
oils, flavored
OREGON CHAI
tea, concentrates
ORGAIN
beverages, dairy & non-dairy
ORGANIC COFFEE CO.
coffee
ORGANIC PLANET
Asian - noodles
ORGANIC SOURCE
beverages, sparkling
ORGANIC VALLEY
beverages, dairy & non-dairy
ORGRAN
cookies
ORIENTAL MASCOT
Asian - oils
ORTIZ
seafood
ORTON BRO
cookies
crackers, breadsticks, rice sticks
OSKRI
coffee substitutes
fruit, dried & packaged
Middle Eastern - nut & seed butters
snacks & snack bars
sweeteners, misc.
OUT ON A LIMB
fruit, pie fillings
OYSTER CREEK MUSHROOMS
herbs & spices, dried mushrooms
PACIFIC FOODS
soups, canned & aseptic
PACIFIC ORGANIC SALT
baking, salts
PAIN IS GOOD
condiments, cooking sauces - hot
condiments, salsas
herb & spice blends
PALACIOS
Mediterranean - prepared foods
PALDO
beverages, juice
PALMIERI
pasta sauces
pizza sauce
PAMELA'S
baking mixes
breakfast mixes
cookies
PANDA
candy & confections
PASTOR CHUCK'S
preserves
PATAK'S
Indian - cooking sauces
Indian - cooking pastes
Indian - pickles & relish
PATEL'S
Indian - prepared foods
PEACOCK
Asian, noodles & rice sticks
PEANUT BUTTER & CO.
nut & seed butters
PEARL RIVER BRIDGE
Asian - bulk
Asian - soy sauces
PEELU
candy & confections
PELOPONNESE
Mediterranean - dips & spreads
Mediterranean - prepared foods
condiments, olives
vegetables, peppers
PEMBERTON
breakfast mixes
condiments, cooking BBQ sauces
condiments, cooking sauces
condiments, salsas
dessert toppings
pasta sauces
PEPPADEW
vegetables - peppers
PG TIPS
tea
PICKAPEPPA
Caribbean - cooking sauces
condiments, cooking hot sauces
PIERRE BISCUITERIE
cookies
PINDERS
see Refrigerated Items
PINELAND FARMS
condiments, salsa
pasta sauces
preserves, sweetened
PLANTATION MOLASSES
sweeteners, molasses
PLOYES
breakfast mixes
flour
POMONA'S
baking products
PONS
olive oils
PORK BARREL
condiments, cooking sauces - bbq & marinades
POWELL & MAHONEY
beverages, mixes, liquid
PRIMAL STRIPS
snacks & snack bars
PRIMA TASTE
Asian - cooking pastes
Asian - prepared foods
PRIMO
olive oils
Q. BEL
candy & confections
Q TONIC
beverages, sparkling
RACCONTO
cheese, shelf stable
olive oil
pasta sauces
RAJAH CURRY
Indian - herbs & seasonings
RANIERI
oils, flavored
RAPUNZEL
baking, chocolate & carob
condiments, bouillon & broths
nut & seed butters
sweeteners, sugar
RAYES MUSTARD MILL
condiments, spreads mustards
REALLY GREAT FOOD COMPANY
baking mixes
REALLY RAW HONEY
sweeteners, honey
RECCA
Refigerated
RED LAKE NATION
rice
RED ROSE
Asian - nori & wrapping sheets
REED'S GINGER BREW
beverages, sparkling
REGATTA (formerly Barritts)
beverages, sparkling
RICE DREAM
beverages, non-dairy & dairy
RIEGA FOODS
condiments, bouillion, broth powders, clam juice, & gravy mixes
RICK'S PICKS
condiments, pickled & marinated
RICH'S SWEET HEAT
condiments, cooking sauces - bbq & hot sauces
RICHARD'S VERMONT MADE
condiments, cooking - bbq
condiments, cooking - hot sauce
pasta sauce
RIVER GARDEN KITCHENS OF VERMONT
condiments, salad dressings
RJ'S LICORICE
candy & confections
ROAD'S END ORGANICS
condiments, boil/broth,gravy mixes
condiments, dips & spreads
ROBERT'S ALL AMERICAN
chips, puffs, & popcorn
ROLAND
Asian - cooking sauces
Asian - flour mixes
Asian - herbs & seasonings
Asian - noodles
Asian - vegetables
Mediterranean - pickled & marinated
baking products
baking, salts
beans, canned
beverages, non-alcoholic
condiments, cooking sauces
condiments, cooking sauces - hot sauces
condiments, pickled capers
ROLAND - cont.
condiments, sandwich spd mustard
condiments, vinegars - balsamic
fruits, canned
grains
herbs & spices, other
nuts & seeds, packaged
oils
pasta sauces
seafood
sweeteners, sugar
vegetables
ROMULO
olive oil
ROOT CELLAR
condiments, dips & spreads
condiments, pickles, relish & sauerkraut
condiments, salsas
ROSEBUD
condiments, cooking sauces
condiments, pickles, relish & sauerkraut
preserves sweetened
RUBS WITH LOVE
condiments, bbq & marinades
herbs & seasonings
RUMFORD
baking products
RUNA
tea
RUSTIC CRUST
pizza crusts
pizza sauces
RYVITA
crackers, bread sticks & rice cakes
S & B
Asian - herbs & seasonings
SAF INSTANT YEAST
baking products
SAHALE
snacks & snack mixes
SAIFAN
olive oils
SALAZON CHOCOLATE CO.
candy & confections
SAM MILLS
oils
pasta
SAN ANGEL MOLE
Mexican - cooking sauces
SAN J
Asian - cooking sauces
Asian - soy sauces & tamari
SAN MARCOS
Mexican - cooking sauces
Mexican - vegetables
SAN PELLEGRINO
beverages, water & flavored water
beverages, sparkling
SANTA BARBARA OLIVE CO.
condiments, olives
condiments, pickled & marinated
SANTA CHIARA
olive oils
SANTA CLARA
olive oils
SANTA CRUZ ORGANIC
beverages, juice
beverages, juice concentrates
beverages, asceptic
SARATOGA SPRINGS
beverages, water & flavored water
SARSON'S
UK foods - vinegar
SB GOLDEN
asian - prepared foods
SCARPETTA
pasta sauce
SCHARFFEN BERGER
baking, chocolate & carob
candy & confections
SCOVILLE
condiments, cooking sauces - hot sauces
SEASONED PIONEERS
herbs & spices
SENCHA
candy & confections
SENSIBLE FOODS
snacks & snack bars
SESAME KING
nuts & seed butter
SESMARK
crackers, bread sticks & rice cakes
SHABTAI
cookies

GROCERY BRAND NAME INDEX

SHANGRI LA
tea
SHEFFIELD'S
flour
SHELTON'S
seafood & canned meats
SHIPWRECK GALLEY
condiments, salsa
SILLY COW
beverage mixes, powdered
SILVER PALATE
condiments, salad dressings
SIMPKINS
candy & confections
SIMPLY SOYNUT BUTTER
nut butters
SIMPLY ORGANIC
baking, extracts & flavorings
condiments, broth, bouillon, gravy mixes
condiments, dips & spreads
SMERALDINA
beverages, water & flavored water
SNACKSOFT
fruits, dried & packaged
SOBAYA
Asian - noodles & rice sticks
SOLEA
chips, pretzels & puffs
SOLERA 77
condiments, vinegar
SOMERDALE
UK foods - dips & spreads
SORREL RIDGE
preserves, unsweetened
SOUL DE CUBA
condiments, bbq & marinades
condiments, salad dressings
condiments, salsa
SPAA
Asian - prepared foods
Asian - snacks
SPANISH GARDEN
Mediterranean - vegetables
SPECTRUM NATURALS
baking products
condiments, spreads mayonnaise
condiments, vinegars
condiments, vinegars - balsamic
oils
olive oil
SPIRAL FOODS
condiments, cooking sauces - hot sauces
condiments, cooking sauces - bbq & marinades
SPROUTED ALMONDS
nuts & seeds, packaged
SPROUT REVOLUTION
grains & flakes
SRIRAJA
Asian, cooking sauces, toppings & ingredients
STACY'S PITA CHIPS
chips, puffs, & popcorn
STASH
beverage mixes, powdered
candy & confections
sweeteners, other
tea
STEVITA
sweeteners, other
STIRRINGS
beverage mixes, liquid
beverage mixes, rimmers
STOATS
snack & snack bars
STONEHOUSE 27
condiments, cooking sauces
STRETCH ISLAND
snacks & snack bars
SULTAN
Mediterranean - cookies
SUMMIT SPRING
beverages, water
SUNNY HONEY STICKS
candy & confections
SUNSPIRE
baking, chocolate & carob
candy & confections
SUNSTART QUALITY BAKERS
cookies
SUPERIOR NUT CO.
nut & seed butters
SUPERSEEDZ
nuts & seeds, packaged
SURF SWEETS
candy & confections
SUSHI SONIC
Asian - herbs & seasonings
Asian - pickled & marinated
Asian - soups & broths
SUZANNE'S SPECIALTIES
desserts & dessert toppings
SUZIE'S
crackers, bread sticks & rice cakes
SWAD
Asian - coconut milk & powders
Indian - beans, packaged
Indian - desserts
Indian - flour
Indian - herbs & seasonings
Indian - ghee
fruits, cans & jars
SWAN'S
sweeteners, honey
SWEET CLOUD
sweeteners, grain
SWEET ELLA'S
nut butters
SWITCH
beverages, sparkling
TAISAN
Asian - noodles & rice sticks
TAJ
Indian - cooking sauces
TAMICON
Asian - cooking sauces
TAP'N APPLE
preserves & spreads, butters
TAYLORS OF HARROGATE
tea
TEECCINO
coffee substitutes
TERRA CHIPS
chips, puffs, & popcorn
TERRA MEDI
Mediterranean - dips & spreads
condiments, olives
condiments, vinegar
condiments, balsamic vinegar
oils
olive oils
TERRA NOSTRA
candy & confections
THAI IMPORTS
baking products
THEOBROMA CHOCOLAT
candy & confections
THURSDAY COTTAGE
desserts & dessert toppings
preserves, sweetened
TICK TOCK
tea

TIDMAN'S
baking salt
TIGER'S MILK
snacks & snack bars
TIMELESS NATURAL FOODS
beans, packaged, grains & flakes
TINKYADA (TNK)
pasta
TIPARROS
Asian - cooking sauces
TIZANE
beverages, ready-to-drink
TOMMY'S NAKED SODA
beverages, sparkling
TRACKLEMENTS
condiments, cooking sauces
condiments, pickles, relish & sauerkraut
condiments, salad dressings
condiments, spreads mustards
condiments, spreads ketchup
preserves, sweetened
TRADITIONAL MEDICINAL
tea
TRUROOTS
rice
beans
grains
TUCKER'S NATURAL
crackers, breadsticks & rice cakes
TURTLEDOVE
pasta sauces
TWININGS
teas
TY NANT
beverages, water & flavored water
UNCLE FAN'S
Asian - cooking sauces
UNIO
condiments, vinegars
UNIO - cont.
olive oils
UNION
Asian - cooking sauces
Asian - cooking pastes
UNIQUE
chips, pretzels & puffs
URBAN ACCENTS
grains
herbs & seasoning blends
herbs & seasonings by brand
herbs & seasonings - salt & salt substitutes
VALUEN
rice
VENUS
crackers, bread sticks & rice cakes
VERITAS
candy & confections
VERMINTS
candy & confections
VERMONT COFFEE CO.
coffee
VERMONT COMMON CRACKER
crackers, breadsticks & rice cakes
VERMONT MAPLE GRANOLA CO.
breakfast cereals & granola
VERMONT NUT FREE CHOCOLATE
candy & confections
snack & snak bars
VERMONT PEPPER WORKS
condiments, cooking hot sauces
VERMONT SMOKE & CURE
snacks & snack bars
VERMONT SWEETWATER
beverages, sparkling
VERMONT VILLAGE CANNERY
fruit, canned applesauce
VICTORIA GOURMET
baking salts
herb & seasoning blends
VIRGIL'S
beverages, sparkling
VITARROZ
condiments, cooking hot sauces
VITA SPELT
pasta
chips
snacks
VIVANI
candy & confections
VOGEL SEASONINGS
herbs & spices, blends
VOLCANO
beverages, juice
beverages, juice concentrates

WALKERS
cookies
WALKERS WOOD
Caribbean - cooking sauces
WAN JA SHAN
Asian - cooking sauces
condiments, cooking worcestershire
WANGDERM
Asian - cooking sauces
Asian - cooking pastes
Asian - sweeteners
WASA
crackers, bread sticks & rice cakes
WATERPLUS
beverages, water & flavored water
WATERWHEEL
crackers
WEDDERSPOON
sweeteners, honey
WEICHUAN
Asian - cooking sauces
WEL PAC
Asian - flours & starches
sea vegetables
WESTBRAE
beans, baked
beans, canned organic
beverages, non-dairy & dairy
condiments, spreads mustards
vegetables
WESTSOY
beverages, non-dairy & dairy
WHITE HERON TEA
tea
WHITE MOUNTAIN KETTLE CORN
chips pretzels & puffs
WHOLESOME SWEETENERS
sweeteners, honey
sweeteners, sugar
sweeteners, molasses

WICKED JOE'S
coffee
WICKED NATURAL
condiments, cooking sauces - hot sauces
condiments, dips & spreads
condiments, salsa
condiments, sandwich spreads - ketchup
preserves & spreads, sweetened
WILD GARDEN
condiments, dips & spreads
Mediterranean - prepared foods
WILL 'N ROSE'S
breakfast cereals & granolas
fruit & nut mixes
nuts & seeds, packaged
WISE CRACKERS
crackers, bread sticks & rice cakes
WIZARD
condiments, cooking hot sauces
condiments, cooking worcestershire
XOXOC
Mexican/Latin foods - fruit
Mexican/Latin foods - preserves
YAKAMI ORCHARDS
Asian - cooking sauces
YAMA MOTO YAMA
Asian - nori & wrappers
tea
YANG JIANG
Asian - cooking ingredients
YELLINGBO
olive oils
YOGAVIVE
snacks
YOGEN FRUZ
candy
YOGI TEA
tea
YOUR PIECE
crackers, breadsticks & rice cakes
YU YEE
Asian - bulk
Asian - vinegars
Z CRACKERS
crackers, breadsticks & rice cakes
ZENITH
Mediterranean, prepared foods
ZERGUT
Eastern Euro - cooking sauces
Eastern Euro - dips & spreads
Eastern Euro - pickled & marinated
Eastern Euro - fruit
Eastern Euro - prepared foods
Eastern Euro - vegetables
ZICO
beverages, juice
ZIYAD
Middle Eastern
ZOCALO
Mexican/Latin foods

Man's Best Friend

NATURAL INGREDIENTS · MADE IN THE UK · BUAV APPROVED

www.meetthebulldog.com

The Bulldog line of skincare products was born out of frustration that there were so few options available for men who wanted to reduce the number of man-made chemicals in their bathrooms.

Be loyal to your skin. Our products never contain parabens, sodium laureth sulfate, artificial colors, synthetic fragrances or ingredients from animal sources.

ORDER & DELIVERY SCHEDULE

This is our standard, weekly schedule. Orders should be placed 2 business days prior to the day that your run leaves our warehouse. Any schedule changes that we make to accomodate holidays are posted in the catalog. Please refer to your route number when inquiring about your delivery.

Business hours are 8:30 to 4:00 Monday through Friday. Orders should be placed during these hours and completed by 4:00 so that our staff can number your run and process other paperwork. Please plan ahead by calling early when placing large orders.

AREA 100, 101 & 102 SOUTHWEST NH
Amherst to Keene, Brattleboro, VT then North to Bellows Falls, VT on to Deering, NH
101 and 102 are part of the 100 Run on alternate weeks.
PLEASE ASK CUSTOMER SERVICE WHICH RUN YOU ARE ON.
Order every Thursday by 4:00 PM
✱ **Order deadline for Buying Clubs Only - every Wed by 4pm**
Delivery every Monday and Tuesday.

AREA 103 SOUTHWEST NH
Same as area 100 the week opposite 101.
✱ **Order deadline for Buying Clubs Only - every other Wed by 4pm**

AREA 125 SOUTHERN VERMONT
Up to Rutland over to Glen Falls, NY
Order every other Thursday by 4:00 PM
✱ **Order deadline for Buying Clubs Only - every other Wed by 4pm**
Delivery every other Monday and Tuesday.

AREA 150 WESTERN MASSACHUSETTS
All areas west of Greenfield to Albany, NY
Order every other Thursday by 4:00 PM
✱ **Order deadline for Buying Clubs Only - every other Wed by 4pm**
Delivery every other Monday and Tuesday.

AREA 200, 201 & 202
CENTRAL and NORTHERN VERMONT
201 and 202 are part of the 200 Run on alternate weeks.
PLEASE ASK CUSTOMER SERVICE WHICH RUN YOU ARE ON.
Order every Monday by 4:00 PM
✱ **Order deadline for Buying Clubs Only - every Fri by 4pm**
Delivery every Wednesday and Thursday.

AREA 300, 301 & 302 CENTRAL and NORTHERN NH, ST. JOHNSBURY, VERMONT
From New London along 89 to Hanover, up Rt 91 to St. Johnsbury, south on 93 to Concord.
301 and 302 are part of the 300 Run on alternate weeks.
PLEASE ASK CUSTOMER SERVICE WHICH RUN YOU ARE ON.
Order every **Friday** by 11:00 AM
✱ **Order deadline for Buying Clubs Only - every Thurs by 4pm**
Delivery every Monday and Tuesday.

AREA 400, 401, 402 & 403
West of Boston to Worcester, North to Lancaster, around Rt.128 to Beverly, Gloucester and Newburyport.
400 & 401 are weekly runs, **402 & 403** alternate every other week
PLEASE ASK CUSTOMER SERVICE WHICH RUN YOU ARE ON.
Order every Tuesday by 4:00PM
Delivery every Thursday

AREA 450
Seacoast of New Hampshire North of Rt 101 to Rochester, NH and York, ME
Order every Wednesday by 1:00PM
Delivery every Friday

AREA 451
From Hampton, NH west to Manchester, Nashua - Salem area.
Order every Wednesday by 1:00PM
Delivery every Friday

AREA 500-CENTRAL MAINE AND EASTERN NH
From New Durham to the Lake Winnipesaukee area, Rt 16 through Conway. Rt 2 East to Skowhegan & South on I-95 to Sebago Lake Area
Order every Monday by 4:00 PM
Order deadline for Buying Clubs Only - every Fri by 4pm
Delivery every Wednesday and Thursday

AREA 501-BERLIN NH AREA
Same as area 500 except every other week opposite 502.
✱ **Order deadline for Buying Clubs Only - every other Fri. by 4pm**

AREA 502 BROWNVILLE/OTISFIELD AREA
Same as area 500 except every other week opposite 501.
✱ **Order deadline for Buying Clubs Only - every other Fri by 4pm**

AREA 503 SOUTHERN MAINE
From Portland to Ogunquit, Maine
Order every Wednesday by 1:00 PM
Delivery every Friday

AREA 516 MIDCOASTAL MAINE RT 1
From Portland to Belfast
Order every Monday by 4:00 PM
✱ **Order deadline for Buying Clubs Only - every Fri by 4pm**
Delivery every Wednesday and Thursday

AREA 600 I-95 CENTRAL MAINE
From Pittsfield north along I-95 to the Bangor area
Order every Tuesday by 4:00 PM
Delivery every Thursday & Friday

AREA 602 DOVER FOXCROFT/RT 150
Same as area 600 including north to Dover Foxcroft
Order every other week.

AREA 603 BLUE HILL
Same as area 600 including Blue Hill & Mt. Desert Island every week except the week of 625 run.

AREA 625 NORTHERN MAINE
Aroostook County From Bangor north to Madawaska.
Order every 4 weeks on a Tuesday by 4:00PM.
Delivery every 4 weeks on Thursday, Friday, Saturday.
Order February 8, 2011 by 4:00 for Delivery
February 10, 11.

AREA 650 NORTHEASTERN MAINE
Washington County From Bangor to Eastport.
Order every 4 weeks on a Tuesday by 4:00PM.
Delivery every 4 weeks on Thursday, Friday, Saturday.
Order February 22, Deliver February 24, 25.

AREA 900 BOSTON
Downtown Boston Area
Order every Monday by 11:00AM.
Delivery is every Tuesday.

AREA 925 SOUTHERN MASS.
From Cape Cod to Fall River including Martha's Vineyard (via Island Transport),
Order every other Friday by 4:00PM.
Delivery every other Tuesday/Wednesday

AREA 926 EASTERN CONNECTICUT
East of New Haven to Hartford
Order every other Friday by 4:00PM.
Delivery every other Tuesday/Wednesday.

AREA 950,951 & 952 NORTH OF BOSTON
Everett - Bedford, MA & surrounding areas
951 and 952 are part of the 950 Run on alternate weeks
Order every Friday by 2 PM
Delivery every Monday and Tuesday

POLICIES & PROCEDURES

1. THE MINIMUM ORDER IS $350, not including service charge, taxes or bottle deposits (some locations may require a higher minimum). ALL ORDERS ARE COD. Special arrangements **ONLY** by Julie.

2. ORDERS MAY BE PLACED between 8:30 AM and 4:00 PM Monday through Friday. Call orders in early enough to be completed by 4:00 as there is much to do before our day is finished. Place add-ons early and in their entirety to ensure that we will be able to get them on your order.

3. COLLATE YOUR ORDERS before calling them in, ordering total quantities of each item. Multiple entries cause errors and confusion.

4. REPACKS: Items with one * are repacked in 5# increments for an additional **25 cents per pound**. Two ** indicate 10# increments with an additional charge of **15 cents per pound**:. Sale prices apply to full quantities only. Repacks revert to the regular price plus the repacking charge.

5. CHEAPER BY THE CASE: In most cases, an item sold by the each, or piece, will be cheaper by the case, **generally 4 % less by the case**. Ask if there is a case discount price when ordering. Sale discounts which are greater override the case discount.

6. PRICES CAN CHANGE WITHOUT NOTICE, as prices from our suppliers fluctuate. We try to inform you of changes as you order.

7. SALES TAX: We **MUST** have your tax exempt number on file in our office in order to sell you taxable items without charging sales tax.

8. WE TRY TO BE ACCURATE in our descriptions and ingredients. It is important to us to represent products honestly but we cannot be responsible for typographical errors or omissions. Let us know if we are in error and we will try to correct the mistake.

9. DELIVERY TIMES ARE APPROXIMATE. It is impossible to estimate your delivery time until all the orders for a run are placed. Call the day of or the day before your delivery and we will try to approximate your delivery time. When inquiring about delivery schedules and times, please refer to the route number which appears on the heading of every invoice. Our drivers will do their best to let you know when to expect them and will call you ahead if you request this service when ordering. You must provide an alternate contact person and phone number if you will be unreachable the day of delivery. We will try to reach you; please try to be reachable! If you have any questions, please inquire. We'll help if we can.

10. PLEASE HELP THE DRIVERS UNLOAD YOUR ORDER. They have come a long way and they have a long way to go. Anticipate the truck's arrival by scheduling personnel to help the driver unload the truck and provide an adequate sight for unloading the truck that is level and off the road if possible. Walkways and stairs should be free of ice, snow and other hazards to minimize the risk of injury to our drivers and those helping them. We reserve the right to not make a delivery if doing so endangers the truck or the driver. Both are valuable to us, so we ask for your understanding if weather, road or other conditions prevent us from making your delivery. Safety is our primary concern. We reserve the right to assess a DELIVERY CHARGE to accounts that do not have help for our drivers. This is a case by case assessment. You will be notified if we feel that it is appropriate to apply this charge.
***** Please verify a piece count with the driver.**

11. WE CANNOT ACCEPT CASH PAYMENTS: Please do not pay our drivers in cash. They will not be able to accept cash, so payments must be made by check or money order. If this presents a problem, please contact customer service to make other payment arrangements.

12. BAD CHECKS: We charge $15.00 for each bounced check. Please communicate with us and avoid having your checks returned.

13. SPECIAL ORDER POLICY: Please BE SURE that the items you special order with us, are in fact what you want. You must provide accurate and complete information about the product. We do provide pricing on special order items.
a) All special orders are pre-pay. We will not place your order unless we have received payment from you.
b) The only exception is for regular, weekly customers who may circumvent this process ONLY if we have a commitment form signed by the store manager. We will automatically bill your account for the product regardless of whether you or your customer changes their mind. There are no exceptions here, so please be sure about special orders before you make a committment. Once we place this order with our vendor, the product belongs to you- **NO EXCEPTIONS.**

14. RETURN POLICY: If there are errors, damages or missing items on the order being delivered, our drivers are authorized to make the necessary invoice adjustments. Any problems with your order after the driver has left MUST be called into customer service **WITHIIN 15 DAYS**. Be sure to ask for your credit confirmation number from the representative who assists you. The confirmation number will help expedite the credit process.

We will **not be responsible for any freight charges** on product returned by any means other than our trucks. If you get delivery via any common carrier, please be aware that you will NOT be able to return unwanted or damaged product. Please sign the bill of lading listing damages. We will file a claim with the trucking company who delivered your order.

Returns do not guarantee credit will be issued. All claims must be verified by our internal staff. If claims cannot be substantiated, product will be returned on your next order at no additional charge.

*****PLEASE NOTE:** We cannot accept returns on books, CDs or apparel since doing so diminishes the quality of the merchandise. Exchange CDs directly with Putumayo.

Our drivers are not allowed to pick up returns from a previous shipment unless you have called our customer service department for a credit authorization number. The driver must have an authorization form pre-approving pick up of product. Credits will not be issued on product returned without prior authorization.

*****PLEASE NOTE:** All products MUST be returned in the original packaging and in resaleable condition. Price stickers must be removed prior to returning and products must be in the original lot size sold. Organic repacked product must have the AB label with the lot number. **NO EXCEPTIONS WILL BE ALLOWED.**

Associate Buyers reserves the right to charge a 10% restocking fee on all misordered or overstocked items. All credits are issued upon receipt of the merchandise to our warehouse for evaluation.

15. ADDRESS YOUR CONCERNS, questions or return information to the same customer service representative until the issue is resolved. Please ask for their name if we neglect to give it to you. Any follow-up calls that may be necessary should be directed to the same person unless they are unavailable.

16. BOTTLE POLICY: Deposits at 5 cents per bottle or can on carbonated beverages. We will pick up empties in Maine, Vermont, Massachusetts. Maine bottle return also includes 32oz glass juice bottles. Please put them back, rinsed, in their original cartons. We can only be responsible for cans and bottles from products which you purchase from us. NH does not require a bottle deposit.

17. BOTTLE RETURNS should be made to Associated Buyers whenever possible. All bottles must be washed out and free of their caps before our driver will pick them up. We will not pick up or give credit for returns which are not properly cleaned. State return bottle laws include "CLEAN" as a condition of return, and we will enforce the rules. Redemption Centers are difficult for us to pick up from, therefore we prefer receiving bottles and cans back from our customers. NO CAPS

18. LET US KNOW if there is anything you would like us to carry. We'd be glad to check it out.

19. OUR INVENTORY LIST IS AVAILABLE IN ELECTRONIC FORMAT, (**Word, Text, Excel, or PDF**- please specify one) that we could email to you upon request. Please call Customer Service or email them at info@assocbuyers.com. (please note that a PDF of our complete catalog is a very large file!)

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	

BULK

EDISON GRAINS - see pages 34-36 for information and ingredients

10045	BULK	CANAWA BABY QUINOA OG	25#**	2.62	26.20	2.28	22.80
10046	BULK	FARRO ORG	25#**	2.52	25.20	2.19	21.90
10047	BULK	QUINOA BLACK ORG	25#**	3.11	31.10	2.71	27.10
10048	BULK	QUINOA TRI-COLOR ORG	25#**	2.68	26.80	2.33	23.30

GEM - see page 37 for information and ingredients

4111	GEM	CANOLA 90% EV OLIVE OIL 10%	1 GAL	9.63	9.63	8.66	8.66

JELLY BELLY - see page 80 for information and ingredients

41472	JELYBELY	SUPERFRUIT MIX JELLY BEANS s	10#	5.87	58.70	4.82	48.20

FROZEN FOODS

BLACKWING - see pages 44-45 for information and ingredients

65098	BLKWNG	GOAT CHEVON BONELESS CUBES	12 OZ	8.41	8.41	7.57	7.57
65097	BLKWNG	GOAT CHEVON GROUND	16 OZ	6.81	6.81	6.13	6.13
65099	BLKWNG	GOAT CHEVON PATTIES	16 OZ	6.81	6.81	6.13	6.13

CONTE'S PASTA - see page 46 for information and ingredients

65187	CONTES	PIZZA MARGHERITA BAKE N BAG gf	16 OZ	7.29	7.29	6.56	6.56

DIVINE BURGER - see pages 47-48 for information and ingredients

60430	DIVINBGR	VEGGIE BURGER RICE W/G vg	6/4/4 OZ	5.95	35.70	5.35	32.10

PO' BOYS & PICKLES - see page 51 for information and ingredients

63300	POBOYS	BAYOU GUMBO SOUP	32 OZ	7.49	7.49	6.36	6.36

STONE HEARTH PIZZA

61395	STONEHEA	PIZZA 5 CHEESE BLEND v	13 OZ	5.20	5.20	4.68	4.68
61397	STONEHEA	PIZZA BUFFALO CHICKEN	15.4 OZ	5.95	5.95	5.36	5.36
61390	STONEHEA	PIZZA CHEESE v	8/15.5 OZ	5.20	41.60	4.68	37.44
61396	STONEHEA	PIZZA FETA OLIVE ARTICHK v	15 OZ	5.95	5.95	5.36	5.36
61391	STONEHEA	PIZZA MINI KIDS 4PK v	8/20.5 OZ	5.95	47.60	5.36	42.88
61393	STONEHEA	PIZZA MUSHROOM MEDLEY v	8/18 OZ	5.95	47.60	5.36	42.88
61392	STONEHEA	PIZZA PEPPERONI UNCURED	8/16.5 OZ	5.95	47.60	5.36	42.88
61394	STONEHEA	PIZZA ROASTED PEPPER v	8/18 OZ	5.95	47.60	5.36	42.88

TANG'S

61285	TANGS	EGG ROLL WW CHICK CABG NATURAL	12 OZ	3.54	3.54	2.84	2.84
61282	TANGS	EGG ROLL WW VEG NATURAL 4PC	12 OZ	3.30	3.30	2.64	2.64
62169	TANGS	NOODLES COOKED LOMEIN NATURAL	16 OZ	2.54	2.54	2.03	2.03
62166	TANGS	NOODLES SOBA NATURAL	16 OZ	2.90	2.90	2.51	2.51
62171	TANGS	NOODLES SPINACH NATURAL	16 OZ	2.90	2.90	2.32	2.32
62168	TANGS	NOODLES THIN PAN FRIED NATURAL	16 OZ	2.99	2.99	2.39	2.39
62167	TANGS	NOODLES UDON NATURAL	16 OZ	2.54	2.54	2.03	2.03
62165	TANGS	NOODLES WHOLE WHEAT NATURAL	16 OZ	2.90	2.90	2.51	2.51
62181	TANGS	POTSTICKER WW 7 WG CHICK NATUR	16 OZ	6.00	6.00	4.80	4.80
62177	TANGS	POTSTICKER WW CHICK CELERY NAT	16 OZ	6.00	6.00	4.80	4.80
62178	TANGS	POTSTICKER WW CHICK VEG NATURA	16 OZ	6.00	6.00	4.80	4.80
62180	TANGS	POTSTICKERS WW VEG NATURAL	16 OZ	6.00	6.00	4.80	4.80
61284	TANGS	SPRING ROLL WW CHICK CABG NATU	10 OZ	4.24	4.24	3.39	3.39
61283	TANGS	SPRING ROLL WW VEG NATURAL 5PC	10 OZ	3.95	3.95	3.16	3.16
62175	TANGS	WRAPPER DUMPLING NATURAL	14 OZ	2.39	2.39	1.91	1.91
62176	TANGS	WRAPPER WONTON NATURAL	14 OZ	2.39	2.39	1.91	1.91
62173	TANGS	WRAPPER WW DUMPLING NATURAL	14 OZ	2.39	2.39	1.91	1.91
62172	TANGS	WRAPPER WW SPRING ROLL NATURAL	16 OZ	3.17	3.17	2.54	2.54
62174	TANGS	WRAPPER WW WONTON NATURAL	14 OZ	2.39	2.39	1.91	1.91

ETHNIC FOODS

ASIAN FOODS

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
BEVERAGES							
21230	GOLDKILI	DRINK GINGER instant	12 CT	2.89	2.89	2.59	2.59
21231	GOLDKILI	DRINK GINGER LEMON instant	12 CT	2.89	2.89	2.59	2.59
COOKING PASTES							
21242	PRIMATAS	BLACK PEPPER PASTE s	12/2.8 OZ	1.59	19.08	1.39	16.68
21240	PRIMATAS	CURRY PASTE NONYA s	12/2.8 OZ	1.59	19.08	1.39	16.68
21241	PRIMATAS	SAMBAL PASTE NONYA s	12/2.8 OZ	1.59	19.08	1.39	16.68
COOKING SAUCES - see page 39 for information and ingredients							
32001	SRIRAJA	SRIRAJA PANICH CHILI SAUCE HOT	8.8 OZ	1.12	1.12	1.01	1.01
1509	**GOLDENBY**	**FISH SAUCE s**	**7 OZ**	**.87**	**.87**	**.78**	**.78**
NOODLES & RICE STICKS							
21181	KINGSOBA	NOODLES 100% BR RICE OG gf vg	8.8 OZ	2.59	2.59	2.29	2.29
21180	KINGSOBA	NOODLES 100% BUCKWHT OG gf vg	8.8 OZ	2.59	2.59	2.29	2.29
21182	KINGSOBA	NOODLES BLACK RICE OG gf vg	8.8 OZ	2.59	2.59	2.29	2.29
21183	KINGSOBA	NOODLES BR RICE/WAKME OG gf vg	8.8 OZ	2.59	2.59	2.29	2.29
21185	KINGSOBA	NOODLES MILLT BR RICE OG gf vg	8.8 OZ	2.59	2.59	2.29	2.29
21186	KINGSOBA	NOODLES PMPKN GNGR BR RICE gf	8.8 OZ	2.59	2.59	2.29	2.29
21187	KINGSOBA	NOODLES SWT POT BUCKWHT gf vg	8.8 OZ	2.59	2.59	2.29	2.29
21184	KINGSOBA	NOODLES THAI RICE OG gf vg	8.8 OZ	2.59	2.59	2.29	2.29
NOODLES & RICE STICKS							
21235	PEACOCK	BROWN RICE SPAGHETTI gf	7 OZ	1.67	1.67	1.50	1.50
21233	PEACOCK	BROWN RICE VERMICELLI gf	7 OZ	1.67	1.67	1.50	1.50
21234	PEACOCK	RICE SPAGHETTI gf	7 OZ	1.67	1.67	1.50	1.50
21232	PEACOCK	RICE VERMICELLI gf	7 OZ	1.67	1.67	1.50	1.50
OILS							
21355	KING	OIL RICE BRAN k	33.8 OZ	3.93	3.93	3.54	3.54
PREPARED FOODS							
21237	PRIMATAS	SAUCE KIT LAKSA COCNT CURRY s	6.9 OZ	4.99	4.99	4.49	4.49
21238	PRIMATAS	SAUCE KIT RENDANG CURRY s	9.7 OZ	4.99	4.99	4.49	4.49
21239	PRIMATAS	SAUCE KIT SINGPOR CURRY s	11.3 OZ	4.99	4.99	4.49	4.49
21236	PRIMATAS	SAUCE KIT SNGPR SATAY KEBAB s	9.7 OZ	4.99	4.99	4.49	4.49
SNACKS & RICE CRACKERS							
20333	FROMJAPA	BR RICE CRKR BLK SESM OG gf vg	2.1 OZ	3.61	3.61	2.71	2.71
20334	FROMJAPA	BR RICE CRKR LT SLTD OG gf vg	2.1 OZ	3.61	3.61	2.71	2.71
20335	FROMJAPA	BR RICE CRKR TAMARI OG gf vg	2.1 OZ	3.61	3.61	2.71	2.71
20336	FROMJAPA	CHIP GREEN PEA gf vg	20/1.59 OZ	2.69	53.80	2.02	40.40
20337	FROMJAPA	CHIP MUNG BEAN gf vg	20/1.59 OZ	2.69	53.80	2.02	40.40
SOUPS, BROTHS & BOUILLON							
21190	KINGSOBA	SOUP MISO EDAMAME BNS OG gf vg	6 CT	2.78	2.78	2.49	2.49
21189	KINGSOBA	SOUP MISO PMKN & VEG OG gf vg	6 CT	2.78	2.78	2.49	2.49
21188	KINGSOBA	SOUP MISO TOFU & GNGR OG gf vg	6 CT	2.78	2.78	2.49	2.49
SOY SAUCES & TAMARI							
20323	OHSAWA	SOY SAUCE NAMA SHOYU ORG vg k	5 OZ	4.37	4.37	3.28	3.28
20324	OHSAWA	SOY SAUCE NAMA SHOYU ORG vg k	10 OZ	7.42	7.42	5.56	5.56
20325	OHSAWA	SOY SAUCE NAMA SHOYU ORG vg k	32 OZ	16.81	16.81	12.61	12.61
20320	OHSAWA	TAMARI ORG gf vg k	5 OZ	5.31	5.31	3.99	3.99
20321	OHSAWA	TAMARI ORG gf vg k	10 OZ	8.94	8.94	6.70	6.70
20322	OHSAWA	TAMARI ORG gf vg k	32 OZ	22.17	22.17	16.63	16.63
20208	SAN-J	TAMARI ORG gf 20 pkts	20 PKTS	3.10	3.10	2.79	2.79
VINEGARS & COOKING WINES							
20318	OHSAWA	MIRIN ORG	10 OZ	9.13	9.13	6.85	6.85
20319	OHSAWA	MIRIN ORG	24 OZ	18.04	18.04	13.53	13.53
20326	OHSAWA	VINEGAR OINDO RAW UME gf vg	5 OZ	5.39	5.39	3.99	3.99
20327	OHSAWA	VINEGAR OINDO RAW UME gf vg	10 OZ	6.55	6.55	4.91	4.91
20328	OHSAWA	VINEGAR OINDO RAW UME gf vg	32 OZ	12.68	12.68	9.51	9.51

KEY

for abbreviations:

biod - biodegradable
df - dairy free
d/w - drained weight
DW - dry weight
Fam - family size
fr - fructose
ff - fat free
FT - fair trade
gf - gluten free
h - hydrogenated oil
k - kosher
LC - low carb
l/f - low fat
l/s - low sugar
l/sd - low sodium
n/a - not available
n/v - not vegetarian (contains chicken, fish, beef)
NW - net weight
ORG or OG - organic
(p) - preservatives and/or artifcial colors or flavors
r - returnable bottle
r/m - raw milk
r/w - random weight
(s) or s - SUGAR (white, brown, and/or evaporated cane juice, Florida Crystals, unbleached cane sugar, natural cane sugar or Sucanat) Honey is not included in this designation nor do we mark products which contain honey, barley malt, or brown rice syrup (sweetener).
(v) - vegetable rennet
v - vegetarian
vg - vegan
w/c - wild crafted
wf - wheat free
W/G, w/g - whole grain
RTD - ready to drink
* - can be repacked in 5# increments
** - can be repacked in 10# increments
(see policies page for add'l charges for repacking)

About
Carlsbad Oblaten

Award Baking International, Inc. is the maker of the original **Carlsbad Oblaten**.

History

The Original Carlsbad Oblaten - *the discovery of the year – in 1787!*

Two centuries ago, when the United States was putting together a government of the people, European aristocrats, in their gilded world, were flocking to the "pearl" of the international spas at Carlsbad and discovering a new pastry phenomenon The Original Carlsbad Oblaten.

It quickly became the favorite treat of continental high society. The wafer's delicate crispness and subtle almond flavor proved to be a taste sensation in itself and a flavor complement to ice cream, gelato, fruit, coffee, tea, hot chocolate and milk its savor found favor as an elegant counterpoint to champagne, wine or liqueurs.

The wafers themselves are a compliment to their birthplace. Each one bears a relief design of the famous Carlsbad geyser, discovered in 1349 by no less a personage than Roman Emperor and Bohemian (Czech) King, Charles IV. The town was named in his honor; Carlsbad translates to "Carl's Bath".

GROCERY

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
BRIGHTWATER - see pages 77-78 for information and ingredients							
32189	**BRIGHTWAT**	**SPRING WATER NY PET**	**24/16.9 OZ**	**.75**	**18.00**	**.64**	**15.36**
CARLSBAD - see pages 20-22, and 29-33 for information and ingredients							
80418	**CARLSBAD**	**CARAMEL WAFERS box s**	**6/4.25 OZ**	**5.69**	**34.14**	**5.22**	**31.32**
80413	**CARLSBAD**	**CARAMEL WAFERS wedge display**	**24/1 OZ**	**1.23**	**29.52**	**1.06**	**25.44**
80419	**CARLSBAD**	**CHOCOLATE WAFERS box s**	**6/4.25 OZ**	**5.69**	**34.14**	**5.22**	**31.32**
80414	**CARLSBAD**	**CHOCOLATE WAFERS wedge display**	**24/1 OZ**	**1.23**	**29.52**	**1.06**	**25.44**
80417	**CARLSBAD**	**CINNAMON WAFERS box s**	**6/4.25 OZ**	**5.69**	**34.14**	**5.22**	**31.32**
80412	**CARLSBAD**	**CINNAMON WAFERS wedge display**	**24/1 OZ**	**1.23**	**29.52**	**1.06**	**25.44**
80416	**CARLSBAD**	**LEMON WAFERS box s**	**6/4.25 OZ**	**5.69**	**34.14**	**5.22**	**31.32**
80411	**CARLSBAD**	**LEMON WAFERS wedge display**	**24/1 OZ**	**1.23**	**29.52**	**1.06**	**25.44**
80415	**CARLSBAD**	**VAN ALMND WAFERS box s**	**6/4.25 OZ**	**5.69**	**34.14**	**5.22**	**31.32**
80410	**CARLSBAD**	**VAN ALMND WAFERS wedge display**	**24/1 OZ**	**1.23**	**29.52**	**1.06**	**25.44**
CRICH - see pages 98-99 for information and ingredients							
31946	**CRICH**	**COOKIES WAFER COCOA OG s**	**3.1 OZ**	**2.32**	**2.32**	**1.63**	**1.63**
31945	**CRICH**	**COOKIES WAFER VANILLA LMN OG s**	**3.1 OZ**	**2.32**	**2.32**	**1.63**	**1.63**
DIAMOND - see page 101 for information and ingredients							
31129	**DIAMOND**	**SALT KOSHER CRYSTAL**	**3#**	**2.10**	**2.10**	**1.89**	**1.89**
GREEN WHEAT FREEKEH							
35700	GREENWHT	FREEKEH CRACKED vg	14.1 OZ	5.84	5.84	4.99	4.99
35701	GREENWHT	FREEKEH WHOLEGRAIN vg	14.1 OZ	5.84	5.84	4.99	4.99
GRINGO JACK'S							
35495	GRINGOJK	PASTA SAUCE DIABLO	24 OZ	5.65	5.65	4.24	4.24
35496	GRINGOJK	PASTA SAUCE ROMESCO	24 OZ	6.14	6.14	4.61	4.61
35494	GRINGOJK	PASTA SAUCE TOMATO & BASIL	24 OZ	5.49	5.49	4.12	4.12
35490	GRINGOJK	SOUP BUTTER NUT SQUASH & APPLE	24 OZ	6.14	6.14	4.61	4.61
35491	GRINGOJK	SOUP CARROT & COCONUT	24 OZ	5.65	5.65	4.24	4.24
35493	GRINGOJK	SOUP MEXICAN WEDDING	24 OZ	6.14	6.14	4.61	4.61
35492	GRINGOJK	SOUP TOMATO & GINGER	24 OZ	4.41	4.41	3.30	3.30
35419	GRINGOJK	TORTILLA CHIP WHL WHEAT FLOUR	12/8 OZ	3.20	38.40	2.40	28.80
JELLY BELLY - see page 80 for information and ingredients							
41471	**JELYBELY**	**SUPERFRUIT MIX JELLY BEANS s**	**12/3.1 OZ**	**1.41**	**16.92**	**1.27**	**15.24**
41470	**JELYBELY**	**SUPERFRUIT MIX JELLY BEANS s**	**12/5.9 OZ**	**2.72**	**32.64**	**2.27**	**27.24**
KOMBUCHA WONDER DRINK - see pages 74-75 for information and ingredients							
32270	**KOMBUCHA**	**WONDER DRINK CHERRY CASSIS ORG**	**12/14 OZ**	**2.50**	**30.00**	**1.99**	**23.88**
32272	**KOMBUCHA**	**WONDER DRINK ESNCE JUNIPER ORG**	**12/14 OZ**	**2.50**	**30.00**	**1.99**	**23.88**
32271	**KOMBUCHA**	**WONDER DRINK ESSNCE MANGO ORG**	**12/14 OZ**	**2.50**	**30.00**	**1.99**	**23.88**
LITTLE DEVIL - see pages 110-111 for information and ingredients							
31973	**LITTLEDE**	**BLOODY SPICE STICK BARREL 24pk**	**24 CT**	**9.51**	**9.51**	**8.08**	**8.08**
31974	**LITTLEDE**	**BLOODY SPICE STICK BARREL 8pk**	**8 CT**	**3.83**	**3.83**	**3.25**	**3.25**
MINI POPS							
41466	MINIPOPS	POP SORGHUM CARAMEL ORG gf k	12/3 OZ	1.76	21.12	1.58	18.96
41465	MINIPOPS	POP SORGHUM CHILI BLD ORG gf k	12/3 OZ	1.76	21.12	1.58	18.96
41462	MINIPOPS	POP SORGHUM CHILI CHS ORG gf k	12/3 OZ	1.76	21.12	1.58	18.96
41463	MINIPOPS	POP SORGHUM LEMN PEP ORG gf k	12/3 OZ	1.76	21.12	1.58	18.96
41464	MINIPOPS	POP SORGHUM PLAIN ORG gf k	12/3 OZ	1.76	21.12	1.58	18.96
41460	MINIPOPS	POP SORGHUM SEA SALT ORG gf k	12/3 OZ	1.76	21.12	1.58	18.96
41461	MINIPOPS	POP SORGHUM WT CHEDR ORG gf k	12/3 OZ	1.76	21.12	1.58	18.96
NAIRN'S - see page 97 for information and ingredients							
30357	**NAIRNS**	**OAT COOKIES DK CHOC CHIP wf s**	**7.1 OZ**	**2.81**	**2.81**	**2.53**	**2.53**
NATURAL NECTAR - see pgs. 81-83, 92-94, 96, 104-109 for information & ingredients							
31937	**NATNECTR**	**COOKIES CHOCODREAM DARK s ft**	**5.9 OZ**	**2.91**	**2.91**	**2.04**	**2.04**
31936	**NATNECTR**	**COOKIES CHOCODREAM MILK s ft**	**5.9 OZ**	**2.91**	**2.91**	**2.04**	**2.04**
31935	**NATNECTR**	**COOKIES LADY FINGERS COCOA s**	**3.5 OZ**	**2.43**	**2.43**	**1.70**	**1.70**
31934	**NATNECTR**	**COOKIES LADY FINGERS NAT s**	**3.5 OZ**	**2.43**	**2.43**	**1.70**	**1.70**
31942	**NATNECTR**	**CRACKERS MEDITERN FETA**	**3.1 OZ**	**1.98**	**1.98**	**1.39**	**1.39**
31943	**NATNECTR**	**CRACKERS MEDITERN LEEK ONION**	**3.1 OZ**	**1.98**	**1.98**	**1.39**	**1.39**
31944	**NATNECTR**	**CRACKERS MEDITERN RST TOM BASL**	**3.1 OZ**	**1.98**	**1.98**	**1.39**	**1.39**
31941	**NATNECTR**	**CRACKERS MEDITERN SSALT ORGIN**	**3.1 OZ**	**1.98**	**1.98**	**1.39**	**1.39**
31930	**NATNECTR**	**CUPS PEANUT BUTTER NUGGET wf s**	**24/1.02 OZ**	**1.31**	**31.44**	**.92**	**22.08**
31940	**NATNECTR**	**POTATO SQUARES CRAKLSNAX wf vg**	**4 OZ**	**2.54**	**2.54**	**1.78**	**1.78**
31938	**NATNECTR**	**POTATO STICKS CRAKLSNAX wf vg**	**4 OZ**	**2.74**	**2.74**	**1.90**	**1.90**
31939	**NATNECTR**	**VEG SQUARES CRAKLSNAX wf vg**	**4 OZ**	**2.54**	**2.54**	**1.78**	**1.78**
31933	**NATNECTR**	**SPREAD CHOCODREAM ALMOND s ft**	**12.3 OZ**	**4.95**	**4.95**	**3.47**	**3.47**
31932	**NATNECTR**	**SPREAD CHOCODREAM DARK s ft**	**12.3 OZ**	**4.95**	**4.95**	**3.47**	**3.47**
31931	**NATNECTR**	**SPREAD CHOCODREAM HAZELNT s ft**	**12.3 OZ**	**4.95**	**4.95**	**3.47**	**3.47**

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
NUMBER 9							
33393	NUMBER9	SALSA BLACK BEAN & CORN	15.8 OZ	3.99	3.99	2.99	2.99
33392	NUMBER9	SALSA HOT	15.8 OZ	3.99	3.99	2.99	2.99
33391	NUMBER9	SALSA MEDIUM	15.8 OZ	3.99	3.99	2.99	2.99
33390	NUMBER9	SALSA MILD	15.8 OZ	3.99	3.99	2.99	2.99
OHSAWA							
20329	OHSAWA	ARAME non organic gf vg k	1.76 OZ	5.83	5.83	4.38	4.38
20330	OHSAWA	SEA VEGETABLE KOMBU gf vg k	1.76 OZ	5.83	5.83	4.21	4.21
20331	OHSAWA	SEA VEGETABLE SALAD gf vg	.35 OZ	6.89	6.89	5.17	5.17
20332	OHSAWA	SEA VEGETABLE WAKAME gf vg	1.76 OZ	4.96	4.96	3.72	3.72
OLDE CAPE COD - see page 70 for information and ingredients							
30450	**OLDCAPE**	**CRACKER OYSTER s**	**7.5 OZ**	**2.68**	**2.68**	**2.01**	**2.01**
OSKRI - see page 85 for information and ingredients							
41000	**OSKRI**	**COFFEE SUB BARLEY**	**2.6 OZ**	**3.67**	**3.67**	**2.75**	**2.75**
PEPPADEW - see page 123 for information and ingredients							
34283	**PEPPADEW**	**PEPPERS MILD S AFRICAN GOLD s**	**14 OZ**	**4.35**	**4.35**	**3.92**	**3.92**
PORK BARREL - see pages 86-87 for information and ingredients							
30165	**PORKBARL**	**BBQ SAUCE ORIGINAL gf s**	**12 OZ**	**4.19**	**4.19**	**3.14**	**3.14**
30166	**PORKBARL**	**BBQ SAUCE SWEET gf s**	**12 OZ**	**4.19**	**4.19**	**3.14**	**3.14**
SCARPETTA							
35710	SCARPET	PASTA SAUCE BOLOGNESE gf vg	19.8 OZ	5.56	5.56	5.00	5.00
35711	SCARPET	PASTA SAUCE MARINARA gf vg	19.8 OZ	5.56	5.56	5.00	5.00
35712	SCARPET	PASTA SAUCE PUTTANESCA gf vg	19.8 OZ	5.56	5.56	5.00	5.00
35713	SCARPET	PASTA SAUCE TOM ARUGULA gf vg	19.8 OZ	5.56	5.56	5.00	5.00
35714	SCARPET	PASTA SAUCE TUSCAN VODKA gf vg	19.8 OZ	5.56	5.56	5.00	5.00
SCOVILLE - see pages 88-91 for information and ingredients							
31692	**SCOVILLE**	**HOT SAUCE Ca CAYENNE MED**	**5 OZ**	**1.84**	**1.84**	**1.55**	**1.55**
31690	**SCOVILLE**	**HOT SAUCE Hb HABANERO HOT**	**5 OZ**	**1.84**	**1.84**	**1.55**	**1.55**
31691	**SCOVILLE**	**HOT SAUCE Oh ORANGE HAB HOT**	**5 OZ**	**3.46**	**3.46**	**2.91**	**2.91**
31693	**SCOVILLE**	**HOT SAUCE GARLIC CAYENNE**	**5 OZ**	**1.84**	**1.84**	**1.55**	**1.55**
31694	**SCOVILLE**	**HOT SAUCE GARLIC HARBANERO**	**5 OZ**	**1.84**	**1.84**	**1.55**	**1.55**
SILLY COW - see page 115 for information and ingredients							
34409	**SILLY COW**	**HOT CHOC MOOUSSE milk bottle s**	**16.9 OZ**	**3.74**	**3.74**	**3.37**	**3.37**
SPIRAL FOODS							
20539	SPIRALFD	SAUCE HOT PEPPER ORG	5 OZ	2.51	2.51	1.88	1.88
20533	SPIRALFD	SAUCE/MAR MISO HOISIN ORG s	10 OZ	4.31	4.31	3.23	3.23
20535	SPIRALFD	SAUCE/MAR SATAY ORG s	10 OZ	4.31	4.31	3.23	3.23
20538	SPIRALFD	SAUCE/MAR SOY GIN HIJIKI ORG s	10 OZ	4.31	4.31	3.23	3.23
20537	SPIRALFD	SAUCE/MAR SWEET & SPICY ORG s	10 OZ	4.31	4.31	3.23	3.23
20534	SPIRALFD	SAUCE/MAR TERYAKI ORG s	10 OZ	4.31	4.31	3.23	3.23
20536	SPIRALFD	SAUCE/MAR THAI BBQ ORG s	10 OZ	4.31	4.31	3.23	3.23
20530	SPIRALFD	VINGRET RASPBRY HIBISCUS ORG s	8 OZ	3.78	3.78	2.83	2.83
20532	SPIRALFD	VINGRET ROSE WHT BALSMIC ORG s	8 OZ	3.78	3.78	2.83	2.83
20531	SPIRALFD	VINGRET SESAME SHITAKE ORG	8 OZ	3.78	3.78	2.83	2.83
STASH							
36044	STASH	BLACK TEA ASSAM ORG	100 GM	5.72	5.72	4.58	4.58
36045	STASH	BLACK TEA BREAKFAST BLEND ORG	100 GM	5.72	5.72	4.58	4.58
36048	STASH	BLACK TEA CHAI SPICE ORG	100 GM	5.72	5.72	4.58	4.58
36050	STASH	BLACK TEA EARL GREY ORG	100 GM	5.72	5.72	4.58	4.58
36051	STASH	BLACK TEA ENGLISH BREAKFAST	100 GM	4.33	4.33	3.47	3.47
36052	STASH	BLACK TEA KOPILI ASSAM	100 GM	6.65	6.65	5.32	5.32
36043	STASH	BLACK TEA PEACH	100 GM	5.06	5.06	4.05	4.05
36047	STASH	DECAF BLACK TEA CHAI SPICE	100 GM	6.65	6.65	5.32	5.32
36049	STASH	DECAF BLACK TEA EARL GREY	100GM	5.06	5.06	4.05	4.05
36046	STASH	GREEN TEA PREMIUM	100 GM	4.33	4.33	3.47	3.47
STEVITA - see pages 118-119 for information and ingredients							
3801	**STEVITA**	**STEVIA CLEAR LIQUID squeez btl**	**3.3 OZ**	**6.65**	**6.65**	**5.99**	**5.99**
STOATS							
31591	STOATS	BAR BLUEBERRY HONEY OAT s	12/2.4 OZ	1.17	14.04	1.05	12.60
31590	STOATS	BAR CLASSIC OAT s	12/2.4 OZ	1.17	14.04	1.05	12.60
31592	STOATS	BAR RASPBERRY HONEY OAT s	12/2.4 OZ	1.17	14.04	1.05	12.60
31593	STOATS	BAR WHT CHOC HAZELNUT OAT s	12/2.4 OZ	1.17	14.04	1.05	12.60
WEDDERSPOON							
41363	WEDDERSP	HONEY BEECHWOOD RAW RICH OG	17.6 OZ	9.33	9.33	8.40	8.40
41360	WEDDERSP	HONEY MANUKA RAW 12+ active OG	8.8 OZ	12.43	12.43	11.19	11.19
41361	WEDDERSP	HONEY MANUKA RAW 12+ active OG	17.6 OZ	20.47	20.47	18.42	18.42
41362	WEDDERSP	HONEY MANUKA RAW 16+ active OG	17.6 OZ	24.82	24.82	22.34	22.34
41364	WEDDERSP	HONEY RATA RAW OG	17.6 OZ	9.53	9.53	8.58	8.58
YOUR PIECE - see pages100, 102 for information and ingredients							
31970	**YOURPIEC**	**OATCAKES PORRIDGE v s**	**6.3 OZ**	**5.22**	**5.22**	**4.43**	**4.43**
ZICO - see pages 71-72 for information and ingredients							
32276	**ZICO**	**COCONUT WATER LIMA CITRON bot k**	**12/14 OZ**	**2.03**	**24.36**	**1.82**	**21.84**
32275	**ZICO**	**COCONUT WATER NATURAL bot k**	**12/14 OZ**	**2.03**	**24.36**	**1.82**	**21.84**
32277	**ZICO**	**COCONUT WATER POMBERRY bot k**	**12/14 OZ**	**2.03**	**24.36**	**1.82**	**21.84**
32278	**ZICO**	**COCONUT WATER PINEAPPLE bot k**	**12/14 OZ**	**2.03**	**24.36**	**1.82**	**21.84**

About **Carlsbad Oblaten**
continued

From Generation To Generation

For 200 years **The Original Carlsbad Oblaten** recipe has been a jealously guarded secret, held closely by one family in each generation.

The ingredients are all natural and all the same as when the **Carlsbad Oblaten** was first perfected. Two thin wafer rounds, exactly 17.5 centimeters across, fused and filled with a delicate confection of pounded almonds, unsalted butter, powdered sugar, and natural flavorings. No preservatives are used or needed.

The original recipe and the specialized **Oblaten** baking irons were brought to this country in 1948 by Frank and Josephine Ullmann after a harrowing escape to the West from Carlsbad, now the Czechoslovakian town of Karlovy Vary.

Settled in St. Paul, Minnesota, the success of Mrs. Ullmann's **Oblaten** in garnering blue ribbons at the State Fair encouraged the couple to open an **Oblaten** bakery. They did, and the unique continental delicacy became as popular with the few Americans who knew about Oblaten as it had been with European aristocrats.

In 1973 the business, recipe and irons were passed on to another family of **Oblaten** enthusiasts: Marie Kennedy and her mother Dorothy Sisco. Later they were joined by three Kennedy granddaughters: Regine, Jolie and Kerry. They continued to honor the historic tradition as meticulously as the Ullmanns and their predecessors.

(continued on page 22)

Tradition Continues

In 2002, Tim Kraft and Ken Barron became the owners of **Award Baking International**. Their team efforts combined decades of food experience with a lifetime of business ventures focusing on customer service and market expansion.

While Mr. Barron has moved on to other food service opportunities, Mr. Kraft has been building a team of food sales, marketing, nutrition, production and customer service experts ever since. **Award Baking** continues to strive for excellence in all areas.

Today, the most authentic **Oblate** in the world are proudly and faithfully made in America, specifically in New Germany, Minnesota, a fitting location considering Oblaten's heritage. **The Original Carlsbad Oblaten** remains a dessert delicacy whose flavor is as singular and distinctive as its history.

The legend, "**Original Carlsbad Oblaten**" and the geyser design on every wafer are proof of authenticity. Every taste confirms that, even after 200 years, some things are very hard to improve upon.

By utilizing interesting and uncommon pieces of equipment we create our unique **Oblaten** dessert wafers. Our German-made "bakers" utilize waffle-like irons to bake our **Oblaten** batter to specific temperature.

Our sprinkler adds the mixture of powdered sugar, crushed almonds, vanilla and flavoring to the **Oblaten** and the fuser applies just enough heat to fuse together two **Oblaten** wafers with the confection. All **Award Baking** products are baked and packaged by hand allowing that "home-made" quality to come through in all our work.

(continued on page 29)

HOUSEHOLD, YARD & MISCELLANEOUS

GET REAL

51116	GETREAL	BAG BEAVER HANDY TOTE	BAG	7.14	7.14	6.39	6.39
51113	GETREAL	BAG CRAZY COLLAGE SHOPPER	BAG	8.57	8.57	7.69	7.69
51115	GETREAL	BAG DICK AND JANE HANDY TOTE	BAG	7.14	7.14	6.39	6.39
51111	GETREAL	BAG PRETTY PRINT SHOPPER	BAG	8.57	8.57	7.69	7.69
51110	GETREAL	BAG SWEET CUPCAKE SHOPPER	BAG	8.57	8.57	7.69	7.69
51114	GETREAL	BAG YUM HANDY TOTE	BAG	7.14	7.14	6.39	6.39
51112	GETREAL	BAGFARM FRESH SHOPPER	BAG	8.57	8.57	7.69	7.69

IF YOU CARE - see pages 127-131 for information and ingredients

50412	**IFYOUCAR**	**ALUM FOIL HVY DUTY 11.5"W**	**30 SQ FT**	**4.05**	**4.05**	**3.65**	**3.65**
50410	**IFYOUCAR**	**BAGS SANDWICH**	**48 CT**	**2.69**	**2.69**	**2.39**	**2.39**
50411	**IFYOUCAR**	**COFFEE FILTERS #2**	**100 CT**	**2.61**	**2.61**	**2.35**	**2.35**
50414	**IFYOUCAR**	**FIRELIGHTERS 100% BIOMASS**	**72 CT**	**4.67**	**4.67**	**4.20**	**4.20**
50413	**IFYOUCAR**	**WAX PAPER UNBLEACHED**	**75 SQ FT**	**3.92**	**3.92**	**3.53**	**3.53**

NATURAL VALUE

50174	NATVALUE	PAPER TOWELS 120ct	1 ROLL	1.28	1.28	1.15	1.15

PERSONAL CARE

BULLDOG - see pages 135-137, 139-141 for information and ingredients

71194	**BULLDOG**	**FACE WASH ORIGINAL**	**5.9 OZ**	**6.52**	**6.52**	**4.89**	**4.89**
71191	**BULLDOG**	**FACIAL SCRUB ORIGINAL**	**3.3 OZ**	**6.52**	**6.52**	**4.89**	**4.89**
71192	**BULLDOG**	**MOISTURIZER ORIGINAL**	**3.3 OZ**	**9.13**	**9.13**	**6.85**	**6.85**
71193	**BULLDOG**	**POST SHAVE BALM ORIGINAL**	**2.5 OZ**	**7.17**	**7.17**	**5.38**	**5.38**
71190	**BULLDOG**	**SHAVE GEL ORIGINAL**	**5.9 OZ**	**6.52**	**6.52**	**4.89**	**4.89**

TOM'S OF MAINE - see pages 142-145, 147, 149-150 for information and ingredients

6921	**TOMS**	**MOUTH RINSE FLRDE JUICY MINT**	**16 OZ**	**6.07**	**6.07**	**4.55**	**4.55**
6919	**TOMS**	**MOUTHWASH CLSING PEPPERMINT**	**16 OZ**	**4.64**	**4.64**	**3.48**	**3.48**
6920	**TOMS**	**MOUTHWASH CLSING SPEARMINT**	**16 OZ**	**4.64**	**4.64**	**3.48**	**3.48**
6906	**TOMS**	**MOUTHWASH WICKED FRESH MINT k**	**16 OZ**	**4.62**	**4.62**	**3.48**	**3.48**
6905	**TOMS**	**MOUTHWASH WICKED FRESH PMINT k**	**16 OZ**	**4.62**	**4.62**	**3.49**	**3.49**
6917	**TOMS**	**TPASTE KIDS ORNG MNGO ANTICV k**	**4.2 OZ**	**3.59**	**3.59**	**2.69**	**2.69**
6916	**TOMS**	**TPASTE KIDS STRBRY ANTICAVTY k**	**4.2 OZ**	**3.59**	**3.59**	**2.69**	**2.69**
6918	**TOMS**	**TPASTE KIDS STRBRY FLOR FREE k**	**4.2 OZ**	**3.59**	**3.59**	**2.69**	**2.69**
6950	**TOMS**	**TPASTE SIMPLY WHITE GEL MINT**	**4.7 OZ**	**4.40**	**4.40**	**3.30**	**3.30**
6949	**TOMS**	**TPASTE SIMPLY WHITE PASTE MINT**	**4.7 OZ**	**4.40**	**4.40**	**3.30**	**3.30**

REFRIGERATED

SAUCES N' LOVE

90286	SAUCENLV	PASTA SAUCE CRMY LOBSTER gf v	15.4 OZ	4.96	4.96	4.46	4.46
90288	SAUCENLV	PASTA SAUCE POMDRO BASIL gf vg	15.8 OZ	4.35	4.35	3.92	3.92
90289	SAUCENLV	PASTA SAUCE SUGO ROSA gf vg	15.8 OZ	4.35	4.35	3.92	3.92
90287	SAUCENLV	PIZZA SAUCE FRSH MARINARA gf v	15.8 OZ	4.35	4.35	3.92	3.92
90280	SAUCENLV	SAUCE BASIL PESTO gf v	4.5 OZ	4.35	4.35	3.92	3.92
90283	SAUCENLV	SAUCE CHIMICHRRI CILANTRO gf v	4.5 OZ	2.54	2.54	2.29	2.29
90284	SAUCENLV	SAUCE CHIMICHRRI PARSLEY gf v	4.5 OZ	2.54	2.54	2.29	2.29
90281	SAUCENLV	SAUCE MINT PESTO gf v	4.5 OZ	4.35	4.35	3.92	3.92
90282	SAUCENLV	SAUCE PESTO VEGAN gf vg	4.5 OZ	4.35	4.35	3.92	3.92

NATURAL NECTAR

Try them once you will be back for more!

NEW VENDOR!

ITEM # 31935

ITEM # 31934

COCOA & NATURAL LADY FINGERS

Baked in France, perfect in a dessert or on their own!

ITEM # 31936

ITEM # 31937

ChocoDream™ FAIR TRADE COOKIES

Milk and **Dark** —made using Fair Trade Ingredients—No Hydrogenated Oils & 0g Trans Fat

ITEM # 31945

ITEM # 31946

BIOWAFERS

Lemon Vanilla and Cocoa Varieties. Made in Italy. USDA Organic

ITEM # 31931 #31932 #31933

ChocoDream™ BELGIAN COCOA SPREAD

Natural with Hazelnuts, Dark Chocolate, Almond No Hydrogenated Oils & 0g Trans Fat Nothing Artificial. Made with FAIR TRADE COCOA!

ITEM # 31930

NECTAR NUGGET NATURAL PEANUT BUTTER CUP

Made with Creamy Natural Peanut Butter & Premium Milk Chocolate 0g Trans Fat and No Hydrogenated Oil

ITEM # 31940

ITEM # 31939

ITEM # 31938

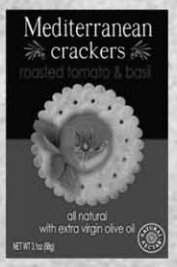
CRACKLESNAX

Enjoy the possibilities of snacking. Potato & Veggie Squares-dip, top, snack. Shoestring Potato Sticks-sprinkle, grab, top, munch. 0g Trans fat, non hydrogenated oils, unique shapes and textures.

ITEM # 31942

ITEM # 31941

ITEM # 31943



ITEM # 31944

MEDITERRANEAN CRACKERS

Sofi Silver Award Winner!

Four delicious varieties, Original Sea Salt, Leek & Onion, Feta & Oregano, Roasted Tomato & Basil. Baked in Greece.

HOT DEALS!

Over Stock Inventory Sale!

(Product is of Top Quality)

STOCK	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE	EXT
BULK							
7084	BARBARAS	FIG BARS RASPBERRY FF/WF	20#	4.20	84.00	3.15	63.00
9651	GLDNFLVR	SESAME STICKS HONEY GLAZED	15#	2.63	39.45	1.97	29.55
1225	NIBLACK	WHEAT GERM RAW	20#	1.21	24.20	.91	18.20
FROZEN							
63204	AMYS	MEAL WHOLE SO CORN BREAD ORG	10 OZ	4.06	4.06	2.99	2.99
61034	CHEBE	SANDWICH BUNS WF/GF 4pk	12 OZ	4.59	4.59	3.44	3.44
31868	COOKIEHD	COOKIE W/G COFFEE CHOC ALMND s	7/1.75OZ	1.06	7.42	.79	5.53
31863	COOKIEHD	COOKIE W/G COFFEE CHOC ALMND s	12/6.4 OZ	2.86	34.32	2.29	27.48
31866	COOKIEHD	COOKIE W/G CRANBRY ORNG WLNT s	7/1.75OZ	1.06	7.42	.79	5.53
31865	COOKIEHD	COOKIE W/G DK CHOC CHUNK s	7/1.75OZ	1.06	7.42	.85	5.95
31867	COOKIEHD	COOKIE W/G HONY MPL WLNT FLX s	7/1.75OZ	1.06	7.42	.79	5.53
31869	COOKIEHD	COOKIE W/G PEANUT BUTTR CHOC s	7/1.75OZ	1.06	7.42	.79	5.53
60589	ECOFISH	SALMON ALASKA FILLET 4oz KETA	2# R/W	8.60	17.20	6.88	13.76
60136	LIGHTLIF	SMART GROUND MEATLESS	12 OZ	3.10	3.10	2.29	2.29
63101	ORCA BAY	PERCH PACIFIC OCEAN	10 OZ	5.85	5.85	4.35	4.35
63250	ORCA BAY	SHRIMP EX LG SHLL ON IQF 13/20	1#	11.60	11.60	8.70	8.70
GROCERY - ETHNIC FOODS							
20032	JAPANDEL	KOMBU NOODLE box GLASS	3.5 OZ	4.22	4.22	2.99	2.99
20030	JAPANDEL	KOMBU NOODLE box ORIGINAL	3.1 OZ	4.22	4.22	2.99	2.99
20033	JAPANDEL	KOMBU NOODLE box RICE	3.9 OZ	4.22	4.22	2.99	2.99
20031	JAPANDEL	KOMBU NOODLE box WAKAME & FU	2.1 OZ	4.22	4.22	3.17	3.17
20029	JAPANGLD	KIT SOBA BUCKWHEAT NOODLE	14.6 OZ	4.36	4.36	3.49	3.49
20028	JAPANGLD	KIT UDON NOODLE	14.5 OZ	4.36	4.36	3.49	3.49
20027	JAPANGLD	KIT YAKISOBA CHOW MEIN	14.1 OZ	4.36	4.36	3.49	3.49
3834	LEEKUMKE	ORANGE SAUCE & GLAZE s	8.3 OZ	2.90	2.90	1.89	1.89
20108	LEEKUMKE	OYSTER FLAVORED SAUCE choy sun	5 LB TIN	10.09	10.09	7.99	7.99
22150	MISHIMA	BROWN FRIED RICE SZECHUAN	6/8.8 OZ	2.19	13.14	1.64	9.84
22149	MISHIMA	BROWN FRIED RICE TERIYAKI s	6/8.8 OZ	2.19	13.14	1.64	9.84
41605	GUERZONI	GRAPE JUICE NO ALCHL biodynamc	25 OZ	12.60	12.60	8.99	8.99
21113	MATIZ	TORTA DE ACEITE SAVORY	10/6 CT	4.90	49.00	3.68	36.80
20674	ZIYAD	PILAF RICE & LENTIL RTE Halal	9 OZ	2.33	2.33	1.86	1.86
6091	LOS CHIL	MIX JAMAICAN JERK	1 OZ	1.67	1.67	.99	.99
GROCERY							
30874	ANNIEHG	DELUXE ELBOWS MILD CHEDDAR ORG	6/9.5 OZ	3.41	20.46	2.56	15.36
41439	ANNIEHG	GUMMY FRUIT STRWBRY ORG 18PK s	18/.8 OZ	.84	15.12	.67	12.06
31119	ANNIENA	DRESSING ARTICHOKE PARM vf	8 OZ	2.79	2.79	2.09	2.09
4020	ANNIENA	DRESSING GREEN GARLIC ORG Vg v	8 OZ	3.29	3.29	2.59	2.59
31363	ANNIENA	DRESSING ITALIAN LITE vg gf	16 OZ	4.69	4.69	3.49	3.49
4023	ANNIENA	DRESSING THOUSAND ISLAND ORG	8 OZ	3.29	3.29	2.47	2.47
3356	ARROW	PANC&WAF MIX MULTIGRAI ORG	32 OZ	4.95	4.95	3.71	3.71
33592	ARTISANA	SATTVA TAHINI BTR LT RST ORG	16 OZ	10.69	10.69	7.99	7.99
31700	AURORA	APPLE RINGS natural	4.5 OZ	2.94	2.94	2.21	2.21
31703	AURORA	BLUEBERRIES DRIED s	6.5 OZ	5.44	5.44	4.08	4.08
31852	AURORA	MIX HEARTY BLEND ORG s k	8.5 OZ	4.77	4.77	3.99	3.99
31853	AURORA	MIX MAGICAL MYSTERY s k	11 OZ	3.91	3.91	2.99	2.99
31855	AURORA	MIX SPICY PUB s k	6.5 OZ	3.26	3.26	2.59	2.59
31856	AURORA	MIX SWEET & NUTTY s k	10.5 OZ	3.91	3.91	2.99	2.99
7081	BARBARAS	FIG BARS RASPBERRY ff/wf Vg	6/12 OZ	3.60	21.60	2.70	16.20
7177	BARBARAS	PUFFS CHEESE BAKES WF	12/5.5 OZ	2.01	24.12	1.51	18.12
7202	BARBARAS	PUFFS CHEESE ORIG snack WF	24/1 OZ	.81	19.44	.61	14.64
31487	CELEST	IND WRAP TEA BLACK CHERRY	6/25 CT	3.19	19.14	2.55	15.30
31482	CELEST	IND WRAP TEA CHAMOMILE	6/25 CT	3.19	19.14	2.69	16.14
31486	CELEST	IND WRAP TEA EARL GREY	6/25 CT	3.19	19.14	2.55	15.30
31485	CELEST	IND WRAP TEA ENGLISH BREAKFAST	6/25 CT	3.19	19.14	2.39	14.34
31480	CELEST	IND WRAP TEA LEMON ZINGER	6/25 CT	3.19	19.14	2.39	14.34
31484	CELEST	IND WRAP TEA RED ZINGER	6/25 CT	3.19	19.14	2.69	16.14
8529	CROFTER	CONSERVE GOLDEN APRICOT ORG s	10 OZ	2.85	2.85	2.14	2.14
34044	DANIELLE	VEGGIE CHIPS WILD TARO	12/2 OZ	2.58	30.96	1.94	23.28
30892	DR MCDGL	ASIAN NOODLE CUP SOY GINGER vg	1.9 OZ	1.66	1.66	1.25	1.25
31634	DREWS	ORG DRESS/MAR ASIAN GINGER	8 OZ	2.86	2.86	1.99	1.99
31632	DREWS	ORG DRESS/MAR HARVEST FRENCH s	8 OZ	2.86	2.86	2.16	2.16
60252	ENER-G	LOAF TAPIOCA GF	3/17.4 OZ	4.45	13.35	3.29	9.87
8217	FANTAST	INSTANT HUMMUS DIP MIX GF	6 OZ	2.79	2.79	1.95	1.95
8191	FANTAST	INSTANT SLOPPY JOE MIX	4.4 OZ	2.79	2.79	1.95	1.95

HOT DEALS!

Over Stock Inventory Sale!

(Product is of Top Quality)

STOCK	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE	EXT
GROCERY - cont.							
8227	FANTAST	INSTANT TABOULI SALAD	6 OZ	2.79	2.79	2.09	2.09
34561	FLAHAVAN	PINHEAD OATMEAL	2.2 LB	3.65	3.65	2.89	2.89
35236	FOODSHLD	TORTILLA CHIPS BLUE CORN k gf	12/5.5 OZ	2.35	28.20	1.76	21.12
33317	GINGERPE	GINGER SWEET HOT SLICES s	4.5 OZ	2.74	2.74	1.99	1.99
37393	GOODHLTH	VEGGIE CHIPS	10/7.5 OZ	3.10	31.00	2.39	23.90
34034	GREENMT	GRINGO TORTILLA STRIPS WHITE	12/8OZ	2.24	26.88	1.68	20.16
33674	HONEST	TEA MATE AGAVE ORG	12/16 OZ	1.34	16.08	.99	11.88
40145	KNIPSCHL	SAUCE BUTTERSCOTCH W/LIME s	8 OZ	4.35	4.35	3.35	3.35
39053	KNUDSEN	JUICE GRAPEFRUIT	24/8 OZ	.77	18.48	.58	13.92
35251	LATEJULY	SAND COOKIE MINI WHT CHOC ORGs	5 OZ	2.84	2.84	2.09	2.09
34567	LUCYS	COOKIES SUGAR s gf df k 4pk	16/1.25 OZ	1.01	16.16	.76	12.16
41273	MAISIEJ	ALMONDS TAMARI ORG	2.5 OZ	3.43	3.43	2.57	2.57
1854	MIGUELS	TORTILLA CHIPS WHITE salt	12/7 OZ	1.71	20.52	1.28	15.36
41441	MRKRISPR	RICE CHIP BARBEQUE BKD gf s	12/4.2 OZ	2.10	25.20	1.68	20.16
30281	MRS LEEP	DINNER MACARONI & CHEESE gf	11.6 OZ	3.46	3.46	2.60	2.60
34991	MRS MAYS	CRUNCH CRANTROPICAL GF vg s	2 OZ	1.15	1.15	.89	.89
5567	MRS MAYS	CRUNCH WALNUT GF vg s	2 OZ	1.15	1.15	.86	.86
35666	MRS MAYS	FREEZE DRD CHIPS FRT PINEAPPLE	36/.35 OZ	.79	28.44	.59	21.24
35097	MRS MAYS	ULT BAR PLUS MNGO STRWBRY vg s	12/1.4 OZ	1.15	13.80	.86	10.32
7246	NATSPATH	CEREAL OPTIMUM SLIM ORG s	14 OZ	4.18	4.18	3.14	3.14
34664	NATVALUE	BEANS PINTO ORG	12/14.5 OZ	1.09	13.08	.79	9.48
34666	NATVALUE	GREEN BEANS CUT ORG	12/14.5 OZ	1.35	16.20	.99	11.88
20177	PASTOR	SALSA APPLE ORIGINAL k gf	16 OZ	3.45	3.45	2.59	2.59
31843	REALLYGT	MIX COOKIE CHOC CRINKLE gf k s	16 OZ	5.07	5.07	3.79	3.79
73151	ROBERTS	POTATO FLYERS SOUR CR ONION gf	24/1.5 OZ	.81	19.44	.65	15.60
73150	ROBERTS	POTATO FLYERS SOUR CR ONION gf	12/5.5 OZ	2.13	25.56	1.69	20.28
60909	RUSTIC	PIZZA CRUST 7in ITAL HERB 2pk	4/9 OZ	3.15	12.60	2.36	9.44
32562	SANTACHI	OIL OLIVE EVOO TAGGIASCA gold	500 ML	16.79	16.79	12.59	12.59
6019	STACYS	PITA CINNAMON/SUGAR	24/1.5 OZ	.70	16.80	.53	12.72
2811	SUNSPIRE	SUNDROPS CHOCOLATE	10 OZ	4.59	4.59	3.44	3.44
5597	THURSDAY	MARMALADE 3 FRUIT s	16 OZ	4.97	4.97	3.97	3.97
5614	THURSDAY	MARMALADE LEMON s	16 OZ	4.97	4.97	4.19	4.19
8157	TIMELESS	FLAX SEED GOLDEN ORG	14 OZ	4.35	4.35	3.26	3.26
30965	URBANACC	RUB LUSCIOUS LAMB	1.25 OZ	2.51	2.51	1.75	1.75
NATURAL REMEDIES							
71113	NATROPTCH	PATCH ROSE GRNIUM PMS/MENO 5PK	EACH	6.40	6.40	3.99	3.99
REFRIGERATED							
91045	PINELAND	SMOKED SALSA MONTEREY JACK	8 OZ	3.94	3.94	2.96	2.96
90159	TOFUTTI	SOY CHEESE MOZZ SLICE vg h p	8 OZ	2.92	2.92	2.19	2.19

OUT OF DATE PRODUCT!

(These products are NOT being discountinued...we just have some out of date inventory with very special priciing!)

STOCK	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE	EXT
FROZEN							
D60986	APPLGT	SLICED TURKEY BRST smkd	9 OZ	4.10	4.10	1.99	1.99
D61351	GOODTAST	MAC & CHEESE BRIE & FIG	24 OZ	6.75	6.75	4.99	4.99
D61353	GOODTAST	MAC & CHEESE FOUR CHEESE	24 OZ	6.75	6.75	4.99	4.99
ETHNIC FOODS							
D22148	MISHIMA	SOUP CUP EDAMAME & POTATO v	6/.58 OZ	1.09	6.54	.59	3.54
D22146	MISHIMA	SOUP MIX EDAMAME&PTATO 3pkts v	1.75 OZ	2.09	2.09	1.49	1.49
D20243	MCVITIES	DIGESTIVES CARAMEL s	300 GR	3.90	3.90	2.49	2.49
GROCERY							
D3338	ARROW	HOT CEREAL SEVEN GRAIN ORG	22 OZ	3.80	3.80	1.99	1.99
D7164	BARBARAS	COOKIE SNACKIMAL VANILLA Vg	6/2.125 OZ	.86	5.16	.49	2.94
D31203	ELVELERO	ANCHOVIES IN COARSE SALT	1.75 OZ	3.55	3.55	1.99	1.99
D35237	FOODSHLD	TORTILLA CHIPS CHEDDAR k gf	24/1.5 OZ	.85	20.40	.64	15.36
D37396	GOODHLTH	POPCORN HALF NAKED W/OLIVE OI	12/4 OZ	2.16	25.92	1.39	16.68
D32243	KAME	BROWN RICE CRISPS TERIYAKI s	4/3.7 OZ	1.49	5.96	.99	3.96
D7319	KETTLE	POTATO CHIPS SEASALT/VIN	15/5 OZ	2.45	36.75	1.85	27.75
D41035	KINGARTH	CAKE MIX CHOC INDULGENCE s	21 OZ	10.05	10.05	5.99	5.99

HOT DEALS!

Over Stock Inventory Sale!

(Product is of Top Quality)

OUT OF DATE PRODUCT!

(These products are NOT being discountinued...we just have some out of date inventory with very special priciing!)

STOCK	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE	EXT
GROCERY - cont.							
D4174	OLIVIAS	CROUTONS VT CHEDDAR &DILL	5 OZ BX	2.79	2.79	1.49	1.49
D1123	RAPUNZEL	YEAST RIZE BAKING ORG	40 PKTS	1.35	54.00	.89	35.60
D73155	ROBERTS	PIRATES BOOTY SOUR CR ONION gf	24/1 OZ	.81	19.44	.49	11.76
D73154	ROBERTS	PIRATES BOOTY SOUR CR ONION gf	12/4 OZ	2.13	25.56	1.39	16.68
D73156	ROBERTS	PIRATES SMART PUFFS gf	12/4.5 OZ	2.13	25.56	1.39	16.68
D60911	RUSTIC	PIZZA CRUST 12in SOURDOUGH	4 EA	3.15	12.60	1.99	7.96
REFRIGERATED							
D5439	LIGHTLIF	SMART DOGS DELI JUMBO	13.5 OZ	3.34	3.34	1.99	1.99
D5436	LIGHTLIF	TEMPEH SOY ORG	8 OZ	2.47	2.47	1.69	1.69
D5443	LIGHTLIF	TOFU PUPS	12 OZ	3.34	3.34	2.19	2.19
D91058	PINELAND	FETA CHEESE CRUMBLES	4 OZ	1.88	1.88	1.29	1.29
D90181	VT BUTTR	CREAMY GOAT CHEESE OLIVE HERB	4 OZ	2.95	2.95	1.99	1.99

OUT OF DATE PRODUCT!

(These products ARE being discountinued)

STOCK	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE	EXT
BULK							
10291	INTLHARV	JAK FRUIT DRIED ORG	1#	8.99	8.99	5.99	5.99
15114	VT COFFEE	COFFEE ICED CONC ORIG ORG	1/2 GAL	73.99	73.99	66.59	66.59
FROZEN							
60180	FOLLOWYH	CHICKEN FREE CHICKEN s vg	10 OZ	5.29	5.29	2.99	2.99
90251	LIGHTLIF	SMART WINGS BUFFALO	6 OZ	3.77	3.77	2.83	2.83
90250	LIGHTLIF	SMART WINGS HONEY BBQ s	6 OZ	3.77	3.77	2.99	2.99
ETHNIC FOODS							
5479	GEETA	PASTE SHAKUTI med	7 OZ	3.63	3.63	2.50	2.50
21106	BLAXART	HOT COCOA TAZA POWDER Spai	7 OZ	4.05	4.05	2.78	2.78
41620	STRAMOND	ALMOND CREAM ORG s	8 OZ	13.37	13.37	8.99	8.99
20675	ZIYAD	COUSCOUS W/TOM SAUCE RTE Halal	15.8 OZ	2.54	2.54	1.69	1.69
21133	CHILEAN	MERKEN Chilean chile	1.76 OZ	4.25	4.25	2.99	2.99
30976	CA CRNCHY	ALMONDS TANGY TOMATO BBQ s	10 OZ	4.52	4.52	2.99	2.99
GROCERY							
32401	GOOD	OIL HEMP GOOD MILD & LIGHT	8.5 OZ	5.99	5.99	4.79	4.79
30447	GRANZOTI	ENERGY OATS ALMOND WALNUT s	12/2 OZ	1.43	17.16	1.14	13.68
41542	LESMOULIN	JAM STRAWBERRY s	240 G	5.31	31.86	3.50	21.00
34568	LUCYS	COOKIES OATMEAL s gf df k 4pk	16/1.25 OZ	1.01	16.16	.69	11.04
31613	LUNDBERG	COUS BRN RICE SAVRY HERB g	6.8 OZ	2.38	2.38	1.29	1.29
31433	MARCONI	MINI OLIVE OIL 3 PACK	12/3 PK	5.19	62.28	3.50	42.00
34760	MASTRIDI	OLIVE OIL EV DUE SICILIE MGNON	3.38 OZ	4.02	4.02	2.64	2.64
30971	NUNES	ALMONDS HONEY CINNAMON s	10 OZ	4.07	4.07	2.49	2.49
30972	NUNES	ALMONDS SPICY COCKTAIL s	10 OZ	4.07	4.07	2.42	2.42
30851	ORTIZ	ANCHOVY FILLETS OLIVE OIL	2.76 OZ	9.25	9.25	5.99	5.99
30785	PEMBERT	PANCAKE MIX FOUR GRAIN	14 OZ	4.95	59.40	2.99	35.88
1772	SUZANNES	RICE NECTAR MAPLE ORG gf v	16 OZ	3.57	3.57	2.17	2.17
22080	WANJASN	WORCESTERSHIRE SCE PREMIUM	6.7 OZ	1.24	1.24	.89	.89
NATURAL REMEDIES							
73088	FOODSCIE	CHOLESTSAFE	90 CAP	19.07	19.07	14.30	14.30

Celebrate

an ORGANIC FAMILY DINNER *this spring*

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Everyone knows the best family dinners are made better with Organic Valley and Organic Prairie. We're America's farmer-owned cooperative—always organic—producing the highest quality foods in harmony with nature…with love.

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USDA ORGANIC

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BULK PRODUCTS & FOOD SERVICES

BAKING PRODUCTS

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
2342	BULK	ARROWROOT POWDER	1#	2.07	2.07		
2179	APPLELDG	BAKEWELL CREAM	1#	5.99	5.99		
2184	BULK	BAKING POWDER NON-ALUM double	50#	1.55	77.50		
1238	RUMFORD	BAKING POWDER non-aluminum	5#	13.99	13.99		
2180	BULK	BAKING SODA	50# **	.67	33.50		
3427	BETMILK	BETTER THAN MILK? SOY PLAIN	25# **	5.59	139.75		
10021	DAGOBA	CACAO POWDER ORG FT	5#	9.65	48.25		
2804	SUNRDG	CAROB CHIPS MALT SW	25# *	4.59	114.75		
4100	BULK	CAROB POWDER medium	50# *	1.45	72.50		
10030	FRONTIER	CHEESE POWDER mild cheddar	1#	14.89	14.89		
2210	BULK	CHIPS CAROB UNSWEETND D/F h	25# *	1.99	49.75	1.79	44.75
1353	BULK	CHIPS CAROB w/sugar df h	25# *	1.75	43.75		
2239	BULK	CHIPS CHOCOLATE 1000cnt s	25# *	2.49	62.25		
2236	SUNRDG	CHIPS CHOCOLATE DARK ORG	25# *	6.72	168.00		
2802	SUNRDG	CHIPS CHOCOLATE MALT SWTD D/F	25# *	5.29	132.25		
1274	BULK	CHIPS CHOCOLATE ORG 1000 cnt s	25# *	5.25	131.25		
3072	BULK	CHIPS CHOCOLATE SEMI 2000cnt s	50# *	2.55	127.50		
2238	BULK	CHIPS WHITE CHOCOLATE s	30# *	4.29	128.70		
9202	CALLEBT	CHOC BLK BELG DK SEMI SWT s	11#	4.85	53.35		
9204	CALLEBT	CHOC BLK BELG WHITE s	11#	6.29	69.19		
9206	CALLEBT	CHOC BLK BITTERSWEET s	11#	4.85	53.35		
10295	BULK	CHOC CHUNKS SEMI SWEET ORG s	5#	5.49	27.45	4.94	24.70
3077	BULK	CHOCOLATE LIQUOR (bakers)	30# *	4.55	136.50		
10299	BULK	CHOCOLATE LIQUOR ORG	5#	5.59	27.95		
10015	DAGOBA	CHOCOLATE SYRUP ORG FT	64 OZ	18.03	18.03		
10016	DAGOBA	CHOCOLATE SYRUP PUMP	EACH	3.61	3.61	2.49	2.49
1364	BULK	COCOA POWDER DUTCH PROCESS	50# *	4.45	222.50		
1365	BULK	COCOA POWDER NATURAL	50# *	3.75	187.50		
10014	MULTIPLE	COCOA POWDER NATURAL ORG FT	25# *	4.55	113.75		
10010	MULTIPLE	COCOA POWDER ORG dutch	25# *	4.40	110.00		
2167	BULK	CORN STARCH	5#	.53	2.65		
2181	BULK	CREAM OF TARTAR	1#	5.65	5.65		
2182	BULK	DRY BUTTERMILK POWDER	50# **	3.08	154.00		
1232	BULK	DRY MILK SKIM INSTANT	5#	5.75	28.75		
1231	BULK	DRY MILK SKIM NON INST LOW	50# **	2.99	149.50		
1230	BULK	DRY MILK WHOLE NON INSTANT	10#	2.99	29.90		
10190	ORG VALY	DRY NONFAT MILK POWDER ORG	5#	5.51	27.55		
3111	BULK	DRY SKIM MILK NON INST HI HEAT	10#	3.18	31.80		
2541	BULK	GUAR GUM	1#	6.06	6.06		
2545	BULK	LECITHIN GRANULES	1#	5.25	5.25		
1261	REDSTAR	NUTRI YEAST MAXI FLAKE 1/2 MKS	50# *	4.97	248.50		
1262	REDSTAR	NUTRI YEAST MINI FLAKE 16 MKS	50# *	4.80	240.00		
1263	REDSTAR	NUTRI YEAST POWDER 60 MHF	50# *	4.76	238.00		
1167	BULK	POTATO STARCH	1#	2.72	2.72		
33273	BULK	POTATO STARCH MAINE	50#*	1.05	52.50		
5059	LETSDO	SPRINKLEZ CARNIVAL s	1#	8.45	8.45		
11166	BULK	TAPIOCA FLOUR	55#	1.36	74.80		
1166	BULK	TAPIOCA FLOUR	1#	1.52	1.52		
1278	BULK	WHEY POWDER SWEET DAIRY gr A	50# **	1.46	73.00		
1202	REDSTAR	YEAST ACTIVE DRY (bakers)	50# *	2.47	123.50		

BAKING EXTRACTS & FLAVORINGS

2195	BULK	EXTRACT ALMOND NATURAL	PINT	9.79	9.79		
2193	BULK	EXTRACT ALMOND NATURAL	GAL	61.49	61.49		
2199	BULK	EXTRACT LEMON NATURAL	PINT	6.85	6.85		
2198	BULK	EXTRACT LEMON NATURAL	GAL	40.99	40.99		
3028	BULK	EXTRACT ORANGE NATURAL	GAL	41.99	41.99		
3018	BULK	EXTRACT ORANGE NATURAL	PINT	6.89	6.89		
2196	BULK	EXTRACT PEPPERMINT NATURAL	GAL	67.49	67.49	60.74	60.74
2197	BULK	EXTRACT PEPPERMINT NATURAL	PINT	10.79	10.79		
2192	BULK	FLAVORING IMITATION VANILLA	GAL	15.66	15.66		
1740	BULK	VANILLA EXT BOURBON BLND 1FLD	GAL	145.45	145.45		
2315	BULK	VANILLA EXT BOURBON BLND 1FLD	PINT	21.82	21.82		
1739	BULK	VANILLA EXT SINGLE FOLD NAT	GAL	75.76	75.76	68.18	68.18
1737	BULK	VANILLA EXT SINGLE FOLD NAT	PINT	12.88	12.88		

BEANS, CANNED

10278	NATVALUE	BEANS BLACK ORG	6/108 OZ	5.95	35.70		
10279	NATVALUE	BEANS GARBANZO ORG	6/108 OZ	5.95	35.70		
10281	NATVALUE	BEANS KIDNEY RED ORG	6/108 OZ	5.95	35.70		
10280	NATVALUE	BEANS PINTO ORG	6/108 OZ	5.95	35.70		
8491	EDEN	ORG BEANS BLACK #10can	108 OZ	8.95	8.95		
8492	EDEN	ORG BEANS GARBANZO #10can	108 OZ	9.45	9.45		
8493	EDEN	ORG BEANS KIDNEY #10can	108 OZ	9.75	9.75		
8494	EDEN	ORG BEANS PINTO #10can	108 OZ	8.89	8.89		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
BEANS, DRIED							
1001	BULK	BEANS BLACK TURTLE	22# **	1.29	28.38		
1040	BULK	BEANS CANNELINI (white kidney)	22# **	1.45	31.90	1.31	28.82
1059	BULK	BEANS CRANBERRY (ROMANO)	22# **	1.79	39.38	1.61	35.42
1022	BULK	BEANS FAVA	10#	1.81	18.10		
1126	BULK	BEANS FAVA SMALL SPLIT/PEELED	11#	.80	8.80		
1074	BULK	BEANS FAVA SMALL WHOLE	10#	1.00	10.00		
5872	WOODLND	BEANS FLAGEOLET	25# **	2.07	51.75	1.86	46.50
1008	BULK	BEANS GREAT NORTHERNS	22# **	1.45	31.90		
1013	BULK	BEANS KIDNEY Dark RED	22# **	1.48	32.56	1.33	29.26
1017	BULK	BEANS NAVY PEA	22# **	1.38	30.36		
1018	BULK	BEANS PINTO	22# **	1.10	24.20		
1005	BULK	CHICKPEAS (garbanzo)	22# **	1.41	31.02	1.27	27.94
5876	WOODLND	LENTILS AUTUMN BLEND	25# **	2.41	60.25		
1000	BULK	LENTILS FRENCH	22# **	1.49	32.78		
1011	BULK	LENTILS GREEN	22# **	1.45	31.90	1.31	28.82
1012	BULK	LENTILS RED SPLITS	22# **	1.46	32.12		
3189	BULK	MAINE BEAN YELLOW EYE	10#	2.10	21.00		
1027	BULK	MAINE BEANS JACOB CATTLE	10#	2.10	21.00		
1019	BULK	MAINE BEANS SOLDIER	10#	2.10	21.00		
1009	BULK	PEAS GREEN SPLITS	22# **	1.09	23.98		
1026	BULK	PEAS GREEN WHOLE	22# **	1.25	27.50		
1024	BULK	PEAS YELLOW SPLITS	22# **	1.25	27.50		
BEANS, DRIED - ORGANIC							
6030	BULK	ADZUKI BEANS ORG	25# **	2.00	50.00		
3128	BULK	BLACK EYE PEAS ORG	25# **	1.59	39.75	1.43	35.75
6808	BULK	BLACK SOY BEAN ORG USA	25# **	1.65	41.25		
1535	BULK	BLACK TURTLES ORG	25# **	1.26	31.50		
6304	BULK	CHICK PEAS ORG	25# **	1.45	36.25	1.31	32.75
6320	BULK	GREAT NORTHERNS ORG	25# **	1.45	36.25		
2787	TRUROOTS	GRN LENTILS SPRTD ORG gf k	5#	4.29	21.45		
1536	BULK	KIDNEY BEANS ORG	25# **	1.50	37.50		
10116	TIMELESS	LENTILS BLACK BELUGA ORG USA	25# **	2.25	56.25		
1414	TIMELESS	LENTILS DU PUY ORG Frnch green	25# **	2.15	53.75		
2103	BULK	LENTILS FRENCH ORG	25# **	1.55	38.75		
2105	BULK	LENTILS GREEN ORG	25# **	1.39	34.75		
1006	BULK	LENTILS RED SPLIT ORG	25# **	1.99	49.75		
1029	BULK	LIMAS BABY ORG	25# **	1.45	36.25		
3225	BULK	MUNG BEANS ORG	25# **	2.40	60.00		
2788	TRUROOTS	MUNG BEANS SPRTD ORG gf k	5#	4.29	21.45		
2106	BULK	NAVY PEA BEANS ORG	25# **	1.24	31.00		
6805	BULK	PEAS GREEN SPLIT ORG	25# **	1.39	34.75		
6710	BULK	PINTO BEANS ORG	25# **	1.19	29.75		
1015	BULK	RED CHILI BEANS SMALL ORG USA	25# **	1.65	41.25		
1020	BULK	SOYBEANS ORG	25# **	1.25	31.25		
BEANS, DRIED - SOUP MIXES							
3290	NORTHBAY	SOUP MIX 32 BEAN/8 VEGETABLE	40# *	4.19	167.60	3.77	150.80
3315	ARROW	SOUP MIX 7 BEAN/BRLY ORG	25# **	2.35	58.75		
3293	NORTHBAY	SOUP MIX SPICY SOUTHWESTERN	40# *	4.29	171.60		
BEVERAGES							
6402	BLUSKY	BAG-IN-BOX CHERRY VAN CRM	3GAL	78.79	78.79		
6378	BLUSKY	BAG-IN-BOX COLA	3GAL	78.79	78.79		
6403	BLUSKY	BAG-IN-BOX DR. BECKER	5GAL	78.79	78.79	49.90	49.90
6362	BLUSKY	BAG-IN-BOX LEMON LIME	3GAL	78.79	78.79	59.09	59.09
6391	BLUSKY	BAG-IN-BOX ROOT BEER	3GAL	78.79	78.79		
BREAKFAST CEREALS & GRANOLA							
3211	NWM	CEREAL 7-GRAIN ORG	25# **	1.79	44.75		
3227	NENB	CEREAL CRUNCHY FRUITY ORG gf s	20#	4.06	81.20	3.04	60.80
3204	ARROW	CEREAL SEVEN GRAIN AM ORG	25# **	1.96	49.00		
12112	BRKSHGRN	GRANOLA BLUBRY CRISP s 85% ORG	5#	4.05	20.25		
12110	BRKSHGRN	GRANOLA CINN TOAST s 76% ORG	5#	4.05	20.25		
12111	BRKSHGRN	GRANOLA CRAN PUMP SD s 82% ORG	5#	4.05	20.25		
12113	BRKSHGRN	GRANOLA KRUNCH MUNCH s 88% ORG	5#	4.05	20.25		
4702	CHAPP	GRANOLA BLUEBERRY BANANA LF	22#	2.52	55.44		
4701	CHAPP	GRANOLA CRANBERRY LF	24#	2.52	60.48		
4747	CHAPP	GRANOLA MAPLE ALMOND	25#	2.52	63.00		
4703	CHAPP	GRANOLA W/RAISINS LF	24#	2.31	55.44		
2824	GRANOATS	GRANOLA CASHEW RAISIN ORG	5#	3.70	18.50		
2818	GRANOATS	GRANOLA CLASSIC ORG	5#	4.25	21.25		
2819	GRANOATS	GRANOLA CRANBERRY CHEW ORG	5#	4.74	23.70		
4521	GRANOATS	GRANOLA GOJI AGAVE ORG	25#	4.85	121.25		
2817	GRANOATS	GRANOLA MAINELY MAPLE WF ORG	5#	4.85	24.25		
2821	GRANOATS	GRANOLA Wheat Free CLASSIC ORG	5#	4.25	21.25		
15415	INTLHARV	GRANOLA TRIPLE BERRY ORG	5#	3.85	19.25		
3278	NENB	GRANOLA BERRY GOOD	5#	3.55	17.75	2.66	13.30
3261	NENB	GRANOLA CAPE COD CRANBERRY L/F	25#	2.35	58.75	1.76	44.00
3271	NENB	GRANOLA CAPE COD CRANBERRY L/F	5#	2.80	14.00	2.10	10.50
3270	NENB	GRANOLA FRENCH VANILLA s	10#	2.41	24.10	1.81	18.10
3255	NENB	GRANOLA MAPLE ALMOND DATE	10#	2.90	29.00	2.17	21.70
3256	NENB	GRANOLA ORG BANANA CRUNCH L/F	5#	4.05	20.25	3.04	15.20

The Original Carlsbad Oblaten

These delicately crisp, subtly flavored dessert wafers are the most authentically delicious oblaten in the world. What you will taste, is the perfect combination of wheat flour, crushed almonds, whole milk, powdered sugar, egg yolks, unsalted butter, natural flavors... and Nothing More! No preservatives are used or needed to keep these delightful wafers fresh for months!

Each **Oblaten** wafer is cut into six pie-shaped and placed in our various packaging designs. Perfect with Anything, Anytime, Anywhere, Anyone!

Carlsbad Oblaten *with Lemon*

A subtle variation on a theme...

Our classic dessert wafer, with a twist (of lemon). A refreshing confection of natural lemon essence, unsalted butter, and powdered sugar fills the same delicate wafers.

Ingredients: Whole milk, enriched wheat flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin), powdered sugar, water, egg yolks, butter, blanched almond meal, natural flavors.

Item #80416 – box

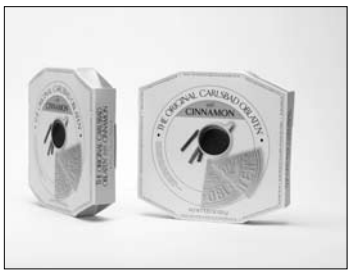
Item #80411 – wedge display

Carlsbad Oblaten *with Cinnamon*

The **Cinnamon Oblaten** is a natural choice for those cold wintery nights. Perfect with apple pie, apple cider or hot cocoa, the **Cinnamon Oblaten** adds an aromatic touch to all your holiday events!

So delicate, yet so delicious, by itself or as the perfect accompaniment to fruited yogurts, sorbets, gelatos. It's a crisp and tangy accent to espresso or tea.

Ingredients: Whole milk, enriched wheat flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin), powdered sugar, water, egg yolks, butter, blanched almond meal, natural flavors.



Item #80417 – box

Item #80412 – wedge display

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
BREAKFAST CEREALS & GRANOLA - cont.							
3265	NENB	GRANOLA ORG CINN SPICE	10#	2.45	24.50	1.84	18.40
3264	NENB	GRANOLA ORG MAPLE	10#	3.29	32.90	2.47	24.70
3257	NENB	GRANOLA OUTRAGE RASPBRY L/F	25#	3.10	77.50	2.32	58.00
3250	NENB	GRANOLA OUTRAGE RASPBRY L/F	5#	3.99	19.95	2.99	14.95
3269	NENB	GRANOLA SAVE THE FOREST NUT	25#	2.60	65.00	1.95	48.75
3268	NENB	GRANOLA SAVE THE FOREST NUT	10#	2.75	27.50	2.06	20.60
3273	NENB	GRANOLA UNSWTND PECAN SPLENDOR	5#	2.65	13.25	1.99	9.95
3251	NENB	MUESLI ORG	5#	3.59	17.95	2.69	13.45
4519	GRANOATS	MUESLI SWISS STYLE ORG	25#	3.55	88.75	3.20	80.00
2822	GRANOATS	MUESLI SWISS STYLE ORG	5#	3.70	18.50		
CANDY & CONFECTIONS							
1356	BULK	CAROB MALT BALLS W/SUGAR h	15# *	2.42	36.30		
2654	BULK	CAROB MALT SWTN ALMONDS h	10# *	4.24	42.40		
2656	BULK	CAROB MALT SWTND PEANUTS	10# *	2.72	27.20		
2657	BULK	CAROB MALT SWTND RAISINS h	10# *	2.83	28.30		
10115	BULK	CAROB PEANUT CLUSTERS s	10# *	3.03	30.30		
1355	BULK	CAROB PEANUTS W/SUGAR df h	15# *	2.37	35.55		
1354	BULK	CAROB RAISINS W/SUGAR df h	15# *	2.37	35.55		
4953	BULK	MILK CHOC COFFEE BEANS s h	10# *	3.83	38.30		
10209	SUNRDG	MILK CHOC TOFFEE PEANUTS s	10# *	5.55	55.50		
4070	BULK	MILK CHOCOLATE ALMONDS s h	15# *	3.48	52.20		
10106	BULK	MILK CHOCOLATE BRIDGE MIX s h	10# *	2.92	29.20		
4954	BULK	MILK CHOCOLATE MALT BALLS s h	15# *	2.63	39.45		
4955	BULK	MILK CHOCOLATE PEANUTS s h	15# *	2.58	38.70		
4957	BULK	MILK CHOCOLATE PRETZELS s h	15# *	2.65	39.75		
4956	BULK	MILK CHOCOLATE RAISINS s h	15# *	2.62	39.30		
10108	BULK	MILK COCOA COATED ALMONDS s	10# *	4.29	42.90		
4079	SUNRDG	CHOC COCONUT CHEWS ind. wrap	7#	8.25	57.75		
4094	SUNRDG	CHOCOLATE CRANBERRIES	10# *	6.90	69.00		
4075	SUNRDG	CHOCOLATE GINGER s	10# *	7.75	77.50	6.98	69.80
10311	SUNRDG	DARK CHOC ALMONDS NATURAL s	10#*	6.73	67.30		
10312	SUNRDG	DARK CHOC MALT BALLS MINI s	10#*	6.38	63.80		
2805	CLOUD 9	DARK CHOCOLATE ALMONDS s	10#	9.40	94.00		
10111	BULK	DARK CHOCOLATE ALMONDS s	10# *	4.03	40.30		
10208	SUNRDG	DARK CHOCOLATE NONPAREILS s	10# *	6.25	62.50		
10110	BULK	DARK CHOCOLATE PEANUTS s	10# *	3.09	30.90		
10109	BULK	DARK CHOCOLATE RAISINS s	10# *	2.92	29.20		
2809	SUNSPIRE	DK CHOC ESPRS BEANS D/F	10# *	10.25	102.50		
4096	SUNRDG	GALAXY MIX	10#	5.80	58.00		
1815	GINGERPE	GINGER CHEWS	11#	4.89	53.79	4.40	48.40
1818	GINGERPE	GINGER CHEWS PEANUT	11#	5.20	57.20	4.68	51.48
1817	GINGERPE	GINGER CHEWS SPICY APPLE	11#	4.89	53.79	4.40	48.40
33466	GINGERPE	GINGER SWEETIES hearts s	11#	10.20	112.20		
1824	GINGERPE	GIN-GINS CANDY indiv wrapped	11#	4.65	51.15	4.19	46.09
41472	**JELYBELY**	**SUPERFRUIT MIX JELLY BEANS s**	**10#**	**5.87**	**58.70**	**4.82**	**48.20**
1765	BULK	GLAZED MIXED SEED/NUT CRUNCH s	10#	3.83	38.30		
4078	SUNRDG	JOLLY BEANS ORG s	10# *	6.90	69.00	5.87	58.70
10313	SUNRDG	MILK CHOC PRETZELS NATURAL s	10#*	5.62	56.20	5.06	50.60
10310	SUNRDG	PEANUT BUTTER CHIPS s	25#*	4.64	116.00	3.94	98.50
4077	SUNRDG	PEANUT BUTTER PRETZELS s	10# *	5.45	54.50	4.91	49.10
10315	SUNRDG	PEANUT BUTTER RAISINS s	10#*	5.29	52.90	4.23	42.30
10300	BULK	PEANUTS TOFFEE COATED s	25#*	1.60	40.00		
1606	JOYVA	SESAME CRUNCH wrapped pcs s	20#	2.67	53.40		
3060	BAZZINI	SESAME HONEY CRUNCH bulk	30#	3.28	98.40		
2814	SUNSPIRE	SUNDROPS PEANUT CHOCOLATE	5#	7.25	36.25		
2813	SUNSPIRE	SUNDROPS PLAIN CHOCOLATE	5#	5.90	29.50		
10210	SUNRDG	SUNNY BEARS ORG v s	10#	6.90	69.00	5.82	58.70
10211	SUNRDG	SUNNY FRUIT SLICES w/vit C OG	10#	6.90	69.00		
10314	SUNRDG	SUNNY WORMS W/VITAMINS ORG s	10# *	7.24	72.40		
1360	BULK	YOGURT ALMONDS h	15# *	4.24	63.60		
4082	SUNRDG	YOGURT BLUEBRY covered RAISINS	10#	5.85	58.50	4.97	49.70
10113	BULK	YOGURT BRIDGE MIX s h	10# *	2.82	28.20		
1359	BULK	YOGURT MALT BALLS W/SUGAR h	15# *	2.47	37.05	2.22	33.30
1357	BULK	YOGURT PEANUTS W/SUGAR h	15# *	2.32	34.80		
10316	SUNRDG	YOGURT PRETZELS NATURAL s	10#*	5.04	50.40	4.28	42.80
1352	BULK	YOGURT PRETZELS W/SUGAR h	15# *	2.59	38.85		
2798	FRTSRC	YOGURT RAISINS	10#	6.95	69.50		
10317	SUNRDG	YOGURT RAISINS NATURAL s	10#*	4.66	46.60		
1358	BULK	YOGURT RAISINS W/SUGAR h	15# *	2.47	37.05		
COFFEE							
8431	EQUALX	ORG BREAKFAST BLEND	2#	9.55	19.10		
8434	EQUALX	ORG FRENCH ROAST dk	2#	9.55	19.10		
8371	EQUALX	ORG BOLIVIAN	5#	9.25	46.25		
8357	EQUALX	ORG BREAKFAST BLEND	5#	9.25	46.25		
8358	EQUALX	ORG CAFE NICA dk	5#	9.25	46.25		
8355	EQUALX	ORG CAFE PERU med	5#	9.25	46.25		
10216	EQUALX	ORG COLOMBIAN	5#	9.25	46.25		
8359	EQUALX	ORG DECAF BREAKFST BLEND CO2	5#	11.30	56.50	8.47	42.35
8362	EQUALX	ORG ESPRESSO dk	5#	9.25	46.25		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
10218	EQUALX	ORG ETHIOPIAN	5#	9.25	46.25		
8367	EQUALX	ORG FRENCH ROAST DECAF CO2	5#	11.30	56.50		
8356	EQUALX	ORG FRENCH ROAST dk	5#	9.25	46.25		
8365	EQUALX	ORG LOVE BUZZ	5#	9.25	46.25	6.94	34.70
10217	EQUALX	ORG MIDNIGHT SUN	5#	9.25	46.25		
8360	EQUALX	ORG MIND BODY & SOUL BLEND med	5#	9.25	46.25		
2715	FAIRWNDS	BREAKFAST BLEND med rst	5#	7.00	35.00	5.60	28.00
2710	FAIRWNDS	COLOMBIAN SUPREMO	5#	7.00	35.00	5.60	28.00
2716	FAIRWNDS	DECAF BREAKFAST BLEND EURO	5#	7.00	35.00	5.60	28.00
2717	FAIRWNDS	DECAF HAZELNUT EURO/PROC med r	5#	7.00	35.00	5.60	28.00
2709	FAIRWNDS	HAZELNUT COFFEE med rst	5#	7.00	35.00	5.60	28.00
32252	GLOBAL	ORG MEXICAN DEKAFF FT BEAN	2 #	9.27	18.54		
30500	LARRYS	ORG BOLIVIAN FT	5#	9.15	45.75		
30501	LARRYS	ORG COLOMBIAN FT	5#	9.15	45.75		
30375	LARRYS	ORG COSTA LITTLE RICKY FT	5#	9.15	45.75		
30376	LARRYS	ORG COWBOY BLEND FT	5#	9.15	45.75		
30377	LARRYS	ORG EL SALVADOR DALI FT	5#	9.15	45.75		
30374	LARRYS	ORG ESPRESSO FT	5#	9.15	45.75		
30378	LARRYS	ORG FRANK SUMATRA FT	5#	9.15	45.75		
30372	LARRYS	ORG GUATAMALAN FT	5#	9.15	45.75		
30380	LARRYS	ORG LOUIE SUPREMO FT	5#	9.15	45.75		
30379	LARRYS	ORG MOCHA JAVA BLEND FT	5#	9.15	45.75		
30373	LARRYS	ORG PERUVIAN FT	5#	9.15	45.75		
10248	LARRYS	ORG SUMATRA FT	5#	9.15	45.75		
2707	ORGCOF	ORG BREAKFAST BLEND FT	2#	7.95	15.90	6.36	12.72
2706	ORGCOF	ORG FRENCH ROAST FT	2#	7.95	15.90	6.36	12.72
2705	ORGCOF	ORG FRENCH RST DECAF CO2 FT	2#	7.95	15.90	6.36	12.72
2704	ORGCOF	ORG FRENCH VANILLA FT	2#	7.95	15.90	6.36	12.72
2701	ORGCOF	ORG GORILLA DECAF FT	2#	7.95	15.90	6.36	12.72
33523	ORGCOF	ORG GUATEMALA MAYA LAKE FT	2#	7.95	15.90	6.36	12.72
2703	ORGCOF	ORG HAZELNUT FT	2#	7.95	15.90	6.36	12.72
33522	ORGCOF	ORG HURRCNE ESPRSSO DECAF FT	2#	7.95	15.90	6.36	12.72
33520	ORGCOF	ORG HURRICANE ESPRESSO FT	2#	7.95	15.90	6.36	12.72
2714	ORGCOF	ORG JAVA LOVE FT	2#	7.95	15.90	6.36	12.72
33524	ORGCOF	ORG NICRAGUAN SELVA NEGRA FT	2#	7.95	15.90	6.36	12.72
33521	ORGCOF	ORG RAINFOREST BLEND FT	2#	7.95	15.90	6.36	12.72
2708	ORGCOF	ORG STELLAR BREW FT	2#	7.95	15.90	6.36	12.72
2713	ORGCOF	ORG SUMATRA MANDHELING FT	2#	7.95	15.90	6.36	12.72
2712	ORGCOF	ORG ZEN BLEND ground FT	2#	7.95	15.90	6.36	12.72
CONDIMENTS							
41202	ROLAND	CLAM JUICE	46 OZ	3.65	3.65		
10039	WALKWD	JERK SEASONING PASTE bulk tub	9.25 #	36.99	36.99	22.99	22.99
1483	PALMIERI	PASTA SAUCE SPAGHETTI	GAL	8.95	8.95		
1501	PALMIERI	PIZZA SAUCE	GAL	10.50	10.50		
7061	ANNIENA	DRESSING CAESAR	1 LTR	7.40	7.40		
7057	ANNIENA	DRESSING COWGIRL RANCH	1 LTR	7.40	7.40		
7054	ANNIENA	DRESSING GODDESS	1 LTR	7.40	7.40		
7059	ANNIENA	VINAIGRETTE BALSAMIC	1 LTR	7.40	7.40		
7055	ANNIENA	VINAIGRETTE RASPBERRY LF	1 LTR	7.40	7.40		
7064	ANNIENA	VINAIGRETTE RST RED PEPPER	1 LTR	7.40	7.40		
7056	ANNIENA	VINAIGRETTE SHIITAKE SESAME	1 LTR	7.40	7.40		
34012	GREENMT	SALSA GRINGO MED	64 OZ	11.99	11.99		
1493	PALMIERI	SALSA HOT & CHUNKY	GAL	10.86	10.86		
1285	NATVALUE	MUSTARD STONEGROUND ORG	GAL	13.25	13.25	11.93	11.93
1287	SPECTRM	MAYONNAISE CANOLA gf	GAL	24.50	24.50		
10213	BARNIER	OLIVES BLK OIL CURED W/HERBS	6.6# DW	40.99	40.99		
6444	DIVINA	OLIVES GREEK MIX	10#	49.00	49.00		
2159	BULK	OLIVES GREEN PITTED Sicilian	5 GAL	71.50	71.50	64.35	64.35
10214	BARNIER	OLIVES GREEN W/HERBS	6.06# DW	31.40	31.40		
4355	ROLAND	OLIVES KALAMATA	4.4#	30.05	30.05		
2160	BULK	OLIVES KALAMATA JUMBO keg	10KILO	105.00	105.00		
4351	ROLAND	OLIVES KALAMATA PITTED	4.4#	29.78	29.78		
4357	DIVINA	OLIVES KALAMATA PITTED ORG	10#	90.00	90.00		
4453	DIVINA	OLIVES KALAMATA PTTED JUMBO	10#	66.59	66.59		
10230	BARNIER	OLIVES PICHOLINE Morocco	6.06#	31.10	31.10		
4455	BULK	OLIVES SICIL GREEN PTD JUMBO	1GAL	18.15	18.15		
8115	SPECTRM	VINEGAR APPLE CIDER ORG UNFIL	GAL	13.50	13.50		
1605	MONARI	VINEGAR BALSAMIC	10LTR	53.03	53.03		
1603	CALOIL	VINEGAR BALSAMIC age 5 yr	5LTR	16.67	16.67		
8119	SPECTRM	VINEGAR BROWN RICE ORG	GAL	17.50	17.50	15.75	15.75
1612	COLAVIT	VINEGAR RED WINE	5LTR	14.90	14.90		
31658	DOMAINE	VINEGAR RED WINE	5 LT	15.00	15.00		
4367	ROLAND	VINEGAR RICE WINE p	GAL	11.36	11.36		
31659	DOMAINE	VINEGAR WHITE WINE	5 LT	15.00	15.00		
1604	COLAVIT	VINEGAR WHITE WINE	5LTR	14.90	14.90	13.41	13.41
8127	SPECTRM	VINEGAR WHITE WINE ORG	1.32GAL	24.16	24.16		
1399	ATLANTIC	VINEGAR BALSAMIC ORG packets	105/.5 OZ	.21	22.05		
COOKIES							
7084	BARBARAS	FIG BARS RASPBERRY FF/WF	20#	4.20	84.00	3.15	63.00

Carlsbad Oblaten *with Caramel*

Our newest flavor, Caramel, blends the rich, creamy taste of Caramel with Vanilla Almond natural flavor. A taste treat on its own or as a complement to your favorite beverage.

Ingredients: Whole milk, enriched wheat flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin), powdered sugar, water, egg yolks, butter, blanched almond meal, natural flavors.

Item #80418 – box

Item #80413 – wedge display

(continured on page 32)

Carlsbad Oblaten *with Chocolate*

Serve our fabulous **Chocolate Oblaten** Created exclusively for chocolate lovers: An amazing product which blends the richness of chocolate with the subtlety of the Vanilla Almond Oblaten, creating an elegant dessert wafer for all occasions.

Ingredients: Whole milk, enriched wheat flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin), powdered sugar, water, egg yolks, butter, blanched almond meal, natural flavors.

Item #80419 – box

Item #80414 – wedge display

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
FLOUR							
1210	BULK	6-GRAIN FLOUR ORG	25# **	.99	24.75		
7395	BULK	AMARANTH FLOUR ORG	25# **	2.53	63.25		
6108	MORGANS	BARLEY FLOUR ORG	25#	1.45	36.25		
1241	NWM	BARLEY FLOUR ORG	25# **	1.03	25.75		
6106	MORGANS	BARLEY FLOUR ORG	10#	1.49	14.90		
1247	MORGANS	BARLEY FLOUR ORG	5#	1.55	7.75		
1206	BULK	BUCKWHEAT FLOUR LIGHT	50# **	1.24	62.00		
4018	BULK	BUCKWHEAT FLOUR ORG	25# **	1.52	38.00		
4019	MORGANS	BUCKWHEAT White FLOUR ORG	5#	2.08	10.40		
1007	BULK	CHICK PEA FLOUR ORG	25# *	1.77	44.25		
4113	MORGANS	CORN FLOUR YELLOW ORG	25#	.69	17.25		
4114	MORGANS	CORN FLOUR YELLOW ORG	5#	.80	4.00		
2617	CVM	CORN FLOUR YELLOW ORG	10#	.72	7.20		
2641	BULK	CORNMEAL BLUE ORG	25# **	2.05	51.25		
4109	BULK	CORNMEAL COARSE	50#	.59	29.50		
4110	BULK	CORNMEAL DEGERMED	50# **	.58	29.00		
1209	CVM	CORNMEAL YELLOW ORG	50#	.53	26.50	.48	24.00
4126	MORGANS	CORNMEAL YELLOW ORG	25#	.69	17.25		
4121	CVM	CORNMEAL YELLOW ORG	25#	.62	15.50		
2570	CVM	CORNMEAL YELLOW ORG	10#	.72	7.20		
4123	MORGANS	CORNMEAL YELLOW ORG	5#	.80	4.00		
4124	MORGANS	CORNMEAL YELLOW ORG	10#	.79	7.90		
41238	KINGARTH	FLOUR ARTISAN ALL PURPOSE ORG	5#	1.57	7.85		
1691	ESSENTIL	FLOUR SPELT SPROUTED ORG	50# **	2.51	125.50	2.26	113.00
1692	ESSENTIL	FLOUR W WHEAT SPROUTED ORG	50# **	2.51	125.50		
41239	KINGARTH	FLOUR WHITE WH WHEAT ORG	5#	1.57	7.85		
1252	VITAL	GLUTEN FLOUR PURE	50# **	1.89	94.50		
1224	NWM	GRAHAM FLOUR ORG	25# **	1.39	34.75		
1227	SIRLANC	HIGH GLUTEN FLOUR	50# **	.79	39.50		
1214	BULK	MASA HARINA YELLOW	50# **	.59	29.50		
1200	BULK	MILLET FLOUR ORG	25# **	1.19	29.75		
6114	MORGANS	OAT FLOUR ORG	25#	1.54	38.50		
6115	MORGANS	OAT FLOUR ORG	5#	1.70	8.50		
6111	MORGANS	OAT FLOUR ORG	10#	1.67	16.70		
1211	BULK	OAT FLOUR ORG	25# **	1.49	37.25		
4071	BULK	POTATO FLAKES	40# **	1.99	79.60		
3332	BULK	POTATO FLOUR p	10#	1.62	16.20		
1201	CVM	PUMPERNICKEL RYE FLOUR ORG	50#	.55	27.50		
2777	ANCIENT	QUINOA FLOUR ORG	50# **	4.85	242.50		
5389	LUNDBERG	RICE FLOUR BROWN ORG Cali	25#	1.59	39.75		
6119	MORGANS	RICE FLOUR BROWN SHORT ORG	10#	2.24	22.40		
6122	MORGANS	RICE FLOUR BROWN SWEET ORG	10#	2.78	27.80		
6124	MORGANS	RICE FLOUR BROWN SWEET ORG	5#	2.80	14.00		
1205	MORGANS	RICE FLOUR BROWN SWEET ORG	25#	2.58	64.50		
1255	BULK	RICE FLOUR WHITE	50#	1.14	57.00		
1254	BULK	RICE FLOUR WHITE	10#	1.29	12.90		
1215	CVM	RYE FLOUR DARK WHOLE ORG	50#	.56	28.00	.50	25.00
2174	CVM	RYE FLOUR DARK WHOLE ORG	10#	.74	7.40		
4309	CVM	RYE FLOUR DARK WHOLE ORG	25#	.64	16.00		
6117	MORGANS	RYE FLOUR ORG	25#	.93	23.25		
6116	MORGANS	RYE FLOUR ORG	10#	1.03	10.30		
6118	MORGANS	RYE FLOUR ORG	50#	.91	45.50		
4311	CVM	RYE FLOUR WHITE ORG	25#	.89	22.25	.80	20.00
6217	MORGANS	RYE MEAL CRACKED ORG	25#	.97	24.25	.87	21.75
1218	BULK	SEMOLINA FLOUR	50# **	.99	49.50		
2118	BULK	SEMOLINA FLOUR ORG	50# **	1.45	72.50		
4399	BULK	SOY FLOUR DEFATTED	50# **	.65	32.50		
1219	BULK	SOY FLOUR FULL FAT ORG	20# **	1.75	35.00		
6315	CVM	SPELT FLOUR WHITE ORG	5#	2.27	11.35		
6309	CVM	SPELT FLOUR WHITE ORG	25#	1.81	45.25		
6307	CVM	SPELT FLOUR WHOLE ORG	5#	2.31	11.55		
6305	CVM	SPELT FLOUR WHOLE ORG	10#	1.87	18.70		
1064	PURITY	SPELT FLOUR WHOLE ORG	25#	1.85	46.25		
4511	CVM	UNBL BREAD FLOUR ORG w/germ	25#	1.13	28.25		
4508	CVM	UNBL BREAD FLOUR WHITE ORGgerm	50#	1.02	51.00		
4506	CVM	UNBL BREAD FLOUR WHITE ORGgerm	10#	1.26	12.60		
1253	ROUNDTAB	UNBL PASTRY FLOUR	50#	.59	29.50		
4503	CVM	UNBL PASTRY FLOUR WHITE ORG	50# **	1.30	65.00		
1220	KINGARTH	UNBL WHITE BREAD FLOUR SPECIAL	50# **	.69	34.50		
4501	REXROYAL	UNBL WHITE FLOUR	50# **	.69	34.50		
1240	SIRGAL	UNBL WHITE FLOUR ALL PURPOSE	50# **	.69	34.50		
1249	KINGARTH	UNBL WHITE FLOUR ARTISAN ORG	50# **	1.36	68.00		
1122	KINGARTH	UNBL WHITE FLOUR CLASSIC ORG	50# **	1.37	68.50		
2176	G&W	UNBL WHITE FLOUR ORG w/germ	50# **	1.19	59.50		
1258	CVM	UNBL WHITE FLR ALL PURPOSE ORG	50# **	1.04	52.00		
1403	CVM	WHITE FLOUR ALL PURP OG w/germ	50#	1.04	52.00	.94	47.00
1212	BULK	WHITE WHL WHT FLOUR	50# **	.75	37.50		
4620	BULK	WHL WHT BREAD FLOUR	50# **	.75	37.50		
2177	CVM	WHL WHT BREAD FLOUR fine ORG	10#	.99	9.90	.89	8.90
4633	CVM	WHL WHT BREAD FLOUR fine ORG	25#	.84	21.00		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
1228	CVM	WHL WHT BREAD FLOUR fine ORG	50#	.80	40.00		
2172	NWM	WHL WHT BREAD FLOUR ORG	50#	1.20	60.00	1.02	51.00
4638	MORGANS	WHL WHT BREAD FLOUR ORG	25#	1.41	35.25		
4636	MORGANS	WHL WHT BREAD FLOUR ORG	50#	1.40	70.00		
4634	MORGANS	WHL WHT BREAD FLOUR ORG	10#	1.45	14.50		
4635	MORGANS	WHL WHT BREAD FLOUR ORG	5#	1.47	7.35		
6300	MORGANS	WHL WHT GRAHAM FLOUR ORG	10#	1.45	14.50		
4641	CVM	WHL WHT PASTRY FLOUR ORG	25#	1.09	27.25	.98	24.50
1229	CVM	WHL WHT PASTRY FLOUR ORG	50#	1.05	52.50		
2178	CVM	WHL WHT PASTRY FLOUR ORG	10#	1.25	12.50		
4646	MORGANS	WHL WHT PASTRY FLOUR ORG sfted	25#	1.25	31.25		
4639	MORGANS	WW PASTRY FLOUR ORG stonegrd	10#	1.33	13.30		
4643	MORGANS	WW PASTRY FLOUR ORG stonegrd	5#	1.39	6.95		
FRUIT, DRIED - ORGANIC							
3718	BULK	APPLE DICES ORG	5#	7.14	35.70		
3720	BULK	APPLE RINGS ORG	5#	7.19	35.95	6.47	32.35
1269	BULK	APRICOTS TURKISH ORG	28# *	4.29	120.12		
10318	SUNRDG	BANANA CHIPS ORG sweetened s	14# *	2.96	41.44		
1337	BULK	COCONUT chips UNSWEETENED ORG	25# *	2.45	61.25		
1338	BULK	COCONUT medium UNSWEETND ORG	25# *	1.81	45.25	1.63	40.75
10012	BULK	CRANBERRIES DRIED ORG s	1#	7.63	7.63		
1306	BULK	DATE ROLLS w/COCONUT ORG	15#	3.93	58.95		
2202	BULK	DATES CHPPED EXTRUD oat fl ORG	30# *	3.20	96.00	2.88	86.40
1303	BULK	DATES MEDJOOLS ORGANIC USA	15#	5.75	86.25	5.18	77.70
11003	BULK	FIGS BLACK MISSION ORG	30# *	4.25	127.50		
10043	AURORA	FIGS TURKISH ORG	25# *	4.13	103.25		
10290	BULK	MANGO SLICES DRIED ORG	5#	8.99	44.95		
3740	BULK	PRUNES PITTED ORG	5#	4.50	22.50		
1335	BULK	RAISINS JUMBO Thompson ORG	30# *	2.19	65.70		
1330	BULK	RAISINS Thompson ORGANIC	30# *	2.09	62.70		
3335	BULK	TOMATOES DRIED Calif ORG	1#	8.03	8.03		
3346	BULK	TOMATOES DRIED w/salt Turk ORG	1#	7.99	7.99	6.99	6.99
FRUIT, DRIED							
1290	BULK	APPLE DICED no sulphur	25# *	5.21	130.25		
1291	BULK	APPLE RINGS no sulphur	25#	5.11	127.75		
1165	BULK	APPLE RINGS no sulphur	5#	5.26	26.30		
3188	BULK	APPLE RINGS w/sulphur	25# *	5.23	130.75		
1293	BULK	APRICOTS TURKISH w/sulphur	28# *	3.69	103.32		
3724	BULK	APRICOTS UNSULPHU CALIF	5#	7.43	37.15		
1295	BULK	BANANA CHIPS sweetened s	14# *	1.51	21.14		
1296	BULK	BANANA CHIPS unsweetened	14# *	1.55	21.70		
3311	BULK	BLUEBERRIES DRIED sugar swt	1#	13.90	13.90		
1298	BULK	BLUEBERRIES MAINE WILD w/sugar	1#	14.75	14.75		
3318	BULK	CHERRIES DRIED BING no sug/ptd	1#	9.58	9.58		
3363	BULK	CHERRIES RED TART sweetened s	1#	8.37	8.37		
1300	BULK	COCONUT CHIPS RAW unswtnd	25# *	2.19	54.75		
1299	BULK	COCONUT MEDIUM unswt no/SO2	25# *	2.00	50.00		
3299	BULK	CRANBERRIES DRIED apple swtd	1#	7.75	7.75		
3320	BULK	CRANBERRIES DRIED sugar	1#	5.30	5.30		
1301	BULK	CURRANTS Zante Calif	30# *	2.99	89.70		
2201	BULK	DATES CHOPED EXTRUD In Oat Fl	30# *	2.31	69.30		
1308	BULK	DATES DEGLET NOOR PITTED Calif	15#	2.72	40.80		
1314	BULK	MANGO LOW SUGAR no sulphur	11#	3.39	37.29		
1318	BULK	MIXED FRUIT no sulphur	5#	5.04	25.20	4.54	22.70
1305	BULK	n/a DATES PITTED bakery sugges	15#	1.89	28.35		
3331	BULK	PAPAYA CHUNKS SWTND w/sulphur	11#	2.45	26.95		
3044	BULK	PAPAYA SPEARS L/S no sulphur	11#	2.85	31.35		
2640	BULK	PAPAYA SPEARS S/F no sulphur	11#	4.14	45.54		
1319	BULK	PAPAYA SPEARS sweetened p	11#	1.87	20.57		
1320	BULK	PEACHES no sulphur	5#	4.90	24.50	4.41	22.05
1321	BULK	PEARS no sulphur	5#	4.90	24.50		
3026	BULK	PINEAPPLE DICED w/SO2 sweetnd	11#	2.19	24.09		
3058	BULK	PINEAPPLE RINGS l/s no S02	11#	3.14	34.54		
1324	BULK	PINEAPPLE RINGS no sug no SO2	11#	5.85	64.35	5.27	57.97
1323	BULK	PINEAPPLE RINGS swtnd	11#	2.19	24.09		
1328	BULK	PRUNES PITTED no sorbate	25# *	2.99	74.75		
1329	BULK	RAISINS CALIF SELECT Thompson	30# *	1.75	52.50	1.58	47.40
1327	BULK	RAISINS GOLDEN sulphured	30# *	2.80	84.00	2.52	75.60
10250	BULK	STRAWBERRIES DRIED s	1#	11.89	11.89	10.70	10.70
3326	BULK	TOMATO BITS DRIED no sulfates	1#	6.97	6.97		
FRUIT, DRIED & GLAZED							
3330	BULK	TOMATOES DRIED Calif	5#	6.46	32.30		
3328	BULK	TOMATOES DRIED Calif	1#	6.97	6.97		
1342	BULK	CHERRIES RED GLAZED s (p)	10#	4.80	48.00		
1348	BULK	CITRON DICED s (p)	10#	3.84	38.40		
1848	GINGERPE	GINGER CRYS DICED ORG China	11#	7.65	84.15	6.50	71.50
1849	GINGERPE	GINGER CRYS DICED ORGANIC	5.5#	7.73	46.38	6.96	41.76
1343	BULK	GINGER CRYS SLICE s w/so2 Thai	11#	2.69	29.59		
1349	BULK	GINGER CRYS SLICE s w/so2 Thai	5.5 #	2.68	16.08		
1344	BULK	GINGER STANDARD DICE Australia	25#	6.45	161.25	5.81	145.25
10224	BULK	GINGER STANDARD DICE Australia	5#	6.60	33.00	5.94	29.70

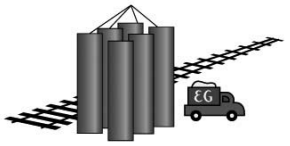
The Original Carlsbad Oblaten *Vanilla Almond*

Ingredients: Whole milk, enriched wheat flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin), powdered sugar, water, egg yolks, butter, blanched almond meal, natural flavors.

Item #80415 – box

Item #80410 – wedge display

EDISON GRAIN INC.



Edison Grain Inc.

Organic Canawa (Kaniwa)

Country of Origin:
Bolivia, Peru

Product Description:

Canawa is a small dark nutritious grain in the same family as Quinoa.

Canawa is very high in protein and amino acids. Unlike Quinoa there are no Saponins, so the grain is slightly sweeter in taste.

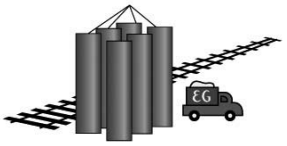
Ingredients: 100% Organic Whole Grain

Item #10045 – 25#*

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
FRUIT, DRIED & GLAZED							
1346	BULK	ORANGE PEEL strips s p	22#	4.55	100.10		
1345	BAZZINI	TUTTI FRUTTI MIX s(p)	10#	3.55	35.50		
FRUIT & NUT MIXES							
1708	ABI	YOGURT TRAIL MIX	10#	2.98	29.80		
1764	BAZZINI	MIX ALL FRUIT (p)	5#	3.40	17.00		
1763	BAZZINI	MIX ALOHA (p)	5#	3.20	16.00		
1767	BAZZINI	MIX AMBROSIA (p)	5#	3.55	17.75		
1762	BAZZINI	MIX ATHLETIC	5#	2.90	14.50		
1778	BAZZINI	MIX HAWAIIAN FRUIT 'N NUT (p)	5#	3.74	18.70		
1779	BAZZINI	MIX HEALTHY	5#	6.15	30.75		
1783	BAZZINI	MIX MUNCHEES	5#	3.32	16.60		
1786	BAZZINI	MIX RAISIN NUT PARTY	5#	3.35	16.75		
1793	BAZZINI	MIX TROPICAL DELIGHT (p)	5#	3.99	19.95		
1792	BAZZINI	TRAIL MIX	5#	4.65	23.25		
1769	BAZZINI	TRAIL MIX CAROB	5#	2.75	13.75		
3262	NENB	MIX CAPE COD CRANBRY TRAIL	10#	4.89	48.90		
1705	NENB	MIX MAGICAL MYSTERY	10#	5.75	57.50		
1701	NENB	MIX ORG CHOCOLATE TRAIL	10#	4.99	49.90		
1698	NENB	MIX ORG HARVEST TRAIL	10#	6.19	61.90		
3388	NENB	MIX SAVE THE FOREST CHOCOLATEs	10#	4.25	42.50		
5001	SUNRDG	TRAIL MIX HEAVENLY CRAN CRUNCH	20# *	4.50	90.00		
GRAINS & FLAKES							
3046	BULK	AMARANTH SEED ORG	25# **	1.99	49.75		
3210	BULK	BARLEY FLAKES ORG	25# **	1.35	33.75		
4700	BULK	BARLEY HULLESS ORG	25# **	1.09	27.25		
1028	BULK	BARLEY PEARLED ORG	25# **	.96	24.00		
10228	TIMELESS	BARLEY PURPLE ORG Montana	25# **	2.15	53.75	1.94	48.50
2101	NWM	BARLEY UNHULLED ORG	25# **	.77	19.25		
4016	BULK	BUCKWHEAT HULLS pillow gr ORG	25#	1.49	37.25		
1062	BULK	BUCKWHEAT KASHA ORG	25# **	1.89	47.25		
10102	BULK	BUCKWHEAT KASHA ORG USA	25#	1.75	43.75	1.39	34.75
1032	BULK	BUCKWHEAT WHITE HULLED ORG	25# **	1.19	29.75		
2997	CVM	BULGUR red	25#	1.02	25.50	.92	23.00
2110	CVM	BULGUR red	10#	1.10	11.00		
2111	BULK	BULGUR red	50#	.95	47.50		
2998	BULK	BULGUR WHITE #1 FINE	50# **	1.20	60.00		
2114	BULK	BULGUR WHITE ORG	25# **	1.20	30.00		
10045	**BULK**	**CANAWA BABY QUINOA OG**	**25#****	**2.62**	**26.20**	**2.28**	**22.80**
10282	BULK	CHIA SEEDS ORG	1#	8.50	8.50		
4737	BULK	CORN WHOLE YELLOW ORG	50# **	.50	25.00		
4918	BULK	COUSCOUS Italian	11#	2.01	22.11		
1035	BULK	COUSCOUS Italian	55#	1.85	101.75		
6050	BULK	COUSCOUS TSTD MIDEAST	22# **	2.29	50.38		
3177	BULK	COUSCOUS WHL WHT ORG	25# **	2.49	62.25		
10046	**BULK**	**FARRO ORG**	**25#****	**2.52**	**25.20**	**2.19**	**21.90**
1207	NWM	GRITS CORN YELLOW ORG	25# **	1.00	25.00		
2107	BULK	KAMUT ORG	25# **	1.41	35.25		
1117	BULK	MILLET HULLED ORG	50# **	.90	45.00		
4885	CVM	MIX SEVEN GRAIN & SEEDS ORG	50#	.99	49.50		
2171	BULK	OAT BRAN	50# **	.86	43.00		
2173	BULK	OAT BRAN ORG	50# **	1.55	77.50		
1036	BULK	OATS REGULAR ROLLED	50# **	.57	28.50		
4785	BULK	OATS ROLLED ORG	25#	.99	24.75		
2175	BULK	OATS ROLLED ORG	50# **	.89	44.50		
1038	GRANOATS	OATS ROLLED ORG Maine grown	40# **	1.32	52.80		
2113	BULK	OATS ROLLED THICK	50# **	.60	30.00		
1037	BULK	OATS ROLLED THIN QUICK	50# **	.57	28.50		
1259	BULK	OATS ROLLED THIN QUICK ORG	25# **	.99	24.75		
1039	BULK	OATS STEEL CUT (groats)	50# **	.57	28.50		
1256	BULK	OATS STEEL CUT ORG	25# **	.99	24.75		
2115	BULK	OATS whole groats stblzd ORG	25# **	.99	24.75		
6010	WOODLND	POLENTA coarse ITALIAN STYLE	25# **	.95	23.75		
5891	WOODLND	POLENTA fine INSTANT YELLOW	10#	.94	9.40		
10047	**BULK**	**QUINOA BLACK ORG**	**25#****	**3.11**	**31.10**	**2.71**	**27.10**
2779	BULK	QUINOA FLAKES ORG	25# **	3.99	99.75		
3350	BULK	QUINOA GRAIN ORG	25# **	3.03	75.75		
2785	TRUROOTS	QUINOA SPROUTED ORG gf k	5#	5.35	26.75		
10048	**BULK**	**QUINOA TRI-COLOR ORG**	**25#****	**2.68**	**26.80**	**2.33**	**23.30**
3215	ARROW	RYE FLAKES ORG	25# **	1.39	34.75		
4880	BULK	RYE WHOLE ORG	50# **	.53	26.50		
2108	NWM	SOY GRITS ORG	25# **	1.69	42.25	1.52	38.00
1150	BULK	SPELT FLAKES TSTD ORG	25# **	1.85	46.25		
1067	BULK	SPELT WHOLE ORG	25# **	1.79	44.75		
1060	BULK	TRITICALE FLAKES ORG	25# **	1.60	40.00		
1217	BULK	WHEAT BRAN dark red	25# **	.45	11.25		
2170	BULK	WHEAT BRAN ORG	25# **	.48	12.00		
1203	CVM	WHEAT BRAN white ORG	25# **	.46	11.50		
2117	BULK	WHEAT CRACKED ORG	50# **	.80	40.00		
3219	BULK	WHEAT FLAKES ORG	25# **	1.67	41.75		
1225	NIBLACK	WHEAT GERM RAW	20#	1.21	24.20	.91	18.20

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
1222	BULK	WHEAT GERM RAW	25# **	.78	19.50		
1226	NIBLACK	WHEAT GERM TOASTED	25# **	1.87	46.75		
2240	BULK	WHEAT HARD RED SPRING ORG	50# **	.79	39.50	.71	35.50
2321	CVM	WHEAT HARD RED WINTER ORG	50# **	.79	39.50		
2242	CVM	WHEAT HARD WHITE SPRING ORG	50# **	.99	49.50		
1065	BULK	WHEAT SOFT WHITE WINTER ORG	50# **	.99	49.50		
2615	WEAVER	POPCORN	50# **	.66	33.00		
4818	BULK	POPCORN ORG	25# **	1.36	34.00		
4444	PURDU	POPCORN WHITE	25# **	.75	18.75		
HERBS & SEASONINGS							
2333	BULK	ALLSPICE GROUND	1#	6.06	6.06		
2330	BULK	ALLSPICE whole	1#	6.26	6.26		
2339	BULK	ANISE SEED ground	1#	8.90	8.90		
2336	BULK	ANISE SEED whole	1#	8.90	8.90		
2345	BULK	BASIL cut & sifted	1#	2.98	2.98		
2351	BULK	BAY LEAVES laurel leaves	1#	4.29	4.29		
2352	FRONTIER	BROTH PWDR BEEF VEGETARIAN	1#	10.05	10.05		
2371	FRONTIER	BROTH PWDR CHICKEN VEGETARIAN	1#	9.60	9.60		
2354	BULK	CARAWAY SEED whole	1#	2.99	2.99		
2359	BULK	CARDAMON ground	1#	32.00	32.00		
2358	BULK	CARDAMON whole unblanched	1#	29.00	29.00		
2360	BULK	CATNIP	1#	10.05	10.05		
2362	BULK	CAYENNE PEPPER jug	16 OZ	3.79	3.79		
2369	BULK	CELERY SEED ground	1#	2.58	2.58		
2365	BULK	CELERY SEED whole	1#	2.70	2.70		
2372	BULK	CHAMOMILE FLOWERS	1#	9.25	9.25		
9524	BULK	CHILES ANCHO med/low	1#	13.74	13.74		
5883	BULK	CHILES CHIPOTLE MORITA med/hot	5#	11.77	58.85		
9504	BULK	CHILES CHIPOTLE MORITA med/hot	1#	12.78	12.78		
9516	BULK	CHILES PASILLA NEGRO med	1#	11.62	11.62		
2375	BULK	CHILI PEPPERS crushed hot	15 OZ	4.10	4.10		
2378	BULK	CHILI powder	1#	3.99	3.99		
2373	BULK	CHIVES dried	1 OZ	3.64	3.64		
2380	BULK	CILANTRO	1#	17.17	17.17		
2381	BULK	CINNAMON ground	1#	2.98	2.98		
2384	BULK	CINNAMON STICKS 2.75 inch	1#	4.24	4.24		
2390	BULK	CLOVES ground	1#	8.69	8.69		
2387	BULK	CLOVES whole	1#	10.00	10.00		
2396	BULK	CORIANDER ground	1#	2.75	2.75		
2393	BULK	CORIANDER whole	1#	2.49	2.49		
2399	BULK	CUMIN ground	1#	4.29	4.29		
2402	BULK	CUMIN whole	1#	4.54	4.54		
2405	BULK	CURRY POWDER	1#	3.50	3.50		
2408	BULK	DILL SEED	1#	2.99	2.99		
2412	BULK	DILL WEED domestic N/A see it	1#	7.58	7.58		
2411	BULK	DILL WEED imported	1#	6.01	6.01		
2414	BULK	FENNEL SEED WHOLE	1#	3.10	3.10		
2445	BULK	FENUGREEK ground	1#	3.48	3.48		
2417	BULK	FENUGREEK whole	1#	3.48	3.48		
2426	BULK	GARLIC chopped	1#	4.50	4.50		
2420	BULK	GARLIC granulated	1#	3.79	3.79		
2423	BULK	GARLIC powder	1#	3.59	3.59		
15101	FRONTIER	GARLIC powder ORG	1#	10.99	10.99		
2432	BULK	GINGER ground	1#	4.40	4.40		
2430	BULK	ITALIAN SEASONING	1#	3.70	3.70		
10203	BULK	JUNIPER BERRIES JUMBO	1#	9.04	9.04		
2439	BULK	MARJORAM cut & sifted	1#	4.59	4.59		
5887	D'ALLAS	MUSHROOM SHIITAKE	1#	17.68	17.68		
6009	D'ALLAS	MUSHROOM STIR FRY BLEND	1#	21.09	21.09		
5874	D'ALLAS	MUSHROOMS DRIED PORCINI A	1#	27.07	27.07		
2444	BULK	MUSHROOMS DRIED SHIITAKE med	1#	16.00	16.00		
5888	D'ALLAS	MUSHROOMS DRIED WOODEAR	1#	12.22	12.22		
2454	BULK	MUSTARD FLOUR Chinese	1#	3.95	3.95		
2448	BULK	MUSTARD SEED whole brown/blk	1#	3.49	3.49		
2451	BULK	MUSTARD SEED whole yellow	1#	2.60	2.60		
2460	BULK	NUTMEG ground	1#	14.30	14.30		
2457	BULK	NUTMEG whole	1#	14.00	14.00		
2469	BULK	ONION chopped	1#	3.79	3.79		
2463	BULK	ONION granulated	1#	3.89	3.89		
2466	BULK	ONION powder	1#	3.79	3.79		
10034	LARS	ONIONS CRISPY bulk	5#	3.50	17.50		
2505	FRONTIER	ORANGE PEEL granules	1#	9.08	9.08		
2472	BULK	OREGANO LEAF cut & sifted	1#	5.24	5.24		
2477	BULK	PAPRIKA hot Hungary	1#	5.00	5.00		
2475	BULK	PAPRIKA Spain	1#	4.49	4.49		
2476	BULK	PAPRIKA sweet Hungary	1#	7.99	7.99	7.19	7.19
2478	BULK	PARSLEY FLAKES	1#	9.50	9.50		
2481	BULK	PEPPER ground black	1#	5.40	5.40		
2487	BULK	PEPPER ground white	1#	6.75	6.75	6.08	6.08
2483	BULK	PEPPERCORNS 5 PEPPER BLEND	15.5 OZ	14.50	14.50		
2490	BULK	PEPPERCORNS white	1#	5.99	5.99		
2484	BULK	PEPPERCORNS whole black	1#	5.39	5.39		

EDISON GRAIN INC.



Organic Farro (Emmer) Wheat

"Triticum Dicoccun"

Known in Italy as:
"Farro Medio"

Country of Origin: USA

Product Description:

Farro is appreciated by consumers due to its "nutty" flavor that it gives to pasta, biscuits or Italian traditional soups. But it's not just good taste that has caught the attention of consumers.

The grain is naturally high in fiber, and contains significantly more protein than wheat. Farro is also higher in B complex vitamins, and both simple and complex carbohydrates.

Another important benefit is that some gluten-sensitive people have been able to include farro-based foods in their diets. Also, unlike other grains, farro's husk protects it from pollutants and insects and usually allows growers to avoid using pesticides.

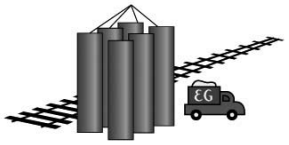
Flour made from the versatile grain can be substituted for wheat flour in breads, pasta, cookies, crackers, cakes, muffins, pancakes and waffles. Modern cooks are rediscovering the full flavor of whole grain farro pastas and breads, the subtler flavor and texture of white pastas and flours as well as farro kernels in their dishes (Hoagland, 1998).

Ingredients: Certified Organic Farro – emmer wheat

Item #10046 – 25#*

(continued on page 36)

EDISON GRAIN INC.



Organic Quinoa *Tri-Color*

Country of Origin: Bolivia, Peru

Ingredients: 100% Organic Whole Grain Quinoa

Item #10048 – 25#*

Organic Quinoa *Black*

Country of Origin: Bolivia

Ingredients: 100% Organic Whole Grain Quinoa

Item #10047 – 25#*

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
HERBS & SEASONINGS - cont.							
2496	FRONTIER	PEPPERMINT LEAF cut/sifted	1#	6.49	6.49		
2503	BULK	PICKLING SPICE	1#	3.18	3.18		
2499	BULK	POPPY SEED	1#	6.05	6.05	5.45	5.45
2501	BULK	POULTRY SEASONING	1#	3.99	3.99		
2509	BULK	ROSEMARY ground	1#	4.10	4.10		
2512	BULK	ROSEMARY whole	1#	4.99	4.99		
2520	BULK	SAGE ground	1#	5.00	5.00		
2517	BULK	SAGE leaf	1#	6.01	6.01		
3121	JANES	KRAZY MIXED UP SALT	1#	2.99	2.99		
2139	BULK	SALT COARSE KOSHER additive	80# **	.34	27.20		
2183	BULK	SEA SALT	50# **	.44	22.00		
10272	WOODLND	SEA SALT HAWAIIAN BLACK	1#	9.79	9.79	8.32	8.32
10273	WOODLND	SEA SALT HAWAIIAN PINK	1#	9.59	9.59		
10274	WOODLND	SEA SALT HAWAIIAN RED COARSE	1#	9.79	9.79		
10011	EDEN	SEA SALT PORTUGUESE FINE	55# **	.95	52.25		
10275	WOODLND	SEA SALT SMOKED COARSE Mexico	1#	9.59	9.59		
10276	VICTORIA	SEA SALT TRAPANI bulk	1#	5.00	5.00		
11008	VICTORIA	SEA SALT TRAPANI bulk	10#	4.75	47.50		
2526	BULK	SPEARMINT crushed	1#	3.54	3.54		
5972	BULK	SPINACH POWDER	1#	5.56	5.56		
2529	BULK	SUMMER SAVORY	1#	4.99	4.99		
2533	BULK	TACO SEASONING MIX	1#	8.50	8.50		
2532	BULK	TARRAGON	1#	20.19	20.19		
2535	BULK	THYME cut & sifted	1#	4.49	4.49		
5970	BULK	TOMATO POWDER	1#	6.16	6.16		
2538	BULK	TURMERIC ground	1#	4.50	4.50		
2544	BULK	VANILLA BEANS 2 beans	VIAL	3.79	3.79		
2542	BULK	VANILLA BEANS bulk	4 OZ	9.50	38.00		
2614	BULK	VEGETABLE FLAKES	1#	6.35	6.35		
NUTS & SEED BUTTERS							
7352	ONCEAG	ALMOND BUTTER CRUNCH n/s	9#	6.50	58.50	4.87	43.83
2663	ONCEAG	ALMOND BUTTER SMTH N/S	9#	6.50	58.50	4.87	43.83
3176	ONCEAG	CASHEW BUTTER	9#	6.40	59.60		
7330	ONCEAG	PEANT BTTR AM CLASSIC SMTH ORG	9#	3.63	32.67		
7300	ONCEAG	PEANUT BUTTER CRNCH N/S	35#	2.50	87.50		
7315	ONCEAG	PEANUT BUTTER CRNCH N/S	9#	2.69	24.21		
7298	ONCEAG	PEANUT BUTTER CRNCH SALTED	35#	2.50	87.50		
7316	ONCEAG	PEANUT BUTTER CRNCH SALTED	9#	2.69	24.21		
7317	ONCEAG	PEANUT BUTTER SMTH N/S	9#	2.69	24.21		
1322	SUPERIOR	PEANUT BUTTER SMTH N/S	35#	2.00	70.00		
7301	ONCEAG	PEANUT BUTTER SMTH N/S	35#	2.50	87.50		
7318	ONCEAG	PEANUT BUTTER SMTH SALTED	9#	2.69	24.21		
7302	ONCEAG	PEANUT BUTTER VAL OR CRNCH N/S	9#	3.80	34.20		
7345	ONCEAG	PEANUT BUTTER VAL ORG SMTH N/S	35#	3.65	127.75		
7309	ONCEAG	PEANUT BUTTER VAL ORG SMTH N/S	9#	3.80	34.20		
1169	JOYVA	SESAME TAHINI	40#	3.45	138.00		
7311	ONCEAG	SESAME TAHINI ORG roasted	9#	5.39	48.51		
7312	ONCEAG	SESAME TAHINI ORG roasted	35#	5.25	183.75		
1021	ONCEAG	SESAME TAHINI roasted	9#	4.40	39.60		
NUTS & SEEDS, ROASTED							
10040	AURORA	ALMONDS MARCONA RSTD SALTD	5#	8.93	44.65	8.04	40.20
1128	BULK	ALMONDS rstd no salt	25# *	5.91	147.75		
10301	BULK	ALMONDS SMOKED	5#	4.00	20.00		
2613	ONCEAG	ALMONDS TAMARI rstd	10# *	5.91	59.10		
1175	BULK	CASHEWS PIECES rstd no salt	15# *	4.75	71.25		
1148	BULK	CASHEWS PIECES rstd salted	15# *	4.75	71.25		
1131	BULK	CASHEWS WH rstd no salt 320cnt	15# *	5.25	78.75		
1147	BULK	CASHEWS WH rstd salted 320cn	15# *	5.25	78.75		
31793	AURORA	CORN NUTS ROASTED W/SALT	25# *	2.99	74.75		
12001	FASTACHI	MIX EXTRA NUTTY	10#	7.50	75.00		
1157	BULK	MIXED NUT W/PEANUT rstd salted	25# *	4.99	124.75		
2008	BULK	MIXED NUT W/PEANUTS rstd n/s	25# *	4.99	124.75		
2001	BULK	MIXED NUTS N/PNUT rstd no sal	30# *	6.96	208.80	6.26	187.80
2002	BULK	MIXED NUTS N/PNUTS rstd salted	30# *	6.96	208.80		
1124	OLDETYME	PEANUT BUTTER COMBO	30# *	1.57	47.10		
2152	OLDETYME	PEANUT BUTTR COMBO ORG	30# *	2.65	79.50		
2154	BULK	PEANUT W/SHELL dry rstd salted	25# *	1.26	31.50		
2150	BULK	PEANUTS BLANCHED dry rstd n/s	30# *	2.40	72.00		
2148	BULK	PEANUTS BLANCHED rstd n/s	15# *	2.01	30.15		
2149	BULK	PEANUTS BLANCHED rstd salted	15# *	2.01	30.15		
2147	BULK	PEANUTS REDSKINS rstd salted	15# *	1.97	29.55		
10319	HUBS	PEANUTS salted	5#	3.99	19.95		
3175	BULK	PEANUTS SPANISH rstd salted	25# *	2.21	55.25		
10320	HUBS	PEANUTS unsalted	5#	3.99	19.95		
2609	ONCEAG	PEANUTS VALENCIA ORG rstd n/s	25# *	2.95	73.75		
2153	BULK	PEANUTS W/SHELL dry rstd n/s	25# *	1.26	31.50		
10122	BAZZINI	PISTACHIOS COLOSSAL bag	5#	8.80	44.00		
3041	BULK	PISTACHIOS MEATS rstd n/s	5#	11.95	59.75		
2155	BULK	PISTACHIOS rstd salt 21/25cnt	25# *	7.25	181.25		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
1133	BULK	PUMPKIN SEED rstd salt shelled	10# *	5.25	52.50		
1760	BULK	SOY NUTS rstd no salt	35# *	1.69	59.15		
1159	BULK	SOY NUTS rstd salted	35# *	1.69	59.15		
4704	SIMPLSOY	SOYNUTS no salt	5#	1.50	7.50		
2005	BULK	SUNFLOWER SEEDS rstd n/s	25# *	2.15	53.75		
1160	BULK	SUNFLOWER SEEDS rstd salt	25# *	2.05	51.25		
NUTS & SEEDS, RAW							
2308	BULK	ALMOND MEAL natural	25# *	3.99	99.75		
3042	BULK	ALMONDS 25-27 whole raw	25# *	4.30	107.50		
1107	BULK	ALMONDS blanched slivered	25# *	4.79	119.75		
3334	BULK	ALMONDS blanched whole raw	25# *	4.95	123.75		
10162	MAISIEJ	ALMONDS nat sliced blanch ORG	5#	10.43	52.15		
1106	BULK	ALMONDS natural sliced	25# *	4.80	120.00		
3714	BULK	ALMONDS ORG Calif	25# *	11.10	277.50		
10065	SPRTALMD	ALMONDS SPROUTED	5#	9.13	45.65		
1810	BULK	BRAZIL NUTS Rainforest	44# *	5.25	231.00		
1195	BULK	CASHEW ORG pieces	25# *	6.05	151.25		
1112	BULK	CASHEW pieces	25#	3.99	99.75		
1816	BULK	CASHEW pieces Brazil	50# *	4.29	214.50		
1111	BULK	CASHEW whole raw 320 ctn	25# *	5.80	145.0	5.22	130.50
2144	BULK	FILBERTS blanched	25# *	9.34	233.50		
1115	BULK	FILBERTS hazelnuts Oregon	25# *	6.35	158.75		
82103	BULK	FLAX SEED brown	50# *	.99	49.50		
8420	BULK	FLAX SEED Brown ORG USA	25# **	1.60	40.00	1.44	36.00
8418	BULK	FLAX SEED Golden ORG	25# **	1.50	37.50		
10041	AURORA	HAZELNUTS RAW ORG	25# *	6.40	160.00		
1116	BULK	MACADAMIA NUTS raw	2#	11.50	23.00		
1119	BULK	PEANUTS raw blanched	15# *	1.97	29.55		
1120	BULK	PEANUTS raw redskins	25# *	2.12	53.00		
1135	BULK	PECAN MEAL	30# *	2.99	89.70		
3078	BULK	PECANS med pieces	30# *	6.90	207.00		
1134	BULK	PECANS select Jr. Mamth halves	30# *	7.75	232.50		
2607	BULK	PIGNOLIAS China pinenuts	1#	25.00	25.00		
2596	BULK	PIGNOLIAS China pinenuts	27.5# *	25.00	700.00		
1125	BULK	PUMPKIN SEEDS hulled ORG	25# *	4.90	122.50		
1137	BULK	PUMPKIN SEEDS raw China	27.5# *	4.15	116.20		
1869	BULK	SESAME SEEDS black	1#	2.59	2.59		
1138	BULK	SESAME SEEDS hulled	50# *	1.89	94.50		
1140	BULK	SESAME SEEDS hulled ORG mech	25# *	2.49	62.25		
1139	BULK	SESAME SEEDS unhulled natrl	50# *	1.59	79.50		
1146	BULK	SESAME SEEDS unhulled ORG	25# *	2.69	67.25		
1141	BULK	SUNFLOWER SEEDS hulled	55# *	1.85	101.75		
2157	BULK	SUNFLOWER SEEDS hulled ORG	25# *	1.99	49.75	1.79	44.75
1196	BULK	temp n/a BRAZIL NUTS ORG	10# *	6.66	66.60	5.99	59.90
1292	BULK	temp n/a CASHEWS ORG whl raw 2	25# *	7.75	193.75		
1142	BULK	WALNUT halves & pieces Calif	25# *	5.50	137.50		
3702	BULK	WALNUT halves & pieces ORG	25# *	8.15	203.75		
1143	BULK	WALNUT pieces Calif	30# *	5.50	165.00		
1145	BULK	WALNUT raw medium chopped	30# *	5.00	150.00		
8410	BULK	SEEDS ALFALFA ORG	1#	5.99	5.99		
1030	BULK	SEEDS BUCKWHEAT ORG	5#	1.25	6.25	.99	4.95
2158	BULK	SEEDS SUNFLWR whl/blk oil ORG	5#	2.31	11.55	1.96	9.80
8412	BULK	SEEDS DAIKON RADISH ORG	1#	5.25	5.25		
OILS							
4111	**GEM**	**CANOLA 90% EV OLIVE OIL 10%**	**1 GAL**	**9.63**	**9.63**	**8.66**	**8.66**
2647	BULK	CANOLA OIL	35#	55.00	55.00		
2655	BULK	CANOLA OIL expeller pressed	35#	59.75	59.75		
2665	CATANIA	CANOLA OIL ORG	35#	98.50	98.50		
2269	CATANIA	CANOLA OIL REFINED	GAL	8.50	8.50		
4112	GEM	GRAPESEED OIL	1 GAL	17.95	17.95		
2127	BULK	PEANUT OIL refined	1 GAL	16.90	16.90		
1086	BULK	SAFFLOWER UNRFND HIGH OLIEC	35#	75.66	75.66		
1083	SPECTRM	SAFFLR OIL UNRFN HI OLEIC	35#	107.50	107.50	96.75	96.75
1176	KADOYA	SESAME OIL PURE	56 OZ	20.95	20.95		
1080	BULK	SOY OIL	35#	34.99	34.99	19.95	19.95
1076	BULK	SOY OIL (Gourmet Salad)	3LTR	8.75	8.75	7.88	7.88
1465	BULK	SOY OIL ORG	35#	91.00	91.00		
2129	BULK	SOY/OLIVE OIL 10%	3 LTR	8.95	8.95		
1079	BULK	SUNFLOWER OIL RFND	35#	54.00	54.00		
2643	GEM	OLIVE OIL EX VIRGIN	3 LTR	24.75	24.75		
1097	ATHENA	OLIVE OIL EX VIRGIN Greek	GAL	36.50	36.50		
15292	BIONAT	OLIVE OIL EX VIRGIN ORG	3 LTR	50.00	50.00		
3114	BULK	OLIVE OIL EX VIRGIN ORG	35#	156.57	156.57		
4721	ROMULO	OLIVE OIL EX VIRGIN Spain	GAL	38.95	38.95		
41306	RACCONTO	OLIVE OIL EX VIRGIN tin Italy	3 LTR	26.50	26.50	19.87	19.87
3115	BULK	OLIVE OIL EX VIRGIN UNRFD	35#	129.00	129.00		
30579	ARIA	OLIVE OIL EXTRA VIRGIN	3 LTR	32.31	32.31		
1398	ATLANTIC	OLIVE OIL ORG X-VIRGIN packets	105/.5 OZ	.23	24.15		
3301	BULK	OLIVE OIL POMACE	GAL	22.22	22.22		
2132	BULK	OLIVE OIL PURE Imported	GAL	32.00	32.00		
1082	BULK	SPIGOTS-includes caps for 35#	EACH	7.58	7.58		

COOK WITH CONFIDENCE SINCE 1933 GEM

GEM Brand Oils

One of Sovena USA's most popular brands include **GEM**. **GEM** brand oils have exemplified quality and value for more than 70 years.

This is an American exclusive that is more than 70 years old. Its portfolio includes many olive oils, blends and some premium vegetable oils, all blended and bottled in Rome, NY.

GEM's main market is the foodservice sector, including delis and other Italian restaurants where olive oil is a key ingredient in a majority of the menu items.

GEM

90% Canola Oil & 10% Extra Virgin Olive Oil

Ingredients: 90% Canola Oil, 10% Extra Virgin Olive Oil

Item #4111 - 1 GAL

Organic Coffee Co.

How about a cup of **Java Love** for your loved one on Valentine's Day!

At a price ***you'll*** love!

Welcome from the Rogers Family Company Coffee Roasters

Grown for Good!

We stand for premium, sustainable, fair and direct trade coffee at prices you'll love! We like to say our products are grown for good. Why? We've helped thousands of folks around the world through our Community Aid Program, restored thousands of acres of rainforest by farming only with shade grown farms, and planted our own coffee on our own organic farms! You'll know it's Grown for Good when you enjoy a delicious cup of coffee or tea as well!

How's that for spreading the Love!

Organic Fair Trade Java Love

An exotic and syrupy blend of Indonesian and Latin American coffees.

Ingredients: 100% Organic Fair Trade Coffee

Item #2714 – 2#

Item #2720 – 12 OZ ground

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
PASTA, ASIAN							
1832	EMPERKIT	SOBA BUCKWHEAT 100% ORG N/S	11#	14.20	156.20	10.65	117.15
1829	SOBAYA	SOBA BUCKWHEAT 30% ORG	11#	3.49	38.39		
1828	SOBAYA	SOBA BUCKWHEAT40%	11#	2.99	32.89		
1836	SOBAYA	SOBA SPELT ORG	11#	4.39	48.29	3.73	41.03
1830	SOBAYA	UDON NAT WHEAT	11#	2.49	27.39		
1833	SOBAYA	UDON SPELT ORG	11#	4.39	48.29		
1835	SOBAYA	UDON WHEAT ORG	11#	3.39	37.29		
PASTA							
2765	ANCIENT	QUINOA ELBOWS ORG GF/WF	10#	3.59	35.90		
2767	ANCIENT	QUINOA LINGUINE ORG WF/GF	10#	3.59	35.90	2.87	28.70
2768	ANCIENT	QUINOA PAGODAS ORG WF/GF	10#	3.59	35.90	2.87	28.70
2771	ANCIENT	QUINOA SPAGHETTI ORG WF/GF	10#	3.59	35.90	2.87	28.70
2773	ANCIENT	QUINOA VEGGIE CURLS ORG WF/GF	10#	3.59	35.90	2.87	28.70
15267	BIONAT	SEMOL FUSILLI ORG Italy	11#	2.23	24.53		
15265	BIONAT	SEMOL PENNE RIGATE ORG Ital	11#	2.23	24.53		
15263	BIONAT	SEMOL SPAGHETTI ORG Italy	11#	2.23	24.53		
15296	BIONAT	WHOLE WHT FUSILLI ORG	11#	2.23	24.53		
15295	BIONAT	WHOLE WHT PENNE RIGATE ORG	11#	2.23	24.53		
15291	BIONAT	WHOLE WHT SPAGHETTI ORG	11#	2.23	24.53		
10175	BULK	SEMO ANNELLINI RINGS FOR SOUP	10#	1.29	12.90	.99	9.90
1452	BULK	SEMO ELBOWS ORG	10#	2.19	21.90		
4602	BULK	SEMO LINGUINI ORG	10#	2.19	21.90		
34950	BULK	SEMO ORZO TOASTED Israeli	10#	1.58	15.80		
1479	BULK	SEMO TOMATO BASIL LINGUINI	10#	2.05	20.50	1.85	18.50
2257	BULK	SEMO TOMATO LINGUINI	10#	2.05	20.50		
1476	BULK	SEMO VEGETABLE ELBOWS	10#	1.95	19.50		
2671	BULK	SEMO VEGETABLE SHELLS MEDIUM	10#	2.30	23.00	2.07	20.70
2222	BULK	SEMO VEGETABLE SPIRALS MINI	10#	2.05	20.50		
1547	BULK	SEMO VEGETABLE WAGON WHEELS	10#	2.05	20.50		
1469	BULK	SEMOLINA ARTICHOKE SPAGHETTI	10#	2.19	21.90		
2540	BULK	SEMOLINA CAPELLINI (ANGELHAIR)	10#	1.85	18.50		
1522	BULK	SEMOLINA ELBOWS	10#	1.55	15.50		
2253	BULK	SEMOLINA FARFALLE (BOWTIES)	10#	1.85	18.50		
2248	BULK	SEMOLINA FETTUCCINE	10#	1.85	18.50		
10285	BULK	SEMOLINA FETTUCINE NESTS	10#	2.42	24.20	2.06	20.60
8141	BULK	SEMOLINA LASAGNA	10#	1.75	17.50		
2245	BULK	SEMOLINA LINGUINI	10#	1.85	18.50		
10189	BULK	SEMOLINA MAFALDA narrow lasagn	10#	1.64	16.40	1.39	13.90
10187	BULK	SEMOLINA ORZO	10#	1.55	15.50		
4605	BULK	SEMOLINA ORZO ORG	10#	2.19	21.90		
2246	BULK	SEMOLINA PENNE RIGATI	10#	1.85	18.50		
2635	BULK	SEMOLINA RADIATORES	10#	1.65	16.50	1.49	14.90
3167	BULK	SEMOLINA SHELLS JUMBO	10#	1.95	19.50		
2262	BULK	SEMOLINA SHELLS MEDIUM	10#	1.55	15.50		
2670	BULK	SEMOLINA SHELLS SMALL	10#	1.65	16.50		
10176	BULK	SEMOLINA SOUP NOODLES	10#	1.55	15.50	1.32	13.20
2247	BULK	SEMOLINA SPAGHETTI	10#	1.85	18.50		
1451	BULK	SEMOLINA SPAGHETTI ORG	10#	2.19	21.90		
1474	BULK	SEMOLINA SPINACH FLATS	10#	2.05	20.50		
2254	BULK	SEMOLINA SPINACH LINGUINI	10#	2.05	20.50		
1477	BULK	SEMOLINA TRI-COLOR ROTINI	10#	2.25	22.50		
10177	BULK	SEMOLINA TUBETTI	10#	1.55	15.50		
10188	BULK	SEMOLINA VERMICELLI	10#	1.55	15.50		
10174	BULK	SEMOLINA ZITI TAGLIATI	10#	1.55	15.50		
10287	BULK	SEMOLINA ZOO ANIMALS	10#	1.55	15.50		
2251	BULK	SOY ELBOW	10#	1.65	16.50		
1468	BULK	SOY SPAGHETTI	10#	1.65	16.50		
1491	BULK	SPELT ANGEL HAIR ORG Fidelini	10#	2.97	29.70		
1480	BULK	SPELT ELBOWS ORG	10#	2.97	29.70		
1481	BULK	SPELT ROTINI ORG	10#	2.97	29.70	2.67	26.70
1482	BULK	SPELT SPAGHETTI ORG	10#	2.97	29.70		
10284	BULK	SPINACH ELBOWS	10#	1.75	17.50		
10283	BULK	SPINACH FETTUCCINE	10#	1.75	17.50		
1472	BULK	SPINACH SPAGHETTI	10#	1.75	17.50	1.58	15.80
2223	BULK	VEG PASTA RADIATORE 4-COLOR	10#	2.59	25.90		
10181	BULK	VEGETABLE BOWTIES	10#	1.85	18.50		
4595	BULK	VEGETABLE ORZO TRI-COLOR ORG	10#	2.59	25.90	2.33	23.30
2261	BULK	VEGETABLE SHELLS MINI	10#	1.85	18.50		
10197	BULK	VEGETABLE SPAGHETTI	10#	1.85	18.50	1.67	16.70
1455	BULK	WHL WHT ALPHABETS ORG	10#	2.05	20.50		
1454	BULK	WHL WHT ELBOWS ORG	10#	2.05	20.50		
1457	BULK	WHL WHT FLATS ORG	10#	2.05	20.50		
1458	BULK	WHL WHT LASAGNA ORG	10#	2.35	23.50		
1304	BULK	WHL WHT LINGUINI ORG	10#	2.05	20.50		
1459	BULK	WHL WHT RIGATONI ORG	10#	2.20	22.00		
1546	BULK	WHL WHT ROTINI SPIRALS ORG	10#	2.05	20.50		
3165	BULK	WHL WHT SHELLS FOR STUFFNG ORG	10#	2.25	22.50		
2243	BULK	WHL WHT SHELLS small ORG	10#	2.05	20.50		
1453	BULK	WHL WHT SPAGHETTI ORG	10#	2.05	20.50		
1462	BULK	WHL WHT SPINACH FLATS ORG	10#	2.25	22.50		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
1463	BULK	WHL WHT SPINACH SPAGHETTI	10#	2.59	25.90		
1460	BULK	WHL WHT VEGETABLE ELBOW ORG	10#	2.25	22.50		
2667	BULK	WHL WHT VEGETABLE ROTINI ORG	10#	2.25	22.50		
1446	DEBOLE	ARTICHOKE LASAGNA ORG	10#	3.29	32.90		
1434	DEBOLE	ARTICHOKE SHELLS ORG	10#	3.15	31.50		
3068	DEBOLE	ARTICHOKE SPAGHETTI	10#	3.90	39.00		
3067	DEBOLE	SPINACH FETTUCINE ORG	10#	3.90	39.00		
6417	EDEN	RIBBONS PARSLEY GARLIC ORG	10#	3.25	32.50		
1541	SAM MILLS	CORN PASTA FUSILLI l/f gf	5 LB	1.45	7.25		
1540	SAM MILLS	CORN PASTA PENNE RIGATE l/f gf	5 LB	1.45	7.25		
1539	SAM MILLS	CORN PASTA RIGATONI l/f gf	5 LB	1.45	7.25		
1565	TNK	BR RICE ELBOW w/RICE BRAN WF	10#	2.55	25.50		
1566	TNK	BR RICE FETTUCINI w/BRAN WF	10#	2.89	28.90		
1530	TNK	BR RICE LASAGNA W/RICE BRAN WF	10#	3.45	34.50		
1563	TNK	BR RICE PENNE w/RICE BRAN WF	10#	2.55	25.50		
1564	TNK	BR RICE SHELLS w/RICE BRAN WF	10#	2.55	25.50		
1561	TNK	BR RICE SPAGHET w/RICE BRAN WF	10#	2.55	25.50		
1562	TNK	BR RICE SPIRALS w/RICE BRAN WF	10#	2.55	25.50		
PREPARED FOODS							
8205	FANTAST	FANTASTIC FALAFIL	10#	3.49	34.90		
8220	FANTAST	HUMMUS DIP MIX	10#	4.59	45.90	3.90	39.00
8210	FANTAST	INSTANT BLACK BEANS	10#	4.59	45.90		
8215	FANTAST	INSTANT REFRIED BEANS	10#	4.59	45.90		
8225	FANTAST	NATURE'S BURGER	10#	3.99	39.90	2.99	29.90
8230	FANTAST	TABOULI SALAD	10#	3.99	39.90		
RICE							
2219	BULK	ARBORIO RICE Italy	35 OZ	4.99	4.99	4.49	4.49
2221	BULK	ARBORIO RICE Italy	11#	1.85	20.35		
2234	LUNDBERG	ARBORIO RICE WHITE Cali	25# **	2.15	53.75	1.94	48.50
2215	TEXMATI	BASMATI RICE BROWN	25# **	1.51	37.75		
2211	LUNDBERG	BASMATI RICE BROWN California	25# **	1.35	33.75		
2216	LONEPINE	BASMATI RICE BROWN ORG	50# **	1.45	72.50		
2212	TEXMATI	BASMATI RICE WHITE	25# **	1.51	37.75		
2218	LUNDBERG	BASMATI RICE WHITE Cali	25# **	1.59	39.75		
4922	BULK	BASMATI RICE WHITE India	10#	1.89	18.90		
2217	ARROW	BASMATI RICE WHITE ORG	25# **	2.11	52.75		
1144	BULK	BLACK RICE SWEET LONG GRAIN	5#	1.70	8.50		
2786	TRUROOTS	BROWN RICE GERMTD ORG gf k	5#	3.49	17.45		
1050	LUNDBERG	BROWN RICE LONG California	25# **	1.13	28.25		
1049	LONEPINE	BROWN RICE LONG ORG	50# **	1.15	57.50		
1042	LUNDBERG	BROWN RICE LONG ORG California	25# **	1.59	39.75		
1048	LONEPINE	BROWN RICE MED ORG	50# **	1.15	57.50		
1055	LUNDBERG	BROWN RICE MEDIUM ORG Cali	25# **	1.59	39.75		
3124	NISHIKI	BROWN RICE QUICK COOKING	5#	1.80	9.00		
1044	LUNDBERG	BROWN RICE SHORT nutra farm Ca	25# **	1.13	28.25		
1047	LONEPINE	BROWN RICE SHORT ORG	50# **	1.30	65.00		
1043	LUNDBERG	BROWN RICE SHORT ORG Cali	25# **	1.59	39.75		
1646	LUNDBERG	BROWN RICE SWEET ORG Cali	25# **	1.59	39.75		
1046	LUNDBERG	BROWN RICE SWEET SHORT Cali	25# **	1.13	28.25	1.02	25.50
14409	BOTAN	CALROSE KRAFT RICE	20#	1.19	23.80		
3560	LUNDBERG	GOURMET RICE BLACK JAPONICA Ca	25# **	2.35	58.75		
3566	LUNDBERG	GOURMET RICE WILD BLEND Ca	25# **	2.85	71.25		
29017	TWINELEP	JASMINE RICE	25#	1.00	25.00		
29016	WANGDERM	JASMINE RICE	25#	1.00	25.00		
20551	DYNASTY	JASMINE RICE	6/5#	1.35	40.50		
3591	LUNDBERG	JASMINE RICE BROWN ORG Cali	25# **	1.99	49.75		
20560	DYNASTY	JASMINE RICE EXTRA FANCY	25#	1.06	26.50		
2214	BULK	JASMINE RICE WHITE	25# **	.95	23.75		
3079	LUNDBERG	JASMINE RICE WHITE Calif	25# **	1.54	38.50		
3581	LUNDBERG	JASMINE RICE WHITE ORG Cali	25# **	2.25	56.25		
10262	LOTUSFD	RICE FORBIDDEN BLK ORG	11#	2.71	29.81		
5505	LUNDBERG	OLD WORLD PILAF	25# **	2.35	58.75		
1297	SWAD	RICE BASMATI BROWN India	4#	1.59	6.36	1.43	5.72
10260	LOTUSFD	RICE BHUTANESE RED	22#	2.94	64.68	2.35	51.70
3582	BULK	RICE BLACK China	25# **	1.99	49.75		
10061	LOTUSFD	RICE CAMBODIAN MEKONG FLOWR FT	11#	2.24	24.64	1.90	20.90
10265	LOTUSFD	RICE CARNAROLI	10#	2.80	28.00		
10261	LOTUSFD	RICE FORBIDDEN BLACK	22#	2.75	60.50	2.20	48.40
35018	BULK	RICE FORBIDDEN BLACK	5 #	2.75	13.75		
10060	LOTUSFD	RICE INDONESIAN VOLCANO FT	11#	2.24	24.64		
10266	LOTUSFD	RICE JADE PEARL ORG	11#	2.71	29.81		
10268	LOTUSFD	RICE JASMINE BROWN ORG	25#	1.95	48.75		
10267	LOTUSFD	RICE JASMINE WHITE ORG	25#	2.19	54.75		
35000	BULK	RICE KALIJIRA BROWN	2#	2.97	5.94	1.99	3.98
10294	LOTUSFD	RICE MADAGASCAR PINK ft gf	11#	2.27	24.97		
5870	BULK	RICE PURPLE STICKY Thailand	25#	1.99	49.75		
5875	BULK	RICE RED HIMALAYAN	25# **	1.33	33.25		
28586	NISHIKI	SUSHI PREMIUM RICE	10#	1.55	15.50		
3116	NISHIKI	SUSHI RICE WHITE	15#	1.45	21.75		
3118	NISHIKI	SUSHI RICE WHITE	5#	1.60	8.00		
3186	LUNDBERG	SUSHI RICE WHITE ORG Cali	25# **	1.99	49.75		

Golden Boy Brand
Fish Sauce

NEW
Convenient Size!

Fish Sauce can be considered one of the most vital flavoring ingredients used in almost all Thai recipes. It is light brown in color, has an intense aroma and is salty in taste.

Fish Sauce is made from aged fermented fish (usually anchovies) and is similar to seasoning sauce or soy sauce.

Used in stir-frys, curry, noodles, marinades, and soups, the strong aroma of Fish Sauce dissipates after combining with other ingredients. (Please note: Fish sauce is not suitable for vegetarian or vegan diets.)

No Coloring,
No Preservatives
added.

Ingredients: Anchovy Fish, Salt, Sugar

Item # - 24/7 OZ

Divine Chocolate

Chocolate Lovers!

Why are we Divine?

Divine Chocolate is made with the finest cocoa from farmers in Ghana who co-own the company and because the cocoa is Fairtrade they get a guaranteed income and you get guaranteed pleasure, so everyone's sweeter!

Discover the delicious Divine Chocolate range*. Whether it's for giving, sharing, cooking or just indulging, there's something for all of the Valentine's on your list!

Dark Chocolate with Raspberries Bar
Item #41295

Dark Chocolate Fairtrade Bar
Item #5371

Dark Chocolate Mint Fairtrade Bar
Item #30126

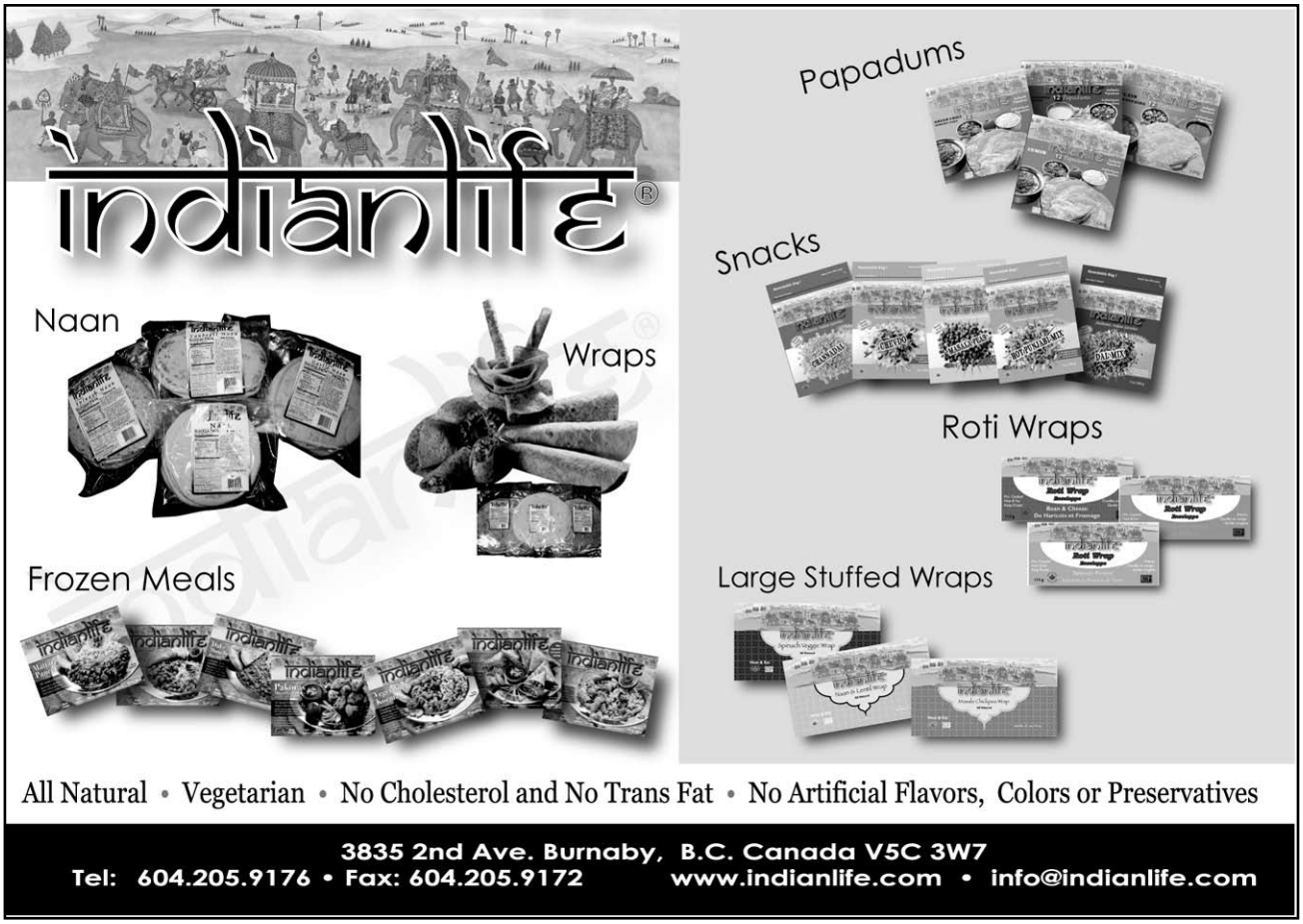
Milk Chocolate Fairtrade Bar
Item #5375

White Chocolate Fairtrade Bar
Item #5370

*See page 79 for the Full range

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
RICE - cont.							
1051	BULK	WHITE RICE LONG comm	22# **	.81	17.82		
20558	HIME	WHITE RICE SHORT GRAIN ORG	5#	2.45	12.25		
15183	BULK	WHITE RICE SWEET LONG Thai	4.4#	1.45	5.80		
3073	BULK	WILD RICE BROKEN	25# **	4.35	108.75		
10029	RED LAKE	WILD RICE CULTIVATED Minnesota	5#	4.85	24.25		
4886	LUNDBERG	WILD RICE ORG	25# **	8.79	219.75		
SEAFOOD							
7102	NATSEA	CHUNK LIGHT TUNA N/S yellowfin	66 OZ	21.75	21.75		
SNACKS & SNACK BARS							
2627	BULK	CORN SNACKS W/FLAX SALTED	12#	2.11	25.32		
2626	BULK	CORN STICKS HOT CAJUN	12#	2.06	24.72		
31672	BELLO	CROSTINI TRADITIONAL	10#	4.68	46.80	3.74	37.40
10042	AURORA	EDAMAME RSTD	22# *	2.25	49.50		
15384	MECOAST	KELP CRUNCH BAR SESAME ORG blk	2#	17.00	34.00		
15389	MECOAST	KELP CRUNCH BAR SESM GINGR ORG	2#	17.00	34.00		
1707	NENB	MIX TEX MEX	5#	4.80	24.00		
2630	BULK	SESAME STICKS CAJUN	15#	2.11	31.65		
3091	BULK	SESAME STICKS CHEDDAR	15#	2.17	32.55		
2628	BULK	SESAME STICKS GARLIC	15#	2.11	31.65		
9651	GLDNFLVR	SESAME STICKS HONEY GLAZED	15#	2.63	39.45	1.97	29.55
9653	GLDNFLVR	SESAME STICKS JALAPENO CHEDDAR	15#	2.63	39.45		
1251	BULK	SESAME STICKS N/SALT	12#	2.11	25.32		
2624	BULK	SESAME STICKS POPPY & ONION	15#	2.11	31.65		
1607	BULK	SESAME STICKS SALT	15#	2.11	31.65		
9652	GLDNFLVR	SESAME STICKS SOUR CREAM ONION	15#	2.50	37.50		
9655	GLDNFLVR	SESAME STICKS SPELT	15#	3.07	46.05		
2629	BULK	SESAME STICKS w/oat bran	15#	2.11	31.65		
9650	GLDNFLVR	SESAME STICKS WHOLE WHEAT	15#	2.56	38.40		
1790	BULK	WASABI GREEN PEAS natural s	22# *	3.02	66.44		
3671	BULK	WASABI PEANUTS natural s	22# *	3.47	76.34	3.12	68.64
SOY PRODUCTS							
9654	GLDNFLVR	WILD RICE STICKS	15#	2.73	40.95		
10227	FRONTIER	BAC-UNS tvp bacon bits	1#	6.45	6.45		
6874	SOYMANNA	TSP tex soy protein ORG	20# *	3.75	75.00		
10207	BULK	TVP NON GMO granules	50# *	1.99	99.50		
SWEETENERS							
1575	MADHAVA	AGAVE NECTAR AMBER ORG	1 GAL	29.80	29.80		
1373	MOORLND	HONEY CLOVER	5#	20.75	20.75		
1372	MOORLND	HONEY CLOVER Unfiltered	60#	2.65	159.00		
10249	CHAMP AP	HONEY CRYSTAL RAW plastic jar	5#	26.43	26.43		
11132	SWAN'S	HONEY MAINE RAW UNFILTERED	5#	22.75	22.75		
30840	SWAN'S	HONEY MAINE WILDFLOWER	60#	2.99	179.40		
3035	MOORLND	HONEY WILDFLOWER Unfiltered	60#	2.69	161.40		
1435	BULK	MALT BARLEY & CORN 75/25%	5 GAL	68.50	68.50		
1437	BULK	MALT BARLEY 100% PURE	5 GAL	80.99	80.99		
1436	BULK	MALT POWDER BARLEY/CORN	50# **	1.82	91.00		
1418	COOMBS	MAPLE GRADE A MED ORG jug	GAL	97.00	97.00	87.30	87.30
1413	BULK	MAPLE GRADE A MEDIUM	1/2 GAL	47.75	47.75		
1425	BULK	MAPLE GRADE B COOKING	1/2 GAL	45.00	45.00		
1424	HIGHLAND	MAPLE GRADE B COOKING ORG	GAL	93.00	93.00		
1423	BULK	MAPLE GRADE B COOKING ORG	5 GAL	345.00	345.00		
1420	HIGHLAND	MAPLE SYRUP GRADE A DRK ORG K	GAL	69.50	69.50		
1432	PLANTAT	MOLASSES BARBADOS unsulf	GAL	15.25	15.25		
2314	BULK	MOLASSES BARBADOS unsulf	5 GAL	55.00	55.00		
9050	BULK	MOLASSES BLACKSTRAP ORG	5 GAL	71.00	71.00		
1431	GROEB	MOLASSES BLACKSTRAP unsulf	GAL	10.25	10.25		
1428	BULK	MOLASSES BLACKSTRAP unsulf	5 GAL	42.50	42.50		
1405	BULK	SUGAR DARK BROWN	100# **	.99	99.00		
1402	BULK	SUGAR DATE	5#	4.64	23.20		
9031	BULK	SUGAR DEMERARA unrefined	50# **	1.16	58.00		
9044	BULK	SUGAR EVAPORATED CANE ORG	50# **	1.10	55.00		
9058	BULK	SUGAR FRUCTOSE CRYSTALLINE	50# **	.99	49.50		
1400	BULK	SUGAR GRANULATED WHITE	50# **	.93	46.50		
1401	BULK	SUGAR LIGHT BROWN	50# **	.95	47.50		
1407	BULK	SUGAR MAPLE pure	5#	10.65	53.25		
9061	FLORIDA	SUGAR MILLED CANE	25# **	1.06	26.50		
9049	WHLSME	SUGAR PKTS ORG Euro-style	1000 CT	44.50	44.50		
2190	BULK	SUGAR POWDERED CONFECTIONERS	50# **	.99	49.50		
1987	RAPUNZEL	SUGAR RAPADURA ORG FT	33# **	1.99	65.67		
9051	WHLSME	SUGAR SUCANAT	50# **	1.40	70.00		
9030	BULK	SUGAR TURBINADO Nat.Cane	55# **	.80	44.00		
1826	BULK	SYRUP BROWN RICE pail	55#	109.00	109.00		
1831	LUNDBERG	SYRUP BROWN RICE pail ORG	55#	155.00	155.00		
TEA							
8551	XANADU	CHAI s	16 OZ	1.35	21.60		
8560	BULK	GRNTEA PINHD GNPWD tmpl of hev	16 OZ	.71	11.36		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE
TEA - cont.						
8548	XANADU	TEA CEYLON SUPREME	16 OZ	.66	10.56	
3687	XANADU	TEA DARJEELING	16 OZ	1.00	16.00	
8552	XANADU	TEA EARL GREY	16 OZ	.71	11.36	
8553	XANADU	TEA ENGLISH BREAKFAST	16 OZ	.76	12.16	
8554	XANADU	TEA IRISH BREAKFAST	16 OZ	.78	12.48	
8550	XANADU	TEA JASMINE	16 OZ	.61	9.76	
VEGETABLES						
4541	BULK	ARTICHOKE HEARTS 30/40cnt	5.8 LBS	17.20	17.20	
4005	ROLAND	PEPPERS RED RST	5.8 # CAN	9.25	9.25	
4255	MUIRGLEN	TOMATO SAUCE ORG	102 OZ	7.10	7.10	
8292	MUIRGLEN	TOMATOES CRUSHED ORG	104 OZ	7.10	7.10	
8353	MUIRGLEN	TOMATOES DICED ORG	102 OZ	6.79	6.79	
8291	MUIRGLEN	TOMATOES WHOLE PEELED ORG	102 OZ	6.79	6.79	



FROZEN FOODS

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
ALEIA'S GLUTEN FREE FOODS							
63350	ALEIAS	BREAD CINNAMON RAISIN gf	12/2#	6.59	79.08		
63321	ALEIAS	BREAD CINNAMON RAISIN gf	3/2#	6.99	20.97		
63351	ALEIAS	BREAD FARMHOUSE WHITE gf	12/2#	5.65	67.80		
63320	ALEIAS	BREAD FARMHOUSE WHITE gf	3/2#	5.99	17.97		
AMY'S KITCHEN							
60090	AMYS	ASIAN NOODLE STIR-FRY GF DF	10 OZ	4.15	4.15		
62046	AMYS	BOWL BAKED ZITI RICE/SOY ORG	9.5 OZ	4.15	4.15	3.74	3.74
60079	AMYS	BOWL BRN RICE & VEG	10 OZ	4.15	4.15	3.74	3.74
60106	AMYS	BOWL BRN RICE/BLK EYES/VEG	9 OZ	4.15	4.15	3.74	3.74
61204	AMYS	BOWL CHEESE RAVIOLI	9.5 OZ	4.15	4.15	3.74	3.74
60093	AMYS	BOWL COUNTRY CHEDDAR	9.5 OZ	4.15	4.15	3.74	3.74
61206	AMYS	BOWL LIGHT SALT BRN RICE/VEG	10 OZ	4.15	4.15		
60105	AMYS	BOWL MEXICAN CASSEROLE	9.5 OZ	4.15	4.15	3.74	3.74
60094	AMYS	BOWL PESTO TORTELLINI	9.5 OZ	4.15	4.15		
60080	AMYS	BOWL SANTA FE ENCHILADA GF	10 OZ	4.15	4.15		
60081	AMYS	BOWL STUFFED SHELLS	10 OZ	4.15	4.15	3.74	3.74
60082	AMYS	BOWL TERIYAKI	10 OZ	4.15	4.15	3.74	3.74
63203	AMYS	BOWL TORT CASS BLK BN ORG wfgf	9.5 OZ	4.06	4.06		
60103	AMYS	BREAKFAST TOFU SCRAMBLE	9 OZ	4.15	4.15		
60044	AMYS	BURRITO BEAN & RICE DF	6 OZ	2.29	2.29		
60045	AMYS	BURRITO BEAN & RICE w/chd chs	6 OZ	2.29	2.29		
60047	AMYS	BURRITO BLACK BEAN DF	6 OZ	2.29	2.29	2.06	2.06
60046	AMYS	BURRITO BREAKFAST DF	6 OZ	2.29	2.29	2.06	2.06
60039	AMYS	BURRITO ESPECIAL	6 OZ	2.29	2.29	2.06	2.06
61200	AMYS	BURRITO SOUTHWESTERN	5.5 OZ	2.29	2.29	2.06	2.06
63207	AMYS	CAKE CHOCOLATE ORG vg df	11 OZ	4.50	4.50		
63208	AMYS	CAKE ORANGE ORG vg df	11 OZ	4.50	4.50		
60074	AMYS	ENCHILADA BLK BEAN GF DF	9.5 OZ	3.65	3.65		
60049	AMYS	ENCHILADA CHEESE GF61090	9 OZ	3.65	3.65		
61209	AMYS	ENCHILADA LT SALT BLK BEAN GF	10 OZ	3.65	3.65		
60011	AMYS	INDIAN MEAL MATTAR PANEER GF	10 OZ	4.15	4.15		
60023	AMYS	INDIAN MEAL PALAK PANEER GF	10 OZ	4.15	4.15		
61201	AMYS	INDIAN MEAL VEG KORMA GF DF	9.5 OZ	4.15	4.15		
62045	AMYS	INDIAN PANEER TIKKA ORG	9.5 OZ	4.15	4.15		
62047	AMYS	INDIAN SPINACH TOFU WRAP ORG	5.5 OZ	2.43	2.43		
60063	AMYS	LASAGNA CHEESE ORG	10.25 OZ	4.20	4.20		
60037	AMYS	LASAGNA GARDEN VEG WF/GF	10.25 OZ	4.20	4.20		
63206	AMYS	LASAGNA RSTD VEG ORG	9.8 OZ	4.06	4.06		
60042	AMYS	LASAGNA VEGETABLE	9.5 OZ	4.20	4.20		
60035	AMYS	MACARONI & CHEESE	9 OZ	2.79	2.79		
60036	AMYS	MACARONI & SOY CHEESE	9 OZ	2.79	2.79		
60061	AMYS	MACARONI (rice) & CHEESE GF	9 OZ	3.15	3.15		
63205	AMYS	MEAL WHL TAMLE ORG vg wf gf df	10.3 OZ	4.40	4.40		
60029	AMYS	MEAL WHOLE CHILI & CORNBRD	10.5 OZ	4.15	4.15		
60083	AMYS	MEAL WHOLE ENCHILADA Chs GF	10 OZ	4.15	4.15		
61207	AMYS	MEAL WHOLE LIGHT SALT VEG LOAF	10 OZ	4.15	4.15		
61202	AMYS	MEAL WHOLE MATTAR TOFU GF DF	9.5 OZ	4.15	4.15		
63204	AMYS	MEAL WHOLE SO CORN BREAD ORG	10 OZ	4.06	4.06	2.99	2.99
60040	AMYS	MEAL WHOLE VEGGIE LOAF DF	10 OZ	4.15	4.15		
60032	AMYS	POT PIE BROCCOLI CHEESE	7.5 OZ	3.00	3.00		
60033	AMYS	POT PIE MEXICAN TAMALE GF DF	8 OZ	3.00	3.00		
60034	AMYS	POT PIE SHEPARD GF DF	8 OZ	3.00	3.00		
60030	AMYS	POT PIE VEGETABLE	7.5 OZ	3.00	3.00		
60031	AMYS	POT PIE VEGGIE Vg	7.5 OZ	3.00	3.00		
60102	AMYS	PIZZA 3 CHEESE CORNMEAL CRUST	14.5 OZ	6.95	6.95	5.56	5.56
60075	AMYS	PIZZA CHEESE & TOMATO ORG	13 OZ	5.94	5.94	4.75	4.75
60091	AMYS	PIZZA CHEESE RICE CRUST wf/gf	12 OZ	8.20	8.20	6.56	6.56
60054	AMYS	PIZZA MUSHROOM OLIVE	13.5 OZ	6.95	6.95	5.56	5.56
60101	AMYS	PIZZA PESTO CHEESE WW CRUST	14 OZ	5.94	5.94	4.75	4.75
60028	AMYS	PIZZA PESTO w/TOM/ BROC ORG	13.5 OZ	6.95	6.95	5.56	5.56
62049	AMYS	PIZZA RICE CRUST SPINACH ORG	14 OZ	8.20	8.20	6.56	6.56
60077	AMYS	PIZZA RST VEG no cheese DF	12 OZ	6.95	6.95	5.56	5.56
63048	AMYS	PIZZA SINGLE SERVE CHEESE	6.2 OZ	3.59	3.59	2.51	2.51
63052	AMYS	PIZZA SINGLE SERVE PESTO	7 OZ	4.30	4.30	3.01	3.01
60050	AMYS	PIZZA SOY CHEESE ORG	13 OZ	6.95	6.95	5.56	5.56
60076	AMYS	PIZZA SPINACH/TOM/FETA ORG	14 OZ	5.94	5.94	4.75	4.75
60087	AMYS	POCKET SANDWICH broc/che	4.5 OZ	2.29	2.29		
60048	AMYS	POCKET SANDWICH che pizza	4.5 OZ	2.29	2.29		
61205	AMYS	POCKET SANDWICH spin pizza s	4.5 OZ	2.29	2.29	2.06	2.06
60067	AMYS	POCKET SANDWICH Spinach/Feta	4.5 OZ	2.29	2.29		
60069	AMYS	POCKET SANDWICH Veg PotPie DF	5 OZ	2.29	2.29	2.06	2.06

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
60052	AMYS	SNACKS CHEESE PIZZA	6 OZ	3.49	3.49		
60092	AMYS	SNACKS NACHO	6 OZ	3.49	3.49		
60085	AMYS	SNACKS SPINACH PIZZA s	6 OZ	3.49	3.49		
60095	AMYS	TOASTER POPS APPLE DF s	8.5 OZ	3.59	3.59		
60097	AMYS	TOASTER POPS CHEESE PIZZA s	7.8 OZ	3.59	3.59		
60096	AMYS	TOASTER POPS STRAWBERRY DF s	8.5 OZ	3.59	3.59		
60058	AMYS	VEGGIE BURGER ALL AMERICA DF	10 OZ	4.84	4.84		
60060	AMYS	VEGGIE BURGER CALIF ORG DF	10 OZ	4.84	4.84		
APPLEGATE FARMS							
60997	APPLGT	POT PIE CHICKEN ORG	9 OZ	3.45	3.45		
61325	APPLGT	BACON PORK DRY CURED s	8 OZ	4.28	4.28		
61324	APPLGT	BACON PORK PEPPERED s	8 OZ	3.41	3.41		
60984	APPLGT	BACON PORK SUNDAY	8 OZ	3.60	3.60		
61333	APPLGT	BACON PORK SUNDAY ORG s	8 OZ	5.07	5.07		
60983	APPLGT	BACON TURKEY	8 OZ	3.60	3.60		
61322	APPLGT	BURGERS BEEF 85% LEAN ORG	16 OZ	6.98	6.98		
62135	APPLGT	BURGERS TURKEY ORG 4/4oz	16 OZ	7.10	7.10		
62052	APPLGT	CANADIAN BACON uncured	6 OZ	4.35	4.35		
60996	APPLGT	CHICKEN NUGGETS	8 OZ	5.10	5.10		
61323	APPLGT	CHICKEN STRIPS ORG	8 OZ	6.10	6.10		
61328	APPLGT	COCKTAIL FRANK PORK ORG s	12 OZ	5.99	5.99		
60980	APPLGT	HOT DOGS BEEF	12 OZ	4.50	4.50		
61332	APPLGT	HOT DOGS BEEF STADIUM OG uncrd	16 OZ	5.34	5.34		
61335	APPLGT	HOT DOGS BEEF uncured ORG	12 OZ	5.16	5.16		
62054	APPLGT	HOT DOGS BEEF uncured ORG	16 OZ	5.42	5.42		
61326	APPLGT	HOT DOGS BF/PK NY STYL uncrd s	12 OZ	5.32	5.32		
60981	APPLGT	HOT DOGS CHICKEN	12 OZ	3.77	3.77		
61336	APPLGT	HOT DOGS CHICKEN uncured ORG	12 OZ	5.16	5.16		
60982	APPLGT	HOT DOGS TURKEY	12 OZ	3.77	3.77		
61334	APPLGT	HOT DOGS TURKEY uncured ORG	12 OZ	5.16	5.16		
60998	APPLGT	SAUSAGE CHIC APPLE BRKFST s	8 OZ	5.05	5.05		
61320	APPLGT	SAUSAGE CHIC MAPLE BRKFST s	8 OZ	4.69	4.69		
61321	APPLGT	SAUSAGE CHIC SAGE BRKFST s	8 OZ	4.69	4.69		
60994	APPLGT	SLICED AUTHENTIC PROSCIUTTO	4 OZ	4.29	4.29		
60988	APPLGT	SLICED GENOA SALAMI Natural	3 OZ	3.24	3.24		
60993	APPLGT	SLICED PEPPERONI Natural	7 OZ	3.50	3.50		
61337	APPLGT	SLICED ROAST BEEF	7 OZ	3.86	3.86		
60991	APPLGT	SLICED TURKEY BOLOGNA	7 OZ	2.75	2.75		
60985	APPLGT	SLICED TURKEY BRST Herb Rsted	9 OZ	4.10	4.10		
60987	APPLGT	SLICED TURKEY BRST Roasted	9 OZ	4.10	4.10		
60986	APPLGT	SLICED TURKEY BRST smkd	9 OZ	4.10	4.10		
61339	APPLGT	SLICED TURKEY HNY MAPLE	7 OZ	3.90	3.90		
ASIAGO FOODS							
62206	ASIAGO	BUFFALO GROUND S. Dakota wild	1#	6.07	6.07		
62195	ASIAGO	RED CURRANTS	2.2 LB	8.38	8.38		
62201	ASIAGO	WILD BLACKBERRIES	2.2 LB	8.92	8.92		
62199	ASIAGO	WILD BLUEBERRIES DARK	2.2 LB	13.80	13.80		
62205	ASIAGO	WILD BLUEBERRIES DARK tub	10.5 OZ	5.36	5.36		
62202	ASIAGO	WILD MIXED BERRIES	2.2 LB	6.12	6.12		
62200	ASIAGO	WILD RASPBERRIES	2.2 LB	8.58	8.58		
62193	ASIAGO	ARTICHOKE BOTTOMS blanched	2.2 LB	6.23	6.23		
62192	ASIAGO	ARTICHOKE HEARTS sliced blanch	2.2 LB	6.23	6.23		
62187	ASIAGO	ARTICHOKE HEARTS whole blanchd	2.2 LB	9.54	9.54		
62189	ASIAGO	ARTICHOKES precooked sliced	12 OZ	5.29	5.29		
62190	ASIAGO	EGGPLANT GRILLED	2.2 LB	8.68	8.68		
62186	ASIAGO	MUSHROOM MIXED WILD W/ PORCINI	10.5 OZ	2.87	2.87		
60202	ASIANFD	BANANA LEAVES lg frozen	16 OZ	1.65	1.65		
60201	ASIANFD	LEMONGRASS Chopped fresh frzn	3 OZ	1.69	1.69		
60850	ASIANFD	SOYBEANS boiled pods/Edamame	16 OZ	2.62	2.62	1.97	1.97
AUNT TRUDY'S							
61118	AUNTTRDY	FILLO PKT 3 BEAN VEG CHILI ORG	5 OZ	2.11	2.11		
61106	AUNTTRDY	FILLO PKT ASIAN VEG ORG Vg	5 OZ	2.11	2.11		
61107	AUNTTRDY	FILLO PKT BROCCOLI CHEDDAR s	5 OZ	2.11	2.11		
61112	AUNTTRDY	FILLO PKT EGGPLNT PEPP ORG Vg	5 OZ	2.11	2.11		
61113	AUNTTRDY	FILLO PKT MEXICALI ORG Vg	5 OZ	2.11	2.11		
61114	AUNTTRDY	FILLO PKT MUSHRM LEEK ORG Vg	5 OZ	2.11	2.11		
61116	AUNTTRDY	FILLO PKT RST VEG ORG Vg	5 OZ	2.11	2.11		
61117	AUNTTRDY	FILLO PKT SAMOSA ORG Vg	5 OZ	2.11	2.11		
61110	AUNTTRDY	FILLO PKT SPINACH & FETA ORG	5 OZ	2.11	2.11		
61111	AUNTTRDY	FILLO PKT SPINACH POTATO Vg	5 OZ	2.11	2.11		
61115	AUNTTRDY	FILLO PKT SWEET POTATO ORG Vg	5 OZ	2.11	2.11		
61104	AUNTTRDY	BAKLAVA MAPLE WALNUT ORG Vg s	5.5 OZ	2.99	2.99		
BAHAMA RICE BURGER							
63242	BAHAMA	BURGER RICE JERK SPICY 4PK gf	10 OZ	4.95	4.95		
63243	BAHAMA	BURGER RICE MEDITRRNEAN 4PK gf	10 OZ	4.95	4.95		
63240	BAHAMA	BURGER RICE ORIGINAL 4PK gf	10 OZ	4.95	4.95		
BEANCAKE COMPANY							
62227	BEANCAKE	AFRICAN BEANCAKES CORN 4pk	9.2 OZ	4.54	4.54		
62226	BEANCAKE	AFRICAN BEANCAKES GRN PEA 4pk	9.2 OZ	4.54	4.54		
62228	BEANCAKE	AFRICAN BEANCAKES ONION 4pk	9.2 OZ	4.54	4.54		
62231	BEANCAKE	AFRICAN BEANCAKES ONION bulk	36 CT	1.05	37.80		

Amy's®

PIZZA

Everyone loves pizza: for lunch, dinner, snacks, parties… even for breakfast! And everyone has a favorite.

Amy's Pizzas offer a variety of toppings on light, tender and tasty crusts.

Visit **www.amys.com** to find out more about our family and our products.

About
Blackwing Quality Meats

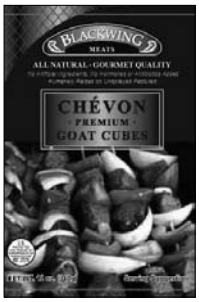
Blackwing is a nationally recognized name in the healthy & organic meat industry. Blackwing has been offering healthy organic meats to retail and wholesale customers in North America for more than 15 years. We know our product... we've been purveyors of healthy meats for more than 15 years.

Chevron Premium Goat

Chevon Goat meat is a delicious and nutritious meat product that many Americans have not experienced. Chevon is high in protein and is lower in saturated fat and cholesterol than chicken, beef, pork, or lamb; therefore, it's a great choice for those who are health-conscious.

Best of all, the flavor is wonderful. Chevon is becoming more and more popular in America and is being made more readily available to consumers.

Chevron Goat Boneless Cubes



A low fat, no carb quick meal is perfect for the grill, skillet or crock pot. Ideal as a stew meat, shish kabob, or an added meat with your salad or pasta.No hormones, or antibiotics and free ranged in clean pastures with clean air & water environment - the only way to raise livestock.

Ingredients: 100% Chevron Goat Meat

Item #65098

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
BEAR POND FARM							
63023	BEARPOND	PESTO FRESH LEMON	6.3 OZ	4.39	4.39		
63269	BEARPOND	PESTO JALAPENO ARTICHOKE	6.3 OZ	4.29	4.29		
63020	BEARPOND	PESTO PREMIUM BASIL	6.3 OZ	4.29	4.29		
63022	BEARPOND	PESTO RICH CILANTRO	6.3 OZ	4.29	4.29		
63270	BEARPOND	PESTO SPICY THAI vg	6.3 OZ	4.29	4.29		
63025	BEARPOND	PESTO TOMATO-GARLIC	6.3 OZ	4.29	4.29		
BERKSHIRE MOUNTAIN							
41332	BERKSHIR	COOKIE SPRTD SPELT CHOC CAFE s	12/2.8 OZ	1.40	16.80		
41333	BERKSHIR	COOKIE SPRTD SPELT GINGR MOL s	12/2.8 OZ	1.40	16.80		
41331	BERKSHIR	COOKIE SPRTD SPELT SWT SEED s	12/2.8 OZ	1.40	16.80	1.12	13.44
41330	BERKSHIR	COOKIE SPRTD SPELT WHT CHOC s	12/2.8 OZ	1.40	16.80	1.19	14.28
BILINSKI'S							
61272	BILINSKI	CHICKEN LITTLES BUFFALO WING	11 OZ	4.44	4.44	2.87	2.87
61273	BILINSKI	CHICKEN LITTLES JALAPENO CHEDR	11 OZ	4.44	4.44	2.87	2.87
61274	BILINSKI	CHICKEN LITTLES TERIYAKI	11 OZ	4.44	4.44	2.99	2.99
61168	BILINSKI	CHICKEN SAUSAGE APPL CHARDNAY	12 OZ	4.44	4.44		
61266	BILINSKI	CHICKEN SAUSAGE APRICOT ROSMRY	12 OZ	4.44	4.44		
61263	BILINSKI	CHICKEN SAUSAGE BUFFALO STYLE	12 OZ	4.44	4.44		
61169	BILINSKI	CHICKEN SAUSAGE CAJUN	12 OZ	4.44	4.44		
61167	BILINSKI	CHICKEN SAUSAGE ITALIAN	12 OZ	4.44	4.44		
61264	BILINSKI	CHICKEN SAUSAGE JALAPENO CHEDR	12 OZ	4.44	4.44		
61170	BILINSKI	CHICKEN SAUSAGE PESTO	12 OZ	4.44	4.44		
61165	BILINSKI	CHICKEN SAUSAGE SPINACH GARLIC	12 OZ	4.44	4.44		
61262	BILINSKI	CHICKEN SAUSAGE SUN DRIED TOM	12 OZ	4.44	4.44		
61265	BILINSKI	CHICKEN SAUSAGE TERIYAKI	12 OZ	4.44	4.44		
61288	BILINSKI	HOT DOGS BEEF NATURAL UNCURED	12 OZ	4.36	4.36		
61175	BILINSKI	ORG CHICK SAUSAGE PORCINI	12 OZ	6.05	6.05		
61176	BILINSKI	ORG CHICK SAUSAGE SPINACH FETA	12 OZ	6.05	6.05		
61267	BILINSKI	ORG CHICK SAUSAGE SWT APPLE	12 OZ	5.70	5.70		
61177	BILINSKI	ORG CHICK SAUSAGE SWT ITALIAN	12 OZ	6.05	6.05		
61269	BILINSKI	ORG CHICK SAUSAGE TANDOORI	12 OZ	5.70	5.70	3.99	3.99
61268	BILINSKI	ORG CHICK SAUSAGE TIKKA MASALA	12 OZ	5.70	5.70	4.99	4.99
61271	BILINSKI	PORK KIELBASA NATURAL SMOKED	12 OZ	4.44	4.44		
BLAKE'S							
61260	BLAKES	CHICKEN PIE no vegetable	8 OZ	2.85	2.85		
62136	BLAKES	CHICKEN POT PIE case pick only	12/8 OZ	2.67	32.04		
61258	BLAKES	CHICKEN POT PIE sngle serve	8 OZ	2.85	2.85		
61259	BLAKES	FAM SIZE CHICKEN POT PIE	26 OZ	5.67	5.67		
61366	BLAKES	MAC & CHEESE BOWTIE W/ VEG s	8 OZ	4.14	4.14	3.31	3.31
61367	BLAKES	MAC & CHEESE W/ CHICK BROC s	8 OZ	4.14	4.14	3.31	3.31
61365	BLAKES	MACARONI & CHEESE s	8 OZ	2.28	2.28	1.82	1.82
61254	BLAKES	ORG CHICKEN PIE no vegetables	8 OZ	4.88	4.88		
61252	BLAKES	ORG CHICKEN POT PIE sngle serv	8 OZ	4.09	4.09		
61256	BLAKES	ORG MAC & BEEF	8 OZ	4.09	4.09		
61257	BLAKES	ORG SHEPARDS PIE	8 OZ	4.09	4.09		
BLACKWING							
65109	BLKWNG	BUFFALO FILET	6 OZ	7.60	7.60		
65111	BLKWNG	BUFFALO GROUND	8 OZ	5.55	5.55		
65113	BLKWNG	BUFFALO GROUND bulk	1#	9.85	9.85		
65110	BLKWNG	BUFFALO GROUND PATTIES	8 OZ	5.55	5.55		
65124	BLKWNG	BUFFALO HOT DOGS	12 OZ	8.70	8.70		
62088	BLKWNG	CHICKEN BREAST ORG	16 OZ	11.45	11.45		
62087	BLKWNG	CHICKEN PATTIES ORG 4/4oz	16 OZ	7.69	7.69		
65126	BLKWNG	ELK GROUND BULK	16 OZ	8.40	8.40		
65127	BLKWNG	ELK STEAK	8 OZ	9.89	9.89		
65098	**BLKWNG**	**GOAT CHEVON BONELESS CUBES**	**12 OZ**	**8.41**	**8.41**	**7.57**	**7.57**
65097	**BLKWNG**	**GOAT CHEVON GROUND**	**16 OZ**	**6.81**	**6.81**	**6.13**	**6.13**
65099	**BLKWNG**	**GOAT CHEVON PATTIES**	**16 OZ**	**6.81**	**6.81**	**6.13**	**6.13**
65100	BLKWNG	OSTRICH FILET	6 OZ	9.25	9.25	7.86	7.86
65112	BLKWNG	OSTRICH GROUND	8 OZ	6.10	6.10		
65108	BLKWNG	OSTRICH GROUND BULK	1#	10.49	10.49		
65105	BLKWNG	OSTRICH GROUND PATTIES	8 OZ	6.10	6.10		
65106	BLKWNG	OSTRICH STEAK STRIPS	6 OZ	7.39	7.39		
61210	BLKWNG	PIEDMONT BEEF GROUND ORG	1#	7.95	7.95	6.76	6.76
61213	BLKWNG	PIEDMONT BEEF NY STRIP ORG	8 OZ	11.00	11.00		
61211	BLKWNG	PIEDMONT BEEF PATTIES ORG 4pk	1#	7.95	7.95		
61214	BLKWNG	PIEDMONT BEEF SIRLOIN STEAK OG	8 OZ	9.85	9.85		
61216	BLKWNG	PIEDMONT BEEF STEAK STRIPS ORG	8 OZ	8.40	8.40		
61215	BLKWNG	PIEDMONT BEEF STEW MEAT ORG	8 OZ	8.40	8.40		
65128	BLKWNG	VENISON GROUND	16 OZ	8.40	8.40		
65129	BLKWNG	VENISON PATTIES 4 pk	16 OZ	8.40	8.40		
65130	BLKWNG	VENISON STEAK	8 OZ	8.50	8.50		
BLUE MANGO VEGGIE BURGERS							
63129	BLUMANGO	VEG BURG BLK BEAN & SPNCH 4pk	18 OZ	5.19	5.19		
63130	BLUMANGO	VEG BURG BLK BEAN & SPNCH bulk	36 CT	1.37	49.32		
BOVE'S							
62119	BOVES	MEATBALLS All Natural Beef	1 #	5.75	5.75		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
BUENATURALS							
62221	BUENATRL	TORTILLAS BLUE CORN 6 in	6/12 CT	1.95	11.70		
60100	BUENATRL	TORTILLAS CORN ORG 6 inch	6/12 CT	1.45	8.70		
61092	BUENATRL	TORTILLAS WHITE ORG 8in	6/6 CT	2.75	16.50		
61093	BUENATRL	TORTILLAS WHL WHT ORG 8in	6/6 CT	2.80	16.80		
61090	BUENATRL	TAMALES GRN CHILE ZUCCHINI 6pk	18 OZ	6.75	6.75		
61091	BUENATRL	TAMALES RED CHILE VEG 6pk	18 OZ	6.75	6.75		
BUENO FOODS							
62065	BUENO	RED CHILE CHIMAYO PUREE	14 OZ	2.79	2.79		
CAPE COD CHOWDER CO.							
60297	CAPECOD	BISQUE LOBSTER s	12 OZ	3.99	3.99		
60295	CAPECOD	CHOWDER CLAM s	12 OZ	3.89	3.89		
60296	CAPECOD	CHOWDER LOBSTER s	12 OZ	5.45	5.45		
65142	CAPECOD	SAUCE PASTA WHITE CLAM s	16 OZ	4.35	4.35		
CASCADIAN FARMS							
60384	CASCAD	FRT BLUEBERRIES ORG	8 OZ	3.83	3.83		
60335	CASCAD	FRT CHERRIES DK SWT PITTED ORG	10 OZ	3.83	3.83		
60373	CASCAD	FRT HARVEST BERRIES ORG	10 OZ	3.83	3.83		
60379	CASCAD	FRT PEACHES SLICED ORG	10 OZ	3.83	3.83		
60372	CASCAD	FRT RASPBERRIES ORG	10 OZ	3.83	3.83		
60371	CASCAD	FRT STRAWBERRIES ORG	10 OZ	3.83	3.83		
60380	CASCAD	JUICE APPLE CONC ORG	12 OZ	3.49	3.49		
60348	CASCAD	JUICE CRANBERRY CKTAIL ORG s	12 OZ	3.49	3.49		
60381	CASCAD	JUICE GRAPE CONC ORG	12 OZ	3.49	3.49		
60386	CASCAD	JUICE LEMONADE CONC ORG	12 OZ	3.49	3.49		
60382	CASCAD	JUICE ORANGE CONC ORG	12 OZ	3.49	3.49		
60364	CASCAD	BOX ASPARAGUS CUTS ORG	9 OZ	3.65	3.65		
60417	CASCAD	BOX CHOPPED SPINACH ORG	10 OZ	3.35	3.35		
60412	CASCAD	BOX FR GR BEAN/ALMD ORG	7.4 OZ	3.05	3.05		
60347	CASCAD	BOX PETITE WHL GREEN BEANS ORG	8 OZ	2.78	2.78		
60414	CASCAD	BOX WINT SQUASH PUREE ORG	10 OZ	3.05	3.05		
60404	CASCAD	GARDEN PEAS ORG	5#	11.60	11.60		
60402	CASCAD	GREEN BEANS ORG	5#	10.35	10.35		
60357	CASCAD	POTATO FRENCH FRIES CRINK ORG	16 OZ	3.19	3.19		
60345	CASCAD	POTATO FRIES SHOESTRING ORG	16 OZ	2.78	2.78		
60365	CASCAD	POTATO FRIES STRAIGHT CUT ORG	16 OZ	2.78	2.78		
60363	CASCAD	POTATO SPUD PUPPIES ORG	16 OZ	2.78	2.78		
60346	CASCAD	POTATO WEDGES ORG	16 OZ	2.78	2.78		
60403	CASCAD	SWEET CORN ORG	5#	10.15	10.15		
60356	CASCAD	VEG BLEND CALIFORNIA ORG	10 OZ	2.26	2.26		
60361	CASCAD	VEG BLEND CHIN STRFRY ORG	10 OZ	2.39	2.39		
60354	CASCAD	VEG BLEND GARDENER'S ORG	10 OZ	2.50	2.50		
60377	CASCAD	VEG BROCCOLI CUTS ORG	16 OZ	2.78	2.78		
60376	CASCAD	VEG GARDEN PEAS ORG	16 OZ	3.35	3.35		
60378	CASCAD	VEG GREEN BEANS ORG	16 OZ	3.35	3.35		
60374	CASCAD	VEG MIXED VEGGIES ORG	16 OZ	2.78	2.78		
60355	CASCAD	VEG PEAS & CARROTS ORG	10 OZ	2.26	2.26		
60375	CASCAD	VEG SWEET CORN ORG	16 OZ	3.35	3.35		
CAVIAR OF MAINE							
60490	CAVIARME	BLUEBERRIES MAINE WILD IQF ORG	1#	4.99	4.99		
CHEBE							
61031	CHEBE	BREAD STICKS w/cheese WF/GF	12 OZ	4.59	4.59		
61035	CHEBE	DOUGH FOR ROLLS WF/GF	12 OZ	4.59	4.59		
61033	CHEBE	PIZZA CRUSTS ONTHEGO WF/GF	10 OZ	4.59	4.59		
61034	CHEBE	SANDWICH BUNS WF/GF 4pk	12 OZ	4.59	4.59	3.44	3.44
CIBO							
60331	CIBO	PESTO ARTICHOKE/LEMON	6 OZ	4.19	4.19		
60332	CIBO	PESTO CLASSIC BASIL	6 OZ	4.19	4.19		
60333	CIBO	PESTO OLIVE & GARLIC	4.8 OZ	4.19	4.19		
60330	CIBO	PESTO RSTD RED PEPPER	6 OZ	4.19	4.19		
60329	CIBO	PESTO SUNDRIED TOMATO	6 OZ	4.19	4.19		
CONTE'S PASTA							
65166	CONTES	GNOCCHI GF	12 OZ	4.49	4.49		
65167	CONTES	PIEROGIES POTAT ONION CHSE GF	12 OZ	6.80	6.80		
65168	CONTES	PIEROGIES POTATO ONION GF	12 OZ	6.06	6.06		
65163	CONTES	RAVIOLI CHEESE GF	12 OZ	6.00	6.00		
65164	CONTES	RAVIOLI SPINACH & CHEESE GF	12 OZ	6.80	6.80		
65165	CONTES	STUFFED SHELLS CHEESE GF	12 OZ	6.05	6.05		
65187	**CONTES**	**PIZZA MARGHERITA BAKE N BAG gf**	**16 OZ**	**7.29**	**7.29**	**6.56**	**6.56**
65169	CONTES	PIZZA MARGHERITA GF	16 OZ	5.25	5.25		
65171	CONTES	PIZZA MUSHROOM FLORENTINE GF	16 OZ	6.11	6.11		
65170	CONTES	PIZZA SHELL GF	2/7 OZ	3.04	6.08		
COOKIEHEAD							
31878	COOKIEHD	BROWNIE DK CHOCOLATE s	6/3.5 OZ	1.33	7.98		
31877	COOKIEHD	BROWNIE DK CHOCOLATE s singles	22/3.5OZ	1.22	26.84		
31879	COOKIEHD	BROWNIE MINI SPRTD CHOC CHIP s	8/9 OZ	3.36	26.88		
31870	COOKIEHD	COOKIE CINN HNY FLAX SNAX s	8/8 OZ	3.29	26.32		
31872	COOKIEHD	COOKIE W/G DK CHOC CHUNK s	30/1.75OZ	.96	28.80		
31868	COOKIEHD	COOKIE W/G COFFEE CHOC ALMND s	7/1.75OZ	1.06	7.42	.79	5.53

BLACKWING QUALITY MEATS

Chevron Goat Ground

Limited supply of ground meat was created for those who wish to use for pastas, meatloaves, or just a burger.

Ingredients: 100% Chevron Goat Meat

Item #65097

Chevron Goat Patties

Ingredients: 100% Chevron Goat Meat

Item #65099

Conte's Margherita Pizza

with Roasted Garlic and Olive Oil

Gluten Free
Wheat Free

After 30 years, we've returned to our roots: Conte's Pizza - made with our award winning tomato sauce, the freshest of cheese's and dough that is too good to believe.

These ingredients combine to provide an excellent meal at an affordable price. Oven to table in ten minutes.

Ingredients:
Crust: Rice flour, Water, Corn Starch, Tapioca Dextrin, Non-Fat Dry Milk, Whole Eggs, Sugar, Salt, Xanthan Gum, Baking Powder, Soybean Oil, Yeast.
Topping: Tomato Sauce (chopped tomatoes, crushed tomatoes, onions, garlic, canola oil, tomato paste, butter, parsley, basil, sugar salt), Mozzarella Cheese (pasteurized part skim milk, culture, salt, enzymes), Romano Cheese (pasteurized sheep's milk, rennet, bacterial culture, salt), Roasted Garlic, Olive Oil.

Contains: Milk, Eggs.

Item #65187

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
COOKIEHEAD - cont.							
31863	COOKIEHD	COOKIE W/G COFFEE CHOC ALMND s	12/6.4 OZ	2.86	34.32	2.29	27.48
31875	COOKIEHD	COOKIE W/G COFFEE CHOC ALMND s	30/1.75OZ	.96	28.80		
31866	COOKIEHD	COOKIE W/G CRANBRY ORNG WLNT s	7/1.75OZ	1.06	7.42	.79	5.53
31873	COOKIEHD	COOKIE W/G CRANBRY ORNG WLNT s	30/1.75OZ	.96	28.80		
31861	COOKIEHD	COOKIE W/G CRANBRY ORNG WLNT s	12/6.4 OZ	2.86	34.32		
31865	COOKIEHD	COOKIE W/G DK CHOC CHUNK s	7/1.75OZ	1.06	7.42	.85	5.95
31860	COOKIEHD	COOKIE W/G DK CHOC CHUNK s	12/6.4 OZ	2.86	34.32		
31867	COOKIEHD	COOKIE W/G HONY MPL WLNT FLX s	7/1.75OZ	1.06	7.42	.79	5.53
31874	COOKIEHD	COOKIE W/G HONY MPL WLNT FLX s	30/1.75OZ	.96	28.80		
31862	COOKIEHD	COOKIE W/G HONY MPL WLNT FLX s	12/6.4 OZ	2.86	34.32		
31869	COOKIEHD	COOKIE W/G PEANUT BUTTR CHOC s	7/1.75OZ	1.06	7.42	.79	5.53
31876	COOKIEHD	COOKIE W/G PEANUT BUTTR CHOC s	30/1.75OZ	.96	28.80		
31864	COOKIEHD	COOKIE W/G PEANUT BUTTR CHOC s	12/6.4 OZ	2.86	34.32		
CRESENT DUCK FARM							
63082	CRESCENT	DUCK BREAST BONELESS 2/bag	2# R/W	10.50	21.00		
63135	CRESCENT	DUCKLING FAT RAW BULK	2# R/W	4.50	9.00	2.99	5.98
63134	CRESCENT	DUCKLING WHOLE LEGS	1# R/W	5.30	5.30		
63080	CRESCENT	DUCKLINGS LONG ISLAND sm	4# R/W	3.10	12.40		
DANCING DEER BAKERY							
63058	DANCING	BROWNIE BLONDIE BAR 4pk s	10 OZ	3.10	3.10	2.32	2.32
61197	DANCING	BROWNIE CARAMEL PECAN 4pk s	10 OZ	3.10	3.10	2.32	2.32
61198	DANCING	BROWNIE CHOC CHUNK 4pk s	10 OZ	3.10	3.10	2.32	2.32
63057	DANCING	BROWNIE PEANUT BUTTER s 4pk	10 OZ	3.10	3.10	2.32	2.32
63040	DANCING	CAKE CHOC ESPRESSO s	16 OZ	5.43	5.43		
63041	DANCING	CAKE DARK GINGERBREAD	16 OZ	5.43	5.43		
61190	DANCING	COOKIES CHERRY ALMD GING s 9pk	10.5 OZ	3.10	3.10	2.32	2.32
61185	DANCING	COOKIES CHOC CHIP s 9pk	10.5 OZ	3.10	3.10	2.32	2.32
61187	DANCING	COOKIES CHOC TANGERINE s 9pk	10.5 OZ	3.10	3.10	2.32	2.32
61189	DANCING	COOKIES MAPLE OATMEAL s 9pk	10.5 OZ	3.10	3.10	2.32	2.32
61186	DANCING	COOKIES MOLASSES CLOVE s 9pk	10.5 OZ	3.10	3.10	2.32	2.32
61192	DANCING	COOKIES MOUNTAIN s 7pk	8.7 OZ	3.10	3.10	2.32	2.32
61188	DANCING	COOKIES SUGAR CANE LIME s 9pk	10.5 OZ	3.10	3.10	2.32	2.32
61199	DANCING	COOKIES TRIPLE CHOC s 9pk	10.5 OZ	3.10	3.10	2.32	2.32
61372	DANCING	SINGLE BROWNIE CARAMEL PECAN s	12/2 OZ	.74	8.88		
61373	DANCING	SINGLE BROWNIE CHOC CHUNK s	12/2 OZ	.74	8.88		
61371	DANCING	SINGLE COOKIE CHOCOLATE CHIP s	12/2 OZ	.74	8.88		
61370	DANCING	SINGLE COOKIE MOLASSES CLOVE s	12/2 OZ	.74	8.88		
DIVINA							
60905	DIVINA	TOMATOES RSTD W/HERBS frozen	64 OZ	23.50	23.50		
DIVINE BURGER							
60430	**DIVINBGR**	**VEGGIE BURGER RICE W/G vg**	**6/4/4 OZ**	**5.95**	**35.70**	**5.35**	**32.10**
DOMINEX							
63053	DOMINX	EGGPLANT BURGER 4ct vg	11 OZ	3.89	3.89		
63054	DOMINX	EGGPLANT CUTLETS vg	16 OZ	3.89	3.89		
DUCKTRAP RIVER FISH FARM							
62128	DUCKTRAP	HERRING CENTER CUT CREAM STYLE	8 OZ	3.47	3.47		
62127	DUCKTRAP	HERRING CENTER CUT IN WINE	8 OZ	3.47	3.47		
60281	DUCKTRAP	PATE SMKD ATLANTIC SALMON	6 OZ	4.94	4.94		
60282	DUCKTRAP	PATE SMKD TROUT low-fat	6 OZ	4.65	4.65		
62240	DUCKTRAP	SMOKED MACKEREL FILLET	7 OZ	5.49	5.49		
62242	DUCKTRAP	SMOKED MACKEREL HERB FILLET	7 OZ	5.49	5.49		
62241	DUCKTRAP	SMOKED MACKEREL PEPPERED FILET	7 OZ	5.49	5.49		
62016	DUCKTRAP	SMOKED MUSSELS	6 OZ	4.89	4.89		
60293	DUCKTRAP	SMOKED SALMON ATLANTIC trim	16 OZ	7.99	7.99		
60284	DUCKTRAP	SMOKED SALMON SLCD ATL vac	4 OZ	6.50	6.50		
62018	DUCKTRAP	SMOKED SCALLOPS	6 OZ	5.85	5.85		
62017	DUCKTRAP	SMOKED SHRIMP	6 OZ	6.15	6.15		
60283	DUCKTRAP	SMOKED TROUT FILLET 2pc	1# R/W	14.25	14.25		
DUFOUR							
62214	DUFOUR	APPETIZER CHEESECAKE ARTICHOKE	7 OZ	9.87	9.87		
60744	DUFOUR	APPETIZER STILTON W/CRANBERRY	5.4 OZ	9.35	9.35		
62213	DUFOUR	APPETIZER TSTD PECAN & SQUASp	12/5.8 OZ	8.79	105.48		
60742	DUFOUR	APPETIZER 4 CHEESE & RST GAR	5.6 OZ	8.89	8.89		
60740	DUFOUR	PUFF PASTRY all butter UNBL	14 OZ	8.25	8.25		
60626	DUFOUR	PUFF PASTRY CHOCOLATE s	14 OZ	8.35	8.35		
62215	DUFOUR	TART SHELLS 1 1/2 inch 12ct	2.5 OZ	6.60	6.60		
ECOFISH							
60589	ECOFISH	SALMON ALASKA FILLET 4oz KETA	2# R/W	8.60	17.20	6.88	13.76
EVEN BETTER EATING							
60912	EVERBTR	PIZZA DOUGH 12in BAVARIAN 6 gr	16 OZ	1.14	1.14		
60913	EVERBTR	PIZZA DOUGH 12in SOURDOUGH	16 OZ	1.14	1.14		
EVERGREEN WHEATGRASS							
60132	EVERGR	WHEATGRASS JUICE ORG	20/.6 OZ	.69	13.80		
FAT BOY COOKIE COMPANY							
60270	FATBOY	COOKIE DOUGH CHOC CHUNK k s	14 OZ	5.19	5.19		
60271	FATBOY	COOKIE DOUGH OATMEAL RAISN k s	14 OZ	5.19	5.19		
60272	FATBOY	COOKIE DOUGH PB CHOC CHUNK k s	14 OZ	5.19	5.19		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
FIELD ROAST							
FOOD SERVICE							
63223	FIELDRSB	CUTLET COCONUT vg	48/3.8 OZ	1.30	62.40	1.17	56.16
63218	FIELDRSB	CUTLET HAZELNUT HERB vg	48/3.8 OZ	1.30	62.40		
63220	FIELDRSB	LOAF SMOKED TOMATO vg	2#	4.72	9.44		
63219	FIELDRSB	LOAF WILD MUSHROOM vg	2#	4.72	9.44		
RETAIL							
63216	FIELDRST	CELEBRATION ROAST vg	1 #	5.86	5.86		
63222	FIELDRST	CLASSIC MEATLOAF vg	1#	5.95	5.95		
63213	FIELDRST	SAUSAGE ITALIAN vg	12.95 OZ	4.59	4.59		
63214	FIELDRST	SAUSAGE MEXICAN CHIPOTLE vg	12.95 OZ	4.59	4.59		
63215	FIELDRST	SAUSAGE SMOKED APPLE SAGE vg	12.95 OZ	4.59	4.59		
FILLO FACTORY							
60164	FILLOFACT	FILLO DOUGH ORG (13x18)	16 OZ	3.10	3.10		
60156	FILLOFACT	FILLO DOUGH SPELT ORG	16 OZ	4.25	4.25		
60157	FILLOFACT	FILLO DOUGH WW ORG	16 OZ	3.30	3.30		
60167	FILLOFACT	PASTRY SHELL/LG 3in ORG	6 PCS	3.30	3.30		
60166	FILLOFACT	PASTRY SHELL/MIN 1.5in ORG	15 PCS	2.45	2.45		
60159	FILLOFACT	APPETIZER ASSTD VEGAN ORG	10 OZ	4.39	4.39		
60158	FILLOFACT	APPETIZER ASSTD VEGE ORG	10 OZ	4.39	4.39		
65154	FILLOFACT	APPETIZER BRIE&RSP FILO ROLL s	8.75 OZ	4.47	4.47		
60162	FILLOFACT	APPETIZER MINI ASST 4 flavors	40 PCS	12.45	12.45		
60163	FILLOFACT	APPETIZER SPINACH/CHEESE	12 OZ	4.29	4.29		
60169	FILLOFACT	PIE BROCCOLI & CHEDDAR	24 OZ	5.19	5.19		
65157	FILLOFACT	PIE EGGPLANT & RED PEPPER vg	24 OZ	5.19	5.19		
60168	FILLOFACT	PIE SPINACH & CHEESE	24 OZ	5.19	5.19		
65156	FILLOFACT	PIE SPINACH & FETA ORG	10 OZ	3.75	3.75		
60155	FILLOFACT	TURNOVER APPLE ORG Vg/YstFree	12 OZ	4.39	4.39		
FOOD FOR LIFE							
61080	FOODLIFE	BREAD 7GRAIN SPRTD WHT ORG	24 OZ	4.29	4.29		
61010	FOODLIFE	BREAD BROWN RICE WF/GF	24 OZ	4.85	4.85		
61011	FOODLIFE	BREAD CINN RSN 7 GRAIN ORG	24 OZ	4.90	4.90		
61075	FOODLIFE	BREAD EZEKIEL 4:9 SPRTD ORG	24 OZ	4.29	4.29		
61012	FOODLIFE	BREAD EZEKIEL SESAME ORG	24 OZ	4.29	4.29		
62272	FOODLIFE	BREAD MILLET gf/wf	24 OZ	5.24	5.24		
62271	FOODLIFE	BREAD RICE ALMOND gf/wf	24 OZ	5.75	5.75		
61078	FOODLIFE	BREAD RICE/PECAN WF/GF	24 OZ	4.85	4.85		
62270	FOODLIFE	BREAD WHITE RYE wf	16 OZ	3.69	3.69		
61076	FOODLIFE	BURGER BUNS SPRTD WHT ORG	6 BUNS	3.52	3.52		
61081	FOODLIFE	ENGLISH MUFFINS ORG 7 grain	16 OZ	3.79	3.79	3.03	3.03
62120	FOODLIFE	ENGLISH MUFFINS ORG EZEKIAL	16 OZ	3.79	3.79	3.03	3.03
62122	FOODLIFE	ENGLISH MUFFINS ORG GENESIS	16 OZ	4.25	4.25	3.40	3.40
62121	FOODLIFE	ENGLISH MUFFINS ORG RAISIN EZK	16 OZ	4.25	4.25	3.40	3.40
61077	FOODLIFE	HOTDOG ROLLS SPRTD WHT ORG	6 BUNS	3.52	3.52		
61082	FOODLIFE	POCKET BREAD EZEKIEL 4:9	12/10 OZ	2.35	28.20		
62274	FOODLIFE	TORTILLA BROWN RICE GRN wf/gf	12/12 OZ	2.79	33.48		
62273	FOODLIFE	TORTILLA EZEKIEL WHL GRN TACO	12/12 OZ	2.59	31.08		
61085	FOODLIFE	TORTILLAS EZEKIEL YF ORG	12/12 OZ	2.85	34.20		
62123	FOODLIFE	TORTILLAS SPROUTED CORN ORG	12/10 OZ	2.80	33.60	2.24	26.88
60751	FOODLIFE	CHICKEN NUGGETS STYLE veg	10 OZ	4.09	4.09		
60750	FOODLIFE	CHICKEN PATTIES STYLE veg	10 OZ	3.99	3.99		
FOUR TINES							
60860	FOURTINE	BRAZILIAN STUFFED PEPPER gf v	12/7.5 OZ	3.93	47.16		
60867	FOURTINE	CAULIFLOWER TIMBALES gf v	12/8 OZ	3.80	45.60		
60864	FOURTINE	EGGPLANT PESTO ROLLS gf v	12/6 OZ	3.93	47.16		
60861	FOURTINE	EGGPLANT SARDA gf v	12/8 OZ	3.93	47.16		
60866	FOURTINE	LEEK TIMBALES gf v	12/8 OZ	3.80	45.60		
60865	FOURTINE	SPANAKOPITA TIMBALES gf v	12/7 OZ	3.80	45.60		
60863	FOURTINE	VEGETABLE TAGINE gf vg	12/8 OZ	3.67	44.04		
60862	FOURTINE	ZUCCHINI TOM & FENL TIAN gf v	12/8 OZ	3.93	47.16		
FRENCH MEADOW BAKERY							
60661	FRNCHMD	BAGEL SPELT WF ORG Vg	17 OZ	5.99	5.99		
60664	FRNCHMD	BAGEL SPRTD EZEKIEL ORG Vg	17 OZ	5.19	5.19		
60655	FRNCHMD	BREAD EUROPEAN WF RYE ORG Vg	16 OZ	3.79	3.79		
60650	FRNCHMD	BREAD SPELT WF ORG Vg	24 OZ	5.45	5.45		
GAGNE'S ROBINHOOD FREE MEETINGHOUSE							
60209	GAGNE'S	BISCUITS 5 HERB PARM s 6pk	16 OZ	3.69	3.69		
60208	GAGNE'S	BISCUITS 72-LYER CRM CHS s 6pk	16 OZ	3.64	3.64		
63144	GAGNE'S	BISCUITS CRM CHS Food Service	96 CT	.53	50.88		
62137	GAGNE'S	CINNAMON ROLLS CRM CHS s 6pk	16 OZ	3.64	3.64		
63146	GAGNE'S	CINNAMON ROLLS Food Service	48 CT	.84	40.32		
63226	GAGNE'S	PECAN STICKY BUNS 4CT s	13 OZ	3.64	3.64		
62430	GAGNE'S	TURNOVERS WILD ME BLUEBERRY s	12 OZ	3.62	3.62		
GARDENBURGER							
60681	GARBRG	BURGER BLACKBEAN vg	10 OZ	3.69	3.69		
60680	GARBRG	BURGER ORIGINAL	10 OZ	3.69	3.69		
60686	GARBRG	BURGER SAVORY MUSHROOM	10 OZ	3.69	3.69		
60684	GARBRG	BURGER SUNDRD TOMATO BASIL	10 OZ	3.69	3.69		

Divine Café & Grille

The Divine Burger - Gourmet Vegan Rice Burger

Our Mission

Nourish the Body, Respect the Earth

At **Divine** we offer wholesome, all natural, minimally processed vegan fare that tastes really good. We recycle, reuse, compost and practice green principles as often as possible.

Reinventing the Veggie Burger, One Pack at a Time!

Home of the **Divine Burger**... an all-natural vegan rice burger made at the cafe. Since our opening in August of 2007, guests have enjoyed this wonderful veggie burger made from Lundberg Family Farms Organic Rice.

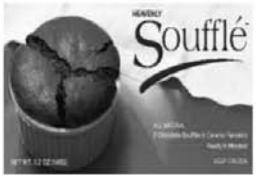
The **Divine Burger** has a crunchy outside with a hearty Mediterranean flavor on the inside...you're sure to enjoy this vegan delight!!

(continued on pae 49)

HEAVENLY Soufflé™

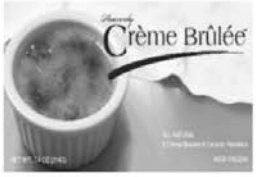
All-Natural,
Single Serving Desserts,
frozen in ceramic ramekins

No fuss, No Mess...
Let us do all the work



Chocolate Soufflé

Pumpkin Soufflé



Crème Brulee

- All-Natural
- Kosher
- Frozen

RW DELIGHTS

Please visit us at
www.heavenlysouffle.com
info@heavenlysouffle.com

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
GARDENBURGER - cont.							
60683	GARBRG	BURGER VEGAN Fat/Free	10 OZ	3.42	3.42		
60682	GARBRG	BURGER VEGGIE MEDLEY vg	10 OZ	3.69	3.69		
GILBERT'S GOURMET GOODIES							
63235	GILBERTS	COOKIE CC BROWNIE gf df pf s	12/2.5 OZ	1.29	15.48		
63237	GILBERTS	COOKIE CC BROWNIE gf df pf s k	7 OZ	3.59	3.59		
63193	GILBERTS	COOKIE CHOC CHIP gf/df/pf s k	12/ 2.5 OZ	1.29	15.48		
63196	GILBERTS	COOKIE CHOC CHIP gf/df/pf s k	7 OZ	3.59	3.59		
63234	GILBERTS	COOKIE KOOKY COCO gf df pf s k	12/2.5 OZ	1.29	15.48		
63236	GILBERTS	COOKIE KOOKY COCO gf df pf s k	7 OZ	3.59	3.59		
63194	GILBERTS	COOKIE SNICKRDLE gf/df/pf s k	12/ 2.5 OZ	1.29	15.48		
63197	GILBERTS	COOKIE SNKRDLE gf/df/pf s k	7 OZ	3.59	3.59		
63195	GILBERTS	COOKIE SUGAR gf/df/pf s k	12/ 2.5 OZ	1.29	15.48		
63198	GILBERTS	COOKIE SUGAR gf/df/pf s k	7 OZ	3.59	3.59		
63199	GILBERTS	DOUGH COOKE C CHP gf/df/pf s k	16 OZ	4.50	4.50		
63200	GILBERTS	DOUGH COOKE SUGAR gf/df/pf s k	16 OZ	4.15	4.15		
GILLIAN'S							
60450	GILLIAN	BREAD GARLIC gf df v	6 OZ	2.97	2.97	2.38	2.38
60328	GILLIAN	ENGLISH MUFFINS gf df	7 OZ	2.44	2.44		
60326	GILLIAN	LOAF SANDWICH gf df v s	18 OZ	4.27	4.27		
60327	GILLIAN	PIZZA CRUST 7in gf df s	2/4.5 OZ	2.85	2.85		
60324	GILLIAN	PIE CRUST wf/gf 9 in s	6/2 PK	3.55	21.30		
60323	GILLIAN	PIZZA DOUGH wf/gf s	16 OZ	3.79	3.79		
60322	GILLIAN	ROLLS CINN/RAISIN wf/gf s	6ROLLS	4.75	4.75		
60320	GILLIAN	ROLLS FRENCH wf/gf s	6ROLLS	4.35	4.35		
60321	GILLIAN	ROLLS ONION wf/gf s	6ROLLS	4.35	4.35		
60451	GILLIAN	COOKIE DOUGH CHOC CHIP gf vg s	12 OZ	3.80	3.80		
60452	GILLIAN	COOKIE DOUGH SUGAR gf vg s	12 OZ	3.57	3.57		
GLUTEN FREEDA							
60510	GLUTENFR	BURRITO BREAKFAST BEEF gf	4 OZ	2.77	2.77		
60511	GLUTENFR	BURRITO CHICKEN CHEESE gf	4 OZ	2.77	2.77		
60512	GLUTENFR	BURRITO VEG BEAN CHEESE gf	4 OZ	2.77	2.77		
60513	GLUTENFR	BURRITO VEG gf df	4.5 OZ	2.77	2.77		
GOOD TASTE							
61351	GOODTAST	MAC & CHEESE BRIE & FIG	24 OZ	6.75	6.75		
61353	GOODTAST	MAC & CHEESE FOUR CHEESE	24 OZ	6.75	6.75		
GOOD WIVES							
61352	GOODTAST	MAC & CHEESE WILD MUSHROOM	24 OZ	6.75	6.75		
65014	GOODWIVE	MINI FLATBREAD SPIN/GOAT CHS	8.8 OZ	6.92	6.92		
65001	GOODWIVE	MINI PUFF PASTRY BRIE EN CROUT	9.1 OZ	8.43	8.43		
65004	GOODWIVE	MINI PUFF PASTRY CRAB	6 OZ	7.67	7.67		
65002	GOODWIVE	MINI PUFF PASTRY SPIN PESTO	7.2 OZ	7.12	7.12		
65000	GOODWIVE	MINI QUICHE ASPARAGUS	10 OZ	7.32	7.32		
63083	GOODWIVE	MINI QUICHE MUSHROOM 12ct	8.8 OZ	7.77	7.77		
65009	GOODWIVE	PROFITEROLES MUSHROOM	5.6 OZ	7.46	7.46		
62077	GOODWIVE	STILTON & CRAN RELISH en CROUT	8.3 OZ	8.58	8.58		
62076	GOODWIVE	TARTLET CHS SPINACH & GARLIC	9.3 OZ	7.22	7.22		
65026	GOODWIVE	TARTLET SHIITAKE SPINACH	10 OZ	9.99	9.99		
65028	GOODWIVE	TORTILLA TRMPT CHILE CON QUESO	9.1 OZ	7.46	7.46		
63189	GOODWIVE	PUFF PASTRY	16 OZ	4.48	4.48		
GRAINAISSANCE							
60170	GRAINAIS	MOCHI PLAIN wf/gf/df	12.5 OZ	3.29	3.29		
60171	GRAINAIS	MOCHI RAISIN CINNAMON wf/gf/df	12.5 OZ	3.29	3.29		
8788	GRAINAIS	AMAZAKE ALMOND SHAKE gf	16 OZ	2.95	2.95		
61087	GRAINAIS	AMAZAKE GIMME GREEN gf	16 OZ	2.95	2.95		
8791	GRAINAIS	AMAZAKE HAZELNUT gf	16 OZ	3.09	3.09		
HEAVENLY SOUFFLE							
61121	HEAVENLY	SOUFFLE CHOC MINT 2PK k s	6/5.2 OZ	4.75	28.50	3.95	23.70
61120	HEAVENLY	SOUFFLE CHOCOLATE 2PK k s	6/5.2 OZ	4.75	28.50		
61123	HEAVENLY	SOUFFLE CREME BRULEE 2PK k s	6/5.2 OZ	4.75	28.50		
61122	HEAVENLY	SOUFFLE PUMPKIN 2PK k s	6/5.2 OZ	4.75	28.50		
HENRY & LISA'S							
60671	HENRY&LISA	BAY SCALLOPS W/JAPANESE GLAZEs	9 OZ	7.20	7.20		
60667	HENRY&LISA	SALMON WILD W/ASIAN MARINADE	9 OZ	7.19	7.19		
63085	HENRY&LISA	SHRIMP UNCOOKED WHITE	8 OZ	7.45	7.45		
63084	HENRY&LISA	WILD ALASKAN FISH NUGGETS	12 OZ	5.20	5.20		
63202	HENRY&LISA	WILD ALASKAN FISH NUGGETS GF	12 OZ	6.18	6.18		
61130	HENRY&LISA	WILD ALASKAN SALMON 20/4oz	5#	14.00	70.00		
60625	HENRY&LISA	WILD ALASKAN SALMON BURGERS	12.8 OZ	5.75	5.75	5.18	5.18
HOT MAMA'S							
60220	HOTMAMA	HUMMUS GARLIC ORG	16 OZ	3.38	3.38		
60213	HOTMAMA	HUMMUS GARLIC ORG	8 OZ	2.02	2.02		
60217	HOTMAMA	HUMMUS LEMON PEPPERCORN ORG	8 OZ	2.02	2.02		
60219	HOTMAMA	HUMMUS ORIGINAL ORG	16 OZ	3.38	3.38		
60212	HOTMAMA	HUMMUS ORIGINAL ORG	8 OZ	2.02	2.02		
60218	HOTMAMA	HUMMUS ROASTED GARLIC ORG	16 OZ	3.38	3.38		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
IAN'S ALL NATURAL							
60735	IANS	KIDS MEAL CHICKEN NUGGETs	7 OZ	3.50	3.50		
60700	IANS	CHICKEN NUGGETS ORG	8 OZ	4.67	4.67		
60739	IANS	CHICKEN NUGGETS wf/gf	8 OZ	4.67	4.67		
60702	IANS	CHICKEN PATTIES	7 OZ	4.67	4.67	4.20	4.20
60703	IANS	FISH STICKS CRUNCHY	8 OZ	4.28	4.28		
60741	IANS	FISH STICKS wf/gf	8 OZ	4.67	4.67		
60713	IANS	ALPHA TOTS	12 OZ	2.71	2.71		
60709	IANS	ONION RINGS	12 OZ	3.13	3.13		
60705	IANS	SWEET POTATO FRIES	16 OZ	3.13	3.13		
INDIANLIFE							
62163	INDIANLF	CHAPATI 5pk 11in	17.6 OZ	4.40	4.40		
62157	INDIANLF	NAAN GARLIC 6pk	17.64 OZ	4.55	4.55		
62158	INDIANLF	NAAN PLAIN 6pk	17.64 OZ	4.55	4.55		
62160	INDIANLF	NAAN TANDOORI 6pk	17.64 OZ	4.55	4.55		
62151	INDIANLF	PAKORAS MIXED VEGETABLE	14.1 OZ	5.85	5.85		
62150	INDIANLF	SAMOSA MIXED VEGETABLE	14.1 OZ	5.85	5.85		
IZZY'S CHEESECAKE							
61426	IZZYS	CHEESECAKE NAT APPLE CRISP s	16 OZ	6.90	6.90		
61421	IZZYS	CHEESECAKE NAT MAINE BLUEBRY s	16 OZ	6.90	6.90		
61420	IZZYS	CHEESECAKE NAT PLAIN s	16 OZ	6.90	6.90		
61424	IZZYS	CHEESECAKE NAT PUMPKIN s	16 OZ	6.90	6.90		
61422	IZZYS	CHEESECAKE NAT RASPBRY SWIRL s	16 OZ	6.90	6.90		
61423	IZZYS	CHEESECAKE NAT TRIPLE CHOC s	16 OZ	6.90	6.90		
61425	IZZYS	CHSCAKE EGGLS COMBO PLN & CHOC	9 OZ	4.66	4.66	3.99	3.99
JYANG-LEE							
65134	JYANG LEE	CRAB RANGOON	15 CT	6.89	6.89		
65136	JYANG LEE	DUMPLINGS TURKEY	12 CT	6.89	6.89	5.86	5.86
65131	JYANG LEE	DUMPLINGS VERY VEGGIE	12 CT	6.89	6.89		
65133	JYANG LEE	EGG ROLLS MAINELY TURKEY	6 CT	6.89	6.89	4.99	4.99
65135	JYANG LEE	WONTONS TURKEY STUFFED	16 CT	6.89	6.89		
KETTLE CUISINE							
61302	KETTLE C	CHILI ANGUS BEEFSTK gf	10 OZ	2.69	2.69		
61300	KETTLE C	CHOWDER NE CLAM gf	10 OZ	2.69	2.69		
61303	KETTLE C	SOUP CARROT&CORIANDER ORG gf	10 OZ	2.69	2.69	1.99	1.99
61301	KETTLE C	SOUP CHICKEN W/RICE NOODLES gf	10 OZ	2.69	2.69		
61304	KETTLE C	SOUP MSHRM&POTATO W/CRM ORG gf	10 OZ	2.69	2.69		
61305	KETTLE C	SOUP ROASTED VEGETABLE gf vg	10 OZ	2.69	2.69		
61306	KETTLE C	SOUP TOMATO W/GRDN VEG gf vg	10 OZ	2.69	2.69		
LAGNIAPPE							
63281	LAGNIAPP	BURGER SALMON	2/4 OZ	4.11	4.11		
63275	LAGNIAPP	SAUSAGE SEAFOOD ITALIAN	12 OZ	6.27	6.27	5.33	5.33
63276	LAGNIAPP	SAUSAGE SEAFOOD TUSCAN	12 OZ	6.27	6.27		
LAZY CHEF							
60206	LAZYCHEF	PESTO GARLIC + TST PECAN	6.25 OZ	3.48	3.48		
61220	LAZYCHEF	PESTO SUNDRIED TOM MOZZARELLA	6.5 OZ	3.48	3.48	2.59	2.59
60205	LAZYCHEF	PESTO TRADITIONAL	6.5 OZ	3.48	3.48		
LIGHTLIFE							
5435	LIGHTLIF	FAKIN' BACON bulk	4 X 1.5#	16.25	65.00		
5455	LIGHTLIF	LEAN LINKS BREAKFAST frozen	6 OZ	2.55	2.55	1.91	1.91
60136	LIGHTLIF	SMART GROUND MEATLESS	12 OZ	3.10	3.10	2.29	2.29
60134	LIGHTLIF	SMART MENU CHICKEN STRIPS	6 OZ	3.29	3.29		
90185	LIGHTLIF	SMART SAUSAGE CHORIZO	12 OZ	3.97	3.97		
90186	LIGHTLIF	SMART SAUSAGE ITALIAN s	12 OZ	3.97	3.97		
5470	LIGHTLIF	SMART SLICES BOLOGNA s	6 OZ	2.44	2.44		
5472	LIGHTLIF	SMART SLICES COUNTRY HAM s	6 OZ	2.44	2.44		
5474	LIGHTLIF	SMART SLICES RST TURKEY s	6 OZ	2.44	2.44		
5438	LIGHTLIF	SOY RICE TEMPEH ORG	5X2#	8.50	42.50		
LING LING							
60676	LINGLING	POTSTICKER CHICKEN	15 OZ	4.29	4.29		
60677	LINGLING	POTSTICKER VEGETABLE Vg	13 OZ	4.29	4.29		
60674	LINGLING	SPRING ROLL MINI CHICKEN	11 OZ	4.29	4.29		
60675	LINGLING	SPRING ROLL MINI VEGETBLE Vg	11 OZ	4.29	4.29		
LIZ LOVE							
62023	LIZ LOVE	COOKIES GINGER SNAPDRAGON Vg s	12/2 PK	3.17	38.04		
MANNA ORGANICS - FORMERLY LISTED UNDER NATURE'S PATH							
60580	MANNAORG	MANNA BREAD CARROT/RSN ORG	14 OZ	3.53	3.53		
60585	MANNAORG	MANNA BREAD CINN DATE ORG	14 OZ	3.53	3.53		
60581	MANNAORG	MANNA BREAD FRUIT & NUT ORG	14 OZ	3.53	3.53		
60584	MANNAORG	MANNA BREAD MILLET RICE ORG	14 OZ	3.53	3.53		
60583	MANNAORG	MANNA BREAD MULTIGRAIN ORG	14 OZ	3.53	3.53		
60587	MANNAORG	MANNA BREAD WHL RYE ORG	14 OZ	3.53	3.53		
60586	MANNAORG	MANNA BREADSUNSEED ORG	14 OZ	3.53	3.53		
60602	MANNAORG	TSTR WAFFLES BUCKWHT WILDBRRY	7.5 OZ	3.02	3.02		
60600	MANNAORG	TSTR WAFFLES FLAX PLU	11 OZ	3.02	3.02		
MARIA & RICARDO'S							
60193	MARIA&RI	10in WHITE FLOUR WRAP 12/6	12/15.7 OZ	1.81	21.72		
60190	MARIA&RI	GORDITA 6in WHITE k	10/14.7 OZ	1.81	18.10		

Divine Café & Grille

The Divine Burger - Gourmet Vegan Rice Burger

continued

- All Natural & Vegan
- Manufactured in a Facility that Uses Green Principles as Often as Possible
- Fabulous Flavor and Satisfying…the Meat Eaters Even Like It!
- Made in the Northeast (New Hampshire)
- Zero Cholesterol & Zero Trans Fat
- Hand Pattied by Some Earthy Folks at a Small Cafe
- Lots of Organic Ingredients No Preservatives
- Gourmet…it's much fancier than other veggie burgers
- Larger than Most Veggie Burgers 4 oz.
- Made from Lundberg Family Farms Organic Rice

Ingredients: Organic Vegetable Broth, Organic Brown Rice, Organic Wild Rice, Soybean Oil, Whole Grain Oat Flour, Fresh Lemon Juice, Vegan Egg Replacer, Masa Harina Corn Flour, Spices, Sea Salt, Love.

Contains: Soy & Wheat

Item #60430

About

Po' Boys & Pickles

Po' Boys and Pickles is a tiny New Orleans style sandwich shop in Portland, Maine.

What you'll find in our gumbo are the same delicious ingredients we serve to our customers every day – all natural chicken, fresh Maine shrimp, and smoked andouille sausage.

In our first year of being open we sold over 4,500 servings, and made a lot of New Englanders fans of true southern home cooking.

"Gumbo for Good" - After the Gulf oil spill of 2010, we knew it was time to give back to the place that inspired us so much.

For as long as we're selling it, 10% of all profits made through our gumbo products will go to the Greater New Orleans Foundation's Fund for Gulf Coast Clean Up and Preservation.

The Greater New Orleans Foundation

New Orleans, LA – In response to what may become the nation's worst environmental disaster in decades, the Greater New Orleans Foundation has opened the Gulf Coast Oil Spill Fund. Proceeds from this fund will support work that helps the communities most affected by the oil spill in Plaquemines, St. Bernard, and lower Jefferson Parishes.

As for long-term recovery efforts, the Gulf Coast Oil Spill Fund will help strengthen coastal communities against future environmental catastrophes such as BP's Horizon oil spill which occured on April 20, 2010.

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
MARIA & RICARDO'S - cont.							
60566	MARIA&RI	ORG TORTILLAS 10in WHITE	10/12CT	4.10	41.00		
60563	MARIA&RI	ORG TORTILLAS 12in WHITE	10/12 CT	4.99	49.90		
60564	MARIA&RI	ORG TORTILLAS 12in WHL WHT	10/12 CT	5.49	54.90		
60576	MARIA&RI	TORT ASST WHT/GAR/TOM/SP/WHFLR	5/12 CT	3.96	19.80		
60575	MARIA&RI	TORTILLA 6in CORN Retail pk	12/12 CT	1.49	17.88		
60192	MARIA&RI	TORTILLA 6in WW LOW CARB l/f	16/7.9 OZ	1.81	28.96	1.63	26.08
60191	MARIA&RI	TORTILLA 8in WHITE gf s k v	16/9.1 OZ	2.60	41.60		
60570	MARIA&RI	TORTILLA 8in WHITE Retail pk	12/8CT	2.25	27.00		
60571	MARIA&RI	TORTILLA 8in WH-WHT Retail pk	12/8 CT	2.35	28.20		
60574	MARIA&RI	TORTILLAS 10in GARLIC & HERB	10/12 CT	3.91	39.10		
60561	MARIA&RI	TORTILLAS 10in SPINACH	10/12 CT	3.91	39.10		
60562	MARIA&RI	TORTILLAS 10in TOMATO	10/12 CT	3.91	39.10		
60568	MARIA&RI	TORTILLAS 10in WHITE FLR	10/12 CT	3.85	38.50		
60569	MARIA&RI	TORTILLAS 10in WHL WHT	10/12 CT	3.55	35.50		
MERRILL WILD BLUEBERRIES							
60500	MERRILL	BLUEBERRIES WILD MAINE IQF ORG	5#	3.60	18.00		
MIMI'S GOURMET							
62068	MIMI	CHILI 3 BEAN & RICE ORG	11.5OZ	3.39	3.39		
62066	MIMI	CHILI BLACK BEAN & CORN ORG	10.5OZ	3.39	3.39		
62067	MIMI	CHILI WHITE BEAN & JALAPNO ORG	10.5OZ	3.39	3.39		
MOON HILL FARM							
60508	MOONHILL	BLUEBERRIES MAINE WILD ORG	16 OZ	5.25	5.25	4.46	4.46
MT. OLIVE							
62002	MTOLIVE	FALAFEL PATTIES	16 OZ	5.75	5.75		
62003	MTOLIVE	FALAFEL STICKS PREFRIED	7 OZ	3.85	3.85		
MULTIWISE							
60240	MULTIWIS	CHICKEN TENDERS MULTIGRAIN df	8 OZ	5.55	5.55	4.72	4.72
60241	MULTIWIS	CHICKEN TENDERS MULTIGRAIN df	19 OZ	9.65	9.65	7.69	7.69
60243	MULTIWIS	temp n/a CHICKEN BURGERS MULTI	7 OZ	4.70	4.70		
60242	MULTIWIS	temp n/a CHICKEN NUGGETS MULTI	8 OZ	4.70	4.70		
60244	MULTIWIS	temp n/a SAMOSA TRADITIONAL vg	13 OZ	5.59	5.59		
MURRAY'S							
61028	MURRAY	BULK CHICKEN BREAST BNLS/SKNLS	10# R/W	5.40	54.00		
61027	MURRAY	CHICKEN BACON (48 DAYS THAWED)	8 OZ	3.00	3.00		
61021	MURRAY	CHICKEN BREAST BNLS/SKINLESS	1# R/W	5.84	5.84		
61022	MURRAY	CHICKEN BREAST SPLIT	1-2# R/W	3.85	7.70		
61015	MURRAY	CHICKEN GROUND	1# R/W	4.76	4.76		
61024	MURRAY	CHICKEN LEGS	1# R/W	2.43	2.43		
61018	MURRAY	CHICKEN LIVERS	1# R/W	2.29	2.29		
61239	MURRAY	CHICKEN SAUSAGE CAJUN	1#	5.69	5.69		
61238	MURRAY	CHICKEN SAUSAGE HOT ITALIAN	1#	5.69	5.69		
61237	MURRAY	CHICKEN SAUSAGE SD TOMATO	1#	5.69	5.69		
61240	MURRAY	CHICKEN SAUSAGE SPIN GARLIC	1#	5.69	5.69		
61236	MURRAY	CHICKEN SAUSAGE SWT ITALIAN	1#	5.69	5.69		
61026	MURRAY	CHICKEN THIGHS	1# R/W	2.43	2.43		
61020	MURRAY	CHICKEN WHOLE	4-7# R/W	2.60	10.40		
61025	MURRAY	CHICKEN WHOLE FRYER	3-5# R/W	2.60	10.40		
61023	MURRAY	CHICKEN WINGS	1.5# R/W	2.82	5.64		
61017	MURRAY	TURKEY BURGERS 4pk	4/4OZ	5.75	5.75		
61016	MURRAY	TURKEY GROUND	1# R/W	5.25	5.25		
NAKED NUGGETS							
62330	NAKEDNUG	CHICKEN NUGGETS GRILLED gf	12 OZ	5.86	5.86		
NATE'S NUGGETS							
65020	NATES	MEATBALLS MEATLESS CLASSIC	12 OZ	4.21	4.21		
65022	NATES	MEATBALLS MEATLESS ITALIAN	12 OZ	4.21	4.21		
65021	NATES	MEATBALLS MEATLESS MUSHROOM	12 OZ	4.21	4.21		
NATURAL SEA							
60185	NATSEA	FISH STICKS WW	8 OZ	5.85	5.85		
NEW HARVEST NATURALS							
60481	NEWHARV	CHICKEN MEATBALLS ITALIAN gf	12 OZ	3.95	3.95		
60480	NEWHARV	CHICKEN MEATBALLS TRAD gf	12 OZ	3.95	3.95	2.95	2.95
NEW SALEM TEA BREAD COMPANY							
63089	NEWSALEM	TEA BREAD ALMOND ORANGE s	16 OZ	3.29	3.29		
63091	NEWSALEM	TEA BREAD BANANA s	16 OZ	3.29	3.29		
63092	NEWSALEM	TEA BREAD BLUEBRY VANILLA s	16 OZ	3.29	3.29		
63096	NEWSALEM	TEA BREAD CARROT RAISIN s	16 OZ	3.29	3.29		
63093	NEWSALEM	TEA BREAD LEM POPPY LF s	16 OZ	3.29	3.29		
63088	NEWSALEM	TEA BREAD LEMON s	16 OZ	3.29	3.29		
63090	NEWSALEM	TEA BREAD ORANGE CRANBERRY s	16 OZ	3.29	3.29		
63094	NEWSALEM	TEA BREAD PUMPKIN s	16 OZ	3.29	3.29		
NEZINSCOT FARM							
91003	NEZINSCT	CHEESE COTTAGE dry curd	16 OZ	7.21	7.21		
60314	NEZINSCT	BEEF CHUCK ROAST All Natural	3# R/W	7.14	21.42		
60315	NEZINSCT	BEEF GROUND All Natural	1#R/W	5.51	5.51		
60325	NEZINSCT	BEEF PATTIES All Natural 4/pkg	1#	5.77	5.77		
60317	NEZINSCT	BEEF STEAK BOX 1ea 5 types	4-5# R/W	11.87	59.35		
60313	NEZINSCT	BEEF STEAK FLANK All Natural	1# R/W	9.29	9.29		

PRICES MAY BE SUBJECT TO CHANGE WITHOUT NOTICE FEBRUARY 2011

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
60316	NEZINSCT	BEEF STEW MEAT All Natural	1#R/W	5.04	5.04		
62125	NEZINSCT	PORK SAUSAGE GROUND All Nat	1# R/W	7.94	7.94		
NORTH COUNTRY SMOKEHOUSE							
60920	NORTHCOU	BACON FRUITWOOD SMOKED	16 OZ	7.99	7.99		
60922	NORTHCOU	TURKEY BREAST BONELESS SMKD	4# R/W	6.75	27.00		
OCEAN APPROVED							
62320	OCEANAP	KELP NOODLES	4 OZ	2.86	2.86		
62322	OCEANAP	KELP NOODLES foodservice	16 OZ	9.59	9.59		
62324	OCEANAP	KELP NOODLES SALAD CUT	4 OZ	2.86	2.86		
62321	OCEANAP	KELP SLAW	4 OZ	2.86	2.86		
62323	OCEANAP	KELP SLAW foodservice	16 OZ	9.59	9.59		
ORCA BAY							
63104	ORCA BAY	COD FILLETS ALASKAN	10 OZ	7.45	7.45		
63253	ORCA BAY	FLOUNDER FILLETS	10 OZ	5.85	5.85		
63105	ORCA BAY	MAHI MAHI FILLETS skinless	12 OZ	7.45	7.45		
63101	ORCA BAY	PERCH PACIFIC OCEAN	10 OZ	5.85	5.85	4.35	4.35
63099	ORCA BAY	SALMON FILLET KETA USA	10 OZ	5.85	5.85		
63252	ORCA BAY	SALMON FILLET SOCKEYE	10 OZ	8.25	8.25		
63250	ORCA BAY	SHRIMP EX LG SHLL ON IQF 13/20	1#	11.60	11.60	8.70	8.70
63251	ORCA BAY	SHRIMP LG SHELL ON IQF 21/30	1#	8.49	8.49		
63098	ORCA BAY	SWORDFISH STEAKS	10 OZ	7.45	7.45		
63106	ORCA BAY	TILAPIA FILLETS	10 OZ	4.95	4.95		
63097	ORCA BAY	TUNA STEAKS AHI YELLOWFIN	12 OZ	5.10	5.10		
63120	ORCA BAY	TUNA YELLOWFIN STEAKS 6oz	3# R/W	8.50	25.50		
ORGANIC PRAIRIE							
60288	ORG PRAI	BACON HRDWOOD SMKD ORG	8 OZ	6.19	6.19	4.64	4.64
60237	ORG PRAI	BEEF GRND 80% LEAN CHUB ORG	12 OZ	5.74	5.74	3.99	3.99
60230	ORG PRAI	BEEF GRND GRASS FED 85% LN ORG	16 OZ	6.54	6.54		
60289	ORG PRAI	BEEF GRND PATTIES ORG 2/5.3oz	10.6 OZ	6.35	6.35	5.72	5.72
60235	ORG PRAI	CHICKEN BREAST BNLS/SKNLS ORG	2# R/W	10.09	20.18	9.08	18.16
60233	ORG PRAI	CHICKEN GRND CHUB ORG	12 OZ	5.43	5.43	4.89	4.89
60236	ORG PRAI	CHICKEN WHOLE YOUNG ORG	3.5# R/W	3.81	15.24	2.86	11.44
60231	ORG PRAI	GROUND PORK ORG	16 OZ	5.43	5.43		
60290	ORG PRAI	PORK SAUSAGE BRKFST LINK ORG c	8 OZ	5.95	5.95	4.46	4.46
60292	ORG PRAI	PORK SAUSAGE ITALIAN MLD ORG	12 OZ	6.59	6.59	4.94	4.94
60234	ORG PRAI	TURKEY GRND CHUB ORG	12 OZ	5.50	5.50		
60666	ORG PRAI	TURKEY ORG (10 - 14 LB rw)	12# R/W	3.99	47.88		
OZERY BAKERY							
90235	OZERY	BREAKFAST PITA APPL CINN k s	12.7 OZ	2.67	2.67		
90234	OZERY	BREAKFAST PITA CRAN ORANGE k s	12.7 OZ	2.67	2.67		
90233	OZERY	BREAKFAST PITA MUESLI k s	12.7 OZ	2.67	2.67		
90230	OZERY	ONE BUN MULTI GRAIN WHOLE GRN	21.1 OZ	2.67	2.67		
90236	OZERY	ONE BUN SPELT ORG k s	12.7 OZ	2.67	2.67		
90238	OZERY	ONE BUN WHEAT ORG k s	12.7 OZ	2.67	2.67		
90232	OZERY	ONE BUN WHOLE GRAIN HOT DOG	14 OZ	2.67	2.67		
90237	OZERY	ONE BUN WL GRAIN KAMUT ORG k s	12.7 OZ	2.67	2.67		
90231	OZERY	ONE BUN WW WHOLE GRAIN 100 CAL	11.25OZ	2.00	2.00		
PANE BELLE							
62262	PANEBELL	DOUGH PIZZA & BREAD MULTI GRN	20 OZ	3.37	3.37		
62261	PANEBELL	DOUGH PIZZA & BREAD WHEAT	20 OZ	3.37	3.37		
62260	PANEBELL	DOUGH PIZZA & BREAD WHITE	20 OZ	3.37	3.37		
PAPOU'S KITCHEN							
60690	PAPOUS	FALAFEL PATTIES 12pk v k	16 OZ	4.39	4.39		
60691	PAPOUS	FALAFEL TOASTIES 4PK v k	16 OZ	4.39	4.39		
PASSPORT SEAFOOD							
63103	PASSPORT	FLOUNDER FILLETS 5-8oz	3# R/W	6.15	18.45		
PERFECT ADDITION							
60621	PERFECT	STOCK BEEF CONCENTRATE	16 OZ	3.83	3.83		
60622	PERFECT	STOCK CHICKEN CONCENTRATE	16 OZ	3.54	3.54		
60623	PERFECT	STOCK FISH CONCENTRATE	16 OZ	3.54	3.54		
60620	PERFECT	STOCK VEGETABLE CONCENTRATE	16 OZ	3.54	3.54		
PINELAND FARM - FORMERLY WOLFE'S NECK							
63302	PINELAND	CHPD BEEF STEAK PATTIES 4PK	21.2 OZ	6.28	6.28		
63303	PINELAND	MEATBALLS ITALIAN IQF s	14 OZ	4.58	4.58		
PO' BOYS & PICKLES							
63300	**POBOYS**	**BAYOU GUMBO SOUP**	**32 OZ**	**7.49**	**7.49**	**6.36**	**6.36**
PUTNEY PASTA							
60475	PUTNEY	CHICKEN ALFREDO SKILLET	18 OZ	7.09	7.09	6.03	6.03
60476	PUTNEY	CHICKEN PICCATA SKILLET	18 OZ	7.09	7.09	6.03	6.03
60022	PUTNEY	RAVIOLI BUTTRNUT SQUASH/MAPLE	8 OZ	3.25	3.25		
60474	PUTNEY	RAVIOLI MINI CHEESY PIZZA	16 OZ	4.55	4.55		
60472	PUTNEY	RAVIOLI PORT MUSH GRILL ONION	16 OZ	4.55	4.55		
60005	PUTNEY	RAVIOLI SPINACH & FETA	8 OZ	3.25	3.25		
60471	PUTNEY	RAVIOLI THREE CHEESE	16 OZ	4.55	4.55		
60473	PUTNEY	RAVIOLI WW SPINACH & CHEESE	16 OZ	4.55	4.55		
60001	PUTNEY	TORTELLINI SPNCH/MOZZ/WALNUT	8 OZ	3.25	3.25		
60470	PUTNEY	TORTELLINI THREE CHEESE	16 OZ	4.55	4.55		
60000	PUTNEY	TORTELLINI TRI-COLOR	8 OZ	3.25	3.25		

Po' Boys & Pickles
New Orleans Style Sandwiches

Bayou Gumbo

Shrimp, Chicken and Andouille Sausage Gumbo

Made in the kitchen of
Po' Boys & Pickles,
Portland, Maine

Ingredients: All-purpose flour, white onions, celery, green peppers, garlic, tomatoes, thyme, oregano, salt, pepper, smoked pork sausage, Maine shrimp, chicken, vegetable, olive oils, bay leaves, white rice

Item #63300

RECIPE

Be-My-Valentine Cookies

Chocolate richness and crisp cookie, merged into one perfect heart! How perfect for your special Valentine!

INGREDIENTS

For Cookies:

1 cup Vermont Butter & Cheese unsalted butter, softened
Item #90175
3 ounce(s) Organic Valley cream cheese, softened
Item #90148
3/4 cup(s) Florida milled cane sugar
Item #9073
1 large egg
1 teaspoon(s) Boyajian peppermint
Item #32224
or
Madecasse vanilla extract
Item #41386 - 2 OZ
Item #41395 - 4 OZ
3 cup(s) Morgan's Organic unbleached white flour
Item #35521

For Glaze

12 ounce(s) package, 2 cups, Scharffen Berger semisweet chocolate baking chunks (chips)
Item #31902
2 tablespoon(s) Spectrum Organic shortening
Item #30399

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
QUORN							
60553	QUORN	BEEF STYLE GROUND	12 OZ	4.59	4.59		
61136	QUORN	CHICK'N WING SOUTHWESTERN	7.8 OZ	4.57	4.57	3.43	3.43
61141	QUORN	CUTLET STYLE CHICKEN NAKED	9.7 OZ	4.59	4.59		
61138	QUORN	CUTLET STYLE CHICK'N CRAN GOAT	8.5 OZ	5.06	5.06	3.79	3.79
61137	QUORN	CUTLET STYLE CHICK'N GRUYERE	7.76 OZ	5.04	5.04		
60551	QUORN	CUTLETS STYLE CHICKEN HERB/GAR	7 OZ	4.59	4.59	3.89	3.89
61135	QUORN	MEATBALLS BEEF STYLE	10.6 OZ	4.59	4.59	3.44	3.44
60559	QUORN	NUGGET STYLE CHICKEN	10.6 OZ	4.59	4.59		
60556	QUORN	PATTIE STYLE CHICKEN 4pk	10.6 OZ	4.59	4.59		
60558	QUORN	TENDER STYLE CHICKEN	12 OZ	4.59	4.59		
61134	QUORN	TURK'Y BURGER 4pk	9 OZ	4.59	4.59	3.44	3.44
61139	QUORN	TURK'Y ROAST	16 OZ	7.04	7.04		
RHAPSODY							
62033	RHAPSDY	TEMPEH BBQ s gf	8 OZ	3.41	3.41		
62035	RHAPSDY	TEMPEH PLAIN ORG bulk pack gf	2 LB	7.26	7.26		
62034	RHAPSDY	TEMPEH PLAIN ORG gf	8 OZ	2.29	2.29		
62032	RHAPSDY	TEMPEH TERIYAKI	8 OZ	3.41	3.41		
RISING SUN FARMS							
60775	RISINGSN	TORTA CHEESE CRANBRY ORANG	9.5 OZ	7.54	7.54		
60772	RISINGSN	TORTA CHEESE ARTICHKE LEMON gf	9.5 OZ	6.79	6.79		
60773	RISINGSN	TORTA CHEESE GORGONZOLA gf	9.5 OZ	6.79	6.79	5.99	5.99
60779	RISINGSN	TORTA CHEESE KEY LIME gf	9.5 OZ	6.79	6.79	5.77	5.77
60770	RISINGSN	TORTA CHEESE MARIONBERRY gf	9.5 OZ	6.79	6.79	5.77	5.77
60771	RISINGSN	TORTA CHEESE MEDITERRANEAN gf	9.5 OZ	6.79	6.79		
60777	RISINGSN	TORTA CHEESE MILD CURRY gf	9.5 OZ	6.79	6.79	5.77	5.77
60776	RISINGSN	TORTA CHEESE PEST DR TOM gf	9.5 OZ	6.79	6.79	5.77	5.77
60778	RISINGSN	TORTA CHEESE RSTD GRLC MUSH gf	9.5 OZ	6.79	6.79		
60774	RISINGSN	TORTA CHEESE SWT PEP CHIPTL gf	9.5 OZ	6.79	6.79	5.77	5.77
60782	RISINGSN	TORTETTE CHEESE ARTCHK LMN gf	3 OZ	2.85	2.85	2.42	2.42
60780	RISINGSN	TORTETTE CHEESE GORGONZOLA gf	3 OZ	2.85	2.85	2.42	2.42
60784	RISINGSN	TORTETTE CHEESE KEY LIME gf	3 OZ	2.85	2.85		
60781	RISINGSN	TORTETTE CHEESE PEST DR TOM gf	3 OZ	2.85	2.85		
60783	RISINGSN	TORTETTE CHEESE S PEP CHPTL gf	3 OZ	2.85	2.85	2.42	2.42
RUDI'S ORGANIC BAKERY							
61341	RUDIS	BUNS HAMBURGER WHEAT ORG	18.4 OZ	3.95	3.95		
61342	RUDIS	BUNS HAMBURGER WHITE ORG	18.4 OZ	3.95	3.95		
61343	RUDIS	BUNS HOT DOG WHEAT ORG	12 OZ	3.14	3.14		
61344	RUDIS	BUNS HOT DOG WHITE ORG	12 OZ	3.14	3.14		
RUSTIC CRUST							
61223	RUSTIC	FLATBREAD 12in CHEESE & HERB	12 IN	7.00	7.00		
61224	RUSTIC	FLATBREAD 12in CHEESE & TOMATO	12 IN	7.00	7.00		
61222	RUSTIC	FLATBREAD 12in PESTO & RST PEP	12 IN	7.00	7.00	5.60	5.60
SEAPOINT FARM							
61150	SEAPOINT	EDAMAME ORG SOYBEANS IN PODS	14 OZ	2.95	2.95		
61151	SEAPOINT	EDAMAME ORG SOYBEANS SHELLED	14 OZ	2.95	2.95		
SHABTAI							
61410	SHABTAI	APRICOT ROLL gf v k s	6/12 OZ	5.36	32.16	4.82	28.92
61415	SHABTAI	BON BONS gf v k s	6/9 OZ	5.85	35.10		
61407	SHABTAI	BROWNIE FUDGE gf v k s	6/16 OZ	6.51	39.06	4.95	29.70
61412	SHABTAI	CAKE 7 LAYER WHITE gf v k s	6/16 OZ	6.34	38.04	5.71	34.26
61414	SHABTAI	CAKE 7IN WHITE w/CHOC gf v k	6/28 OZ	14.48	86.88		
61416	SHABTAI	CAKE HONEY LOAF gf v k s	6/11 OZ	5.85	35.10	4.97	29.82
61409	SHABTAI	CAKE MARBLE LOAF gf v k s	6/11 OZ	4.99	29.94		
61403	SHABTAI	CAKE SEVEN LAYR DEVIL FD gf k	6/16 OZ	6.52	39.12	5.87	35.22
61411	SHABTAI	CAKE SPONGE LOAF gf v k s	6/11 OZ	4.99	29.94	4.49	26.94
61404	SHABTAI	CUPCAKE BROWNIE BITES gf v k s	6/12 OZ	5.59	33.54		
61406	SHABTAI	RASPBERRY ROLL gf v k s	6/12 OZ	5.36	32.16		
61402	SHABTAI	RING TINGS gf v k s	6/11 OZ	6.54	39.24		
61405	SHABTAI	SWISS CHOCOLATE ROLL gf v k s	6/12 OZ	5.36	32.16	4.82	28.92
SHEFFIELD SEITAN							
3377	SHEFLD	SEITAN BURGERS bags	3/18 OZ	5.35	16.05		
3379	SHEFLD	SEITAN BURGERS tubs	6/6 OZ	2.16	12.96		
3375	SHEFLD	SEITAN BURGERS tubs	3/12 OZ	3.83	11.49		
3378	SHEFLD	SEITAN PIECES tubs	6/8 OZ	2.72	16.32		
3376	SHEFLD	SEITAN PIECES tubs	3/16 OZ	4.98	14.94		
3374	SHEFLD	SEITAN POUNDER bags	3/16 OZ	4.74	14.22		
SONOMA							
65018	SONOMA	TORTILLAS TEFF & MILLET GF 6CT	10/6 CT	3.99	39.90		
SPELT RIGHT BAKERY							
63261	SPELTR B	BAGELS bulk SPELT EVTHNG vg df	12/3 OZ	1.00	12.00		
63262	SPELTR B	BAGELS bulk SPELT WHL GRN vg d	12/3 OZ	1.00	12.00		
63290	SPELTR B	BAGELS SPELT CINN RASN 5pk vg	15 OZ	5.09	5.09		
63257	SPELTR B	BAGELS SPELT EVTHNG 5pk vg df	15 OZ	5.09	5.09		
63255	SPELTR B	BAGELS SPELT PLAIN 5 pk vg df	15 OZ	5.09	5.09		
63256	SPELTR B	BAGELS SPELT SESME 5pk vg df k	15 OZ	5.09	5.09		
63258	SPELTR B	BAGELS SPELT WHL GRN 5pk vg df	15 OZ	5.09	5.09		
63292	SPELTR B	BREAD SPELT ARTISAN vg df k	16 OZ	5.20	5.20		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
63294	SPELTR B	BREAD SPELT ROSEMARY vg df k	16 OZ	5.20	5.20		
63293	SPELTR B	BREAD SPELT RYE vg df k	16 OZ	5.20	5.20		
63291	SPELTR B	BREAD SPELT WHL GRAIN vg df k	16 OZ	5.20	5.20		
63268	SPELTR B	SPELT FOCCACIA SHEET vg df k	3.5 #	13.33	13.33		
63267	SPELTR B	SPELT PIZZA DOUGH vg df k	16 OZ	3.67	3.67		
STAHLBUSH ISLAND FARM							
63284	STAHLBUS	BLACK RASPBERRIES	8 OZ	3.48	3.48		
63074	STAHLBUS	BLUEBERRIES WHOLE USA	10 OZ	3.48	3.48		
63283	STAHLBUS	BOYSENBERRIES	8 OZ	3.48	3.48		
63075	STAHLBUS	CRANBERRIES WHOLE USA	10 OZ	3.48	3.48		
63079	STAHLBUS	MARION BLACKBERRIES USA	10 OZ	3.48	3.48		
63076	STAHLBUS	RASPBERRIES RED USA	10 OZ	3.48	3.48		
63078	STAHLBUS	RHUBARB CUT USA	10 OZ	2.04	2.04		
63073	STAHLBUS	STRAWBERRIES WHOLE USA	10 OZ	3.48	3.48		
63066	STAHLBUS	BROCCOLI FLORETS USA	10 OZ	2.04	2.04		
63067	STAHLBUS	BUTTERNUT SQUASH diced USA	10 OZ	2.04	2.04		
63072	STAHLBUS	CAULIFLOWER USA	10 OZ	2.04	2.04		
63068	STAHLBUS	CORN SUPER SWEET USA	10 OZ	2.04	2.04		
63069	STAHLBUS	MIXED VEGETABLES CLASSIC USA	10 OZ	2.04	2.04		
63070	STAHLBUS	PEAS GREEN USA	10 OZ	2.04	2.04		
63077	STAHLBUS	SPINACH CUT USA	10 OZ	2.04	2.04		
63071	STAHLBUS	SWEET POTATOES DICED USA	10 OZ	2.04	2.04		
STONE HEARTH PIZZA							
61395	STONEHEA	PIZZA 5 CHEESE BLEND v	13 OZ	5.20	5.20	4.68	4.68
61397	STONEHEA	PIZZA BUFFALO CHICKEN	15.4 OZ	5.95	5.95	5.36	5.36
61390	STONEHEA	PIZZA CHEESE v	8/15.5 OZ	5.20	41.60	4.68	37.44
61396	STONEHEA	PIZZA FETA OLIVE ARTICHK v	15 OZ	5.95	5.95	5.36	5.36
61391	STONEHEA	PIZZA MINI KIDS 4PK v	8/20.5 OZ	5.95	47.60	5.36	42.88
61393	STONEHEA	PIZZA MUSHROOM MEDLEY v	8/18 OZ	5.95	47.60	5.36	42.88
61392	STONEHEA	PIZZA PEPPERONI UNCURED	8/16.5 OZ	5.95	47.60	5.36	42.88
61394	STONEHEA	PIZZA ROASTED PEPPER v	8/18 OZ	5.95	47.60	5.36	42.88
STONEWOOD FARM							
61059	STONEWD	TURKEY BREAST BONELESS	4-5# R/W	5.90	23.60		
61062	STONEWD	TURKEY BREAST BONELESS	2-4# R/W	5.90	17.70		
61067	STONEWD	TURKEY GRD DARK MEAT	1#	4.65	4.65		
61069	STONEWD	TURKEY GROUND	5#	4.40	22.00		
61061	STONEWD	TURKEY GROUND	1#	4.50	4.50		
61063	STONEWD	TURKEY SAUSAGE CAJUN	1#	4.65	4.65		
61066	STONEWD	TURKEY SAUSAGE HOT ITALIAN	1#	4.65	4.65		
61060	STONEWD	TURKEY SAUSAGE MILD	1#	4.65	4.65		
61065	STONEWD	TURKEY SAUSAGE SWEET ITALIAN	1#	4.65	4.65		
TANDOOR CHEF							
62420	TANDOOR	NAAN TANDOORI v	9 OZ	2.84	2.84		
62410	TANDOOR	CHANNA MASALA gf vg	10 OZ	3.16	3.16		
62417	TANDOOR	CHICKEN BIRYANI gf	10 OZ	3.91	3.91		
62415	TANDOOR	CHICKEN CURRY gf	10 OZ	3.91	3.91		
62418	TANDOOR	CHICKEN SAMOSA	8OZ	3.91	3.91		
62413	TANDOOR	CHICKEN TIKKA MASALA gf	10 OZ	3.91	3.91		
62414	TANDOOR	DAL RAJASTANI gf v	10 OZ	3.16	3.16		
62412	TANDOOR	KOFTA CURRY vg	10 OZ	3.16	3.16		
62419	TANDOOR	NAAN GARLIC v	9 OZ	2.84	2.84		
62411	TANDOOR	PALAK PANEER gf v	10 OZ	3.16	3.16		
62416	TANDOOR	PANEER TIKKA MASALA gf v	10 OZ	3.16	3.16		
62405	TANDOOR	PAKORA WITH CHUTNEY vg	10 OZ	2.84	2.84		
62401	TANDOOR	PIZZA NAAN CILANTRO PESTO v	7.8 OZ	2.45	2.45		
62403	TANDOOR	PIZZA NAAN MARGHERITA v	8.8 OZ	2.45	2.45		
62400	TANDOOR	PIZZA NAAN ROASTED EGGPLANT v	8.4 OZ	2.45	2.45		
62402	TANDOOR	PIZZA NAAN SPINACH PANEER v	8.6 OZ	2.45	2.45		
62404	TANDOOR	SAMOSA WITH CHUTNEY v	11 OZ	2.85	2.85		
62409	TANDOOR	CHUTNEY COCONUT vg	10 OZ	2.14	2.14		
62407	TANDOOR	CHUTNEY MADRAS TOMATO vg	10 OZ	2.14	2.14	1.59	1.59
62406	TANDOOR	CHUTNEY MINT v	10 OZ	2.14	2.14	1.59	1.59
62408	TANDOOR	CHUTNEY TAMARIND v	10 OZ	2.14	2.14	1.59	1.59
TANG'S							
62169	TANGS	NOODLES COOKED LOMEIN NATURAL	16 OZ	2.54	2.54	2.03	2.03
62166	TANGS	NOODLES SOBA NATURAL	16 OZ	2.90	2.90	2.51	2.51
62171	TANGS	NOODLES SPINACH NATURAL	16 OZ	2.90	2.90	2.32	2.32
62168	TANGS	NOODLES THIN PAN FRIED NATURAL	16 OZ	2.99	2.99	2.39	2.39
62167	TANGS	NOODLES UDON NATURAL	16 OZ	2.54	2.54	2.03	2.03
62165	TANGS	NOODLES WHOLE WHEAT NATURAL	16 OZ	2.90	2.90	2.51	2.51
61285	TANGS	EGG ROLL WW CHICK CABG NATURAL	12 OZ	3.54	3.54	2.84	2.84
61282	TANGS	EGG ROLL WW VEG NATURAL 4PC	12 OZ	3.30	3.30	2.64	2.64
62181	TANGS	POTSTICKER WW 7 WG CHICK NATUR	16 OZ	6.00	6.00	4.80	4.80
62177	TANGS	POTSTICKER WW CHICK CELERY NAT	16 OZ	6.00	6.00	4.80	4.80
62178	TANGS	POTSTICKER WW CHICK VEG NATURA	16 OZ	6.00	6.00	4.80	4.80
62180	TANGS	POTSTICKERS WW VEG NATURAL	16 OZ	6.00	6.00	4.80	4.80
61284	TANGS	SPRING ROLL WW CHICK CABG NATU	10 OZ	4.24	4.24	3.39	3.39
61283	TANGS	SPRING ROLL WW VEG NATURAL 5PC	10 OZ	3.95	3.95	3.16	3.16
62175	TANGS	WRAPPER DUMPLING NATURAL	14 OZ	2.39	2.39	1.91	1.91
62176	TANGS	WRAPPER WONTON NATURAL	14 OZ	2.39	2.39	1.91	1.91

RECIPE

Be-My-Valentine Cookies

continued

DIRECTIONS

1. In a large bowl, combine butter, cream cheese, sugar, egg and peppermint or vanilla extract.

Using electric mixer, beat at medium speed, scraping bowl often, until creamy.

Reduce speed to low; add flour.

Continue beating until well mixed. Divide dough in half; wrap each half in plastic food wrap. Refrigerate dough for 2 hours or overnight.

2. Preheat oven to 375ºF. Roll out half of the dough (keep the remaining dough refrigerated) to 1/4-inch thickness on a lightly floured surface.

Cut out cookies using a 2 1/2-inch heart-shaped cookie cutter. Place cutouts 1 inch apart on ungreased cookie sheets.

Bake for 7 to 10 minutes, or until edges are very lightly browned. Remove from cookie sheets; cool completely on wire rack.

3. Line cookie sheets with waxed paper. Melt chocolate chips and shortening in 1-quart saucepan over low heat, stirring often, until just melted and smooth (4 to 6 minutes).

Dip half of each heart into the chocolate. Place cookies on lined cookie sheets and refrigerate until chocolate is firm.

Store refrigerated in airtight containers, with waxed paper separating layers of cookies.

Recipe from www.delish.com

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
TANG'S - cont.							
62173	TANGS	WRAPPER WW DUMPLING NATURAL	14 OZ	2.39	2.39	1.91	1.91
62172	TANGS	WRAPPER WW SPRING ROLL NATURAL	16 OZ	3.17	3.17	2.54	2.54
62174	TANGS	WRAPPER WW WONTON NATURAL	14 OZ	2.39	2.39	1.91	1.91
TASTE IT!							
60310	TASTEIT	TIRAMISU 4 servings	12 OZ	7.83	7.83		
TRU WHIP							
63212	TRUWHIP	DESSRT TOPPING WHIPPD 70%ORG s	10 OZ	3.09	3.09		
VAN'S WAFFLES							
60961	VANS	WAFFLE BELGIAN 7-GRAIN	7.5 OZ	2.84	2.84		
60972	VANS	WAFFLE BUCKWHT BLBRY/RASP GF s	9.5 OZ	2.84	2.84		
60977	VANS	WAFFLE MINI HOMESTYLE	7.5 OZ	2.84	2.84		
60974	VANS	WAFFLE MULTI-GRAIN	8 OZ	2.84	2.84		
60976	VANS	WAFFLE ORIGINAL WF/GF	9 OZ	2.84	2.84		
VERMONT MYSTIC PIE CO.							
62208	VT PIE	PIE APPLE s k	16 OZ	5.33	5.33	4.53	4.53
62207	VT PIE	PIE BLUEBERRY W/APPLES s k	16 OZ	5.33	5.33	4.53	4.53
62059	VT PIE	PIE SHELLS 9 inch 2 shells	6/2 PK	6.76	40.56		
VERMONT PRETZEL							
60120	VT PRET	PRETZEL APPLE STUFFED s	4.6 OZ	2.10	2.10		
60117	VT PRET	PRETZEL HERB CHS STUFFED	5.5 OZ	2.10	2.10		
60115	VT PRET	PRETZEL PESTO STUFFED	5.5 OZ	2.10	2.10		
60116	VT PRET	PRETZEL PIZZA STUFFED	5.5 OZ	2.10	2.10		
VERMONT COOKIE LOVE							
62250	VTCOOKIE	COOKIE DOUGH CHOC CHIP s	16 OZ	5.45	5.45		
62253	VTCOOKIE	COOKIE DOUGH MOCHA CHOC CHIP s	16 OZ	5.45	5.45		
62251	VTCOOKIE	COOKIE DOUGH OATMEAL CRAN s	16 OZ	5.45	5.45		
62252	VTCOOKIE	COOKIE DOUGH P BTR CHOC CHIP s	16 OZ	5.45	5.45		
62254	VTCOOKIE	COOKIE DOUGH PUMPKN CHOC CHP s	16 OZ	5.45	5.45		
62255	VTCOOKIE	COOKIE DOUGH SUGAR s	16 OZ	5.45	5.45		
62256	VTCOOKIE	COOKIE DOUGH TRIPLE CHOC CHP s	16 OZ	5.45	5.45		
62257	VTCOOKIE	COOKIE DOUGH WHT CHOC BERRY s	16 OZ	5.45	5.45	4.63	4.63

VERMONT SMOKE & CURE

UNCURED SMOKED HAMS

PREORDERS DUE BY FEBRUARY 28TH

Please confirm shipping schedule for your ham with your order taker so you know when they will arrive.

see the next page for information!!

item #	brand	description	size	reg price	reg ext	sale	sale ext
63121	VTSMOKE	p/o HAM UNCRD MPL BRIN SMKD VT	3# R/W	8.99	26.97	8.09	24.27

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
VERMONT SMOKE & CURE							
63122	VTSMOKE	BACON UNCURD COB SMKD MPL BRND	10 OZ	5.10	5.10		
63201	VTSMOKE	HAM UNCURED MPL BRINE SMKD WHL	2# R/W	6.80	13.60		
65158	VTSMOKE	PORK SAUSAGE BEER BRAT	1# R/W	6.15	6.15		
63123	VTSMOKE	PORK SAUSAGE BREAKFAST links	12 OZ R/W	6.70	6.70		
65159	VTSMOKE	PORK SAUSAGE CHEDDR APPLE BRAT	1# R/W	6.15	6.15		
63126	VTSMOKE	PORK SAUSAGE HOT ITALIAN	1# R/W	6.70	6.70		
63125	VTSMOKE	PORK SAUSAGE SWEET ITALIAN	1# R/W	6.70	6.70		
63127	VTSMOKE	TURKEY BNLS BRST COB SMKD MAPL	4-5# R/W	9.99	49.95		
VIOVI							
60390	VIOVI	JUICE BLOOD ORANGE ORG	25.3 OZ	4.49	4.49	3.99	3.99
WANGERM							
29020	WANGDERM	COCONUT GLACE DESSERT frozen	7.75 OZ	2.17	2.17		
WHEN PIGS FLY							
60636	WHENPIGS	BREAD SLICED 6-GRAIN/PUMP SD	3/1.25#	3.75	11.25		
60638	WHENPIGS	BREAD SLICED CINN RAISIN	3/1.25#	3.75	11.25		
60635	WHENPIGS	BREAD SLICED OAT/ HONEY	3/1.25#	3.75	11.25		
60637	WHENPIGS	BREAD SLICED SOURDOUGH	3/1.25#	3.75	11.25		
60639	WHENPIGS	BREAD SLICED TUSCAN WHEAT	3/1.25#	3.75	11.25		
60641	WHENPIGS	BREAD SLICED WW LOW CARB	3/1.25#	3.75	11.25		
60630	WHENPIGS	BREAD-TO-BAKE 6-GRAIN PMKSEED	3/1#	2.41	7.23		
60634	WHENPIGS	BREAD-TO-BAKE CINNAMON/RAISIN	3/1#	2.41	7.23		
60631	WHENPIGS	BREAD-TO-BAKE N.Y. RYE	3/1#	2.39	7.17		
60632	WHENPIGS	BREAD-TO-BAKE SOURDOUGH	3/1#	2.39	7.17		
60633	WHENPIGS	BREAD-TO-BAKE TUSCAN WHEAT	3/1#	2.39	7.17		
WHITE TOQUE							
63170	WHITETOQ	CREPES FRENCH s	12 OZ	6.08	6.08		
63167	WHITETOQ	CROISSANTS BUTTER s 6ct	11.6 OZ	5.35	5.35		
63168	WHITETOQ	CROISSANTS CHOCOLATE s 5ct	13 OZ	5.59	5.59		
63169	WHITETOQ	GALETTES BUTTER s 8ct	7 OZ	4.39	4.39	2.89	2.89
63153	WHITETOQ	FILLO ROLL GOAT CHS & FIG 12ct	8 OZ	6.90	6.90		
63151	WHITETOQ	HORS D'OEUVRES FILLO ASST 12ct	10 OZ	5.94	5.94		
63172	WHITETOQ	BASIL	1.75 OZ	1.79	1.79	1.39	1.39
WHOLLY WHOLESOME							
65153	WHOLLY	PIE SHELL SPELT ORG 2pk vg s k	14 OZ	3.75	3.75		
65151	WHOLLY	PIE SHELL TRDTNL ORG 2pk vg s	14 OZ	3.75	3.75		
65152	WHOLLY	PIE SHELL WHL WHT ORG 2pk vg s	14 OZ	3.75	3.75		
65144	WHOLLY	PIE UNBKD APPLE 8in vg k s	26 OZ	6.47	6.47	5.82	5.82
65145	WHOLLY	PIE UNBKD BLUEBERRY 8in vg k s	26 OZ	7.99	7.99	7.19	7.19
65146	WHOLLY	PIE UNBKD CHERRY 8in vg k s	26 OZ	7.43	7.43		
65148	WHOLLY	PIE UNBKD PUMPKIN 8in df vg s	25.5 OZ	7.43	7.43	6.69	6.69
65147	WHOLLY	PIE UNBKD PUMPKIN 8in v k s	25.5 OZ	6.47	6.47	5.82	5.82
WOLFE'S NECK FARM - SEE PINELAND FARM							
63301	WOLFNECK	BEEF GROUND 85/15 FINE GRND	16 OZ	5.13	5.13		
63304	WOLFNECK	BEEF STEAK SHAVED NATURAL	12 OZ	6.28	6.28		
60547	WOLFNECK	PORK BRATWURST 4/pkg	1# R/W	6.35	6.35		
60539	WOLFNECK	PORK BREAKFAST LINK	1# R/W	6.85	6.85		
60537	WOLFNECK	PORK CHOPS CENTER CUT 2/pk	1# R/W	8.50	8.50		
60536	WOLFNECK	PORK GROUND	1# R/W	4.85	4.85		
60540	WOLFNECK	SAUSAGE ITALIAN GARLIC 4/pk	1# R/W	6.29	6.29		
60548	WOLFNECK	SAUSAGE ITALIAN HOT 4/pk	1# R/W	6.29	6.29		
60549	WOLFNECK	SAUSAGE ITALIAN SWEET 4/pk	1# R/W	6.29	6.29		
YANKEE FARMER'S MARKET							
61226	YANKEE	BUFFALO GROUND	1#	9.40	9.40		
61227	YANKEE	BUFFALO PATTIES 4oz	1#	9.85	9.85		
61234	YANKEE	BUFFALO RIBS BACK 8-10 pc	3# R/W	5.80	17.40		
61233	YANKEE	BUFFALO RIBS SHORT 6-8pc	2# R/W	9.10	18.20	7.74	15.48
61228	YANKEE	BUFFALO SAUSAGE 4 pieces	1#	10.70	10.70		
61235	YANKEE	BUFFALO STEW MEAT	1#	12.45	12.45		
YUCATAN							
65119	YUCATAN	AVOCADO HALVES IQF	3 #	10.61	10.61		
65114	YUCATAN	AVOCADO PULP CHUNKY pouch	32 OZ	9.99	9.99		
65117	YUCATAN	GUACAMOLE CHUNKY ORG tub	16 OZ	4.43	4.43		
65115	YUCATAN	GUACAMOLE MILD ORIGINAL tub	16 OZ	4.39	4.39		
65123	YUCATAN	GUACMOLE ZESTY	16 OZ	4.39	4.39		
ZUZZY'S							
62218	ZUZZYS	COOKIE DOUGH DOUBLE CHO CHIP	1 PT	4.59	4.59	3.49	3.49

VERMONT
SMOKE AND CURE

Welcome to:

Vermont Smoke and Cure!

We craft some of the finest bacon, ham and other smoked meats in the world for you using pure ingredients and old fashioned ways. We've been at it for over 45 years, here in our smokehouse in the hills of Central Vermont.

Vermont Grown Natural Uncured Ham

We make our Vermont Grown, uncured ham with the same balance of Vermont maple syrup and moderate amount of salt as our traditionally cured hams. They are cured with celery juice powder, a natural source of nitrates that yields the same flavor as our traditionally cured hams. Made from pork raised without any antibiotics or added hormones and fed a vegetarian diet.

Ingredients: Pork, water, sea salt, Vermont maple syrup, dehydrated celery juice, turbinado sugar, lactic acid starter culture (not from milk), natural flavorings.

Item #63121

See pg. 54 for Pre-Order date!

GROCERY - ETHNIC FOODS

ASIAN FOODS

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
BULK							
1279	BULK	BREAD CRUMBS JAPANESE unblchd	25#	2.37	59.25		
1280	BULK	BREAD CRUMBS JAPANESE unblchd	1#	2.68	2.68		
20109	LEEKUMKE	CHILI SAUCE SWEET Thai plst tu	4LB 14OZ	11.82	11.82		
2612	NATIVE	COCONUT MILK ORG	96 OZ	13.00	13.00		
1485	WEICHUAN	HOISIN SAUCE s	60 OZ	7.39	7.39		
20108	LEEKUMKE	OYSTER FLAVORED SAUCE choy sun	5 LB TIN	10.09	10.09	7.99	7.99
15000	KOKUHO	ROSE RICE	10#	1.46	14.60		
15003	KOKUHO	ROSE RICE	5#	1.46	7.30		
15506	KOKUHO	ROSE RICE KRAFT	20# **	1.23	24.60		
8017	SAN-J	SHOYU ORG	5GAL	86.00	86.00		
1084	NEWYORK	SOY SAUCE no pres	5 GAL	42.82	42.82		
1419	PEARLRIV	SOY SAUCE SUPERIOR jug	60.86 OZ	4.95	4.95		
8018	SAN-J	TAMARI ORG W/F	5GAL	125.00	125.00		
10033	WANJASN	TAMARI WF ORGANIC	1 GAL	16.92	16.92		
4011	MYRONS	TERIYAKI SAUCE PREMIUM	4/GAL	24.00	96.00		
3239	MARUKAN	VINEGAR RICE	GAL	9.89	9.89		
5850	MARUKAN	VINEGAR SEASONED RICE s	GAL	12.72	12.72		
6383	EDEN	VINEGAR UME PLUM	GAL	26.50	26.50		
RETAIL							
BEANS							
20270	JFC	BEANS AZUKI RED	10 OZ	1.81	1.81		
20271	JFC	BEANS DAIZU SOY	12 OZ	2.89	2.89		
BEVERAGES							
21230	**GOLDKILI**	**DRINK GINGER instant**	**12 CT**	**2.89**	**2.89**	**2.59**	**2.59**
21231	**GOLDKILI**	**DRINK GINGER LEMON instant**	**12 CT**	**2.89**	**2.89**	**2.59**	**2.59**
29046	FOCO	DRINK MANGO s	24/11.8 OZ	.78	18.72		
20285	ASSI	GRAPE DRINK	12/8.39 OZ	.83	9.96		
41229	FOCO	JUICE CANE SUGAR s	24/11.8 OZ	.78	18.72	.70	16.80
41230	FOCO	JUICE TAMARIND s	24/11.8 OZ	.81	19.44		
20284	ASSI	RICE PUNCH	12/8.04 OZ	.83	9.96		
BREAD CRUMBS, PANKO							
30830	KIKKOMAN	PANKO BREAD CRUMBS s	1#	3.19	3.19	2.55	2.55
41221	ROLAND	PANKO BREAD CRUMBS unblch	7 OZ	1.85	1.85		
30514	KIKKOMAN	PANKO BREAD CRUMBS unbleached	8 OZ	1.62	1.62	1.30	1.30
COOKING SAUCES, TOPPINGS & INGREDIENTS							
20265	JES	BBQ SAUCE KOREAN high frcts cs	15.2 OZ	2.82	2.82		
20669	LEEKUMKE	BBQ SAUCE KOREAN s	13 OZ	2.45	2.45	2.21	2.21
1510	LEEKUMKE	BLACK BEAN GARLIC SAUCE s	8 OZ	2.35	2.35	2.12	2.12
3852	KIKKOMAN	BLACK BEAN SAUCE w/ garlic	8.7 OZ	2.53	2.53	2.02	2.02
4403	LAN CHI	BLACK BEAN SAUCE W/chili	8 OZ	2.89	2.89		
1892	YANGJIANG	BLACK BEANS (ferm) w/ginger	17 OZ	1.99	1.99		
22056	LEEKUMKE	CHILI GARLIC SAUCE	8 OZ	2.35	2.35	2.12	2.12
31270	ROLAND	CHILI MANGO SAUCE s	6.7 OZ	1.96	1.96		
1189	UNION	CHILI SAUCE sambal style Viet	8 OZ	1.80	1.80		
29026	MAE PLOY	CHILI SAUCE SWEET	32 OZ	2.80	2.80		
29025	MAE PLOY	CHILI SAUCE SWEET	12 OZ	1.44	1.44		
2690	MAESRI	CHILI SAUCE sweet s	24 OZ	3.65	3.65		
15178	MAESRI	CHILI SAUCE sweet s	10.2 OZ	1.90	1.90		
3856	KIKKOMAN	CHILI SAUCE sweet thai s	9 OZ	2.53	2.53	2.02	2.02
15170	LEEKUMKE	CHILI SCE SRIRACHA thai/thick	18 OZ	2.90	2.90		
20670	LEEKUMKE	CURRY SAUCE coconut flavored	8.3 OZ	3.20	3.20	2.88	2.88
1508	WANJASN	DUMPLING SAUCE	10 OZ	2.65	2.65		
1488	WEICHUAN	DUMPLING SAUCE Hot s	6.5 OZ	2.15	2.15		
1487	WEICHUAN	DUMPLING SAUCE s	6.5 OZ	2.15	2.15		
29024	GOLDENBY	FISH SAUCE plastic bottle	23 OZ	1.70	1.70		
1523	TIPAROS	FISH SAUCE plastic btl s	23 OZ	2.09	2.09		
1505	GOLDENBY	FISH SAUCE s	24 OZ	1.85	1.85		
1509	**GOLDENBY**	**FISH SAUCE s**	**7 OZ**	**.87**	**.87**	**.78**	**.78**
3854	KIKKOMAN	HOISIN SAUCE s	9.3 OZ	2.53	2.53	2.02	2.02
1484	WEICHUAN	HOISIN SAUCE s	8 OZ	2.05	2.05		
4298	ROLAND	HOISIN SAUCE s	12.7 OZ	2.31	2.31		
22055	LEEKUMKE	HOISIN SAUCE SELECT	8.5 OZ	1.69	1.69	1.52	1.52
1191	KOONCHN	LEMON SAUCE s	15 OZ	4.69	4.69		
32047	DYNASTY	MAYONNAISE Thai hot chili n/v	12 OZ	3.45	3.45		
6253	KAME	MUSTARD CHINESE HOT jar	7.25 OZ	2.09	2.09		
21223	MAESRI	NOODLE SAUCE sweet Thai s	4 OZ	1.17	1.17		
3834	LEEKUMKE	ORANGE SAUCE & GLAZE s	8.3 OZ	2.90	2.90	1.89	1.89
1506	LKK PANDA	OYSTER FLAVORED SAUCE s	18 OZ	3.25	3.25	2.93	2.93

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
15164	MAESRI	PAD-THAI SAUCE pste s	9 OZ	2.05	2.05		
22057	LEEKUMKE	PLUM SAUCE	9.2 OZ	2.35	2.35		
3853	KIKKOMAN	PLUM SAUCE s	9.2 OZ	2.53	2.53	2.02	2.02
1190	KOONCHN	PLUM SAUCE s	15 OZ	3.05	3.05		
9123	MARUKAN	PONZU CITRUS DRESSING n/v	12 OZ	3.50	3.50		
9126	MARUKAN	PONZU CITRUS MARINADE	12 OZ	3.50	3.50	2.59	2.59
4001	MYRONS	PONZU SAUCE FOR VEGETABLES	10 OZ	3.57	3.57		
20280	ASIAN BEST	QUAIL EGGS IN WATER	15 OZ	2.15	2.15	1.59	1.59
15165	KIMLAN	SATAY PASTE (chin/shrmp) s n/v	4.5 OZ	1.89	1.89		
21224	MAESRI	SATAY SAUCE s	4 OZ	1.17	1.17		
3833	LEEKUMKE	SATAY SAUCE s n/v	7.8 OZ	3.73	3.73	3.36	3.36
21218	UNCLEFANS	SAUCE DIM SUM DIPPING	6 OZ	3.99	3.99		
21217	UNCLEFANS	SAUCE DUCK	6 OZ	3.99	3.99		
21216	UNCLEFANS	SAUCE GARLIC LOVERS ONLY	6 OZ	3.99	3.99		
15571	LINGHAM	SAUCE HOT gf vg s	12.5 OZ	3.59	3.59		
20151	ASSI	SAUCE HOT PEPPER KECAP Korean	10.58 OZ	2.89	2.89		
21214	UNCLEFANS	SAUCE MURDER BY MUSTARD	6 OZ	3.99	3.99		
21220	UNCLEFANS	SAUCE ORANGE GINGER	6 OZ	3.99	3.99		
30835	KIKKOMAN	SAUCE OYSTER s	9.5 OZ	2.59	2.59	2.07	2.07
21215	UNCLEFANS	SAUCE SPICY THAI PEANUT	6 OZ	3.99	3.99		
30832	KIKKOMAN	SAUCE STIR-FRY s	12 OZ	2.40	2.40	1.92	1.92
30833	KIKKOMAN	SAUCE SWEET & SOUR s	12 OZ	1.85	1.85	1.48	1.48
21219	UNCLEFANS	SAUCE SZECHUAN SUICIDE	6 OZ	3.99	3.99		
30834	KIKKOMAN	SAUCE TERIYAKI HNEY&PINAPLE s	12 OZ	2.40	2.40	1.92	1.92
1192	MAESRI	SPRING ROLL SAUCE thai s	9.8 OZ	1.90	1.90		
32001	SRIRAJA	SRIRAJA PANICH CHILI SAUCE HOT	8.8 OZ	1.12	1.12	1.01	1.01
8021	SAN-J	SWEET & SOUR (TANGY) SAUCE	10 OZ	3.15	3.15	2.52	2.52
8022	SAN-J	SZECHUAN SAUCE	10 OZ	3.15	3.15	2.52	2.52
4004	MYRONS	SZECHUAN SAUCE s	10 OZ	3.57	3.57		
4371	TAMICON	TAMARIND CONCENTRATE	8 OZ	1.87	1.87		
15175	CTF	TAMARIND CONCENTRATE	14 OZ	2.39	2.39		
4372	TAMICON	TAMARIND CONCENTRATE	16 OZ	3.29	3.29		
29034	WANGDERM	TAMARIND PULP CONCENTRATE	16 OZ	1.66	1.66		
20417	SOMBOON	TAMARIND SEEDLESS pulp	14 OZ	4.40	4.40		
8024	SAN-J	TERIYAKI SAUCE	10 OZ	3.15	3.15	2.52	2.52
4002	MYRONS	TERIYAKI SAUCE ALL PURPOSE	10 OZ	3.57	3.57		
20167	WANJASN	TERIYAKI SAUCE ORG	10 OZ	2.35	2.35		
3839	LEEKUMKE	TERIYAKI SAUCE s n/v	8.8 OZ	2.35	2.35	2.00	2.00
8020	SAN-J	THAI PEANUT SAUCE	10 OZ	3.15	3.15	2.52	2.52
4003	MYRONS	TSUKEYAKI SAUCE FOR SEAFOOD	10 OZ	3.57	3.57		
1507	LEEKUMKE	VEGGIE STIR-FRY SAUCE s	18 OZ	3.50	3.50	3.15	3.15
4000	MYRONS	YAKITORI SAUCE FOR POULTRY	10 OZ	3.57	3.57		
32057	YAKAMI	JUICE KABOSU CITRUS	375 ML	9.64	9.64	7.69	7.69
32056	YAKAMI	JUICE SUDACHI CITRUS	375 ML	9.17	9.17	6.88	6.88
32055	YAKAMI	JUICE YUZU CITRUS	375 ML	9.17	9.17		
22084	WANJASN	PONZU ORGANIC	10 OZ	2.21	2.21		
32054	YAKAMI	PONZU W/ YUZU JUICE unfilt n/v	375 ML	9.29	9.29	7.90	7.90

COOKING PASTES

5769	UNION	BEAN PASTE red	8 OZ	1.80	1.80		
21242	PRIMATAS	BLACK PEPPER PASTE s	12/2.8 OZ	1.59	19.08	1.39	16.68
15189	MAESRI	CHILI PASTE W/BASIL	7 OZ	2.15	2.15		
4404	LAN CHI	CHILI PASTE W/GARLIC	8 OZ	2.89	2.89		
12039	HSINTUNG	CHILI W/GARLIC	8 OZ	2.09	2.09		
20282	MAESRI	CURRY PASTE GREEN	14 OZ	3.25	3.25		
29031	MAE PLOY	CURRY PASTE GREEN	14 OZ	2.08	2.08		
4102	MAESRI	CURRY PASTE GREEN Thai n/v	4 OZ	1.35	1.35		
29032	MAE PLOY	CURRY PASTE MASAMAN	14 OZ	2.08	2.08		
20283	MAESRI	CURRY PASTE MASAMAN	14 OZ	3.25	3.25		
21240	PRIMATAS	CURRY PASTE NONYA s	12/2.8 OZ	1.59	19.08	1.39	16.68
29033	MAE PLOY	CURRY PASTE PANANG	14 OZ	2.08	2.08		
20281	MAESRI	CURRY PASTE RED	14 OZ	3.25	3.25		
29030	MAE PLOY	CURRY PASTE RED n/v	14 OZ	2.08	2.08		
4104	MAESRI	CURRY PASTE RED Thailand	4 OZ	1.35	1.35		
4106	MAESRI	CURRY PASTE YELLOW karee	4 OZ	1.35	1.35		
4099	MAESRI	CURRY PST CHU CHEE med	4 OZ	1.35	1.35		
4103	MAESRI	CURRY PST MASAMAN mld/swt s	4 OZ	1.35	1.35		
21241	PRIMATAS	SAMBAL PASTE NONYA s	12/2.8 OZ	1.59	19.08	1.39	16.68
29040	WANGDERM	SHRIMP PASTE	8 OZ	1.49	1.49		
31020	LEEKUMKE	SHRIMP PASTE jar	8 OZ	3.15	3.15	2.84	2.84

COCONUT MILK & POWDER

5763	CHAOTHAI	COCONUT CREAM POWDER	2 OZ	.95	.95		
5759	CHAOTHAI	COCONUT CREAM POWDER	13 OZ	4.55	4.55		
5765	CHAOTHAI	COCONUT CREAM POWDER	5.6 OZ	2.19	2.19		
9011	BLUMTN	COCONUT MILK	13.5 OZ	1.28	1.28		
1549	NATVALUE	COCONUT MILK LITE	14 OZ	1.31	1.31		
50233	NATVALUE	COCONUT MILK LITE ORG	14 OZ	1.99	1.99		
2523	NATIVE	COCONUT MILK LITE ORG	13.5 OZ	2.22	2.22		
50232	NATVALUE	COCONUT MILK ORG	14 OZ	1.81	1.81		
2521	NATIVE	COCONUT MILK ORG	13.5 OZ	2.22	2.22		

Vermont Cookie Love

For Suzanna, making home-made chocolate chip cookies symbolized love -- hence the company name.

Love is in the air!

Especially when you smell these home-made cookies as they are baking!

First Love - Chocolate Chip

Love don't come easy….

A simple classic, and our original flavor, so named because it was the first home-made cookie flavor Suzanna fell in love with. We make ours with semi-sweet chocolate morsels, and no nuts. Available as frozen cookie dough.

Ingredients:Enriched unbleached wheat flour (niacin, reduced iron, thiamin, riboflavin, folic acid, malted barley flour), semi-sweet chocolate (sugar, chocolate liquor, cocoa butter, soya lecithin, vanilla), brown sugar (sugar, molasses), unsalted butter (cream, natural flavoring), canola oil, eggs (pasteurized whole eggs, citric acid, water), sugar, half & half (milk, cream, disodium phosphate), vanilla (water, alcohol, sugar and vanilla bean extractives), salt, baking soda.
Contains: Wheat, Eggs, Milk, Soy.

Item #62250

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
HERBS & SEASONINGS							
5588	ASIANBOY	ANATTO POWDER - jar	3.5 OZ	2.15	2.15		
20266	JFC	BONITO FLAKES FOR SOUP 5pk	.88 OZ	3.65	3.65		
2379	DYNASTY	CHINESE 5 SPICE	2 OZ	1.85	1.85		
20272	S&B	CURRY POWDER can	3 OZ	3.48	3.48		
35357	EDEN	EDEN SHAKE FURIKAKE	2.1 OZ	5.53	5.53	4.70	4.70
20626	JFC	FURIKAKE KATSUO FUMI n/v	1.5 OZ	2.31	2.31		
20627	JFC	FURIKAKE NORI FUMI	1.5 OZ	2.59	2.59		
6015	JFC	FURIKAKE WASABI FUMI s n/v	1.7 OZ	2.69	2.69		
6036	JFC	FURIKAKE YASAI FUMI s	1.7 OZ	2.69	2.69		
5589	ASIANBOY	GALANGA POWDER - jar	3.5 OZ	2.15	2.15		
3138	EMPERKIT	GOMASHIO ORG	3.5 OZ	5.20	5.20	3.90	3.90
35359	EDEN	GOMASIO BLACK & TAN ORG	3.5 OZ	2.36	2.36		
35358	EDEN	GOMASIO BLACK ORG	3.5 OZ	2.36	2.36		
6397	EDEN	GOMASIO GARLIC ORG	3.5 OZ	2.59	2.59		
6396	EDEN	GOMASIO ORG	3.5 OZ	2.60	2.60		
6398	EDEN	GOMASIO SEAWEED ORG	3.5 OZ	2.65	2.65		
4283	ROLAND	LEMON GRASS SLICED jar	7 OZ	2.30	2.30		
20267	S&B	MUSTARD POWDER can	3 OZ	3.25	3.25		
21228	NOBU	SEASONING MISO DRY RED	3.53 OZ	5.00	5.00	3.95	3.95
21320	ROLAND	SESAME SEEDS BLACK	4.16 OZ	3.33	3.33		
20614	JFC	SESAME SEEDS RSTD SHIROGOMA	8 OZ	4.35	4.35		
4307	ROLAND	WASABI PASTE IN TUBE sorbitol	1.52 OZ	2.10	2.10		
3163	SUSHISON	WASABI POWDER	2.5 OZ	5.65	5.65	4.24	4.24
3168	SUSHISON	WASABI POWDER 100% GENUINE	1.5 OZ	5.60	5.60	4.20	4.20
2537	HIME	WASABI POWDER natural	.88 OZ	1.84	1.84		
FLOUR & BATTER MIX							
29036	ERAWAN	FLOUR SWEET RICE	16 OZ	.99	.99		
29035	ERAWAN	FLOUR WHITE RICE	16 OZ	.99	.99		
20269	WELPAC	POTATO STARCH KATAKURIKO	12 OZ	2.35	2.35		
15362	HIME	TEMPURA BATTER MIX	10 OZ	2.37	2.37		
41220	ROLAND	TEMPURA BATTER MIX	17.6 OZ	2.65	2.65		
NOODLES & RICE STICKS							
21235	PEACOCK	BROWN RICE SPAGHETTI gf	7 OZ	1.67	1.67	1.50	1.50
25130	GLDNHRSE	BROWN RICE VERMICELLI	300 GR	1.50	1.50		
21233	PEACOCK	BROWN RICE VERMICELLI gf	7 OZ	1.67	1.67	1.50	1.50
7221	ORGPLAN	LOMEIN NOODLES ORG	8 OZ	2.25	2.25		
20023	HAPPYPHO	NOODLE BRN RCE W/GRN TEA gf vg	8.6 OZ	4.39	4.39	3.95	3.95
21181	KINGSOBA	NOODLES 100% BR RICE OG gf vg	8.8 OZ	2.59	2.59	2.29	2.29
21180	KINGSOBA	NOODLES 100% BUCKWHT OG gf vg	8.8 OZ	2.59	2.59	2.29	2.29
15568	HOFAN	NOODLES ASIAN FLAT 1/4 med	12 OZ	1.45	1.45		
15570	HANG	NOODLES ASIAN FLAT 1/8 Narrow	13 OZ	1.79	1.79		
15572	TAI SAN	NOODLES ASIAN FLAT 5/16 Wide	12OZ	1.49	1.49		
15566	AMOY	NOODLES BEAN STRIP 1/8 (nest)	8.8 OZ	1.32	1.32		
4354	ROLAND	NOODLES BEAN THREAD	8/2 OZ	.50	4.00		
3223	GOLDEARTH	NOODLES BEAN THREAD VERMIC	17.6 OZ	2.35	2.35		
21182	KINGSOBA	NOODLES BLACK RICE OG gf vg	8.8 OZ	2.59	2.59	2.29	2.29
21183	KINGSOBA	NOODLES BR RICE/WAKME OG gf vg	8.8 OZ	2.59	2.59	2.29	2.29
15199	KAME	NOODLES EGG wheat (4 nests)	8 OZ	1.94	1.94	1.22	1.22
21185	KINGSOBA	NOODLES MILLT BR RICE OG gf vg	8.8 OZ	2.59	2.59	2.29	2.29
4562	ROLAND	NOODLES ORG LO MEIN	12.8 OZ	1.69	1.69		
4571	ROLAND	NOODLES ORG SOBA	12.8 OZ	1.69	1.69		
4563	ROLAND	NOODLES ORG UDON	12.8 OZ	1.69	1.69		
21186	KINGSOBA	NOODLES PMPKN GNGR BR RICE gf	8.8 OZ	2.59	2.59	2.29	2.29
15470	MAMA	NOODLES RICE INSTANT gf v	7.94 OZ	1.45	1.45		
15471	MAMA	NOODLES RICE VERMICELLI gf v	7.94 OZ	1.45	1.45		
21187	KINGSOBA	NOODLES SWT POT BUCKWHT gf vg	8.8 OZ	2.59	2.59	2.29	2.29
21184	KINGSOBA	NOODLES THAI RICE OG gf vg	8.8 OZ	2.59	2.59	2.29	2.29
15472	MAMA	NOODLES W/G RICE VERMICIL gf v	7.94 OZ	1.45	1.45		
20189	HAVISTA	RICE NOODLES BLACK	13.4 OZ	2.55	2.55		
9087	ANNIECH	RICE NOODLES PAD THAI	8 OZ	2.65	2.65		
21234	PEACOCK	RICE SPAGHETTI gf	7 OZ	1.67	1.67	1.50	1.50
29029	ERAWAN	RICE STICK EXTRA LARGE	16 OZ	1.59	1.59		
29028	ERAWAN	RICE STICK SMALL	16 OZ	1.79	1.79	1.29	1.29
20512	DYNASTY	RICE STICKS MAIFUN	6.75 OZ	1.40	1.40		
4502	ERAWAN	RICE STICKS vermicelli	16 OZ	1.99	1.99		
4525	ERAWAN	RICE STICKS white LARGE 1/4	16 OZ	1.79	1.79		
6450	ERAWAN	RICE STICKS white MEDIUM 3/16	16 OZ	1.79	1.79		
25131	GLDNHRSE	RICE VERMICELLI	300 GR	1.50	1.50		
21232	PEACOCK	RICE VERMICELLI gf	7 OZ	1.67	1.67	1.50	1.50
15233	ELEPHANT	RICE VERMICELLI MED	14 OZ	.99	.99		
20544	DYNASTY	SAIFUN BEAN THREAD NOODLES	5.29 OZ	1.29	1.29		
6360	EDEN	SOBA 100% BUCKWHEAT Japan	8 OZ	6.03	6.03		
6359	EDEN	SOBA 30% BUCKWHEAT ORG	8 OZ	2.55	2.55		
1867	SOBAYA	SOBA 40% BUCKWHEAT	16 OZ	3.29	3.29		
6325	EDEN	SOBA 40% BUCKWHEAT	8.8 OZ	3.21	3.21		
7218	ORGPLAN	SOBA NOODLES ORG	8 OZ	2.50	2.50		
20520	HAKUBAKU	SOBA NOODLES ORG	9.5 OZ	2.59	2.59		
21086	HAKUBAKU	SOMEN NOODLES ORG	9.5 OZ	2.59	2.59		
15515	BUTRFLY	SOMEN very fine	14 OZ	1.10	1.10		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
6372	EDEN	UDON BROWN RICE 75% WHEAT ORG	8.8 OZ	2.90	2.90		
1868	SOBAYA	UDON NAT WHEAT	16 OZ	2.99	2.99		
20524	HAKUBAKU	UDON NOODLES ORG	9.5 OZ	2.59	2.59		
7222	ORGPLAN	UDON TRADITIONAL ORG	8 OZ	2.50	2.50		
6361	EDEN	UDON TRADITONAL ORG	8 OZ	2.55	2.55		
NORI & WRAPPING SHEETS							
15576	ASIANBOY	RICE WRAPPING PAPER 6in 16cm	10.5 OZ	2.50	2.50		
15578	ASIANBOY	RICE WRAPPING PAPER 8in rd 22m	12 OZ	2.50	2.50		
15197	REDROSE	RICE WRAPPING PAPER small tria	12 OZ	2.19	2.19		
3628	MECOAST	SEA VEG SUSHI NORI ORG 7sht ts	.6 OZ	4.20	4.20		
20522	YAMA	SOY WRAP 10 HALF SHT mxd color	.74 OZ	3.20	3.20		
20521	YAMA	SOY WRAP 5 FULL SHT mxd color	.92 OZ	3.20	3.20		
6335	EDEN	SUSHI NORI 50 shts toasted	4.4 OZ	25.93	25.93		
6334	EDEN	SUSHI NORI 7 shts flat toasted	.6 OZ	4.99	4.99		
3174	EMERCOVE	SUSHI NORI ORG 10 sheets Tstd	1 OZ	4.20	4.20		
3148	EMERCOVE	SUSHI NORI ORG 50 sheets Tstd	4.4 OZ	17.55	17.55		
9142	NAGAI	SUSHI NORI tstd 10 sheets	1 OZ	2.72	2.72		
OILS							
1075	OMASCOT	OIL BLACK SESAME	16.23 OZ	6.50	6.50		
20580	DYNASTY	OIL CHILI HOT	5.5 OZ	2.39	2.39		
21355	KING	OIL RICE BRAN k	33.8 OZ	3.93	3.93	3.54	3.54
20612	DYNASTY	OIL SESAME	12 OZ	7.15	7.15		
20610	DYNASTY	OIL SESAME	5 OZ	4.35	4.35		
PICKLED & MARINATED							
30493	GINGERPE	SUSHI GINGER NATURAL	6.7 OZ	2.00	2.00		
3134	SUSHISON	SUSHI PICKLED GINGER	6 OZ	5.70	5.70	4.27	4.27
6291	EDEN	UMEBOSHI PASTE	7 OZ	7.83	7.83		
1860	SUSHISON	UMEBOSHI PASTE pickled	6 OZ	9.30	9.30	6.97	6.97
3146	EMPERKIT	UMEBOSHI PLUMS	6 OZ	13.30	13.30	9.97	9.97
PREPARED FOODS							
22150	MISHIMA	BROWN FRIED RICE SZECHUAN	6/8.8 OZ	2.19	13.14	1.64	9.84
22149	MISHIMA	BROWN FRIED RICE TERIYAKI s	6/8.8 OZ	2.19	13.14	1.64	9.84
20011	SPAA	FRIED RICE BASIL s	8.8 OZ	3.17	3.17		
20012	SPAA	FRIED RICE PEANUT s v	8.8 OZ	3.17	3.17		
20010	SPAA	FRIED RICE VEGGIE s v	8.8 OZ	3.17	3.17		
4412	COMPAN	GLUTEN BRAISED Seitan s	10 OZ	2.62	2.62		
4410	COMPAN	GLUTEN CURRY BRAISED s	10 OZ	2.59	2.59		
7198	SPAA	JASMINE RICE & GREEN CURRY n/v	11.64 OZ	3.27	3.27		
7196	SPAA	JASMINE RICE & PEANT CURRY n/v	11.64 OZ	3.34	3.34		
7199	SPAA	JASMINE RICE & RED CURRY n/v	11.64 OZ	3.27	3.27		
20029	JAPANGLD	KIT SOBA BUCKWHEAT NOODLE	14.6 OZ	4.36	4.36	3.49	3.49
20026	JAPANGLD	KIT SUSHI PARTY TOKYO STYLE	20.6 OZ	8.48	8.48	7.48	7.48
20025	JAPANGLD	KIT SUSHI ROLL TRADITIONAL	20.6 OZ	8.48	8.48		
20028	JAPANGLD	KIT UDON NOODLE	14.5 OZ	4.36	4.36	3.49	3.49
20027	JAPANGLD	KIT YAKISOBA CHOW MEIN	14.1 OZ	4.36	4.36	3.49	3.49
20032	JAPANDEL	KOMBU NOODLE box GLASS	3.5 OZ	4.22	4.22	2.99	2.99
20030	JAPANDEL	KOMBU NOODLE box ORIGINAL	3.1 OZ	4.22	4.22	2.99	2.99
20033	JAPANDEL	KOMBU NOODLE box RICE	3.9 OZ	4.22	4.22	2.99	2.99
20031	JAPANDEL	KOMBU NOODLE box WAKAME & FU	2.1 OZ	4.22	4.22	3.17	3.17
20034	JAPANDEL	KOMBU NOODLE pkt GARLIC SOY vg	2.8 OZ	4.22	4.22		
20037	JAPANDEL	KOMBU NOODLE pkt GINGER SOY v	2.3 OZ	4.22	4.22		
20035	JAPANDEL	KOMBU NOODLE pkt SPICY MISO vg	2.8 OZ	4.22	4.22	3.80	3.80
20036	JAPANDEL	KOMBU NOODLE pkt TERIYAKI vg	3.2 OZ	4.22	4.22	3.80	3.80
20302	SBGOLDEN	ORIENTL CURRY SCE VEG HOT v s	7.76 OZ	2.50	2.50	1.88	1.88
20301	SBGOLDEN	ORIENTL CURRY SCE VEG MED v s	7.76 OZ	2.50	2.50	1.88	1.88
20300	SBGOLDEN	ORIENTL CURRY SCE VEG MILD v s	7.76 OZ	2.50	2.50	1.88	1.88
20314	AROYD	RICE JASMINE ready to eat	8.8 OZ	1.82	1.82		
20315	AROYD	RICE MULTI GRAIN ready to eat	8.8 OZ	1.82	1.82	1.47	1.47
21237	PRIMATAS	SAUCE KIT LAKSA COCNT CURRY s	6.9 OZ	4.99	4.99	4.49	4.49
21238	PRIMATAS	SAUCE KIT RENDANG CURRY s	9.7 OZ	4.99	4.99	4.49	4.49
21239	PRIMATAS	SAUCE KIT SINGPOR CURRY s	11.3 OZ	4.99	4.99	4.49	4.49
21236	PRIMATAS	SAUCE KIT SNGPR SATAY KEBAB s	9.7 OZ	4.99	4.99	4.49	4.49
21007	SPAA	STIR FRY MEAL GARLIC BASIL n/v	9.9 OZ	3.45	3.45		
21006	SPAA	STIR FRY MEAL PAD THAI n/v	9.9 OZ	3.25	3.25		
20289	MAESRI	STIR FRY MEAL PAD THAI s	6.3 OZ	1.90	1.90		
21008	SPAA	STIR FRY MEAL PEANT SATAY n/v	9.9 OZ	3.45	3.45		
21009	SPAA	STIR FRY MEAL SWEET SOUR n/v	9.9 OZ	3.45	3.45		
20287	NISHIKI	COOKED BROWN RICE bowl	7.4 OZ	1.85	1.85		
20286	NISHIKI	COOKED WHITE RICE BOWL	7.4 OZ	1.85	1.85		
SNACK & RICE CRACKERS							
35366	EDEN	NORI KRINKLES toasted	.53 OZ	5.42	5.42		
35367	EDEN	NORI STRIPS spicy toasted	.53 OZ	4.75	4.75		
20333	FROMJAPA	BR RICE CRKR BLK SESM OG gf vg	2.1 OZ	3.61	3.61	2.71	2.71
20334	FROMJAPA	BR RICE CRKR LT SLTD OG gf vg	2.1 OZ	3.61	3.61	2.71	2.71
20335	FROMJAPA	BR RICE CRKR TAMARI OG gf vg	2.1 OZ	3.61	3.61	2.71	2.71
3630	NICE CH	CAKE BAR BLACK SESAME s	3.5 OZ	1.50	1.50		
3620	NICE CH	CAKE BAR PEANUT s	3.5 OZ	1.50	1.50		
3626	NICE CH	CAKE BAR WHITE SESAME s	3.5 OZ	1.50	1.50		
20336	FROMJAPA	CHIP GREEN PEA gf vg	20/1.59 OZ	2.69	53.80	2.02	40.40

vermont Cookie Love

Forbidden Love - Triple Chocolate Chip

What's love got to do with it?

Three kinds of rich chocolate are the reason for this flavor's name. It's a choco-holic's dream with a deep, dark, dutch cocoa base dough and both semi-sweet and white chocolate morsels added. No nuts here either. Available as frozen cookie dough.

Ingredients: Enriched unbleached wheat flour (niacin, reduced iron, thiamin, riboflavin, folic acid, malted barley flour), semi-sweet chocolate (sugar, chocolate liquor, cocoa butter, soya lecithin, vanilla), white chocolate (sugar, cocoa butter, white milk powder, skim milk powder, butter oil (milk), soya lechithin, vanilla extract), brown sugar (sugar, molasses), unsalted butter (cream, natural flavoring), canola oil, sugar, cocoa powder, eggs (pasteurized whole eggs, citric acid, water), half & half (milk, cream, disodium phosphate), vanilla (water, alcohol, sugar and vanilla bean extractives), salt, baking soda.
Contains: Wheat, Eggs, Milk, Soy.

Item #62256

(continued on page 60)

Puppy Love - Peanut Butter Chocolate Chip

Can't buy me love….

This one does, indeed, have nuts - crushed peanuts in an already peanut-buttery cookie. Semi-sweet chocolate morsels cap it off to make this one of the favorites. Available as frozen cookie dough.

Ingredients: Brown sugar (sugar, molasses), enriched unbleached wheat flour (niacin, reduced iron, thiamin, riboflavin, folic acid, malted barley flour), semi-sweet chocolate (sugar, chocolate liquor, cocoa butter, soya lecithin, vanilla), peanut butter (peanuts, salt), unsalted butter (cream, natural flavoring), eggs (pasteurized whole eggs, citric acid, water), sugar, peanuts, canola oil, half & half (milk, cream, disodium phosphate), vanilla (water, alcohol, sugar and vanilla bean extractives), salt, baking soda.
Contains: Peanuts, Wheat, Eggs, Milk, Soy.

Item #62252

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
SNACK & RICE CRACKERS - cont.							
20337	FROMJAPA	CHIP MUNG BEAN gf vg	20/1.59 OZ	2.69	53.80	2.02	40.40
21150	FENGSHUI	EDAMAME BEANS	12/4.4 OZ	1.62	19.44		
21152	FENGSHUI	MAKI ROLLS	12/3.5 OZ	1.92	23.04		
3178	EMERCOVE	NORI SNACKS spicy ORG	48CT	4.17	4.17		
21002	FENGSHUI	RICE CRACKERS NORI	12/3.5 OZ	1.42	17.04		
21001	FENGSHUI	RICE CRACKERS ORIGINAL	12/3.5 OZ	1.42	17.04		
21003	FENGSHUI	RICE CRACKERS WASABI	12/3.5 OZ	1.42	17.04		
32005	SPAA	RICE CRACKR CHILI MIX hot gf	12/3.52 OZ	1.99	23.88		
32003	SPAA	RICE CRACKR ORIGINL MIX med gf	12/3.52 OZ	2.09	25.08		
32002	SPAA	RICE CRACKR SESAME MIX mild gf	12/3.52 OZ	1.99	23.88		
32004	SPAA	RICE CRACKR WASABI MIX spcy gf	12/3.52 OZ	2.09	25.08		
15831	HAPI	SEAWEED WRAP	2 OZ	1.65	1.65		
21151	FENGSHUI	WASABI PEANUTS	12/4.4 OZ	1.62	19.44		
21004	FENGSHUI	WASABI PEAS	12/4.4 OZ	1.55	18.60		
SOUPS, BROTHS & BOUILLON							
20264	HIKARI	MISO SOUP LIGHT SMOOTH	1.21 OZ	3.54	3.54		
20263	HIKARI	MISO SOUP SPICY GINGER	1.19 OZ	3.54	3.54		
20020	HAPPYPHO	NOODLE SOUP MIX GARLIC gf vg	4.5 OZ	3.72	3.72		
20021	HAPPYPHO	NOODLE SOUP MIX GINGER gf vg	4.5 OZ	3.72	3.72		
20022	HAPPYPHO	NOODLE SOUP MIX SHIITAKE gf vg	4.5 OZ	3.72	3.72		
1658	KIKKOMAN	SOUP BASE SOBA TSUYU n/v	10 OZ	3.70	3.70		
1659	KIKKOMAN	SOUP BASE SOMEN TSUYU	10 OZ	3.70	3.70		
22152	MISHIMA	SOUP CUP CLEAR NOODLE TERYKI v	6/.92 OZ	2.09	12.54	1.57	9.42
22148	MISHIMA	SOUP CUP EDAMAME & POTATO v	6/.58 OZ	1.09	6.54	.69	4.14
22147	MISHIMA	SOUP CUP MISO WHITE v	6/.35 OZ	1.09	6.54	.79	4.74
5585	MAESRI	SOUP CURRY GREEN s	14 OZ	2.05	2.05		
5586	MAESRI	SOUP CURRY MASAMAN YELLW s n/v	14 OZ	2.05	2.05		
5587	MAESRI	SOUP CURRY RED s	14 OZ	2.05	2.05		
21190	KINGSOBA	SOUP MISO EDAMAME BNS OG gf vg	6 CT	2.78	2.78	2.49	2.49
21189	KINGSOBA	SOUP MISO PMKN & VEG OG gf vg	6 CT	2.78	2.78	2.49	2.49
20038	MISOTOGO	SOUP MISO TO GO CLASSIC gf	.75 OZ	4.13	4.13		
20039	MISOTOGO	SOUP MISO TO GO SHISO gf	.75 OZ	4.13	4.13		
21188	KINGSOBA	SOUP MISO TOFU & GNGR OG gf vg	6 CT	2.78	2.78	2.49	2.49
22146	MISHIMA	SOUP MIX EDAMAME&PTATO 3pkts v	1.75 OZ	2.09	2.09	1.49	1.49
22145	MISHIMA	SOUP MIX HOT & SOUR 3pkts v	.95 OZ	2.09	2.09		
22141	MISHIMA	SOUP MIX MISO MIXED 3pkts v	1.05 OZ	2.09	2.09		
22142	MISHIMA	SOUP MIX MISO RED 3 pkts v	1.05 OZ	2.09	2.09		
22143	MISHIMA	SOUP MIX MISO SPICY 3pkts v	1.05 OZ	2.09	2.09		
22140	MISHIMA	SOUP MIX MISO WHITE 3pkts v	1.05 OZ	2.09	2.09	1.88	1.88
22144	MISHIMA	SOUP MIX WONTON 2pkts v	.78 OZ	2.09	2.09		
5639	MAESRI	SOUP TOM KHA coconut s n/v	14 OZ	2.05	2.05		
20273	HIKARI	MISO SOUP LIQUID	10 OZ	4.89	4.89		
SOY SAUCE & TAMARI							
35362	EDEN	MISO GENMAI ORG SOY/BRN RICE P	12.1 OZ	7.14	7.14		
35363	EDEN	MISO HACHO ORG SOY POUCH	12.1 OZ	7.90	7.90		
35364	EDEN	MISO SHIRO ORG RICE/SOY	12.1 OZ	8.59	8.59	4.86	4.86
35360	EDEN	SHOYU IMPORTED	10 OZ	3.33	3.33		
29023	DRAGN FLY	SOY SAUCE BLACK	21 OZ	2.10	2.10		
22058	LEEKUMKE	SOY SAUCE DOUBLE DELUX s	5.1 OZ	2.65	2.65		
22101	WANJASN	SOY SAUCE LESS SODIUM	10 OZ	1.52	1.52		
15414	KIKKOMAN	SOY SAUCE MILDER lmp.	33.8 OZ	7.46	7.46		
20323	OHSAWA	SOY SAUCE NAMA SHOYU ORG vg k	5 OZ	4.37	4.37	3.28	3.28
20324	OHSAWA	SOY SAUCE NAMA SHOYU ORG vg k	10 OZ	7.42	7.42	5.56	5.56
20325	OHSAWA	SOY SAUCE NAMA SHOYU ORG vg k	32 OZ	16.81	16.81	12.61	12.61
20164	WANJASN	SOY SAUCE ORG	10 OZ	2.09	2.09		
20110	KIKKOMAN	SOY SAUCE ORGANIC	10 OZ	2.83	2.83	2.26	2.26
20160	KIKKOMAN	SOY SAUCE ORGANIC	15 OZ	3.64	3.64	2.91	2.91
22081	WANJASN	SOY SAUCE PACKETS ORG	500/.025OZ	.08	40.00	.05	25.00
2674	PEARLRIV	SOY SAUCE SUPERIOR MUSH dark s	16.9 OZ	2.29	2.29		
29021	DRAGN FLY	SOY SAUCE SWEET	21 OZ	2.30	2.30		
29022	DRAGN FLY	SOY SAUCE THIN	21 OZ	1.90	1.90		
8016	SAN-J	TAMARI Gold Label ORG gf	20 OZ	5.49	5.49		
22083	WANJASN	TAMARI LOW SODIUM WF ORG	10 OZ	2.35	2.35		
3127	MISOMAST	TAMARI MISO ORG	10 OZ	6.25	6.25		
20208	SAN-J	TAMARI ORG gf 20 pkts	20 PKTS	3.10	3.10	2.79	2.79
20320	OHSAWA	TAMARI ORG gf vg k	5 OZ	5.31	5.31	3.99	3.99
20321	OHSAWA	TAMARI ORG gf vg k	10 OZ	8.94	8.94	6.70	6.70
20322	OHSAWA	TAMARI ORG gf vg k	32 OZ	22.17	22.17	16.63	16.63
22082	WANJASN	TAMARI PACKETS ORG wf	500/.025OZ	.08	40.00	.05	25.00
8014	SAN-J	TAMARI REDUCED SODIUM lite	20 OZ	4.89	4.89		
8012	SAN-J	TAMARI REDUCED SODIUM lite	10 OZ	3.00	3.00	2.40	2.40
20207	WANJASN	TAMARI SAUCE	10 OZ	1.59	1.59		
21010	WANJASN	TAMARI SAUCE	16.9 OZ	2.49	2.49		
8013	SAN-J	TAMARI SOY SAUCE	10 OZ	2.30	2.30	1.84	1.84
20165	WANJASN	TAMARI SOY SAUCE ORG	10 OZ	2.25	2.25		
20166	WANJASN	TAMARI SOY SAUCE WF ORG	10 OZ	2.35	2.35		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
SWEETENERS							
29027	WANGDERM	PALM SUGAR	16 OZ	1.94	1.94		
21005	MR NUMBR1	PALM SUGAR sm discs	22.9 OZ	4.89	4.89		
VEGETABLES							
35630	NATIVE	BABY CORN CUT ORG	14 OZ	2.31	2.31		
4352	ROLAND	BABY CORN whole/water/dry wg	15 OZ	1.29	1.29		
4353	ROLAND	BAMBOO SHOOTS sliced	8 OZ	.90	.90	.72	.72
20502	DYNASTY	BAMBOO SHOOTS sliced	8 OZ	.86	.86		
35631	NATIVE	BAMBOO SHOOTS SLICED ORG	14 OZ	2.01	2.01		
32036	ROLAND	BEAN SPROUTS in water	15 OZ	1.39	1.39		
32040	ROLAND	MUSHROOMS GOLDEN	15 OZ	1.66	1.66		
32041	ROLAND	MUSHROOMS OYSTER	14 OZ	1.52	1.52	1.22	1.22
35632	NATIVE	MUSHROOMS PIECES & STEMS ORG	7 OZ	1.61	1.61		
4361	ROLAND	MUSHROOMS STRAW broken	15 OZ	1.19	1.19		
32037	ROLAND	MUSHROOMS STRAW whole small	15 OZ	1.59	1.59	1.27	1.27
4464	KAME	VEGGIES MXD STIRFRY	15 OZ	1.69	1.69		
20500	DYNASTY	WATER CHESTNUTS sliced	8 OZ	.79	.79		
4370	ROLAND	WATER CHESTNUTS sliced	8 OZ	.77	.77	.62	.62
VINEGARS & COOKING WINES							
6331	EDEN	MIRIN	10.5 OZ	7.28	7.28		
20586	KIKKOMAN	MIRIN AJI SWEET	10 OZ	3.70	3.70		
26337	KIKKOMAN	MIRIN MANJYO AJI s	17 OZ	4.60	4.60		
20318	OHSAWA	MIRIN ORG	10 OZ	9.13	9.13	6.85	6.85
20319	OHSAWA	MIRIN ORG	24 OZ	18.04	18.04	13.53	13.53
15174	MICHIU	RICE COOKING WINE	750 ML	3.49	3.49		
3010	YU YEE	RICE COOKING WINE Chinese dark	750 ML	2.99	2.99		
8002	YU YEE	RICE COOKING WINE clear	25 OZ	2.65	2.65		
22078	WANJASN	RICE VINEGAR	10 OZ	1.36	1.36	1.09	1.09
22079	WANJASN	RICE VINEGAR	20 OZ	1.99	1.99	1.59	1.59
9120	MARUKAN	RICE VINEGAR	12 OZ	2.25	2.25		
9122	MARUKAN	RICE VINEGAR	24 OZ	3.65	3.65	2.92	2.92
9127	MARUKAN	RICE VINEGAR ORG	12 OZ	3.30	3.30	2.64	2.64
22077	WANJASN	RICE VINEGAR PREMIUM	6.7 OZ	1.24	1.24	.99	.99
15227	MARUKAN	SEASONED RICE VINEGAR	24 OZ	3.65	3.65	2.92	2.92
9125	MARUKAN	SEASONED RICE VINEGAR Lite s	12 OZ	2.25	2.25	1.80	1.80
9129	MARUKAN	SEASONED RICE VINEGAR ORG s	12 OZ	3.30	3.30	2.64	2.64
15224	MARUKAN	SEASONED RICE VINEGAR s	12 OZ	2.25	2.25		
1861	EMPERKIT	VINEGAR BROWN RICE ORG	10 OZ	6.89	6.89	5.17	5.17
20326	OHSAWA	VINEGAR OINDO RAW UME gf vg	5 OZ	5.39	5.39	3.99	3.99
20327	OHSAWA	VINEGAR OINDO RAW UME gf vg	10 OZ	6.55	6.55	4.91	4.91
20328	OHSAWA	VINEGAR OINDO RAW UME gf vg	32 OZ	12.68	12.68	9.51	9.51
6342	EDEN	VINEGAR UME PLUM	10 OZ	2.95	2.95		

INDIAN FOODS

BULK

3401	BULK	CHANA DAL-INDIAN YEL SPL PEA	11#	1.91	21.01	
5880	WOODLND	CHANA DAL	25#	1.54	38.50	
1246	BULK	CHAPPATI FLOUR atta	20# **	1.36	27.20	
3403	BULK	MOONG DAL split green IND MUNG	11#	2.11	23.21	
3402	BULK	MOONG DAL WASH SPLIT YELW MUNG	11#	1.81	19.91	
3407	BULK	TOOR DAL SPLIT YELLOW LENTIL	11#	2.62	28.82	

RETAIL

BEANS

81015	SWAD	CHANA DAL	32 OZ	2.98	2.98	
81016	SWAD	MASOOR DAL red lentil	32 OZ	3.45	3.45	
81026	SWAD	MOONG DAL WASHED yellow	32 OZ	3.85	3.85	
81021	SWAD	MOONG DAL WHOLE green	32 OZ	3.02	3.02	
81020	SWAD	MOONG SPLIT green (CHILKA)	32 OZ	3.55	3.55	
81023	SWAD	TOOR DAL PLAIN	32 OZ	4.25	4.25	

CHUTNEY, PICKLES & RELISH

20175	GEETA	CHUTNEY LIME & CHILI s hot	310 GR	3.63	3.63		
5429	GEETA	CHUTNEY MANGO s medium	320 GR	3.63	3.63		
5454	GEETA	CHUTNEY ONION s medium	300 GR	3.63	3.63		
5554	GEETA	CHUTNEY PAPAYA ORANGE s mild	300 GR	3.63	3.63		
5842	GEETA	CHUTNEY PREM MANGO squeez vg s	360 GM	4.00	4.00		
5843	GEETA	CHUTNEY TOM ONION squeez vg s	360 GM	4.00	4.00		
5468	GEETA	CHUTNEY PINEAPPLE s mild	320 GR	3.63	3.63	2.73	2.73
5844	GEETA	CHUTNEY SPICY LIME squeez vg s	360 GM	4.00	4.00		
5469	GEETA	CHUTNEY TAMARIND s medium	320 GR	3.63	3.63		
4130	PATAK	CHUTNEY/HOT MANGO s	12 OZ	3.48	3.48		
4132	PATAK	CHUTNEY/MAJOR GREY s	12 OZ	3.48	3.48		
4133	PATAK	CHUTNEY/SWEET MANGO s	12 OZ	3.48	3.48		
4150	PATAK	RELISH/BRINJAL EGGPLANT s	10 OZ	3.32	3.32		
4151	PATAK	RELISH/GARLIC s	10 OZ	3.32	3.32		
4152	PATAK	RELISH/SPICY CHILI	10 OZ	3.32	3.32		
4153	PATAK	RELISH/SPICY LIME Hot	10 OZ	3.32	3.32		

vermont Cookie Love™

Addicted to Love - Mocha Chocolate Chip

What is this thing called love?

Like a little coffee with your cookie? How about a little coffee IN your cookie? We put finely ground Vermont Coffee Company Dark Roast Coffee in our chocolate chip cookie dough to make this a latte lover's dream come true. Available as frozen cookie dough.

Ingredients: Enriched unbleached wheat flour (niacin, reduced iron, thiamin, riboflavin, folic acid, malted barley flour), semi-sweet chocolate (sugar, chocolate liquor, cocoa butter, soya lecithin, vanilla), brown sugar (sugar, molasses), unsalted butter (cream, natural flavoring), canola oil, eggs (pasteurized whole eggs, citric acid, water), sugar, half & half (milk, cream, disodium phosphate), vanilla (water, alcohol, sugar and vanilla bean extractives), salt, baking soda, fresh ground coffee.
Contains: Wheat, Eggs, Milk, Soy.

Item #62253

RECIPE

Red Velvet Cake

with

Raspberries & Blueberries

This cake is a southern tradition for festive occasions. It can be completely assembled and chilled one day before serving.

12 servings

Ingredients

CAKE

2 1/4 cups sifted King Arthur cake flour (sifted, then measured)
Item #41061

2 tablespoons Ghirardelli unsweetened cocoa powder
Item #30468

1 teaspoon baking powder

1 teaspoon baking soda

1/2 teaspoon salt

1 cup buttermilk

1 tablespoon India Tree red food coloring
Item #41121

1 teaspoon distilled white vinegar

1 teaspoon vanilla extract

1 1/2 cups sugar

1/2 cup (1 stick) unsalted butter, room temperature

2 large eggs

FROSTING

2 8-ounce packages Organic Valley cream cheese, room temperature
Item #90148

1/2 cup (1 stick) unsalted butter, room temperature

1 tablespoon vanilla extract

2 1/2 cups powdered sugar

3 1/2-pint baskets fresh raspberries

3 1/2-pint baskets fresh blueberries

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
CHUTNEY, PICKLES & RELISH - cont.							
4155	PATAK	RELISH/SPICY LIME medium	10 OZ	3.32	3.32		
4154	PATAK	RELISH/SPICY MANGO Hot	10 OZ	3.32	3.32		
4156	PATAK	RELISH/SPICY MANGO med	10 OZ	3.32	3.32		
4157	PATAK	RELISH/SPICY MIXED PICKLE	10 OZ	3.32	3.32		
COOKING & DIPPING SUACES							
5471	GEETA	CURRY SAUCE DELHI med	350 GR	3.63	3.63		
5475	GEETA	CURRY SAUCE GOAN mild	345 GR	3.63	3.63		
20182	GEETA	CURRY SAUCE MAKHANI mild	350 GR	3.63	3.63		
5476	GEETA	CURRY SAUCE MUMBAI hot	345 GR	3.63	3.63		
20144	GEETA	SAUCE & SPCE PUDNATIKKA s mld	350 GR	4.24	4.24		
20145	GEETA	SAUCE & SPICE DHANSAK med	350 GR	4.24	4.24		
20142	GEETA	SAUCE & SPICE JALFREZI s hot	350 GR	4.24	4.24		
20143	GEETA	SAUCE & SPICE SAAG med	350 GR	4.24	4.24		
34824	STONEHOU	SAUCE CASHEW CREAM MILD gf vg	12 OZ	4.29	4.29	3.86	3.86
34822	STONEHOU	SAUCE CILANT COCNUT MILD gf vg	12 OZ	4.29	4.29		
34823	STONEHOU	SAUCE DATE TAMRND SWT HT gf vg	12 OZ	4.29	4.29	3.86	3.86
34820	STONEHOU	SAUCE TAMRND GARLC MILD gf vg	12 OZ	4.29	4.29		
3574	TAJ	SAUCE BOMBAY CURRY	16 OZ	3.49	3.49		
3572	TAJ	SAUCE CALCUTTA MASALA	16 OZ	3.49	3.49		
4144	PATAK	SAUCE DOPIAZA CURRY mild s	15 OZ	3.02	3.02		
4145	PATAK	SAUCE JALFREZI CURRY med s	15 OZ	3.02	3.02		
4141	PATAK	SAUCE TIKKA MASALA med s	15 OZ	3.02	3.02		
COOKING PASTES							
4158	PATAK	SPICE PASTE/BIRYANI	10 OZ	3.42	3.42		
4160	PATAK	SPICE PASTE/CURRY Mild	10 OZ	3.42	3.42		
4161	PATAK	SPICE PASTE/CURRY VINDALOO-hot	10 OZ	3.42	3.42		
4163	PATAK	SPICE PASTE/GARAM MASALA s	10 OZ	3.42	3.42		
4159	PATAK	SPICE PASTE/TANDOORI No Color	11 OZ	3.42	3.42		
4164	PATAK	SPICE PASTE/TIKKA MASALA MED s	10 OZ	3.42	3.42	3.08	3.08
CRACKERS & PAPADUMS							
34101	INDIANLF	PAPADUMS BLACK PEPPER	4.2 OZ	3.19	3.19		
34100	INDIANLF	PAPADUMS CUMIN	4.2 OZ	3.19	3.19		
34102	INDIANLF	PAPADUMS GREEN CHILI	4.2 OZ	3.19	3.19		
34966	INDIANLF	PAPADUMS PLAIN	4.2 OZ	3.19	3.19	2.39	2.39
4116	SWAD	PAPPADUM GARLIC	10/200GR	1.41	14.10		
4117	SWAD	PAPPADUM PLAIN	10/200GR	1.41	14.10		
81064	SWAD	PAPPADUM PUNJABI	10/200GR	1.41	14.10		
DESSERTS							
20107	SWAD	GULABJAMUN dessert balls s	16 OZ	4.50	4.50		
FLOUR							
81022	SWAD	FLOUR BESAN (GRAM) chickpea	2 LB	3.02	3.02		
81019	SWAD	FLOUR CHAPPATI	4 LB	6.05	6.05		
HERBS & SEASONINGS							
20644	SWAD	CARDAMON GREEN	7 OZ	9.99	9.99		
20646	SWAD	CHILI RED WHOLE	7 OZ	2.27	2.27		
20647	SWAD	CINNAMON STICKS	7 OZ	2.27	2.27		
20648	SWAD	CLOVES WHOLE	7 OZ	3.69	3.69		
20658	SWAD	CUMIN POWDER	14 OZ	4.24	4.24		
20649	SWAD	CUMIN SEED	14 OZ	4.55	4.55		
4108	RAJAH	CURRY POWDER hot	3.53 OZ	2.98	2.98		
20660	SWAD	CURRY POWDER MADRAS	7 OZ	2.35	2.35		
3147	LAXMI	CURRY POWDER MILD	100 GR	2.85	2.85		
20650	SWAD	FENNEL SEED	14 OZ	3.23	3.23		
20651	SWAD	FENNEL SEED ROASTED	7 OZ	1.85	1.85		
20652	SWAD	FENUGREEK WHOLE	14 OZ	3.42	3.42		
20659	SWAD	GARAM MASALA	7 OZ	2.35	2.35		
3162	LAXMI	GARAM MASALA	100 GR	2.85	2.85		
4101	RAJAH	GARAM MASALA POWDER	3.53 OZ	2.95	2.95		
20653	SWAD	MUSTARD SEED BLACK	14 OZ	2.25	2.25		
20656	SWAD	SESAME SEED	14 OZ	3.25	3.25		
GHEE							
9546	SWAD	GHEE CLARIFIED BUTTER	16 OZ	6.57	6.57		
PREPARED FOODS							
20122	PATEL	ALOO MUTTER peas w/ tomatoes	9.5 OZ	2.69	2.69		
20127	PATEL	BAIGAN BHARTA eggplnt w/tom on	9.5 OZ	2.69	2.69		
20126	PATEL	CHANNA MASALA chk pea w/tom	9.5 OZ	2.69	2.69		
20117	PATEL	DAL MAKHANI lentl tom crm sce	9.5 OZ	2.69	2.69		
20119	PATEL	DAL TADKA lentl w/onion tom cu	9.5 OZ	2.69	2.69		
20116	PATEL	MUTTER PANEER peas w/spcy chs	9.5 OZ	2.69	2.69		
20114	PATEL	PALAK PANEER spinach w/ cheese	9.5 OZ	2.69	2.69		
20128	PATEL	PEAS PULAV basm rice w/pea &cu	8.25 OZ	2.69	2.69		
SNACKS							
34103	INDIANLF	SNACK CHANNADAL	7.05 OZ	3.99	3.99		
34104	INDIANLF	SNACK MIX CHEVDO	7.05 OZ	3.99	3.99		
34105	INDIANLF	SNACK MIX DAL	7.05 OZ	3.99	3.99		
34106	INDIANLF	SNACK MIX HOT PUNJABI	7.05 OZ	3.99	3.99		
34107	INDIANLF	SNACK MIX MASALA PEAS	7.05 OZ	3.99	3.99		

MEDITERRANEAN FOODS

BULK

4201	BIG ALPH	DOLMA RICE STFFED (60-70ea)	70 OZ	8.95	8.95		

RETAIL

BEANS

20402	ZIYAD	BEANS FAVA DRY LARGE	16 OZ	2.24	2.24	1.90	1.90
20403	ZIYAD	BEANS LIMA DRY JUMBO	16 OZ	2.44	2.44		
20406	ZIYAD	CHICKPEAS DRY YELLOW	16 OZ	1.83	1.83	1.65	1.65

BEVERAGE & BEVERAGE MIXES

41605	GUERZONI	GRAPE JUICE NO ALCHL biodynamc	25 OZ	12.60	12.60	8.99	8.99

CANDY & CONFECTIONS

21114	MATIZ	TORTA DE ACEITE ALMOND s	10/6 CT	5.69	56.90		
21113	MATIZ	TORTA DE ACEITE SAVORY	10/6 CT	4.90	49.00	3.68	36.80
21112	MATIZ	TORTA DE ACEITE SUGARED s	10/6 CT	4.90	49.00		
34207	INES ROS	TORTAS SWEET OLIVE OIL 6ea	10/6.34 OZ	3.79	37.90		
4516	ALKANATR	HALVA w/PISTACHIO s	16 OZ	4.99	4.99		
3989	CAMEL	HALVAH BARS COATED	20/3 OZ	1.91	38.20		
3990	CAMEL	HALVAH BARS DELUXE	20/3 OZ	1.91	38.20		
3992	CAMEL	HALVAH BARS MARBLE	20/3 OZ	1.91	38.20		
3991	CAMEL	HALVAH BARS VANILLA	20/3 OZ	1.91	38.20		
1180	JOYVA	HALVAH PACS MARBLE s/p	12/8 OZ	2.99	35.88	2.49	29.88
1181	JOYVA	HALVAH PACS VANILLA s/p	12/8 OZ	2.99	35.88		
21108	MATIZ	PRALINE ALMOND s Spain	9.8 OZ	6.45	6.45	5.48	5.48
20401	ZIYAD	SESAME CANDY s v	12 OZ	3.50	3.50	2.59	2.59

CONDIMENTS, COOKING SUCES, MARINADES

2050	MARCOPOL	AJVAR/SAUCE RSTD PEPPER Hot	19 OZ	2.95	2.95		
2051	MARCOPOL	AJVAR/SAUCE RSTD PEPPER Mild	19 OZ	2.95	2.95		
30655	CAP BON	HARISSA can	5 OZ	1.79	1.79		
31646	MEZZINI	PESTO ARUGULA	4.9 OZ	3.62	3.62		
31090	MEDITAL	PESTO BASIL	6.35 OZ	3.95	3.95		
31645	MEZZINI	PESTO CALABRESE	4.9 OZ	3.62	3.62		
3705	CORTAS	POMEGRANATE CONC/MOLASSES	10 OZ	3.45	3.45		
21316	ALWADI	POMEGRANATE MOLASSES	14 OZ	3.25	3.25		
21118	MATIZ	SAUCE ROMESCO GF Spain	6.5 OZ	4.83	4.83		

CONDIMENTS, DIPS & SUACES

20427	ZIYAD	HUMMUS DIP SPICY v	14 OZ	1.69	1.69	1.19	1.19
20428	ZIYAD	HUMMUS DIP v	14 OZ	1.69	1.69		
9624	PELPNSE	APPETIZER BABAGANOUSH	7.5 OZ	3.85	3.85		
5852	MARCOPOL	APPETIZER CAPONATA EGGPLANT	19.3 OZ	2.95	2.95		
5858	MARCOPOL	BRUSCHETTA RED PEPPER	19.3 OZ	3.19	3.19		
32568	APPENNIN	SAUCE TRUFFLE	6.4 OZ	15.94	15.94	13.55	13.55
41529	LESMOULIN	SPREAD ARTICHOKE Tunisia	185 G	6.50	6.50		
41603	CEREALTE	SPREAD ARTICHOKE CREAM ORG	6.4 OZ	7.20	7.20	6.12	6.12
34204	MTVIKOS	SPREAD ARTICHOKE cup	7.3 OZ	5.49	5.49		
34202	MTVIKOS	SPREAD BABA GHANOUSH cup	7.6 OZ	4.53	4.53		
41528	LESMOULIN	SPREAD BLK OLIVE ORG Tunisia	200 G	4.82	4.82		
41527	LESMOULIN	SPREAD HARISSA ORG jar Tunisia	185 G	6.55	6.55		
9630	PELPNSE	SPREAD KALAMATA OLIVE appetize	7.5 OZ	3.85	3.85		
34200	MTVIKOS	SPREAD KALAMATA OLIVE cup	7.6 OZ	4.53	4.53		
21117	MATIZ	SPREAD OLIVADA HOT Spain	6.5 OZ	4.83	4.83	4.11	4.11
21116	MATIZ	SPREAD OLIVADA SWEET s Spain	6.5 OZ	4.83	4.83	3.63	3.63
21115	MATIZ	SPREAD OLIVADA TRADITION Spain	6.5 OZ	4.83	4.83		
34206	MTVIKOS	SPREAD RED PEPPER FETA cup	7.7 OZ	4.53	4.53		
34201	MTVIKOS	SPREAD RST EGGPLANT cup	7.3 OZ	4.53	4.53		
41531	LESMOULIN	SPREAD SD GARLIC ORG Tunisia	200 G	6.58	6.58		
41530	LESMOULIN	SPREAD SD TOM SPCY ORG Tunisia	185 G	5.20	5.20		
41601	CEREALTE	SPREAD SUN DRIED TOMATO ORG	4.5 OZ	4.88	4.88	4.39	4.39
41532	LESMOULIN	SPREAD SWT PEP HARISSA ORG	200 G	5.25	5.25		
31642	MEZZINI	TAPENADE BLACK OLIVE	4.9 OZ	3.01	3.01	2.71	2.71
4089	DALMATIA	TAPENADE BLACK OLIVE	6.7 OZ	4.84	4.84		
31087	MEDITAL	TAPENADE BLK OLIVE	6.35 OZ	3.95	3.95		
4088	DALMATIA	TAPENADE GREEN OLIVE	6.7 OZ	4.99	4.99		
31088	MEDITAL	TAPENADE GRN OLIVE	6.35 OZ	3.95	3.95		
31644	MEZZINI	TAPENADE KALAMATA & ANCHOVY	4.9 OZ	3.62	3.62		
31089	MEDITAL	TAPENADE RST EGGPLANT	6.35 OZ	3.95	3.95		
31091	MEDITAL	TAPENADE RST RED PEPPER	6.35 OZ	3.95	3.95		
31641	MEZZINI	TAPENADE SUN DRIED TOMATO	4.9 OZ	3.01	3.01	2.71	2.71
31643	MEZZINI	TAPENADE SWEET PEPPER	4.9 OZ	3.62	3.62		

CONDIMENTS, OLIVES

41536	LESMOULIN	OLIVES MESKI & HARISSA ORG	200 G	5.30	5.30		
41537	LESMOULIN	OLIVES MESKI & HERBS ORG	200 G	5.05	5.05		
41538	LESMOULIN	OLIVES MESKI LEMON & FENL ORG	125 G	4.34	4.34		
41539	LESMOULIN	OLIVES SAHLI ORG	130 G	3.71	3.71		

RECIPE
continued

PREPARATION

FOR CAKE:

Preheat oven to 350°F.

Butter and flour two 9-inch-diameter (or heart shaped) cake pans with 1 1/2-inch-high sides.

Sift sifted flour, cocoa powder, baking powder, baking soda, and salt into medium bowl.

Whisk buttermilk, food coloring, vinegar, and vanilla in small bowl to blend. Using electric mixer, beat sugar and butter in large bowl until well blended. Add eggs 1 at a time, beating until well blended after each addition. Beat in dry ingredients in 4 additions alternately with buttermilk mixture in 3 additions.

Divide batter between prepared (heart shaped) pans.

Bake cakes until tester inserted into center comes out clean, about 27 minutes. Cool in pans on racks 10 minutes. Turn cakes out onto racks; cool completely.

FOR FROSTING:

Beat cream cheese and butter in large bowl until smooth.

Beat in vanilla. Add powdered sugar and beat until smooth.

Place 1 cake layer, flat side up, on platter.

Spread 1 cup frosting over top of cake. Arrange 1 basket raspberries and 1/2 basket blueberries atop frosting, pressing lightly to adhere. Top with second cake layer, flat side down. Spread remaining frosting over top and sides of cake. Arrange remaining berries decoratively over top of cake.

Can be made 1 day ahead. Cover and refrigerate. Let stand at room temperature 1 hour before serving.

Recipe from Bon Appetit

mardi gras
NEW ORLEANS

RECIPE

Creole Jambalaya

Jambalaya is a traditional Louisiana dish, coming from our Spanish and French culture. Rice is the main ingredient, with different meats or seafood mixed in.

Try this variation with shrimp and ham.

8 Servings
Prep: 20 min.
Cook: 35 min.

INGREDIENTS

3/4 cup chopped onion
1/2 cup chopped celery
1/4 cup chopped green pepper
2 garlic cloves, minced
2 tablespoons butter
2 cups cubed fully cooked Vermont Smoke & Cure ham
Item #63121
1 can (28 ounces) Eden diced tomatoes, undrained
Item #30632
1 can (10-1/2 ounces) Pacific Beef broth
Item #30581
1 cup uncooked long grain white rice
1 cup water
1 teaspoon sugar
1 teaspoon dried thyme
1/2 teaspoon chili powder
1/4 teaspoon pepper
1-1/2 pounds fresh or frozen uncooked shrimp, peeled and deveined
1 tablespoon minced fresh parsley

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
CONDIMENTS, PICKLED & MARINATED							
35412	PELPNSE	GRAPE LEAVES IN BRINE d/w	8.5 OZ	2.99	2.99		
22041	ZERGUT	IMAM BAYELDI eggplant appet	19 OZ	3.51	3.51	2.98	2.98
22044	ZERGUT	PEPPETIZER rst pepper appet	12 OZ	2.80	2.80		
22031	ZERGUT	PICKLES KOSHER DILL s	24 OZ	2.49	2.49		
22032	ZERGUT	PICKLES RUSSIAN STYLE DILL s	24 OZ	2.88	2.88		
4199	ALMA	SUB 35412 temp n/a GRAPE LEAVE	8 OZ	3.50	3.50		
COOKIES							
20416	SULTAN	COOKIES MAAMOUL STUFFD DATE s	12 PK	5.54	5.54		
CRACKERS							
21110	MATIZ	PICOS WHOLE WHEAT Spain	12/7 OZ	3.15	37.80		
GRAINS & FLAKES							
41522	LESMOULIN	COUCOUS MHAMSA HAND ROLLED	500 G	4.73	4.73		
21170	ZIYAD	COUSCOUS MAFTOUL MID EASTRN	16 OZ	2.80	2.80		
21171	ZIYAD	COUSCOUS WW MAFTOUL MID EASTRN	16 OZ	2.80	2.80	2.24	2.24
20405	ZIYAD	WHEAT BURGHUL CRACKED #2	16 OZ	1.46	1.46	1.31	1.31
20407	ZIYAD	WHEAT SEMOLINA	16 OZ	1.40	1.40	1.09	1.09
HERBS & SEASONINGS							
20422	ZIYAD	SUMAC POWDER	16 OZ	3.64	3.64		
20400	ZIYAD	ZAATAR GREEN	16 OZ	3.00	3.00		
NUT & SEED BUTTERS							
1990	RAPUNZEL	HAZELNUT CHOC SPREAD ORG s	8.8 OZ	5.65	5.65	4.52	4.52
41621	STRAMOND	HAZELNUT CREAM ORG s	8 OZ	13.37	13.37	10.70	10.70
1170	JOYVA	SESAME TAHINI	12/15 OZ	4.50	54.00		
7337	ONCEAG	SESAME TAHINI ORG roasted	16 OZ	5.95	5.95		
8435	OSKRI	SESAME TAHINI RAW	9.6 OZ	5.39	5.39		
1172	ONCEAG	SESAME TAHINI roasted	16 OZ	4.99	4.99		
33701	SESAMKNG	TAHINI DARK ROASTED k	16 OZ.	3.20	3.20		
33700	SESAMKNG	TAHINI LIGHT ROASTED k	16 OZ.	3.20	3.20		
33702	SESAMKNG	TAHINI LIGHT ROASTED k	32 OZ.	5.68	5.68		
PREPARED FOODS							
3621	PALACIOS	CHORIZO MILD Spanish	7.9 OZ	5.59	5.59		
4198	ZENITH	DOLMA Rice stuff Grape leaves	13 OZ	3.31	3.31		
30145	DIVINA	DOLMA stuffed grape leaves can	7 OZ	2.95	2.95		
9620	PELPNSE	DOLMAS W/PINENUTS	10 OZ	3.85	3.85		
22034	ZERGUT	EGGPLANT STUFFED can Bulgaria	15 OZ	3.05	3.05		
22035	ZERGUT	PEPPERS STUFFED can Bulgaria s	15 OZ	3.15	3.15		
20674	ZIYAD	PILAF RICE & LENTIL RTE Halal	9 OZ	2.33	2.33	1.86	1.86
7112	WILDGRDN	RICE STUFFED GRAPE LEAVES v	14 OZ	3.91	3.91		
22036	ZERGUT	TOMATOES STUFFED can Bulgaria	15 OZ	3.05	3.05		
22037	ZERGUT	ZUCCHINI STUFFED can Bulgaria	15 OZ	3.05	3.05		
PRESERVES							
41521	LESMOULIN	CHUTNEY ARTCHKE SVL ORNG ORG s	210 G	5.96	5.96	4.47	4.47
41520	LESMOULIN	CHUTNEY CANDY LEMN & FIG ORG s	210 G	5.96	5.96		
30424	MTVIKOS	FIGS GLAZED & ROASTED jar	8 OZ	5.22	5.22		
41533	LESMOULIN	PRESERVED LEMON ORG brine	200 G	9.04	9.04	7.23	7.23
31266	ROLAND	PRESERVED LEMONS	13 OZ	4.60	4.60		
30426	MTVIKOS	SPREAD APRICOT & ALMOND jar	7.5 OZ	5.22	5.22		
21130	ELREBOST	SPREAD CAVA VINEGAR s	6.2 OZ	5.88	5.88	3.88	3.88
8437	OSKRI	SPREAD DATE	12 OZ	5.39	5.39		
4087	DALMATIA	SPREAD DRIED FIG & ORANGE s	8.5 OZ	4.29	4.29		
4086	DALMATIA	SPREAD DRIED FIG s	8.1 OZ	4.21	4.21		
1518	MTVIKOS	SPREAD FIG HAZELNUT	8.8 OZ	5.89	5.89		
30425	MTVIKOS	SPREAD FIGS & HAZELNUTS jar	7.8 OZ	5.22	5.22		
RICE							
21128	MATIZ	BOMBA PAELLA RICE Spain	2.2#	8.32	8.32		
21127	MATIZ	PAELLA RICE Spain	2.2#	5.64	5.64		
41623	CASCINAB	RICE CARNAROLI WHITE ORG	2.2#	8.02	8.02	5.99	5.99
SNACKS							
20424	ZIYAD	CHICKPEAS RSTD YELLOW	16 OZ	2.78	2.78		
20423	ZIYAD	SEED SQUASH RSTD SALT	12 OZ	3.59	3.59	2.80	2.80
VEGETABLES							
41535	LESMOULIN	ARTICHOKE LEAFS IN O OIL ORG	185 G	6.50	6.50		
22045	ZERGUT	EGGPLANT FRIED in oil	12 OZ	2.53	2.53	1.99	1.99
20419	ZIYAD	PEPPERS PICKLED HOT v	16 OZ	3.26	3.26	2.56	2.56
4723	SPANGAR	PEPPERS PIQUILLO jar	10.2 OZ	6.99	6.99		
21125	MATIZ	PEPPERS PIQUILLO ORG Spain	7.6 OZ	7.65	7.65		

MEXICAN & LATIN

RETAIL

BEANS

20224	LAPREF	REFRIED BEANS AUTHENTIC ORG	15 OZ	1.52	1.52		
20225	LAPREF	REFRIED BEANS BLACK ORG	15 OZ	1.52	1.52		

BEVERAGES & BEVERAGE MIXES

21129	MATIZ	HORCHATA CONC ORG	17 OZ	14.49	14.49	11.95	11.95
5224	IBARRA	MEXICAN CHOC DRINK MIX/BARS s	19 OZ	3.95	3.95		

CRACKERS & TACO SHELLS

4339	LITTLEBE	TACO SHELLS	12/12CT	2.76	33.12		

COOKING SAUCES & INGREDIENTS

34616	LARRYSSW	SAUCE CHIPOTLE s	16 OZ	4.23	4.23		
34617	LARRYSSW	SAUCE MOLE s	16 OZ	4.23	4.23		
34615	LARRYSSW	SAUCE RANCHERO s	16 OZ	4.23	4.23		
21160	SANANGEL	CASCABEL SAUCE s	12 OZ	4.99	4.99	4.49	4.49
9001	SANMAR	CHIPOTLE in ADOBO s	7 OZ	1.71	1.71		
9006	SANMAR	CHIPOTLE SAUCE salsa s	7 OZ	.90	.90		
21041	GRINGOJK	COOKING SAUCE GREEN	16 OZ	4.29	4.29		
21039	GRINGOJK	COOKING SAUCE RED	16 OZ	3.99	3.99	3.39	3.39
3553	HATCH	ENCHIL SAUCE FIRE RST TOM s	14 OZ	3.10	3.10	2.63	2.63
21040	GRINGOJK	ENCHILADA SAUCE SMOKIN	16 OZ	3.99	3.99	3.19	3.19
21044	CANDELERO	GLAZE CHIPOTLE	16 OZ	4.04	4.04	2.99	2.99
9022	DONAMARI	MOLE ADOBO s	8.25 OZ	2.72	2.72		
21162	SANANGEL	MOLE BLACK s	12 OZ	4.99	4.99		
21161	SANANGEL	MOLE RED s	12 OZ	4.99	4.99	4.49	4.49
9034	DONAMARI	MOLE s	8.25 OZ	2.73	2.73		
9020	DONAMARI	MOLE VERDE	8.25 OZ	2.72	2.72		
3545	HATCH	SAUCE ENCHIL GRN CHILE w/gar	15 OZ	3.10	3.10	2.63	2.63
60307	HATCH	SAUCE ENCHILADA 5 PEPPER	14 OZ	3.10	3.10	2.63	2.63
8462	HATCH	SAUCE ENCHILADA GRN CHILE med	15 OZ	3.10	3.10	2.63	2.63
8463	HATCH	SAUCE ENCHILADA RED med	15 OZ	3.10	3.10	2.63	2.63
3561	HATCH	SAUCE ENCHILADA RED mild	15 OZ	3.10	3.10	2.63	2.63
3557	HATCH	SAUCE ENCHILADA TEX-MEX med	15 OZ	3.10	3.10	2.63	2.63
21037	GRINGOJK	SAUCE HOLY MOLE	16 OZ	4.29	4.29		
4862	COMIDA	SAUCE RANCHERO RED	12 OZ	3.59	3.59	3.65	3.65
22005	HATCH	SAUCE SKILLET FAJITA s	10 OZ	3.99	3.99	3.39	3.39
22019	HATCH	SAUCE TAMALE mild	15 OZ	3.10	3.10	2.63	2.63
4861	COMIDA	SAUCE VIVA VERDE	12 OZ	3.59	3.59	3.19	3.19
21043	CANDELERO	SAUCE HABANERO	5 OZ	3.29	3.29	2.63	2.63

FLOUR & FLOUR MIXES

6066	LOS CHIL	BLUE CORN MEAL	12 OZ	2.94	2.94		
22121	ZOCALO	FLOUR KANIWA gf df	16 OZ	9.53	9.53	7.95	7.95
22122	ZOCALO	FLOUR MESQUITE gf k	16 OZ	8.10	8.10	6.89	6.89
22124	ZOCALO	FLOUR PURPLE CORN ORG gf k	16 OZ	6.43	6.43	5.47	5.47
22123	ZOCALO	FLOUR SWEET POTATO ORG gf	16 OZ	7.54	7.54	5.99	5.99
9037	MASABROS	MASA BROSA HARINA DE MAIZ	4.4 LB	3.49	3.49		
9036	MASECA	TAMALE MIX	4.45#	3.85	3.85		

GRAINS & POPCORN

6074	LOS CHIL	POPCORN BLUE KERNALS	12 OZ	2.95	2.95		
6075	LOS CHIL	POPCORN FIESTA KERNALS	12 OZ	2.72	2.72		
5971	D'ALLAS	WHITE CORN GIANT POSOLE	12 OZ	2.98	2.98		
6138	LOS CHIL	WHITE CORN POSOLE	12 OZ	2.69	2.69		

HERBS & SEASONINGS

6128	LOS CHIL	CHILE CRUSHED GREEN	1 OZ	3.83	3.83		
6133	LOS CHIL	CHILE CRUSHED PEQUIN	1 OZ	1.67	1.67		
6055	LOS CHIL	CHILE CRUSHED PEQUIN	3 OZ	2.29	2.29		
25123	LOS CHIL	CHILE FLAKE ORG NEW MEX RED	3 OZ	3.70	3.70		
6048	LOS CHIL	CHILE PODS ANCHO	2 OZ	3.83	3.83		
6084	LOS CHIL	CHILE PODS ANCHO	1 OZ	1.67	1.67		
6049	LOS CHIL	CHILE PODS CHIPOTLE	3 OZ	4.31	4.31		
6131	LOS CHIL	CHILE PODS CHIPOTLE MORA	1 OZ	1.67	1.67		
6129	LOS CHIL	CHILE PODS DE ARBOL	.50 OZ	1.67	1.67		
6126	LOS CHIL	CHILE PODS GREEN	.75 OZ	4.40	4.40		
6051	LOS CHIL	CHILE PODS HABANERO	.5 OZ	3.32	3.32		
6053	LOS CHIL	CHILE PODS NEGRO	2 OZ	3.48	3.48		
6047	LOS CHIL	CHILE PODS NEW MEXICO	3 OZ	2.72	2.72		
6085	LOS CHIL	CHILE POWDER ANCHO	1 OZ	1.67	1.67		
6054	LOS CHIL	CHILE POWDER ANCHO	3 OZ	3.69	3.69		
6086	LOS CHIL	CHILE POWDER CHIPOTLE	1 OZ	1.67	1.67		
9484	DAVES	CHILE POWDER CHIPOTLE	1 OZ JAR	3.38	3.38		
6056	LOS CHIL	CHILE POWDER DE ARBOL Cayenne	2 OZ	2.72	2.72		
6127	LOS CHIL	CHILE POWDER GREEN	1 OZ	3.83	3.83		
6057	LOS CHIL	CHILE POWDER HABANERO	1 OZ	4.31	4.31		
6045	LOS CHIL	CHILE POWDER MOLIDO HOT	4 OZ	2.72	2.72		
6046	LOS CHIL	CHILE POWDER MOLIDO MILD	4 OZ	2.72	2.72		

mardi gras
NEW ORLEANS

RECIPE

Creole Jambalaya

continued

DIRECTIONS

In a Dutch oven, saute the onion, celery, green pepper and garlic in butter until tender.

Add next nine ingredients; bring to a boil. Reduce heat; cover and simmer until rice is tender, about 25 minutes.

Add shrimp and parsley; simmer, uncovered, for 7-10 minutes or until the shrimp turn pink.

Recipe from
www.tasteofhome.com

Five Acre Farm

Cherry Pie for President's Day!
(February 21st)

No need to chop down any cherry trees or tell any lies!

Cherry Pie Filling

Very merry tart cherry!

It's not too tart and it's not too sweet. It's jusssst right!

Plump fresh cherries ripe with tartness are in perfect balance with just the right amount of sweetness in our cherry filling. But don't feel too guilty indulging as we use whole cherries naturally packed with healthy antioxidants.

Our cherry filling is also great for tarts and pastries, but try mixing some into your homemade vanilla ice cream recipe and we think you'll be tickled pink!

Just pour, bake and enjoy!

Ingredients: Cherries, Water, Sugar, Lemon Juice from Concentrate, Cornstarch

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STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
HERBS & SEASONINGS - cont.							
25127	LOS CHIL	CHILE POWDER ORG ANCHO	2 OZ	4.55	4.55		
25126	LOS CHIL	CHILE POWDER ORG CAYENNE	2 OZ	3.57	3.57		
25125	LOS CHIL	CHILE POWDER ORG CHIPOTLE	2 OZ	4.55	4.55		
25121	LOS CHIL	CHILE POWDER ORG NEW MEX RED	4 OZ	5.22	5.22		
9482	DAVES	CHILE POWDER SMKD HABANERO	1 OZ JAR	3.38	3.38	3.04	3.04
25124	LOS CHIL	CHILE WHOLE ORG CHIPOTLE	2 OZ	4.65	4.65		
25122	LOS CHIL	CHILE WHOLE ORG NEW MEX RED	2 OZ	3.63	3.63		
6052	LOS CHIL	CHILI POWDER CHIPOTLE	3 OZ	3.89	3.89		
6067	LOS CHIL	CORN HUSKS	6 OZ	3.99	3.99		
6062	LOS CHIL	EPAZOTE	.5 OZ	1.99	1.99		
6063	LOS CHIL	MEXICAN OREGANO	.5 OZ	1.95	1.95		
9010	BLUMTN	ADOBO SEASONING POWDER	10 OZ	2.95	2.95		
6090	LOS CHIL	DIP GUACAMOLE OLE!	1 OZ	1.67	1.67		
6061	LOS CHIL	MIX BUFFALO WING	2 OZ	3.22	3.22		
6091	LOS CHIL	MIX JAMAICAN JERK	1 OZ	1.67	1.67	.99	.99
6059	LOS CHIL	MIX RED ENCHILADA	4 OZ	3.22	3.22		
6099	LOS CHIL	MIX TACO & BURRITO	1 OZ	1.67	1.67		
PREPARED FOODS							
8300	JUANITAS	HOMINY	29 OZ	1.99	1.99		
PRESERVES							
21137	XOXOC	MARMALADE PRICKLY PEAR s	8.8 OZ	6.05	6.05	4.99	4.99
VEGETABLES							
9007	SANMAR	CACTUS in BRINE s	28 OZ	2.39	2.39		
25128	HATCH	TOMATILLOS CRUSHED	14 OZ	3.15	3.15	2.68	2.68
33097	HATCH	TOMATO & GRN CHILE MIX diced	10 OZ	1.17	1.17	.99	.99
22073	HATCH	TOMATOES DICED TEX MEX STYLE	10 OZ	1.17	1.17	.99	.99
3530	HATCH	CHILES GREEN chopped mild	4 OZ	1.55	1.55	1.32	1.32
3534	HATCH	CHILES GREEN diced hot	4 OZ	1.55	1.55	1.32	1.32
3539	HATCH	CHILES GREEN diced mild	4 OZ	1.55	1.55	1.32	1.32
22072	HATCH	CHILES GREEN whole	27 OZ	5.99	5.99	5.09	5.09
3535	HATCH	CHILES GREEN whole mild	4 OZ	1.55	1.55	1.32	1.32
20223	LAPREF	JALAPENOS ORG nacho sliced hot	11.5 OZ	2.22	2.22		
20222	LAPREF	JALAPENOS ORG nacho sliced mld	11.5 OZ	2.22	2.22		
8468	HATCH	PEPPER JALAPENO nacho slice gl	12 OZ	1.99	1.99	1.69	1.69
9033	SANMAR	PEPPER JALAPENO nacho sliced	7 OZ CAN	.99	.99		
9004	LAPREF	PEPPER JALAPENO sliced	11 OZ	1.56	1.56	1.33	1.33
9032	SANMAR	PEPPER JALAPENO whole	7 OZ CAN	.88	.88		
9003	LAPREF	PEPPER JALAPENO whole	11 OZ	1.30	1.30		
3531	HATCH	PEPPER JALAPNO nacho slice can	4 OZ	.95	.95	.81	.81
9029	SANMAR	PEPPER SERRANO	7 OZ CAN	.88	.88		
9000	LAPREF	TOMATILLOS green tomato	11 OZ	1.99	1.99		

UNITED KINGDOM / BRITISH FOODS

BAKING MIXES							
20250	BIRDS	CUSTARD POWDER	10.5 OZ	3.93	3.93		
20254	GOLD FRY	MIX YORKSHIRE PUDDING	5 OZ	1.76	1.76		
CANDY & CONFECTIONS							
5529	SIMPKINS	HARD CANDY BLK CURRANT TIN s	6/7 OZ	2.21	13.26		
5519	SIMPKINS	HARD CANDY BUTTRSCOTCH TIN s	6/7 OZ	2.21	13.26		
COOKING SAUCES & INGREDIENTS							
20233	BISTO	ORIGINAL GRAVY POWDER h	8 OZ	3.23	3.23		
20237	COLMAN	SAUCE MIX SHEPHERDS PIE	1.4 OZ	2.10	2.10	1.68	1.68
5506	HP	SAUCE BROWN	9 OZ	3.22	3.22	2.90	2.90
22065	SOMERDL	DOUBLE DEVON CREAM	5.6 OZ	5.71	5.71		
22066	SOMERDL	ENGLISH CLOTTED CREAM	5.6 OZ	5.15	5.15		
41223	MARMITE	YEAST EXTRACT sqeeze bottle	7.5 OZ	8.45	8.45		
COOKIES & BISCUITS							
20243	MCVITIES	DIGESTIVES CARAMEL s	300 GR	3.90	3.90		
20245	MCVITIES	DIGESTIVES DK CHOC tube s	250 GR	3.90	3.90		
20244	MCVITIES	DIGESTIVES MILK CHOC tube s	250 GR	3.90	3.90		
20242	MCVITIES	DIGESTIVES ORIGINAL LARGE s	400 GR	3.31	3.31		
20241	MCVITIES	DIGESTIVES ORIGINAL s	250 GR	2.84	2.84		
HERBS & SEASONINGS							
30700	COLMANS	DRY MUSTARD	4 OZ	4.47	4.47		
SWEETENERS							
8061	LYLES	GOLDEN CANE SYRUP tin	10.6 OZ	3.41	3.41		
41189	LYLES	GOLDEN SYRUP plastic bottle	11 OZ	3.30	3.30		
5550	LYLES	SUGAR CASTER	17.6 OZ	3.23	3.23		
VINEGARS							
34264	SARSONS	MALT VINEGAR	284 ML	1.83	1.83		

DANCING DEER BAKING CO.®

Baking Since 1994

Classic Sweets for Valentine's Day

25% off all

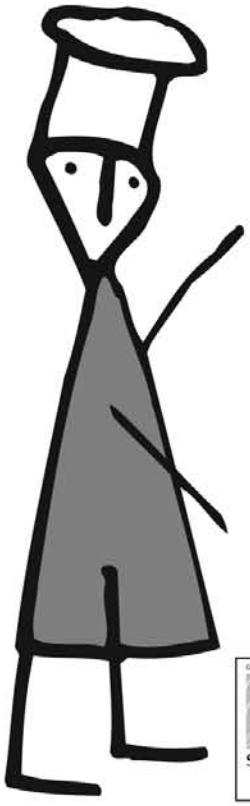
4 pack brownies & 9 pack cookies!

All Natural

Kosher Dairy

Baked from Scratch

High Quality Ingredients



Sustainable Business Leader

Thoughtful, environmentally friendly honest packaging

GROCERY BY CATEGORY

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
BABY PRODUCTS							
15910	EARTHBES	CEREAL BROWN RICE ORG	8 OZ	3.50	3.50		
15917	EARTHBES	TEETHING BISCUIT BARLEY WF ORG	4.6 OZ	2.55	2.55		
15916	EARTHBES	TEETHING BISCUIT ORIGNL ORG	4.6 OZ	2.55	2.55		
31752	LITTLDUK	APPLE BANANA frz dried ORG	12/1.1 OZ	2.59	31.08		
31751	LITTLDUK	BLUEBERRY APPLE frz dried ORG	12/1.1 OZ	2.59	31.08		
31750	LITTLDUK	STRAWBERRY MANGO frz dried ORG	12/1.1 OZ	2.59	31.08		
BAKING PRODUCTS							
41121	INDIA TR	NAT COLOR SET liq red/yel/blue	2.25 OZ	19.99	19.99		
41250	JOBY & MA	DECORATING SUGAR BLUE natural	4 OZ	2.79	2.79		
41251	JOBY & MA	DECORATING SUGAR GREEN natural	4 OZ	2.79	2.79	2.51	2.51
41253	JOBY & MA	DECORATING SUGAR PINK natural	4 OZ	2.79	2.79		
41254	JOBY & MA	DECORATING SUGAR RED NAT	4 OZ	2.79	2.79		
41255	JOBY & MA	DECORATING SUGAR YELLOW NAT	4 OZ	2.79	2.79		
41252	JOBY & MA	temp n/a DECORATING SUGAR ORAN	4 OZ	2.79	2.79		
5060	LETSDO	SPRINKLEZ CARNIVAL s	1 OZ	1.40	1.40		
5046	LETSDO	SPRINKLEZ CHOCOLATEY s	1 OZ	1.40	1.40		
5050	LETSDO	SPRINKLEZ CONFETTI s	1 OZ	1.40	1.40		
31302	LOVENBAK	ALMOND PASTE s	10 OZ	6.90	6.90		
31304	LOVENBAK	HAZELNUT PRALINE s	11 OZ	8.77	8.77		
31303	LOVENBAK	MARZIPAN s	11 OZ	5.81	5.81		
31305	LOVENBAK	PISTACHIO NUT PASTE s	11 OZ	6.51	6.51		
31306	LOVENBAK	SCHMEAR CHOCOLATE FILLING s	12 OZ	3.57	3.57	2.99	2.99
31529	MATIN	SPREAD ALMOND CREAM s	7.76 OZ	8.55	8.55		
31528	MATIN	SPREAD CHESTNUT CREAM s	7.76 OZ	5.20	5.20		
34968	MR SPRNKL	SPRINKLES RAINBOW ALL NTRL s	6 OZ	3.19	3.19		
6344	EDEN	AGAR AGAR FLAKES (Kanten)	1 OZ	6.19	6.19		
41219	ROLAND	AGAR AGAR STRIPS	3 OZ	3.79	3.79	2.99	2.99
15228	BAKING	BAKEWELL CREAM	8 OZ	4.70	4.70		
1239	RUMFORD	BAKING POWDER non-alum	8.1 OZ	2.29	2.29		
2169	BAKING	BAKING SODA box	2#	2.19	2.19		
40431	ORG VALY	BUTTERMILK POWDER BLEND ORG	12 OZ	5.69	5.69		
4293	ROLAND	CHESTNUT PUREE	16 OZ	6.65	6.65		
4523	LONGEVITY	CONDENSED MILK s	14 OZ	3.30	3.30		
1268	RUMFORD	CORNSTARCH non-gmo	12 OZ	1.89	1.89		
1276	LETSDO	CORNSTARCH ORG	6 OZ	2.29	2.29		
8598	ENER-G	EGG REPLACER GF	16 OZ	5.39	5.39		
41065	KINGARTH	FLOUR ITALIAN STYLE 00	3 LB	6.60	6.60		
33048	GINGERPE	GINGER CRYSTALLIZED ORG	4 OZ	2.85	2.85		
1843	GINGERPE	GINGER MINCED	6.7 OZ	2.00	2.00		
6345	EDEN	KUZU ROOT STARCH ORGANIC	3.5 OZ	6.34	6.34		
2543	FEARN	LECITHIN LIQUID	16 OZ	4.29	4.29		
40430	ORG VALY	MILK NON FAT DRY POWDER ORG	12 OZ	5.69	5.69		
41380	BRAGG	NUTRI YEAST PREMIUM ORG	4.5 OZ	4.65	4.65		
33272	LITTLEBA	POTATO STARCH MAINE	20 OZ	3.56	3.56		
30399	SPECTRM	SHORTENING ORG	24 OZ	5.80	5.80		
5581	GOLDRUSH	SOURDOUGH STARTER SAN FRAN	.5 OZ	2.01	2.01		
32034	LETSDO	TAPIOCA GRANULES ORG	6 OZ	2.32	2.32		
1057	BAKING	TAPIOCA PEARLS LARGE bagq	14 OZ	1.75	1.75		
32033	LETSDO	TAPIOCA PEARLS ORG	6 OZ	2.30	2.30		
1058	BAKING	TAPIOCA PEARLS SMALL bag	14 OZ	1.50	1.50		
33271	LITTLEBA	TAPIOCA STARCH EXPANDEX MOD	20 OZ	5.70	5.70		
32035	LETSDO	TAPIOCA STARCH ORG	6 OZ	2.73	2.73		
2760	THAI	TAPIOCA STARCH retail pkg	14 OZ	1.61	1.61		
8055	POMONA	UNIVERSAL PECTIN	1 OZ	3.30	3.30		
2548	BOB'S	XANTHAN GUM	8 OZ	13.12	13.12		
3011	SAF	YEAST INST BREAD MACHINE jar	4 OZ	5.65	5.65		
1242	SAF	YEAST INSTANT BRICK bag	16OZ	3.19	3.19		
1123	RAPUNZEL	YEAST RIZE BAKING ORG	40 PKTS	1.35	54.00	1.08	43.20
BAKING CHOCOLATE, COCOA & CAROB							
30284	CHATFLDS	CAROB POWDER canister	16 OZ	4.25	4.25		
30534	DAGOBA	CACAO POWDER ORG FT	8 OZ	6.17	6.17		
30458	DAGOBA	CHOCO DROPS ORG 73% DARK FT	8 OZ	6.12	6.12		
8372	EQUALX	COCOA BAKING ORG	8 OZ	6.49	6.49		
30466	GHIRARD	CHOC BAKING BAR 70% XTRA BTR s	4 OZ	2.35	2.35		
30464	GHIRARD	CHOC BAKING BAR BITTERSWEET s	4 OZ	2.35	2.35		
30465	GHIRARD	CHOC BAKING BAR MILK s	4 OZ	2.35	2.35		
30461	GHIRARD	CHOC BAKING BAR SEMISWEET s	4 OZ	2.35	2.35		
30463	GHIRARD	CHOC BAKING BAR UNSWEETENED	4 OZ	2.35	2.35		
30462	GHIRARD	CHOC BAKING BAR WHITE s	4 OZ	2.35	2.35		
4476	GHIRARD	CHOCOLATE CHIPS 60% BITTERSWEE	11.5 OZ	3.65	3.65		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
4477	GHIRARD	CHOCOLATE CHIPS MILK	11.5 OZ	3.65	3.65		
4478	GHIRARD	CHOCOLATE CHIPS SEMISWEET	12 OZ	3.65	3.65		
30469	GHIRARD	CHOCOLATE CHIPS WHITE s	11 OZ	3.65	3.65		
30467	GHIRARD	COCOA BAKING SWEET s	16 OZ	4.45	4.45		
30468	GHIRARD	COCOA BAKING UNSWEETENED	10 OZ	4.45	4.45		
1985	RAPUNZEL	COCOA POWDER ORG FT	7.1 OZ	5.24	5.24	4.19	4.19
31901	SCHARFEN	CHOC BAKING CHNK BITSWT 70% s	6 OZ	3.93	3.93	3.54	3.54
31902	SCHARFEN	CHOC BAKING CHNK SEMI SWT 62%	6 OZ	3.93	3.93	3.54	3.54
5261	SCHARFEN	HOMECHEF BAK BAR BTTRSWT 70% s	9.7 OZ	6.15	6.15		
5263	SCHARFEN	HOMECHEF BAK BAR SEMISWT 62% s	9.7 OZ	6.15	6.15		
5260	SCHARFEN	HOMECHEF BAK BAR UNSWET 99% s	9.7 OZ	7.40	7.40		
2800	SUNSPIRE	CHIP CAROB MALT SWT Vegan	10 OZ	4.00	4.00		
2812	SUNSPIRE	CHIP CHOC MALT SWTD D/F	10 OZ	3.95	3.95		
2810	SUNSPIRE	CHIP DARK CHOC ORG 1000ct	9 OZ	4.50	4.50		
2807	SUNSPIRE	CHIPS CAROB UNSWEET 2000ct	10 OZ	4.09	4.09		
2811	SUNSPIRE	SUNDROPS CHOCOLATE	10 OZ	4.59	4.59	3.44	3.44
BAKING EXTRACTS & FLAVORINGS							
4515	ALWADI	WATER ORANGE BLOSSOM	10 OZ	2.55	2.55		
4514	ALWADI	WATER ROSE	10 OZ	2.55	2.55		
32228	BOYAJIAN	NATURAL ALMOND EXTRACT	1 OZ	1.82	1.82		
32225	BOYAJIAN	NATURAL ANISE FLAVOR	1 OZ	1.45	1.45		
32219	BOYAJIAN	NATURAL CHERRY FLAVOR	1 OZ	2.77	2.77		
32224	BOYAJIAN	NATURAL PEPPERMINT FLAVOR	1 OZ	2.04	2.04		
32220	BOYAJIAN	NATURAL RASPBERRY FLAVOR	1 OZ	2.04	2.04		
34336	BOYAJIAN	PURE LEMON OIL	5 OZ	11.09	11.09		
32215	BOYAJIAN	PURE LEMON OIL	1 OZ	2.65	2.65		
32217	BOYAJIAN	PURE LIME OIL	1 OZ	2.35	2.35		
37335	BOYAJIAN	PURE ORANGE OIL	5 OZ	4.49	4.49		
32216	BOYAJIAN	PURE ORANGE OIL	1 OZ	1.57	1.57		
32218	BOYAJIAN	PURE TANGERINE OIL	1 OZ	2.28	2.28		
1798	GINGERPE	GINGER JUICE naturally pressed	5 OZ	3.05	3.05		
41386	MADECASS	EXTRACT VANILLA PURE s	2 OZ	4.60	4.60	4.14	4.14
41395	MADECASS	EXTRACT VANILLA PURE s	4 OZ	6.40	6.40		
41394	MADECASS	VANILLA BEANS BOURBON 3 BN	3 CT	4.89	4.89		
41396	MADECASS	VANILLA CANE SUGAR s	3.75 OZ	4.60	4.60		
41397	MADECASS	VANILLA POWDER PURE	1.1 OZ	7.39	7.39		
41327	NIELSN M	PASTE VANILLA MADGASCR BOURBN	4 OZ	8.75	8.75		
1560	NIELSN M	VANILLA POWDER jar	2.5 OZ	14.20	14.20		
41078	SIMPLYOG	EXTRACT ALMOND ORG	2 OZ	3.85	3.85		
41077	SIMPLYOG	EXTRACT ALMOND ORG	4 OZ	6.66	6.66		
41122	SIMPLYOG	EXTRACT VANILLA ORG gf	4 OZ	7.15	7.15		
41079	SIMPLYOG	FLAVOR LEMON ORG	2 OZ	3.46	3.46		
41080	SIMPLYOG	FLAVOR ORANGE ORG	2 OZ	3.46	3.46		
41081	SIMPLYOG	FLAVOR PEPPERMINT ORG	2 OZ	3.46	3.46		
BAKING MIXES							
32316	1-2-3 GF	MIX BUNDT POUND CAKE CHOC GF	2.38#	7.99	7.99	4.99	4.99
35123	1-2-3 GF	MIX CAKE YUMMY YELLOW GF	1.09#	5.39	5.39	3.69	3.69
39020	1-2-3 GF	MIX COOKIE CHEWY CHIPLESS GF	1.5 #	5.39	5.39	3.78	3.78
39019	1-2-3 GF	MIX ROLL-OUT SUGAR COOKIE GF	1.35 #	5.39	5.39	3.78	3.78
3372	ARROW	MIX BAKING ALL PURPOSE WF GF	28 OZ	5.55	5.55		
31021	CHEBE	MIX ALL PURPOSE BREAD DF WF/GF	7.5 OZ	2.60	2.60		
6107	CHEBE	MIX BREAD WF/GF	7.5 OZ	2.60	2.60		
6112	CHEBE	MIX BREADSTICK GAR/ONION WF/GF	7.5 OZ	2.60	2.60		
6110	CHEBE	MIX CINNAMON ROLL UP WF/GF/DF	7.5 OZ	2.60	2.60		
6109	CHEBE	MIX PIZZA CRUST WF/GF/DF	7.5 OZ	2.60	2.60		
6627	CHERRYBR	MIX CAKE CHOCOLATE Vg s	19 OZ	3.80	3.80		
6631	CHERRYBR	MIX COOKIE CHOC CHIP Vg s	15 OZ	3.80	3.80	2.99	2.99
34062	CHERRYBR	WF/GF BROWNIE MIX	16 OZ	3.99	3.99		
30276	CHERRYBR	WF/GF CAKE MIX CHOC s	16 OZ	3.99	3.99		
30277	CHERRYBR	WF/GF COOKIE MIX CHOC CHIP s	14.2 OZ	3.99	3.99		
30278	CHERRYBR	WF/GF COOKIE MIX SUGAR s	13.1 OZ	3.99	3.99		
3154	DWD&RGR	MIX CAKE DARK VANILLA WF/GF s	14 OZ	5.15	5.15		
3152	DWD&RGR	MIX CAKE DUTCH CHOC WF/GF s	14 OZ	5.15	5.15		
3153	DWD&RGR	MIX CAKE GOLDEN LEMON WF/GF s	14 OZ	5.15	5.15		
7722	FIDDLERS	MIX CORN BREAD ORG s	15 OZ	3.79	3.79		
7712	FIDDLERS	MIX GINGERBREAD ORG	15 OZ	3.79	3.79		
7721	FIDDLERS	MIX MUFFIN BRAN DF ORG	15 OZ	3.79	3.79		
7723	FIDDLERS	MIX NEW ENGLAND BISCUIT ORG	15 OZ	3.79	3.79		
35583	HARIMSA	MIX FRENCH CREPES	17.6 OZ	3.58	3.58		
35584	HARIMSA	MIX SPANISH CHURROS	17.6 OZ	3.58	3.58	2.86	2.86
31390	HOGAN	MIX BROWN IRISH SODA BREAD	16 OZ	4.59	4.59	2.99	2.99
31392	HOGAN	MIX IRISH SCONE s	16 OZ	4.59	4.59	2.99	2.99
31391	HOGAN	MIX WHITE IRISH SODA BREAD	16 OZ	4.59	4.59	2.99	2.99
41035	KINGARTH	CAKE MIX CHOC INDULGENCE s	21 OZ	10.05	10.05		
41034	KINGARTH	CAKE MIX CHOCOLATE LAVA s	14 OZ	5.40	5.40		
41033	KINGARTH	CAKE MIX LEMON BUTTERMILK s	25 OZ	7.93	7.93		
41045	KINGARTH	MUFFIN MIX CRANBERRY ORANGE s	20 OZ	5.51	5.51		
41047	KINGARTH	MUFFIN MIX LEMON POPPY s	20 OZ	5.51	5.51		
41048	KINGARTH	MUFFIN MIX PUMPKIN SPICE s	22 OZ	6.67	6.67		

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see page 31 for bulk
& page 84 for packaged

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Olde Cape Cod Oyster Crackers

All natural. Special multi-pack edition. 15 individual servings of Westminster Crackers.

Presenting Westminster Crackers baked with the same care and attention to quality since 1828. Great for lunch, snacks or travel, each little Oyster Cracker is perfectly light and puffy.

At Olde Cape Cod, we are fortunate to partner with Vermont's most famous bakery, Westminster: home of the most delicious crackers ever to come out of the oven. Westminster proudly bakes our light and puffy Oyster Crackers, and now we can package their incredible individually wrapped single-serve packages into one box.

So warm up the chowder, heat up the chili, and ladle out the soup. Toss in Westminster Oyster Crackers or pop 'em in your mouth. Either way, they're crisp, fresh and ready to enjoy, from Olde Cape Cod.

0 g trans fat - No preservatives
No cholesterol - No sugar
Low in fat - Low in salt
Made in USA

Ingredients: Unbleached Wheat Flour, Water, Canola Oil, All Natural Evaporated Cane Juice, Salt, Yeast, Baking Soda.

Item #30450

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
BAKING MIXES - cont.							
41037	KINGARTH	SCONE MIX CHERRY ALMOND s	18 OZ	6.92	6.92		
41041	KINGARTH	SCONE MIX CINNAMON FILLED s	23 OZ	7.93	7.93		
41039	KINGARTH	SCONE MIX VERMONT MAPLE OAT s	16 OZ	5.44	5.44		
33270	LITTLEBA	MIX ALL PURPOSE BREAKFAST GF V	14.2 OZ	5.39	5.39		
33268	LITTLEBA	MIX COOKIE BAR GF Vg	24.7 OZ	5.39	5.39		
33267	LITTLEBA	MIX CORN BREAD & MUFFIN GF Vg	12.6 OZ	4.15	4.15		
30738	LITTLEBA	MIX GINGERBREAD COOKIE GF Vg	15.01 OZ	4.80	4.80		
30735	LITTLEBA	MIX PUMPKIN BREAD GF Vg	21.65 OZ	4.80	4.80		
30736	LITTLEBA	MIX WAFFLE/DONUT HOLE GF Vg	13.35 OZ	4.15	4.15		
33269	LITTLEBA	MIX YELLOW CAKE GF Vg	24.2 OZ	5.39	5.39		
35506	MORGANS	MIX GINGERBRD BLUBRY ORG WF DF	24 OZ	6.15	6.15	4.99	4.99
35502	MORGANS	MIX MUFFIN BLUEBERRY ORG	24 OZ	6.80	6.80	4.99	4.99
35504	MORGANS	MIX MUFFIN ORANGE BRAN ORG DF	24 OZ	4.00	4.00	2.99	2.99
30595	NAMASTE	MIX BLONDIES WF/GF Vg s	30 OZ	5.80	5.80		
33022	NAMASTE	MIX BREAD WF/GF	16 OZ	5.15	5.15		
30596	NAMASTE	MIX BROWNIES WF/GF Vg s	30 OZ	5.80	5.80		
30598	NAMASTE	MIX CHOCOLATE CAKE WF/GF Vg s	26 OZ	5.70	5.70		
30603	NAMASTE	MIX MUFFINS SUGAR FR WF/GF Vg	14 OZ	4.23	4.23		
30602	NAMASTE	MIX MUFFINS WF/GF Vg s	16 OZ	4.27	4.27		
30699	NAMASTE	MIX PIZZA CRUST WF/GF Vg	16 OZ	5.15	5.15		
30597	NAMASTE	MIX SPICE CAKE WF/GF VG s	26 OZ	5.51	5.51		
30599	NAMASTE	MIX VANILLA CAKE WF/GF Vg s	26 OZ	5.70	5.70		
1640	NOPUDGE	BROWNIE MIX FUDGE F/F	13.7 OZ	3.25	3.25		
7364	PAMELAS	BROWNIE MIX CHOC WF/GF	16 OZ	5.39	5.39		
30787	PEMBERT	SCONE MIX WILD BLUEBERRY	14 OZ	4.95	4.95		
31842	REALLYGT	MIX BREAD BANANA v gf k s	19 OZ	5.52	5.52	4.97	4.97
31922	REALLYGT	MIX BREAD FRENCH gf k s	13 OZ	4.63	4.63	4.17	4.17
31921	REALLYGT	MIX BREAD PUMPKIN gf k s	19 OZ	5.51	5.51		
31923	REALLYGT	MIX BREAD RYE STYLE gf k s	19 OZ	5.51	5.51	4.96	4.96
31830	REALLYGT	MIX BREAD WHITE v gf k s	20 OZ	5.52	5.52		
31837	REALLYGT	MIX BROWNIE v gf k s	21 OZ	6.36	6.36	5.72	5.72
31834	REALLYGT	MIX CAKE ANGEL FOOD v gf k s	15 OZ	5.47	5.47	4.92	4.92
31833	REALLYGT	MIX CAKE CHOCOLATE v gf k s	23 OZ	6.23	6.23	3.99	3.99
31847	REALLYGT	MIX CAKE COFFEE CRUMB gf k s	20 OZ	5.51	5.51		
31848	REALLYGT	MIX CAKE DEVILS FOOD gf k s	23 OZ	6.36	6.36	4.99	4.99
31832	REALLYGT	MIX CAKE GOLDEN v gf k s	23 OZ	5.96	5.96	3.96	3.96
31835	REALLYGT	MIX CAKE LEMON POPPY v gf k s	23 OZ	5.96	5.96	5.36	5.36
31836	REALLYGT	MIX CAKE PINEAPPLE v gf k s	20 OZ	5.52	5.52	3.70	3.70
31846	REALLYGT	MIX CAKE POUND gf k s	20 OZ	5.51	5.51	4.96	4.96
31838	REALLYGT	MIX CLASSIC PANCAKE v gf k s	16 OZ	4.67	4.67		
31845	REALLYGT	MIX COOKIE BUTTER gf k s	15 OZ	4.92	4.92		
31843	REALLYGT	MIX COOKIE CHOC CRINKLE gf k s	16 OZ	5.07	5.07	3.79	3.79
31844	REALLYGT	MIX COOKIE VERSATILE gf k s	15 OZ	4.92	4.92	3.69	3.69
31920	REALLYGT	MIX CORNBREAD HOMESTYLE gf k s	28 OZ	6.41	6.41		
31849	REALLYGT	MIX MUFFIN APPLE SPICE gf k s	13 OZ	5.04	5.04		
31841	REALLYGT	MIX MUFFIN CORN BREAD v gf k s	13 OZ	4.63	4.63	4.17	4.17
31840	REALLYGT	MIX MUFFIN VANILLA v gf k s	12 OZ	4.62	4.62	4.16	4.16
31924	REALLYGT	MIX PIE CRUST gf k s	13 OZ	4.63	4.63		
31839	REALLYGT	MIX PIZZA CRUST v gf k s	16 OZ	4.67	4.67		
BEANS, CANNED							
6326	EDEN	BEANS ADUKI ORG USA	15 OZ	1.74	1.74		
6427	EDEN	BEANS BLACK ORG USA	15 OZ	1.74	1.74		
6424	EDEN	BEANS BLACK SOY ORG USA	15 OZ	1.74	1.74		
6428	EDEN	BEANS BUTTER ORG USA	15 OZ	1.74	1.74		
6422	EDEN	BEANS CANNELLINI ORG USA	15 OZ	1.74	1.74		
6421	EDEN	BEANS GARBANZO ORG	15 OZ	1.74	1.74		
6419	EDEN	BEANS GREAT NORTHERN ORG USA	15 OZ	1.74	1.74		
6418	EDEN	BEANS KIDNEY ORG USA	15 OZ	1.74	1.74		
6432	EDEN	BEANS NAVY ORG USA	15 OZ	1.74	1.74		
6431	EDEN	BEANS PINTO ORG USA	15 OZ	1.74	1.74		
6429	EDEN	BEANS SMALL RED ORG USA	15 OZ	1.74	1.74		
6426	EDEN	BLACK EYED PEAS ORG USA	15 OZ	1.74	1.74		
20227	LAPREF	BEANS BLACK ORG	15 OZ	1.39	1.39		
20226	LAPREF	BEANS CHICK PEAS ORG	15 OZ	1.39	1.39		
20228	LAPREF	BEANS PINTO ORG	15 OZ	1.39	1.39		
34662	NATVALUE	BEANS BLACK ORG	12/14.5 OZ	1.09	13.08		
34663	NATVALUE	BEANS GARBANZO ORG	12/14.5 OZ	1.09	13.08		
34665	NATVALUE	BEANS KIDNEY DK RED ORG	12/14.5 OZ	1.09	13.08		
34664	NATVALUE	BEANS PINTO ORG	12/14.5 OZ	1.09	13.08	.79	9.48
1888	ROLAND	BEANS FLAGEOLETS GREEN	14 OZ	1.89	1.89		
5512	WESTBRAE	BEANS BLACK ORG	25 OZ	2.35	2.35		
5511	WESTBRAE	BEANS GARBANZO ORG	25 OZ	2.35	2.35		
5514	WESTBRAE	BEANS KIDNEY ORG	25 OZ	2.35	2.35		
5513	WESTBRAE	BEANS PINTO ORG	25 OZ	2.35	2.35		
5522	WESTBRAE	ORG BEANS BLACK	15 OZ	1.80	1.80		
5526	WESTBRAE	ORG BEANS CHILI F/F	15 OZ	1.80	1.80		
5521	WESTBRAE	ORG BEANS GARBANZO L/F	15 OZ	1.80	1.80		
5523	WESTBRAE	ORG BEANS GREAT NORTHERN F/F	15 OZ	1.80	1.80		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
5524	WESTBRAE	ORG BEANS KIDNEY F/F	15 OZ	1.80	1.80		
5525	WESTBRAE	ORG BEANS PINTO F/F	15 OZ	1.80	1.80		
5518	WESTBRAE	ORG BEANS RED F/F	15 OZ	1.80	1.80		
5528	WESTBRAE	ORG BEANS SALAD L/F	15 OZ	1.80	1.80		
BEANS, CANNED - BAKED							
4799	AMYS	BEANS BAKED VEGETARIAN ORG	15 OZ	2.28	2.28	1.82	1.82
35076	BARHAR	BEANS BAKED SOLDIER s v	16 OZ	2.03	2.03		
35075	BARHAR	BEANS BAKED YELLOW EYE s v	16 OZ	2.03	2.03		
6312	EDEN	BEANS BAKED/SORGHM/MUST ORG	15 OZ	2.25	2.25		
BEANS, CANNED - REFRIED							
50258	AMYS	REFRIED BEANS TRAD ORG vg	15.4 OZ	2.19	2.19	1.75	1.75
3359	EDEN	REFRIED BEANS BLACK ORG USA	16 OZ	1.79	1.79		
3360	EDEN	REFRIED BEANS KIDNEY ORG USA	15 OZ	1.79	1.79		
3361	EDEN	REFRIED BEANS PINTO ORG USA	16 OZ	1.79	1.79		
9017	LAPREF	REFRIED BEANS VEGETARIAN	16 OZ	1.25	1.25	1.06	1.06
4327	LITTLEBE	REFRIED BEANS FAT FR GR CHILES	16 OZ	2.15	2.15		
4325	LITTLEBE	REFRIED BEANS FAT FR REGULAR	16 OZ	2.15	2.15		
BEANS, DRIED & PACKAGED							
5941	D'ALLAS	BEANS BABY BUTTER	12 OZ	2.58	2.58		
5990	D'ALLAS	BEANS BLACK TURTLE	12 OZ	2.68	2.68		
5944	D'ALLAS	BEANS CANNELLINI	12 OZ	2.32	2.32		
5946	D'ALLAS	BEANS CRANBERRY (BERLOTTI)	12 OZ	2.52	2.52		
5947	D'ALLAS	BEANS FAVA	12 OZ	3.63	3.63		
5948	D'ALLAS	BEANS FERMENTED BLACK	12 OZ	3.09	3.09		
5949	D'ALLAS	BEANS FLAGEOLET	12 OZ	3.17	3.17		
5950	D'ALLAS	BEANS FRENCH NAVY	12 OZ	2.21	2.21		
5951	D'ALLAS	BEANS GIANT PERU LIMA	12 OZ	2.83	2.83		
5958	D'ALLAS	BEANS SPLIT MUNG	12 OZ	2.93	2.93		
5954	D'ALLAS	BLACK EYE PEAS	12 OZ	2.46	2.46		
5960	D'ALLAS	CHANA DAL	12 OZ	2.31	2.31		
5940	D'ALLAS	LENTILS AUTUMN BLEND	12 OZ	3.02	3.02		
5965	D'ALLAS	LENTILS BLACK BELUGA	12 OZ	2.92	2.92		
5993	D'ALLAS	LENTILS FRENCH GREEN	12 OZ	2.47	2.47		
5967	D'ALLAS	LENTILS IVORY WHITE	12 OZ	2.88	2.88		
5992	D'ALLAS	LENTILS PETITE GOLDEN	12 OZ	2.88	2.88		
6002	D'ALLAS	LENTILS RED CHIEF	12 OZ	2.58	2.58		
5994	D'ALLAS	LENTILS SPANISH PARDINA	12 OZ	2.99	2.99		
8201	TIMELESS	LENTILS PARDINA usa	16 OZ	4.05	4.05		
2763	TRUROOTS	GRN LENTILS SPRTD ORG gf k	10 OZ	4.44	4.44		
2764	TRUROOTS	MUNG BEANS SPROUTED ORG gf k	10 OZ	4.44	4.44		
53100	EDEN	BEANS BLK TURTLE ORG USA dry	16 OZ	2.94	2.94		
53101	EDEN	BEANS DK RED KIDNEY ORG US dry	16 OZ	3.33	3.33		
53102	EDEN	BEANS GARBANZO ORG USA dry	16 OZ	3.21	3.21		
53105	EDEN	BEANS LENTILS GRN ORG USA dry	16 OZ	2.80	2.80		
53104	EDEN	BEANS NAVY ORG USA dry	16 OZ	2.87	2.87		
53103	EDEN	BEANS PINTO ORG USA dry	16 OZ	2.94	2.94		
8150	TIMELESS	LENTILS BLACK BELUGA ORG usa	16 OZ	4.05	4.05		
8153	TIMELESS	LENTILS DU PUY STYLE ORG usa	16 OZ	4.05	4.05		
8151	TIMELESS	LENTILS GREEN ORG usa	16 OZ	3.65	3.65		
8152	TIMELESS	LENTILS HARVEST GOLD ORG usa	16 OZ	4.35	4.35		
8154	TIMELESS	LENTILS PETITE CRIMSON ORG usa	16 OZ	4.35	4.35		
8156	TIMELESS	PEAS YELLOW SPLIT ORG usa	16 OZ	3.75	3.75		
BEVERAGES, JUICE							
30795	AMY&BRI	COCONUT JUICE Pulp free	4/6/10 OZ	1.02	24.48		
30506	AMY&BRI	COCONUT JUICE Pulp free	12/17.5 OZ	1.65	19.80		
32048	AMY&BRI	COCONUT JUICE Pulp free w/LIME	12/17.5 OZ	1.65	19.80		
6600	AMY&BRI	COCONUT JUICE W/Pulp	12/17.5 OZ	1.65	19.80		
30797	AMY&BRI	MANGOSTEEN W/PASSIONFRUIT s	12/8.45 OZ	1.33	15.96		
30796	AMY&BRI	MANGOSTEEN W/POMEGRANATE s	12/8.45 OZ	1.33	15.96		
15303	BIONAT	NECTAR APPLE ORG	6/25.4 OZ	3.30	19.80	2.81	16.86
15300	BIONAT	NECTAR APRICOT ORG	6/25.4 OZ	3.30	19.80		
15305	BIONAT	NECTAR BILBERRY ORG	6/25.4 OZ	3.30	19.80		
15306	BIONAT	NECTAR CARROT-APPLE ORG	6/25.4 OZ	3.30	19.80		
15301	BIONAT	NECTAR PEACH ORG	6/25.4 OZ	3.30	19.80		
15302	BIONAT	NECTAR PEAR ORG	6/25.4 OZ	3.30	19.80		
15304	BIONAT	NECTAR PLUM ORG	6/25.4 OZ	3.30	19.80		
15324	BIONAT	NECTAR SICILIAN LEMON ORG	6/25.4 OZ	3.30	19.80		
15325	BIONAT	NECTAR SOUR CHERRY ORG	6/25.4 OZ	3.30	19.80		
15326	BIONAT	NECTAR STRAWBERRY ORG	6/25.4 OZ	3.30	19.80		
15327	BIONAT	NECTAR WILD BERRY ORG	6/25.4 OZ	3.30	19.80		
2870	BIOTTA	JUICE BEET ROOT ORG	6/16.9 OZ	5.69	34.14		
33360	BIOTTA	JUICE BEET ROOT ORG	12/8.4 OZ	3.09	37.08		
33363	BIOTTA	JUICE BREAKFAST ORG	12/8.4 OZ	3.69	44.28	2.74	32.88
2875	BIOTTA	JUICE BREUSS VEGETABLE ORG	6/16.9 OZ	5.69	34.14		
33361	BIOTTA	JUICE CARROT ORG	12/8.4 OZ	3.09	37.08		
33364	BIOTTA	JUICE ELDERBERRY ORG s	12/8.4 OZ	3.69	44.28		
33365	BIOTTA	JUICE ENERGY DRINK ORG	12/8.4 OZ	3.69	44.28		
33362	BIOTTA	JUICE VEGETABLE COCKTAIL ORG	12/8.4 OZ	3.09	37.08		
41382	BRAGG	APPLE CIDR VIN DRNK W/GING ORG	12/16 OZ	1.99	23.88		
41383	BRAGG	APPLE CIDR VIN DRNK W/GRAP ORG	12/16 OZ	1.99	23.88		

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Pure coconut water

Zico bottles contain a blend of coconut waters from around the world, naturally giving them 20% fewer calories per serving and slightly more sodium for optimum hydration and replenishment.

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Zico Natural has more potassium than a banana, four other naturally occurring electrolytes, only 60 calories per 14 oz. serving, and zero fat, zero added sugar and zero cholesterol. It is low in acidity and high in potent antioxidants.

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Zico
Natural Coconut

Ingredients: 100% natural coconut water from concentrate, natural flavors

Item #32275 - bottle

(continued on page 72)

ZICO

Nature's Sports Drink

Zico
Lima Citron

With its light and refreshing citrus blend of lemon and lime essence, Zico introduces Lima Citron. Available in the new 14oz bottle, Lima Citron brings all the hydration and recovery benefits of coconut water with a light lemon-lime twist.

Ingredients: 100% natural coconut water from concentrate, natural flavors, citric acid

Item #32276 - bottle

Zico
Pomberry

Zico Pomberry combines the essences of two great flavors - berry and pomegranate - for a refreshing and nutritious blend. Pomberry delivers all of the benefits of our Natural coconut water,

Ingredients: 100% natural coconut water from concentrate, natural flavors, citric acid

Item #32277 - bottle

Zico
Pina Tropicale

The tropical combination of pineapple and citrus essence with coconut water is light, refreshing and delicious. Available in the 14oz bottle, Piña Tropicale has all the great nutritional and hydrating properties of natural Zico with a beachy pineapple essence.

Ingredients: 100% natural coconut water from concentrate, natural flavors, citric acid

Item #32278 - bottle

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
BEVERAGES, JUICE - cont.							
41381	BRAGG	APPLE CIDR VIN DRNK W/HONY ORG	12/16 OZ	1.99	23.88		
31200	CALVALLS	JUICE CLEMENTINE ORG Spain	6/1 LTR	6.15	36.90		
31201	CALVALLS	JUICE TOMATO ORG Spain	6/1 LTR	4.10	24.60		
6322	EDEN	JUICE APPLE ORGANIC	6/64 OZ	6.29	37.74		
36383	ELITE	JUICE POM ACAI BLK MULBRY ORG	12/125 ML	1.39	16.68		
36382	ELITE	JUICE POMEGRANATE GRN TEA ORG	12/125 ML	1.39	16.68	.99	11.88
36380	ELITE	JUICE POMEGRANATE ORG	12/125 ML	1.39	16.68		
36381	ELITE	JUICE WATERMELON ORG	12/125 ML	1.39	16.68		
6242	KNUDSEN	JUICE ACAI BERRY ORG	12/32 OZ	4.99	59.88	3.74	44.88
39050	KNUDSEN	JUICE APPLE	24/8 OZ	.77	18.48		
5029	KNUDSEN	JUICE APPLE ORG	12/32 OZ	2.99	35.88		
33357	KNUDSEN	JUICE BLUEBERRY LIGHT	12/32 OZ	2.95	35.40		
5033	KNUDSEN	JUICE CONCORD GRAPE ORG	12/32 OZ	3.63	43.56		
33358	KNUDSEN	JUICE CRANBERRY LIGHT	12/32 OZ	2.95	35.40		
39054	KNUDSEN	JUICE CRANBERRY NECTAR	24/8 OZ	.77	18.48		
39053	KNUDSEN	JUICE GRAPEFRUIT	24/8 OZ	.77	18.48	.58	13.92
6233	KNUDSEN	JUICE JUST CRANBERRY	12/32 OZ	6.47	77.64		
5031	KNUDSEN	JUICE JUST POMEGRANATE	12/32 OZ	6.15	73.80		
4221	KNUDSEN	JUICE MORNING BLEND	12/32 OZ	2.95	35.40		
39051	KNUDSEN	JUICE MORNING BLEND	24/8 OZ	.77	18.48		
39052	KNUDSEN	JUICE ORANGE	24/8 OZ	.77	18.48		
39055	KNUDSEN	JUICE PAPAYA NECTAR	24/8 OZ	.77	18.48		
33359	KNUDSEN	JUICE POMEGRANATE LIGHT	12/32 OZ	2.95	35.40		
6247	KNUDSEN	JUICE PRUNE ORG	12/32 OZ	4.99	59.88	3.99	47.88
6278	KNUDSEN	JUICE VERY VEGGIE	24/8 OZ	.87	20.88		
4234	KNUDSEN	JUICE VERY VEGGIE spicy	12/32 OZ	2.95	35.40		
6243	KNUDSEN	JUICE YUMBERRY ORG	12/32 OZ	4.99	59.88		
35405	LIV ORG	SPORTS DRINK BERRY ORG	12/12 OZ	1.24	14.88	.89	10.68
35408	LIV ORG	SPORTS DRINK CTRUS PASSN ORG	12/12 OZ	1.24	14.88	.89	10.68
35407	LIV ORG	SPORTS DRINK LEMON ORG	12/12 OZ	1.24	14.88	.89	10.68
35406	LIV ORG	SPORTS DRINK ORANGE ORG	12/12 OZ	1.24	14.88	.89	10.68
35140	MARCOPOL	JUICE BLUEBERRY	12/33 OZ	3.40	40.80		
35142	MARCOPOL	JUICE POMEGRANTE BLUEBERRY	12/33 OZ	3.40	40.80		
35141	MARCOPOL	temp n/a JUICE POMEGRANATE	12/33 OZ	3.40	40.80		
32263	NATURFAC	COCONUT WATER YOUNG ORG vg gf	12/10 OZ	1.60	19.20		
30490	PALDO	ALOE VERA DRINK s	59.14 OZ	3.38	3.38		
30491	PALDO	ALOE VERA DRINK s	16.9 OZ	1.61	1.61		
6241	SANTACRZ	JUICE LEMONADE MANGO ORG s	12/32 OZ	2.49	29.88		
6251	SANTACRZ	JUICE LEMONADE ORIGINAL ORG s	12/32 OZ	2.49	29.88		
6248	SANTACRZ	JUICE LEMONADE RASPBERRY ORG s	12/32 OZ	2.49	29.88		
6249	SANTACRZ	JUICE LEMONADE STRAWBRY ORG s	12/32 OZ	2.49	29.88		
6252	SANTACRZ	JUICE LIMEADE ORG s	12/32 OZ	2.49	29.88	2.12	25.44
5307	VOLCANO	JUICE BLOOD ORANGE ORG k	6/25.3 OZ	4.29	25.74		
39060	VOLCANO	JUICE LEMONADE ORG s k	6/25.3 OZ	3.53	21.18		
39061	VOLCANO	JUICE LIMEADE ORG s k	6/25.3 OZ	3.53	21.18		
5306	VOLCANO	JUICE TANGERINE ORG s k	6/25.3 OZ	4.29	25.74		
32276	**ZICO**	**COCONUT WATER LIMA CITRON bot k**	**12/14 OZ**	**2.03**	**24.36**	**1.82**	**21.84**
32275	**ZICO**	**COCONUT WATER NATURAL bot k**	**12/14 OZ**	**2.03**	**24.36**	**1.82**	**21.84**
32277	**ZICO**	**COCONUT WATER POMBERRY bot k**	**12/14 OZ**	**2.03**	**24.36**	**1.82**	**21.84**
32278	**ZICO**	**COCONUT WATER PINEAPPLE bot k**	**12/14 OZ**	**2.03**	**24.36**	**1.82**	**21.84**
BEVERAGES, JUICE CONCENTRATES							
6388	EDEN	JUICE CONCENTRATE CHERRY ORG	7.5 OZ	14.57	14.57		
36021	FLAVRZ	DRINK CONC CHERRY BERRY ORG s	16 OZ	4.25	4.25		
36023	FLAVRZ	DRINK CONC LEMON & LIME ORG s	16 OZ	4.25	4.25		
36022	FLAVRZ	DRINK CONC TROPICAL ORG s	16 OZ	4.25	4.25		
36010	HAFI	DRINK CONCENTRATE LINGONBRY s	16 OZ	5.62	5.62	4.50	4.50
6230	KNUDSEN	JUICE CONCENTRATE CRANBERRY	8 OZ	8.15	8.15		
4205	SANTACRZ	JUICE LEMON 100% ORG	16 OZ	3.75	3.75		
4210	SANTACRZ	JUICE LIME 100% ORG	16 OZ	3.65	3.65		
5300	VOLCANO	JUICE LEMON ORGANIC	1 LTR	5.19	5.19		
36024	FLAVRZ	DRNK CONC PKT CHERRY BRY ORG s	6/1 OZ	3.49	3.49		
36025	FLAVRZ	DRNK CONC PKT LEM LIME ORG s	6/1 OZ	3.49	3.49		
36026	FLAVRZ	DRNK CONC PKT TROPICAL ORG s	6/1 OZ	3.49	3.49		
5309	VOLCANO	JUICE LEMON ORG sqz bottle k	12/200 ML	1.58	18.96		
5303	VOLCANO	JUICE LIME ORG sqz bottle k	12/200 ML	1.58	18.96		
BEVERAGES, JUICE - ASCEPTICS							
2889	APLEVE	JUICE APPLE	9/3/8.45OZ	.66	17.82		
3662	CARLSON	BOX APPLE CIDER 100% k	8/4.23 OZ	.40	3.20		
36373	HONSTKID	QNCHER APPLEY EVER ORG 8 pk	8/6.75 OZ	.46	3.68		
34395	HONSTKID	QNCHER BERRY LEMON ORG 8 pk	8/6.75 OZ	.46	3.68		
34396	HONSTKID	QNCHER GOOD GRAPE ORG 8 pk	8/6.75 OZ	.46	3.68		
34397	HONSTKID	QNCHER SUPR FRT PUNCH ORG 8pk	8/6.75 OZ	.46	3.68		
34394	HONSTKID	QNCHER TROP PUNCH ORG 8 pk	8/6.75 OZ	.46	3.68		
5020	KNUDSEN	BOX APPLE ORG	27/8 OZ	.88	23.76		
31096	KNUDSEN	BOX GRAPE	27/8 OZ	.89	24.03		
5021	KNUDSEN	BOX PEAR ORG	27/8 OZ	.88	23.76		
32060	MYSMOOTH	mySMOOTHIE BLUEBERRY	12/250 ML	1.50	18.00		
32061	MYSMOOTH	mySMOOTHIE MANGO	12/250 ML	1.50	18.00		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
32064	MYSMOOTH	mySMOOTHIE PEACH	12/250 ML	1.50	18.00		
32062	MYSMOOTH	mySMOOTHIE RASPBERRY	12/250 ML	1.50	18.00		
32063	MYSMOOTH	mySMOOTHIE STRAWBERRY	12/250 ML	1.50	18.00		
5002	SANTACRZ	BOX GRAPE ORG	27/8 OZ	.80	21.60		
5011	SANTACRZ	BOX LEMONADE ORG	27/8 OZ	.80	21.60		
32051	ZICO	COCONUT WATER MANGO aseptic	12/11 OZ	1.38	16.56		
32052	ZICO	COCONUT WATER NATURAL aseptic	12/11 OZ	1.38	16.56	1.24	14.88
32053	ZICO	COCONUT WATER PAS/ORNG aseptic	12/11 OZ	1.38	16.56	1.24	14.88
BEVERAGES, SPARKLING							
20426	BAVARIA	MALT BEVERAGE NO ALCHL APPLE s	4/6/8OZ	1.15	27.60	.89	21.36
20425	BAVARIA	MALT BEVERAGE NO ALCHL REG s	4/6/8OZ	1.15	27.60	.89	21.36
30122	BELVOIR	GINGER BEER ORG s	24/250 ML	1.71	41.04		
20150	BELVOIR	SPARKLING LEMONADE ORG s	12/25 OZ	3.74	44.88		
6376	BLUSKY	ORG BLK CHERRY CHERISH	24/12 OZ	.70	16.80		
6375	BLUSKY	ORG GINGER ALE	24/12 OZ	.70	16.80		
6377	BLUSKY	ORG NEW CENTURY COLA	24/12 OZ	.70	16.80		
6399	BLUSKY	ORG ORANGE DIVINE	24/12 OZ	.70	16.80		
6379	BLUSKY	ORG ROOTBEER ENCORE s	24/12 OZ	.70	16.80		
6395	BLUSKY	SODA BLACK CHERRY fr	24/12 OZ	.59	14.16		
6400	BLUSKY	SODA CHERRY VANILLA CREME fr	24/12 OZ	.59	14.16		
6405	BLUSKY	SODA COLA NATURAL fr	24/12 OZ	.59	14.16		
6409	BLUSKY	SODA GRAPE fr	24/12 OZ	.59	14.16		
6413	BLUSKY	SODA JAMAICAN GINGER ALE fr	24/12 OZ	.59	14.16		
6415	BLUSKY	SODA LEMON LIME fr	24/12 OZ	.59	14.16		
6423	BLUSKY	SODA ORANGE CREAM	24/12 OZ	.59	14.16		
6425	BLUSKY	SODA RASPBERRY fr	24/12 OZ	.59	14.16		
6430	BLUSKY	SODA ROOT BEER NATURAL fr	24/12 OZ	.59	14.16		
30229	BLUSKY	TEA SODA GREEN IMPERIAL LIME s	24/12 OZ	.55	13.20		
30228	BLUSKY	TEA SODA GREEN PEACH MIST s	24/12 OZ	.55	13.20		
30230	BLUSKY	TEA SODA WHITE POMEGRANATE s	24/12 OZ	.55	13.20		
35580	EFFERVE	SPARKLING FRNCH LMNADE PINK s	24/11.2 OZ	1.62	38.88		
35582	EFFERVE	SPARKLING FRNCH LMNADE POMBLUE	24/11.2 OZ	1.59	38.16		
35579	EFFERVE	SPARKLING LEMONADE s	24/11.2 OZ	1.62	38.88		
35595	EFFERVE	SPKLING BLOOD ORANGE ENRGY s	12/25.4 OZ	3.65	43.80		
35575	EFFERVE	SPKLING FRNCH LEMONADE PINK s	12/25.4 OZ	3.65	43.80		
35577	EFFERVE	SPKLING FRNCH LEMONADE s	12/25.4 OZ	3.65	43.80		
35574	EFFERVE	SPKLING LEMONADE TRAD s	12/25.4 OZ	3.65	43.80		
80101	FENTIMAN	4 PK CURIOSITY COLA	6/4/275ML	1.35	32.40		
30613	FENTIMAN	4 PK DANDELION & BURDOCK	6/4/275ML	1.35	32.40		
3414	FENTIMAN	4 PK GINGER BEER s	6/4/275ML	1.35	32.40		
3417	FENTIMAN	4 PK SEVILLE ORANGE JIGGER	6/4/275ML	1.35	32.40		
3415	FENTIMAN	4 PK VICTORIAN LEMONADE	6/4/275ML	1.35	32.40		
4598	FIZZYLIZ	SPRKLING JCE APPLE	6/4/12 OZ	1.10	26.40		
4569	FIZZYLIZ	SPRKLING JCE CRANBERRY	6/4/12 OZ	1.05	25.20		
4597	FIZZYLIZ	SPRKLNG JCE GRAPE	6/4/12 OZ	1.05	25.20	.84	20.16
4568	FIZZYLIZ	SPRKLNG JCE GRAPEFRUIT	6/4/12 OZ	1.10	26.40		
4567	FIZZYLIZ	SPRKLNG JCE PINEAPPLE	6/4/12 OZ	1.05	25.20	.84	20.16
30195	FIZZYLIZ	SPRKLNG JCE RASPBERRY LEMON	6/4/12 OZ	1.10	26.40		
34468	FIZZYLIZ	SPRKLNG JCE TANGERINE	6/4/12 OZ	1.10	26.40		
32545	GALVANIN	SODA ACAI ORG k s	12/25.4 OZ	2.59	31.08		
32540	GALVANIN	SODA BLOOD ORANGE ORG k s	12/25.4 OZ	2.59	31.08		
32546	GALVANIN	SODA BLOOD ORANGE ORG k s	6/4/12 OZ	1.24	29.76		
32544	GALVANIN	SODA CRAN POMEGRANATE ORG k s	12/25.4 OZ	2.59	31.08		
32550	GALVANIN	SODA CRAN POMEGRANATE ORG k s	6/4/12 OZ	1.24	29.76		
32542	GALVANIN	SODA GRAPEFRUIT ORG k s	12/25.4 OZ	2.59	31.08		
32548	GALVANIN	SODA GRAPEFRUIT ORG k s	6/4/12 OZ	1.24	29.76		
32541	GALVANIN	SODA LEMON ORG k s	12/25.4 OZ	2.59	31.08		
32547	GALVANIN	SODA LEMON ORG k s	6/4/12 OZ	1.24	29.76		
32552	GALVANIN	SODA ORNG PRICKLY PEAR ORG k s	12/25.4 OZ	2.59	31.08		
32551	GALVANIN	SODA ORNG PRICKLY PEAR ORG k s	6/4/12 OZ	1.24	29.76		
32543	GALVANIN	SODA POMEGRANATE ORG k s	12/25.4 OZ	2.59	31.08		
32549	GALVANIN	SODA POMEGRANATE ORG k s	6/4/12 OZ	1.24	29.76		
6800	GUS	4pk SODA CRANBERRY LIME s	24/12 OZ	.99	23.76		
33029	GUS	4pk SODA DRY COLA s	24/12 OZ	.99	23.76		
6797	GUS	4pk SODA DRY MEYER LEMON s	24/12 OZ	.99	23.76		
33056	GUS	4pk SODA DRY POMEGRANATE	24/12 OZ	.99	23.76		
6796	GUS	4pk SODA DRY VALENCIA ORANGE s	24/12 OZ	.99	23.76		
6795	GUS	4pk SODA EXTRA DRY GINGER ALE	24/12 OZ	.99	23.76		
6371	GUS	4pk SODA GRAPE BLK CURRANT	24/12OZ	.99	23.76	.89	21.36
6799	GUS	4pk SODA STAR RUBY GRAPEFRT s	24/12 OZ	.99	23.76		
33557	KNUDSEN	4 pk SPRITZER BLACK CHERRY	6/4/10.5OZ	.80	19.20		
33558	KNUDSEN	4 pk SPRITZER BOYSENBERRY	6/4/10.5OZ	.80	19.20		
33561	KNUDSEN	4 pk SPRITZER CRANBERRY	6/4/10.5OZ	.80	19.20		
33550	KNUDSEN	4 pk SPRITZER GINGER ALE	6/4/10.5OZ	.80	19.20		
33559	KNUDSEN	4 pk SPRITZER GRAPE	6/4/10.5OZ	.80	19.20		
33556	KNUDSEN	4 pk SPRITZER JAMAICN LEMONAD	6/4/10.5OZ	.80	19.20		
33560	KNUDSEN	4 pk SPRITZER LEMON LIME	6/4/10.5OZ	.80	19.20		
33562	KNUDSEN	4 pk SPRITZER MANDARIN LIME	6/4/10.5OZ	.80	19.20		
33553	KNUDSEN	4 pk SPRITZER MANGO FANDANGO	6/4/10.5OZ	.80	19.20		
33551	KNUDSEN	4 pk SPRITZER ORNG PASSIONFRT	6/4/10.5OZ	.80	19.20	.72	17.28

FIZZY LIZZY

- Award winning
- 60% Fruit Juice + 40% Fizzy Water*
  *on average
- No added sugar or corn syrup

Available in:

# 4598	apple
# 4569	cranberry
# 4568	grapefruit
# 4567	pineapple
# 30195	raspberry lemon
# 34468	tangerine
# 4597	yakima grape

Please visit us at www.fizzylizzy.com

KOMBUCHA WONDER DRINK

Sparkling Fermented Tea

Kombucha Wonder Drink is a curiously tart, sparkling fermented tea. It's naturally occurring acids can help detoxify and energize your body – without alcohol. Available in14 fluid ounce bottles in eight spirited flavors. Old wisdom is refreshingly cool.

An authentic wellness beverage with unique flavor, history and health benefits, kombucha is one of today's hottest categories in natural foods. Launched in 2002, **Kombucha Wonder Drink** became the first national kombucha brand, winning loyal customers with superior flavors and packaging design.

Fermented Tea Becomes Sparkling Kombucha

A culture of friendly yeast and bacteria transforms organic tea into an energizing brew we know as kombucha. Resulting organic acids provide the unique flavor and health benefits. Kombucha originated in the Far East over 2,000 years ago and is now enjoyed on every continent.

BEVERAGES, SPARKLING - cont.

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
33552	KNUDSEN	4 pk SPRITZER PEACH	6/4/10.5OZ	.80	19.20	.68	16.32
33555	KNUDSEN	4 pk SPRITZER RED RASPBERRY	6/4/10.5OZ	.80	19.20		
33563	KNUDSEN	4 pk SPRITZER STRAWBERRY	6/4/10.5OZ	.80	19.20		
33554	KNUDSEN	4 pk SPRITZER TANGERINE	6/4/10.5OZ	.80	19.20		
82080	KNUDSEN	SPARKLING PEAR ORG	12/750 ML	3.49	41.88		
82100	KNUDSEN	SPARKLING POMEGRANATE ORG	12/750 ML	3.49	41.88		
3751	KRISTALL	SOFT DRINK APPLE s	24/12 OZ	.90	21.60		
3752	KRISTALL	SOFT DRINK BLACK CURRANT s	24/12 OZ	.90	21.60		
3762	KRISTALL	SOFT DRINK CRANBERRY	24/12 OZ	.90	21.60		
3753	KRISTALL	SOFT DRINK LEMON/LIME SPRITZ	24/12 OZ	.90	21.60		
3755	KRISTALL	SOFT DRINK LINGONBERRY s	24/12 OZ	.90	21.60		
3754	KRISTALL	SOFT DRINK ORANGE s	24/12 OZ	.90	21.60		
3757	KRISTALL	SOFT DRINK PEAR s	24/12 OZ	.90	21.60		
3763	KRISTALL	SOFT DRINK POMEGRANATE	24/12 OZ	.90	21.60		
3761	KRISTALL	SOFT DRINK RASPBERRY s	24/12 OZ	.90	21.60		
35080	MAINERT	4 PK BLUEBERRY s	6/4 12 OZ	1.18	28.32		
35006	MAINERT	4 PK GINGER BEER s	6/4 12 OZ	1.18	28.32		
35081	MAINERT	4 PK LEMON LIME s	6/4 12 OZ	1.18	28.32	1.06	25.44
35082	MAINERT	4 PK MANDARIN ORANGE s	6/4 12 OZ	1.18	28.32	1.06	25.44
35023	MAINERT	4 PK PUMPKIN PIE SODA s	6/4/12 OZ	1.18	28.32		
8289	MAINERT	4 PK ROOTBEER s	6/4/12 OZ	1.18	28.32		
8290	MAINERT	4 PK SARSAPARILLA s	6/4/12 OZ	1.18	28.32		
35120	MAINERT	SODA BLUEBERRY s	24/12 OZ	1.07	25.68		
7398	MAINERT	SODA GINGER BEER s	24/12 OZ	1.07	25.68		
35122	MAINERT	SODA LEMON LIME s	24/12 OZ	1.07	25.68		
35121	MAINERT	SODA MANDARIN ORANGE s	24/12 OZ	1.07	25.68		
35119	MAINERT	SODA PUMPKIN PIE s	24/12 OZ	1.07	25.68		
32312	MAINERT	SODA ROOT BEER FT s	12/22 OZ	2.53	30.36	2.28	27.36
7404	MAINERT	SODA ROOT BEER s	24/12 OZ	1.07	25.68		
7407	MAINERT	SODA SARSAPARILLA s	24/12 OZ	1.07	25.68		
35470	MRQCUMBR	SODA MR Q CUMBER s	24/7 OZ	.77	18.48		
35227	QTONIC	TONIC WATER 4pk	6/4/8OZ	1.38	33.12		
82101	QTONIC	TONIC WATER LARGE BOTTLE	12/750 ML	4.89	58.68		
2296	REEDS	EXTRA GINGER BREW	24/12 OZ	1.16	27.84		
2298	REEDS	ORIGINAL GINGER BREW	24/12 OZ	1.16	27.84		
5401	REGATTA	GINGER BEER s 4pk	24/12 OZ	1.05	25.20		
2691	SANPELLE	ARANCIATA cans s	24/11.5 OZ	.78	18.72		
2696	SANPELLE	ARANCIATA(orange) s glass	24/6.5 OZ	1.01	24.24		
2692	SANPELLE	LIMONATA cans s	24/11.5 OZ	.78	18.72		
2698	SANPELLE	LIMONATA(lemon) s glass	24/6.5 OZ	1.01	24.24		
33566	SANTACRZ	4 pk SPKLNG LEMON LIME ORG s	6/4/10.5OZ	.80	19.20	.68	16.32
33564	SANTACRZ	4 pk SPKLNG LEMONADE ORG s	6/4/10.5OZ	.80	19.20	.68	16.32
33569	SANTACRZ	4 pk SPKLNG MANGO LEMNADE ORG	6/4/10.5OZ	.80	19.20	.68	16.32
33567	SANTACRZ	4 pk SPKLNG ORANGE MANGO ORG s	6/4/10.5OZ	.80	19.20		
33568	SANTACRZ	4 pk SPKLNG POMEGRT LIMEADE OR	6/4/10.5OZ	.80	19.20		
33565	SANTACRZ	4 pk SPKLNG RASPBY LEMNADE ORG	6/4/10.5OZ	.80	19.20		
35232	SIMPLE K	SPARKLING BEV WHITE GRAPE ORG	4/6/12 OZ	1.47	35.28	.97	23.28
35242	SOURCE	SPRKLING JUICE LIME ORG	6/4/12 OZ	1.18	28.32		
35241	SOURCE	SPRKLING JUICE POM ACAI ORG	6/4/12 OZ	1.18	28.32		
35240	SOURCE	SPRKLING JUICE WHITE GRAPE ORG	6/4/12 OZ	1.18	28.32	1.06	25.44
30411	STIRRING	4 PK CLUB SODA	6/4/6.3 OZ	1.20	28.80		
30410	STIRRING	4 PK TONIC WATER	6/4/6.3 OZ	1.20	28.80		
6681	SWITCH	4 PK APRICOT PEACH	6/4 12OZ	.99	23.76		
6682	SWITCH	4 PK BLACK CHERRY	6/4 12OZ	.99	23.76		
6679	SWITCH	4 PK ORANGE TANGERINE	6/4 12OZ	.99	23.76		
6683	SWITCH	4 PK VERY BERRY	6/4 12OZ	.99	23.76	.84	20.16
6680	SWITCH	4 PK WATERMELON STRAWBERRY	6/4 12OZ	.99	23.76		
32150	SWITCH	CANS BLACK CHERRY	24/8.3 OZ	.68	16.32		
32153	SWITCH	CANS FRUIT PUNCH	24/8.3 OZ	.68	16.32		
32151	SWITCH	CANS GRAPE	24/8.3 OZ	.68	16.32		
32190	SWITCH	CANS KIWI BERRY	24/8.3 OZ	.68	16.32		
32152	SWITCH	CANS ORANGE TANGERINE	24/8.3 OZ	.68	16.32		
32154	SWITCH	CANS WATERMELON STRAWBERRY	24/8.3 OZ	.68	16.32		
2737	TOMMY	SODA CLEARLY CREAM s	24/12 OZ	.81	19.44		
2736	TOMMY	SODA LUCIOUS LEMON-LIME s	24/12 OZ	.81	19.44		
2738	TOMMY	SODA OPTIMAL ORANGE +C s	24/12 OZ	.81	19.44		
2772	TOMMY	SODA RASPBRY LIME RICKEY s	24/12 OZ	.81	19.44		
2739	TOMMY	SODA ROOT BEER s	24/12 OZ	.81	19.44		
6440	VIRGILS	ROOT BEER bottles	24/12 OZ	1.30	31.20		
1753	VT SWEET	CTRY APPLE JACK s	24/12 OZ	1.05	25.20		
1752	VT SWEET	KICKIN COW COLA	24/12 OZ	1.05	25.20		
1754	VT SWEET	MANGO MOONSHINE s	24/12 OZ	1.05	25.20		
1757	VT SWEET	MAPLE SELTZER	24/12 OZ	1.05	25.20		
1756	VT SWEET	MAPLE SODA	24/12 OZ	1.05	25.20		
1755	VT SWEET	RASP-RHUBARB RAMBLE s	24/12 OZ	1.05	25.20		
1751	VT SWEET	ROOT BEER s	24/12 OZ	1.05	25.20		
1758	VT SWEET	TANGERINE CRM TWISTER s	24/12 OZ	1.05	25.20		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
BEVERAGES, NON-ALCOHOLIC							
2581	BOTTLGRN	PRESSE CRAN ORANGE s	6/750ML	2.80	16.80		
2606	BOTTLGRN	PRESSE ELDERFLOWER s	6/750ML	2.80	16.80		
2604	BOTTLGRN	PRESSE GINGER & LEMONGRASS	6/750ML	2.80	16.80		
34900	BOTTLGRN	PRESSE POMEGRANATE ELDER s	6/750ML	2.80	16.80		
34901	BOTTLGRN	PRESSE POMEGRANATE ELDER s	12/275ML	1.40	16.80		
2845	ARIEL	BLANC	750ML	4.75	4.75	4.04	4.04
2853	ARIEL	BRUT CUVEE sparkling wine	750ML	6.14	6.14		
2848	ARIEL	CABERNET SAVIGNON	750 ML	7.00	7.00		
2849	ARIEL	CHARDONNAY	750 ML	7.00	7.00		
2850	ARIEL	MERLOT	750 ML	7.00	7.00		
2846	ARIEL	ROUGE	750 ML	4.75	4.75		
2847	ARIEL	WHITE ZINFANDEL	750 ML	4.75	4.75		
3663	CARLSON	SPARKLING MCINTOSH CIDER	12/25.4 OZ	2.85	34.20		
3664	CARLSON	SPARKLING MCINTOSH CIDER	24/12 OZ	1.08	25.92		
BEVERAGES, DAIRY, NON-DAIRY							
3426	BETMILK	SOY PLAIN dry mix	25.9 OZ	11.30	11.30		
80192	BLUDIAM	ALMOND BREEZE CHOC	12/32 OZ	2.37	28.44		
15412	BLUDIAM	ALMOND BREEZE ORIG	12/32 OZ	2.37	28.44		
15413	BLUDIAM	ALMOND BREEZE VANILLA	12/32 OZ	2.37	28.44		
3327	EDENSOY	"(temp n/a, no eta) SOY MILK EX"	27/8.45 OZ	.98	26.46		
3314	EDENSOY	"(temp n/a, no eta) SOY MILK OR"	27/8.45 OZ	.82	22.14		
6349	EDENSOY	BLEND ORIGINAL ORG (Rice/Soy)	12/32 OZ	2.65	31.80		
6317	EDENSOY	SOY MILK EXTRA VANILLA ORG	12/32 OZ	2.81	33.72		
6357	EDENSOY	SOY MILK ORG VANILLA	12/32 OZ	2.63	31.56		
6316	EDENSOY	SOY MILK ORIGINAL EXTRA ORG	12/32 OZ	2.63	31.56		
6337	EDENSOY	SOY MILK ORIGINAL ORG	12/32 OZ	2.38	28.56		
35343	EDENSOY	SOY MILK UNSWEETENED ORG	12/32 OZ	2.39	28.68		
34541	LIVHAR	HEMP MILK ORIGINAL	12/32 OZ	3.40	40.80		
34542	LIVHAR	HEMP MILK VANILLA	12/32 OZ	3.40	40.80		
39047	MEYEN	GOAT MILK EVAPORATED	12 OZ	3.05	3.05		
39046	MEYEN	GOAT MILK POWDER PACKET	4 OZ	3.48	3.48		
1289	MEYEN	GOAT MILK POWDERED	12 OZ	10.39	10.39		
35620	MIMICCRM	COFFEE CREAM UNSWTND SUB gf vg	16 OZ	2.59	2.59		
35619	MIMICCRM	CREAM SUB FR VANILLA df gf v k	16 OZ	2.59	2.59		
35618	MIMICCRM	CREAM SUB HAZLNT BIS df gf v k	16 OZ	2.59	2.59		
35622	MIMICCRM	SWEETENED CREAM SUB gf vg s	32 OZ	3.95	3.95		
35621	MIMICCRM	UNSWEETENED CREAM SUB gf vg	32 OZ	3.95	3.95		
35273	NATUR-A	SOY MILK CHOCOLATE ORG s	12/32 OZ	1.85	22.20		
35270	NATUR-A	SOY MILK ORIGINAL ORG s	12/32 OZ	1.85	22.20		
35272	NATUR-A	SOY MILK STRAWBERRY ORG s	12/32 OZ	1.85	22.20		
35271	NATUR-A	SOY MILK VANILLA ORG s	12/32 OZ	1.85	22.20		
34780	ORGAIN	MEAL RPLACMNT CHOC FUDGE ORG s	12/11 OZ	2.48	29.76		
34781	ORGAIN	MEAL RPLACMNT VANILLA BN ORG s	12/11 OZ	2.48	29.76		
7376	RICEDREA	ENRICHED ORIGINAL BEV ORG	12/32 OZ	3.05	36.60		
7377	RICEDREA	ENRICHED VANILLA BEVERAGE	12/32 OZ	3.05	36.60		
7382	RICEDREA	NONDAIRY ORIGINAL	12/32 OZ	3.05	36.60		
3310	WESTSOY	(FAM) DRINK L/F VANILLA	12/32 OZ	1.75	21.00		
3309	WESTSOY	(FAM) DRINK L/FAT PLAIN	12/32 OZ	1.75	21.00		
3316	WESTSOY	LITE PLAIN ORG	12/32 OZ	2.49	29.88		
3302	WESTSOY	ORIGINAL ORG	12/32 OZ	2.49	29.88		
4304	WESTSOY	PLUS PLAIN ORG	12/32 OZ	2.49	29.88		
4306	WESTSOY	PLUS VANILLA	12/32 OZ	2.49	29.88		
3324	WESTSOY	RICE DRINK	12/32 OZ	2.05	24.60		
3325	WESTSOY	RICE DRINK VANILLA	12/32 OZ	2.05	24.60		
3305	WESTSOY	UNSWEETENED ORG	12/32OZ	2.45	29.40		
BEVERAGES, READY-TO-DRINK TEA, COFFEE & HERBAL ENERGY DRINKS							
34695	BLUSKY	CAFE ENERGY MOCHA MTN s	12/15 OZ	2.48	29.76		
34696	BLUSKY	CAFE ENERGY VANILLA SKY s	12/15 OZ	2.48	29.76	2.23	26.76
3441	HONEST	TEA ASSAM s	12/16 OZ	1.15	13.80		
3437	HONEST	TEA BLACK FOREST BERRY	12/16 OZ	1.15	13.80		
3446	HONEST	TEA COMMUNITY GREEN ORG s	12/16 OZ	1.15	13.80		
3449	HONEST	TEA GREEN DRAGON ORG s	12/16 OZ	1.15	13.80		
36374	HONEST	TEA JASMINE GREEN ENERGY ORG	12/16 OZ	1.15	13.80		
34004	HONEST	TEA JUST BLACK unsweet	12/16 OZ	1.15	13.80		
34003	HONEST	TEA JUST GREEN unsweet	12/16 OZ	1.15	13.80		
3436	HONEST	TEA LORI'S LMN w/blk tea ORG s	12/16 OZ	1.15	13.80		
3452	HONEST	TEA MANGO WHITE s	12/16 OZ	1.15	13.80		
33674	HONEST	TEA MATE AGAVE ORG	12/16 OZ	1.34	16.08	.99	11.88
33672	HONEST	TEA MATE SUBLIME ORG s	12/16 OZ	1.34	16.08	1.21	14.52
33675	HONEST	TEA MATE TROPICAL ORG s	12/16 OZ	1.34	16.08	1.21	14.52
3443	HONEST	TEA MOROCCAN MINT	12/16 OZ	1.15	13.80		
3447	HONEST	TEA PEACH OOLONG ORG s	12/16 OZ	1.15	13.80		
3453	HONEST	TEA PEARFECT WHITE s	12/16 OZ	1.15	13.80		
33673	HONEST	TEA POMEGRNT RED W/GOJI ORG s	12/16 OZ	1.15	13.80		
34018	INKOS	WHITE TEA APRICOTfr	12/16 OZ	1.52	18.24		
3584	INKOS	WHITE TEA BLUEBERRY fr	12/16 OZ	1.52	18.24		
3585	INKOS	WHITE TEA HONEYDEW fr	12/16 OZ	1.52	18.24		
34020	INKOS	WHITE TEA HONEYSUCKLE	12/16 OZ	1.52	18.24		
3579	INKOS	WHITE TEA MINT UNSWEETENED	12/16 OZ	1.52	18.24		

KOMBUCHA WONDER DRINK

KOMBUCHA
WONDER DRINK
Sparkling Fermented Tea

3 New Flavors!

Essence of Juniper Berry, Spearmint & Lemon Myrtle

An infusion of juniper berries and herbs give this green tea a light, refreshing taste.

Ingredients: Filtered water, organic brewed green tea (filtered water, organic green tea leaves), organic kombucha (filtered water, organic cane juice, organic oolong tea leaves, yeast and bacteria cultures), organic cane juice, infusion of (filtered water, organic juniper berries, organic spearmint leaves, organic lemon myrtle), carbonation.

Item #32272 - bottle

Cherry Cassis

A slightly tart, slightly sweet blend of cherries, black currants and green tea.

Ingredients: Filtered water, organic brewed green tea (filtered water, organic green tea leaves), organic kombucha (filtered water, organic cane juice, organic oolong tea leaves, yeast and bacteria cultures), organic cane juice, black currant juice concentrate, cherry juice concentrate, carbonation.

Item #32270 - bottle

Essence of Mango

Ripe mangos give this green tea blend the taste of summer.

Ingredients: Filtered water, organic brewed green tea (filtered water, organic green tea leaves), organic kombucha (filtered water, organic cane juice, organic oolong tea leaves, yeast and bacteria cultures), organic cane juice, mango juice concentrate, natural peach juice concentrate, carbonation.

Item #32271 - bottle

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
BEVERAGES, READY-TO-DRINK TEA, COFFEE & HERBAL ENERGY DRINKS - cont.							
3573	INKOS	WHITE TEA ORIGINAL fr	12/16 OZ	1.52	18.24		
3583	INKOS	WHITE TEA WHITE PEACH fr	12/16 OZ	1.52	18.24		
2687	KOMBUCHA	WONDER DRINK ASIAN PEAR GINGER	12/14 OZ	2.68	32.16		
32270	**KOMBUCHA**	**WONDER DRINK CHERRY CASSIS ORG**	**12/14 OZ**	**2.50**	**30.00**	**1.99**	**23.88**
32272	**KOMBUCHA**	**WONDER DRINK ESNCE JUNIPER ORG**	**12/14 OZ**	**2.50**	**30.00**	**1.99**	**23.88**
2686	KOMBUCHA	WONDER DRINK ESSENCE OF LEMON	12/14 OZ	2.68	32.16		
32091	KOMBUCHA	WONDER DRINK ESSENCE OF PEACH	12/14 OZ	2.68	32.16		
32271	**KOMBUCHA**	**WONDER DRINK ESSNCE MANGO ORG**	**12/14 OZ**	**2.50**	**30.00**	**1.99**	**23.88**
32351	KOMBUCHA	WONDER DRINK GRN TEA LEMON can	24/8.4 OZ	1.24	29.76		
32090	KOMBUCHA	WONDER DRINK NIAGARA GRAPE	12/14 OZ	2.68	32.16		
32350	KOMBUCHA	WONDER DRINK PEAR GINGER can	24/8.4 OZ	1.24	29.76		
32352	KOMBUCHA	WONDER DRINK TRAD oolong can	24/8.4 OZ	1.24	29.76		
2685	KOMBUCHA	WONDER DRINK TRAD oolong tea	12/14 OZ	2.68	32.16		
34424	TIZANE	INFUSED BEV ELDERFLWR ORG RTD	12/12 OZ	1.96	23.52		
34425	TIZANE	INFUSED BEV HIBISCUS ORG RTD	12/12 OZ	1.96	23.52		
34427	TIZANE	INFUSED BEV JASMINE ORG RTD	12/12 OZ	1.96	23.52		
34426	TIZANE	INFUSED BEV LEMONGRASS ORG RTD	12/12 OZ	1.96	23.52		
BEVERAGES, MIXERS - COCKTAIL							
5247	DAVES	MIX BLOODY MARY ORIGINAL	32 OZ	5.19	5.19		
36012	HALFMOON	MIX IGUANA BLOODY MARY SPCY HO	25.7 OZ	4.59	4.59		
31973	**LITTLEDE**	**BLOODY SPICE STICK BARREL 24pk**	**24 CT**	**9.51**	**9.51**	**8.08**	**8.08**
31974	**LITTLEDE**	**BLOODY SPICE STICK BARREL 8pk**	**8 CT**	**3.83**	**3.83**	**3.25**	**3.25**
35482	PWMAHNY	MIX BLOODY MARY s	6/750 ML	4.65	27.90		
35483	PWMAHNY	MIX COSMOPOLITAN s	6/750 ML	4.65	27.90		
35484	PWMAHNY	MIX GINGER s	6/750 ML	4.65	27.90		
35485	PWMAHNY	MIX HOT TODDY s	6/750 ML	4.54	27.24		
35480	PWMAHNY	MIX MARGARITA s	6/750 ML	4.54	27.24		
35481	PWMAHNY	MIX MOJITO s	6/750 ML	4.65	27.90		
31175	STIRRING	AUTHENTIC GRENADINE	12 OZ	4.15	4.15		
30413	STIRRING	BLOOD ORANGE BITTERS	12 OZ	3.85	3.85		
31176	STIRRING	KEY LIME JUICE CLARIFIED	12 OZ	3.85	3.85		
34586	STIRRING	MIX BLOODY MARY s	25.4 OZ	5.25	5.25		
34590	STIRRING	MIX COSMOPOLITAN s	25.4 OZ	5.25	5.25		
34589	STIRRING	MIX LEMON DROP s	25.4 OZ	5.25	5.25		
34588	STIRRING	MIX MARGARITA s	25.4 OZ	5.25	5.25		
34587	STIRRING	MIX MOJITO s	25.4 OZ	5.25	5.25		
34591	STIRRING	MIX POMEGRANATE MARTINI s	25.4 OZ	5.25	5.25		
30414	STIRRING	SIMPLE SYRUP	12 OZ	3.85	3.85		
BEVERAGES, MIXES, POWDERED							
34373	BURNHAM	HOT CHOCOLATE MOCHA s	9.25 OZ	3.19	3.19		
34376	BURNHAM	HOT CHOCOLATE RASPBERRY s	9.25 OZ	3.19	3.19		
34374	BURNHAM	HOT CHOCOLATE ROYAL s	9.25 OZ	3.19	3.19		
34375	BURNHAM	HOT CHOCOLATE TRUFFLE s	9.25 OZ	3.19	3.19		
30531	DAGOBA	HOT CHOC AUTHENTIC ORG FT s	12 OZ	7.05	7.05		
30533	DAGOBA	HOT CHOC UNSWEETENED ORG FT	8 OZ	7.05	7.05		
30532	DAGOBA	HOT CHOC XOCOLATL ORG FT s	12 OZ	7.05	7.05		
32530	ELFOODS	ACAI GOJI SPRFD SMTHIE MX ORG	14.5 OZ	14.54	14.54	11.63	11.63
32528	ELFOODS	CACAO POWDER RAW ORG vg	14 OZ	14.59	14.59	11.67	11.67
32529	ELFOODS	CHOC SUPRFD DRINK MIX ORG vg	11 OZ	11.71	11.71	9.37	9.37
32531	ELFOODS	MACA POWDER BLEND DRINK ORG vg	14 OZ	11.76	11.76	9.41	9.41
31396	EQUALX	DRINKING CHOCOLATE s	13 OZ	8.75	8.75	4.99	4.99
8373	EQUALX	HOT COCOA ORG s	12 OZ	6.49	6.49		
31395	EQUALX	HOT COCOA SPICY s	12 OZ	6.43	6.43		
30470	GHIRARD	HOT CHOC DOUBLE CHOCOLATE s	16 OZ	4.45	4.45		
30472	GHIRARD	HOT CHOC HAZELNUT s	16 OZ	4.45	4.45		
30471	GHIRARD	HOT CHOC MOCHA s	16 OZ	4.45	4.45		
30473	GHIRARD	HOT CHOC WHITE MOCHA s	16 OZ	4.45	4.45		
30474	GHIRARD	PACKET HOT CHOC DOUBLE CHOC s	12/.85 OZ	.59	7.08		
30362	GREENBLK	HOT CHOCOLATE MIX ORG	5.3 OZ	4.55	4.55	3.41	3.41
41128	J CROW	MULLED CIDER MIX loose	10/1.06 OZ	1.25	12.50		
41127	J CROW	MULLED CIDER MIX tea bags	10/10 CT	1.45	14.50		
31900	SCHARFEN	COCOA POWDER SWTND NATURAL s	8 OZ	6.30	6.30		
31899	SCHARFEN	COCOA POWDER UNSWTND NAT	6 OZ	6.30	6.30	5.67	5.67
34377	SILLYCOW	HOT CHOC CHOC milk bottle s	16.9 OZ	3.74	3.74		
35624	SILLYCOW	HOT CHOC GUERNSEY TRUFL bank s	10 OZ	3.70	3.70		
35625	SILLYCOW	HOT CHOC HOLSTEIN TREAT bank s	10 OZ	3.70	3.70		
34409	**SILLY COW**	**HOT CHOC MOOUSSE milk bottle s**	**16.9 OZ**	**3.74**	**3.74**	**3.37**	**3.37**
34398	SILLYCOW	HOT CHOC MRSHMLLW milk bottle	16.9 OZ	3.74	3.74		
34378	SILLYCOW	HOT CHOC TRUFFLE milk bottle s	16.9 OZ	3.74	3.74		
BEVERAGES, WATER & FLAVORED WATER							
32189	**BRIGHTWAT**	**SPRING WATER NY PET**	**24/16.9 OZ**	**.75**	**18.00**	**.64**	**15.36**
33500	GLACIA	WATER ICEBOX carton	12/16.9 OZ	1.24	14.88	.89	10.68
32146	METROMNT	WATER LEMONMINT	12/16.9 OZ	1.39	16.68		
1500	METROMNT	WATER PEPPERMINT	12/16.9 OZ	1.39	16.68		
33211	SUMMIT	SPRING WATER MAINE PET	24/16.9 OZ	.58	13.92		
33213	SUMMIT	SPRING WATER MAINE PET	12/1 LTR	1.12	13.44		
33212	SUMMIT	SPRING WATER MAINE PET	24/24 OZ	.69	16.56		
33214	SUMMIT	SPRING WATER MAINE PET	12/1.5 LTR	1.33	15.96		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
33102	WATERPLUS	WATER ORG ENERGY passnfrt citr	12/18 OZ	.97	11.64	.67	8.04
32564	GALVANIN	SPARKLING MINERAL WATER italy	20/16.9 OZ	.88	17.60		
32563	GALVANIN	SPARKLING MINERAL WATER italy	12/33.8 OZ	1.39	16.68		
4714	GEROLS	MINERAL WATER	12/33.8OZ	1.95	23.40		
2694	SANPELLE	SPARKLING WATER	12/33 OZ	2.25	27.00	1.80	21.60
2695	SANPELLE	SPARKLING WATER	24/8.25 OZ	.95	22.80		
30269	SARATOGA	SPARKLING WATER	12/28 OZ	1.54	18.48		
30270	SARATOGA	SPARKLING WATER	24/12 OZ	.79	18.96		
32092	SARATOGA	SPARKLING WATER LEMON LIME	24/12 OZ	.85	20.40		
35031	SMERALD	SPARKLING WATER glass Italy	20/16.9 OZ	1.15	23.00		
35030	SMERALD	SPARKLING WATER glass Italy	12/33.8 OZ	1.75	21.00		
2683	TY NANT	SPARKLING WATER blue bottle	24/11 OZ	1.79	42.96		
2680	TY NANT	SPARKLING WATER blue bottle	12/25 OZ	3.19	38.28		
BREAD, BREAD CRUMBS, CROUTONS & STUFFING MIXES							
20290	ALEIAS	BREADCRUMBS ITALIAN gf	12/13 OZ	4.49	53.88		
20291	ALEIAS	BREADCRUMBS PLAIN gf	12/13 OZ	4.10	49.20		
20295	ALEIAS	CROUTONS CLASSIC gf	6/12 OZ	4.90	29.40		
20294	ALEIAS	CROUTONS PARMESAN gf	6/12 OZ	4.90	29.40		
20293	ALEIAS	STUFFING MIX PLAIN gf	6/12 OZ	5.35	32.10		
20292	ALEIAS	STUFFING MIX SAVORY gf	6/12 OZ	5.35	32.10		
60251	ENER-G	LOAF BROWN RICE GF	3/16.7 OZ	4.45	13.35		
60252	ENER-G	LOAF TAPIOCA GF	3/17.4 OZ	4.45	13.35	3.29	9.87
4360	GILLIAN	BREAD CRUMBS gf	12 OZ	3.99	3.99		
41650	GILLIAN	BREAD CRUMBS ITALIAN gf s	12 OZ	4.18	4.18		
41651	GILLIAN	CROUTONS GARLIC gf v	5 OZ	3.21	3.21		
2383	IANS	BREADCRUMBS ITALIAN panko s	9 OZ	2.86	2.86		
2382	IANS	BREADCRUMBS ORIGINAL panko s	9 OZ	2.86	2.86		
2385	IANS	BREADCRUMBS WHL WHEAT panko s	9 OZ	2.86	2.86		
4170	OLIVIAS	CROUTONS BUTTER & GARLIC	5 OZ BX	2.79	2.79		
34024	OLIVIAS	CROUTONS GARLIC & HERB ORG	4.5 OZ BX	2.79	2.79		
4172	OLIVIAS	CROUTONS MULTI GRAIN w/GARLIC	5 OZ BX	2.79	2.79		
4171	OLIVIAS	CROUTONS PARMESAN/PEPPER	5 OZ BX	2.79	2.79		
4174	OLIVIAS	CROUTONS VT CHEDDAR &DILL	5 OZ BX	2.79	2.79		
41286	OLIVIAS	STUFFING CORNBREAD v	12 OZ	3.62	3.62		
41115	OLIVIAS	STUFFING TRADITIONAL	12 OZ	3.62	3.62		
BREAKFAST CEREALS & GRANOLAS							
34841	ANNIEHG	CEREAL COCOA & VAN BUNNIES s	9 OZ	3.79	3.79		
34842	ANNIEHG	CEREAL FRUITY BUNNIES s	9 OZ	3.79	3.79		
3213	ARROW	CEREAL AMARANTH FLAKES ORG wf	12 OZ	4.20	4.20		
3343	ARROW	CEREAL CORN GRITS YELLOW ORG	24 OZ	4.20	4.20		
3455	ARROW	CEREAL KAMUT FLAKES ORG	12 OZ	4.20	4.20		
3209	ARROW	CEREAL SPELT FLAKES ORG	12 OZ	4.10	4.10		
3336	ARROW	HOT CEREAL BEAR MUSH	24 OZ	3.90	3.90		
3338	ARROW	HOT CEREAL SEVEN GRAIN ORG	22 OZ	3.80	3.80		
5682	ARROW	INST OATMEAL ORG VARIETY PACK	10/1 OZ	4.95	4.95		
34631	BAKERY	GRANOLA APPLE RAISIN WALNUT gf	12 OZ	5.09	5.09		
34644	BAKERY	GRANOLA CRAN ORNG CASHEW GF	12 OZ	5.09	5.09		
34597	BAKERY	GRANOLA EXTRM FRUIT&NUT Fam gf	22 OZ	7.89	7.89		
34592	BAKERY	GRANOLA FIBER CIN RAISIN gf	12 OZ	4.30	4.30		
34593	BAKERY	GRANOLA FIBER TRIPLE BERRY gf	12 OZ	4.30	4.30		
34596	BAKERY	GRANOLA NUTTY CRAN MAPL Fam gf	22 OZ	7.89	7.89		
34632	BAKERY	GRANOLA NUTTY CRANBERRY GF	12 OZ	5.09	5.09		
34635	BAKERY	GRANOLA RAINFOREST GF	12 OZ	5.09	5.09		
34633	BAKERY	GRANOLA XTRME FRUIT & NUT GF	12 OZ	5.09	5.09		
7168	BARBARAS	CEREAL PUFFINS	10 OZ	4.14	4.14		
33014	BARBARAS	CEREAL PUFFINS CINNAMON	10 OZ	4.14	4.14	3.52	3.52
7179	BARBARAS	CEREAL SHRED OATS bite size	14 OZ	4.14	4.14		
7167	BARBARAS	CEREAL SHRED SPOONFUL MULTI	14 OZ	4.14	4.14		
7166	BARBARAS	CEREAL SHREDDED WHEAT	13 OZ	4.14	4.14		
7076	BARBARAS	CEREAL TOASTED O'S APPL/CIN	10 OZ	4.14	4.14		
7075	BARBARAS	CEREAL TOASTED O'S HNY-NUT	10 OZ	4.14	4.14		
34878	BOXFORD	GRANOLA APPLE CINNAMON	12 OZ	3.83	3.83		
34879	BOXFORD	GRANOLA BLUEBERRY ALMOND	12 OZ	3.83	3.83		
34877	BOXFORD	GRANOLA CRANBERRY WALNUT	12 OZ	3.83	3.83		
34876	BOXFORD	GRANOLA MAPLE CRUNCH	12 OZ	3.83	3.83		
41554	BRKSHGRN	GRANOLA BLUEBERRY CRISP	24/2 OZ	1.14	27.36		
41552	BRKSHGRN	GRANOLA CINNAMON TOAST	24/2 OZ	1.14	27.36		
41550	BRKSHGRN	GRANOLA CINNAMON TOAST	12 OZ	4.00	4.00		
41553	BRKSHGRN	GRANOLA CRAN PUMPKIN SEED	24/2 OZ	1.14	27.36		
41551	BRKSHGRN	GRANOLA CRAN PUMPKIN SEED	12 OZ	4.00	4.00		
41555	BRKSHGRN	GRANOLA KRUNCHIE MUNCHIE	24/2 OZ	1.14	27.36		
41451	CEREALVT	CEREAL BENEVT MULTI GR ORG gf	13.25 OZ	4.19	4.19		
41452	CEREALVT	CEREAL CHOCO STARS ORG gf s	13.25 OZ	4.19	4.19		
41453	CEREALVT	CEREAL COFFEE FLAKES ORG gf s	13.25 OZ	4.19	4.19		
41450	CEREALVT	CEREAL CORN FLAKES ORG gf	13.25 OZ	4.19	4.19		
39011	CHAPP	GRANOLA BLUEBRY BANANA wf	13 OZ	3.65	3.65		
39013	CHAPP	GRANOLA CRANBERRIES wf	13 OZ	3.65	3.65		
39077	CHAPP	GRANOLA FLAX & FRUIT gf	12 OZ	4.19	4.19		
39008	CHAPP	GRANOLA ORIGINAL wf	13 OZ	3.65	3.65		
39075	CHAPP	GRANOLA POMEGRANATE FLAX wf	13 OZ	3.68	3.68		

Brightwater
Spring Water

A message from Claire Brightwater

About The Water:

Brightwater Spring Water comes from upstate New York. On the western edge of Otsego County, in Central New York, the Town of Edmeston lies sheltered by gently rolling hills.

This is a beautiful rural area filled with farms, forests, streams and ponds. Edmeston is an old town with a strong heart. It has a reputation for being a close-knit, caring community. It is here that you will find the source for America's freshest water – Brightwater Spring Water

Brightwater Spring Water is a naturally soft spring water; with a TDS (Total Dissolved Solids) rating of 92 and is still filtered at three separate stages before actually being bottled.

The water is first purified through an ultraviolet purification system, an ozonation process and then passes through a one-micron filter before completion of the filling process. This ensures the highest possible quality of 100% naturally pure spring water.

Once it is bottled and shipped it is then programmed for Good Health, Happiness, and Prosperity.

(continued on page 78)

About The Programming™

When someone asks "What is programming™?", here is a simple answer:

Quartz Crystal Energy can be directed at water and can beneficially alter water's structure for a beautiful energy for Healing. Claire Brightwater has been a pioneer in programming™. As a Master of her craft, Claire has been using her Prayers/ Intention/Music/Photographs/ and Sage and Sweet Grass to program her Crystals and Brightwater Spring Water for Good Health, Happiness, and Prosperity for over 30 years.

The Brightwater Spring Water is programmed™ with a 150 pound Quartz Elestial Crystal, Music, and the smoke from the plants of Sage, Cedar and Sweet Grass. "Whether or not The Programming™ is something you believe in – the point is to have a good clean delicious tasting source of water that you can trust. The Programming™ is just an added bonus".

The Mission:

As the sacred smoke is blown over the bottles of Brightwater Spring Water, Claire prays to the Great Spirit that created the Universe to help her start a foundation to help feed the hungry families, cure disease, stop cruelty to all animals, to keep the waters clean and of course the heart truth flowing.

It is not just a bottle of water - it is a Journey as well as the most delicious and unusual water that you will ever find.

Thank You,
Love & Light,
Claire Brightwater

Ingredients: 100% Spring Water

Item #32189

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
BREAKFAST CEREALS & GRANOLAS - cont.							
39010	CHAPP	GRANOLA RASPBERRY wf	13 OZ	3.65	3.65		
39009	CHAPP	GRANOLA SIMPLY wf	13 OZ	3.65	3.65		
39076	CHAPP	GRANOLA VANILLA W/ FLAX gf	12 OZ	4.19	4.19		
30565	DR MCDGL	BIG CUP HOT CEREAL ORG APP/CIN	6/2.3 OZ	1.81	10.86		
30564	DR MCDGL	BIG CUP HOT CEREAL ORG MAPLE	6/2.5 OZ	1.81	10.86		
30566	DR MCDGL	BIG CUP HOT CEREAL PEACH RASP	6/3 OZ	1.81	10.86		
7243	EKIDZ	ECO PAC GORILLA MUNCH ORG	23 OZ	7.30	7.30		
7244	EKIDZ	ECO PAC KOALA CRISP ORG	25.6 OZ	7.30	7.30		
7245	EKIDZ	ECO PAC PANDA PUFFS ORG	24.7 OZ	7.30	7.30		
7257	EKIDZ	ORG CER AMAZON FRST FLKS gf	14 OZ	3.99	3.99		
7258	EKIDZ	ORG CER GORILLA MNCH CRNCH gf	10 OZ	3.99	3.99		
7259	EKIDZ	ORG CER KOALA CRISP COCO gf	11.5 OZ	3.99	3.99		
3467	FAMILIA	CEREAL CRANBERRY & CINNAMON s	16 OZ	4.08	4.08	3.47	3.47
3466	FAMILIA	CEREAL VANILLA CRUNCH s	16 OZ	4.08	4.08	3.26	3.26
3459	FAMILIA	SWISS CRUNCH NATURAL s	21 OZ	5.79	5.79	4.63	4.63
3464	FAMILIA	SWISS MUESLI BALANCE PREMIUM s	21 OZ	5.79	5.79	4.63	4.63
3462	FAMILIA	SWISS MUESLI no sugar	32 OZ	6.50	6.50	5.20	5.20
3463	FAMILIA	SWISS MUESLI ORIGINAL s	32 OZ	6.50	6.50	5.20	5.20
7719	FIDDLERS	CEREAL 12 GRAIN ORG	24 OZ	4.15	4.15		
7715	FIDDLERS	CEREAL ISLAND CHOICE 7-GR ORG	24 OZ	3.99	3.99		
7716	FIDDLERS	CEREAL OAT BRAN & BR RICE ORG	24 OZ	4.15	4.15		
7714	FIDDLERS	CEREAL PENOB PORRIDGE 4-GR ORG	24 OZ	3.99	3.99	3.19	3.19
7710	FIDDLERS	IZZIES IRISH OATS/MILLET&AMOND	15 OZ	3.99	3.99	3.19	3.19
34560	FLAHAVAN	IRISH PORRIDGE OATS	500 GR	2.85	2.85		
34561	FLAHAVAN	PINHEAD OATMEAL	2.2 LB	3.65	3.65	2.89	2.89
34562	FLAHAVAN	PORRIDGE OATS ORGANIC	500 GR	3.45	3.45		
30448	GRANZOTI	ENERGY OATS DOUBLE CHOCOLATE s	12/2 OZ	1.43	17.16	1.07	12.84
30446	GRANZOTI	ENERGY OATS MAPLE PECAN s	12/2 OZ	1.43	17.16		
34342	HOLLYS	HOT CEREAL PLAIN GF	16 OZ	6.01	6.01		
34316	HOLLYS	OATMEAL APRICOT MAPLE NUT	16 OZ	4.35	4.35		
34340	HOLLYS	OATMEAL CRAN ALMOND	16 OZ	4.33	4.33		
34341	HOLLYS	OATMEAL GOJI BERRY	16 OZ	4.33	4.33		
34317	HOLLYS	OATMEAL MULTI GRAIN PLAIN	16 OZ	4.35	4.35		
34343	HOLLYS	PORRIDGE CRANBERRY GF	16 OZ	6.01	6.01		
34488	INTLHARV	GRANOLA CRAN CASHEW PECAN ORG	12 OZ	3.77	3.77		
34485	INTLHARV	GRANOLA PISTACHIO MULBERRY ORG	12 OZ	3.77	3.77		
34486	INTLHARV	GRANOLA TRIPLE BERRY ORG	12 OZ	3.77	3.77		
8004	KASHI	BRKFST PILAF 7 GRAIN & SESAME	19.5 OZ	2.92	2.92		
7919	KASHI	CEREAL 7 WHOLE GRAIN NUGGETS	20 OZ	4.60	4.60		
7993	KASHI	CEREAL CRUNCH CEREAL	15 OZ	4.60	4.60		
7910	KASHI	CEREAL ORG PROMISE STRAWBERRY	10.4 OZ	4.95	4.95		
31316	LUNDBERG	HOT'NCREAMY RICE CEREAL ORG gf	10 OZ	3.40	3.40		
3461	MCCANNS	OATMEAL QUICK COOK box	16OZ	3.60	3.60		
3465	MCCANNS	OATMEAL STEELCUT	16 OZ	3.30	3.30		
3460	MCCANNS	OATMEAL tin	28 OZ	6.25	6.25		
7246	NATSPATH	CEREAL OPTIMUM SLIM ORG s	14 OZ	4.18	4.18	3.14	3.14
7239	NATSPATH	ECO PAC CORN FLAKES ORG gf	26.4 OZ	7.25	7.25		
7231	NATSPATH	ECO PAC HERITAGE FLAKES ORG	32 OZ	8.19	8.19		
7238	NATSPATH	ECO PAC HERITAGE O'S ORG	32 OZ	8.19	8.19		
7242	NATSPATH	ECO PAC HNY CORN FLAK ORG gf s	26.4 OZ	7.30	7.30		
7241	NATSPATH	ECO PAC MESA SUNRISE ORG gf	26.4 OZ	7.30	7.30		
7235	NATSPATH	ECO PAC MILLET RICE FLAKES ORG	32 OZ	8.19	8.19		
7236	NATSPATH	ECO PAC MULTIGRN FLAKES ORG	32 OZ	8.19	8.19		
32426	OLA	GRANOLA CRANBRY ORANG PECAN s	6/9 OZ	3.83	22.98		
32425	OLA	GRANOLA VANILLA ALMOND	6/9 OZ	3.83	22.98		
41430	VTMAPLE	GRANOLA CRNBRY NUT 3.4 s wf	16 OZ	6.00	6.00		
41432	VTMAPLE	GRANOLA MAPLE OAT NUT wf	16 OZ	6.00	6.00		
41431	VTMAPLE	GRANOLA WLD BLBRY FLAX s wf	16 OZ	6.00	6.00		
41561	WILLNROS	GRAIN-OLA MIX BALANCE	12 OZ	5.36	5.36		
41562	WILLNROS	GRAIN-OLA MIX NATIVE	12 OZ	5.36	5.36	3.99	3.99
41564	WILLNROS	GRAIN-OLA MIX PEACE	12 OZ	5.36	5.36	3.99	3.99
41560	WILLNROS	GRAIN-OLA MIX STRENGTH	12 OZ	5.36	5.36	3.99	3.99
41563	WILLNROS	GRAIN-OLA MIX VITALITY	12 OZ	5.36	5.36	3.99	3.99
BREAKFAST MIXES							
3365	ARROW	PANC&WAF MIX BUCKWHT ORG	32 OZ	4.95	4.95		
3356	ARROW	PANC&WAF MIX MULTIGRAI ORG	32 OZ	4.95	4.95	3.71	3.71
3355	ARROW	PANC&WAFFLE MIX BUTTERMILK	32 OZ	4.95	4.95		
34061	CHERRYBR	WF/GF PANCAKE MIX	18 OZ	3.99	3.99		
30545	DANCING	PANCAKE/WAFF MIX BUTTERMILK	16 OZ	5.59	5.59		
30547	DANCING	PANCAKE/WAFF MIX PUMPKIN SPICE	16 OZ	5.59	5.59		
7711	FIDDLERS	FIDDLECAKE MIX WF/DF ORG	24 OZ	4.20	4.20	3.36	3.36
7718	FIDDLERS	PANCAKE MIX OAT BARLEY ORG	24 OZ	4.20	4.20		
6510	HIGHLAND	PANCAKE MIX BLUEBERRY	24 OZ	4.75	4.75		
6508	HIGHLAND	PANCAKE MIX BUTTERMILK	24 OZ	3.19	3.19		
6496	HIGHLAND	PANCAKE MIX MULTIGRAIN ORG	24 OZ	3.69	3.69		
35500	MORGANS	GRIFFLE MIX BLUEBERRY ORG	24 OZ	6.80	6.80		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
6139	MORGANS	GRIFFLE MIX BUCKWHEAT DF/OG	24 OZ	3.99	3.99		
6135	MORGANS	GRIFFLE MIX BUTTERMILK ORG	24 OZ	3.46	3.46		
6145	MORGANS	GRIFFLE MIX RICE/CORN/OAT WF/D	24 OZ	3.70	3.70		
35501	MORGANS	JO'NNY CAKES WT FLINT CORN WF	24 OZ	3.70	3.70		
30600	NAMASTE	MIX WAFFLE/PANCAKE WF/GF Vg	21 OZ	5.20	5.20		
1235	NEWHOPE	PANCAKE MIX BUCKWHEAT	12/32 OZ	3.42	41.04		
1233	NEWHOPE	PANCAKE MIX BUTTERMILK	12/32 OZ	3.18	38.16		
1576	NEWHOPE	PANCAKE MIX BUTTERMILK	5#	7.22	7.22		
1236	NEWHOPE	PANCAKE MIX WHOLE WHEAT s	12/32 OZ	3.02	36.24		
7366	PAMELAS	PANCAKE/BAKING MIX WF/GF	24 OZ	6.39	6.39		
30636	PEMBERT	PANCAKE MIX MAINE BLUEBERRY s	14 OZ	4.95	4.95		
30637	PEMBERT	PANCAKE MIX MAPLE BUTTERMILK s	14 OZ	4.95	4.95		
15234	PLOYES	PANCAK MIX UNBL WHEAT/BUCKWHT	3#	5.49	5.49		
15232	PLOYES	PANCAK MIX UNBL WHT/BUCKWHT	1.5#	4.05	4.05		
15236	PLOYES	PANCAKE MIX WW/BUCKWHEAT	1.5#	4.39	4.39		
CANDY & CONFECTIONS							
32009	BROWN	MAPLE CANDY 3 pieces	.75 OZ	1.99	1.99		
32011	BROWN	MAPLE CANDY 6 pieces	1.5 OZ	4.15	4.15		
32010	BROWN	MAPLE CANDY LEAF	1.5 OZ	3.49	3.49		
10166	BURNHAM	LOLLIPOP ASSTD SHAPE w/DSPLY s	60 CT	.61	36.60		
10165	BURNHAM	LOLLIPOP ASSTD SHAPES refill s	24 CT	.58	13.92		
10169	BURNHAM	LOLLIPOPS MAPLE LEAF s refill	24 CT	.58	13.92		
10170	BURNHAM	LOLLIPOPS MAPLE LEAF W/DSPLY s	60 CT	.61	36.60		
10167	BURNHAM	LOLLIPOPS MAPLE MOOSE s refill	24 CT	.58	13.92		
10168	BURNHAM	LOLLIPOPS MAPLE MOOSE W/DIS s	60 CT	.61	36.60	.55	33.00
41198	CANDYTRE	GF LICORICE BITES CHERRY ORG	2.6 OZ	2.41	2.41		
30429	CANDYTRE	GF LICORICE BITES ORG	2.6 OZ	2.41	2.41		
41200	CANDYTRE	GF LICORICE BITES RASP ORG	2.6 OZ	2.41	2.41		
41199	CANDYTRE	GF LICORICE BITES STRWBRY ORG	2.6 OZ	2.41	2.41	2.05	2.05
41195	CANDYTRE	GF LICORICE LACES CHERRY ORG	2.6 OZ	2.41	2.41	2.05	2.05
41197	CANDYTRE	GF LICORICE LACES RASP ORG	2.6 OZ	2.41	2.41		
41196	CANDYTRE	GF LICORICE LACES STRWBRY ORG	2.6 OZ	2.41	2.41		
30431	CANDYTRE	GF LICORICE ROPES/LARIATS ORG	2.6 OZ	2.41	2.41		
30427	CANDYTRE	GF LICORICE TWIST CHERRY ORG	2.6 OZ	2.41	2.41		
30430	CANDYTRE	GF LICORICE TWIST ORG	2.6 OZ	2.41	2.41		
41201	CANDYTRE	GF LICORICE TWIST RASP ORG	2.6 OZ	2.41	2.41		
30428	CANDYTRE	GF LICORICE TWIST STRWBRY ORG	2.6 OZ	2.41	2.41		
2043	CANDYTRE	LICORICE BITES ORG	3.5 OZ	2.41	2.41		
2042	CANDYTRE	LICORICE LACES ORG	3.5 OZ	2.41	2.41		
2045	CANDYTRE	LICORICE ROPES thick ORG	3.2 OZ	2.41	2.41		
2044	CANDYTRE	LICORICE TWISTS thin ORG	3.5 OZ	2.41	2.41		
41193	CANDYTRE	LOLLIPOPS CHERRY ORG corn malt	2.4 OZ	2.41	2.41		
30580	CANDYTRE	LOLLIPOPS LEMON ORG corn malt	2.4 OZ	2.41	2.41		
2041	CANDYTRE	LOLLIPOPS ORANGE ORG corn malt	2.6 OZ	2.41	2.41		
41192	CANDYTRE	LOLLIPOPS RASP ORG corn malt	2.4 OZ	2.41	2.41		
41194	CANDYTRE	LOLLIPOPS STRAWBY ORG corn mal	2.4 OZ	2.41	2.41		
31581	CAPECODS	BANGOR BLUES DK CHO BLUBRY s	5 OZ	3.25	3.25		
31580	CAPECODS	BANGOR BLUES MLK CHO BLUBRY s	5 OZ	3.25	3.25		
31585	CAPECODS	BOG BEANS DK CHOC CRANBERRY s	5 OZ	3.00	3.00		
31584	CAPECODS	BOG BEANS MLK CHOC CRANBERRY s	5 OZ	3.00	3.00		
31583	CAPECODS	JAMOCHA DK CHOC ESPRESSO BNS s	4.5 OZ	3.00	3.00		
31582	CAPECODS	JAMOCHA MK CHOC ESPRESSO BNS s	4.5 OZ	3.00	3.00		
31586	CAPECODS	JB WILLIE DK CHOC TOFFEE PNUTs	5 OZ	3.00	3.00		
31587	CAPECODS	JB WILLIE MK CHOC TOFFEE PNUTs	5 OZ	3.00	3.00		
34313	CLAEYS	HOREHOUND CANDY s	6 OZ	1.59	1.59		
5296	DAGOBA	BAR CHOC BEAUCOU BRRYS DK ORG	12/2 OZ	1.95	23.40		
5294	DAGOBA	BAR CHOC DARK ORG 59% s	12/2 OZ	1.95	23.40		
30522	DAGOBA	BAR CHOC ECLIPSE DARK ORG 87%	12/2 OZ	1.95	23.40		
30518	DAGOBA	BAR CHOC HAZELNUT MILK ORG 37%	12/2 OZ	1.95	23.40		
5298	DAGOBA	BAR CHOC LAVENDER DARK ORG 59%	12/2 OZ	1.95	23.40		
31348	DAGOBA	BAR CHOC LEMON GING DK ORG 68%	12/2 OZ	1.95	23.40		
5293	DAGOBA	BAR CHOC MILK ORG 37% s	12/2 OZ	1.95	23.40		
30521	DAGOBA	BAR CHOC MINT DARK ORG 59%	12/2 OZ	1.95	23.40		
5295	DAGOBA	BAR CHOC NEW MOON DK ORG 74% s	12/2 OZ	1.95	23.40		
30520	DAGOBA	BAR CHOC ROSEBERRY DK ORG 59%	12/2 OZ	1.95	23.40		
30523	DAGOBA	BAR CHOC XOCOLATL DARK ORG 74%	12/2 OZ	1.95	23.40		
41295	DIVINE	BAR DK CHOC W/ RASPBRIES s	10/3.5 OZ	2.57	25.70		
41296	DIVINE	BAR MINI MILK CHOC TOF CRNCH s	30/1.5 OZ	1.31	39.30		
30128	DIVINE	BAR MINI MLK CRSP RCE CRNCH FT	36/1.4 OZ	.99	35.64		
30127	DIVINE	BARS DK CHOC FRUIT/NUT FT	10/3.5 OZ	2.45	24.50		
5371	DIVINE	BARS DK CHOC FT	10/3.5 OZ	2.45	24.50		
30126	DIVINE	BARS DK CHOC MINT FT	10/3.5 OZ	2.45	24.50		
5372	DIVINE	BARS MILK CHOC FT	10/3.5 OZ	2.45	24.50		
5373	DIVINE	BARS MILK CHOC HAZLNT FT	10/3.5 OZ	2.73	27.30		
5374	DIVINE	BARS MINI DK CHOC FT	30/1.5 OZ	1.29	38.70		
5375	DIVINE	BARS MINI MILK CHOC FT	30/1.5 OZ	1.29	38.70		
5370	DIVINE	BARS WHITE CHOC FT s	10/3.5 OZ	2.45	24.50		
30917	DIVINE	BARS WHITE CHOC W/STRWBRY FT	10/3.5 OZ	2.45	24.50		
32517	ELFOODS	COCAO NIBS CHOC COVRD RAW ORG	12/1.8 OZ	2.84	34.08		
32515	ELFOODS	GOJI BERRIES CHOC COVRD ORG vg	12/1.8 OZ	2.89	34.68		
32516	ELFOODS	PECANS CHOC COVRD ORG vg	12/1.8 OZ	2.18	26.16		

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A mix of delicious fruit flavors, made with real juices and purees. Two convenient size bags: 3.1 ounce and 5.9 ounce!

Containing the flavors Acai Berry, Acerola (Barbados) Cherry, Cranberry, Blueberry and Pomegranate, Superfruit Mix has the juicy, exotic tastes fruit lovers will go crazy for!

100% Natural Flavors

Colors from Natural Sources

High in Antioxidant Vitamin C

Made with Real Fruit Juices & Purees

Naturally Sweetened

Resealable Zipper Bags

Ingredients: Evaporated Cane Juice, Tapioca Syrup, Modified Food Starch, Sour cherry Juice Concentrate, Citric Acid, Blueberry Juice from Blueberry Puree, Pomegranate Juice from Concentrate, Acai Puree, Natural Flavors, Acerola (Barbados) Cherry Juice Concentrate, Cranberry Puree, Grape Skin Extract (Color), Confectioner's Glaze, Apple (Color), Purple Carrot (Color), Hibiscus (Color), Ascorbic Acid (Vitamin C), Black Carrot (Color), Black Currant (Color), Beeswax, Carnauba Wax.
Manufactured in a plant that processes peanuts.

Item # 41471 - 12/3.1OZ
Item #41470 - 12/5.9 OZ
Item #41472 - 10# Bulk

CANDY & CONFECTIONS - cont.

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
33120	EQUALX	BAR CHOC EXPRESSO BEAN ORG s	12/3.5 OZ	3.49	41.88	2.62	31.44
3860	EQUALX	BAR CHOC VERY DK ORG s	12/3.5 OZ	3.49	41.88	2.62	31.44
3859	EQUALX	BAR DK CHOC W/ALMONDS ORG s	12/3.5 OZ	3.49	41.88		
30936	FEARLESS	BAR CHOC CCNUT 70% OG raw vg s	11/2 OZ	3.98	43.78	2.98	32.78
30935	FEARLESS	BAR CHOC MDNGT OG 75% raw vg s	11/2 OZ	3.98	43.78	2.98	32.78
30937	FEARLESS	BAR CHOC MTCHA PEP OG raw vg s	11/2 OZ	3.98	43.78	2.98	32.78
30938	FEARLESS	BAR CHOC SPR SEED OG raw vg s	11/2 OZ	3.98	43.78	2.98	32.78
3642	FINNSKA	LICORICE SOFT ORG	12/7 OZ	2.98	35.76		
31103	GHIRARD	BAR DK TWILIGHT DELIGHT 72% s	12/3.5 OZ	2.39	28.68		
35013	GHIRARD	BARS DK CHOC CARMEL FILL s p h	12/3.5 OZ	2.06	24.72		
30486	GHIRARD	SQUARES DK CHOC 60% s	120 CT	.33	39.60		
30485	GHIRARD	SQUARES MILK CHOC s	120 CT	.33	39.60		
30488	GHIRARD	SQUARES MILK CHOC w/CARAML s p	120 CT	.33	39.60		
1813	GINGERPE	GINGER CHEWS	3 OZ BAG	1.65	1.65		
1825	GINGERPE	GINGER CHEWS	12/2 OZ PK	.83	9.96		
1807	GINGERPE	GINGER CHEWS CANDY	4.5 OZ BOX	2.79	2.79	2.09	2.09
33205	GINGERPE	GINGER CHEWS HOT COFFEE box	4.5 OZ	2.85	2.85	2.14	2.14
1819	GINGERPE	GINGER CHEWS PEANUT	3 OZ BAG	1.65	1.65		
1814	GINGERPE	GINGER CHEWS SPICY APPLE	3 OZ BAG	1.65	1.65		
1812	GINGERPE	GINGER CRYST CANDY	3.5 OZ BAG	1.65	1.65		
1803	GINGERPE	GINGER DELIGHT s	8.5 OZ	5.19	5.19		
33317	GINGERPE	GINGER SWEET HOT SLICES s	4.5 OZ	2.74	2.74	1.99	1.99
33318	GINGERPE	GINGER SWEET HOT SLICES s	10 OZ	5.25	5.25		
1822	GINGERPE	GIN-GINS CANDY indiv wrapped	3 OZ BAG	1.65	1.65		
33210	GINGERPE	GIN-GINS HARD CANDY box	4.5 OZ	2.85	2.85	2.14	2.14
31318	GOLDIES	CAROB BAR BANANA	12/3 OZ	2.85	34.20		
31317	GOLDIES	CAROB BAR HAZELNUT PRALINE	12/3 OZ	2.85	34.20		
31263	GOLDIES	CAROB BAR MINT	12/3 OZ	2.85	34.20		
31319	GOLDIES	CAROB BAR ORANGE ZEST	12/3 OZ	2.85	34.20		
31132	GOLDIES	CAROB BAR PLAIN	12/3 OZ	2.85	34.20		
31133	GOLDIES	CAROB BAR RICE CRUNCH	12/3 OZ	2.85	34.20		
41292	GOMAXGO	BAR BUCCANEER vg s	24/2.1 OZ	1.60	38.40		
41290	GOMAXGO	BAR JOKERZ vg s	24/2.1 OZ	1.60	38.40		
41293	GOMAXGO	BAR MAHALO vg s	24/2.1 OZ	1.60	38.40		
41291	GOMAXGO	BAR TWILIGHT vg s	24/2.1 OZ	1.60	38.40		
2910	GREENBLK	BAR DK CHOC 70% ORG FT s	10/100GR	2.85	28.50	2.14	21.40
34380	GREENBLK	BAR DK CHOC 85% ORG FT s	10/100GR	2.85	28.50	2.14	21.40
34379	GREENBLK	BAR DK CHOC CHERRY ORG FT s	10/100GR	2.85	28.50	2.14	21.40
2907	GREENBLK	BAR DK CHOC ESPRESSO ORG FTs	10/100GR	2.85	28.50	2.14	21.40
30337	GREENBLK	BAR DK CHOC GINGER ORG FT s	10/100GR	2.85	28.50	2.14	21.40
2913	GREENBLK	BAR DK CHOC HZLNT CURNT ORG FT	10/100GR	2.85	28.50	2.14	21.40
2912	GREENBLK	BAR DK CHOC MAYA GOLD ORG FT s	10/100GR	2.85	28.50	2.14	21.40
2920	GREENBLK	BAR DK CHOC MINT ORG FT s	10/100GR	2.85	28.50	2.14	21.40
2933	GREENBLK	BAR MILK CHOC ALMOND ORG FT s	10/100GR	2.85	28.50	2.14	21.40
2911	GREENBLK	BAR MILK CHOC ORG FT s	10/100GR	2.85	28.50	2.14	21.40
30171	GREENBLK	BAR MILK CHOC PEANUT ORG FT s	10/100GR	2.85	28.50	2.14	21.40
30170	GREENBLK	BAR MILK CHOC TOFFEE ORG FT s	10/100GR	2.85	28.50	2.14	21.40
2922	GREENBLK	BAR WHITE CHOC ORG FT s	10/100GR	2.85	28.50	2.14	21.40
6486	HIGHLAND	MAPLE CANDY 5pcs	1.25 OZ	3.49	3.49		
6499	HIGHLAND	MAPLE CANDY LEAF	1.85 OZ	3.99	3.99		
31443	HONEES	HONEY FILLED DROPS s	24/1.6 OZ	.72	17.28		
31444	HONEES	MILK HONEY FILLED DROPSs	24/1.5 OZ	.72	17.28		
3804	HONEYACR	CORDIAL MINT PATTY Dairy-Free	2# BOX	22.99	22.99		
41471	**JELYBELY**	**SUPERFRUIT MIX JELLY BEANS s**	**12/3.1 OZ**	**1.41**	**16.92**	**1.27**	**15.24**
41470	**JELYBELY**	**SUPERFRUIT MIX JELLY BEANS s**	**12/5.9 OZ**	**2.72**	**32.64**	**2.27**	**27.24**
40149	KNIPSCHL	BAR CHOC BURNT CARML SEA SLT s	3/4 OZ	4.35	13.05		
15146	LETSDO	GUMMI BEAR CLASSIC VEG ORG	3.5 OZ	2.60	2.60		
15161	LETSDO	GUMMI BEAR SUPER SOUR ORG	3.5 OZ	2.60	2.60	2.21	2.21
15147	LETSDO	GUMMI BEARS JELLY ORG Vegan	3.5 OZ	2.60	2.60	2.34	2.34
2965	LINDT	BAR MILK ORANGE FILLED s	12/3.5 OZ	2.19	26.28		
2966	LINDT	BAR MILK RASPBERRY s	12/3.5 OZ	2.19	26.28		
2964	LINDT	CLASSIC BAR MILK s	12/4.4OZ	2.19	26.28		
2968	LINDT	EXCELLENCE COCOA DK 70% s	12/3.5 OZ	2.19	26.28		
2969	LINDT	EXCELLENCE COCOA DK 85% s	12/3.5 OZ	2.19	26.28		
2961	LINDT	EXCELLENCE MILK EXTRA CREAMY	12/3.5 OZ	2.19	26.28		
33168	LINDT	LINDOR TRUFFLE 60% DARK	60 CNT	.27	16.20		
2958	LINDT	LINDOR TRUFFLE DARK CHOCOLATE	60 CNT	.27	16.20		
2955	LINDT	LINDOR TRUFFLE HAZEL MILK CHOC	60 CNT	.27	16.20		
2956	LINDT	LINDOR TRUFFLE MILK CHOCOLATE	60 CNT	.27	16.20		
2957	LINDT	LINDOR TRUFFLE MINT DARK CHOC	60 CNT	.27	16.20		
2962	LINDT	LINDOR TRUFFLE PEANUT BUTTER s	60 CNT	.27	16.20		
2963	LINDT	LINDOR TRUFFLE RASPBERRY	60 CNT	.27	16.20		
2960	LINDT	LINDOR TRUFFLE WHITE CHOCOLATE	60 CNT	.27	16.20		
2959	LINDT	LINDOR TRUFFLES 6 BOX COMBO	6 BOX	.25	90.00		
2980	LINDT	SWISS BAR BITTERSWEET	12/3.5OZ	2.19	26.28		
41387	MADECASS	BAR CHOC DK MILK SILKY 44% s	12/2.64 OZ	3.64	43.68		
41390	MADECASS	BAR CHOC BRT FRUITY 63% s	12/2.64 OZ	3.64	43.68		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
41393	MADECASS	BAR CHOC DK INTENSE 75% s	12/2.64 OZ	3.64	43.68		
41388	MADECASS	BAR CHOC DK SEA SALT & NIBS s	10/2.64 OZ	3.64	36.40		
41389	MADECASS	BAR CHOC DK STRNG COMPLX 80% s	12/2.64 OZ	3.64	43.68		
41391	MADECASS	BAR CHOC MELLOW SBTLE 67% s	12/2.64 OZ	3.64	43.68		
41392	MADECASS	BAR CHOC SMOOTH RICH 70% s	12/2.64 OZ	3.64	43.68		
41269	MAISIEJ	ALMONDS CAPPUCCINO MILK CHOC s	4 OZ	3.46	3.46		
41272	MAISIEJ	ALMONDS CHOC TRUFFLE s	4 OZ	3.46	3.46		
41268	MAISIEJ	ALMONDS DK CHOC CHIPOTLE s	4 OZ	3.46	3.46		
41270	MAISIEJ	ALMONDS DK CHOC s	4 OZ	3.46	3.46		
41271	MAISIEJ	ALMONDS TOFFEE MILK CHOC s	4 OZ	3.46	3.46		
30871	MOOKIDS	BAR MILK CHO W/RICE CRSP ORG s	12/2.1 OZ	2.55	30.60		
30873	MOOKIDS	BAR MILK CHOC W/ GRAHAM CRK s	12/2.75 OZ	2.55	30.60		
30870	MOOKIDS	BAR MILK CHOC W/ GRANOLA s	12/3 OZ	2.55	30.60		
30872	MOOKIDS	BAR MILK CHOC W/CORN FLK ORG s	12/2.7 OZ	2.55	30.60		
31930	**NATNECTR**	**CUPS PEANUT BUTTER NUGGET wf s**	**24/1.02 OZ**	**1.31**	**31.44**	**.92**	**22.08**
6670	NEWMAN	CUPS PEPPERMINT ORG	24/1.2 OZ	1.30	31.20		
6668	NEWMAN	CUPS PNUTBTR DK CHOC ORG	24/1.2 OZ	1.30	31.20		
1369	PANDA	BAR LICORICE	36/1.13 OZ	.55	19.80	.44	15.84
1367	PANDA	BAR RASPBERRY	36/1.13 OZ	.55	19.80	.44	15.84
1408	PANDA	CHEW HERB/LICORICE	7 OZ	2.50	2.50	2.00	2.00
1363	PANDA	CHEW LICORICE BLACK	12/7 OZ	2.50	30.00	2.00	24.00
1368	PANDA	CHEW RASPBERRY	7 OZ	2.50	2.50	2.00	2.00
30755	PANDA	LICORICE CREMES s	7 OZ	3.65	3.65	2.92	2.92
8505	PEELU	GUM DENTAL PEPPERMINT	100 PC	5.44	5.44		
8506	PEELU	GUM DENTAL SPEARMINT	100 PC	5.44	5.44		
41181	PEELU	GUM SPEARMINT blister pack	24/12 PC	.93	22.32	.74	17.76
34497	QBEL	BAR DBL DK CHOC WFER 70% s	25/1.1 OZ	1.09	27.25	.79	19.75
34494	QBEL	ROLLS WAFER DK CHOC s	15/.9 OZ	1.09	16.35		
34495	QBEL	ROLLS WAFER MILK CHOC s	15/.9 OZ	1.09	16.35		
34549	RJ	LICORICE BLACK s	10.6 OZ	4.40	4.40		
34550	RJ	LICORICE RASPBERRY s	10.6 OZ	4.40	4.40		
34577	SALAZON	BAR DK CHOC SEA SALT COF ORG s	12/3 OZ	2.26	27.12		
34573	SALAZON	BAR DK CHOC SEA SALT ORG s	12/3 OZ	2.26	27.12		
34575	SALAZON	BAR DK CHOC SEA SLT PEPR ORG s	12/3 OZ	2.26	27.12		
34574	SALAZON	BAR DK CHOC SEA SLT TURBO ORG	12/3 OZ	2.26	27.12		
31885	SCHARFEN	BAR DK CHOC BITTRSWT 70% s	12/3 OZ	2.91	34.92		
31890	SCHARFEN	BAR DK CHOC BITTRSWT 70% s	18/1 OZ	1.53	27.54	1.15	20.70
31894	SCHARFEN	BAR DK CHOC MOCHA 62% s	18/1 OZ	1.53	27.54	1.15	20.70
31895	SCHARFEN	BAR DK CHOC NIBBY 62% s	18/1 OZ	1.53	27.54	1.15	20.70
31544	SCHARFEN	BAR DK CHOC NIBBY s	12/3 OZ	2.91	34.92		
31886	SCHARFEN	BAR EXTRA DK CHOC 82% s	12/3 OZ	2.91	34.92		
31891	SCHARFEN	BAR EXTRA DK CHOC 82% s	18/1 OZ	1.53	27.54	1.15	20.70
31888	SCHARFEN	BAR MILK CHOC ALMND SALT 41% s	12/3 OZ	2.91	34.92		
31893	SCHARFEN	BAR MILK CHOC EXTRA RICH 41% s	18/1 OZ	1.53	27.54	1.15	20.70
31889	SCHARFEN	BAR MILK CHOC EXTRA RICH 41% s	12/3 OZ	2.91	34.92		
31543	SCHARFEN	BAR MILK CHOC NIBBY s	12/3 OZ	2.91	34.92		
31892	SCHARFEN	BAR SEMI SWT DK CHOC 62% s	18/1 OZ	1.53	27.54	1.15	20.70
31887	SCHARFEN	BAR SEMI SWT DK CHOC 62% s	12/3 OZ	2.91	34.92		
31898	SCHARFEN	TASTNG SQ ASSTD CHOC s	3.17 OZ	4.23	4.23		
31896	SCHARFEN	TASTNG SQ DK CHOC BITSWT 70% s	3.17 OZ	4.23	4.23		
31897	SCHARFEN	TASTNG SQ RICH MILK CHOC 41% s	3.17 OZ	4.23	4.23		
33154	SENCHA	GREEN TEA MINT DELICATE PEAR	9/1 OZ	2.75	24.75		
33155	SENCHA	GREEN TEA MINT LIVELY LEMONGRS	9/1 OZ	2.75	24.75		
33153	SENCHA	GREEN TEA MINT ORIGINAL	9/1 OZ	2.75	24.75		
33156	SENCHA	GREEN TEA MINT VARIETY 3ea flv	9/1 OZ	2.75	24.75		
2916	SUNNY	HONEYSTIKS asst flvrs	30/10PKG	1.79	53.70		
28213	SUNSPIRE	BAR DK CHOC COCONUT s	24 CT	1.80	43.20		
28211	SUNSPIRE	BAR MILK CHOC COCONUT ALMOND s	24 CT	1.75	42.00		
2806	SUNSPIRE	SUNDROPS SNACK SIZE	12/1.19OZ	1.05	12.60		
40136	SURFSWET	FRUITY BEARS OG gf vg s	2.75 OZ	1.65	1.65		
40133	SURFSWET	GUMMY BEARS gf s	2.75 OZ	1.65	1.65		
40131	SURFSWET	GUMMY BEARS SNK SZ gf s	24/.9 OZ	.67	16.08		
40135	SURFSWET	GUMMY SWIRLS gf vg s	2.75 OZ	1.65	1.65		
40134	SURFSWET	GUMMY WORMS gf s	2.75 OZ	1.65	1.65		
40137	SURFSWET	JELLY BEANS OG gf v s	2.75 OZ	1.65	1.65		
40132	SURFSWET	SOUR BERRY BEARS gf vg s	2.75 OZ	1.65	1.65		
40138	SURFSWET	SOUR WORMS gf vg s	2.75 OZ	1.65	1.65		
1652	TERRANST	BAR CHOC DK RAISIN PECAN ORG s	12/3.5 OZ	3.42	41.04		
1650	TERRANST	BAR CHOC DK TRUFFLE ORG s	12/3.5 OZ	3.42	41.04		
1654	TERRANST	BAR CHOC INTENSE DK 73% ORG s	12/3.5 OZ	3.42	41.04		
1665	TERRANST	BAR CHOC RICE MILK ORG DF s	12/3.5 OZ	3.97	47.64		
41027	TERRANST	BAR CHOC RICE MILK W/ALMDS ORG	12/3.5 OZ	3.63	43.56		
41028	TERRANST	BAR CHOC RICE MILK W/DK ORG s	12/3.5 OZ	3.63	43.56		
30860	THEOBROM	BAR CHOC ALMND APL CIN ORG FTs	12/1.25 OZ	1.90	22.80	1.61	19.32
30861	THEOBROM	BAR CHOC ALMND CCONUT ORG FT s	12/1.25 OZ	1.90	22.80	1.61	19.32
30862	THEOBROM	BAR CHOC ALMND CRNBRY ORG FT s	12/1.25 OZ	1.90	22.80	1.61	19.32
30863	THEOBROM	BAR CHOC DK PURE ORG FT s	12/1.25 OZ	1.90	22.80	1.61	19.32

Nectar Nugget *Peanut Butter Cup*

Nectar Nugget Natural Peanut Butter Cup is now available once again! This classic confection is made with all natural ingredients, including premium milk chocolate and smooth, creamy homemade peanut butter -- for a rich and satisfying treat anytime of the day!

No Hydrogenated Oils

0g Trans Fat

Nothing Artificial

All Natural Ingredients

Ingredients: Milk Chocolate [Sugar, Cocoa Butter, Whole Milk, Chocolate Liquor, Soy Lecithin (an emulsifier), Vanilla], Peanut Butter, Sea Salt.
Contains: Dairy, Peanuts, and Soy.

Item #31930

CrackleSnax

Great Snacks Are Back!!!

Cracklesnax: It's a snack, it's a dipper, it's a cracker...We start with the finest and freshest ingredients. We never use any trans-fat oils, artificial colors or flavors of any kind, but instead we let the natural color of the vegetable that nature has to offer shine through.

Three Outstanding Products!

- Shoestring Potato Sticks

- Veggie Squares

- Potato Squares

Shoestring Potato Sticks

A Nostalgic Treat made from Fresh Cut Potatoes and lightly seasoned with sea salt! Sprinkle on your salad or casserole or pair them with your favorite sandwich. Plus we use non hydrogenated oils, with 0g Trans Fat.

Ingredients: Whole potatoes, non-hydrogenated oil (sunflower, safflower or palm fruit oil), sea salt.

Item #31938

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
CANDY & CONFECTIONS - cont.							
30865	THEOBROM	BAR CHOC MAPLE BUTTER ORG s	12/1.25 OZ	2.26	27.12	1.92	23.04
30864	THEOBROM	BAR CHOC ORANGE CHUNK ORG s	12/1.25 OZ	1.69	20.28	1.44	17.28
30823	THEOBROM	BAR DK CHOC BANANA CHNK ORG s	12/1.25 OZ	1.69	20.28	1.44	17.28
30825	THEOBROM	BAR DK CHOC CCONUT CHNK ORG s	12/1.25 OZ	1.69	20.28	1.44	17.28
30826	THEOBROM	BAR DK CHOC ESPRSSO CHNK ORG s	12/1.25 OZ	1.69	20.28	1.44	17.28
30824	THEOBROM	BAR DK CHOC RASPBRY CHNK ORG s	12/1.25 OZ	1.69	20.28	1.44	17.28
30827	THEOBROM	BAR DK CHOCOLATE 72% ORG s	12/1.25 OZ	1.69	20.28	1.44	17.28
34753	VERITAS	TOFFEE MILK CHOC CARAML SEA s	24/1.25 OZ	1.45	34.80	1.09	26.16
34749	VERITAS	WINE PARNG LT RED 70% DK CHOC	16/3 OZ	3.60	57.60	2.99	47.84
34746	VERITAS	WINE PARNG WHITE 38% MLK CHOC	16/3 OZ	3.60	57.60	2.99	47.84
4188	VERMINTS	MINTS GINGERMINT s	6/1.41 OZ	2.69	16.14	2.15	12.90
4187	VERMINTS	MINTS JONS PEPPERMINT s	6/1.41 OZ	2.69	16.14	2.15	12.90
4189	VERMINTS	MINTS WINTERMINT s	6/1.41 OZ	2.69	16.14	2.15	12.90
41130	VIVANI	BAR DK CHOC 72% ORG s	10/3.5 OZ	2.60	26.00	2.08	20.80
41134	VIVANI	BAR DK CHOC 85% ORG s	10/3.5 OZ	2.60	26.00	2.08	20.80
41135	VIVANI	BAR DK CHOC w/grn tea ORG s	10/3.5 OZ	2.60	26.00	1.99	19.90
41136	VIVANI	BAR DK CHOC w/lemon ORG s	10/3.5 OZ	2.60	26.00	1.99	19.90
41133	VIVANI	BAR DK CHOC w/orange ORG s	10/3.5 OZ	2.60	26.00	2.08	20.80
31065	VT NUTFR	BAR CRISP MLK CHOC NUT FREE s	24/1.5 OZ	1.05	25.20		
31063	VT NUTFR	BAR DK CHOC NUT FREE s	24/1.5 OZ	1.05	25.20		
31064	VT NUTFR	BAR MILK CHOC NUT FREE s	24/1.5 OZ	1.15	27.60		
30783	YOGEN FRUZ	CANDY FRUIT&YOGURT BLUEBRY	8/.89 OZ	1.22	9.76		
30784	YOGEN FRUZ	CANDY FRUIT&YOGURT STRW BAN	8/.89 OZ	1.22	9.76		
30782	YOGEN FRUZ	CANDY FRUIT&YOGURT TROP STORM	8/.89 OZ	1.22	9.76		
CHEESE, SHELF - STABLE							
35534	RACCONTO	PARMESAN GRATED SHAKER	8 OZ	3.49	3.49	2.62	2.62
35535	RACCONTO	ROMANO GRATED SHAKER	8 OZ	3.49	3.49	2.62	2.62
CHIPS, PRETZELS & PUFFS							
31787	AURORA	MIX VEGGIE CHIPS rstd n/s	9 OZ	4.72	4.72		
7177	BARBARAS	PUFFS CHEESE BAKES WF	12/5.5 OZ	2.01	24.12	1.51	18.12
33015	BARBARAS	PUFFS CHEESE ORIG crunchy WF	12/7 OZ	2.09	25.08		
7202	BARBARAS	PUFFS CHEESE ORIG snack WF	24/1 OZ	.81	19.44	.61	14.64
7176	BARBARAS	PUFFS JALAPENO CHEESE crunchy	12/7 OZ	2.09	25.08		
37399	BOBBYO	PITA CHIPS CINNAMON SUGAR k s	12/6 OZ	1.50	18.00		
37397	BOBBYO	PITA CHIPS GARLIC k s	12/6 OZ	1.50	18.00		
37400	BOBBYO	PITA CHIPS LEMON CHIVE k s	12/6 OZ	1.50	18.00		
37398	BOBBYO	PITA CHIPS WHL WHEAT GARLC k s	12/6 OZ	1.50	18.00		
34344	CALBEE	SNAPEA CRISPS CAESAR	12/3.3 OZ	1.46	17.52		
34345	CALBEE	SNAPEA CRISPS ORIGINAL	12/3.3 OZ	1.46	17.52		
34048	DANIELLE	FRUIT CHIPS HONEY BANANA	12/2 OZ	2.58	30.96		
30807	DANIELLE	FRUIT CHIPS ROASTED COCONUT	12/2 OZ	2.58	30.96		
34047	DANIELLE	FRUIT CHIPS SWEET JACKFRUIT	12/2 OZ	2.58	30.96		
34140	DANIELLE	FRUIT CHIPS SWEET MANGO	12/2 OZ	2.58	30.96		
34046	DANIELLE	FRUIT CHIPS TANGY PINEAPPLE	12/2 OZ	2.58	30.96		
34043	DANIELLE	VEGGIE CHIPS CRUNCHY PUMPKIN	12/2 OZ	2.58	30.96		
34045	DANIELLE	VEGGIE CHIPS SPICY CARROT	12/2 OZ	2.58	30.96		
34044	DANIELLE	VEGGIE CHIPS WILD TARO	12/2 OZ	2.58	30.96	1.94	23.28
35213	DEEPRIVR	BAKED FRIES JALAPENO&CHEDDAR	24/1.5 OZ	.67	16.08		
35212	DEEPRIVR	BAKED FRIES SWEET MAUI ONION	24/1.5 OZ	.67	16.08		
35191	DEEPRIVR	KETTLE CHIP SWEET MAUI ONION	20/1 OZ	.36	7.20		
35210	DEEPRIVR	KETTLE CHIPS 40%RF LIGHT SALT	12/5 OZ	1.57	18.84		
35209	DEEPRIVR	KETTLE CHIPS 40%RF LIGHT SALT	24/1.5 OZ	.67	16.08		
35208	DEEPRIVR	KETTLE CHIPS ASIAN SWEET&SPCY	12/5 OZ	1.57	18.84		
35200	DEEPRIVR	KETTLE CHIPS ASIAN SWEET&SPCY	24/2 OZ	.67	16.08		
35206	DEEPRIVR	KETTLE CHIPS MESQUITE BBQ	12/5 OZ	1.57	18.84		
35198	DEEPRIVR	KETTLE CHIPS MESQUITE BBQ	24/2 OZ	.67	16.08		
35201	DEEPRIVR	KETTLE CHIPS ORIGINAL salted	12/5 OZ	1.57	18.84		
35193	DEEPRIVR	KETTLE CHIPS ORIGINAL salted	24/2 OZ	.67	16.08		
35190	DEEPRIVR	KETTLE CHIPS ORIGNAL salted	20/1 OZ	.36	7.20		
35207	DEEPRIVR	KETTLE CHIPS ROSEMARY OLIVE OI	12/5 OZ	1.57	18.84		
35192	DEEPRIVR	KETTLE CHIPS ROSEMARY OLIVE OI	20/1 OZ	.36	7.20		
35199	DEEPRIVR	KETTLE CHIPS ROSEMARY OLIVEOIL	24/2 OZ	.67	16.08		
35203	DEEPRIVR	KETTLE CHIPS SALT & VINEGAR	12/5 OZ	1.57	18.84		
35195	DEEPRIVR	KETTLE CHIPS SALT & VINEGAR	24/2 OZ	.67	16.08		
35194	DEEPRIVR	KETTLE CHIPS SALT&CRACKED PEPP	24/2 OZ	.67	16.08		
35202	DEEPRIVR	KETTLE CHIPS SALT&CRACKED PEPP	12/5 OZ	1.57	18.84		
35205	DEEPRIVR	KETTLE CHIPS SWEET MAUI ONION	12/5 OZ	1.57	18.84		
35197	DEEPRIVR	KETTLE CHIPS SWEET MAUI ONION	24/2 OZ	.67	16.08		
35196	DEEPRIVR	KETTLE CHIPS ZESTY JALAPENO	24/2 OZ	.67	16.08		
35211	DEEPRIVR	POPCORN WHITE CHEDDAR CHEESE	24/2 OZ	.96	23.04		
6353	EDEN	CHIPS SEA VEGETABLE	10/2.1 OZ	3.08	30.80		
6355	EDEN	CHIPS WASABI Hot n' Spicy	10/2.1 OZ	3.22	32.20		
35216	FOODSHLD	TORTILA CHIPS JALAPENO gf	24/1.5 OZ	.85	20.40	.48	11.52
35214	FOODSHLD	TORTILA CHIPS MULTIGRAIN gf s	24/1.5 OZ	.85	20.40		
35215	FOODSHLD	TORTILA CHIPS OLIVE gf s	24/1.5 OZ	.85	20.40	.77	18.48
35219	FOODSHLD	TORTILA CHIPS SWT POTATO gf s	24/1.5 OZ	.85	20.40		
35236	FOODSHLD	TORTILLA CHIPS BLUE CORN k gf	12/5.5 OZ	2.35	28.20	1.76	21.12

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
35237	FOODSHLD	TORTILLA CHIPS CHEDDAR k gf	24/1.5 OZ	.85	20.40		
35235	FOODSHLD	TORTILLA CHIPS CHEDDAR k gf	12/5.5 OZ	2.35	28.20		
35291	FOODSHLD	TORTILLA CHIPS LIME gf	12/5.5 OZ	2.35	28.20		
35221	FOODSHLD	TORTILLA CHIPS MULTIGRAIN gf s	12/ 6 OZ	2.35	28.20		
35223	FOODSHLD	TORTILLA CHIPS OLIVE gf s	12/ 6 OZ	2.35	28.20		
35226	FOODSHLD	TORTILLA CHIPS SWT POTATO gf s	12/ 6 OZ	2.35	28.20		
35225	FOODSHLD	TORTILLA CHIPS THE WORKS gf s	12/ 6 OZ	2.35	28.20		
5913	GARDEAT	CHIPS CORN REDHOT BLUES ORG	12/9 OZ	2.99	35.88		
5914	GARDEAT	CHIPS CORN SES BLUES ORG	24/1.5 OZ	.84	20.16		
5912	GARDEAT	CHIPS CORN SES BLUES ORG	12/7.5 OZ	2.95	35.40		
3726	GOODHLTH	APPLE CHIPS CINNAMON	12/3 OZ	1.83	21.96		
37390	GOODHLTH	HUMMUS CHIPS OLV LMN FETA	12/3.5 OZ	2.05	24.60		
37391	GOODHLTH	HUMMUS CHIPS RST RED PEPPER	12/3.5 OZ	2.05	24.60		
37396	GOODHLTH	POPCORN HALF NAKED W/OLIVE OI	12/4 OZ	2.16	25.92	1.39	16.68
3711	GOODHLTH	POTATO CHIPS OLIVE OIL	12/5 OZ	1.95	23.40		
3715	GOODHLTH	POTATO CHIPS OLIVE OIL PEPPER	12/5 OZ	1.95	23.40		
3713	GOODHLTH	POTATO CHIPS OLIVE OIL RSMRY	12/5 OZ	1.95	23.40		
37393	GOODHLTH	VEGGIE CHIPS	10/7.5 OZ	3.10	31.00	2.39	23.90
37395	GOODHLTH	VEGGIE CHIPS	24/1 OZ	.75	18.00		
34033	GREENMT	GRINGO TORTILLA STRIPS BLUE	12/8OZ	2.24	26.88		
15313	GREENMT	GRINGO TORTILLA STRIPS gf	12/8 OZ	1.69	20.28		
34034	GREENMT	GRINGO TORTILLA STRIPS WHITE	12/8OZ	2.24	26.88	1.68	20.16
35415	GRINGOJK	TORTILLA CHIP FLOUR ARTISAN	12/8 OZ	3.20	38.40		
35416	GRINGOJK	TORTILLA CHIP FLOUR SPICED	12/8 OZ	3.20	38.40		
35419	GRINGOJK	TORTILLA CHIP WHL WHEAT FLOUR	12/8 OZ	3.20	38.40	2.40	28.80
7363	KETTLE	POTATO CHIPS HONEY DIJON	24/2 OZ	1.08	25.92		
30656	KETTLE	POTATO CHIPS KRINKLE SALT/ PEP	10/14OZ	4.96	49.60		
7361	KETTLE	POTATO CHIPS KRINKLE SALT/PEP	24/2 OZ	1.09	26.16		
7324	KETTLE	POTATO CHIPS NY CHEDDAR	24/2 OZ	1.08	25.92		
7319	KETTLE	POTATO CHIPS SEASALT/VIN	15/5 OZ	2.45	36.75	1.85	27.75
7140	KETTLE	POTATO CHIPS SEASALT/VIN	24/2 OZ	1.08	25.92		
2187	KETTLE	POTATO CHIPS w/s	15/5 OZ	2.45	36.75		
7144	KETTLE	POTATO CHIPS w/sea salt	24/2 OZ	1.08	25.92		
4301	LITTLEBE	POPCORN WHITE CHEDDAR ORG	12/4 OZ	2.29	27.48		
4341	LITTLEBE	TORTILLA CHIPS BLUE salted	12/16 OZ	4.00	48.00		
4343	LITTLEBE	TORTILLA CHIPS WHITE salted	12/16 OZ	3.40	40.80		
4348	LITTLEBE	TORTILLA CHIPS YELLOW salted	12/16 OZ	3.40	40.80		
1878	LUNDBERG	RICE CHIP SNTA FE BBQ WF/GF s	12/6 OZ	2.39	28.68		
33413	LUNDBERG	RICE CHIPS FIESTA LIME WF/GF s	12/6 OZ	2.39	28.68		
33414	LUNDBERG	RICE CHIPS HONEY DIJON WF/GF s	12/6 OZ	2.39	28.68		
1879	LUNDBERG	RICE CHIPS ORIG SEA SALT WF/GF	12/6 OZ	2.39	28.68		
1877	LUNDBERG	RICE CHIPS PICO DE GALLO WF/GF	12/6 OZ	2.39	28.68		
1880	LUNDBERG	RICE CHIPS SES SEAWEED WF/GF s	12/6 OZ	2.39	28.68		
5066	MADHOUSE	CHIPS CREAMY FRENCH ONION	12/5 OZ	1.95	23.40	1.46	17.52
4998	MADHOUSE	CHIPS CREAMY FRENCH ONION	30/1.5 OZ	.85	25.50	.64	19.20
5064	MADHOUSE	CHIPS MESQUITE BBQ s	12/5 OZ	1.95	23.40	1.46	17.52
4995	MADHOUSE	CHIPS MESQUITE BBQ s	30/1.5 OZ	.85	25.50	.64	19.20
5065	MADHOUSE	CHIPS SEA SALT & VINEGAR	12/5 OZ	1.95	23.40	1.46	17.52
4997	MADHOUSE	CHIPS SEA SALT & VINEGAR	30/1.5 OZ	.85	25.50	.64	19.20
5063	MADHOUSE	CHIPS SEA SALT ALL AMERICAN	12/5 OZ	1.95	23.40	1.46	17.52
4993	MADHOUSE	CHIPS SEA SALT ALL AMERICAN	30./1.5 OZ	.85	25.50	.64	19.20
30133	MADHOUSE	TORTILLA CHIPS BLUE CORN	12/9 OZ	2.45	29.40	1.84	22.08
30134	MADHOUSE	TORTILLA CHIPS WHITE CORN	12/9 OZ	2.45	29.40	1.84	22.08
1882	MIGUELS	PLANTAIN STRIPS HONEY s	18/3 OZ	1.49	26.82		
1881	MIGUELS	PLANTAIN STRIPS salted	18/3 OZ	1.49	26.82		
1850	MIGUELS	TORTILLA CHIPS BLUE salted	12/8 OZ	2.10	25.20		
1854	MIGUELS	TORTILLA CHIPS WHITE salt	12/7 OZ	1.71	20.52	1.28	15.36
41466	MINIPOPS	POP SORGHUM CARAMEL ORG gf k	12/3 OZ	1.76	21.12	1.58	18.96
41465	MINIPOPS	POP SORGHUM CHILI BLD ORG gf k	12/3 OZ	1.76	21.12	1.58	18.96
41462	MINIPOPS	POP SORGHUM CHILI CHS ORG gf k	12/3 OZ	1.76	21.12	1.58	18.96
41463	MINIPOPS	POP SORGHUM LEMN PEP ORG gf k	12/3 OZ	1.76	21.12	1.58	18.96
41464	MINIPOPS	POP SORGHUM PLAIN ORG gf k	12/3 OZ	1.76	21.12	1.58	18.96
41460	MINIPOPS	POP SORGHUM SEA SALT ORG gf k	12/3 OZ	1.76	21.12	1.58	18.96
41461	MINIPOPS	POP SORGHUM WT CHEDR ORG gf k	12/3 OZ	1.76	21.12	1.58	18.96
41441	MRKRISPR	RICE CHIP BARBEQUE BKD gf s	12/4.2 OZ	2.10	25.20	1.68	20.16
41443	MRKRISPR	RICE CHIP NACHO BKD gf s	12/4.2 OZ	2.10	25.20		
41442	MRKRISPR	RICE CHIP S CRM & ON BKD gf s	12/4.2 OZ	2.10	25.20		
41440	MRKRISPR	RICE CHIP SEA SLT/PEP BKD gf s	12/4.2 OZ	2.10	25.20		
31940	**NATNECTR**	**POTATO SQUARES CRAKLSNAX wf vg**	**4 OZ**	**2.54**	**2.54**	**1.78**	**1.78**
31938	**NATNECTR**	**POTATO STICKS CRAKLSNAX wf vg**	**4 OZ**	**2.74**	**2.74**	**1.90**	**1.90**
31939	**NATNECTR**	**VEG SQUARES CRAKLSNAX wf vg**	**4 OZ**	**2.54**	**2.54**	**1.78**	**1.78**
36481	NUMBER9	TORTILLA STRIP ANCIENT GRN gf	12/8 OZ	2.25	27.00		
36480	NUMBER9	TORTILLA STRIPS NINE VEG gf k	12/8 OZ	2.25	27.00		
36482	NUMBER9	TORTILLA STRP STGD CORN gf k s	12/8 OZ	2.03	24.36		
7292	ROBERTS	PIRATE BOOTY WF/GF	24/1 OZ	.85	20.40		
7288	ROBERTS	PIRATE BOOTY WF/GF	12/4 OZ	2.17	26.04		
73154	ROBERTS	PIRATES BOOTY SOUR CR ONION gf	12/4 OZ	2.13	25.56		
73155	ROBERTS	PIRATES BOOTY SOUR CR ONION gf	24/1 OZ	.81	19.44		
73158	ROBERTS	PIRATES BOOTY VEGGIE gf	12/4 OZ	2.13	25.56		
73156	ROBERTS	PIRATES SMART PUFFS gf	12/4.5 OZ	2.13	25.56		

Veggie Squares

Savor in Potato, Spinach and Tomato Flavors

Ingredients: Potato Flour, expeller pressed sunflower or safflower oil, rice flour, tomato, green pepper, parsley, spinach, celery, turmeric, garlic, sea salt.

Item #31939

Potato Squares

Perfect base for all dips and spreads! Our master baker has created a unique square shape snack with multi-layers of crispness for a truly distinct snacking sensation perfect for dressing in your favorite dip or topping as your favorite cracker and with 40% less fat than regular potato chips there is no reason to stop snacking anytime soon.

Ingredients: Potato Flour, expeller pressed sunflower or safflower oil, turmeric, garlic, sea salt.

Item #31940

FLAVOR-LOVING, WORLD-CHANGING PEOPLE FROM ALL OVER THE WORLD ARE GOING CRAZY FOR LARRY'S!!

100% FAIR TRADE, SHADE GROWN, ORGANIC ('n Kosher to boot) — all slow-roasted in our green-o-vated digs, featuring rain-harvesting, rainwater-toilet flushing, biodiesel-pumping, and passive and active solar.

Larry's beans .com

ENJOY LIFE WIDE OPEN!

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
CHIPS, PRETZELS & PUFFS - cont.							
73153	ROBERTS	POTATO FLYERS ORIGINAL gf	24/1.5 OZ	.81	19.44		
73152	ROBERTS	POTATO FLYERS ORIGINAL gf	12/5.5 OZ	2.13	25.56		
73151	ROBERTS	POTATO FLYERS SOUR CR ONION gf	24/1.5 OZ	.81	19.44	.65	15.60
73150	ROBERTS	POTATO FLYERS SOUR CR ONION gf	12/5.5 OZ	2.13	25.56	1.69	20.28
73157	ROBERTS	TINGS ORIGINAL gf	12/6 OZ	2.13	25.56		
3733	SOLEA	POLENTA CHIPS ORIGINAL WF/GF	12/5 OZ	2.07	24.84		
3730	SOLEA	PRETZELS PNUT BTR FILLED s	12/5.5 OZ	2.09	25.08		
6019	STACYS	PITA CINNAMON/SUGAR	24/1.5 OZ	.70	16.80	.53	12.72
6012	STACYS	PITA PARM/GARLIC/HERB	12/8 OZ	1.99	23.88		
6017	STACYS	PITA PARM/GARLIC/HERB	24/1.5 OZ	.70	16.80		
6018	STACYS	PITA SIMPLY NAKED seasalt	24/1.5 OZ	.70	16.80		
6016	STACYS	PITA SIMPLY NAKED seasalt	12/8 OZ	1.99	23.88		
7394	TERRA	CHIPS BLUE snack size	24/1 OZ	.87	20.88		
7392	TERRA	CHIPS ORIGINAL snack size	24/1 OZ	.87	20.88		
41311	UNIQUE	PRETZEL SPLITS SPROUTED WHEAT	12/8 OZ	3.25	39.00		
41307	UNIQUE	PRETZELS SPLITS	12/11 OZ	1.98	23.76		
41316	UNIQUE	PRETZELS SPLITS EXTRA DARK	12/11 OZ	1.98	23.76		
41310	UNIQUE	PRETZELS SPLITS GARLIC ONION	12/11 OZ	1.98	23.76	1.78	21.36
41309	UNIQUE	PRETZELS SPLITS MULTI GRAIN	12/11 OZ	1.98	23.76		
36462	VITASPEL	PRETZELS SPELT ORG	12/7 OZ	1.71	20.52	1.26	15.12
36461	VITASPEL	PRETZELS SPELT SOURDOUGH ORG	12/7 OZ	2.09	25.08	1.55	18.60
31051	WHITE MT	KETTLE CORN s	32/1 OZ	.72	23.04		
31046	WHITE MT	KETTLE CORN s	9/7.5 OZ	2.87	25.83		
COFFEE							
35425	CAFEBUST	BUSTELO BRICK ground	6 OZ	2.50	2.50		
8382	EQUALX	ORG BREAKFAST BLEND bean	12 OZ	6.85	6.85		
8380	EQUALX	ORG BREAKFAST BLEND ground	12 OZ	6.85	6.85		
31059	EQUALX	ORG COLUMBIAN bean	12 OZ	6.85	6.85		
31062	EQUALX	ORG COLUMBIAN ground	12 OZ	6.85	6.85		
8387	EQUALX	ORG DECAF CO2 ground	12 OZ	8.30	8.30		
31397	EQUALX	ORG DECAF FULL CITY RST bean	12 OZ	8.21	8.21	6.21	6.21
31058	EQUALX	ORG ETHIOPIAN bean	12 OZ	6.85	6.85		
31061	EQUALX	ORG ETHIOPIAN ground	12 OZ	6.85	6.85		
8386	EQUALX	ORG FRENCH ROAST bean	10 OZ	6.85	6.85		
8385	EQUALX	ORG FRENCH ROAST ground	10 OZ	6.85	6.85		
34339	EQUALX	ORG LOVE BUZZ bean	12 OZ	6.85	6.85		
34338	EQUALX	ORG LOVE BUZZ ground	12 OZ	6.85	6.85		
31055	EQUALX	ORG MIND BODY SOUL bean	12 OZ	6.85	6.85		
31056	EQUALX	ORG MIND BODY SOUL ground	12 OZ	6.85	6.85		
30706	LARRYS	ORG BEAN MARTIN FT	1#	9.45	9.45		
30382	LARRYS	ORG BOLIVIAN FT biobag	1#	9.45	9.45		
30383	LARRYS	ORG COLUMBIAN FT biobag	1#	9.45	9.45		
30388	LARRYS	ORG COSTA LITTLE RICKY FT bio	1#	9.45	9.45		
30389	LARRYS	ORG COWBOY BLEND FT biobag	1#	9.45	9.45		
30396	LARRYS	ORG DECAF ESPRESSO FT biobag	1#	10.20	10.20		
30435	LARRYS	ORG DECAF MEXICAN	1#	10.20	10.20		
30397	LARRYS	ORG DECAF TWILIGHT BLEND FTbio	1#	10.20	10.20		
30390	LARRYS	ORG EL SALVADOR DALI FT biobag	1#	9.45	9.45		
30381	LARRYS	ORG ESPRESSO FT biobag	1#	9.45	9.45		
30387	LARRYS	ORG ETHIOPIAN FT biobag	1#	9.45	9.45		
30391	LARRYS	ORG FRANK SUMATRA FT biobag	1#	9.45	9.45		
30392	LARRYS	ORG FRENCHY FRNCH RST FTbiobag	1#	9.45	9.45		
30707	LARRYS	ORG GRAND TURK FT	1#	9.45	9.45		
30384	LARRYS	ORG GUATAMALAN FT biobag	1#	9.45	9.45		
30393	LARRYS	ORG LOUIE SUPREMO FT biobag	1#	9.45	9.45		
30394	LARRYS	ORG MALIBAR XXX FT biobag	1#	9.45	9.45		
30395	LARRYS	ORG MOCHA JAVA FT biobag	1#	9.45	9.45		
30385	LARRYS	ORG PERUVIAN FT biobag	1#	9.45	9.45		
30708	LARRYS	ORG SAMMY DECAF JR FT	1#	10.20	10.20		
30709	LARRYS	ORG SUMATRA FT	1#	9.45	9.45		
35428	MEDAGLIA	ESPRESSO CAN GROUND	10 OZ	4.90	4.90		
2616	MEDAGLIA	ESPRESSO INSTANT POWDER	2 OZ	3.45	3.45		
35087	MTHAGEN	COFFEE INST DECAF SNGL SERV OG	25 CT	5.40	5.40	4.32	4.32
35086	MTHAGEN	COFFEE INST SINGLE SERVE ORG	25 CT	5.40	5.40	4.32	4.32
30232	MTHAGEN	COFFEE ORG FRZ DRIED instant	3.53 OZ	7.70	7.70	6.16	6.16
30233	MTHAGEN	DECAF COFFEE ORG FRZ DRIED ins	3.53 OZ	7.70	7.70	6.16	6.16
2721	ORGCOF	ORG BRKFAST BLEND grnd FT	12 OZ	7.10	7.10	5.68	5.68
2732	ORGCOF	ORG DECAF FRENCH RST bean FT	12 OZ	8.50	8.50	6.80	6.80
2720	ORGCOF	ORG FRENCH RST ground FT	12 OZ	7.10	7.10	5.68	5.68
2723	ORGCOF	ORG JAVA LOVE ground FT	12 OZ	7.10	7.10	5.68	5.68
2724	ORGCOF	ORG SUMATRA MANDHELING bean FT	12 OZ	7.10	7.10	5.68	5.68
2722	ORGCOF	ORG ZEN BLEND ground FT	12 OZ	7.10	7.10	5.68	5.68
33141	VT COFFEE	ORG CAFE ALTA GRACIA beans FT	12 OZ	7.21	7.21		
33138	VT COFFEE	ORG DARK ROAST beans FT	16 OZ	8.42	8.42		
33140	VT COFFEE	ORG DECAF beans FT	16 OZ	9.58	9.58		
33139	VT COFFEE	ORG MILD ROAST beans FT	16 OZ	8.42	8.42		
33142	VT COFFEE	ORG TRES MARIPOSA beans FT	12 OZ	7.21	7.21		
41420	WICKED	ORG BALI BLUE MOON bean FT	12 OZ	7.35	7.35		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
41068	WICKED	ORG BIG HOUSE FT bn blend	12 OZ	7.35	7.35		
41421	WICKED	ORG BRAZIL POCO FUNDO bean FT	12 OZ	7.35	7.35		
41422	WICKED	ORG ETHIOPIA SIDAMO bean FT	12 OZ	7.35	7.35		
41069	WICKED	ORG JOHNNY BEEZER'S bn FT mild	12 OZ	7.35	7.35		
41075	WICKED	ORG PERU CHANCHAMAYO bn FT	12 OZ	7.35	7.35		
41067	WICKED	ORG ROGUE WAVE FT bn blnd	12 OZ	7.35	7.35		
41076	WICKED	ORG SUMATRA GAYOLAND bn FT	12 OZ	7.35	7.35		
41066	WICKED	ORG WICKED FRENCH FT bn dark	12 OZ	7.35	7.35		
COFFEE SUBSTITUTES							
1275	CAFIX	COFFEE SUB GRAIN BVRG CAN	6/7.05 OZ	7.25	43.50	5.80	34.80
8530	KAFFREE	KAFFREE ROMA	7 OZ	7.10	7.10		
41000	**OSKRI**	**COFFEE SUB BARLEY**	**2.6 OZ**	**3.67**	**3.67**	**3.30**	**3.30**
41001	TEECCINO	HERBAL ALMOND AMARETTO	11 OZ	7.69	7.69		
41002	TEECCINO	HERBAL CHOCOLATE MINT	8.5 OZ	7.69	7.69		
41003	TEECCINO	HERBAL HAZELNUT ORG	11 OZ	7.69	7.69		
41005	TEECCINO	HERBAL ORG CHOCOLATE	11 OZ	7.69	7.69		
41006	TEECCINO	HERBAL ORIGINAL ORG	11 OZ	7.69	7.69		
41007	TEECCINO	HERBAL VANILLA NUT ORG	11 OZ	7.69	7.69		
41008	TEECCINO	HRBL COFFEE ORG MAYA CAFFE	11 OZ	7.45	7.45		
41010	TEECCINO	HRBL COFFEE ORG MAYA CHOC	11 OZ	7.45	7.45		
CONDIMENTS, BOUILLON, BROTH POWDERS, CLAM JUICE & GRAVY MIXES							
4377	BARHAR	CLAM JUICE	8 OZ	3.74	3.74		
9244	BRAGG	LIQUID AMINOS	16 OZ	3.84	3.84		
9246	BRAGG	LIQUID AMINOS	32 OZ	6.52	6.52		
9245	BRAGG	LIQUID AMINOS SPRAY	6 OZ	2.85	2.85		
50254	EDWARDSN	BOUILLON CUBES GARDEN VEG gf v	2.9 OZ	2.19	2.19		
50252	EDWARDSN	BOUILLON CUBES NOT CHICK gf vg	2.5 OZ	2.19	2.19		
50253	EDWARDSN	BOUILLON CUBES NOTBEEF gf vg	2.5 OZ	2.19	2.19		
50255	EDWARDSN	BOUILLON CUBES VEG LOW SLT gf	2.9 OZ	2.19	2.19		
5660	MARIGOLD	BOUILLON POWDER LS GF DF Vg	150 GM	4.70	4.70		
5659	MARIGOLD	BOUILLON POWDER w/salt GF Vg	150 GM	4.70	4.70		
53080	MAXWELLS	GRAVY MIX BROWN gf	12/1.2 OZ	1.71	20.52	1.20	14.40
1970	RAPUNZEL	VEGE BOUILLON no salt ORGcubes	12/3 OZ	2.49	29.88	1.99	23.88
1969	RAPUNZEL	VEGE BOUILLON w/herb ORG cubes	12/3 OZ	2.49	29.88	1.99	23.88
1968	RAPUNZEL	VEGE BOUILLON w/salt ORG cubes	12/3 OZ	2.49	29.88	1.99	23.88
1966	RAPUNZEL	VEGE SOUP BROTH ORG jar	4.41 OZ	4.20	4.20	3.36	3.36
41457	RIEGAFD	CHS SCE MIX ALFREDO pkt gf s	12/1 OZ	.95	11.40		
41456	RIEGAFD	CHS SCE MIX PEP JACK pkt gf	12/1 OZ	.95	11.40		
41455	RIEGAFD	CHS SCE MIX WHT CHEDDR pkt gf	12/1 OZ	.95	11.40		
41454	RIEGAFD	CHS SCE MIX YEL CHEDDR pkt gf	12/1 OZ	.95	11.40		
5685	ROADSEND	GRAVY MIX GOLDEN GF DF ORG	12/1 OZ	.97	11.64		
5687	ROADSEND	GRAVY MIX SAVORY HERB GF DF OG	12/1 OZ	.97	11.64		
5686	ROADSEND	GRAVY MIX SHIITAKE GF DF ORG	12/1 OZ	.97	11.64		
15141	SIMPLYOG	GRAVY MIX BROWN ORG	.9 OZ	1.07	1.07		
15140	SIMPLYOG	GRAVY MIX ROASTED CHICKEN ORG	.9 OZ	1.07	1.07		
15139	SIMPLYOG	GRAVY MIX ROASTED TURKEY ORG	.9 OZ	1.07	1.07		
15142	SIMPLYOG	SAUCE MIX WILD MUSHROOM ORG	.9 OZ	1.07	1.07		
CONDIMENTS, COOKING SAUCES - BBQ & MARINADES							
30296	AMER SPN	BBQ SAUCE CHERRY s	15 OZ	5.39	5.39	4.58	4.58
30293	AMER SPN	GRILLING SAUCE APPLE CIDER s	14 OZ	5.39	5.39		
30515	ANGUS	BBQ SCE COWBY W/BRBN PEP gf s	13 OZ	3.36	3.36		
30497	ANGUS	STEAK SAUCE ORIGINAL gf	10 OZ	3.36	3.36		
4239	ANNIENA	BBQ SAUCE ORIGINAL ORG	12 OZ	3.29	3.29		
4241	ANNIENA	BBQ SAUCE SMOKEY MAPLE ORG	12 OZ	3.29	3.29		
32127	APPALACH	GRILL SAUCE APPLEWOOD s	12 OZ	2.69	2.69		
32133	APPALACH	GRILL SAUCE POM SWT & SASSY	15 OZ	2.69	2.69		
32132	APPALACH	GRILL SAUCE TAMARIND LIME s Vg	14 OZ	2.69	2.69		
29067	BUSHABRN	SAUCE HONEY JERK BBQ s	12 OZ	5.15	5.15		
29068	BUSHABRN	SAUCE SMOKEY BBQ s	12 OZ	5.15	5.15	4.64	4.64
29069	BUSHABRN	SAUCE SPICY PLANTERS STEAK s	12 OZ	5.15	5.15	3.96	3.96
29070	BUSHABRN	SAUCE SPICY TOMATO LOVE APPL s	12 OZ	5.15	5.15		
31170	COWTOWN	BBQ SAUCE ORIGINAL s	18 OZ	4.30	4.30		
34411	DENYMIKE	BBQ SAUCE CAROLINA STYLE gf s	8.5 OZ	4.29	4.29		
34410	DENYMIKE	BBQ SAUCE HOT N NASTY gf s	9 OZ	4.29	4.29		
34412	DENYMIKE	BBQ SAUCE MESQ O MADNESS gf s	9 OZ	4.29	4.29		
34413	DENYMIKE	BBQ SAUCE SWEET N SPICY gf s	9 OZ	4.29	4.29		
21142	GRINGOJK	BBQ SAUCE HABENERO HOT BABY s	12 OZ	3.54	3.54		
21141	GRINGOJK	BBQ SAUCE SMOKIN WHISKEY s	12 OZ	3.54	3.54		
21140	GRINGOJK	BBQ SAUCE VERMONT MAPLE s	12 OZ	3.54	3.54		
21143	GRINGOJK	CHIPOTLE FINISHING GLAZE s	12 OZ	3.54	3.54		
36014	HALFMOON	CARIBBEAN SCE & MARINADE SPICY	5 OZ	2.50	2.50	2.13	2.13
36017	HALFMOON	STEAK SAUCE TAMARINDO BAY	10 OZ	3.69	3.69		
31134	HICK	GRILLING SAUCE MANGO CHIPTLE s	17.5 OZ	3.49	3.49		
30264	HICK	GRILLING SAUCE MAPLE BOURBON	17 OZ	3.49	3.49		
30325	JUDYS	SAUCE GRILLING JAVA LAVA s	12 OZ	4.29	4.29		
4900	LULU	GRILLING SAUCE FIG BALSAMIC	8.45 OZ	6.92	6.92	5.88	5.88
4913	LULU	MARINADE MEYER LEMON/ROSEMARY	6 OZ	6.31	6.31		

oskri

Oskri
Coffee Substitute

Barley Coffee

Back by popular demand!

The all-time greatest caffeine free coffee substitute is ready for purchase!!

Stir a teaspoon at a time into hot water until desired taste.

Ingredients: 100% Roasted Barley

Item #41000

About

Pork Barrel BBQ Sauce

Named One of Best in the Nation

Pork Barrel BBQ has been thrilling the taste buds of an increasing number of fans and critics with their Pork Barrel BBQ Sauce. Pork Barrel BBQ Sauce has a smoky and tangy flavor with just the right amount of kick.

Their all-purpose BBQ Sauce can be applied liberally, or conservatively, to pork, beef, poultry, fish or vegetables and are made of all-natural ingredients with no preservatives or MSG.

U.S. Senate staffers Heath Hall and Brett Thompson were doing their part to preserve America's free market system during the annual Senate budget debate. As they watched senators debate pork barrel spending, Heath and Brett's discussion turned to their favorite topic — BBQ. As native Missourians, they knew there was one thing not up for debate in Washington, D.C. — the need for great barbecue...and Pork Barrel BBQ was born.

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
CONDIMENTS, COOKING SAUCES - BBQ & MARINADES - cont.							
30324	MOTHERS	BBQ SAUCE AUNT RUBY'S RED gf	13 OZ	2.57	2.57		
30192	MOTHERS	BBQ SAUCE HONEY HICKORY FF/GF	13 OZ	2.50	2.50		
30902	MOTHERS	MARINADE CAJUN GF s	12 OZ	2.45	2.45		
30904	MOTHERS	MARINADE DIJON DILL s	12 OZ	2.45	2.45		
30903	MOTHERS	MARINADE MAINE ATLANTIC GF s	12 OZ	2.45	2.45		
30901	MOTHERS	MARINADE ORIGINAL GF s	12 OZ	2.45	2.45		
15867	PEMBERT	BBQ SAUCE MAPLE	14.25 OZ	4.85	4.85		
30165	**PORKBARL**	**BBQ SAUCE ORIGINAL gf s**	**12 OZ**	**4.19**	**4.19**	**3.14**	**3.14**
30166	**PORKBARL**	**BBQ SAUCE SWEET gf s**	**12 OZ**	**4.19**	**4.19**	**3.14**	**3.14**
30553	RICHARDS	BARBEQUE GAME SAUCE s	18 OZ	3.39	3.39	3.05	3.05
30551	RICHARDS	BARBEQUE SAUCE HOT s	18 OZ	3.21	3.21	2.89	2.89
30552	RICHARDS	BARBEQUE SAUCE HOTTEST s	18 OZ	3.21	3.21	2.89	2.89
30550	RICHARDS	BARBEQUE SAUCE MILD s	18 OZ	3.21	3.21		
30557	RICHARDS	BARBEQUE SAUCE VEGAN s	18 OZ	3.96	3.96	2.99	2.99
30554	RICHARDS	CHICKEN MARINADE s	18 OZ	3.99	3.99	3.39	3.39
35345	RICHSSWT	SAUCE BBQ/MARINDE SWEET HEAT s	16.25 OZ	4.35	4.35	3.70	3.70
22091	SOULCUBA	MARINADE HONEY MOJO	12 OZ	3.29	3.29	2.80	2.80
22092	SOULCUBA	MARINADE SPICY MOJO	12 OZ	3.29	3.29		
22090	SOULCUBA	MARINADE TRADITIONAL MOJO	12 OZ	3.29	3.29		
CONDIMENTS, COOKING SAUCES							
34470	3 ACRE	GLAZE BLUEBRY PORT BALSAMIC	250 ML	4.57	4.57		
34471	3 ACRE	MARINADE BALSAMIC	250 ML	4.86	4.86		
31017	AMER SPN	ROASTING SAUCE PUMPKN CHIPOTLE	14 OZ	5.39	5.39		
4554	AMORE	PASTE ANCHOVY tube	1.58 OZ	1.74	1.74		
4555	AMORE	PASTE GARLIC tube p	3.15 OZ	3.35	3.35		
4556	AMORE	PASTE HOT PEPPER tube	3.15 OZ	3.35	3.35		
4558	AMORE	PASTE ITALIAN TOMATO tube	4.5 OZ	2.35	2.35		
4557	AMORE	PASTE PESTO tube	2.8 OZ	3.35	3.35		
4559	AMORE	PASTE SUNDRIED TOMATO	2.8 OZ	4.30	4.30		
30336	BUBBIE J	SAUCE BRISKET MAGIC GF	25.5 OZ	5.25	5.25	3.99	3.99
34680	CROOKEDB	SAUCE APPLE MAPLE CHIPOTLE s	12 OZ	4.39	4.39		
34677	CROOKEDB	SAUCE CITRUS ROSEMARY GINGER s	12 OZ	4.39	4.39		
34675	CROOKEDB	SAUCE GINGER TERIYAKI s	12 OZ	4.39	4.39		
34674	CROOKEDB	SAUCE ORANGE HONEY CHIPOTLE s	12 OZ	4.39	4.39		
34679	CROOKEDB	SAUCE SPICY PINEAPPLE GINGER s	12 OZ	4.39	4.39		
34678	CROOKEDB	SAUCE STICKY HONEY BARBECUE s	12 OZ	4.39	4.39	3.95	3.95
34676	CROOKEDB	SAUCE SWEET CHILI GARLIC s	12 OZ	4.39	4.39		
1796	GINGERPE	SAUCE GINGER LEMONGRASS s	12.7 OZ	4.10	4.10		
1794	GINGERPE	SAUCE GINGER LIME s	12.7 OZ	4.10	4.10		
1797	GINGERPE	SAUCE GINGER PEANUT s	12.7 OZ	4.10	4.10		
1791	GINGERPE	SAUCE GINGER WASABI	12.7 OZ	4.10	4.10		
1847	GINGERPE	SAUCE SWEET CHILI GINGER s	12.7 OZ	4.10	4.10		
1811	GINGERPE	SAUCE VINGR/MAR GINGER SESAME	12.7 OZ	4.10	4.10		
34435	GOURMMOM	SAUCE BAYOU CREOLE gf vg	24 OZ	5.75	5.75		
34436	GOURMMOM	SAUCE MAUI SUNSET gf vg	24 OZ	5.75	5.75		
34437	GOURMMOM	SAUCE MILANO MARINARA gf vg	24 OZ	5.75	5.75		
30263	HICK	SAUCE APRICOT GINGER TERIYAKI	18 OZ	3.49	3.49		
4008	MYRONS	SAUCE MAGIC 20 GAUGE	10 OZ	3.57	3.57		
5495	ROSEBUD	MINT SAUCE s	6 OZ	5.35	5.35		
20533	SPIRALFD	SAUCE/MAR MISO HOISIN ORG s	10 OZ	4.31	4.31	3.23	3.23
20535	SPIRALFD	SAUCE/MAR SATAY ORG s	10 OZ	4.31	4.31	3.23	3.23
20538	SPIRALFD	SAUCE/MAR SOY GIN HIJIKI ORG s	10 OZ	4.31	4.31	3.23	3.23
20537	SPIRALFD	SAUCE/MAR SWEET & SPICY ORG s	10 OZ	4.31	4.31	3.23	3.23
20534	SPIRALFD	SAUCE/MAR TERYAKI ORG s	10 OZ	4.31	4.31	3.23	3.23
20536	SPIRALFD	SAUCE/MAR THAI BBQ ORG s	10 OZ	4.31	4.31	3.23	3.23
40211	TRACKLE	SAUCE MINT CONCENTRATE GF s	6 OZ	3.45	3.45		
CONDIMENTS, COOKING SAUCES - HOT SAUCES							
31149	BITE ME	HOT SAUCE CHIPOTLE	5 OZ	2.99	2.99		
5619	BOULDRH	HOT SAUCE HARRY'S HABANERO	5 OZ	3.85	3.85		
5618	BOULDRH	HOT SAUCE SMOKEY SERRANO	5 OZ	3.85	3.85		
33505	BROBRU	HOT SAUCE no salt v gf	5 OZ	3.02	3.02		
33506	BROBRU	HOT SAUCE no salt v gf	24/.14OZ	.65	15.60		
29072	BUSHABRN	SAUCE PUKKA HOT PEPPER	4 OZ	3.50	3.50		
29073	BUSHABRN	SAUCE SPICY JERK s	5 OZ	3.75	3.75		
29071	BUSHABRN	SEASONING TRAD JERK RUB s	4 OZ	3.10	3.10		
29074	BUSHABRN	SHERRY PEPPER SPICY HOT	5 OZ	5.00	5.00		
7405	CHACHI	HOT SAUCE ORG	8 OZ	4.70	4.70		
4748	CHOLULA	HOT SAUCE	5 OZ	2.95	2.95		
4935	CHOLULA	HOT SAUCE CHILI GARLIC	5 OZ	3.09	3.09	2.47	2.47
5279	DAVES	HOT SAUCE MINI SAMPLERS	4 PK	4.44	4.44		
31470	DAVES	SAUCE ADJUSTABLE HEAT	7.8 OZ	6.99	6.99	5.94	5.94
5226	DAVES	SAUCE hot CRAZY CARIBBEAN	5 OZ	3.79	3.79	2.84	2.84
5220	DAVES	SAUCE hot HURTIN HABANERO	5 OZ	3.79	3.79	2.84	2.84
5227	DAVES	SAUCE hot JAMMIN JERK	5 OZ	3.79	3.79	2.84	2.84

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
5219	DAVES	SAUCE hot TEMPORARY INSANITY	5 OZ	4.25	4.25	3.19	3.19
5218	DAVES	SAUCE hotx TOTAL INSANITY	5 OZ	4.65	4.65	3.49	3.49
5217	DAVES	SAUCE hotxx INSANITY	5 OZ	4.65	4.65	3.49	3.49
5251	DAVES	SAUCE hotxx ULTIMATE INSANITY	5 OZ	5.45	5.45		
5228	DAVES	SAUCE med COOL CAYENNE	5 OZ	3.79	3.79	2.84	2.84
5221	DAVES	SAUCE med GINGER PEACH	5 OZ	3.79	3.79	2.84	2.84
5222	DAVES	SAUCE med HURTIN JALAPENO	5 OZ	3.79	3.79	2.84	2.84
5258	DAVES	SAUCE med RST GARLIC	5 OZ	3.79	3.79	2.84	2.84
5257	DAVES	SAUCE med RST RED PEP CHIPOTLE	5 OZ	3.79	3.79	2.84	2.84
5259	DAVES	SAUCE med SCOTCH BONNET s	5 OZ	3.79	3.79	2.84	2.84
30724	DRGONZOS	JALAPENOMASH FREE RANGE	12 OZ	4.70	4.70		
30725	DRGONZOS	PEPPERMASH WORLD FAMOUS	12 OZ	5.10	5.10		
30209	GREENES	SAUCE ATOMIC HABANERO very hot	5 OZ	4.09	4.09		
30208	GREENES	SAUCE DRAGONS FIRE very hot	5 OZ	4.09	4.09		
30207	GREENES	SAUCE HOPI JALA/HORSRDISH mild	5 OZ	4.09	4.09		
30205	GREENES	SAUCE SW SMKY RD PEPP mild/med	5 OZ	4.09	4.09		
30206	GREENES	SAUCE TEXAS CHIPOTLE	5 OZ	4.09	4.09		
36019	HALFMOON	HOT SCE IGUANA GOLD HABANERO	5 OZ	2.50	2.50		
36016	HALFMOON	HOT SCE IGUANA RED CAYENNE PEP	5 OZ	2.50	2.50	2.25	2.25
8309	JUMP UP	HOT SAUCE CHIPOTLE	5 OZ	3.55	3.55		
8307	JUMP UP	HOT SAUCE ORIGINAL	5 OZ	3.55	3.55		
30441	MELINDA	HOT SAUCE	5 OZ	2.29	2.29		
30442	MELINDA	HOT SAUCE EXTRA	5 OZ	2.29	2.29		
30440	MELINDA	HOT SAUCE XXXTRA HOT	5 OZ	2.29	2.29		
35551	MEZZETTA	HOT SAUCE CALIF HABANERO	7.5 OZ	1.80	1.80	1.62	1.62
35552	MEZZETTA	HOT SAUCE CALIF REGULAR	7.5 OZ	1.80	1.80	1.62	1.62
30193	MOTHERS	HOT SAUCE FIRE EATER	5 OZ	2.15	2.15		
30194	MOTHERS	HOT SAUCE HABANERO HEAVEN	5 OZ	2.15	2.15		
31161	PAIN IS	DIVA HOT SAUCE HONEY CAYENNE	6.75 OZ	4.19	4.19		
31162	PAIN IS	DIVA HOT SAUCE JALAP HARISSA	6.75 OZ	4.19	4.19	3.56	3.56
31160	PAIN IS	DIVA MINI SAUCE JALAP HARISSA	3.75 OZ	3.08	3.08	2.62	2.62
31156	PAIN IS	HOT SAUCE GARLIC STYLE	7.5 OZ	4.19	4.19		
31157	PAIN IS	HOT SAUCE JAMAICAN JERK	7.5 OZ	4.19	4.19		
31158	PAIN IS	HOT SAUCE LOUISIANA STYLE	6.75 OZ	4.19	4.19		
31152	PAIN IS	HOT SAUCE PAIN 100%	7.5 OZ	4.19	4.19		
31150	PAIN IS	HOT SAUCE PAIN 85%	6.5 OZ	3.84	3.84		
31151	PAIN IS	HOT SAUCE PAIN 95%	6.5 OZ	3.84	3.84		
31153	PAIN IS	MINI HOT SAUCE GARLIC STYLE	3.75 OZ	3.08	3.08		
31154	PAIN IS	MINI HOT SAUCE JAMAICAN JERK	3.75 OZ	3.08	3.08		
31155	PAIN IS	MINI HOT SAUCE LOUISIANA STYLE	3.75 OZ	3.08	3.08		
9041	PICKAPEP	HOT SAUCE GINGERY MANGO gf s	5 OZ	2.45	2.45		
9039	PICKAPEP	HOT SAUCE HOT MANGO gf s	5 OZ	2.45	2.45	1.75	1.75
4364	PICKAPEP	HOT SAUCE ORIGINAL s	5 OZ	2.45	2.45		
9038	PICKAPEP	HOT SAUCE RED PEPPER gf s	5 OZ	2.45	2.45		
9040	PICKAPEP	HOT SAUCE SPICY MANGO gf s	5 OZ	2.45	2.45		
30432	RICHARDS	HOT SAUCE s	5 OZ	3.10	3.10	2.64	2.64
22029	ROLAND	PIRI PIRI PEPPER SCE W/GARLC s	3.17 OZ	2.16	2.16		
22027	ROLAND	PIRI PIRI PEPPER SCE W/LEMON s	3.17 OZ	2.16	2.16		
31692	**SCOVILLE**	**HOT SAUCE Ca CAYENNE MED**	**5 OZ**	**1.84**	**1.84**	**1.55**	**1.55**
31690	**SCOVILLE**	**HOT SAUCE Hb HABANERO HOT**	**5 OZ**	**1.84**	**1.84**	**1.55**	**1.55**
31691	**SCOVILLE**	**HOT SAUCE Oh ORANGE HAB HOT**	**5 OZ**	**3.46**	**3.46**	**2.91**	**2.91**
31693	**SCOVILLE**	**HOT SAUCE GARLIC CAYENNE**	**5 OZ**	**1.84**	**1.84**	**1.55**	**1.55**
31694	**SCOVILLE**	**HOT SAUCE GARLIC HARBANERO**	**5 OZ**	**1.84**	**1.84**	**1.55**	**1.55**
20539	SPIRALFD	SAUCE HOT PEPPER ORG	5 OZ	2.51	2.51	1.88	1.88
1194	VITARROZ	SAUCE LOUISIANA RED PEPPER	6 OZ	.97	.97		
4717	VT PEPPR	SAUCE CARROT CAYENNE R	8 OZ	3.39	3.39		
4836	VT PEPPR	SAUCE CHOCOLATE CHIPOTLE s	8 OZ	3.39	3.39		
4718	VT PEPPR	SAUCE HEMPIN JALAPENO X	8 OZ	3.39	3.39		
4719	VT PEPPR	SAUCE PEACH/GING/HABANERO	8 OZ	3.39	3.39		
4716	VT PEPPR	SAUCE RANCHO ANCHO PG	8 OZ	3.39	3.39		
21351	WICKDNAT	HOT SAUCE TROPICAL SPICE gf s	9 OZ	3.86	3.86	3.47	3.47
21352	WICKDNAT	JELLY CRANBRY MINT JALPNO gf s	9 OZ	3.86	3.86		
15137	WIZARD	HOT STUFF SAUCE ORIG ORG	5 OZ	3.49	3.49		

CONDIMENTS, COOKING SAUCES - WORCESTERSHIRE

4232	ANNIENA	WORCESTERSHIRE SAUCE ORG vg	6.25 OZ	3.29	3.29		
22085	WANJASN	WORCESTERSHIRE SAUCE ORG gf vg	10 OZ	1.86	1.86		
1081	WANJASN	WORCESTERSHIRE SAUCE vg s	10 OZ	1.75	1.75		
1093	WANJASN	WORCESTERSHIRE SAUCE vg s	20 OZ	3.29	3.29		
22087	WIZARD	WORCESTERSHIRE SAUCE ORG wf vg	8.5 OZ	3.89	3.89		
15145	WIZARD	WORCESTERSHIRE SAUCE vg ORG	10 OZ	4.75	4.75		
15138	WIZARD	WORCESTERSHIRE SAUCEvg ORG	5 OZ	3.49	3.49		

CONDIMENTS, DIPS & SPREADS

32129	APPALACH	DIP/SPREAD CHIPOTLE BLEU CHEES	12 OZ	2.85	2.85		
32130	APPALACH	DIP/SPREAD SD TOM/HORSERADISH	12 OZ	2.85	2.85		
33143	CLASSY	DIP & SAUCE PORTOBELLO	12 OZ	4.33	4.33	3.00	3.00
31139	FIESTA	DIP ARTICHOKE SPINACH	15.5 OZ	4.70	4.70		
4915	LULU	GARLIC AIOLI mayo	8 OZ	6.41	6.41		
4907	LULU	TAPENADE OLIVE	6 OZ	7.63	7.63		
35436	MIG&VAL	TAPENADE BLACK OLIVE	150 GR	4.79	4.79		
8113	OLDCAPE	SEAFOOD COCKTAIL SAUCE s	9 OZ	1.80	1.80		

Pork Barrel BBQ Sauce

Elect to enhance your meal with this delightfully delicious bipartisan American favorite. For pork, beef, poultry and fish, our nationally award-winning Pork Barrel BBQ Sauce is an exceptional way to give your food tasty, tangy flavor with a perfect smokin' kick!

Ingredients: Ketchup (tomato concentrate, sugar, vinegar, salt, onion powder, spice), Apple Cider Vinegar, Honey, Chile Paste, Organic Worcestershire Sauce (organic apple cider vinegar, filtered well water, organic molasses, organic wheat-free tamari (water, organic soybeans, salt), organic dehydrated cane juice, salt, organic lemon juice concentrate, organic ginger puree, organic tamarind, organic cayenne puree, organic garlic powder, xanthan gum, organic shiitake mushrooms, organic allspice, organic cloves, organic orange extract, organic, lemon extract, natural onion flavor (onion oil), natural smoke flavor), Liquid Smoke (aqueous solution of natural hickory wood smoke flavors), Natural Spices

Item #30165

Sweet Pork Barrel BBQ Sauce

For pork, beef, poultry and fish, our Sweet Pork Barrel BBQ Sauce is an exceptional way to give your food tasty, sweet flavor with a perfect smokin' kick!

Ingredients: Ketchup (tomato concentrate, sugar, vinegar, salt, onion powder, spice), Molasses, Apple Cider Vinegar, Brown Sugar, Honey, Chile Paste, Organic Worcestershire Sauce (organic apple cider vinegar, filtered well water, organic molasses, organic wheat-free tamari (water, organic soybeans, salt), organic dehydrated cane juice, salt, organic lemon juice concentrate, organic ginger puree, organic tamarind, organic cayenne puree, organic garlic powder, xanthan gum, organic shiitake mushrooms, organic allspice, organic cloves, organic orange extract, organic, lemon extract, natural onion flavor (onion oil), natural smoke flavor), Liquid Smoke (aqueous solution of natural hickory wood smoke flavors), Natural Spices

Item #30166

Introducing
The Scoville Food Institute

Home of Scoville Units Hot Sauce

Here at the **Scoville Food Institute**, our main focus is making really great fiery foods including award winning hot sauces.

Established in 2007, The **Scoville Food Institute** creates numerous varieties of delicious, all-natural & award winning hot sauces from its world headquarters in Erie, PA.

Founder Jon Whaley, a life-long hot food addict, was always looking for high quality sauces with more pepper and less vinegar and was frustrated that the major brands of hot sauce often contained vinegar AND water (often more than 90% water).

Jon had an idea about a label and a name. For the past 100 years, the way to describe the heat/pungency of a pepper was to use the Scoville heat scale. Developed by chemist/professor Wilbur Scoville in the early 1900's, the Scoville Heat Unit compared the relative heat of one pepper to another using a standardized method.

What better name for a hot sauce than **Scoville**? And since a chemist had developed the method, the scientific Periodic Table of Scoville Units was born. Each pepper has its own place on the chart and each sauce label has the initials of the #1 ingredient in large bold letters. For example: Ca is cayenne pepper sauce with cayenne peppers as the #1 ingredient.

When you buy Scoville for your customers, you are buying award winning, high quality pepper sauce at the lowest prices around, packaged inside award winning labels.
Stay tuned, exciting things are happening here in Erie!

- Jon Whaley

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
CONDIMENTS, DIPS & SPREADS - cont.							
34332	PEMBERT	PESTO ARTICHOKE SPINACH	7.3 OZ	4.29	4.29		
15148	SIMPLYOG	DIP MIX CREAMY DILL ORG	.7 OZ	1.15	1.15		
15149	SIMPLYOG	DIP MIX FRENCH ONION ORG	1.1 OZ	1.15	1.15		
15151	SIMPLYOG	DIP MIX GUACAMOLE ORG s	.8 OZ	1.15	1.15		
15152	SIMPLYOG	DIP MIX RANCH ORG	1.5 OZ	1.15	1.15		
33431	WICKDNAT	DIP & SAUCE MUSTARD DILL s	9 OZ	3.84	3.84		
33434	WICKDNAT	DIP CARAMEL MUSTARD s	9 OZ	3.84	3.84		
33457	WICKDNAT	SEAFOOD COCKTAIL SAUCE s	9 OZ	3.84	3.84		
7109	WILDGRDN	HUMMUS BLACK OLIVE	13.4 OZ	2.58	2.58		
7108	WILDGRDN	HUMMUS FIRE RST PEPPER	13.4 OZ	2.58	2.58		
7104	WILDGRDN	HUMMUS JALAPENO	13.4 OZ	2.58	2.58		
7107	WILDGRDN	HUMMUS RST GARLIC	13.4 OZ	2.58	2.58		
7105	WILDGRDN	HUMMUS SUNDRIED TOMATO	13.4 OZ	2.58	2.58		
7106	WILDGRDN	HUMMUS TRADITIONAL	13.4 OZ	2.58	2.58		
33221	WILDGRDN	SINGLE SERVE HUMMUS	24/1.76 OZ	.55	13.20	.44	10.56
33435	WICKDNAT	EGGPLANT CAPONATA s	9 OZ	3.84	3.84		
CONDIMENTS, OLIVES							
4186	ALMA	CALAMATA OLIVES	10 OZ	4.25	4.25		
4183	ALMA	CALAMATA OLIVES PITTED	10 OZ	4.25	4.25		
4185	ALMA	OLIVES CRACKED GREEN	10 OZ	2.95	2.95		
30149	BARNIER	POUCH OLIVES GREEN W/HERBS	6/4.4 OZ	2.55	15.30		
30148	BARNIER	POUCH OLIVES MIX	6/4.4 OZ	2.55	15.30		
30151	BARNIER	POUCH OLIVES NICOISE	6/4.4 OZ	2.55	15.30		
30150	BARNIER	POUCH OLIVES PICHOLINE	6/4.4 OZ	2.55	15.30		
34122	CALVALLS	ORG OLIVES MANZANILLA	7 OZ	3.25	3.25		
30135	DIVINA	OLIVES CRACKED GREEN	7.5 OZ	3.40	3.40		
30136	DIVINA	OLIVES GREEK MIX	6.36 OZ	3.40	3.40		
30139	DIVINA	OLIVES KALAMATA PITTED	6 OZ	4.70	4.70		
6645	DIVINA	OLIVES STUFFED BLUE CHEESE	7.7 OZ	5.85	5.85		
30141	DIVINA	OLIVES STUFFED CITRUS	7.7 OZ	4.89	4.89		
6646	DIVINA	OLIVES STUFFED FETA	7.7 OZ	5.85	5.85		
6633	DIVINA	OLIVES STUFFED GARLIC	7.7 OZ	4.89	4.89		
30142	DIVINA	OLIVES STUFFED JALAPENOS	7.7 OZ	4.89	4.89		
30143	DIVINA	OLIVES STUFFED PEPPERS	7.7 OZ	4.89	4.89		
30144	DIVINA	OLIVES STUFFED SD TOMATOES	7.8 OZ	5.75	5.75		
30140	DIVINA	ORG OLIVES KALAMATA PITTED	7 OZ	5.35	5.35		
32526	ELFOODS	OLIVES BLK BOTIJA PERU ORG vg	14 OZ	4.51	4.51		
32527	ELFOODS	OLIVES GRN BOTIJA PERU ORG vg	14 OZ	4.51	4.51		
32525	ELFOODS	OLIVES PITTD BLK DHYDRTD ORG v	7 OZ	7.24	7.24	5.79	5.79
35634	GREEKGOU	OLIVES GREEN PITTED	6.5 OZ	3.00	3.00		
35635	GREEKGOU	OLIVES GREEN STUFFED GARLIC	8 OZ	3.90	3.90		
35636	GREEKGOU	OLIVES GREEN STUFFED HOT PEP	8 OZ	3.90	3.90	3.32	3.32
35633	GREEKGOU	OLIVES KALAMATA PITTED	6.5 OZ	3.55	3.55		
4815	MEDORG	OLIVES GREEN W/ALMONDS ORG	9 OZ	5.54	5.54		
4814	MEDORG	OLIVES GREEN W/PEPPERS ORG	9 OZ	4.49	4.49		
35565	MEZZETTA	OLIVES APPLEWOOD SMOKED	7 OZ DW	4.15	4.15		
35562	MEZZETTA	OLIVES CASTELVETRANO	10 OZ DW	4.85	4.85		
35544	MEZZETTA	OLIVES COLOSSAL FANCY UNPITTED	10 OZ DW	4.79	4.79		
35545	MEZZETTA	OLIVES COLOSSAL SPICED SICLIAN	10 OZ DW	4.00	4.00		
35564	MEZZETTA	OLIVES PITTED BISTRO BLEND	7 OZ DW	4.15	4.15		
35563	MEZZETTA	OLIVES RSTD GARLIC STUFFED	7.5 OZ DW	4.15	4.15		
35542	MEZZETTA	OLIVES STUFFED BLUE CHEESE p	9.5 OZ DW	5.89	5.89		
35543	MEZZETTA	OLIVES STUFFED FETA	9.5 OZ DW	5.89	5.89		
35587	MEZZETTA	OLIVES STUFFED JALAPENO	7.5 OZ	4.20	4.20		
35432	MIG&VAL	OLIVES ARBEQUINA	13.5 OZ	3.63	3.63		
35433	MIG&VAL	OLIVES GORDAL SPICY	19.4 OZ	4.45	4.45	3.78	3.78
35434	MIG&VAL	OLIVES MANZANILLA	19.4 OZ	5.69	5.69		
35431	MIG&VAL	OLIVES TRADITIONAL SPANISH MIX	13.05 OZ	4.72	4.72		
9635	PELPNSE	OLIVES COUNTRY MIX	7 OZ	3.45	3.45		
15441	SANTABAR	n/a ORG OLIVES STUFFED GARLIC	5 OZ	3.45	3.45		
15432	SANTABAR	OLIVES BLACK LG PITTED	6 OZ CAN	2.40	2.40		
15433	SANTABAR	OLIVES GREEN TREE RIPE PITTED	6 OZ CAN	3.39	3.39	3.05	3.05
15445	SANTABAR	OLIVES PITTED COUNTRY	5 OZ	3.34	3.34		
15447	SANTABAR	OLIVES PITTED ITALIAN	4.25 OZ	3.39	3.39		
15443	SANTABAR	OLIVES STUFFED ALMOND	5 OZ	4.10	4.10		
15425	SANTABAR	OLIVES STUFFED ANCHOVY	5 OZ	4.10	4.10		
15424	SANTABAR	OLIVES STUFFED CHIPOTLE	5 OZ	4.39	4.39		
15442	SANTABAR	OLIVES STUFFED JALAPENO/GAR	5 OZ	3.93	3.93		
15437	SANTABAR	OLIVES STUFFED MARTINI PIMIENT	5 OZ	3.39	3.39		
15427	SANTABAR	OLIVES STUFFED ONION	5 OZ	4.10	4.10		
15440	SANTABAR	ORG OLIVES STUFFED JALAPENO	5 OZ	3.79	3.79		
CONDIMENTS, PICKLED & MARINATED							
34512	BELLA	TOMATOES SUNDRIED ORG	7.5 OZ	5.20	5.20	3.90	3.90
4407	COSMOS	CHOPPED GARLIC IN WATER	32 OZ	2.59	2.59		
4406	COSMOS	CHOPPED GARLIC IN WATER	8 OZ	1.29	1.29		
4405	COSMOS	MARINATED ARTICHOKES	6 OZ	1.55	1.55		
4491	DELICIAS	GARLIC CLOVES pickled	3.5 OZ	1.91	1.91	1.62	1.62
4494	DELICIAS	GREEN PEPPERCORN IN BRINE	3.5 OZ	2.19	2.19	1.86	1.86

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
35641	GREEKGOU	GIARDINIERA	10.6 OZ	2.27	2.27		
35640	GREEKGOU	PEPPERONCINI	12 OZ	2.27	2.27		
31535	LESPRIT	TOMATO SNDRD IN OIL HLVES	8 OZ	4.48	4.48		
31537	LESPRIT	TOMATO SNDRD IN OIL JULINNE	8 OZ	5.30	5.30		
31536	LESPRIT	TOMATO SNDRD IN OIL MINCE	8 OZ	4.48	4.48		
5243	MASPORTE	ARTICHOKES/Olive Oil/ Spain	6 OZ	3.02	3.02	2.57	2.57
30009	MASPORTE	GARLIC SWEET WHITE	9.9 OZ	3.95	3.95		
37016	MATIZ	PEPPERS PIPARRAS pickled	6.4 OZ	4.78	4.78	4.06	4.06
4805	MEDORG	SUNDRD TOMATO in olive oil ORG	8.5 OZ	6.25	6.25		
35555	MEZZETTA	ARTICHOKE HEARTS IMPORTED	6.5 OZ NW	2.05	2.05		
35548	MEZZETTA	CARROTS BABY MARINTD GOURMET	16 OZ	2.99	2.99		
35560	MEZZETTA	GARLIC CRUSHED	4.25 OZ NW	1.93	1.93		
4582	MEZZETTA	HOT CHERRY PEPPERS	16 OZ	2.30	2.30		
35546	MEZZETTA	OKRA GOURMET HORSDOEUVRES	16 OZ	2.65	2.65		
35547	MEZZETTA	OKRA MARINATED HOT	16 OZ	2.65	2.65		
4594	MEZZETTA	RSTD BELL PEPPERS jar	16 OZ	3.37	3.37	3.03	3.03
35553	MEZZETTA	SUNDRIED TOM CELLO PACK Calif	3 OZ NW	2.88	2.88		
35554	MEZZETTA	SUNDRIED TOMATO JULIEN OLV OIL	8 OZ	4.35	4.35		
4585	MEZZETTA	SUNDRIED TOMATO/OlvOil Calif	8 OZ	4.35	4.35		
4592	MEZZETTA	SWT CHERRY PEPPERS jar	16 OZ	2.34	2.34		
32042	ROLAND	HEARTS OF PALM MARINATED jar	7.3 OZ	1.90	1.90		
31271	ROLAND	SWEET ONIONS IN BALSAMIC	12 OZ	3.47	3.47		
15429	SANTABAR	MARTINI ONIONS in VERMOUTH	8 OZ	3.05	3.05		
CONDIMENTS, PICKLED & MARINATED - CAPERS							
41602	CEREALTE	CAPERS IN EVOO ORG Italy	4.5 OZ	6.03	6.03	5.43	5.43
4487	DELICIAS	CAPERBERRY dry wgt	4.25 OZ	4.19	4.19	3.56	3.56
35644	GREEKGOU	CAPERBERRIES	8 OZ	3.26	3.26		
35643	GREEKGOU	CAPERS CAPOTE	8 OZ	3.26	3.26		
35642	GREEKGOU	CAPERS NON PAREILLE	8 OZ	3.44	3.44		
4729	MASPORTE	CAPERBERRIES 15-18mm Spain	8.5 OZ	3.79	3.79		
4731	MASPORTE	CAPERS 0-7mm Spain	3.5 OZ	2.80	2.80		
4802	MEDORG	CAPERS WILD ORG capotes	3.5 OZ	3.15	3.15		
35556	MEZZETTA	CAPERS CAPOTE	4 OZ	1.70	1.70		
35557	MEZZETTA	CAPERS NON-PAREIL	8 OZ	3.60	3.60		
35558	MEZZETTA	CAPERS NON-PAREIL IN BLSMC VIN	4 OZ	2.13	2.13	1.59	1.59
4545	ROLAND	CAPERS capotes	3 OZ	1.89	1.89		
41217	ROLAND	CAPERS IN SALT	2.65 OZ	2.19	2.19		
4546	ROLAND	CAPERS nonpareille-tiny	3 .52 OZ	1.97	1.97		
4486	ROLAND	CAPERS non-pareillies	16 OZ	4.99	4.99		
3627	ROLAND	CAPERS ORG non pareilles	3.75 OZ	2.79	2.79		
CONDIMENTS, PICKLES, RELISH & SAUERKRAUT							
34930	JUDYS	RELISH CRANVERYBERRY RUM s	12 OZ	4.64	4.64	4.18	4.18
34931	JUDYS	RELISH CRANVERYBERRY RUM s	8 OZ	4.29	4.29		
6902	MASPORTE	GHERKINS	10.2 OZ	3.49	3.49		
35559	MEZZETTA	PICKLES KOSHER DILL whole	32 OZ	4.25	4.25	3.83	3.83
35588	MEZZETTA	RELISH ZESTY BELL PEPPER gf s	12 OZ	3.33	3.33	2.83	2.83
32079	RICKPICK	PICKLES BEE N BEEZ	16 OZ	6.27	6.27	5.27	5.27
39045	RICKPICK	PICKLES HOTTIES s	24 OZ	5.19	5.19		
30492	RICKPICK	PICKLES KOOL GHERKS	25 OZ	6.42	6.42		
32080	RICKPICK	PICKLES MEAN BEANS	16 OZ	7.19	7.19		
32077	RICKPICK	PICKLES PHAT BEETS	16 OZ	6.26	6.26		
32082	RICKPICK	PICKLES SLICES OF LIFE dills	16 OZ	6.26	6.26		
32078	RICKPICK	PICKLES SPEARS OF INFLUENCE	16 OZ	6.26	6.26	3.99	3.99
39044	RICKPICK	PICKLES THE PEOPLES PICKLE	24 OZ	5.19	5.19		
32076	RICKPICK	PICKLES WINDY CITY WASABEANS	16 OZ	7.19	7.19		
39017	RICKPICK	SMOKRA pickled okra	16 OZ	7.19	7.19		
41213	ROLAND	CORNICHONS gherkins	12 OZ	1.70	1.70	1.36	1.36
34406	ROLAND	PICKLES DILL CHIPS k	24 OZ	2.18	2.18		
34405	ROLAND	PICKLES DILL SANDWICH TOPPER k	24 OZ	2.33	2.33		
34648	ROOTCELR	BEETS HARVARD s	16 OZ JAR	4.75	4.75		
34646	ROOTCELR	PICKLES APPLE CINNAMON s	16 OZ JAR	4.75	4.75		
34647	ROOTCELR	PICKLES BREAD & BUTTER s	16 OZ JAR	4.75	4.75		
34054	ROOTCELR	PICKLES CRISPY DILL	16 OZ JAR	4.75	4.75		
34642	ROOTCELR	PICKLES CRISPY DILL HMBGR CHIP	16 OZ JAR	4.75	4.75		
34641	ROOTCELR	PICKLES SPICY DILL CHUNKS s	16 OZ JAR	4.75	4.75		
34645	ROOTCELR	PICKLES SWEET & SPICY s	16 OZ JAR	4.75	4.75		
34640	ROOTCELR	PICKLES ZESTY SWEET CHIPS s	16 OZ JAR	4.75	4.75		
34059	ROOTCELR	RATATOUILLE LITLY SPICED	15 OZ JAR	8.39	8.39		
34058	ROOTCELR	RELISH CORN	12 OZ JAR	4.75	4.75		
33085	AMER SPN	RELISH RED PEPPER	9 OZ	4.89	4.89		
4056	CASCAD	RELISH SWEET PICKLE ORG	10 OZ	3.17	3.17	2.85	2.85
40111	MARIAHS	CHOW CHOW RELISH HOT SPICY s	12 OZ	4.70	4.70	4.00	4.00
40110	MARIAHS	CHOW CHOW RELISH SWEET MILD s	12 OZ	4.70	4.70		
35550	MEZZETTA	RELISH SWEET & HOT BELL PEPPER	12 OZ	2.74	2.74		
35549	MEZZETTA	RELISH SWEET BELL PEPPER	12 OZ	2.74	2.74		
34260	TRACKLE	RELISH PICCALILLI	10.5 OZ	4.90	4.90		
6328	EDEN	SAUERKRAUT ORGANIC jar	32 OZ	3.80	3.80		

SCOVILLE FOOD INSTITUTE •••EST. 2007•••

The Scoville Food Institute

continued

Adds flavor to
Everything you eat!

All Natural
No Preservatives
Wheat and Gluten Free
No Artificial Ingredients
Flavors Ranging From Mild to Wild!

Add some heat to your condiments section with our complete line of award winning, authentic pepper sauces.

Cayenne Medium Ca - Hot Sauce

Medium Ca
Scoville Units

Ingredients: Aged Red Peppers, Distilled Vinegar, Salt, Xanthan Gum

Item #31692

(continued on page 90)

Habanero
Hb - Hot Sauce

Hot Hb
Scoville Units

Ingredients: Habanero Peppers, Carrots, Onions, Distilled Vinegar, Garlic, Lime Juice, Salt, Xanthan Gum

Item #31690

Orange Habanero
Oh - Hot Sauce

Hot Oh
Scoville Units

Ingredients: Habanero Peppers, Onion, Garlic, Lime Juice, Vinegar, Salt

Item #31691

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
CONDIMENTS, SALAD DRESSINGS							
30189	3 ACRE	VINAIGRETTE BALSAMIC	250 ML	4.86	4.86		
30178	3 ACRE	VINAIGRETTE BALSAMIC	16.9 OZ	7.36	7.36		
31119	ANNIENA	DRESSING ARTICHOKE PARM vf	8 OZ	2.79	2.79	2.09	2.09
4220	ANNIENA	DRESSING ASIAN SESAME ORG s Vg	8 OZ	3.29	3.29		
4248	ANNIENA	DRESSING CAESAR ORG	8 OZ	3.29	3.29		
4254	ANNIENA	DRESSING COWGIRL RANCH	8 OZ	2.79	2.79		
31361	ANNIENA	DRESSING COWGIRL RANCH gf	16 OZ	4.69	4.69		
4025	ANNIENA	DRESSING FRENCH ORG s Vg	8 OZ	3.29	3.29		
4247	ANNIENA	DRESSING GODDESS Vg	8 OZ	2.79	2.79		
4028	ANNIENA	DRESSING GODDESS Vg	16 OZ	4.69	4.69		
4020	ANNIENA	DRESSING GREEN GARLIC ORG Vg v	8 OZ	3.29	3.29	2.59	2.59
31363	ANNIENA	DRESSING ITALIAN LITE vg gf	16 OZ	4.69	4.69	3.49	3.49
4021	ANNIENA	DRESSING LEMON CHIVE vf	8 OZ	2.79	2.79		
4023	ANNIENA	DRESSING THOUSAND ISLAND ORG	8 OZ	3.29	3.29	2.47	2.47
4242	ANNIENA	VINAIGRETTE BALSAMIC Vg	8 OZ	2.79	2.79		
4244	ANNIENA	VINAIGRETTE GINGERLY l/f	8 OZ	2.79	2.79		
31812	ANNIENA	VINAIGRETTE HERB BALSAMC l/f s	8 OZ	2.78	2.78	2.19	2.19
4253	ANNIENA	VINAIGRETTE HONEY MUSTARD l/f	8 OZ	2.79	2.79		
31811	ANNIENA	VINAIGRETTE MANGO ff s	8 OZ	2.78	2.78		
4245	ANNIENA	VINAIGRETTE RASPBERRY l/f	8 OZ	2.79	2.79		
31810	ANNIENA	VINAIGRETTE RSPBRY BALSMC ff s	8 OZ	2.78	2.78		
4258	ANNIENA	VINAIGRETTE RSTD RED PEPPER	8 OZ	2.79	2.79		
4024	ANNIENA	VINAIGRETTE SESAM GNGR CHAMO O	8 OZ	3.29	3.29	2.80	2.80
4246	ANNIENA	VINAIGRETTE SHIITAKE & SESAME	8 OZ	2.79	2.79		
4029	ANNIENA	VINAIGRETTE SHIITAKE+SESAME	16 OZ	4.69	4.69		
4249	ANNIENA	VINAIGRETTE TUSCANY ITALIAN Vg	8 OZ	2.79	2.79		
5907	APPALACH	DRESSING BUTTERMILK RANCH s	12 OZ	2.69	2.69		
5905	APPALACH	DRESSING CHIPOTLE RANCH	12 OZ	2.69	2.69		
5901	APPALACH	DRESSING GINGER MISO Vg	12 OZ	2.69	2.69		
5908	APPALACH	DRESSING WILDFLWER HONEY DIJON	12 OZ	2.69	2.69		
5909	APPALACH	VINAIGRETTE CILANTRO LIME Vg	12 OZ	2.69	2.69		
5903	APPALACH	VINAIGRETTE HONEY BALSAMIC	12 OZ	2.69	2.69		
32128	APPALACH	VINAIGRETTE POMEGRANATE	12 OZ	2.69	2.69		
30235	DREWS	DRESS/MAR BTRMILK RANCH s gf	12 OZ	2.57	2.57		
4829	DREWS	DRESS/MAR CLASSIC ITALIAN gf	12 OZ	2.57	2.57		
4849	DREWS	DRESS/MAR GREEK OLIV & CAPR gf	12 OZ	2.57	2.57		
30237	DREWS	DRESS/MAR HONEY DIJON gf	12 OZ	2.57	2.57		
41222	DREWS	DRESS/MAR POPPY SEED gf	12 OZ	2.57	2.57		
30236	DREWS	DRESS/MAR RASPBERRY gf s	12 OZ	2.57	2.57		
4828	DREWS	DRESS/MAR ROMANO CAESAR gf	12 OZ	2.57	2.57		
4848	DREWS	DRESS/MAR ROSEMRY BALSAMIC gf	12 OZ	2.57	2.57		
4847	DREWS	DRESS/MAR RSTD GARLC&PEPCRN gf	12 OZ	2.57	2.57		
4840	DREWS	DRESS/MAR SESAME/ORANGE	12 OZ	2.57	2.57		
4859	DREWS	DRESS/MAR SHIITAKE GINGER	12 OZ	2.57	2.57		
4843	DREWS	DRESS/MAR SMKD TOMATO gf	12 OZ	2.57	2.57		
4842	DREWS	DRESS/MAR SOY-GINGER	12 OZ	2.57	2.57		
4851	DREWS	DRESS/MAR THAI SESAME LIME	12 OZ	2.57	2.57		
4858	DREWS	DRESS/SAUCE LEMON GODDESS	12 OZ	2.57	2.57		
31630	DREWS	ORG DRESS/MAR AGED BALSAMIC s	8 OZ	2.86	2.86		
31634	DREWS	ORG DRESS/MAR ASIAN GINGER	8 OZ	2.86	2.86	1.99	1.99
31631	DREWS	ORG DRESS/MAR CLASSIC CAESAR	8 OZ	2.86	2.86		
31632	DREWS	ORG DRESS/MAR HARVEST FRENCH s	8 OZ	2.86	2.86	2.16	2.16
31633	DREWS	ORG DRESS/MAR PEPPRCRN RANCH s	8 OZ	2.86	2.86		
32406	GOOD	DRESSING BALSMIC GOOD HEMP OIL	7.76 OZ	4.26	4.26		
32407	GOOD	DRESSING CAESAR GOOD HEMP OIL	7.76 OZ	4.26	4.26		
32408	GOOD	DRESSING HONEY MUSTRD HEMP OIL	7.76 OZ	4.26	4.26		
32139	RIVERGRD	DRESSING ITALIAN PARMESAN	12 OZ	3.32	3.32		
32142	RIVERGRD	DRESSING SESAME GINGER	12 OZ	3.32	3.32		
32335	RIVERGRD	VINAIGRETTE ITALIAN HERB	12 OZ	3.32	3.32		
32141	RIVERGRD	VINAIGRETTE MAPLE BALSAMIC	12 OZ	3.32	3.32		
32336	RIVERGRD	VINAIGRETTE RASPBERRY LIME	12 OZ	3.32	3.32		
32140	RIVERGRD	VINAIGRETTE SMOKED TOMATO	12 OZ	3.32	3.32		
32143	RIVERGRD	VINAIGRETTE WASABI	12 OZ	3.32	3.32		
35390	SILVRPAL	SALAD SPLASH ITALIAN ORG	8 OZ	3.19	3.19	2.32	2.32
15156	SIMPLYOG	DRESSING MIX CAESAR ORG s	1.25 OZ	1.20	1.20		
15157	SIMPLYOG	DRESSING MIX GAR VINGRT ORG s	1 OZ	1.20	1.20		
15158	SIMPLYOG	DRESSING MIX ITALIAN ORG	.7 OZ	1.20	1.20		
15159	SIMPLYOG	DRESSING MIX RANCH ORG s	1 OZ	1.20	1.20	1.02	1.02
22095	SOULCUBA	VINAIGRETTE HONEY BALSAMIC	12 OZ	2.80	2.80		
20530	SPIRALFD	VINGRET RASPBRY HIBISCUS ORG s	8 OZ	3.78	3.78	2.83	2.83
20532	SPIRALFD	VINGRET ROSE WHT BALSMIC ORG s	8 OZ	3.78	3.78	2.83	2.83
20531	SPIRALFD	VINGRET SESAME SHITAKE ORG	8 OZ	3.78	3.78	2.83	2.83
CONDIMENTS, SALSA							
33428	APPALACH	SALSA VERACRUZ HOT ORG LOCAL	16 OZ	3.36	3.36		
33427	APPALACH	SALSA VERACRUZ MED ORG LOCAL	16 OZ	3.36	3.36		
33426	APPALACH	SALSA VERACRUZ MILD ORG LOCAL	16 OZ	3.36	3.36		
7118	BETFRE	SALSA CARIBBEAN s	16 OZ	2.79	2.79	1.99	1.99
7114	BETFRE	SALSA MEDIUM	16 OZ	2.79	2.79	2.19	2.19

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
30124	CARRILLO	SALSA ARTISAN TOM-GUAJILLO mld	16 OZ	4.04	4.04		
30099	CARRILLO	SALSA AZTEC CHIPOTLE med	16 OZ	4.04	4.04		
30696	CARRILLO	SALSA MANGO PEACH LIME med/mld	16 OZ	4.04	4.04		
30098	CARRILLO	SALSA ROASTED HABANERO hot	16 OZ	4.04	4.04		
30096	CARRILLO	SALSA ROASTED TOM-GUAJILLO med	16 OZ	4.04	4.04		
30097	CARRILLO	SALSA VERDE med	16 OZ	4.04	4.04		
34682	CROOKEDB	SALSA 3 PEPPER BLACK OLIVE	16 OZ	4.39	4.39		
34684	CROOKEDB	SALSA BLACK BEAN CORN	16 OZ	4.39	4.39		
34683	CROOKEDB	SALSA PINEAPPLE CHIPOTLE s	16 OZ	4.39	4.39		
34681	CROOKEDB	SALSA TOMATO JALAPENO	16 OZ	4.39	4.39		
31407	DREWS	SALSA BLK BEAN & CORN ORG	12 OZ	2.89	2.89		
4844	DREWS	SALSA CHIPOTLE LIME ORG	12 OZ	2.89	2.89		
4839	DREWS	SALSA DOUBLE ROASTED MEDIUM	12 OZ	2.89	2.89		
4827	DREWS	SALSA HOT ORG	12 OZ	2.89	2.89		
4826	DREWS	SALSA MED ORG	12 OZ	2.89	2.89		
4825	DREWS	SALSA MILD ORG	12 OZ	2.89	2.89		
15314	GREENMT	GRINGO FIRE RSTD CHILE SALSA	6/16 OZ	3.19	19.14		
15315	GREENMT	GRINGO FIRE RSTD GARLIC SALSA	6/16 OZ	3.19	19.14		
15310	GREENMT	GRINGO SALSA Hot	6/16 OZ	3.19	19.14		
15311	GREENMT	GRINGO SALSA Med	6/16 OZ	3.19	19.14		
15312	GREENMT	GRINGO SALSA Mild	6/16 OZ	3.19	19.14		
21146	GRINGOJK	SALSA FIRE RSTD CHILE & GARLIC	16 OZ	3.32	3.32		
21149	GRINGOJK	SALSA FRUIT MANIA APPLE & CRAN	16 OZ	3.32	3.32	2.66	2.66
21145	GRINGOJK	SALSA JACK'S BLACK BEAN & CORN	16 OZ	3.32	3.32		
21147	GRINGOJK	SALSA TOMATILLO MANGO JALAPENO	16 OZ	3.48	3.48		
21148	GRINGOJK	SALSA TROPIC PINEAPPL HABANERO	16 OZ	3.48	3.48		
21144	GRINGOJK	SALSA TRULY RED CHIPOTLE	16 OZ	3.32	3.32		
21159	GRINGOJK	SALSA VERMONT LOCO LOCAL MED	16 OZ	3.86	3.86		
32093	HEDGIES	SALSA HOT	16 OZ	4.35	4.35		
32095	HEDGIES	SALSA MEDIUM	16 OZ	4.35	4.35		
32094	HEDGIES	SALSA MILD	16 OZ	4.35	4.35		
9028	HERDEZ	SALSA CASERA MED glass	16 OZ	2.53	2.53		
9026	HERDEZ	SALSA VERDE glass	16 OZ	2.53	2.53		
31141	JOSE GLD	SALSA ARTICHOKE GARLIC zesty	15.5 OZ	3.95	3.95		
31143	JOSE GLD	SALSA GARLIC CHIPOTLE MED	15.5 OZ	3.95	3.95		
31144	JOSE GLD	SALSA RST GARLIC & OLIVE zesty	15.5 OZ	3.95	3.95	3.36	3.36
20221	LAPREF	SALSA HOT ORG	16 OZ	3.12	3.12		
20220	LAPREF	SALSA MED ORG	16 OZ	3.12	3.12		
20219	LAPREF	SALSA MILD ORG	16 OZ	3.12	3.12		
1857	MIGUELS	SALSA BLACK BEAN & CORN	16 OZ	3.02	3.02		
1859	MIGUELS	SALSA MEDIUM	16 OZ	3.02	3.02		
1858	MIGUELS	SALSA MILD	16 OZ	3.02	3.02		
8328	MUIRGLEN	SALSA ORG BLACK BN/CRN Med	16 OZ	3.40	3.40		
8335	MUIRGLEN	SALSA ORG CHIPOTLE MED	16 OZ	3.40	3.40		
8338	MUIRGLEN	SALSA ORG GARLIC CILANTRO MED	16 OZ	3.40	3.40		
33393	NUMBER9	SALSA BLACK BEAN & CORN	15.8 OZ	3.99	3.99	2.99	2.99
33392	NUMBER9	SALSA HOT	15.8 OZ	3.99	3.99	2.99	2.99
33391	NUMBER9	SALSA MEDIUM	15.8 OZ	3.99	3.99	2.99	2.99
33390	NUMBER9	SALSA MILD	15.8 OZ	3.99	3.99	2.99	2.99
31146	PAIN IS	SALSA HABANERO GARLIC	15.5 OZ	3.93	3.93		
31147	PAIN IS	SALSA JAMAICAN PINEAPPLE	15.5 OZ	3.93	3.93		
31148	PAIN IS	SALSA SMOKED JALAPENO	15.5 OZ	3.93	3.93		
20176	PASTOR	SALSA APPLE Med	16 OZ	3.45	3.45		
20177	PASTOR	SALSA APPLE ORIGINAL k gf	16 OZ	3.45	3.45	2.59	2.59
15880	PEMBERT	SALSA BLUEBERRY spicy	11.3 OZ	3.94	3.94		
15879	PEMBERT	SALSA SPICY MANGO	11.3 OZ	3.94	3.94		
15881	PEMBERT	SALSA SWEET MANGO	11.3 OZ	3.94	3.94		
31688	PINELAND	SALSA BLUEBERRY s	12 OZ	3.98	3.98		
31683	PINELAND	SALSA HARVEST MODERATE HEAT	12 OZ	3.96	3.96	3.56	3.56
31687	PINELAND	SALSA STRAWBERRY s	12 OZ	3.98	3.98		
34055	ROOTCELR	SALSA CORN AND BLACK BEAN	12 OZ JAR	4.79	4.79		
33444	SHIPWRCK	SALSA BLACK BEAN & BEER	16 OZ	4.57	4.57		
33442	SHIPWRCK	SALSA BLACK PEPPER & ALE s	16 OZ	4.57	4.57		
33443	SHIPWRCK	SALSA CHERRY & BRANDY s	16 OZ	4.57	4.57		
33441	SHIPWRCK	SALSA CHIPOTLE & TEQUILA	16 OZ	4.57	4.57	3.88	3.88
33440	SHIPWRCK	SALSA OLIVES & GIN s	16 OZ	4.57	4.57		
22093	SOULCUBA	SALSA MANGO s	16 OZ	2.66	2.66	2.39	2.39
22094	SOULCUBA	SALSA MANGO SPICY s	16 OZ	2.66	2.66	2.39	2.39
21350	WICKDNAT	SALSA FARMERS MARKET gf	16 OZ	3.86	3.86		
33433	WICKDNAT	SALSA ISLAND FRUIT & CORN	9 OZ	3.84	3.84		

CONDIMENTS, SANDWICH SPREADS - MUSTARD

33084	AMER SPN	MUSTARD CRANBERRY	9 OZ	4.89	4.89		
4215	ANNIENA	MUSTARD DIJON ORG GF	9 OZ	3.35	3.35		
4214	ANNIENA	MUSTARD YELLOW ORG GF	9 OZ	3.35	3.35		
32188	APPALACH	MUSTARD BERKSHIRE MAPLE	10 OZ	3.10	3.10		
32131	APPALACH	MUSTARD CHIPOTLE HONEY	10 OZ	3.10	3.10		
5229	DAVES	MUSTARD HABANERO HONEY s hot	8 OZ	3.55	3.55		
34834	DOMAINE	MUSTARD DIJON HOT	7 OZ	1.98	1.98		
34833	DOMAINE	MUSTARD HERBAL DIJON	7 OZ	2.92	2.92	2.19	2.19

SCOVILLE FOOD INSTITUTE ...EST. 2007...

Garlic Cayanne Gc - Hot Sauce

Medium Gc
Scoville Units

Ingredients: Aged Red Peppers, Distilled Vinegar, Garlic, Salt, Xanthan Gum

Item #31693

Garlic Habanero Gh - Hot Sauce

Hot Gh
Scoville Units

Ingredients: Habanero Peppers, Distilled Vinegar, Salt, Carrots, Onions, Garlic, Xanthan Gum, Natural Flavor

Item #31694

ChocoDream Cookies!

Put your other dreams on hold… have a chocodream!

Natural Nectar ChocoDream Cookies combine the finest, all natural ingredients including Fair Trade Certified chocolate and cane sugar in a crisp, buttery biscuit topped with a delicate bar of rich chocolate.

Two Outstanding Varieties

Milk Chocolate & Dark Chocolate

Why use Fair Trade ingredients?

-- By using Fair Trade ingredients we are helping to ensure farmers are able to invest in their farms and communities because they are receiving fair price and fair labor conditions.

Natural Nectar is proud to support Fair Trade ideals of fair price, environmental protection and safe working conditions through our purchase of these ingredients from Fair Trade cooperatives around the world.

How do you eat your **ChocoDream** cookies?

ChocoDream cookies are perfect alongside a cup of tea or coffee, as a sweet finale to any meal, or a simply yet flavorful way to unwind any time of the day. As a special treat put a marshmallow in between two cookies and pop in the microwave for a few seconds to create instant yumminess!

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
CONDIMENTS, SANDWICH SPREADS - MUSTARD - cont.							
34831	DOMAINE	MUSTARD HONEY DIJON s	7 OZ	2.92	2.92	2.19	2.19
34832	DOMAINE	MUSTARD OLIVE DIJON	7 OZ	2.92	2.92	2.19	2.19
34830	DOMAINE	MUSTARD WHOLE GRAIN s	7 OZ	1.98	1.98		
30731	DRGONZOS	MUSTARD ADIRONDACK BLACKFLY	6 OZ	3.61	3.61		
30730	DRGONZOS	MUSTARD PLASTER XX	6 OZ	4.20	4.20		
6336	EDEN	MUSTARD BROWN ORG	9 OZ	2.35	2.35		
6384	EDEN	MUSTARD YELLOW ORG	9 OZ	2.49	2.49		
5448	FOX HLLW	MORE THAN A MUSTARD balsamic s	8 OZ	3.60	3.60		
36018	HALFMOON	HONEY MUST SWT & HOT jar	9 OZ	2.56	2.56		
36015	HALFMOON	HONEY MUSTARD SWEET & HOT	5 OZ	2.50	2.50		
30013	LARS	MUSTARD SWEDISH MILD YELsqueez	12 OZ	1.98	1.98	1.58	1.58
30014	LARS	MUSTARD SWEDISH SPICY BRNsquee	12 OZ	1.98	1.98	1.58	1.58
30309	MOTHERS	MUSTARD CLASSIC HONEY GF	7 OZ	2.38	2.38		
30190	MOTHERS	MUSTARD PEPPERCORN DIJON	7 OZ	2.38	2.38		
30437	MOTHERS	MUSTARD PORTLAND BEER	7 OZ	2.38	2.38		
34393	MOTHERS	MUSTARD SPICED APPLE GF s	7 OZ	2.38	2.38		
30436	MOTHERS	MUSTARD ZESTY HONEY GF	7 OZ	2.38	2.38		
6620	NATVALUE	MUSTARD DIJON ORG	8 OZ	1.80	1.80		
6569	NATVALUE	MUSTARD HORSERADISH ORG seed	8 OZ	1.70	1.70		
6621	NATVALUE	MUSTARD STONEGROUND ORG	8 OZ	1.70	1.70		
6572	NATVALUE	MUSTARD YELLOW SQUEZ org seed	16 OZ	2.05	2.05		
39027	RAYES	MUSTARD BAR HARBOR ALE	9 OZ	3.89	3.89		
15766	RAYES	MUSTARD BROWN GINGER s	9 OZ	2.88	2.88		
15763	RAYES	MUSTARD BROWN GINGER s	4 OZ	1.77	1.77		
15760	RAYES	MUSTARD COARSE HOT & SPICY	9 OZ	2.88	2.88		
15764	RAYES	MUSTARD COARSE SWEET & SPICY s	9 OZ	2.88	2.88		
15769	RAYES	MUSTARD COARSE SWEET & SPICY s	4 OZ	1.75	1.75		
15770	RAYES	MUSTARD DOWN EAST SMOOTH	9 OZ	2.88	2.88		
39035	RAYES	MUSTARD DOWN EAST squeeze btl	8.4 OZ	2.88	2.88		
15767	RAYES	MUSTARD DUNDICOTT HOT	9 OZ	2.88	2.88		
41031	RAYES	MUSTARD FALL HARVEST seasonal	9 OZ	4.90	4.90		
41029	RAYES	MUSTARD LEMON PEPPER	9 OZ	3.89	3.89	3.50	3.50
41030	RAYES	MUSTARD MAPLE HORSERADISH	9 OZ	3.89	3.89		
39030	RAYES	MUSTARD MOOSE MOLASSES	9 OZ	3.89	3.89		
15762	RAYES	MUSTARD OLD WORLD COARSE	9 OZ	2.88	2.88		
15765	RAYES	MUSTARD SPICY HORSERADISH	4 OZ	1.75	1.75	1.49	1.49
15772	RAYES	MUSTARD SPICY HORSERADISH	9 OZ	2.88	2.88		
39031	RAYES	MUSTARD SPRING MAPLE	9 OZ	3.85	3.85		
39026	RAYES	MUSTARD TOP DOG	9 OZ	2.85	2.85		
15761	RAYES	MUSTARD WINTER GARDEN s	9 OZ	2.88	2.88		
34351	ROLAND	MUSTARD DIJON France p	13 OZ	2.90	2.90		
32044	ROLAND	MUSTARD GRAIN crock	17.6 OZ	8.22	8.22		
40202	TRACKLE	MUSTARD ENGLISH BEER	5 OZ	3.09	3.09		
40205	TRACKLE	MUSTARD ENGLISH HONEY GF	5 OZ	3.09	3.09		
40203	TRACKLE	MUSTARD ENGLISH STRONG GF s	5 OZ	3.09	3.09		
40207	TRACKLE	MUSTARD HORSERADISH GF	5 OZ	3.09	3.09		
40208	TRACKLE	MUSTARD LEMON GF	5 OZ	3.09	3.09		
40206	TRACKLE	MUSTARD TARRAGON GF	5 OZ	3.09	3.09		
40201	TRACKLE	MUSTARD WHOLEGRAIN GF	5 OZ	3.09	3.09		
1277	WESTBRAE	MUSTARD YELLOW SQUEEZE	8 OZ	2.40	2.40		
CONDIMENTS, SANDWICH SPREADS - KETCHUP							
4022	ANNIENA	KETCHUP squeeze bottle ORG	24 OZ	3.65	3.65		
36011	HALFMOON	CATSUP IGUANA LIGHTNG HOT SPCY	14 OZ	2.72	2.72		
4402	HEINZ	KETCHUP ORG	15 OZ	2.49	2.49		
30191	MOTHERS	CATCHUP salt free FF/GF	13 OZ	2.20	2.20		
8323	MUIRGLEN	KETCHUP TOMATO ORG squeezable	24 OZ	2.98	2.98		
40216	TRACKLE	KETCHUP SWEET MUSTARD GF s	8 OZ	4.50	4.50		
40215	TRACKLE	KETCHUP TOMATO & PEPPER GF s	8 OZ	4.50	4.50		
33436	WICKDNAT	KETCHUP s	12 OZ	3.84	3.84		
33437	WICKDNAT	KETCHUP W/AGAVE	12 OZ	3.84	3.84		
CONDIMENTS, SANDWICH SPREADS - MAYO & MAYO SUBSTITUTES							
32404	GOOD	MAYONNAISE HEMP GOOD CLASSIC	7.8 OZ	4.26	4.26		
32405	GOOD	MAYONNAISE HEMP GOOD GARLIC	7.8 OZ	4.26	4.26		
6070	HAIN	MAYONNAISE SAFFLOWER	24 OZ	5.50	5.50		
9431	NASOYA	NAYONAISE FAT FREE GF	14 OZ	2.64	2.64		
9430	NASOYA	NAYONAISE GF	24 OZ	3.35	3.35		
9429	NASOYA	NAYONAISE GF	64 OZ	7.95	7.95		
31640	NTDELICO	MAYONNAISE CANOLA ALL NATURAL	18 OZ	4.39	4.39		
1288	SPECTRM	MAYONNAISE CANOLA gf	32 OZ	6.60	6.60		
30683	SPECTRM	MAYONNAISE ORG WASABI	12 OZ	5.50	5.50		
1272	SPECTRM	MAYONNAISE SOY ORG gf	16 OZ	5.35	5.35		
1273	SPECTRM	MAYONNAISE SOY ORG gf	32 OZ	9.40	9.40		
COOKIES							
31624	ALEIAS	COOKIES ALMOND HORNS gf s	6/12 OZ	7.35	44.10		
31620	ALEIAS	COOKIES CHOC CHIP gf s	6/12 OZ	5.90	35.40		
31627	ALEIAS	COOKIES CHOC MACAROONS gf s	6/12 OZ	7.35	44.10		
31626	ALEIAS	COOKIES COCONUT MACAROONS gf s	6/12 OZ	7.35	44.10		
31622	ALEIAS	COOKIES GINGER SNAPS gf s	6/12 OZ	5.90	35.40		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
31629	ALEIAS	COOKIES OATMEL GLDN RAISN gf s	6/12 OZ	5.90	35.40		
31621	ALEIAS	COOKIES PEANUT BUTTER gf s	6/12 OZ	5.90	35.40		
31623	ALEIAS	COOKIES SNICKERDOODLES gf s	6/12 OZ	5.90	35.40		
30418	ANNIEHG	BUNNY GRAHAMS CHOCOLATE s	12/7.5 OZ	2.79	33.48		
30419	ANNIEHG	BUNNY GRAHAMS HONEY s	12/7.5 OZ	2.79	33.48		
41375	ANNIEHG	COOKIES BUNNY GRHM FRNDS 6PK s	6/1 OZ	.66	3.96		
41370	ANNIEHG	COOKIES BUNNY GRHM FRNDS fam s	10 OZ	3.04	3.04		
7162	BARBARAS	COOKIE SNACKIMAL CHOC CHIP Vg	6/2.125 OZ	.86	5.16		
7164	BARBARAS	COOKIE SNACKIMAL VANILLA Vg	6/2.125 OZ	.86	5.16		
7080	BARBARAS	FIG BARS FF Vg	6/12 OZ	3.60	21.60		
7082	BARBARAS	FIG BARS FF/WHOLE WHEAT Vg	6/12 OZ	3.60	21.60		
7093	BARBARAS	FIG BARS LF TRAD BLUEBERRY Vg	6/12 OZ	3.60	21.60		
7081	BARBARAS	FIG BARS RASPBERRY ff/wf Vg	6/12 OZ	3.60	21.60	2.70	16.20
80418	**CARLSBAD**	**CARAMEL WAFERS box s**	**6/4.25 OZ**	**5.69**	**34.14**	**5.22**	**31.32**
80413	**CARLSBAD**	**CARAMEL WAFERS wedge display**	**24/1 OZ**	**1.23**	**29.52**	**1.06**	**25.44**
80419	**CARLSBAD**	**CHOCOLATE WAFERS box s**	**6/4.25 OZ**	**5.69**	**34.14**	**5.22**	**31.32**
80414	**CARLSBAD**	**CHOCOLATE WAFERS wedge display**	**24/1 OZ**	**1.23**	**29.52**	**1.06**	**25.44**
80417	**CARLSBAD**	**CINNAMON WAFERS box s**	**6/4.25 OZ**	**5.69**	**34.14**	**5.22**	**31.32**
80412	**CARLSBAD**	**CINNAMON WAFERS wedge display**	**24/1 OZ**	**1.23**	**29.52**	**1.06**	**25.44**
80416	**CARLSBAD**	**LEMON WAFERS box s**	**6/4.25 OZ**	**5.69**	**34.14**	**5.22**	**31.32**
80411	**CARLSBAD**	**LEMON WAFERS wedge display**	**24/1 OZ**	**1.23**	**29.52**	**1.06**	**25.44**
80415	**CARLSBAD**	**VAN ALMND WAFERS box s**	**6/4.25 OZ**	**5.69**	**34.14**	**5.22**	**31.32**
80410	**CARLSBAD**	**VAN ALMND WAFERS wedge display**	**24/1 OZ**	**1.23**	**29.52**	**1.06**	**25.44**
3123	CARRS	COOKIES GINGER LEMON CREME s	12/7.05 OZ	4.25	51.00		
31946	**CRICH**	**COOKIES WAFER COCOA OG s**	**3.1 OZ**	**2.32**	**2.32**	**1.63**	**1.63**
31945	**CRICH**	**COOKIES WAFER VANILLA LMN OG s**	**3.1 OZ**	**2.32**	**2.32**	**1.63**	**1.63**
31207	DANCING	COOKIES CHOCOLATE CHIP s	6/6 OZ	2.64	15.84		
31206	DANCING	COOKIES LEMON DAISY s	6/6 OZ	2.64	15.84		
31204	DANCING	COOKIES TRIPLE CHOC CHIP s	6/6 OZ	2.64	15.84		
31205	DANCING	SHORTBRD COOKIES MAPLE PECAN	6/6 OZ	2.64	15.84		
33422	GINGERPE	COOKIE GINGER SNAP	5.3 OZ	3.55	3.55	2.99	2.99
33464	GINGERPE	COOKIE GINGER SHORTBREAD s	5.3 OZ	3.55	3.55	2.99	2.99
33465	GINGERPE	COOKIE GINGER ANZACS s	5.3 OZ	3.55	3.55	2.99	2.99
3432	HELWA	WAFERS CHOCOLATE ORG s	12/3.5 OZ	2.10	25.20	1.29	15.48
41235	HOMEFREE	COOKIE MINI CHOC CHIP ORG WF	5 OZ	3.35	3.35		
41236	HOMEFREE	COOKIE MINI CHOC CHOC CHP ORG	5 OZ	3.35	3.35		
41256	HOMEFREE	COOKIE MINI OTML CH CHP GF/DF	5 OZ	3.36	3.36		
41233	HOMEFREE	COOKIES CHOC CHIP ORG WF	6.3 OZ	3.35	3.35		
41234	HOMEFREE	COOKIES CHOC CHOC CHIP ORG WF	6.3 OZ	3.35	3.35		
41237	HOMEFREE	COOKIES OATMEAL GF/WF	6.3 OZ	3.35	3.35		
4098	JENNIE	COOKIES MACAROON COCONUT WF/DF	8 OZ	3.16	3.16		
31401	LARS	GINGER SNAPS s	10.6 OZ	3.19	3.19	2.55	2.55
34252	LATEJULY	SAND COOKIE CHOC SGLE SRV ORG	12/1.5 OZ	.82	9.84		
35251	LATEJULY	SAND COOKIE MINI WHT CHOC ORGs	5 OZ	2.84	2.84	2.09	2.09
34250	LATEJULY	SAND COOKIE VAN SGLE SRV ORG s	12/1.7 OZ	.82	9.84		
34251	LATEJULY	SANDWICH COOKIE DK CHOC ORG s	8.3 OZ	3.45	3.45		
34249	LATEJULY	SANDWICH COOKIE VANILLA ORG	9.2 OZ	3.45	3.45		
34563	LUCYS	COOKIES CHOC CHIP s gf df k	8/5.25 OZ	3.99	31.92		
34569	LUCYS	COOKIES CHOC CHP s gf df k 4pk	16/1.25 OZ	1.01	16.16		
34566	LUCYS	COOKIES CINNAMON s gf df k 4pk	16/1.25 OZ	1.01	16.16	.79	12.64
34609	LUCYS	COOKIES CINNAMON THINS s gf df	8/5.25 OZ	3.99	31.92		
34576	LUCYS	COOKIES COMBO s gf df k 4pk	16/1.25 OZ	1.05	16.80		
34565	LUCYS	COOKIES OATMEAL wf gf df k	8/5.25 OZ	3.99	31.92		
34564	LUCYS	COOKIES SUGAR s gf df k	8/5.25 OZ	3.99	31.92		
34567	LUCYS	COOKIES SUGAR s gf df k 4pk	16/1.25 OZ	1.01	16.16	.76	12.16
3522	MIDEL	COOKIES GINGERSNAPS s	10 OZ	3.10	3.10		
3523	MIDEL	HONEY GRAHAM CRACKERS	16 OZ	3.65	3.65		
80303	MRSCRIMB	COCONUT MACAROONS CHOC gf	12/8.8 OZ	2.27	27.24		
80302	MRSCRIMB	COCONUT MACAROONS gf	12/7.4 OZ	2.10	25.20		
31937	**NATNECTR**	**COOKIES CHOCODREAM DARK s ft**	**5.9 OZ**	**2.91**	**2.91**	**2.04**	**2.04**
31936	**NATNECTR**	**COOKIES CHOCODREAM MILK s ft**	**5.9 OZ**	**2.91**	**2.91**	**2.04**	**2.04**
31935	**NATNECTR**	**COOKIES LADY FINGERS COCOA s**	**3.5 OZ**	**2.43**	**2.43**	**1.70**	**1.70**
31934	**NATNECTR**	**COOKIES LADY FINGERS NAT s**	**3.5 OZ**	**2.43**	**2.43**	**1.70**	**1.70**
41257	ORGRAN	COOKIES ANML CHOC BOX gf vg s	6.2OZ	3.64	3.64		
41258	ORGRAN	COOKIES ANML VAN BOX gf vg s	6.2OZ	3.64	3.64		
21315	ORTONBRO	COOKIE BUTTON DBL VANILLA	6 OZ	2.34	2.34		
21314	ORTONBRO	COOKIE BUTTON PNUT BUTTER	6 OZ	2.34	2.34		
21313	ORTONBRO	COOKIE BUTTON PURELY MAPLE	6 OZ	2.34	2.34		
21311	ORTONBRO	COOKIE BUTTON SNAPPY GINGER	6 OZ	2.34	2.34		
21310	ORTONBRO	COOKIE BUTTON SPICY CINNAMON	6 OZ	2.34	2.34		
21312	ORTONBRO	COOKIE BUTTON ZESTY LEMON	6 OZ	2.34	2.34		
7368	PAMELAS	COOKIES CHNKY CHOC CHIP WF/GF	6/7.25 OZ	3.45	20.70		
32460	PIERRE	COOKIES FRENCH BUTTER s	4.41 OZ	2.42	2.42		
32461	PIERRE	COOKIES FRENCH BUTTER w/bry s	5.29 OZ	3.04	3.04		
32462	PIERRE	COOKIES FRENCH BUTTER w/lemn s	5.29 OZ	3.04	3.04		
32464	PIERRE	COOKIES FRNCH BUTTER DK CHOC s	4.76 OZ	2.57	2.57		
32463	PIERRE	COOKIES FRNCH BUTTER Mk CHOC s	4.76 OZ	2.57	2.57		

Milk Chocolate Chocodream Cookies

*Ingredients: Unbleached wheat flour, milk chocolate (cane sugar**, whole milk powder, cocoa butter**, soy lecithin), cane sugar**, butter, glucose (wheat syrup), wheat starch, rising agents (ammonium hydrogen carbonate, sodium hydrogen carbonate), salt, lactose, milk proteins, citric acid. May contain traces of eggs, peanut and other tree nuts. Contains Soy, Milk and Wheat. **Fair Trade certified by TransFair USA.*

Item #31936

Dark Chocolate Chocodream Cookies

*Ingredients: Unbleached wheat flour, dark chocolate (cane sugar**,cocoa paste**,cocoa butter**, soy lecithin), cane sugar**, butter, glucose (wheat syrup), wheat starch, rising agents (ammonium hydrogen carbonate, sodium hydrogen carbonate), salt, lactose, milk proteins, citric acid. May contain traces of eggs, peanut and other tree nuts. Contains Soy, Milk and Wheat. **Fair Trade certified by TransFair USA.*

Item #31937

Patisseries du Monde…

Two
Outstanding Varieties

Natural
Lady Finger
Cookies*

&

Cocoa
Lady Finger
Cookies

An upscale, all natural collection of fine cookies and biscuits crafted in the grand tradition of old world bakeries found around the globe. Made with premium all natural ingredients, each flavorful and delicate cookie is baked according to the exacting standards of our pastry artisans.

Tea time, dessert time or anytime is a perfect time to savor the light and crispy texture of new **Patisseries Du Monde Natural Lady Fingers** and **Cocoa Lady Fingers.**

We carefully craft these exquisite cookies with whole eggs, pure vanilla and real cocoa powder and for a flavorful, airy melt in your mouth taste.

A truly international biscuit, our all natural Natural Nectar Lady Fingers are an essential ingredient in classic Italian Tiramisu* and a unique ingredient for a French Charlotte or an English Trifle. Perfect to dip into an aromatic cup of coffee, a flute of champagne or as an elegant and crisp accompaniment to a fruit plate.

*See pgs. 112-113
for Tiramisu recipe

(continued on page 96)

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
COOKIES - cont.							
61413	SHABTAI	COOKIE CHOCOLATE CHIP gf v k s	6/10 OZ	5.98	35.88		
61400	SHABTAI	COOKIE FLORNTNE LACE gf vg k s	6/8 OZ	4.95	29.70		
61408	SHABTAI	COOKIE LADY FINGERS gf vg k s	6/4 OZ	4.69	28.14		
61401	SHABTAI	COOKIE METAWAY CRUMB gf v k s	6/12 OZ	6.45	38.70		
34570	SUNSTART	COOKIE BAR CARAMEL CHOC gf s	150 GM	3.40	3.40		
36031	SUNSTART	COOKIE CHOC CHIP CRUNCH gf s	150 GM	2.98	2.98		
34571	SUNSTART	COOKIE GINGER CRUNCH gf s	150 GM	2.98	2.98		
36030	SUNSTART	COOKIE GOLDEN CRUNCH gf s	150 GM	2.98	2.98	2.38	2.38
34572	SUNSTART	COOKIE RASP CRUNCH gf s	150 GM	2.98	2.98		
36033	SUNSTART	COOKIE BAR ROCKY ROAD gf s	150 GM	3.40	3.40		
33157	WALKERS	COOKIES STEM GINGER & LEMON	5.3 OZ	3.69	3.69		
33160	WALKERS	COOKIES WHITE CHOC & RASPBRY	5.3 OZ	3.69	3.69	2.77	2.77
5621	WALKERS	SHORTBREAD ASSORTED s	5.6 OZ	5.85	5.85		
5631	WALKERS	SHORTBREAD CHOC CHIP 2pk s	24/1.4 OZ	.81	19.44		
5652	WALKERS	SHORTBREAD FINGERS 2pk s	24/1.4 OZ	.81	19.44		
5456	WALKERS	SHORTBREAD FINGERS s	5.3 OZ	3.69	3.69		
5698	WALKERS	SHORTBREAD ROUNDS 2pk s	24/1.2 OZ	.81	19.44		
5459	WALKERS	SHORTBREAD ROUNDS s	5.3 OZ	3.69	3.69		
5458	WALKERS	SHORTBREAD TRIANGLES s	5.3 OZ	3.69	3.69	2.77	2.77
CRACKERS, BREADSTICKS & RICE CAKES							
1033	AK-MAK	CRACKER SESAME WHEAT	12/4.15 OZ	1.79	21.48		
41373	ANNIEHG	CRACKERS BUNNY BUTTER RICH ORG	6.5 OZ	2.98	2.98		
41372	ANNIEHG	CRACKERS BUNNY CHEDDAR ORG	6.5 OZ	2.98	2.98		
41371	ANNIEHG	CRACKERS BUNNY SALTINE ORG	6.5 OZ	2.98	2.98		
5612	ANNIEHG	CRACKERS CHEDDAR BUNNIES	6/1.0 OZ	.56	3.36		
5611	ANNIEHG	CRACKERS CHEDDAR BUNNIES	7.5 OZ	2.79	2.79		
7172	BARBARAS	CRACKER RITE LITE ROUNDS	11 OZ	3.33	3.33		
7169	BARBARAS	CRACKER WHEATINE low/salt	9 OZ	3.22	3.22		
31670	BELLO	CROSTINI PARMESAN & PECORINO	12/7 OZ	2.92	35.04	2.48	29.76
31671	BELLO	CROSTINI ROASTED GARLIC	12/7 OZ	2.92	35.04	2.48	29.76
31669	BELLO	CROSTINI ROSEMARY	12/7 OZ	2.92	35.04	2.48	29.76
31668	BELLO	CROSTINI TRADITIONAL	12/7 OZ	2.92	35.04	2.48	29.76
3633	BLUESTAR	CRACKER STONED WHEAT THINS s	6/5 OZ	3.29	19.74		
3113	CARRS	CRACKER COLLECTION p	12/7.05 OZ	4.39	52.68		
3117	CARRS	CRACKERS CRACKED PEPPER	12/4.25 OZ	3.82	45.84		
3110	CARRS	WATER CRAC RSTD GAR/HER	12/4.25 OZ	3.55	42.60		
1557	CARRS	WATER CRACKER BITE SIZE	12/4.25 OZ	3.55	42.60		
32420	CRNCHMST	CRCKRS MULTISEED ORIGINAL gf	12/4.5 OZ	2.38	28.56		
32422	CRNCHMST	CRCKRS MULTISEED RSMRY OO gf	12/4.5 OZ	2.38	28.56		
32421	CRNCHMST	CRCKRS MULTISEED RSTD GARLC gf	12/4.5 OZ	2.38	28.56		
32423	CRNCHMST	CRCKRS MULTISEED SWT ONION gf	12/4.5 OZ	2.38	28.56		
32111	CROSTINI	CROSTINI OLIVE OIL bag	12/6 OZ	2.85	34.20		
32110	CROSTINI	CROSTINI ROSEMARY bag	12/6 OZ	2.85	34.20		
1526	DELI	MINI CRACKER SESAME WHEAT	12/8 OZ	2.15	25.80		
1525	DELI	MINI CRACKER STONED WHEAT	12/8 OZ	2.15	25.80		
34112	DIVINA	MINI CRACKER TOASTS WH WHT	6/2.8 OZ	1.89	11.34		
31803	EDWARD	RICE SNAX BARBEQUE gf vg s	2.8 OZ	1.54	1.54		
31800	EDWARD	RICE SNAX LIGHTLY SALTED gf vg	2.8 OZ	1.54	1.54	1.39	1.39
31801	EDWARD	RICE SNAX ONION GARLIC gf vg s	2.8 OZ	1.54	1.54		
31802	EDWARD	RICE SNAX SALT VINEGAR gf vg s	2.8 OZ	1.54	1.54		
31367	EDWARD	RICE TOAST JASMINE SPRNG ONION	2.25 OZ	1.97	1.97		
31368	EDWARD	RICE TOAST PURPLE& BLK SESAME	2.25 OZ	1.97	1.97		
31369	EDWARD	RICE TOAST THAI RED & FLAXSEED	2.25 OZ	1.97	1.97		
5181	FINN	CRISPBREAD DARK w/CARAWAY	9/7 OZ	3.60	32.40		
15153	HAUTECUI	CRACKER BASIL&SWT PEPPER	4 OZ	2.20	2.20		
15154	HAUTECUI	CRACKER ROASTED ONION	4 OZ	2.20	2.20		
3939	HAUTECUI	CRACKER RST GAR & SD TOM ORG	4 OZ	2.20	2.20		
15155	HAUTECUI	CRACKER SAFFRON & PEPPER	4 OZ	2.20	2.20		
15150	HAUTECUI	CRACKER SEED OVERLOAD ORG	4 OZ	2.20	2.20		
3838	HAUTECUI	CRACKER STONED WHT ORIG ORG	4 OZ	2.20	2.20		
30246	JOHNMACY	CHEESESTICKS CHEDDAR SCALLION	4 OZ	2.65	2.65		
30245	JOHNMACY	CHEESESTICKS DIJON SWISS	4 OZ	2.65	2.65		
30243	JOHNMACY	CHEESESTICKS ORIGINAL CHEDDAR	4 OZ	2.65	2.65		
30244	JOHNMACY	CHEESESTICKS ROMANO GARLIC	4 OZ	2.65	2.65		
32242	KAME	BROWN RICE CRISPS SZECHUAN s	4/3.7 OZ	1.49	5.96		
32243	KAME	BROWN RICE CRISPS TERIYAKI s	4/3.7 OZ	1.49	5.96		
1550	KAME	RICE CRACKER CHEESE	12/3.5 OZ	2.34	28.08		
1552	KAME	RICE CRACKER PLAIN	12/3.5 OZ	2.34	28.08		
1553	KAME	RICE CRACKER SEAWEED	12/3.5 OZ	2.34	28.08		
1556	KAME	RICE CRACKER WASABI	12/3.5 OZ	2.34	28.08		
1554	KAME	RICE CRACKERS SESAME	12/3.5 OZ	2.34	28.08		
7918	KASHI	CRACKERS TLC COUNTRY CHEDDAR	8 OZ	3.75	3.75		
7915	KASHI	CRACKERS TLC HONEY SESAME	9 OZ	3.75	3.75		
7914	KASHI	CRACKERS TLC ORIG 7 GRAIN	9 OZ	3.75	3.75		
31255	LATEJULY	CRACKERS BITE SIZE CHEDDAR ORG	5 OZ	2.47	2.47		
31253	LATEJULY	CRACKERS CLASSIC RICH ORG	6 OZ	2.47	2.47		
31254	LATEJULY	CRACKERS ROUND SALTINE ORG	6 OZ	2.47	2.47		
31259	LATEJULY	SANDWICH CRAC MINI RICH&CH ORG	8/1.1 OZ	.76	6.08		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
31257	LATEJULY	SANDWICH CRAC MINI RICH&CHS OR	5 OZ	2.98	2.98		
31256	LATEJULY	SANDWICH CRAC MINI RICH&PB ORG	5 OZ	2.98	2.98		
31258	LATEJULY	SANDWICH CRAC MINI RICH&PB ORG	8/1.1 OZ	.76	6.08		
34254	LATEJULY	SANDWICH CRAC RICH&CHS ORG	12/1.2 OZ	.68	8.16		
34253	LATEJULY	SANDWICH CRAC RICH&PB ORG	12/1.3 OZ	.68	8.16		
3280	LAVASCH	WAFER COMBO CRISP s	6 OZ	2.35	2.35		
3282	LAVASCH	WAFER DILL/GRLC/SES CRISP s	6 OZ	2.35	2.35		
33284	LAVASCH	WAFER GARLIC/SESAME CRISP s	6 OZ	2.35	2.35		
33288	LAVASCH	WAFER ORIGNL/SESAME CRISP s	6 OZ	2.35	2.35		
31402	LEKSAND	CRISPBREAD ROUNDS	11/14 OZ	3.95	43.45	3.16	34.76
30090	LEKSAND	CRISPBREAD WEDGE	12/7 OZ	2.35	28.20	1.88	22.56
4975	LUNDBERG	RICE CAKE ORG BROWN RICE n/s	12/8 OZ	2.89	34.68		
4982	LUNDBERG	RICE CAKE ORG BROWN RICE w/s	12/8 OZ	2.89	34.68		
4977	LUNDBERG	RICE CAKE ORG SESAME TAMARI	12/9 OZ	2.89	34.68		
4976	LUNDBERG	RICE CAKE ORG TAMARI SEAWEED	12/9 OZ	2.89	34.68		
4996	LUNDBERG	RICE CAKE ORG WILD RICE w/s	12/8 OZ	2.89	34.68		
4970	LUNDBERG	RICE CAKES APPLE CINNAMN s	12/9.5 OZ	2.45	29.40		
4960	LUNDBERG	RICE CAKES BROWN RICE n/s	12/8 OZ	2.39	28.68		
4961	LUNDBERG	RICE CAKES BROWN RICE w/s	12/8 OZ	2.39	28.68		
4971	LUNDBERG	RICE CAKES BUTTRY CARML s	12/9.5 OZ	2.39	28.68		
4972	LUNDBERG	RICE CAKES HONEY-NUT s	12/9.5 OZ	2.39	28.68		
7274	MARYGONE	CRACKERS ORIGINAL ORG gf	12/1.25 OZ	.84	10.08		
7261	MARYGONE	CRACKERS BLK PEPPER ORG WF/GF	12/6.5 OZ	3.45	41.40		
7268	MARYGONE	CRACKERS CARAWAY ORG WF/GF	12/6.5 OZ	3.45	41.40		
7262	MARYGONE	CRACKERS HERB ORG WF/GF	12/6.5 OZ	3.45	41.40		
7263	MARYGONE	CRACKERS ONION ORG WF/GF	12/6.5 OZ	3.45	41.40		
7267	MARYGONE	CRACKERS ORIGINAL ORG WF/GF	12/6.5 OZ	3.45	41.40		
7269	MARYGONE	STICKS & TWIGS SEASALT OG GF	12/8 OZ	3.45	41.40		
7273	MARYGONE	STICKS & TWIGS SEA SALT ORG gf	12/1.25 OZ	.84	10.08		
31604	MRSCRIMB	CHEESE BITES ORIGINAL gf	6/2.2 OZ	2.56	15.36		
31606	MRSCRIMB	CHEESE BITES SOUR CRM ONION gf	6/2.2 OZ	2.56	15.36		
31605	MRSCRIMB	CHEESE BITES TOM OLIVE OREG gf	6/2.2 OZ	2.56	15.36		
31603	MRSCRIMB	CORN CAKES LITE SALT gf s	4.9 OZ	2.49	2.49		
31607	MRSCRIMB	CRACKERS ORIGINAL CHEESE gf	4.6 OZ	3.08	3.08		
31609	MRSCRIMB	CRACKERS ROSEMARY & ONION gf	4.6 OZ	3.08	3.08		
31608	MRSCRIMB	CRACKERS SUNDRD TOM & PESTO gf	4.6 OZ	3.08	3.08		
31601	MRSCRIMB	RICE CAKES APPLE gf s	4.9 OZ	2.49	2.49		
31600	MRSCRIMB	RICE CAKES CARAMEL gf s	4.9 OZ	2.49	2.49		
31602	MRSCRIMB	RICE CAKES HONEY gf s	4.9 OZ	2.49	2.49		
3927	MTVIKOS	KRITI TOASTS OLIVE OIL	12/6.4 OZ	2.92	35.04		
3926	MTVIKOS	KRITI TOASTS OLIVE OIL RYE	12/5.64 OZ	2.92	35.04		
30356	NAIRNS	OAT BISCUITS FRUIT & SPICE WF	7.14 OZ	3.57	3.57		
30354	NAIRNS	OAT BISCUITS MIXED BERRY WF	7.14 OZ	3.57	3.57		
30357	**NAIRNS**	**OAT COOKIES DK CHOC CHIP wf s**	**7.1 OZ**	**2.81**	**2.81**	**2.53**	**2.53**
6539	NAIRNS	OATCAKES FINE MILLED WF	8.9 OZ	2.55	2.55		
30355	NAIRNS	OATCAKES GINGER WF	7.14 OZ	3.57	3.57		
6542	NAIRNS	OATCAKES MINI WF	7.1 OZ	3.65	3.65		
6531	NAIRNS	OATCAKES ORGANIC WF	8.9 OZ	3.49	3.49		
6534	NAIRNS	OATCAKES ROUGH WF	10.7 OZ	2.55	2.55		
31942	**NATNECTR**	**CRACKERS MEDITERN FETA**	**3.1 OZ**	**1.98**	**1.98**	**1.39**	**1.39**
31943	**NATNECTR**	**CRACKERS MEDITERN LEEK ONION**	**3.1 OZ**	**1.98**	**1.98**	**1.39**	**1.39**
31944	**NATNECTR**	**CRACKERS MEDITERN RST TOM BASL**	**3.1 OZ**	**1.98**	**1.98**	**1.39**	**1.39**
31941	**NATNECTR**	**CRACKERS MEDITERN SSALT ORGIN**	**3.1 OZ**	**1.98**	**1.98**	**1.39**	**1.39**
30420	OLDCAPE	CRACKER OYSTER s	8 OZ	2.05	2.05	1.54	1.54
30450	**OLDCAPE**	**CRACKER OYSTER s**	**7.5 OZ**	**2.68**	**2.68**	**2.01**	**2.01**
30421	OLDCAPE	CRACKERS GOURMET ROUNDSs	7 OZ	2.05	2.05	1.54	1.54
30422	OLDCAPE	CRACKERS HEARTY SQUARES s	6 OZ	2.05	2.05	1.54	1.54
34296	ORTONBRO	COMMON CRACKER	7.5 OZ	2.92	2.92		
34297	ORTONBRO	COMMON CRACKER CHEDDAR	7.5 OZ	2.92	2.92		
3421	RYVITA	CRISPBREAD DARK RYE	10/8.8 OZ	2.15	21.50	1.72	17.20
3423	RYVITA	CRISPBREAD FRUIT-SEED CRUNCH s	10/7 OZ	2.75	27.50	2.20	22.00
3420	RYVITA	CRISPBREAD LIGHT RYE	10/8.8 OZ	2.07	20.70	1.66	16.60
41140	RYVITA	CRISPBREAD MULTIGRAIN	10/8.8 OZ	2.75	27.50	2.20	22.00
3422	RYVITA	CRISPBREAD SESAME	10/8.8 OZ	2.07	20.70	1.66	16.60
2305	SESMARK	BROWN RICE THINS gf	12/3.5 OZ	2.35	28.20		
2301	SESMARK	MINI RICE CRACKERS LIGHT SALT	6/5.25 OZ	2.50	15.00		
2302	SESMARK	MINI RICE CRACKERS SES/GARLIC	6/5.25 OZ	2.50	15.00		
2300	SESMARK	RICE THINS/ SESAME gf	12/4.25 OZ	2.35	28.20		
34891	SUZIES	BREADSTICKS SPELT MULTISEED	12/4.5 OZ	2.38	28.56		
34898	SUZIES	FLATBREADS SPELT MULTISEED	12/4.5 OZ	2.60	31.20		
34889	SUZIES	PUFFED THIN CAKES MULTIGRAIN	12/4.9 OZ	2.29	27.48		
34888	SUZIES	PUFFED THIN CAKES SPELT W/FLAX	12/5.5 OZ	2.29	27.48		
34770	SUZIES	PUFFED THIN CORN QUIN/SESME	12/4.9 OZ	2.75	33.00		
34886	SUZIES	PUFFED THIN RICE SALTED	12/4.9 OZ	2.29	27.48		
33337	TUCKERS	CRACKER CARAMELIZED ONION	3.9 OZ	3.09	3.09		
33335	TUCKERS	CRACKER CORIANDER & BLK PEPPER	3.9 OZ	3.09	3.09		
32191	VENUS	CRAC 8 GRAIN HEARTY ORIG ORG	5 OZ	2.50	2.50		

mrs Crimble's
• Gluten free
• Wheat free

Macaroons

80303

Guilt Free
Gluten Free
6 Jumbo
"To Die For"
Cookies!

Original
&
Chocolate
Dipped!

80302

• brimming with Coconut

• rich, moist texture!

Natural Lady Finger Cookies

Ingredients: Sugar, Unbleached Wheat Flour, Eggs, Glucose-Fructose Syrup (Wheat Syrup), Leavening Agent (Ammonium Hydrogen Carbonate), Vanilla.

Item #31934

Cocoa Lady Finger Cookies

Ingredients: Sugar, Unbleached Wheat Flour, Eggs, Cocoa Powder, Glucose-Fructose Syrup (Wheat Syrup), Natural Chocolate Flavor, Leavening Agent (Ammonium Hydrogen Carbonate), Sodium Hydrogen Carbonate, Sodium Acid Pyrophosphate.

Item #31935

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
CRACKERS, BREADSTICKS & RICE CAKES - cont.							
32193	VENUS	CRAC 8 GRAIN MEDITRN DLITE ORG	5 OZ	2.50	2.50		
32192	VENUS	CRAC 8 GRAIN SEED CELEBRAT ORG	5 OZ	2.50	2.50		
32124	VENUS	CRAC FAT FREE GARLIC & HERB	5.5 OZ	2.10	2.10		
32125	VENUS	CRAC FAT FREE MULTIGRAIN	5.5 OZ	2.10	2.10		
30366	WASA	CRISPBREAD HEARTY RYE	12/9.7 OZ	2.39	28.68		
4375	WASA	CRISPBREAD MULTIGRAIN	12/8.8 OZ	2.39	28.68		
35062	WATERWH	CRISPBREAD ORIGINAL	12/3.5 OZ	2.25	27.00		
35063	WATERWH	CRISPBREAD PROVENCAL	12/3.5 OZ	2.25	27.00		
35064	WATERWH	CRISPBREAD SESAME & POPPY	12/3.5 OZ	2.35	28.20		
31970	**YOURPIEC**	**OATCAKES PORRIDGE v s**	**6.3 OZ**	**5.22**	**5.22**	**4.43**	**4.43**
35060	Z	CRACKERS OLIVE OIL SELGRIS	12/8 OZ	3.95	47.40	2.85	34.20
DESSERTS & DESSERT TOPPINGS							
4376	BARHAR	PUDDING INDIAN	15.5 OZ	2.30	2.30		
31370	LETSDO	ICE CREAM CONES gf	1.2 OZ	2.90	2.90		
35041	LETSDO	ICE CREAM CONES ORG	2.3 OZ	2.50	2.50	2.13	2.13
35050	LETSDO	SUGAR CONES gf v k	5.5 OZ	3.41	3.41		
35042	LETSDO	SUGAR CONES ORG	5 OZ	3.31	3.31	2.81	2.81
30926	WHOLLY	PIE CRUST GRAHAM s k	6 OZ	2.69	2.69		
32445	CAVIARME	SYRUP WILD BLUEBERRY	10 OZ	5.21	5.21		
7725	FIDDLERS	SYRUP BLUEBERRY ORG	8 OZ	5.69	5.69		
28217	FIORDINO	SPREAD CHOC HAZELNUT ORG s	9.52 OZ	3.64	3.64		
80208	GINGERPE	GINGER SYRUP	8 OZ	2.90	2.90		
30801	HERRELLS	SAUCE HOT FUDGE ALMOND s	10 OZ	5.50	5.50	4.68	4.68
30804	HERRELLS	SAUCE HOT FUDGE ChIPOTLE s	10 OZ	5.50	5.50		
30803	HERRELLS	SAUCE HOT FUDGE COCONUT s	10 OZ	5.50	5.50		
30800	HERRELLS	SAUCE HOT FUDGE ORIGINAL s	10 OZ	5.50	5.50		
30802	HERRELLS	SAUCE HOT FUDGE PEPPERMINT s	10 OZ	5.50	5.50		
40144	KNIPSCHL	SAUCE BUTTERSCOTCH s	8 OZ	4.35	4.35		
40145	KNIPSCHL	SAUCE BUTTERSCOTCH W/LIME s	8 OZ	4.35	4.35	3.35	3.35
40141	KNIPSCHL	SAUCE CHOC DULCE DE LECHE s	8 OZ	4.35	4.35		
40148	KNIPSCHL	SAUCE CHOCOLATE MINT s	8 OZ	4.35	4.35		
40147	KNIPSCHL	SAUCE CHOCOLATE PEANUT s	8 OZ	4.35	4.35		
40142	KNIPSCHL	SAUCE CHOCOLATE s	8 OZ	4.35	4.35		
40146	KNIPSCHL	SAUCE COCONUT CARAMEL s	8 OZ	4.35	4.35		
40140	KNIPSCHL	SAUCE CREME BRULEE s	8 OZ	4.35	4.35		
40143	KNIPSCHL	SAUCE CHOCOLATE SPICED s	8 OZ	4.35	4.35		
31534	LAPAILA	DULCE DE LECHE sqz bottle s	350 GR	3.21	3.21		
35617	MIMICCRM	WHIPPING CREAM SUB df gf v k	16 OZ	3.61	3.61		
34540	MORNING	COFFEE SYRUP DECAF s	16 OZ	5.65	5.65		
34539	MORNING	COFFEE SYRUP s	16 OZ	5.45	5.45		
31933	**NATNECTR**	**SPREAD CHOCODREAM ALMOND s ft**	**12.3 OZ**	**4.95**	**4.95**	**3.47**	**3.47**
31932	**NATNECTR**	**SPREAD CHOCODREAM DARK s ft**	**12.3 OZ**	**4.95**	**4.95**	**3.47**	**3.47**
31931	**NATNECTR**	**SPREAD CHOCODREAM HAZELNT s ft**	**12.3 OZ**	**4.95**	**4.95**	**3.47**	**3.47**
15877	PEMBERT	DEATH BY CHOCOLATE original s	8.7 OZ	4.09	4.09		
30652	PEMBERT	DEATH BY CHOCOLATE raspberry	8.7 OZ	4.09	4.09		
41344	SUZANNES	RICEMELLOW CREME gf vg	10 OZ	3.45	3.45		
FLOUR							
2639	ARROW	CORNMEAL BLUE ORG gf	32 OZ	4.00	4.00		
3342	ARROW	CORNMEAL YELLOW ORG gf	32 OZ	3.15	3.15		
3340	ARROW	FLOUR BARLEY ORG	24 OZ	3.60	3.60		
3341	ARROW	FLOUR BUCKWHEAT ORG gf	32 OZ	5.20	5.20		
1204	ARROW	FLOUR MILLET ORG gf	32 OZ	4.70	4.70		
3312	ARROW	FLOUR OAT ORG	24 OZ	3.50	3.50		
2634	ARROW	FLOUR RICE BROWN ORG	32 OZ	4.50	4.50		
1154	ARROW	FLOUR RICE WHITE ORG	32 OZ	4.60	4.60		
3345	ARROW	FLOUR RYE ORG	30 OZ	3.30	3.30		
4421	ARROW	FLOUR SOY ORG gf	22 OZ	3.55	3.55		
6308	ARROW	FLOUR SPELT ORG	32 OZ	5.20	5.20		
3348	ARROW	FLOUR UNBL WHITE WHEAT ORG	32 OZ	3.45	3.45		
3349	ARROW	FLOUR WHL WHT BREAD ORG	32 OZ	3.55	3.55		
3344	ARROW	FLOUR WHL WHT PASTRY	32 OZ	3.60	3.60		
15231	BOUCHARD	FLOUR BUCKWHEAT ACADIAN LT gf	3#	4.89	4.89		
3155	DWD&RGR	FLOUR CHESTNUT Italian WF/GF	14 OZ	6.35	6.35		
8599	ENER-G	FLOUR POTATO STARCH	16 OZ	3.63	3.63		
8600	ENER-G	FLOUR TAPIOCA WHEAT FREE	16 OZ	2.39	2.39		
41061	KINGARTH	FLOUR CAKE bleached	3 LB	5.99	5.99		
32264	LETSDO	COCONUT FLOUR ORG vg gf	16 OZ	4.32	4.32		
15590	MOCHIKO	FLOUR SWEET RICE WHITE KODA gf	16 OZ	1.95	1.95		
35510	MORGANS	CORNMEAL WHOLE YELLOW ORG	24 OZ	2.25	2.25		
35511	MORGANS	FLOUR CORN WHOLE YELLOW ORG	24 OZ	2.25	2.25	1.79	1.79
35514	MORGANS	FLOUR OAT WHOLE ORG	24 OZ	3.69	3.69		
35507	MORGANS	FLOUR PASTRY WHL WHEAT ORG	24 OZ	3.30	3.30		
35513	MORGANS	FLOUR RYE LIGHT SIFTED ORG	24 OZ	2.72	2.72		
35512	MORGANS	FLOUR RYE WHOLE DARK ORG	24 OZ	2.59	2.59		
35516	MORGANS	FLOUR SHORT BROWN RICE ORG	24 OZ	4.55	4.55		
35522	MORGANS	FLOUR SPELT WHOLE ORG	24 OZ	4.25	4.25		
6123	MORGANS	FLOUR SWEET BROWN RICE ORG	24 OZ	5.95	5.95		
35521	MORGANS	FLOUR UNBLEACHED WHITE ORG	24 OZ	3.50	3.50		
6299	MORGANS	FLOUR WHL WHT GRAHAM ORG	24 OZ	3.60	3.60		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
35518	MORGANS	FLOUR WHOLE WT BCKWHT ORG	24 OZ	4.70	4.70		
35508	MORGANS	FLOUR WW BREAD ORG red spring	24 OZ	3.55	3.55		
35509	MORGANS	WHEAT MEAL CRACKED ORG	24 OZ	3.54	3.54	3.19	3.19
FRUIT, CANNED & JARS							
30310	AMER SPN	FRUIT PERFECT CHERRIES s	13.5 OZ	5.69	5.69		
30311	AMER SPN	FRUIT PERFECT PEACHES s	13.5 OZ	5.69	5.69		
22001	ASIAN BEST	JACKFRUIT IN SYRUP s	20 OZ	1.46	1.46	1.24	1.24
22002	ASIAN BEST	LONGAN FRUIT IN SYRUP s	20 OZ	1.82	1.82		
22009	ASIAN BEST	LYCHEE IN SYRUP s	20 OZ	2.09	2.09		
22003	ASIAN BEST	MANGO SLICED IN SYRUP s	15 OZ	1.21	1.21		
22004	ASIAN BEST	RAMBUTAN W/PINEAPLE IN SYRUP s	20 OZ	1.82	1.82		
32443	CAVIARME	BLUBERRIES ME WLD mpl syrp jar	25.6 OZ	12.43	12.43		
32442	CAVIARME	BLUBERRIES ME WLD mpl syrp jar	12 OZ	6.07	6.07		
32441	CAVIARME	BLUEBERRIES ME WLD frt jc jar	25 OZ	10.86	10.86	9.77	9.77
32440	CAVIARME	BLUEBERRIES ME WLD frt jce jar	7 OZ	3.86	3.86		
20260	DYNASTY	LYCHEE IN HEAVY SYRUP	15 OZ	2.65	2.65		
3802	FELIX	LINGONBERRIES SWEDISH	14.5 OZ	5.55	5.55	4.44	4.44
5855	MARCOPOL	CHERRIES PITTED SOUR s	24 OZ	3.39	3.39		
1520	MTVIKOS	FIGS GLAZED/RSTD	10 OZ	5.89	5.89		
32262	NATIVE	MANDARIN ORANGES ORG vg gf	10.75 OZ	2.44	2.44		
32030	NATIVE	MANGO CHUNKS ORG	14 OZ	2.85	2.85		
32031	NATIVE	PAPAYA CHUNKS ORG	14 OZ	2.85	2.85		
32261	NATIVE	PEACHES SLICED ORG vg gf	15 OZ	2.87	2.87		
32260	NATIVE	PEARS ASIAN SLICED ORG vg gf	15 OZ	2.87	2.87		
4986	NATIVE	PINEAPPLE CHUNKS ORG	14 OZ	2.95	2.95		
5084	NATIVE	PINEAPPLE CRUSHED ORG	14 OZ	2.95	2.95		
4994	NATIVE	PINEAPPLE SLICES ORG	15 OZ	2.95	2.95		
32032	NATIVE	TROPICAL FRUIT SALAD ORG	14 OZ	2.98	2.98		
50231	NATVALUE	MANDARIN ORANGES pear juice	11 OZ	1.10	1.10		
4532	ROLAND	LYCHEES in heavy syrup s	20 OZ	2.27	2.27		
4358	ROLAND	MANDARIN ORANG SEGMENT/WTR	14 OZ	1.39	1.39		
4534	ROLAND	MANGO SLICED light syrup s	15 OZ	1.45	1.45		
4535	ROLAND	PAPAYA CHUNKS light syrup s	15 OZ	1.45	1.45		
4294	ROLAND	PINEAPPLE SLICED in juice	20 OZ	1.69	1.69		
81031	SWAD	MANGO PULP kesar	28 OZ	2.89	2.89		
22033	ZERGUT	SOUR CHERRIES PITTED s	24 OZ	3.16	3.16		
FRUIT, CANNED & JARS - APPLESAUCE							
3665	CARLSON	APPLESAUCE CHUNKY MCINTOSH	25 OZ	2.29	2.29		
6324	EDEN	APPLE SAUCE ORGANIC	25 OZ	2.90	2.90		
20191	PASTOR	APPLE SAUCE ORGANIC no sugar	23 OZ	3.63	3.63		
20157	PASTOR	APPLE SAUCE ORGANIC Maine	23 OZ	3.63	3.63		
4624	VT VILLA	APPLE SAUCE unsweetened	24 OZ	2.58	2.58		
41412	VT VILLA	APPLESAUCE NATURAL APRICOT	24 OZ	2.58	2.58		
41413	VT VILLA	APPLESAUCE NATURAL CRANBERRY	24 OZ	2.58	2.58		
41414	VT VILLA	APPLESAUCE NATURAL MAPLE	24 OZ	2.58	2.58		
41411	VT VILLA	APPLESAUCE NATURAL RASPBERRY	24 OZ	2.58	2.58		
4330	VT VILLA	ORG APPLE SAUCE CINNAMON	24 OZ	3.45	3.45		
4326	VT VILLA	ORG APPLE SAUCE MANGO	24 OZ	3.45	3.45		
4337	VT VILLA	ORG APPLE SAUCE PEACH	24 OZ	3.45	3.45		
4329	VT VILLA	ORG APPLE SAUCE RASPBERRY	24 OZ	3.45	3.45		
4328	VT VILLA	ORG APPLE SAUCE unsweetened	24 OZ	3.45	3.45		
4317	VT VILLA	ORG APPLESCE CUP CINNAMON	4/4 OZ	.59	2.36		
4318	VT VILLA	ORG APPLESCE CUP MIXED BERRY	4/4 OZ	.59	2.36		
4316	VT VILLA	ORG APPLESCE CUP unsweetnd	4/4 OZ	.59	2.36		
FRUIT, DRIED & PACKAGED							
2525	LETSDO	COCONUT SHREDDED LITE ORG	8.8 OZ	2.35	2.35		
2524	LETSDO	COCONUT SHREDDED ORG	8 OZ	2.37	2.37		
31700	AURORA	APPLE RINGS natural	4.5 OZ	2.94	2.94	2.21	2.21
31735	AURORA	APPLE RINGS ORG	4.5 OZ	3.52	3.52	2.64	2.64
31701	AURORA	APRICOTS no So2	11 OZ	3.95	3.95		
31734	AURORA	APRICOTS ORG	11 OZ	3.90	3.90		
31702	AURORA	BANANA CHIPS s	5.5 OZ	1.54	1.54		
31703	AURORA	BLUEBERRIES DRIED s	6.5 OZ	5.44	5.44	4.08	4.08
31704	AURORA	CANTALOUPE DRIED s	8 OZ	2.73	2.73		
31705	AURORA	CHERRIES DRIED s	10 OZ	6.44	6.44		
31760	AURORA	CRANBERRIES DRIED ORG	9 OZ	5.77	5.77		
31707	AURORA	CRANBERRIES DRIED s	9.5 OZ	3.53	3.53		
31762	AURORA	DATES MEDJOOL ORG	10 OZ	5.68	5.68		
31761	AURORA	DATES ORG	9 OZ	4.01	4.01		
31708	AURORA	DATES pitted	9 OZ	2.68	2.68		
31763	AURORA	DATES W/OAT FLOUR ORG	10 OZ	3.57	3.57		
31764	AURORA	FIGS BLACK MISSION ORG	11 OZ	4.30	4.30		
31709	AURORA	FIGS CALIMAYRNA	10 OZ	5.33	5.33	4.26	4.26
31765	AURORA	FIGS TURKISH ORG	10 OZ	4.14	4.14		
31766	AURORA	FRUIT MEDLEY ORG	8 OZ	4.52	4.52		
31711	AURORA	GINGER CRYSTALLIZED SLICES	9 OZ	2.80	2.80		
31767	AURORA	MANGO DRIED ORG	4.5 OZ	3.74	3.74		
31712	AURORA	MANGO SLICES DRIED low sugar s	7.5 OZ	2.63	2.63		
31714	AURORA	PINEAPPLE RINGS low sugar s	8.5 OZ	2.66	2.66		

nairn's OATCAKES

Nairn's Oat Biscuits

At **Nairn's** we know our oats. We have been using them for over 100 years to bake tasty and wholesome food that is as simple and natural as possible.

We use only wholegrain oats grown in the nearby Scottish Borders where the climate is perfect for slowly ripening the grains and where our farmers don't need to use insecticides.

To preserve the goodness of our oats, we use only natural ingredients and avoid additives … naturally.

Nairn's Dark Chocolate Chip Oat Biscuits

Delicious New Chocolate Chip Oat Biscuits. Crunchy oats and delicious dark chocolate chips combine to make a truly tasty snack.

Ingredients: Wholegrain Oats (59%), Dark Chocolate chips (9%) (sugar, cocoa butter, Emulsifier: soya lecithin, natural vanilla) Demera sugar, Palm fruit oil, Dark Chocolate powder (5%) (sugar, cocoa mass, fat reduced cocoa powder) Dietary fibers, Partially inverted syrup, Potato starch, Barley malt syrup, Raising agents (Ammonium bicarbonate and Sodium bicarbonate), Sea salt, Natural flavoring.

Item #30357

Crich BioWafers

Organic BioWafers are baked in Italy and certified Organic by the USDA. Light and crisp, each generous sized cookie features whisper thin wafers layered with creamy, cocoa or lemon-vanilla filling for a taste that is simply divine. A wonderful accompaniment to coffee or tea, Organic BioWafers add distinctive flair to any dessert table.

Cocoa *Organic* BioWafers

Ingredients: Organic Wheat Flour, Organic Non Hydrogenated Vegetable Oil (coconut, palm), Organic Cane Sugar, Organic Fat Reduced Cocoa (18%), Organic Wheat Starch, Organic Skimmed Milk Powder, Organic Soybean Flour, Salt.
May contain traces of nuts, peanuts.
Contains: Wheat, Milk, Soy.

Item #31946

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
FRUIT, DRIED & PACKAGED - cont.							
31715	AURORA	PRUNES pitted no sorbate	11 OZ	3.49	3.49		
31769	AURORA	PRUNES pitted ORG	11 OZ	5.00	5.00		
31770	AURORA	RAISINS RED FLAME ORG	11 OZ	2.84	2.84		
31716	AURORA	RAISINS THOMPSON	11 OZ	2.33	2.33		
31771	AURORA	RAISINS THOMPSON ORG	11 OZ	2.70	2.70		
32448	CAVIARME	BLUEBERRIES DRIED WILD ME bag	8 OZ	8.14	8.14		
32447	CAVIARME	BLUEBERRIES DRIED WILD ME bag	5 OZ	5.43	5.43		
30805	DANIELLE	CANTALOUPE SWEET DRIED so2	12/2 OZ	2.19	26.28		
30806	DANIELLE	MANGO PAPAYA PNAPLE DRIED so2	12/2 OZ	2.19	26.28		
31311	EDEN	BLUEBERRIES WILD DRIED ORG	4 OZ	6.55	6.55		
31312	EDEN	CHERRIES MONTMORENCY DRIED	4 OZ	5.61	5.61		
31313	EDEN	CRANBERRIES DRIED ORG	4 OZ	3.35	3.35		
32514	ELFOODS	GOJI BERRIES NINGXIA ORG vg	8 OZ	7.98	7.98		
1805	GINGERPE	GINGER CHIPS CRYSTL baker cut	7 OZ TIN	3.55	3.55		
1806	GINGERPE	GINGER CRYSTL premium cut	6.5 OZ TIN	3.79	3.79		
31514	INTLHARV	APRICOT KERNELS ORG	5 OZ	3.45	3.45		
41354	INTLHARV	GO MANGO SLICES ORG	4 OZ	3.49	3.49		
41358	INTLHARV	GO TURK APRICOTS JUMBO RAW ORG	6 OZ	2.35	2.35		
31509	INTLHARV	GOJI BERRIES HUNZA ORG	4 OZ	4.66	4.66		
31510	INTLHARV	GOLDEN RAISINS HUNZA ORG	8 OZ	4.25	4.25		
31511	INTLHARV	MULBERRIES HUNZA ORG	4 OZ	4.25	4.25		
31823	OSKRI	APRICOTS DRIED k gf v	3.53 OZ	1.09	1.09		
31821	OSKRI	BLUEBERRIES DRIED k gf v	3.53 OZ	3.79	3.79		
31828	OSKRI	CHERRIES DRIED k gf v	3.53 OZ	2.90	2.90		
31820	OSKRI	CRANBERRIES DRIED k gf v	3.53 OZ	1.45	1.45		
31822	OSKRI	DATES W/ PITS DRIED k gf v	3.53 OZ	2.39	2.39	2.03	2.03
31824	OSKRI	GOLDEN RAISINS DRIED k gf v	3.53 OZ	1.09	1.09		
31826	OSKRI	PRUNES DRIED k gf v	3.53 OZ	1.09	1.09		
31825	OSKRI	STRAWBERRIES DRIED k gf v	3.53 OZ	3.79	3.79		
30701	SNACKSOFT	FIGS TURKISH GARLAND	8 OZ	1.99	1.99		
FRUIT, PIE FILLINGS							
33625	FIVEACRE	PIE FILLING APPLE gf s	24 OZ	5.69	5.69		
33627	FIVEACRE	PIE FILLING BLUEBERRY gf s	24 OZ	5.69	5.69		
33626	**FIVEACRE**	**PIE FILLING CHERRY gf s**	**24 OZ**	**5.69**	**5.69**	**4.27**	**4.27**
41125	OUT ON A	PIE FILLING MAINE APLE no sug	25 OZ	6.49	6.49		
41123	OUT ON A	PIE FILLING ME APPLE LOW SUG	25 OZ	6.49	6.49		
41124	OUT ON A	PIE FILLING ME BLBERRY low sug	25 OZ	6.49	6.49		
41126	OUT ON A	PIE FILLING ME BLUEBRY no sug	25 OZ	6.49	6.49		
41129	OUT ON A	PIE FILLING ME STRAW/RHUB l/su	25 OZ	6.49	6.49		
41297	OUT ON A	PIE FILLING RASPBERRY low sug	25 OZ	6.49	6.49		
41298	OUT ON A	PIE FILLING RASPBERRY no sug	25 OZ	6.49	6.49		
FRUIT & NUT MIXES							
31851	AURORA	MIX CRAN WALNT CLUSTER ORG s k	9 OZ	4.77	4.77		
31850	AURORA	MIX FRONTER CRAN ALMND ORG s k	9.5 OZ	4.77	4.77		
31719	AURORA	MIX GOJI BERRY TRAIL	10 OZ	3.88	3.88		
31852	AURORA	MIX HEARTY BLEND ORG s k	8.5 OZ	4.77	4.77	3.99	3.99
31720	AURORA	MIX HIKERS TRAIL	9.5 OZ	3.88	3.88		
31853	AURORA	MIX MAGICAL MYSTERY s k	11 OZ	3.91	3.91	2.99	2.99
31721	AURORA	MIX PACIFIC ALMOND	11 OZ	3.88	3.88		
31723	AURORA	MIX ROCKY MOUNTAIN	10 OZ	3.88	3.88		
31737	AURORA	MIX SALAD FIXINS cran/nut/seed	14 OZ	4.25	4.25		
31855	AURORA	MIX SPICY PUB s k	6.5 OZ	3.26	3.26	2.59	2.59
31856	AURORA	MIX SWEET & NUTTY s k	10.5 OZ	3.91	3.91	2.99	2.99
31722	AURORA	MIX VANILLA PASSION	11 OZ	4.15	4.15		
31307	EDEN	ALL MIXED UP FRUIT & NUT	4 OZ	2.80	2.80		
31308	EDEN	ALL MIXED UP TOO FRUIT & NUT	4 OZ	2.63	2.63		
31309	EDEN	WILD BERRY MIX ORG	4 OZ	2.63	2.63		
31517	INTLHARV	HUNZA GOJI TRAIL MIX RAW ORG	6 OZ	4.96	4.96		
41580	WILLNROS	TRAIL MIX BALANCE	6 OZ	5.29	5.29		
41579	WILLNROS	TRAIL MIX BALANCE	6/2 OZ	2.39	14.34		
41581	WILLNROS	TRAIL MIX NATIVE	6/2 OZ	2.39	14.34	1.79	10.74
41582	WILLNROS	TRAIL MIX NATIVE	6 OZ	5.29	5.29	3.97	3.97
41585	WILLNROS	TRAIL MIX PEACE	6/2 OZ	2.39	14.34	1.79	10.74
41586	WILLNROS	TRAIL MIX PEACE	6 OZ	5.29	5.29	3.97	3.97
41577	WILLNROS	TRAIL MIX STRENGTH	6/2 OZ	2.39	14.34	1.79	10.74
41578	WILLNROS	TRAIL MIX STRENGTH	6 OZ	5.29	5.29	3.97	3.97
41583	WILLNROS	TRAIL MIX VITALITY	6/2 OZ	2.39	14.34	1.79	10.74
41584	WILLNROS	TRAIL MIX VITALITY	6 OZ	5.29	5.29	3.97	3.97
GRAINS & FLAKES							
2781	ANCIENT	QUINOA FLAKES ORG	12 OZ	5.69	5.69		
2783	ANCIENT	QUINOA GRAIN ORG	12 OZ	4.59	4.59	3.67	3.67
2770	ANCIENT	QUINOA INCA RED ORG	12 OZ	4.85	4.85		
3045	ARROW	AMARANTH SEED ORG	16 OZ	4.09	4.09		
3352	ARROW	FLAX SEED ORG	16 OZ	2.75	2.75		
3351	ARROW	QUINOA GRAIN ORG	14 OZ	4.40	4.40		
6004	D'ALLAS	BUCKWHEAT GROATS	12 OZ	2.47	2.47		
5923	D'ALLAS	COUSCOUS MIDDLE EASTERN	12 OZ	2.72	2.72		
5919	D'ALLAS	FLAX SEED GOLDEN	12 OZ	2.32	2.32		
5985	D'ALLAS	POLENTA ITALIAN STYLE	12 OZ	1.71	1.71		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
30915	DARI	COUSCOUS BARLEY box	17 OZ	2.55	2.55		
30916	DARI	COUSCOUS MOROCCAN box	17 OZ	2.55	2.55		
41190	DE LA ES	POLENTA ORG	17.6 OZ	3.45	3.45		
35356	EDEN	BUCKWHEAT ORG	16 OZ	2.24	2.24		
35354	EDEN	KAMUT FLAKES TOASTED ORG	16 OZ	2.81	2.81		
35355	EDEN	MILLET ORG	16 OZ	2.18	2.18		
35350	EDEN	QUINOA ORG	16 OZ	4.55	4.55		
35349	EDEN	QUINOA RED ORG	16 OZ	5.50	5.50		
35353	EDEN	SPELT FLAKES TOASTED ORG	16 OZ	3.15	3.15		
31118	FAMOSO	POLENTA INSTANT Italy	17.6 OZ	3.69	3.69		
19000	GRANOATS	OATS ROLLED ORG Maine grown	3#	5.75	5.75		
35700	GREENWHT	FREEKEH CRACKED vg	14.1 OZ	5.84	5.84	4.99	4.99
35701	GREENWHT	FREEKEH WHOLEGRAIN vg	14.1 OZ	5.84	5.84	4.99	4.99
31612	LUNDBERG	COUS BRN RICE MED CURRY gf vg	7 OZ	2.38	2.38		
4603	NIBLACK	WHEAT GERM RAW	16 OZ	1.77	1.77		
4612	NIBLACK	WHEAT GERM TOASTED	16 OZ	2.27	2.27		
4917	ROLAND	COUSCOUS	17.5 OZ	2.35	2.35		
4539	ROLAND	FARRO SemiPEARL WHEAT Italy	17.6 OZ	5.60	5.60		
34111	TIMELESS	BARLEY PURPLE ORG Montana	16 OZ	3.65	3.65		
8157	TIMELESS	FLAX SEED GOLDEN ORG	14 OZ	4.35	4.35	3.26	3.26
2761	TRUROOTS	QUINOA SPROUTED ORG gf k	12 OZ	5.57	5.57		
30947	URBANACC	POPCORN BLACK SABLE	16 OZ	3.79	3.79		
30946	URBANACC	POPCORN RUBY RED	16 OZ	3.79	3.79		
30945	URBANACC	POPCORN WHITE GOLD	16 OZ	3.79	3.79		
35070	ARROW	POPCORN YELLOW ORG	28 OZ	2.90	2.90		
30657	NEWMAN	POPCORN MICROWAVE ORG BUTTER	3.5 OZ	2.95	2.95		
30659	NEWMAN	POPCORN MICROWAVE ORG LT BTR	3 OZ	2.95	2.95		

HERBS & SEASONINGS BY BRAND

DENNY MIKE'S

34415	DENYMIKE	RUB ALL PURPOSE PIXIE DUST	3 OZ	4.29	4.29		
34417	DENYMIKE	RUB CHICKEN CHICK MAGNET	3 OZ	4.29	4.29		
34416	DENYMIKE	RUB MEAT COW BELL HELL	3 OZ	4.29	4.29		
34418	DENYMIKE	RUB PORK SUBLIME SWINE	3 OZ	4.29	4.29		
34419	DENYMIKE	RUB SEAFOOD FINTASTIC	3 OZ	4.29	4.29		

MCFADDEN FARMS

9864	MCFADDEN	BASIL ORG	.36 OZ	2.70	2.70		
9866	MCFADDEN	BAY LEAVES ORG	.36 OZ	3.62	3.62		
9881	MCFADDEN	CHILI FLAKES ORG	1.25 OZ	3.05	3.05		
9885	MCFADDEN	GARLIC FLAKES ORG	2.65 OZ	3.05	3.05		
9863	MCFADDEN	GARLIC POWDER ORG	2.8 OZ	3.18	3.18		
9871	MCFADDEN	GRILLING HERBS ORG	1.25 OZ	3.81	3.81		
9876	MCFADDEN	HERBS DE PROVENCE ORG	.85 OZ	4.12	4.12		
9877	MCFADDEN	ITALIAN HERBS ORG	1.1 OZ	3.84	3.84	3.46	3.46
9882	MCFADDEN	LEMON THYME ORG	.49 OZ	3.00	3.00		
9870	MCFADDEN	MARJORAM ORG	.45 OZ	2.65	2.65		
9886	MCFADDEN	ONION FLAKES ORG	1.28 OZ	2.98	2.98		
9865	MCFADDEN	OREGANO ORG	.42 OZ	2.47	2.47		
9872	MCFADDEN	POULTRY HERBS ORG	1 OZ	3.78	3.78		
9868	MCFADDEN	ROSEMARY ORG	.53 OZ	2.47	2.47		
9869	MCFADDEN	SAGE ORG	.28 OZ	2.93	2.93		
9883	MCFADDEN	SUMMER SAVORY ORG	.74 OZ	3.04	3.04		
9884	MCFADDEN	TARRAGON ORG	.31 OZ	3.25	3.25		
9867	MCFADDEN	THYME ORG	.74 OZ	2.69	2.69		

RUB WITH LOVE

30041	RUB LOVE	RUB BANGAL MASALA	3.5 OZ	4.49	4.49		
30037	RUB LOVE	RUB CHICKEN	3.5 OZ	4.49	4.49		
30043	RUB LOVE	RUB CHINESE 12 SPICE	3.5 OZ	4.49	4.49		
30045	RUB LOVE	RUB PIRI PIRI	3.5 OZ	4.49	4.49		
30039	RUB LOVE	RUB PORK	3.5 OZ	4.49	4.49		
30036	RUB LOVE	RUB SALMON	3.5 OZ	4.49	4.49		
30040	RUB LOVE	RUB SEAFOOD	3.5 OZ	4.49	4.49		
30042	RUB LOVE	RUB SPICY TOKYO	3.5 OZ	4.49	4.49		
30038	RUB LOVE	RUB STEAK	3.5 OZ	4.49	4.49		

SEASONED PIONEERS

6159	SEASONED	BERBERE BLEND ETHIOPIAN hot	6/27 GR	3.73	22.38		
6161	SEASONED	CAJUN SPICE BLEND hot	6/34 GR	3.73	22.38		
6163	SEASONED	CARIBBEAN BBQ JERK RUB med	6/37 GR	3.73	22.38		
6158	SEASONED	CHINESE FIVE SPICE mild	6/27 GR	3.73	22.38	2.69	16.14
6162	SEASONED	CREOLE SPICE BLEND med	6/37 GR	3.73	22.38		
31221	SEASONED	CURRY LEAVES WHOLE	6 GR	3.16	3.16		
6156	SEASONED	CURRY POWDER S. AFRICAN med	6/31 GR	3.73	22.38	2.69	16.14
6152	SEASONED	CURRY POWDER SRI LANKAN med	6/32 GR	3.73	22.38	2.69	16.14
6157	SEASONED	CURRY POWDER ZANZIBAR med	6/40 GR	3.73	22.38	2.69	16.14
6151	SEASONED	GARAM MASALA INDIAN med	6/27 GR	3.73	22.38		
6169	SEASONED	HERBS DE PROVENCE	6/13 GR	2.99	17.94	2.69	16.14
6160	SEASONED	RAS-EL-HANOUT PWDR MOROCCO mld	6/27 GR	3.73	22.38		
6166	SEASONED	TAMARIND PASTE	6/45 GR	2.99	17.94		
6174	SEASONED	WASABI POWDER hot	6/17 GR	5.75	34.50		
6164	SEASONED	ZAHTAR SPICE MIX mild	6/37 GR	3.73	22.38		

CRICH

Crich BioWafers

Lemon Vanilla *Organic* BioWafers

Ingredients: Organic Wheat Flour, Organic Non Hydrogenated Vegetable Oil (coconut, palm), Organic Cane Sugar), Organic Wheat Starch, Organic Skimmed Milk Powder, Organic Soybean Flour, Salt, Organic Lemon Essential Oil (0.5%), Organic Vanilla Extract (0.2%). May contain traces of nuts, peanuts. Contains: Wheat, Milk, Soy.

Item #31945

Your Piece Baking Company

Delicious
Handmade Oatcakes
from the
Kingdom of Fife,
Scotland.

In days gone by, the working folk of Scotland would make large portions of oat porridge for breakfast, any left over was traditionally stored flat in a kitchen drawer where once dry it would stay fresh.

A piece would be cut from the dry porridge and with the addition of cheese and fish would be used as the basis for lunch for the coming days. This gave rise to the saying you still hear today; "Don't forget your piece".

In honor of this tradition we have created a range of delicious, individually handmade Oatcakes. We never use artificial preservatives, colors, flavors or hydrogenated fat. Unique biscuits lovingly crafted from the finest ingredients and hand baked in Fife, Scotland.

Handmade Porridge Oatcakes

We have worked very hard to develop what we think is the perfect cheese partner. Our delicious, handmade, porridge oatcakes are unique and just the right thickness to carry the cheese. Not too thick as to overwhelm and not too thin as to be lost.

We have pioneered the use of the porridge oat because it's fruitier and juicier than the traditional rolled oat. We think that this fresh, juicy characteristic adds something quite special you will not find it in any other oatcake.

(continued on page 102)

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
URBAN ACCENTS							
30998	URBANACC	DRYGLAZE ATHENIAN HERB	2 OZ	2.39	2.39	1.79	1.79
30994	URBANACC	DRYGLAZE CAYMAN CITRUS HEAT	2 OZ	2.39	2.39	1.79	1.79
30995	URBANACC	DRYGLAZE MANDARIN GINGER	2 OZ	2.39	2.39		
30996	URBANACC	DRYGLAZE MUMBAI HONEY PEPPER	2 OZ	2.39	2.39		
30997	URBANACC	DRYGLAZE PUEBLA MOLE	2 OZ	2.39	2.39	1.79	1.79
30992	URBANACC	DRYGLAZE SANTA FE BBQ	2 OZ	2.39	2.39	1.79	1.79
30993	URBANACC	DRYGLAZE VERMONT GRILL	2 OZ	2.39	2.39	1.79	1.79
30948	URBANACC	MULLING SPICE ROYAL TENT CARD	1.5 OZ	2.91	2.91		
30943	URBANACC	POPCORN SEASON CARAMEL CORN	3 OZ	3.17	3.17	2.69	2.69
30941	URBANACC	POPCORN SEASON DILL PICKLE	3 OZ	3.17	3.17		
30942	URBANACC	POPCORN SEASON SMOKEY CHIPOTLE	4 OZ	3.17	3.17		
30944	URBANACC	POPCORN SEASON SWEET & SALTY	5 OZ	3.17	3.17		
30940	URBANACC	POPCORN SEASON WHITE CHEDDAR	3 OZ	3.17	3.17		
31675	URBANACC	RUB BEEF & BURGER	1.5 OZ	2.29	2.29	1.69	1.69
31676	URBANACC	RUB CHICKEN & POULTRY	1.5 OZ	2.29	2.29	1.69	1.69
30965	URBANACC	RUB LUSCIOUS LAMB	1.25 OZ	2.51	2.51	1.75	1.75
30967	URBANACC	RUB PERFECT PORK	1.25 OZ	2.51	2.51		
31677	URBANACC	RUB PORK & BARBEQUE	1.5 OZ	2.29	2.29	1.69	1.69
30966	URBANACC	RUB TURKEY GOURMET GOBBLER	1.25 OZ	2.51	2.51		
30991	URBANACC	SPICE ARGENTINA STEAK RUB	2 OZ	4.29	4.29		
30981	URBANACC	SPICE CAJUN STREET	2.5 OZ	4.29	4.29	3.39	3.39
30983	URBANACC	SPICE CAPE COD GRILL & BOIL	3.5 OZ	4.29	4.29		
30990	URBANACC	SPICE CASBLNCA RAS EL HANOUT	1.9 OZ	4.59	4.59	3.44	3.44
30982	URBANACC	SPICE CHICAGO STEAK & CHOP	3.1 OZ	4.29	4.29		
30984	URBANACC	SPICE COAST TO COAST	2.7 OZ	4.29	4.29		
30961	URBANACC	SPICE CRANBERRY CRAVINGS	2 OZ	2.63	2.63	2.09	2.09
30980	URBANACC	SPICE FISHERMANS WHARF	2 OZ	4.29	4.29		
30962	URBANACC	SPICE GRAVY GOODNESS	1.25 OZ	2.63	2.63		
30986	URBANACC	SPICE HERB DE PROVENCE	.8 OZ	4.29	4.29		
30989	URBANACC	SPICE MESA ROSA CHIPOTLE	3.1 OZ	4.29	4.29		
30987	URBANACC	SPICE PUNJAB RED TANDOORI	2.9 OZ	4.29	4.29		
30985	URBANACC	SPICE ROMA	.8 OZ	4.29	4.29	2.99	2.99
30963	URBANACC	SPICE SUMPTUOUS STUFFING	2 OZ	2.65	2.65	1.85	1.85
30988	URBANACC	SPICE THAI GARDEN	2.2 OZ	4.29	4.29	3.65	3.65
30960	URBANACC	SPICE YUMMY YAMS	2 OZ	2.63	2.63		
VICTORIA GOURMET							
30331	VICTORIA	BRINING BLEND ASIAN	13.6 OZ	5.40	5.40		
30329	VICTORIA	BRINING BLEND SMOKY	12.9 OZ	5.40	5.40		
30330	VICTORIA	BRINING BLEND SPICY	12.6 OZ	5.40	5.40		
30328	VICTORIA	BRINING BLEND TRADITIONAL	12.7 OZ	5.40	5.40		
34927	VICTORIA	CINNAMON CHILE RUB s	4.7 OZ	5.15	5.15	2.99	2.99
34263	VICTORIA	GARLIC SLICES ROASTED	3.3 OZ	5.15	5.15		
32099	VICTORIA	PEPPERCORNS PEPPER MILL MIX	4.5 OZ	5.15	5.15		
32162	VICTORIA	PEPPERCORNS TELLICHERRY	5.7 OZ	5.85	5.85		
30333	VICTORIA	SEA SALT ANGLESEY Wales	5.6 OZ	7.50	7.50		
34028	VICTORIA	SEA SALT AUSTRALIAN FLAKE pink	4.4 OZ	7.50	7.50		
30335	VICTORIA	SEA SALT CELTIC grey Brittany	8 OZ	5.15	5.15		
30332	VICTORIA	SEA SALT TRAPANI Sicily	10 OZ	5.15	5.15		
34262	VICTORIA	SESAME TOASTED W/ GINGER	5.4 OZ	5.15	5.15		
34928	VICTORIA	SMKY PAPRIKA CHIPOTLE SEASON s	5.4 OZ	5.15	5.15		
HERBS & SEASONINGS - MISCELLANEOUS							
2507	BELLS	BELLS SEASONING	1 OZ BOX	2.55	2.55		
9013	BLUMTN	CURRY POWDER JAMAICAN	4 OZ	1.99	1.99		
32163	BULK	SAFFRON THREADS 1GR	1 GR	6.50	6.50		
34128	EMPERKIT	GARLIC CHOPPED ORG	4.5 OZ	2.40	2.40	1.80	1.80
34127	EMPERKIT	GARLIC PUREE ORG	4.5 OZ	2.40	2.40	1.80	1.80
34126	EMPERKIT	GARLIC ROASTED ORG	4.5 OZ	2.59	2.59	1.94	1.94
34124	EMPERKIT	GINGER CHOPPED ORG	4.5 OZ	2.40	2.40	1.80	1.80
34125	EMPERKIT	GINGER PUREE ORG	4.5 OZ	2.63	2.63	1.97	1.97
32195	GOLDN GAT	SAFFRON (4/0.125 gram caps)	.5 GR	3.97	3.97		
3120	JANES	KRAZY MIXED UP SALT	4 OZ	1.69	1.69		
4726	LACHINAT	PAPRIKA BITRSWT SMKD Spain	2.47 OZ	3.18	3.18		
4725	LACHINAT	PAPRIKA HOT SMKD Spain	2.47 OZ	3.18	3.18		
4724	LACHINAT	PAPRIKA SWEET SMKD Spain	2.47 OZ	3.18	3.18		
30025	LARS	ONIONS CRISPY	4 OZ	2.39	2.39	1.91	1.91
4334	LITTLEBE	SEASONINGS TACO	1.4 OZ	1.45	1.45		
33026	MALDON	PEPPERCORNS WHOLE ORG	1.4 OZ	5.00	5.00		
4732	MANCHA	SAFFRON Spanish	.8 GR JAR	9.99	9.99		
4395	MODERN	SPIKE SEASONING box	7 OZ	4.60	4.60		
4396	MODERN	SPIKE SEASONING box	14 OZ	8.40	8.40		
31174	PAIN IS	CHIPOTLE SEASONING	4.5 OZ	4.74	4.74		
4281	ROLAND	CORIANDER LEAVES MINCED jar	7 OZ	2.50	2.50		
1972	VOGELS	HERBAMARE SEASONING ORG	8.8 OZ	6.95	6.95		
1976	VOGELS	TROCOMARE SEASONING ORG	8.8 OZ	6.95	6.95		
9005	WALKWD	JERK SEASON PASTE s	10 OZ	3.89	3.89		
DRIED MUSHROOMS							
5882	D'ALLAS	MUSHROOM PORCINI EXTRA A	1 OZ BAG	2.98	2.98		
5878	D'ALLAS	MUSHROOM PORTABELLA SLICED	1 OZ BAG	4.04	4.04		
5881	D'ALLAS	MUSHROOM SHIITAKE	1 OZ BAG	1.78	1.78		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
15401	DYNASTY	MUSHROOM SHIITAKE	1 OZ	1.52	1.52		
30103	FUNGUS	MUSHROOMS CHANTERELLE ORG	1 OZ	5.70	5.70	4.84	4.84
33164	FUNGUS	MUSHROOMS MAITAKE ORG	.5 OZ	5.15	5.15	4.38	4.38
30104	FUNGUS	MUSHROOMS MEDLEY ORG	1 OZ	3.81	3.81	3.24	3.24
30105	FUNGUS	MUSHROOMS MOREL WILD	.5 OZ	8.69	8.69	7.39	7.39
30102	FUNGUS	MUSHROOMS PORCINI ORG	1 OZ	3.99	3.99	3.39	3.39
30101	FUNGUS	MUSHROOMS PORTABELLO ORG	.5 OZ	4.14	4.14	3.52	3.52
30100	FUNGUS	MUSHROOMS SHIITAKE ORG	1 OZ	4.29	4.29	3.65	3.65
33166	FUNGUS	MUSHROOMS WOODEAR	1 OZ	2.93	2.93	2.49	2.49
33248	OYS CRK	MUSHROOMS BLACK TRUMPET	.5 OZ	3.43	3.43		
8165	OYS CRK	MUSHROOMS CEPE/PORCINI	.75 OZ	3.53	3.53		
8166	OYS CRK	MUSHROOMS CHANTERELLES	.5 OZ	3.53	3.53		
8167	OYS CRK	MUSHROOMS MAINE WILD MIX	.75 OZ	3.53	3.53		
8169	OYS CRK	MUSHROOMS MOREL	.5 OZ	9.08	9.08		
8173	OYS CRK	MUSHROOMS SHIITAKE caps	.75 OZ	2.98	2.98		
33247	OYS CRK	MUSHROOMS SHIITAKE SLICED	.5 OZ	2.32	2.32		
33249	OYS CRK	MUSHROOMS WOODEAR	.5 OZ	2.07	2.07		
HERBS & SEASONINGS - SALT & SALT SUBSTITUTES							
39043	ALSOSALT	SALT SUB PACKETS sodium free	50 CT	2.36	2.36	1.99	1.99
3758	ALSOSALT	SALT SUBSTITUTE sodium free	2.5 OZ	4.00	4.00		
35110	ARORA	SEA SALT & PEPPER GRINDERS	SET	4.25	4.25		
71003	DAVES	6 SEA SALT MIX multi shaker	3.7 OZ	4.49	4.49		
31129	**DIAMOND**	**SALT KOSHER CRYSTAL**	**3#**	**2.10**	**2.10**	**1.89**	**1.89**
30326	EDEN	SEA SALT FRENCH FINE	14 OZ	4.05	4.05		
30327	EDEN	SEA SALT PORTUGUESE FINE	16 OZ	2.79	2.79		
80292	FLORDESAL	BLACK OLIVE SEA SALT	5.29 OZ	8.99	8.99		
80291	FLORDESAL	HIBISCUS SEA SALT	5.29 OZ	8.99	8.99		
80293	FLORDESAL	MEDIT HERBS SEA SALT	5.29 OZ	8.99	8.99		
80294	FLORDESAL	SRI LANKA SEA SALT	5.29 OZ	8.99	8.99		
33346	HIMALASALT	SEA SALT & PEP TRAVEL SET ORG	3.5 OZ	4.35	4.35	2.55	2.55
33345	HIMALASALT	SEA SALT & PEPPER GRINDERS ORG	10 OZ	9.06	9.06		
33162	HIMALASALT	SEA SALT HIMALAYAN CRMIC GRNDR	2.8 OZ	14.84	14.84		
33144	HIMALASALT	SEA SALT HIMALAYAN FINE SHAKER	6 OZ	5.08	5.08		
33161	HIMALASALT	SEA SALT HIMALAYAN MINI GRINDR	4 OZ	5.60	5.60		
33198	HIMALASALT	SEA SALT HIMALAYAN refill FT	7 OZ	6.66	6.66		
34656	HIMALASALT	SEA SALT ZEN CUBE W/GRATER	11 OZ	11.40	11.40		
31128	LA BALNE	SEA SALT COARSE France	12/26 OZ	3.29	39.48		
31127	LA BALNE	SEA SALT FINE France	12/26 OZ	3.29	39.48		
6341	LIMA	SEA SALT ATLANTIC SHAKER	7.05 OZ	3.63	3.63		
9926	MAINESEA	SEA SALT APPLE WD SMKD GRINDER	4 OZ	5.50	5.50		
9923	MAINESEA	SEA SALT DULSE GRINDER	4 OZ	4.00	4.00		
9920	MAINESEA	SEA SALT GARLIC GRINDER	4 OZ	4.00	4.00		
9930	MAINESEA	SEA SALT GARLIC jar	5.5 OZ	4.00	4.00		
9924	MAINESEA	SEA SALT HERB GRINDER	4 OZ	4.00	4.00	3.40	3.40
9925	MAINESEA	SEA SALT HICKORY SMKD GRINDER	4 OZ	5.50	5.50		
9919	MAINESEA	SEA SALT HICKORY SMKD jar	6 OZ	5.50	5.50		
9921	MAINESEA	SEA SALT LEMON GRINDER	4 OZ	4.00	4.00		
9929	MAINESEA	SEA SALT LEMON jar	5.5 OZ	4.00	4.00		
6617	MAINESEA	SEA SALT MAINE coarse bag	8 OZ	3.59	3.59		
6616	MAINESEA	SEA SALT MAINE jar	6 OZ	3.99	3.99		
9918	MAINESEA	SEA SALT NATURAL coarse bag	16 OZ	6.86	6.86		
9927	MAINESEA	SEA SALT NATURAL GRINDER	4 OZ	4.00	4.00		
9922	MAINESEA	SEA SALT PEPPER GRINDER	4 OZ	4.00	4.00		
32172	MALDON	SEA SALT CRYSTAL England	8.5 OZ	4.60	4.60		
2163	MALDON	SEA SALT CRYSTAL England	12/8.5 OZ	4.33	51.96		
34608	MALDON	SEA SALT SMOKED England	125 G	3.67	3.67		
21122	MATIZ	FLOR DE SAL Spain	4.4 OZ	8.37	8.37		
21124	MATIZ	SEA SALT SMOKED Spain	4.4 OZ	7.97	7.97		
21123	MATIZ	SEA SALT WITH HERBS Spain	4.4 OZ	7.97	7.97	4.99	4.99
41152	PACIF SALT	SEA SALT SHAKER COARSE ORG	16 OZ	4.03	4.03		
41151	PACIF SALT	SEA SALT SHAKER FINE ORG	16 OZ	4.03	4.03		
1245	ROLAND	SEA SALT CANNISTER COARSE	12/26 OZ	2.15	25.80		
1244	ROLAND	SEA SALT CANNISTER FINE	12/26 OZ	2.15	25.80		
30316	TIDMANS	ROCK SALT COARSE	500 GR	2.98	2.98		
30968	URBANACC	SEA SALT GINGER SZECHWAN	5 OZ	3.99	3.99		
30999	URBANACC	SEA SALT ISLE OF CAPRI	5 OZ	3.99	3.99	2.99	2.99
30959	URBANACC	SEA SALT MANGO MASALA	5 OZ	3.99	3.99		
30969	URBANACC	SEA SALT SPANISH SMOKED	5 OZ	3.99	3.99		
NUT & SEED BUTTERS							
33583	ARTISANA	ALMOND BUTR ORG RAW sqz pk	10/1 OZ	1.46	14.60		
31213	ARTISANA	ALMOND BUTTER ORG RAW	16 OZ	11.10	11.10		
33279	ARTISANA	ALMOND BUTTER ORG RAW	8 OZ	7.15	7.15		
33584	ARTISANA	CACAO BLISS ORG RAW sqz pk	10/1 OZ	1.46	14.60		
33590	ARTISANA	CACAO BUTTER ORG RAW brick	1.8 OZ	4.72	4.72		
33582	ARTISANA	CASHEW BUTR ORG RAW sqz pk	10/1 OZ	1.46	14.60		
31210	ARTISANA	CASHEW BUTTER ORG RAW	16 OZ	11.35	11.35		
31209	ARTISANA	CASHEW BUTTER ORG RAW	8 OZ	7.60	7.60		
33581	ARTISANA	CASHINI BUTR ORG RAW sqz pk	10/1 OZ	1.46	14.60	1.31	13.10

Diamond Crystal

Diamond Crystal *Kosher Salt*

For years, professional chefs and gourmet cooks have acclaimed this world-class salt. Renowned for its distinct, coarse texture, the natural flake crystals can be crumbled between fingertips for perfect, controlled seasoning.

It offers great adherence, sticking easily to food. It is additive-free. And, with its excellent blendability, consistency, and natural burst of flavor, it's even endorsed by the American Culinary Federation.

No other kosher salt is like it.

Ingredients: Salt

Item #31129 - 3#

Handmade Porridge Oatcakes
continured

Delicious Handmade Oatcakes from the Kingdom of Fife, Scotland.

Our handmade oatcakes are shrink-wrapped and packed in a rigid container so that you receive them in the best possible condition. The tube is recyclable and reusable.

We hope you enjoy these little fellas, try them with crumbly Anster cheese and some fresh figs. Delicious!

Ingredients: Flaked oats, skimmed milk, vegetable shortening, wheat flour, soft brown sugar, baking soda, salt, cream powder.

Item #31970

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
NUT & SEED BUTTERS - cont.							
32148	ARTISANA	COCONT BTR CACAO BLISS ORG	8 OZ	7.25	7.25	5.80	5.80
33580	ARTISANA	COCONUT BUTR ORG RAW sqz pk	10/1 OZ	1.46	14.60	1.31	13.10
31208	ARTISANA	COCONUT BUTTER ORG RAW	16 OZ	8.50	8.50	6.80	6.80
33278	ARTISANA	COCONUT BUTTER ORG RAW	8 OZ	5.65	5.65	4.52	4.52
33588	ARTISANA	COCONUT OIL ORG RAW sqz pk	10/1 OZ	1.46	14.60	1.31	13.10
33587	ARTISANA	MACADAMIA BUTR ORG RAW sqz pk	10/1 OZ	1.46	14.60	1.31	13.10
5214	ARTISANA	MACADAMIA/CASHEW BTR ORG RAW	8 OZ	10.00	10.00		
33586	ARTISANA	PECAN BUTR ORG RAW sqz pk	10/1 OZ	1.46	14.60	1.31	13.10
5223	ARTISANA	PECAN BUTTER ORG RAW w/cashew	8 OZ	8.35	8.35		
33591	ARTISANA	SATTVA ALMOND BTR LT RST ORG	16 OZ	9.96	9.96	8.96	8.96
33593	ARTISANA	SATTVA CASHEW BTR LT RST ORG	16 OZ	10.75	10.75	6.75	6.75
33592	ARTISANA	SATTVA TAHINI BTR LT RST ORG	16 OZ	10.69	10.69	7.99	7.99
31211	ARTISANA	TAHINI ORG RAW	16 OZ	8.00	8.00		
33589	ARTISANA	TAHINI ORG RAW sqz pk	10/1 OZ	1.46	14.60		
33585	ARTISANA	WALNUT BUTR ORG RAW sqz pk	10/1 OZ	1.46	14.60		
5215	ARTISANA	WALNUT BUTTER ORG RAW w/cashew	8 OZ	8.35	8.35		
32431	CREAMNUT	PEANUT BUTTER CRNCHY w/salt VA	16.5 OZ	4.47	4.47		
32432	CREAMNUT	PEANUT BUTTER SMOOTH w/salt	60 OZ	13.69	13.69		
32430	CREAMNUT	PEANUT BUTTER SMOOTH w/salt VA	17 OZ	4.47	4.47		
3767	IMHEALTH	SOY NUT BUTTER CREAMY s	15 OZ	4.49	4.49		
7350	ONCEAG	ALMOND BUTTER CRNCH N/S	16 OZ	7.10	7.10	5.33	5.33
32341	ONCEAG	ALMOND BUTTER OMEGA 3 SMTH ORG	16 OZ	9.95	9.95	7.46	7.46
7327	ONCEAG	ALMOND BUTTER RAW ORG SMOOTH	16 OZ	9.95	9.95	7.46	7.46
7351	ONCEAG	ALMOND BUTTER SMTH N/S	16 OZ	7.10	7.10	5.33	5.33
32343	ONCEAG	ALMOND BUTTER SMTH OMEGA3 NAT	16 OZ	7.10	7.10	5.33	5.33
7341	ONCEAG	CASHEW BUTTER N/S	16 OZ	7.10	7.10		
32138	ONCEAG	CASHEW BUTTER ORG	16 OZ	8.99	8.99		
7328	ONCEAG	PEANUT BTR AMER CRNCHY ORG s	16 OZ	4.20	4.20	3.15	3.15
7326	ONCEAG	PEANUT BUTTER AMER SMOOTH ORG	16 OZ	4.20	4.20	3.15	3.15
7303	ONCEAG	PEANUT BUTTER CRNCH N/S	16 OZ	3.20	3.20		
7305	ONCEAG	PEANUT BUTTER CRNCH SALTED	16 OZ	3.20	3.20		
32342	ONCEAG	PEANUT BUTTER OMEGA 3 SMTH ORG	16 OZ	4.20	4.20		
7304	ONCEAG	PEANUT BUTTER SMTH N/S	16 OZ	3.20	3.20		
7307	ONCEAG	PEANUT BUTTER SMTH SALTED	16 OZ	3.20	3.20		
7306	ONCEAG	PEANUT BUTTER VAL ORG CRNCH N/	16 OZ	4.20	4.20		
7310	ONCEAG	PEANUT BUTTER VAL ORG SMTH N/S	16 OZ	4.20	4.20		
31105	ONCEAG	SUNFLOWER BUTTER R/S ORG s	16 OZ	4.35	4.35		
39072	PB & CO	PB BEES KNEES sqz pk s	10/1.15 OZ	6.60	6.60		
39071	PB & CO	PB DK CHOC DREAM sqz pk s	10/1.15 OZ	6.60	6.60		
39070	PB & CO	PB SMOOTH OPERATOR sqz pk s	10/1.15 OZ	6.60	6.60		
39014	PB & CO	PNUT BUTTER BEES KNEE	16 OZ	3.95	3.95		
3929	PB & CO	PNUT BUTTER CINN RAISIN SWIRLs	16 OZ	3.95	3.95		
3932	PB & CO	PNUT BUTTER CRUNCH TIME	16 OZ	3.19	3.19		
3934	PB & CO	PNUT BUTTER DARK CHOCOLATE s	16 OZ	3.95	3.95		
3930	PB & CO	PNUT BUTTER HEAT IS ON spicy	16 OZ	3.95	3.95		
39015	PB & CO	PNUT BUTTER MIGHTY MAPLE	16 OZ	3.95	3.95		
3931	PB & CO	PNUT BUTTER SMOOTH OPERATOR	16 OZ	3.19	3.19		
3933	PB & CO	PNUT BUTTER WHITE CHOCOLATE s	16 OZ	3.95	3.95		
32136	SIMPLE	SOYNUT BUTTER CHOCOLATE ORG	9 OZ	4.31	4.31	3.19	3.19
32134	SIMPLE	SOYNUT BUTTER CINN SUGAR ORG	9 OZ	3.60	3.60	2.88	2.88
32121	SIMPLE	SOYNUT BUTTER NO SUG/SALT ORG	16 OZ	5.80	5.80	4.93	4.93
32122	SIMPLE	SOYNUT BUTTER NO SUG/SALT ORG	9 OZ	3.60	3.60	2.88	2.88
32117	SIMPLE	SOYNUT BUTTER SEA SALT ORG	16 OZ	5.80	5.80	4.93	4.93
32120	SIMPLE	SOYNUT BUTTER SLIGHT SWEET ORG	9 OZ	3.60	3.60	2.88	2.88
2162	SUPERIOR	PEANUT BUTTER CHUNKY no salt	2.5#	6.95	6.95		
1174	SUPERIOR	PEANUT BUTTER CHUNKY w/salt	2.5#	6.95	6.95		
1333	SUPERIOR	PEANUT BUTTER SMOOTH no salt	2.5#	6.95	6.95		
1173	SUPERIOR	PEANUT BUTTER SMOOTH w/salt	2.5#	6.95	6.95		
32434	SWTELLA	PEANUT BUTTER CRUNCHY ORG salt	12.5 OZ	4.40	4.40	3.52	3.52
32433	SWTELLA	PEANUT BUTTER SMOOTH ORG salt	13 OZ	4.40	4.40	3.52	3.52
NUTS & SEEDS, PACKAGED							
31881	ALMA	PIGNOLIA PINE NUTS raw	9.5 OZ	17.75	17.75		
31880	ALMA	PIGNOLIA PINE NUTS raw	3.5 OZ	6.76	6.76		
31747	AURORA	ALMONDS MARCONA RSTD lite salt	8.25 OZ	7.13	7.13		
31772	AURORA	ALMONDS ORG raw	9.5 OZ	5.33	5.33		
31773	AURORA	ALMONDS ORG rstd no salt	9.5 OZ	5.68	5.68		
31774	AURORA	ALMONDS ORG rstd w/salt	9.5 OZ	5.68	5.68		
31724	AURORA	ALMONDS raw	9.5 OZ	4.10	4.10		
31738	AURORA	ALMONDS RSTD no salt	9.5 OZ	4.10	4.10		
31746	AURORA	ALMONDS TAMARI salted	10 OZ	4.10	4.10		
31775	AURORA	CASHEWS ORG raw	9 OZ	5.54	5.54		
31776	AURORA	CASHEWS ORG rstd no salt	9 OZ	5.66	5.66		
31777	AURORA	CASHEWS ORG rstd w/salt	9 OZ	5.25	5.25		
31725	AURORA	CASHEWS RAW	9 OZ	4.83	4.83		
31739	AURORA	CASHEWS rstd no salt	9 OZ	5.23	5.23		
31788	AURORA	CORN NUTS ROASTED W/SALT	6.5 OZ	2.20	2.20		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
31778	AURORA	HAZELNUTS ORG	9 OZ	5.30	5.30		
31727	AURORA	HAZELNUTS raw	9 OZ	4.67	4.67		
31726	AURORA	MACADAMIA raw	8 OZ	7.40	7.40		
31740	AURORA	MIXED NUTS n/s	9 OZ	4.16	4.16		
31741	AURORA	PEANUTS n/s	10 OZ	2.44	2.44		
31779	AURORA	PECANS ORG raw	7 OZ	6.81	6.81		
31728	AURORA	PECANS raw	7 OZ	5.00	5.00		
31780	AURORA	PEPITAS ORG raw	10 OZ	4.55	4.55		
31742	AURORA	PISTACHIO MEAT n/s	9 OZ	8.33	8.33		
31731	AURORA	PISTACHIO MEAT raw	9 OZ	8.20	8.20		
31785	AURORA	SOYBEANS rstd n/s	8 OZ	1.82	1.82	1.24	1.24
31784	AURORA	SOYBEANS rstd salted	8 OZ	1.82	1.82	1.23	1.23
31743	AURORA	SUNFLOWER SEEDS n/s	9.5 OZ	2.44	2.44	1.67	1.67
31782	AURORA	SUNFLOWER SEEDS ORG raw	9.5 OZ	2.51	2.51		
31732	AURORA	SUNFLOWER SEEDS raw	9.5 OZ	2.45	2.45		
31783	AURORA	WALNUTS ORG raw	7 OZ	4.80	4.80		
31733	AURORA	WALNUTS raw	6.5 OZ	3.60	3.60		
31178	BAZZINI	CASHEWS JUMBO salted	11 OZ TIN	6.76	6.76		
31182	BAZZINI	MIXED NUTS W/PEANUT salted	11 OZ TIN	6.15	6.15		
31183	BAZZINI	PEANUTS salted	12 OZ TIN	3.02	3.02		
31184	BAZZINI	PISTACHIOS RAMS HEAD bag	16 OZ	8.65	8.65		
32566	BROOKFRM	MACADAMIA NUTS RSTD BUSH PEPR	3.5 OZ	5.31	5.31		
32567	BROOKFRM	MACADAMIA NUTS RSTD KSHMR CHLI	3.5 OZ	5.31	5.31		
32565	BROOKFRM	MACADAMIA NUTS RSTD SEA SALT	3.6 OZ	5.31	5.31		
39042	EDEN	PISTACHIOS SHELED ORG dry rst	4 OZ	5.39	5.39		
31314	EDEN	PUMPKIN SEEDS ORG dry rst salt	4 OZ	2.50	2.50		
31315	EDEN	PUMPKIN SEEDS ORG spicy	4 OZ	2.55	2.55		
31310	EDEN	TAMARI ALMONDS ORG	4 OZ	4.64	4.64		
32523	ELFOODS	BRAZIL NUTS WILD ORG raw vg	8 OZ	4.44	4.44		
32513	ELFOODS	PEANUTS WILD JUNGLE ORG	8 OZ	3.97	3.97		
32524	ELFOODS	PECANS MAMTH HALVES ORG vg	8 OZ	5.86	5.86		
31419	FASTACHI	MIX CRANBERRY NUT k	7 OZ	4.44	4.44		
31422	FASTACHI	MIX EXTRA NUTTY	6.5 OZ	4.59	4.59		
31423	FASTACHI	MIX SUPER NUT k	7 OZ	5.72	5.72		
34996	HUBS	PEANUTS REDSKIN salted	20 OZ	8.69	8.69		
34992	HUBS	PEANUTS REDSKIN salted	12 OZ	4.52	4.52		
34997	HUBS	PEANUTS salted	20 OZ	8.69	8.69		
34995	HUBS	PEANUTS SALTED	12 OZ	4.52	4.52		
34993	HUBS	PEANUTS SINGLE SERVE salted	20/1 OZ	.38	7.60		
34994	HUBS	PEANUTS unsalted	12 OZ	4.52	4.52		
34998	HUBS	PEANUTS unsalted	20 OZ	8.69	8.69		
41275	MAISIEJ	ALMONDS CINNAMON GLAZED s	2.5 OZ	2.63	2.63		
41274	MAISIEJ	ALMONDS HONEY GLAZED ORG	2.5 OZ	3.43	3.43		
41278	MAISIEJ	ALMONDS TAMARI	2.5 OZ	2.63	2.63		
41273	MAISIEJ	ALMONDS TAMARI ORG	2.5 OZ	3.43	3.43	2.57	2.57
41280	MAISIEJ	CASHEWS CURRY SPICED ORG	2.5 OZ	3.43	3.43		
41281	MAISIEJ	CASHEWS HONEY GLAZED ORG	2.5 OZ	3.43	3.43		
41279	MAISIEJ	CASHEWS NATURAL ORG	2.5 OZ	3.43	3.43		
21121	MATIZ	CHESTNUTS ORGANIC Spain raw	7.05 OZ	6.40	6.40		
31267	ROLAND	CHESTNUTS MARRONS rst peeled	7.4 OZ	8.50	8.50		
31268	ROLAND	CHESTNUTS MARRONS rst/peeled	14.8 OZ	10.75	10.75		
10074	SPROUT	SEEDS SPRTNG BROCCOLI BLND ORG	8 OZ	7.95	7.95		
10073	SPROUT	SEEDS SPRTNG DAIKON RADISH ORG	8 OZ	4.70	4.70		
10077	SPROUT	SEEDS SPRTNG FRENCH LENTIL ORG	12 OZ	4.75	4.75		
10075	SPROUT	SEEDS SPRTNG RED CLOVER ORG	8 OZ	5.35	5.35		
10071	SPROUT	SEEDS SPRTNG SALAD MIX ORG	8 OZ	6.00	6.00		
10076	SPROUT	SEEDS SPRTNG SUNFLOWER ORG	6 OZ	5.35	5.35		
10072	SPROUT	SEEDS SPRTNG WHEATGRASS ORG	32 OZ	7.99	7.99		
10066	SPRTALMD	ALMONDS SPROUTED	4.8 OZ	4.13	4.13		
35569	SUPRSEED	PUMPKIN SEEDS RSTD 'BIT SPICY	6 OZ	3.57	3.57		
35567	SUPRSEED	PUMPKIN SEEDS RSTD CINN&SUGR s	6 OZ	3.57	3.57		
35568	SUPRSEED	PUMPKIN SEEDS RSTD CURRY	6 OZ	3.75	3.75		
35566	SUPRSEED	PUMPKIN SEEDS RSTD SEA SALT	6 OZ	3.57	3.57		
5756	TOMEI	CHESTNUTS ROASTED PEELED China	3.6 OZ	1.65	1.65		
41565	WILLNROS	ALMONDS SOAKD SLWDRIED sea slt	6/2 OZ	2.69	16.14		
41566	WILLNROS	ALMONDS SOAKD SLWDRIED sea slt	6 OZ	5.70	5.70		
41567	WILLNROS	HAZELNTS SOAKD SLWDRED sea slt	6/2 OZ	2.69	16.14	1.99	11.94
41568	WILLNROS	HAZELNUTS SOAK S DRIED sea slt	6 OZ	5.70	5.70		
41569	WILLNROS	PECANS SOAKD SLWDRIED sea slt	6/2 OZ	2.69	16.14	2.29	13.74
41570	WILLNROS	PECANS SOAKD SLWDRIED sea slt	6 OZ	5.70	5.70		
41571	WILLNROS	PUMPKN SDS SOKD SDRIED sea slt	6/2 OZ	1.99	11.94		
41572	WILLNROS	PUMPKN SDS SOKD SDRIED sea slt	6 OZ	3.56	3.56		
41573	WILLNROS	SUNFLWR SD SOKD SDRIED sea slt	6/2 OZ	1.99	11.94	1.49	8.94
41574	WILLNROS	SUNFLWR SDS SOKD SDRIED salt	6 OZ	3.56	3.56		
41575	WILLNROS	WALNUTS SOAKD SLWDRIED sea slt	6/2 OZ	2.69	16.14		
41576	WILLNROS	WALNUTS SOAKD SLWDRIED sea slt	6 OZ	5.70	5.70		

Hubs & Kisses

Available for Valentine's in Salted, Unsalted, or Redskins

Hubs Salted Peanuts
12oz #34995 / 20oz #34997

Gluten Free

Hubs UnSalted Peanuts
12oz #34994 / 20oz #34998

Kosher Certified

Hubs Redskin Peanuts
12oz #34992 / 20oz #34996

All Natural Ingredients

Welcome to **Natural Nectar**

The Essence of Natural Products

Natural Nectar… a growing line of all natural products created to enhance your life flavorfully, sustainably, conscientiously and ecologically. Harvesting wholesome essential ingredients from the Earth and crafting them into high quality products is the hallmark of our brand… and our commitment to our customers.

The **Natural Nectar** brand -- which traces its roots back to the early days of the natural product industry -- has been reborn. Today, the beautifully updated **Natural Nect**ar logo can be found on many exciting new products with many more to follow.

Our strong commitment to a brand that helped define the natural foods market can be found in the premium ingredients we use, our pledge to utilize ecological packaging solutions, our support of sustainable development, and our dedication to bringing a wide range of innovative and healthy products to your local stores.

Since the early 90s our parent company, **Breton Enterprises**, has paved the way with innovative food and personal care products that changed the way we think about healthy living.

Having created hundreds of top selling private label products across many categories, Breton brings a talented team of natural product professionals together with a common goal -- sourcing the globe to bring high quality, intensely flavorful products to your local market.

-Crackers
-Cookies
-Snacks
-Belgian Cocoa Spreads
-Peanut Butter Cups

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
OILS							
32207	BOYAJIAN	OIL ASIAN CHILI	5 OZ	1.91	1.91		
32206	BOYAJIAN	OIL PEANUT	5 OZ	2.80	2.80		
32209	BOYAJIAN	OIL SPICY SESAME	5 OZ	3.75	3.75		
32208	BOYAJIAN	OIL TOASTED SESAME	5 OZ	3.75	3.75		
32557	BROOKFRM	OIL MACADAMIA LEMON MYRTLE k	8.5 OZ	10.23	10.23		
32558	BROOKFRM	OIL MACADAMIA LIME CHILLI k	8.5 OZ	10.23	10.23	9.21	9.21
32556	BROOKFRM	OIL MACADAMIA NATURAL k	8.5 OZ	10.23	10.23		
6382	EDEN	SAFFLOWER OIL High Oleic ORG	16 OZ	5.69	5.69		
6381	EDEN	SESAME OIL ORG	16 OZ	8.15	8.15		
32400	GOOD	OIL HEMP GOOD ORIGINAL	8.5 OZ	7.10	7.10		
32402	GOOD	OIL HEMP GOOD ORIGINAL	16.9 OZ	11.59	11.59		
6080	HAIN	CANOLA OIL	32 OZ	5.65	5.65		
6076	HAIN	SUNFLOWER OIL	32 OZ	6.69	6.69		
1077	KADOYA	SESAME OIL TOASTED	11 OZ	5.35	5.35		
1177	KADOYA	SESAME OIL TOASTED	5.5 OZ	3.39	3.39		
1078	KADOYA	SESAME OIL TOASTED hot	5.5 OZ	3.69	3.69		
1326	LA TOUR	OIL COCONUT VIRGN UNREFIND ORG	14 OZ	6.06	6.06		
1334	LA TOUR	OIL GRAPESEED tin	500 ML	5.40	5.40		
1331	LA TOUR	OIL ROASTED ALMOND tin	500 ML	9.00	9.00		
41285	LA TOUR	OIL ROASTED HAZELNUT tin	250 ML	4.74	4.74		
1325	LA TOUR	OIL ROASTED HAZELNUT tin	500 ML	9.00	9.00		
1313	LA TOUR	OIL ROASTED WALNUT tin	500 ML	6.50	6.50		
41086	LA TOUR	OIL SUNFLOWER ORG tin	500 ML	4.75	4.75		
30592	LA TOUR	OIL TOASTED SESAME tin	500 ML	7.50	7.50		
33510	MAINENT	OIL CANOLA non-gmo unfiltered	375 ML	4.67	4.67		
33511	MAINENT	OIL MUSTARD SEED non-gmo unflt	375 ML	6.33	6.33		
34381	MARCONI	OIL CANOLA ORG	17 OZ	4.39	4.39		
41154	MARCONI	OIL SOYBEAN ORG	17 OZ	4.40	4.40		
41153	MARCONI	OIL SUNFLOWER ORG	17 OZ	5.30	5.30		
30308	MASPORTE	ARGAN OIL	8.5 OZ	17.93	17.93		
70172	NUTIVA	COCONUT OIL ORG	15 OZ	12.22	12.22		
70173	NUTIVA	COCONUT OIL ORG	29 OZ	17.94	17.94		
4629	ROLAND	AVOCADO OIL tin	8.5 OZ	6.59	6.59		
4705	ROLAND	PUMPKIN SEED OIL tin	8.5 OZ	11.95	11.95		
33219	SAM MILLS	CORN OIL EXTRA VIRGIN	17 OZ	4.45	4.45		
33220	SAM MILLS	CORN OIL EXTRA VIRGIN	33.8 OZ	6.55	6.55		
3703	SPECTRM	ALMOND OIL refined	16 OZ	8.75	8.75		
2293	SPECTRM	PEANUT OIL unrefined	16 OZ	6.80	6.80		
1243	SPECTRM	WALNUT OIL RFND	16 OZ	5.61	5.61		
34221	TERRAMED	SESAME OIL EXTRA VIRGIN	8.5 OZ	5.38	5.38	4.30	4.30
6535	TUSCAN	GRAPESEED OIL	1 LTR	5.99	5.99		
OLIVE OILS							
6008	ARIA	OLIVE OIL EXTRA VIRGIN ORGANIC	500 ML	10.07	10.07		
6005	ARIA	OLIVE OIL XTRA VIRGIN Greek	500 ML	8.07	8.07		
1095	ATHENA	OLIVE OIL X-VIRGIN Greek	1 LITER	11.50	11.50		
15260	BIONAT	OLIVE OIL X-VIRGIN ORG Italy	17 OZ	10.50	10.50		
15289	BIONAT	OLIVE OIL X-VIRGIN ORG Italy	25.4 OZ	14.50	14.50		
1197	COLAVIT	OLIVE OIL X-VIRGIN	17 OZ	8.20	8.20		
1198	COLAVIT	OLIVE OIL X-VIRGIN	34 OZ	16.00	16.00		
31526	DAMORG	OLIVE OIL X VIRGIN ORG Portugl	16.9 OZ	13.56	13.56		
31525	DAMORG	OLIVE OIL X VIRGIN Portugal	16.9 OZ	10.35	10.35		
6641	DIVINA	OLIVE OIL X-VIRGIN Greek	500ML	8.29	8.29		
32518	ELFOODS	OLIVE OIL UNFLTRD LVING ORG vg	250 ML	6.94	6.94		
41611	GRIGNANO	OLIVE OIL EV ORG Italy	17 OZ	15.33	15.33	12.99	12.99
41610	LAGODIGA	OLIVE OIL EV ORG Italy	17 OZ	15.33	15.33	11.99	11.99
40301	LAS 200	OLIVE OIL EV ARBEQUINA Chilean	500 ML	6.88	6.88		
40300	LAS 200	OLIVE OIL EV PICUAL Chilean	500 ML	6.88	6.88		
41524	LESMOULIN	OLIVE OIL EV ORG Tunisia	370 ML	7.21	7.21		
41525	LESMOULIN	OLIVE OIL EV ORG Tunisia	1 LTR	14.76	14.76		
34382	MARCONI	OLIVE OIL XV ORG	17 OZ	5.99	5.99		
4727	MASPORTE	OLIVE OIL X-VIRGIN ORG	17 OZ	8.45	8.45		
34761	MASTRIDI	OLIVE OIL EV DUE SICILIE	16.9 OZ	11.79	11.79		
34762	MASTRIDI	OLIVE OIL EV RESERVA	16.9 OZ	15.00	15.00		
41523	MERULA	OLIVE OIL EV tin Spain	500 ML	10.58	10.58	8.99	8.99
35429	MIG&VAL	OLIVE OIL EV ARBEQUINA D.O.	17 OZ	8.49	8.49		
35430	MIG&VAL	OLIVE OIL SMOKED	8.5 OZ	8.70	8.70		
6006	MINOA	OLIVE OIL XVIRGIN BLEND medit	500 ML	4.93	4.93		
22111	OLEUMVIR	OLIVE OIL XTRA VIRGIN ORG	17 OZ	17.33	17.33		
4715	PONS	OIL OLIVE EXTRA VIRG ORG Spain	17 OZ	5.96	5.96		
6903	PONS	OLIVE OIL X-VIRGIN ORG ARBEQNA	16 OZ	16.50	16.50		
4720	PONS	OLIVE OIL X-VIRGIN Spain	34 OZ	12.88	12.88		
4722	PONS	OLIVE OIL X-VIRGIN Spain	17 OZ	5.95	5.95		
30055	PRIMO	OLIVE OIL X-VIRG Italy D.O.P.	25.4 OZ	22.40	22.40	16.80	16.80
30060	PRIMO	OLIVE OIL X-VIRG ORG Italy	17 OZ	18.55	18.55		
41640	PRIORATN	OLIVE OIL EXTRA VIRGIN	350 ML	14.62	14.62	12.43	12.43
34401	RACCONTO	OLIVE OIL EXTRA VIRGIN Italy	16.9 OZ	6.05	6.05	4.54	4.54
34400	RACCONTO	OLIVE OIL EXTRA VIRGIN Italy	33.8 OZ	8.75	8.75	6.56	6.56

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
31527	RANIERIS	OLIVE OIL X VIRGIN Crete	16.9 OZ	8.39	8.39		
35372	SAIFAN	OLIVE OIL X-VIRGIN Lebanon	28.5 OZ	9.75	9.75		
35371	SAIFAN	OLIVE OIL X-VIRGIN Lebanon	16.4 OZ	5.29	5.29		
32562	SANTACHI	OIL OLIVE EVOO TAGGIASCA gold	500 ML	16.79	16.79	12.59	12.59
32560	SANTACLA	OIL OLIVE EVOO blue bottle	250 ML	9.92	9.92		
32561	SANTACLA	OIL OLIVE EVOO blue bottle	500 ML	14.60	14.60		
2265	SPECTRM	OLIVE OIL X-VIR ORG Mediterran	33.8 OZ	16.25	16.25		
2684	SPECTRM	OLIVE OIL X-VIRGIN ORG	25.4 OZ	14.40	14.40		
34208	TERRAMED	OLIVE OIL X-V Greece	17 OZ	10.71	10.71	8.57	8.57
34209	TERRAMED	OLIVE OIL X-V ORG Greece	17 OZ	11.97	11.97	9.58	9.58
31522	UNIO	OLIVE OIL EV DO SIURANA Spain	25.4 OZ	11.95	11.95		
6644	UNIO	OLIVE OIL X-VIRGIN Spain	500ML	8.97	8.97		
30673	YELLING	OLIVE OIL EV LIMITED Australia	500 ML	15.85	15.85	10.99	10.99
OILS, FLAVORED & SPRAYS							
34659	BOYAJIAN	OIL WASABI natural	8 OZ	2.90	2.90		
32199	BOYAJIAN	OLIVE OIL BASIL	5 OZ	3.75	3.75		
32200	BOYAJIAN	OLIVE OIL BLACK PEPPER	5 OZ	3.75	3.75		
32197	BOYAJIAN	OLIVE OIL GARLIC	5 OZ	3.75	3.75		
32236	BOYAJIAN	OLIVE OIL HABANERO	8 OZ	5.00	5.00		
32239	BOYAJIAN	OLIVE OIL HRBS DE PROV DIPPING	8 OZ	5.00	5.00		
32238	BOYAJIAN	OLIVE OIL ITALIAN HERB DIPPING	8 OZ	5.00	5.00		
32235	BOYAJIAN	OLIVE OIL JALAPENO	8 OZ	5.00	5.00		
32201	BOYAJIAN	OLIVE OIL LEMON PEPPER	5 OZ	3.75	3.75		
34337	BOYAJIAN	OLIVE OIL MINI gar/basil/lem p	BOX	4.78	4.78		
32237	BOYAJIAN	OLIVE OIL MOROCCAN BLND DIPNG	8 OZ	5.00	5.00		
32205	BOYAJIAN	OLIVE OIL OREGANO	8 OZ	5.00	5.00		
32198	BOYAJIAN	OLIVE OIL ROASTED CHILI	5 OZ	3.75	3.75		
32202	BOYAJIAN	OLIVE OIL ROSEMARY	5 OZ	3.75	3.75		
32204	BOYAJIAN	OLIVE OIL SCALLION	8 OZ	5.00	5.00		
34672	CROOKEDB	DIP OIL RED PEPPER & GARLIC	12 OZ	5.47	5.47		
34673	CROOKEDB	DIP OIL SUN DRTOM & RSTD GRLIC	12 OZ	5.47	5.47		
35585	EUROSPRM	MISTER XVIRGIN OLIVE OIL spain	7 OZ	4.99	4.99		
34535	LA TOUR	OIL BLACK TRUFFLE INFUSED	250 ML	11.79	11.79		
34536	LA TOUR	OIL WHITE TRUFFLE INFUSED	250 ML	11.67	11.67		
31190	MASPORTE	OLIVE OIL CLEMENTINE ZEST	8.5 OZ	9.55	9.55		
35165	MASPORTE	OLIVE OIL EV PIZZOLIO	17OZ	7.49	7.49		
35164	MASPORTE	OLIVE OIL EV ROSEMARY	8.5OZ	8.88	8.88	7.55	7.55
35163	MASPORTE	OLIVE OIL EXTRA VIRGIN & BASIL	8.5OZ	8.88	8.88		
5236	MASPORTE	OLIVE OIL GARLIC X-VIRGIN	8.5 OZ	8.88	8.88		
31189	MASPORTE	OLIVE OIL LEMON ZEST	8.5 OZ	8.88	8.88	7.55	7.55
5240	MASPORTE	OLIVE OIL WHT TRUFFLE X-VIRGIN	8.5 OZ	10.86	10.86		
30005	MASPORTE	OLIVE OIL X-VIRGIN w/CHILI	8.5 OZ	8.88	8.88	5.99	5.99
3567	O OLIVE	OLIVE OIL BLOOD ORANGE	8.8 OZ	12.11	12.11	10.29	10.29
33093	O OLIVE	OLIVE OIL CLEMENTINE	8.5 OZ	12.11	12.11	10.90	10.90
30010	O OLIVE	OLIVE OIL LIME JALPENO	8.5 OZ	12.11	12.11	10.90	10.90
3563	O OLIVE	OLIVE OIL MEYER LEMON	8.8 OZ	12.11	12.11	10.90	10.90
3568	O OLIVE	OLIVE OIL RUBY GRAPEFRUIT	8.8 OZ	12.11	12.11	10.90	10.90
3565	O OLIVE	OLIVE OIL TAHITIAN LIME	8.8 OZ	12.11	12.11	10.90	10.90
86014	RANIERI	OLIVE OIL BLK TRUFFLE X-VIRGIN	8.5 OZ	5.99	5.99		
86015	RANIERI	OLIVE OIL WHT TRUFFLE X-VIRGIN	8.5 OZ	5.99	5.99		
2283	SPECTRM	SPRAY CANOLA OIL BUTTER FLAVOR	6 OZ	5.15	5.15		
2282	SPECTRM	SPRAY GRAPESEED OIL	6 OZ	5.60	5.60		
2288	SPECTRM	SPRAY SUPER CANOLA	6 OZ	5.50	5.50		
2287	SPECTRM	SPRAY X-VIRGIN OLIVE OIL	6 OZ	5.75	5.75		
PASTA							
34155	AL DENTE	SEMO FETTUCCINE 3 PEPPER	6/12 OZ	2.73	16.38		
34151	AL DENTE	SEMO FETTUCCINE BASIL	6/12 OZ	2.73	16.38		
34149	AL DENTE	SEMO FETTUCCINE EGG	6/12 OZ	2.73	16.38		
34157	AL DENTE	SEMO FETTUCCINE GARLIC PARSLEY	6/12 OZ	2.82	16.92		
34159	AL DENTE	SEMO FETTUCCINE LEMON CHIVE	6/12 OZ	2.73	16.38		
34158	AL DENTE	SEMO FETTUCCINE RD CHILI PEPPE	6/12 OZ	2.73	16.38		
34150	AL DENTE	SEMO FETTUCCINE SPINACH	6/12 OZ	2.73	16.38		
34160	AL DENTE	SEMO FETTUCCINE WLD MUSHROOM	6/12 OZ	3.38	20.28		
34154	AL DENTE	SEMO FIESTA TRI COLOR	6/12 OZ	2.73	16.38		
34153	AL DENTE	SEMO LINGUINE ROAST GARLIC	6/12 OZ	2.73	16.38		
34156	AL DENTE	SEMO LINGUINE SPICY SESAME	6/12 OZ	2.73	16.38		
10238	BELLA	8 GRAIN FLAX CAPELLINI ORG	10 OZ	2.72	2.72	2.04	2.04
10239	BELLA	8 GRAIN FLAX PENNE RIGATE ORG	10 OZ	2.72	2.72	2.04	2.04
10240	BELLA	8 GRAIN FLAX ROTINI ORG	10 OZ	2.72	2.72	2.04	2.04
10237	BELLA	8 GRAIN FLAX SPAGHETTI ORG	10 OZ	2.72	2.72	2.04	2.04
34503	BELLA	WW CAPELLINI ANGEL HAIR ORG	16 OZ	2.53	2.53	1.90	1.90
34507	BELLA	WW CAVATAPPI ORG	12 OZ	2.53	2.53	1.90	1.90
34506	BELLA	WW FARFALLE BOW TIES ORG	12 OZ	2.53	2.53	1.90	1.90
34504	BELLA	WW PENNE RIGATE ORG	12 OZ	2.53	2.53	1.90	1.90
34505	BELLA	WW ROTINI ORG	12 OZ	2.53	2.53	1.90	1.90
34502	BELLA	WW SPAGHETTI ORG	16 OZ	2.53	2.53	1.90	1.90
15329	BIONAT	EGG PAPPARDELLE WIDE	8.8 OZ	3.00	3.00		
15328	BIONAT	EGG TAGLIATELLE	8.8 OZ	3.00	3.00		
15407	BIONAT	EGG TAGLIOLINI ORG	8.8 OZ	3.00	3.00		

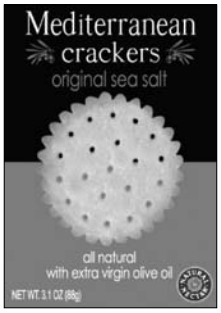
NATURAL NECTAR

Mediterranean Crackers

All Natural with Extra Virgin Olive Oil. Bring the flavor of Greece to your table!

Four
Outstanding Varieties!

Original



Ingredients: Unbleached Wheat Flour, Non Hydrogenated Palm Oil, Evaporated Cane Juice, Extra Virgin Olive Oil, Pasteurized Cheese Powder, Sea Salt, Natural Flavors & Spices, Sesame Seeds, Oregano, Sodium Bicarbonate, Rosemary Extract.
CONTAINS WHEAT

Item #31941

Feta & Oregano

Ingredients: Ingredients: Unbleached Wheat Flour, Non Hydrogenated Palm Oil, Evaporated Cane Juice, Extra Virgin Olive Oil, Pastteurized Cheese Powder, Sea Salt, Natural Flavors & Spices, Sesame Seeds, Oregano, Baking Powder, Rosemary Extract.
CONTAINS WHEAT

Item #31942

(continued on page 106)

Mediterranean Crackers

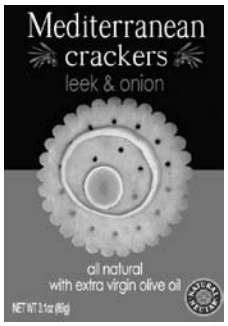
continued

Roasted Tomato & Basil

Ingredients: Unbleached Wheat Flour, Non Hydrogenated Palm Oil, Evaporated Cane Juice, Extra Virgin Olive Oil, Sea Salt, Tomato, Sesame Seeds, Natural Flavors & Spices, Basil, Rosemary Extract.
CONTAINS WHEAT

Item #31944

Leek & Onion



Ingredients: Unbleached Wheat Flour, Non Hydrogenated Palm Oil, Evaporated Cane Juice, Extra Virgin Olive Oil, Leek, Sea Salt, Onion, Sesame Seeds, Natural Flavors & Spices, Rosemary Extract.
CONTAINS WHEAT

Item #31943

PASTA - cont.

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
15333	BIONAT	GLUTEN FR PENNE RIGATE ORG gf	12 OZ	3.80	3.80		
15334	BIONAT	GLUTEN FREE ELBOWS ORG gf	12 OZ	3.80	3.80		
15332	BIONAT	GLUTEN FREE FUSILLI ORG gf	12 OZ	3.80	3.80		
15405	BIONAT	GLUTEN FREE LINGUINE ORG gf	12 OZ	3.80	3.80		
15406	BIONAT	GLUTEN FREE RIGATONI ORG gf	12 OZ	3.80	3.80		
15331	BIONAT	GLUTEN FREE SPAGHETTI ORG gf	12 OZ	3.80	3.80		
15316	BIONAT	SEMO CAPELLINI ORG Italy	16 OZ	2.42	2.42		
15266	BIONAT	SEMO CHIOCCIOLE ORG Italy	16 OZ	2.42	2.42		
15264	BIONAT	SEMO FUSILLI twist ORG Italy	16 OZ	2.42	2.42		
15330	BIONAT	SEMO LASAGNE ORG Italy	12 OZ	3.00	3.00		
15317	BIONAT	SEMO LINGUINI ORG Italy	16 OZ	2.42	2.42		
15262	BIONAT	SEMO PENNE RIGATE ORG Italy	16 OZ	2.42	2.42		
15270	BIONAT	SEMO RIGATONI ORG Italy	16 OZ	2.42	2.42		
15318	BIONAT	SEMO ROMBI ruffled noodle ORG	16 OZ	2.42	2.42		
15268	BIONAT	SEMO SPAGHETTI ORG Italy	16 OZ	2.42	2.42		
15319	BIONAT	SEMO STELLINE stars ORG	16 OZ	2.42	2.42		
15280	BIONAT	WHL WHT CHIOCCIOLE ORG Italy	16 OZ	2.42	2.42		
15322	BIONAT	WHL WHT ELBOWS ORG Italy	16 OZ	2.42	2.42		
15321	BIONAT	WHL WHT FETTUCINE ORG Italy	16 OZ	2.42	2.42		
15278	BIONAT	WHL WHT FUSILLI ORG Italy	16 OZ	2.42	2.42		
15323	BIONAT	WHL WHT GOBBETTI spirals ORG	16 OZ	2.42	2.42		
15408	BIONAT	WHL WHT LASAGNE ORG	12 OZ	3.00	3.00		
15276	BIONAT	WHL WHT PENNE RIGATE ORG Italy	16 OZ	2.42	2.42		
15274	BIONAT	WHL WHT RIGATONI ORG Italy	16 OZ	2.42	2.42		
15272	BIONAT	WHL WHT SPAGHETTI ORG Italy	16 OZ	2.42	2.42		
15320	BIONAT	WHL WHT SPAGHETTINI ORG Italy	16 OZ	2.42	2.42		
6582	EDEN	FLAX RICE 60%WW SPIRALS ORG	12 OZ	2.84	2.84		
6370	EDEN	KAMUT SPAGHETTI ORG	14 OZ	3.27	3.27		
6598	EDEN	KAMUT SPIRALS ORG	12 OZ	2.84	2.84		
6438	EDEN	KAMUT VEGGIE SPIRAL ORG	12 OZ	3.13	3.13		
6373	EDEN	KAMUT/QUINOA TWIST ORG	12 OZ	3.28	3.28		
6599	EDEN	RYE SPIRALS ORG	12 OZ	2.31	2.31		
6560	EDEN	SEMO 60% WW SPINACH RIBBONS OR	8 OZ	2.50	2.50		
6563	EDEN	SEMO ARTICHOKE RIBBON ORG	8 OZ	2.85	2.85		
6564	EDEN	SEMO PARSLEY GARLIC RIBBON ORG	8 OZ	2.85	2.85		
6571	EDEN	SEMO VEGETABLE SPIRALS ORG	12 OZ	3.09	3.09		
6590	EDEN	SPELT RIBBONS ORG	8 OZ	3.39	3.39		
41653	GILLIAN	BROWN RICE FETTUCCINI gf vg	16 OZ	2.40	2.40	1.92	1.92
41652	GILLIAN	BROWN RICE FUSILLI gf vg	16 OZ	2.40	2.40	1.92	1.92
41654	GILLIAN	BROWN RICE PENNE gf vg	16 OZ	2.40	2.40	1.92	1.92
41655	GILLIAN	BROWN RICE SPAGHETTI gf vg	16 OZ	2.40	2.40	1.92	1.92
41711	JOVIAL	BROWN RICE CAPELLINI ORG gf	12 OZ	3.40	3.40		
41714	JOVIAL	BROWN RICE CASERECCE ORG gf	12 OZ	3.40	3.40		
41713	JOVIAL	BROWN RICE FUSILLI ORG gf	12 OZ	3.40	3.40		
41712	JOVIAL	BROWN RICE PENNE RIGATE ORG gf	12 OZ	3.40	3.40		
41710	JOVIAL	BROWN RICE SPAGHETTI ORG gf	12 OZ	3.40	3.40		
41701	JOVIAL	EINKORN CAPELLINI ORG	12 OZ	2.57	2.57		
41704	JOVIAL	EINKORN CHIOCCIOLE ORG	12 OZ	2.71	2.71		
41703	JOVIAL	EINKORN FUSILLI ORG	12 OZ	2.71	2.71		
41702	JOVIAL	EINKORN PENNE RIGATI ORG	12 OZ	2.71	2.71		
41700	JOVIAL	EINKORN SPAGHETTI ORG	12 OZ	2.71	2.71		
41708	JOVIAL	EINKORN W/G FUSILLI ORG	12 OZ	2.71	2.71		
41706	JOVIAL	EINKORN W/G LINGUINE ORG	12 OZ	2.71	2.71		
41707	JOVIAL	EINKORN W/G PENNE RIGATE ORG	12 OZ	2.71	2.71	2.30	2.30
41709	JOVIAL	EINKORN W/G RIGATONI ORG	12 OZ	2.71	2.71		
41705	JOVIAL	EINKORN W/G SPAGHETTI ORG	12 OZ	2.71	2.71		
30793	MISKO	ORZO GREEK	500 G	1.95	1.95		
30250	MRS LEEP	CORN ELBOWS ORG WF/GF	12 OZ	2.99	2.99	2.39	2.39
30252	MRS LEEP	CORN ROTELLI ORG	12 OZ	2.99	2.99	2.39	2.39
30249	MRS LEEP	CORN SPAGHETTI ORG WF/GF	12 OZ	2.99	2.99	2.39	2.39
30251	MRS LEEP	CORN VEG RADIATORE WF/GF	12 OZ	2.99	2.99	2.39	2.39
30256	MRS LEEP	RICE SHAPES FOR KIDS ORG WF/GF	12 OZ	2.99	2.99	2.39	2.39
30253	MRS LEEP	RICE SPAGHETTI ORG WF/GF	12 OZ	2.99	2.99	2.39	2.39
30254	MRS LEEP	RICE VEG TWISTS ORG WF/GF	12 OZ	2.99	2.99	2.39	2.39
33217	SAM MILLS	CORN PASTA CONCHILIETTE GF	16 OZ	1.60	1.60		
33209	SAM MILLS	CORN PASTA CORNETTI RIGATI GF	16 OZ	1.60	1.60		
33386	SAM MILLS	CORN PASTA FETTUCCINe gf	16 OZ	1.60	1.60		
33208	SAM MILLS	CORN PASTA FUSILLI GF	16 OZ	1.60	1.60		
33218	SAM MILLS	CORN PASTA LASAGNE CORTE GF	16 OZ	1.60	1.60		
33207	SAM MILLS	CORN PASTA PENNE RIGATE GF	16 OZ	1.60	1.60		
33206	SAM MILLS	CORN PASTA RIGATONI GF	16 OZ	1.60	1.60		
33385	SAM MILLS	CORN PASTA SPAGHETTI gf	16 OZ	1.60	1.60		
33216	SAM MILLS	CORN PASTA TUBETTI RIGATI GF	16 OZ	1.60	1.60		
41406	TNK	BRN RICE ELBOW ORG gf	12 OZ	3.15	3.15		
41407	TNK	BRN RICE LASAGNA ORG gf	10 OZ	3.35	3.35		
41405	TNK	BRN RICE PENNE ORG gf	12 OZ	3.15	3.15		
41403	TNK	BRN RICE SPAGHETTI ORG gf	12 OZ	3.15	3.15		
41404	TNK	BRN RICE SPIRALS ORG gf	12 OZ	3.15	3.15		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
36471	VITASPEL	PASTA SPELT W/G ANGEL HAIR ORG	10 OZ	2.37	2.37		
36475	VITASPEL	PASTA SPELT W/G ELBOWS ORG	10 OZ	2.37	2.37		
36479	VITASPEL	PASTA SPELT W/G GRLC NOODL ORG	6/10 OZ	2.82	16.92	2.40	14.40
36472	VITASPEL	PASTA SPELT W/G LASAGNA ORG	8 OZ	2.89	2.89		
36477	VITASPEL	PASTA SPELT W/G MED NOODLE ORG	6/10 OZ	2.82	16.92		
36474	VITASPEL	PASTA SPELT W/G ROTINI ORG	8 OZ	2.37	2.37		
36473	VITASPEL	PASTA SPELT W/G SM SHELLS ORG	10 OZ	2.37	2.37	2.01	2.01
36470	VITASPEL	PASTA SPELT W/G SPAGHETTI ORG	10 OZ	2.37	2.37		
PASTA SAUCES							
30628	BARHAR	CLAM SAUCE RED	10.5 OZ	2.45	2.45		
30629	BARHAR	CLAM SAUCE WHITE	10.5 OZ	2.45	2.45		
34940	BOBOS	PASTA SAUCE MARINARA gf	6/25 OZ	4.60	27.60		
34941	BOBOS	PASTA SAUCE PUTTANESCA gf	6/25 OZ	4.60	27.60		
34942	BOBOS	PASTA SAUCE VODKA gf	6/25 OZ	4.60	27.60		
31471	DAVES	PASTA SAUCE BUTTERNT SQSH s gf	25.5 OZ	5.99	5.99		
31475	DAVES	PASTA SAUCE MASALA MARINARA s	25.5 OZ	5.99	5.99		
5246	DAVES	PASTA SAUCE RED HEIRLOOM s	26 OZ	5.99	5.99		
5231	DAVES	PASTA SAUCE RST GARLIC/BASIL s	26 OZ	5.99	5.99		
31472	DAVES	PASTA SAUCE SPICY HEIRLOOM s	26 OZ	5.99	5.99		
5230	DAVES	PASTA SAUCE WILD MUSHROOM	26 OZ	5.99	5.99		
33096	DELLAM	PASTA SAUCE BASIL GARLIC	25 OZ	5.25	5.25		
4279	DELLAM	PASTA SAUCE BASIL GARLIC	16 OZ	3.94	3.94		
4280	DELLAM	PASTA SAUCE ORIGINAL	16 OZ	3.94	3.94		
4282	DELLAM	PASTA SAUCE ORIGINAL	25 OZ	5.25	5.25		
4284	DELLAM	PASTA SAUCE SPICED	16 OZ	3.94	3.94		
39041	EDEN	SPAGHETTI SAUCE NO SALT ORG	25 OZ	3.89	3.89	3.50	3.50
39040	EDEN	SPAGHETTI SAUCE ORG	25 OZ	3.89	3.89		
6468	FLOTT	CLAM SAUCE WHITE jar	9.5 OZ	4.59	4.59		
35495	GRINGOJK	PASTA SAUCE DIABLO	24 OZ	5.65	5.65	4.24	4.24
35496	GRINGOJK	PASTA SAUCE ROMESCO	24 OZ	6.14	6.14	4.61	4.61
35494	GRINGOJK	PASTA SAUCE TOMATO & BASIL	24 OZ	5.49	5.49	4.12	4.12
4581	MEZZETTA	PESTO BASIL	6.25 OZ	3.61	3.61	3.25	3.25
8401	MUIRGLEN	PASTA SAUCE FIRE RSTD ORG s	25.5 OZ	3.69	3.69		
8414	MUIRGLEN	PASTA SAUCE FOUR CHEESE ORG s	25.5 OZ	4.60	4.60		
8341	MUIRGLEN	PASTA SAUCE GARDEN VEG ORG	25.5 OZ	3.69	3.69		
8393	MUIRGLEN	PASTA SAUCE ITALN HRB f/f ORG	25.5 OZ	3.69	3.69		
8345	MUIRGLEN	PASTA SAUCE PORTABELLO ORG	25.5 OZ	3.69	3.69		
8391	MUIRGLEN	PASTA SAUCE RSTD GAR f/f ORG	25.5 OZ	3.69	3.69		
8392	MUIRGLEN	PASTA SAUCE TOM BASIL f/f ORG	25.5 OZ	3.69	3.69		
8110	OLDCAPE	CLAM SAUCE WHITE	15 OZ	3.05	3.05		
1495	PALMIERI	PASTA SAUCE SPAGHETTI	32 OZ	2.89	2.89		
30643	PEMBERT	PASTA SAUCE ARTCHOKE SCARPETTA	24 OZ	4.79	4.79		
34333	PEMBERT	PASTA SAUCE PUTTANESCA	24 OZ	4.79	4.79		
30644	PEMBERT	PASTA SAUCE SPICY ARRABBIATA	24 OZ	4.79	4.79		
34334	PEMBERT	PASTA SAUCE TOMATO BASIL	24 OZ	4.79	4.79		
30639	PEMBERT	PESTO TUSCAN BLACK OLIVE	7.3 OZ	4.29	4.29		
31686	PINELAND	PASTA SAUCE ARRIBIATTA SPICY	24 OZ	5.22	5.22	4.70	4.70
31685	PINELAND	PASTA SAUCE MARINARA	24 OZ	5.22	5.22		
31684	PINELAND	PASTA SAUCE TOMATO BASIL	24 OZ	5.22	5.22		
35410	RACCONTO	PASTA SAUCE GARDEN VEGETABLE	26 OZ	2.49	2.49	2.12	2.12
35409	RACCONTO	PASTA SAUCE MARINARA s	26 OZ	2.49	2.49	2.12	2.12
35411	RACCONTO	PASTA SAUCE ROASTED GARLIC s	26 OZ	2.49	2.49	2.12	2.12
30555	RICHARDS	PASTA SAUCE TOMATO BASIL s	24 OZ	3.90	3.90	3.51	3.51
4565	ROLAND	PESTO SAUCE FROM SANREMO	3 OZ	2.59	2.59		
4570	ROLAND	PESTO SAUCE FROM SANREMO	6 OZ	3.79	3.79		
35710	SCARPET	PASTA SAUCE BOLOGNESE gf vg	19.8 OZ	5.56	5.56	5.00	5.00
35711	SCARPET	PASTA SAUCE MARINARA gf vg	19.8 OZ	5.56	5.56	5.00	5.00
35712	SCARPET	PASTA SAUCE PUTTANESCA gf vg	19.8 OZ	5.56	5.56	5.00	5.00
35713	SCARPET	PASTA SAUCE TOM ARUGULA gf vg	19.8 OZ	5.56	5.56	5.00	5.00
35714	SCARPET	PASTA SAUCE TUSCAN VODKA gf vg	19.8 OZ	5.56	5.56	5.00	5.00
31109	TURTLEDV	PESTO CILANTRO GARLIC PEPPER	8.5 OZ	4.10	4.10		
31106	TURTLEDV	PESTO LEMON ARTICHOKE	8.5 OZ	4.10	4.10		
31111	TURTLEDV	PESTO RST SWEET PEPPER	8.5 OZ	4.10	4.10	3.49	3.49
31107	TURTLEDV	PESTO SAVORY BASIL	8.5 OZ	4.10	4.10		
PIZZA CRUSTS							
60914	RUSTIC	PIZZA CRUST 12in CHEESY HERB	4 EA	3.30	13.20		
34500	RUSTIC	PIZZA CRUST 12in GRT GRAIN ORG	4 EA	3.90	15.60		
60911	RUSTIC	PIZZA CRUST 12in SOURDOUGH	4 EA	3.30	13.20		
60910	RUSTIC	PIZZA CRUST 12in TUSCAN 6 grai	4 EA	3.30	13.20		
61225	RUSTIC	PIZZA CRUST 12in WHOLE GRAIN	4 EA	3.30	13.20		
60909	RUSTIC	PIZZA CRUST 7in ITAL HERB 2pk	4/9 OZ	3.30	13.20	2.48	9.92
34558	RUSTIC	PIZZA CRUST THIN CRISPY ITALAN	4/10 OZ	3.30	13.20		
PIZZA SAUCES							
6433	EDEN	PIZZA/PASTA SAUCE ORG	15 OZ	2.58	2.58		
8340	MUIRGLEN	PIZZA SAUCE Low/Fat ORG	15 OZ	1.95	1.95		
1497	PALMIERI	PIZZA SAUCE	15.5 OZ	1.99	1.99		
33177	RUSTIC	PIZZA SAUCE OLD WORLD 3pk	6/12 OZ	3.15	18.90		

NATURAL NECTAR

ChocoDream Spreads

Natural
Belgian Cocoa Spreads

SPREAD THE WORD...

ChocoDream is a cocoa lover's dream come true! Made with premium all natural ingredients for a one of a kind taste and smooth, creamy texture,

ChocoDream is a rich and deeply flavorful Belgian cocoa spread that is a simply perfect way to enhance toast, croissants, waffles, crepes, apples, bananas...the possibilities are endless!

Made in Belgium

THREE Outstanding Varieties!

- Natural (Hazelnut)

- Dark

- Almond

(continued on page 108)

Natural ChocoDream

A classic combination of rich Belgian cocoa and just the right touch of hazelnuts pair deliciously in this creamy spread.

Ingredients: Sugar, Non Hydrogenated Palm and/or Canola Oil, Hazelnuts, Low Fat Cocoa Powder, Skim Milk Powder, Whey, Soy Flour, Soy Lecithin. * Fair Trade Certified by TransFair USA.*

Item #31931

Dark ChocoDream

Deeply flavorful, this dark Belgian cocoa spread is made for all the fans of only the richest darkest chocolate.

Ingredients: Cane Sugar, Non Hydrogenated Palm and/or Canola Oil, Cocoa Butter, Natural Flavor, Low Fat Cocoa Powder, Soy Lecithin. * Fair Trade Certified by TransFair USA.*

Item #31932

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
PREPARED FOODS - CANNED							
4798	AMYS	CHILI BLACK BEAN ORG GF vg	14.7 OZ	2.76	2.76	2.21	2.21
4795	AMYS	CHILI MEDIUM ORG Vg	14.7 OZ	2.76	2.76	2.21	2.21
4796	AMYS	CHILI MEDIUM W/VEG ORG Vg	14.7 OZ	2.76	2.76	2.21	2.21
4797	AMYS	CHILI SPICY ORG Vg	14.7 OZ	2.76	2.76	2.21	2.21
3749	ANNIEHG	ALL STARS TOMATO/CHEESE	15 OZ	2.25	2.25		
3748	ANNIEHG	BERNIE O's TOMATO/CHEESE	15 OZ	2.25	2.25		
5605	ANNIEHG	CHEESY RAVIOLI ORG	15 OZ	2.25	2.25		
8131	ANNIEHG	PSGHETTI LOOPS W/SOY MEATBALLS	15 OZ	2.25	2.25		
31102	EDEN	RICE & CAJUN RED BEANS ORG USA	15 OZ	1.76	1.76		
31099	EDEN	RICE & CARIBB BLK BEANS ORG US	15 OZ	1.76	1.76		
39036	EDEN	RICE & CURRIED LENTILS ORG USA	15 OZ	1.76	1.76		
31101	EDEN	RICE & LENTILS ORG USA	15 OZ	1.76	1.76		
39039	EDEN	RICE & MEX BLK BEANS ORG USA	15 OZ	1.76	1.76		
39037	EDEN	RICE & MOROC GARBANZO ORG USA	15 OZ	1.76	1.76		
39038	EDEN	RICE & SPANISH PINTOS ORG USA	15 OZ	1.76	1.76		
PREPARED FOODS, PACKAGED							
9092	ANNIECH	NOODLE BOWL MISO SOUP s	6/5.4 OZ	2.89	17.34	2.29	13.74
8143	ANNIEHG	DELUXE ELBOWS & FOUR CHEESE	6/12 OZ	3.10	18.60		
30874	ANNIEHG	DELUXE ELBOWS MILD CHEDDAR ORG	6/9.5 OZ	3.41	20.46	2.56	15.36
30875	ANNIEHG	DELUXE RICE PASTA CHEDDAR gf	6/11 OZ	3.43	20.58		
8142	ANNIEHG	DELUXE ROTINI & WHT CHEDDAR	6/10.3 OZ	3.10	18.60		
5607	ANNIEHG	DELUXE SHELLS & WISC CHEDDAR	6/11 OZ	3.10	18.60		
30811	ANNIEHG	ELBOWS 5 GRAIN & WH CHDDR ORG	6/6 OZ	2.04	12.24		
5601	ANNIEHG	MAC & WHT CHEESE single serve	6/5PKT	4.19	25.14		
8125	ANNIEHG	MAC & WISC CHEESE single serve	6/10.7 OZ	4.19	25.14		
5609	ANNIEHG	MLD WHITE CHED Arthur shape	6/6 OZ	1.65	9.90		
30416	ANNIEHG	RICE PASTA & CHEDDAR GF	6/6 OZ	2.39	14.34		
5603	ANNIEHG	SHELLS & AGED CHEDDAR ORG	6/6 OZ	2.05	12.30		
5610	ANNIEHG	SHELLS & CHED family size	6/10.5 OZ	2.65	15.90		
5602	ANNIEHG	SHELLS & CHEDDAR ORG fam size	6/10.5 OZ	3.35	20.10		
5604	ANNIEHG	SHELLS & WHITE CHEDDAR	6/7 OZ	1.65	9.90		
3750	ANNIEHG	SHELLS & WHITE CHEESE ORG	6/6 OZ	2.05	12.30		
8132	ANNIEHG	SHELLS ALFREDO GARL/BASIL ORG	6/6 OZ	2.05	12.30		
5608	ANNIEHG	SHELLS WHL WHT & CHED ORG	6/6 OZ	2.05	12.30		
31376	CASABLAN	COUSCOUS GARLIC & OLIVE OIL	8 OZ	1.89	1.89		
31374	CASABLAN	COUSCOUS MEDITERRANEAN s	8 OZ	1.89	1.89		
31371	CASABLAN	COUSCOUS ORIGINAL	12 OZ	2.05	2.05	1.54	1.54
31373	CASABLAN	COUSCOUS PILAF VEGETABLE	8 OZ	1.89	1.89		
31375	CASABLAN	COUSCOUS SPINACH & TOMATO	8 OZ	1.89	1.89		
31372	CASABLAN	COUSCOUS WHOLE WHEAT	12 OZ	2.05	2.05		
31379	CASABLAN	KIT COUSCOUS 7 VEGETABLES	21.2 OZ	3.25	3.25		
31380	CASABLAN	KIT COUSCOUS GRILL VEG W/OLV s	21.2 OZ	3.20	3.20		
31378	CASABLAN	KIT TABOULI	21.2 OZ	2.95	2.95	2.51	2.51
31377	CASABLAN	TABOULI WHOLE WHEAT	8 OZ	1.89	1.89	1.59	1.59
36439	EDWARDSN	MASHED POTATOES HOMESTL ORG gf	3.5 OZ	2.46	2.46		
36440	EDWARDSN	MASHED POTATOES RST GAR ORG gf	3.5 OZ	2.46	2.46		
8203	FANTAST	FANTASTIC FALAFIL	10 OZ	2.79	2.79		
8207	FANTAST	INSTANT BLACK BEANS GF	7 OZ	2.79	2.79		
8217	FANTAST	INSTANT HUMMUS DIP MIX GF	6 OZ	2.79	2.79	1.95	1.95
8224	FANTAST	INSTANT NATURE'S BURGER	10 OZ	2.79	2.79		
8213	FANTAST	INSTANT REFRIED PINTO BEANS GF	7 OZ	2.79	2.79		
8191	FANTAST	INSTANT SLOPPY JOE MIX	4.4 OZ	2.79	2.79	1.95	1.95
8227	FANTAST	INSTANT TABOULI SALAD	6 OZ	2.79	2.79	2.09	2.09
8192	FANTAST	INSTANT TACO FILLING	4.4 OZ	2.79	2.79	1.95	1.95
8243	FANTAST	INSTANT VEGETARIAN CHILI	6.4 OZ	2.79	2.79		
3513	FOODMERC	POLENTA BASIL GARLIC ORG	18 OZ	2.95	2.95		
3517	FOODMERC	POLENTA TOMATO/GARLIC ORG	18 OZ	2.95	2.95		
3518	FOODMERC	POLENTA TRADITIONAL ORG	18 OZ	2.95	2.95		
1621	LUNDBERG	RISOTTO ALFREDO ORG GF	5.5 OZ	2.59	2.59		
5500	LUNDBERG	RISOTTO CREAMY PARMESAN GF	5.5 OZ	2.20	2.20		
1623	LUNDBERG	RISOTTO FLORANTINE ORG GF	5.75 OZ	2.59	2.59		
5501	LUNDBERG	RISOTTO GARLIC PRIMAVERA GF	5.5 OZ	2.20	2.20		
5502	LUNDBERG	RISOTTO ITALIAN HERB GF	5.5 OZ	2.20	2.20		
1624	LUNDBERG	RISOTTO TUSCAN ORG GF	5.75 OZ	2.59	2.59		
30261	MRS LEEP	DINNER ALFREDO WF/GF	7.05 OZ	3.59	3.59	2.87	2.87
30259	MRS LEEP	DINNER CHEESEBURGER WF/GF	8.32 OZ	3.59	3.59	2.87	2.87
30262	MRS LEEP	DINNER CREAMY TUNA WF/GF	7.41 OZ	3.59	3.59	2.87	2.87
30281	MRS LEEP	DINNER MACARONI & CHEESE gf	11.6 OZ	3.46	3.46	2.60	2.60
5684	ROADSEND	chREESE MIX ALFREDO STYLE GF	12/1.1 OZ	.70	8.40		
5673	ROADSEND	chREESE MIX CHEDAR STYLE Vg or	12/1.1 OZ	.74	8.88		
5674	ROADSEND	chREESE MIX CHEDR STYLE GF Vg	12/1.1 OZ	.74	8.88		
5683	ROADSEND	chREESE MIX MOZZ STYLE Vg org	12/1.1 OZ	.74	8.88		
PRESERVES & SPREADS, SWEETENED							
31018	AMER SPN	BALATON BRANDIED CHERRIES	13.5 OZ	6.25	6.25		
30203	AMER SPN	PRESERVES RED HAVEN PEACH	9.5 OZ	4.89	4.89		
30202	AMER SPN	PRESERVES SOUR CHERRY	9.5 OZ	4.89	4.89		
30204	AMER SPN	PRESERVES STRAWBRY EARLY GLW	9.5 OZ	4.89	4.89		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
31019	AMER SPN	WINTER COMPOTE w/brandy	13 OZ	5.69	5.69		
41155	APPALACH	SAUCE CRANBERRY LIME s Vg	10 OZ	3.99	3.99		
34349	APPALACH	SAUCE CRANBERRY ORG Cape Cod	10 OZ	3.99	3.99		
29066	BUSHABRN	CHUTNEY BANANA ORIGINAL s	12 OZ	5.75	5.75	3.99	3.99
29065	BUSHABRN	CHUTNEY SPICY FRUIT s	12 OZ	6.20	6.20		
29062	BUSHABRN	JELLY GINGER PEPPER s	12 OZ	5.25	5.25	3.94	3.94
29060	BUSHABRN	JELLY HOT PEPPER ORIGINAL s	12 OZ	5.25	5.25		
29063	BUSHABRN	JELLY LIME PEPPER s	12 OZ	5.25	5.25		
29061	BUSHABRN	JELLY TWICE BOILED GUAVA s	12 OZ	5.25	5.25	4.19	4.19
29064	BUSHABRN	MARMALADE BURNED ORANGE s	12 OZ	5.25	5.25	4.09	4.09
8533	CROFTER	CONSERVE BLOOD ORANGE ORG s	10 OZ	2.85	2.85		
8528	CROFTER	CONSERVE BLUEBERRY ORG s	10 OZ	3.15	3.15		
8534	CROFTER	CONSERVE FOUR FRUIT ORG s	10 OZ	2.85	2.85		
8529	CROFTER	CONSERVE GOLDEN APRICOT ORG s	10 OZ	2.85	2.85	2.14	2.14
8521	CROFTER	CONSERVE MANGO ORG s	10 OZ	2.85	2.85		
8527	CROFTER	CONSERVE MORELLO CHERRY ORG s	10 OZ	2.85	2.85		
8524	CROFTER	CONSERVE RED RASPBRY ORG s	10 OZ	3.15	3.15		
8523	CROFTER	CONSERVE STRAWBERRY ORG s	10 OZ	2.85	2.85		
8526	CROFTER	CONSERVE WILD BLACKBRY ORG s	10 OZ	2.85	2.85		
34370	CROFTER	FAM SIZE CONSERV RASPBRY ORG s	16.5 OZ	4.40	4.40		
34371	CROFTER	FAM SIZE CONSERVE STRAWBRY ORG	16.5 OZ	3.99	3.99		
34407	CROFTER	PREM SPRD CONCRD GRAPE ORG k s	10 OZ	3.39	3.39		
34408	CROFTER	PREM SPRD POMEGRANATE ORG k s	10 OZ	3.39	3.39		
33373	CROFTER	SUPERFRUIT BLUBRY CRNBRY ORG s	11 OZ	3.57	3.57		
33497	CROOKEDB	JAM APPLE PIE s	9 OZ	4.39	4.39	3.73	3.73
33496	CROOKEDB	JAM BERRY MEDLEY s	9 OZ	4.39	4.39	3.73	3.73
33499	CROOKEDB	JAM BLACKBERRY HONEY s	9 OZ	4.39	4.39		
33498	CROOKEDB	JAM FIG & PEAR s	9 OZ	4.39	4.39		
33495	CROOKEDB	JAM PEACH COBBLER s	9 OZ	4.39	4.39		
33493	CROOKEDB	JAM STRAWBERRY RHUBARB s	9 OZ	4.39	4.39		
33494	CROOKEDB	JAM WILD BLUEBERRY s	9 OZ	4.39	4.39		
30280	GINGERPE	GINGER SPREAD s	12.8 OZ	2.85	2.85		
34691	HOGANS	LEMON CURD s	11 OZ	5.39	5.39		
6246	KNUDSEN	CRANBERRY SAUCE jar s	9 OZ	3.40	3.40		
41543	LESMOULIN	JAM APRICOT s	240 G	5.60	5.60		
41545	LESMOULIN	JAM FIG ORG s	240 G	5.07	5.07		
41544	LESMOULIN	JAM WILD MULBERRY s	240 G	5.96	5.96		
41540	LESMOULIN	MARMALADE GRAPEFRUIT s	240 G	5.60	5.60	4.20	4.20
41541	LESMOULIN	MARMALADE LEMON s	240 G	5.60	5.60		
4904	LULU	PRESERVED MEYER LEMON s	6 OZ	6.45	6.45		
30087	MARCOPOL	PRESERVES APRICOT s	13 OZ	2.19	2.19		
30095	MARCOPOL	PRESERVES FIG s	13 OZ	2.19	2.19		
30089	MARCOPOL	PRESERVES RASPBERRY s	13 OZ	2.19	2.19		
30094	MARCOPOL	PRESERVES SOUR CHERRY s	13 OZ	2.19	2.19		
30088	MARCOPOL	PRESERVES STRAWBERRY s	13 OZ	2.19	2.19		
31531	MATIN	JAM BLACK FIG s	13 OZ	6.21	6.21		
31532	MATIN	JAM PEACH APRICOT RASP s	13 OZ	6.21	6.21		
31530	MATIN	JAM TANGERINE/MANDARIN s	13 OZ	6.21	6.21		
34391	MOTHERS	JAM BLACKBERRY PORT s	8.25 OZ	2.51	2.51		
30913	MOTHERS	JAM CRANBERRY APPLE s	8.25 OZ	2.51	2.51		
30912	MOTHERS	JAM CRANBERRY PEACH s	8.25 OZ	2.51	2.51		
30911	MOTHERS	JAM MAINE WILD BLUEBRY GINGR s	8.25 OZ	2.51	2.51		
30914	MOTHERS	JAM RASPBERRY APRICOT s	8.25 OZ	2.51	2.51		
34392	MOTHERS	JAM RASPBERRY PEACH s	8.25 OZ	2.51	2.51		
34390	MOTHERS	JAM RASPBERRY RHUBARB s	8.25 OZ	2.51	2.51		
30910	MOTHERS	JAM STRAWBERRY KIWI s	8.25 OZ	2.51	2.51		
30907	MOTHERS	JELLY GREEN LIGHTNING PEPPER s	8.25 OZ	2.51	2.51		
30908	MOTHERS	JELLY ROSY RED PEPPER s	8.25 OZ	2.51	2.51		
30909	MOTHERS	JELLY RSTD GARLIC & CHIVE s	8.25 OZ	2.51	2.51		
41088	NE CRAN	CHUTNEY CRAN MANGO s	12 OZ	3.80	3.80		
41087	NE CRAN	CHUTNEY CRANBERRY s	12 OZ	3.80	3.80		
41093	NE CRAN	CRANBERRY & ORANGE SLICES s	12 OZ	3.75	3.75		
41094	NE CRAN	CRANBERRY POM SAUCE s	12 OZ	3.75	3.75		
41092	NE CRAN	CRANBERRY SAUCE s	12 OZ	3.75	3.75		
41090	NE CRAN	JELLY CRAN ONION PEPPER s	12 OZ	4.03	4.03		
41091	NE CRAN	JELLY CRAN POM PEPPER s	12 OZ	4.03	4.03		
41089	NE CRAN	JELLY CRANBERRY PEPPER	12 OZ	4.03	4.03		
31682	PINELAND	JAM BLUEBERRY s	9 OZ	3.77	3.77		
31680	PINELAND	JAM RASPBERRY s	9 OZ	3.77	3.77		
31681	PINELAND	JAM STRAWBERRY s	9 OZ	3.77	3.77		
5496	ROSEBUD	JAM RASPBERRY s	8 OZ	5.96	5.96		
5190	ROSEBUD	JAM STRAWBERRY s	8 OZ	5.71	5.71	4.85	4.85
5486	ROSEBUD	JELLY CRANBERRY & ORANGE s	8 OZ	5.71	5.71		
5480	ROSEBUD	JELLY MINT s	8 OZ	5.86	5.86		
5483	ROSEBUD	JELLY RED CURRANT s	8 OZ	6.26	6.26		
5481	ROSEBUD	JELLY ROSEMARY s	8 OZ	5.95	5.95		
5207	ROSEBUD	MARMALADE ORANGE & WHISKEY s	8 OZ	5.96	5.96		
5598	THURSDAY	CONSERVE STEM GINGR GRAPEFRT s	16 OZ	4.97	4.97		

NEW!!!!

Almond ChocoDream

A wonderfully new mixture to the family using rich Belgian cocoa and healthy almonds which pair deliciously to make a unique creamy spread.

Natural Nectar is proud to support Fair Trade ideals of fair price, environmental protection and safe working conditions through our purchase of our cocoa powder from Fair Trade cooperatives around the world.

Versatile and delicious, **Natural Nectar ChocoDream Spread** is a delicious way to support developing communities worldwide.

Ingredients: Sugar, Non Hydrogenated Palm and/or Canola Oil, Almonds, Low Fat Cocoa Powder, Skim Milk Powder, Whey, Soy Flour, Soy Lecithin. * Fair Trade Certified by TransFair USA.*

Item #31933

LittleDevil

A sublime Bloody Mary every time and in seconds!

History

Little Devil was first sighted in England, near the small seaside town of Hastings, in the late spring of 2010. From Hastings He headed to the capital where sightings became increasingly frequent. Soon word of His coming spread across the country and beyond.

Little Devil brought with Him the original all-in-one devilling essence. He is now on a mission to bring about a Bloody Mary revolution.

No longer must the world suffer mediocre and insipid versions of His favorite tipple. Whether relaxing at home, flying at 20,000 feet, bowling along on train, cruising in the Caribbean, cosying up in a pub, or lording it up at a posh bar - nowhere need be without Hell's Finest Bloody Mary.

Join His revolution and you'll soon discover He's an agreeable fellow, great for brunch and wonderful company after a night out - a little bit naughty but wonderfully spicy.
What the devil?

It couldn't be simpler. To enjoy a **Little Devil** Bloody Mary simply mix one sachet (or one tablespoon) of Bloody Spice with a shot of vodka and mix with chilled tomato juice to taste (100-200ml). Garnish with a stick of celery and slice of lime - sit back, sip and enter Bloody Mary heaven.

Single Serves

To make life easy Little Devil has persuaded the goblins to pack Bloody Spice into dinky single servings. Each one contains one tablespoon of devilling essence - just the right amount for the perfect Bloody Mary.

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
PRESERVES & SPREADS, SWEETENED - cont.							
5575	THURSDAY	CURD LEMON s	11 OZ	4.80	4.80		
30049	THURSDAY	CURD LIME s	11 OZ	4.80	4.80		
5576	THURSDAY	JAM BLACK CURRANT s	12 OZ	4.97	4.97		
5577	THURSDAY	JAM BLUEBERRY s	12 OZ	4.97	4.97		
5578	THURSDAY	JAM GOOSEBERRY s	12 OZ	4.97	4.97		
5579	THURSDAY	JAM RASPBERRY s	12 OZ	4.97	4.97		
5593	THURSDAY	JAM STRAWBERRY s	12 OZ	4.98	4.98		
5597	THURSDAY	MARMALADE 3 FRUIT s	16 OZ	4.97	4.97	3.97	3.97
5613	THURSDAY	MARMALADE CHNKY ORNG s	16 OZ	4.97	4.97		
5614	THURSDAY	MARMALADE LEMON s	16 OZ	4.97	4.97	4.19	4.19
5615	THURSDAY	MARMALADE LIME LEMON s	16 OZ	4.97	4.97		
5599	THURSDAY	MARMALADE ORANGE s	16 OZ	4.97	4.97		
5616	THURSDAY	MARMALADE TANGERINE s	16 OZ	4.97	4.97		
40212	TRACKLE	CRANBERRY SAUCE W PORT GF s	9 OZ	4.30	4.30		
40214	TRACKLE	JAM CHILLI GF s	9 OZ	5.40	5.40		
40209	TRACKLE	JELLY MINT GF s	6 OZ	3.50	3.50		
5213	TRACKLE	JELLY RED PEPPER & CHILLI s	9 OZ	4.40	4.40		
5211	TRACKLE	JELLY REDCURRANT s	9 OZ	4.40	4.40		
40210	TRACKLE	JELLY ROSEMARY GF s	6 OZ	3.55	3.55		
40213	TRACKLE	RELISH CARMLZD ONION MARM GF s	9 OZ	5.40	5.40		
33491	WICKDNAT	JAM BLUEBERRY CHOC s	9 OZ	4.55	4.55		
33439	WICKDNAT	JAM RASPBERRY CHOC s	9 OZ	4.55	4.55		
32058	YAKAMI	MARMALADE YUZU CITRUS s	300 G	6.50	6.50		
PRESERVES & SPREADS, UNSWEETENED							
15282	BIONAT	FRUIT SPREAD APRICOT ORG Italy	9 OZ	3.20	3.20		
15285	BIONAT	FRUIT SPREAD BILBERRY Italy	9 OZ	3.55	3.55		
15284	BIONAT	FRUIT SPREAD PEACH ORG Italy	9 OZ	3.20	3.20		
15286	BIONAT	FRUIT SPREAD PLUM ORG Italy	9 OZ	3.20	3.20		
15288	BIONAT	FRUIT SPREAD STRBRY ORG Italy	9 OZ	3.20	3.20		
15287	BIONAT	FRUIT SPREAD WILD BERRY Italy	9 OZ	3.55	3.55		
32444	CAVIARME	SPREAD WILD BLUEBERRY	9 OZ	5.00	5.00		
8520	CROFTER	FRUIT SPREAD APRICOT ORG	10 OZ	3.05	3.05		
8517	CROFTER	FRUIT SPREAD BLACKBERRY ORG	10 OZ	3.05	3.05		
8518	CROFTER	FRUIT SPREAD BLK CURRANT ORG	10 OZ	3.05	3.05		
8515	CROFTER	FRUIT SPREAD RED RASPBRY ORG	10 OZ	3.29	3.29		
8514	CROFTER	FRUIT SPREAD STRAWBERRY ORG	10 OZ	3.05	3.05		
34123	CROFTER	FRUIT SPREAD SUPER FRUITS ORG	10 OZ	3.35	3.35		
8519	CROFTER	FRUIT SPREAD WILD BLUEBRY ORG	10 OZ	3.29	3.29		
28218	FIORDIFR	JAM APRICOT ORG Italy	8.82 OZ	3.64	3.64		
28228	FIORDIFR	JAM BLACK CURRANT ORG Italy	8.82 OZ	3.64	3.64		
28227	FIORDIFR	JAM BLACKBERRY ORG Italy	8.82 OZ	3.64	3.64		
28226	FIORDIFR	JAM CHERRY ORG Italy	8.82 OZ	3.64	3.64		
28223	FIORDIFR	JAM CRANBERRY ORG Italy	8.82 OZ	3.64	3.64		
28229	FIORDIFR	JAM FIGS ORG Italy	9.17 OZ	3.64	3.64		
28224	FIORDIFR	JAM LEMON ORG Italy	9.17 OZ	3.64	3.64		
28219	FIORDIFR	JAM PEACH ORG Italy	8.82 OZ	3.64	3.64		
28220	FIORDIFR	JAM PLUM ORG Italy	8.82 OZ	3.64	3.64		
28230	FIORDIFR	JAM POMEGRANATE ORG Italy	8.82 OZ	3.64	3.64		
28215	FIORDIFR	JAM RASPBERRY ORG Italy	8.82 OZ	3.64	3.64		
1592	FIORDIFR	JAM ROSEHIP ORG Italy	8.82 OZ	3.64	3.64		
28225	FIORDIFR	JAM SEVILLE ORANGE ORG Italy	9.17 OZ	3.64	3.64		
28216	FIORDIFR	JAM STRAWBERRY ORG Italy	8.82 OZ	3.64	3.64		
28221	FIORDIFR	JAM WILD BERRY ORG Italy	8.82 OZ	3.64	3.64		
28222	FIORDIFR	JAM WILD BLUEBRY ORG Italy	8.82 OZ	3.64	3.64		
1630	SORREL	FRUIT SPREAD APRICOT	10 OZ	3.15	3.15		
1631	SORREL	FRUIT SPREAD BLACK CHERRY	10 OZ	3.15	3.15		
1639	SORREL	FRUIT SPREAD BLK RASPBERRY	10 OZ	3.15	3.15		
1633	SORREL	FRUIT SPREAD ORANGE MARM	10 OZ	3.15	3.15		
1634	SORREL	FRUIT SPREAD PEACH	10 OZ	3.15	3.15		
3049	SORREL	FRUIT SPREAD PLUMGOOD	10 OZ	3.15	3.15		
1636	SORREL	FRUIT SPREAD RASPBERRY	10 OZ	3.15	3.15		
3037	SORREL	FRUIT SPREAD SEEDLS RASP	10 OZ	3.15	3.15		
3048	SORREL	FRUIT SPREAD STRAW RHUBARB	10 OZ	3.15	3.15		
1637	SORREL	FRUIT SPREAD STRAWBERRY	10 OZ	3.15	3.15		
1638	SORREL	FRUIT SPREAD WILD BLUEBRY	10 OZ	3.15	3.15		
PRESERVES & SPREADS, BUTTERS							
30300	AMER SPN	BUTTER APPLE	8 OZ	5.15	5.15		
30301	AMER SPN	BUTTER CHERRY	9 OZ	5.15	5.15		
31406	AMER SPN	BUTTER GINGER PEAR s	9 OZ	5.15	5.15		
30302	AMER SPN	BUTTER MANGO s	9 OZ	5.15	5.15		
30304	AMER SPN	BUTTER PUMPKIN s mpl sugar	9 OZ	5.15	5.15		
30299	AMER SPN	BUTTER RED RASPBERRY seedls	9 OZ	5.15	5.15		
6374	EDEN	BUTTER APPLE ORGANIC	17 OZ	5.20	5.20		
6386	EDEN	BUTTER CHERRY TART	8 OZ	8.03	8.03		
6488	HIGHLAND	MAPLE BUTTER/CREAM CINNAMON	9 OZ	9.99	9.99		
6507	HIGHLAND	MAPLE BUTTER/CREAM jar	9 OZ	9.99	9.99		
20158	PASTOR	BUTTER APPLE ORG no sugar	8 OZ	3.49	3.49		
20159	PASTOR	BUTTER APPLE ORG s	8 OZ	3.49	3.49		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
30451	TAP N	BUTTER APPLE	18 OZ	3.30	3.30		
41415	VT VILLA	APPLE BUTTER SPICED ORG	12.17 OZ	3.45	3.45		
RICE							
1130	ARROW	BASMATI RICE BROWN ORG	28 OZ	4.25	4.25		
1136	ARROW	BASMATI RICE WHITE ORG	28 OZ	3.69	3.69		
3587	D'ALLAS	RICE BLACK China	12 OZ	3.18	3.18		
5981	D'ALLAS	RICE HIMALAYAN RED	12 OZ	2.47	2.47		
5977	D'ALLAS	RICE PURPLE STICKY	12 OZ	3.13	3.13		
34327	EIGHTH	RICE KALINGA UNOY red Philipp	16 OZ	4.57	4.57		
34325	EIGHTH	RICE TINAWON FANCY Philippines	16 OZ	4.57	4.57		
34326	EIGHTH	RICE TINAWON WHITE Philippines	16 OZ	4.57	4.57		
34328	EIGHTH	RICE ULIKAN RED Philippines	16 OZ	4.57	4.57		
35014	LOTUSFD	RICE BHUTANESE RED	15 OZ	3.39	3.39	2.71	2.71
35019	LOTUSFD	RICE CARNAROLI	15 OZ	3.35	3.35	2.68	2.68
35016	LOTUSFD	RICE FORBIDDEN BLACK ORG	15 OZ	3.35	3.35		
35020	LOTUSFD	RICE JADE PEARL ORG	15 OZ	4.09	4.09		
35022	LOTUSFD	RICE JASMINE BROWN ORG	32 OZ	4.45	4.45		
35021	LOTUSFD	RICE JASMINE WHITE ORG	32 OZ	4.45	4.45		
3544	LUNDBERG	ARBORIO RICE WHITE California	2#	4.85	4.85		
33406	LUNDBERG	BASMATI RICE BROWN California	2#	3.19	3.19		
33412	LUNDBERG	BASMATI RICE BROWN ORG Cali	2#	4.39	4.39	3.39	3.39
33407	LUNDBERG	BASMATI RICE WHITE California	2#	3.50	3.50		
33405	LUNDBERG	BROWN RICE LONG California	2#	2.69	2.69		
33410	LUNDBERG	BROWN RICE LONG ORG Cali	2#	3.75	3.75		
33404	LUNDBERG	BROWN RICE SHORT California	2#	2.69	2.69		
33409	LUNDBERG	BROWN RICE SHORT ORG Cali	2#	3.75	3.75		
33411	LUNDBERG	BROWN SWEET RICE ORG Cali	2#	3.75	3.75		
3546	LUNDBERG	GOURMET RICE BLACK JAPONICA	6/16 OZ	2.95	17.70		
3550	LUNDBERG	GOURMET RICE CNTRY WILDRICE	6/16 OZ	2.95	17.70		
3552	LUNDBERG	GOURMET RICE JUBILEE BLEND	6/16 OZ	2.95	17.70		
3556	LUNDBERG	GOURMET RICE WEHANI	6/16 OZ	2.95	17.70		
3558	LUNDBERG	GOURMET RICE WILD BLEND	6/16 OZ	2.95	17.70		
3590	LUNDBERG	JASMINE BROWN RICE ORG Cali	2#	4.39	4.39		
3542	LUNDBERG	JASMINE WHITE RICE Cali	2#	3.50	3.50		
3586	LUNDBERG	JASMINE WHITE RICE ORG Cali	2#	4.95	4.95		
3541	LUNDBERG	SUSHI RICE WHITE ORG Cali	2#	4.39	4.39		
1628	LUNDBERG	WILD RICE ORG	8 OZ	5.65	5.65		
1626	LUNDBERG	WILD/WEHANI RICE BLEND ORG	8 OZ	3.45	3.45	3.11	3.11
31250	NISHIKI	BROWN RICE QUICK COOKING	2#	3.75	3.75		
30004	RED LAKE	WILD BITS & BASMATI RICE	12 OZ	3.00	3.00		
30003	RED LAKE	WILD RICE CULTIVATED Minnesota	12 OZ	4.10	4.10		
30006	RED LAKE	WILD RICE QUICK COOKING	12 OZ	4.35	4.35		
3074	RED LAKE	WILD RICE SOUP BITS(cracked)	12 OZ	3.75	3.75		
2762	TRUROOTS	BROWN RICE GERMINTD ORG gf	14 OZ	4.49	4.49		
1265	VALUEN	BLACK RICE CHINESE	1#	2.85	2.85		
SEA VEGETABLES							
7780	EMERCOVE	ARAME non organic	35 OZ	69.90	69.90		
7775	EMERCOVE	ARAME ORG	35 OZ	80.00	80.00		
7770	EMERCOVE	SUN-DRIED ISE WLD ARAME ORG	1.76 OZ	5.99	5.99		
3159	EMERCOVE	SUN-DRIED KOMBU	1.76 OZ	3.60	3.60		
3139	EMERCOVE	SUN-DRIED WAKAME	1.76 OZ	3.59	3.59		
3600	MECOAST	SEA VEG ALARIA ORG	2 OZ	4.19	4.19		
3604	MECOAST	SEA VEG DULSE ORG	2 OZ	4.55	4.55		
3606	MECOAST	SEA VEG DULSE ORG bulk	1#	25.75	25.75		
3622	MECOAST	SEA VEG FLAKES DULSE ORG	4 OZ	5.20	5.20		
3624	MECOAST	SEA VEG FLAKES DULSE ORG bulk	1#	17.50	17.50		
3660	MECOAST	SEA VEG FLAKES KELP ORG	2.75 OZ	5.25	5.25		
3608	MECOAST	SEA VEG KELP/KOMBU ORG	2 OZ	4.04	4.04		
3610	MECOAST	SEA VEG KELP/KOMBU ORG bulk	1#	23.75	23.75		
3611	MECOAST	SEA VEG LAVER/NORI ORG	1 OZ	3.28	3.28		
3747	MECOAST	SHAKR SEA SALT W/SEA VEG	1.5 OZ	2.50	2.50	1.88	1.88
3612	MECOAST	SHAKR SEA VEG DULSE-GARLIC ORG	1.5 OZ	2.53	2.53		
15375	MECOAST	SHAKR SEA VEG GRANUL DULSE ORG	1.5 OZ	2.53	2.53		
15377	MECOAST	SHAKR SEA VEG GRANUL KELP ORG	1.5 OZ	2.53	2.53		
3614	MECOAST	SHAKR SEA VEG KELP W/CAYEN ORG	1.5 OZ	2.53	2.53		
3746	MECOAST	SHAKR SEA VEG TRIPL BL FLK ORG	1 OZ	2.50	2.50	1.88	1.88
20329	OHSAWA	ARAME non organic gf vg k	1.76 OZ	5.83	5.83	4.38	4.38
20330	OHSAWA	SEA VEGETABLE KOMBU gf vg k	1.76 OZ	5.83	5.83	4.21	4.21
20331	OHSAWA	SEA VEGETABLE SALAD gf vg	.35 OZ	6.89	6.89	5.17	5.17
20332	OHSAWA	SEA VEGETABLE WAKAME gf vg	1.76 OZ	4.96	4.96	3.72	3.72
9134	WELPAC	DASHI KOMBU	4 OZ	2.61	2.61		
23836	WELPAC	HIJIKI	1#	14.43	14.43		
9128	WELPAC	HIJIKI	2 OZ	2.22	2.22		
9130	WELPAC	WAKAME	2 OZ	2.02	2.02		
SEAFOOD & CANNED MEATS							
4422	BARHAR	CLAMS CHOPPED Maine	6.5 OZ	2.78	2.78		
30621	BARHAR	HERRING W/CABERNET	7 OZ	2.54	2.54		

little DeVil

Single Serves
continued

The stickpacks are packed into stylish card barrels that can sit proudly on the smartest of bars or drinks cabinets. Currently Little Devil packs barrels containing both twenty-four and eight servings. Those who love a bottle will be pleased to know that a rather splendid 150ml Limited Edition Glass Bottle is coming very soon.

Mess-free easy opening

Grip the pack tightly between the thumb and forefinger of your weaker hand (with your thumb over "Little Devil". Hold vertically, allowing the essence to drain to the bottom of the pack. With your other hand grip the top of the pack and tear across where it is marked "tear here". Little Devil has magically lasered an invisible tear-line here, so it is as easy as pie!

Little Devil Bloody Spice Stick Barrel

Ingredients: Lea & Perrins Worcestershire Sauce (Malt Vinegar, Spriit Vinegar, Molasses, Sugar, Salt, Anchovies, Tamarind Extract, Onions, Garlic, Spice, Flavoring), Chili, anchovy Extract, Balsamic Vinegar, Lime Juice, Wasabi, Sugar, Salt, Lemon Juice, Celery Seed, Spices.

Allergy Advice: Contains Celery, Fish, & Naturally Occurring Sulphites

Item #31973 – 24 CT
Item #31974 – 8 CT

RECIPE

Natural Nectar
Tiramisu

8 servings

3/4 cup strong coffee or espresso, at room temperature
2 Tbsp Kahlua or other liqueur
2 boxes Natural Nectar Lady Fingers
Item #31934
8 oz chilled heavy whipping cream
1 8 oz container Vt. Butter & Cheese mascarpone cheese
Item #90171
1/2 cup sugar
1/4 cup grated dark chocolate Scharffen Berger - Homechef baking bar Bittersweet 70%
Item #5261
3 Tbsp Rapunzel - organic Fair Trade cocoa powder
Item #1985
Chocolate covered espresso beans

In a 2 quart rectangular baking dish, arrange Lady Fingers breaking as necessary, to completely cover bottom. In small bowl, stir together coffee and Kahlua.

Carefully brush Lady Fingers with coffee mixture to moisten completely. In large bowl, beat mascarpone cheese and sugar with electric mixer on medium speed two minutes, or until sugar is dissolved.

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
SEAFOOD & CANNED MEATS - cont.							
30620	BARHAR	HERRING W/CRACKED PEPPER	7 OZ	2.54	2.54		
30618	BARHAR	HERRING W/MUSTARD SAUCE	6.7 OZ	2.54	2.54		
30619	BARHAR	HERRING W/TOMATO BASIL SAUCE	7 OZ	2.54	2.54		
30617	BARHAR	KIPPERS SMOKED	6.7 OZ	2.54	2.54		
30615	BARHAR	LOBSTER MEAT Maine	6.5 OZ	15.15	15.15		
30616	BARHAR	MACKEREL SMOKED	6.7 OZ	2.54	2.54		
4423	BARHAR	MUSSELS WHOLE SHELLED Maine	6.5 OZ	2.78	2.78		
35440	COLES	MACKEREL IN OLIVE OIL	4.4 OZ	3.60	3.60		
35441	COLES	MACKEREL IN PIRIPIRI	3.2 OZ	3.60	3.60		
35447	COLES	MACKEREL SMOKED	4.4 OZ	3.90	3.90		
35451	COLES	SARDINES BNLS SKNLS IN OLIVE O	3.7 OZ	3.90	3.90		
35444	COLES	SARDINES IN OLIVE OIL	4.4 OZ	3.60	3.60		
35445	COLES	SARDINES IN PIRIPIRI	4.4 OZ	3.30	3.30		
35449	COLES	SARDINES IN TOMATO SAUCE	4.4 OZ	3.30	3.30		
35446	COLES	SARDINES SMOKED	3.7 OZ	3.90	3.90		
35442	COLES	TROUT IN ESCABECHE SAUCE	3.2 OZ	4.65	4.65		
35443	COLES	TROUT SMOKED IN OLIVE OIL	3.2 OZ	4.65	4.65		
35450	COLES	TUNA SKIPJACK IN OLIVE OIL	4.2 OZ	4.65	4.65		
15556	CROWN	CRAB MEAT WHITE sulfite free	6 OZ	6.00	6.00		
15550	CROWN	OYSTERS SMOKED	3 OZ	2.70	2.70		
15551	CROWN	SALMON PINK low sodium	7.5 OZ	3.15	3.15		
15553	CROWN	TUNA ALBACORE no salt	6.125 OZ	2.80	2.80		
4297	ELPESC	ANCHOVIES IN SOY OIL	2 OZ	1.50	1.50	1.27	1.27
31203	ELVELERO	ANCHOVIES IN COARSE SALT	1.75 OZ	3.55	3.55		
31086	HENRY&LISA	ALASKAN WILD PINK SALMON	6 OZ	4.30	4.30		
31085	HENRY&LISA	ALBACORE TUNA SUSHIMI GRADE	5 OZ	6.35	6.35		
21139	MATIZ	SARDINES W/LEMON	4.2 OZ	2.15	2.15		
21120	MATIZ	SARDINES IN OLIVE OIL Spain	4.2 OZ	2.10	2.10		
91051	MIG&VAL	BOQUERONES white anchovies jar	3.52 OZ	4.85	4.85		
7100	NATSEA	TUNA CHUNK LIGHT N/S yellowfin	24/6 OZ	2.19	52.56		
34660	NATVALUE	TUNA ALBACORE SOLID no salt	6 OZ	2.14	2.14	1.93	1.93
6589	NATVALUE	TUNA TONGOL N/SALT	24/6 OZ	1.70	40.80		
34661	NATVALUE	TUNA YELLOWFIN CHUNK no salt	6 OZ	1.55	1.55		
30850	ORTIZ	ANCHOVY FILLETS OLIVE OIL jar	1.9 OZ	9.51	9.51		
30852	ORTIZ	TUNA BONITO IN OLIVE OIL jar	6.3 OZ	8.89	8.89		
30853	ORTIZ	TUNA BONITO IN OLIVE OIL tin	3.24 OZ	3.00	3.00		
30854	ORTIZ	TUNA BONITO OLIVE OIL oval tin	2.89 OZ	3.74	3.74		
30856	ORTIZ	TUNA VENTRESCA FILT OO	2.8OZ	9.78	9.78		
30855	ORTIZ	TUNA YELLOWFIN OLIVE OIL jar	6.34 OZ	8.37	8.37		
4289	ROLAND	ANCHOVIES in OLIVE OIL jar	4.2 OZ	3.40	3.40		
41205	ROLAND	OYSTERS IN WATER Korea	8 OZ	2.05	2.05	1.74	1.74
41206	ROLAND	SARDINES IN WATER S&B NO SALT	5/4.38 OZ	1.57	7.85		
35420	SHELTON	CHICKEN PREMIUM BREAST can gf	5 OZ	2.86	2.86		
SNACK & SNACK BARS							
41438	ANNIEHG	GUMMY FRUIT BERRY ORG 18PK s	18/.8 OZ	.84	15.12		
34710	ANNIEHG	GUMMY FRUIT BERRY ORG 5PK s	4 OZ	3.65	3.65		
41437	ANNIEHG	GUMMY FRUIT BERRY ORG s	9/2.75 OZ	1.70	15.30		
41435	ANNIEHG	GUMMY FRUIT CITRUS ORG 18PK s	18/.8 OZ	.84	15.12		
41378	ANNIEHG	GUMMY FRUIT CITRUS ORG 5PK s	4 OZ	3.65	3.65		
41436	ANNIEHG	GUMMY FRUIT STRAWBERRY ORG s	9/2.75 OZ	1.70	15.30		
41377	ANNIEHG	GUMMY FRUIT STRAWBRY ORG 5PK s	4 OZ	3.65	3.65		
41439	ANNIEHG	GUMMY FRUIT STRWBRY ORG 18PK s	18/.8 OZ	.84	15.12	.67	12.06
34711	ANNIEHG	GUMMY FRUIT TROPICAL ORG 5PK s	4 OZ	3.65	3.65		
31749	AURORA	EDAMAME rstd	7 OZ	1.97	1.97		
34445	BAKERY	GRANOLA BAR CRAN MAPLE GF s	5 PK	3.95	3.95		
34446	BAKERY	GRANOLA BAR EXTREME TRAIL GF s	5 PK	3.95	3.95		
34444	BAKERY	GRANOLA BAR PB CHOC CHIP GF s	5 PK	3.95	3.95		
4039	CLIF	BAR APRICOT ORG	12/2.4 OZ	1.19	14.28		
4091	CLIF	BAR BLK CHERRY ALMOND ORG	12/2.4 OZ	1.19	14.28		
4040	CLIF	BAR CARROT CAKE ORG	12/2.4 OZ	1.19	14.28		
4041	CLIF	BAR CHOC ALMOND FUDGE ORG	12/2.4 OZ	1.19	14.28		
4043	CLIF	BAR CHOC BROWNIE ORG	12/2.4 OZ	1.19	14.28		
4042	CLIF	BAR CHOC CHIP ORG	12/2.4 OZ	1.19	14.28		
4044	CLIF	BAR CHOCCHIP PNUT CRUNCH ORG	12/2.4 OZ	1.19	14.28		
4046	CLIF	BAR COOL MINT CRISP ORG	12/2.4 OZ	1.19	14.28		
4057	CLIF	BAR CRNCHY PNUT BUTTER ORG	12/2.4 OZ	1.19	14.28		
4093	CLIF	BAR PEANUT TOFFEE BUZZ ORG	12/2.4 OZ	1.19	14.28		
30760	CLIF	BAR WHITE CHOC MACADAMIA s	12/2.4 OZ	1.19	14.28		
4014	CLIF	BUILDER BAR CHOCOLATE s	12/2.4 OZ	1.79	21.48		
4013	CLIF	BUILDER BAR PEANUT BUTTER s	12/2.4 OZ	1.79	21.48		
4047	CLIF	eta 11/10 BAR CRANAPPLE CHERRY	12/2.4 OZ	1.19	14.28		
4050	CLIF	SHOT BLOKS BLACK CHERRY s	18/2.1 OZ	1.59	28.62		
4048	CLIF	SHOT BLOKS CRAN-RAZZ s	18/2.1 OZ	1.59	28.62		
4053	CLIF	SHOT BLOKS ORANGE s	18/2.1 OZ	1.59	28.62		
4049	CLIF	SHOT BLOKS STRAWBERRY s	18/2.1 OZ	1.59	28.62		
30762	CLIF KID	TWISTED FRUIT GRAPE	18/.7 OZ	.66	11.88		
30763	CLIF KID	TWISTED FRUIT MIXED BERRY	18/.7 OZ	.66	11.88		
30764	CLIF KID	TWISTED FRUIT PINEAPPLE	18/.7 OZ	.66	11.88	.56	10.08
30765	CLIF KID	TWISTED FRUIT SOUR APPLE	18/.7 OZ	.66	11.88		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
30761	CLIF KID	TWISTED FRUIT STRAWBERRY	18/.7 OZ	.66	11.88		
30766	CLIF KID	TWISTED FRUIT TROPICAL	18/.7 OZ	.66	11.88		
32521	ELFOODS	BAR DECADANCE RAW gf vg	16/.7 OZ	1.03	16.48		
32520	ELFOODS	BAR INDIGO NIGHTS RAW gf vg	16/.7 OZ	1.03	16.48		
32519	ELFOODS	BAR YOGA RAW gf vg	16/.7 OZ	1.03	16.48		
32532	ELFOODS	CACAO BEANS HEIRLOM RAW ORG vg	8 OZ	6.56	6.56		
32533	ELFOODS	CACAO NIBS HEIRLOM RAW ORG vg	8 OZ	6.56	6.56		
32522	ELFOODS	TRAIL MIX RAW SUPERFOOD ORG vg	8 OZ	7.27	7.27		
8624	FRUITABU	FRUIT ROLLS STRAWBERRY 6CT	4.4 OZ	4.00	4.00	3.40	3.40
5838	GENISOY	BAR CHOCOLATE MINT	12/2.2 OZ	1.23	14.76		
35085	GLENNY	MARSH TRT BRN RICE VAN GF ORG	24/.85 OZ	.95	22.80		
30674	GNU FOOD	FIBER BAR BANANA WALNUT Vg	16/1.6 OZ	1.40	22.40		
30677	GNU FOOD	FIBER BAR BANANA WALNUT Vg 5pk	5/1.6 OZ	6.80	6.80		
30684	GNU FOOD	FIBER BAR CHOCLT BROWNI Vg 5pk	5/1.6 OZ	6.80	6.80		
41032	GNU FOOD	FIBER BAR CHOCOLATE BROWNIE Vg	16/1.6 OZ	1.40	22.40		
30675	GNU FOOD	FIBER BAR CINN RAISIN Vg	16/1.6 OZ	1.40	22.40		
30678	GNU FOOD	FIBER BAR CINN RAISIN Vg 5pk	5/1.6 OZ	6.80	6.80		
30679	GNU FOOD	FIBER BAR ORANG CRANBRY Vg 5pk	5/1.6 OZ	6.80	6.80		
30676	GNU FOOD	FIBER BAR ORANGE CRANBERRY Vg	16/1.6 OZ	1.40	22.40		
30688	GNU FOOD	FIBER BAR PEANUT BUTTER vg	16/1.6 OZ	1.40	22.40		
30687	GNU FOOD	FIBER BAR PEANUT BUTTER Vg 5pk	5/1.6 OZ	6.80	6.80		
36450	GOMACRO	BAR ALMND BUTTR W/CAROB vg	15/2 OZ	1.87	28.05		
36451	GOMACRO	BAR CASHEW BUTTER gf df vg	15/2 OZ	1.87	28.05		
36452	GOMACRO	BAR GRANOL W/COCNT gf df vg	15/2 OZ	1.87	28.05		
36457	GOMACRO	BAR NUTRNT BANA ALMND gf df vg	15/1.9 OZ	1.87	28.05		
36459	GOMACRO	BAR NUTRNT CASHEW MESQT gf vg	15/2.1 OZ	1.87	28.05		
36458	GOMACRO	BAR NUTRNT CHOC CRUNCH vg	15/1.9 OZ	1.87	28.05		
36453	GOMACRO	BAR PNUT BTR CHOC CHP df vg	15/2.5 OZ	1.87	28.05		
36454	GOMACRO	BAR PNUT PROTEIN gf df vg	15/2.3 OZ	1.87	28.05		
36455	GOMACRO	BAR SESAME BERRY gf df vg	15/2 OZ	1.87	28.05		
36456	GOMACRO	BAR TAHINI DATE gf df vg	15/2 OZ	1.87	28.05	1.68	25.20
1611	HICKORY	SESAME GROATCAKES	24/2 OZ	.73	17.52		
34627	KASHI	TLC CHEWY BAR CHRY DK CHOC	7.4 OZ	4.57	4.57		
41022	LARABAR	RAW BAR APPLE PIE gf vg	16/1.6 OZ	1.32	21.12		
41501	LARABAR	RAW BAR ASSORTED MINI GF Vg	12/.78 OZ	.80	9.60		
41023	LARABAR	RAW BAR BANANA COOKIE gf vg	16/1.6 OZ	1.32	21.12		
41024	LARABAR	RAW BAR CASHEW COOKIE gf vg	16/1.6 OZ	1.32	21.12		
41025	LARABAR	RAW BAR CHERRY PIE gf vg	16/1.6 OZ	1.32	21.12		
41026	LARABAR	RAW BAR CHOC COCONUT gf vg	16/1.6 OZ	1.32	21.12		
41013	LARABAR	RAW BAR GINGER SNAP gf vg	16/1.8 OZ	1.32	21.12		
41014	LARABAR	RAW BAR LEMON gf vg	16/1.8 OZ	1.32	21.12		
41500	LARABAR	RAW BAR PB & JELLY gf vg	16/1.8 OZ	1.32	21.12		
4072	LUNA	BAR CHOC PEPPERMNT STICK Vg	15/1.69 OZ	1.19	17.85		
4063	LUNA	BAR DULCE DE LECHE s Vg	15/1.69 OZ	1.19	17.85	.89	13.35
4061	LUNA	BAR LEMON ZEST Vg	15/1.69 OZ	1.19	17.85		
4064	LUNA	BAR NUTZ OVER CHOC Vg	15/1.69 OZ	1.19	17.85		
4066	LUNA	BAR S'MORES Vg	15/1.69 OZ	1.19	17.85		
15387	MECOAST	KELP CRNCH BAR SESAME ORG	12/1 OZ	1.45	17.40		
15388	MECOAST	KELP CRNCH BAR SESM GINGR ORG	12/1 OZ	1.45	17.40		
5564	MRS MAYS	CRUNCH ALMOND GF vg s	2 OZ	1.15	1.15		
5572	MRS MAYS	CRUNCH ALMOND GF vg s	5 OZ	2.59	2.59		
5562	MRS MAYS	CRUNCH BLACK SESAME GF vg s	2 OZ	1.15	1.15		
5571	MRS MAYS	CRUNCH BLACK SESAME GF vg s	5.5 OZ	2.64	2.64		
5566	MRS MAYS	CRUNCH CASHEW GF vg s	2 OZ	1.15	1.15	.89	.89
5574	MRS MAYS	CRUNCH CASHEW GF vg s	5 OZ	2.59	2.59		
32105	MRS MAYS	CRUNCH COCONUT ALMOND GF vg s	5.5 OZ	2.59	2.59		
34990	MRS MAYS	CRUNCH CRANBLUEBRY GF vg s	2 OZ	1.15	1.15	1.04	1.04
34991	MRS MAYS	CRUNCH CRANTROPICAL GF vg s	2 OZ	1.15	1.15	.89	.89
5565	MRS MAYS	CRUNCH PUMPKIN SEED GF vg	2 OZ	1.15	1.15		
5573	MRS MAYS	CRUNCH PUMPKIN SEED GF vg s	5 OZ	2.64	2.64		
5561	MRS MAYS	CRUNCH SUNFLOWER GF vg s	2 OZ	1.15	1.15		
5567	MRS MAYS	CRUNCH WALNUT GF vg s	2 OZ	1.15	1.15	.86	.86
35665	MRS MAYS	FREEZE DRD CHIPS FRT APPLE	36/.35 OZ	.79	28.44		
35668	MRS MAYS	FREEZE DRD CHIPS FRT PEAR	36/.35 OZ	.79	28.44	.71	25.56
35666	MRS MAYS	FREEZE DRD CHIPS FRT PINEAPPLE	36/.35 OZ	.79	28.44	.59	21.24
35667	MRS MAYS	FREEZE DRD CHIPS FRT STRWBRY	36/.35 OZ	.79	28.44		
35095	MRS MAYS	ULT BAR CRUNCH CRAN GOJI vg s	12/1.4 OZ	1.15	13.80		
35096	MRS MAYS	ULT BAR PLUS BANANA BLBRY vg s	12/1.4 OZ	1.15	13.80		
35097	MRS MAYS	ULT BAR PLUS MNGO STRWBRY vg s	12/1.4 OZ	1.15	13.80	.86	10.32
7187	NATURCHO	CEREAL BARS APPLE LF WF	6 BARS	3.03	3.03		
7188	NATURCHO	CEREAL BARS BLUEBERRY LF WF	6 BARS	3.03	3.03		
7137	NATURCHO	CEREAL BARS CHERRY LF WF	6 BARS	3.03	3.03		
7189	NATURCHO	CEREAL BARS STRAWBERRY LF WF	6 BARS	3.03	3.03		
7138	NATURCHO	CEREAL BARS TRIPLE BERRY LF WF	6 BARS	3.03	3.03		
3258	NENB	BAR GRNLA CHEWY ANTIOX ORG s	6 OZ	3.68	3.68	2.76	2.76
3259	NENB	BAR GRNLA CHWY CHOC OMGA ORG s	6 OZ	3.68	3.68	2.76	2.76
3279	NENB	BAR GRNLA CHWY MAPLE NUT ORG s	6 OZ	3.68	3.68	2.76	2.76

RECIPE

Natural Nectar *Tiramisu*

continued

With mixer running, slowly add whipping cream and continue to beat until smooth and fluffy. Spread half of the mascarpone cheese mixture over softened Lady Fingers, sprinkle with grated chocolate.

Top with second layer of Lady Fingers, brush with remainder of coffee mixture and top with remaining mascarpone cheese. Smooth surface with back of a spoon and sift a thick layer of cocoa powder over entire dish.

Garnish with chocolate covered espresso beans.

Cover with plastic wrap and chill in refrigerator overnight.

Porridge Oat Bars

Stoats porridge oat bars are made from our unique blend of Scottish organic oats & other naturally nutritious and delicious ingredients!

Classic Original Oat Bar
31590

White Chocolate & Hazelnuts Porridge Oat Bar
31592

Raspberry & Honey Porridge Oat Bar
31592

Blueberry & Honey Porridge Oat Bar
31591

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SNACK & SNACK BARS - cont.

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
8568	OSKRI	BAR BLACK SESAME ORG GF	18/1.9 OZ	.86	15.48		
31027	OSKRI	BAR CASHEW WF/GF	20/1.5 OZ	1.20	24.00		
31031	OSKRI	BAR DATE WF/GF	20/1.5 OZ	1.20	24.00		
31026	OSKRI	BAR DESERT DATES WF/GF	20/1.5 OZ	1.20	24.00		
34804	OSKRI	BAR FIBER ALMD CRANBRY gf	20/1.5 OZ	.86	17.20		
34805	OSKRI	BAR FIBER CASHEW CRANBRY gf	20/1.5 OZ	.86	17.20		
34806	OSKRI	BAR FIBER PECAN RAISIN gf	20/1.5 OZ	.86	17.20		
31030	OSKRI	BAR FIG WF/GF	20/1.5 OZ	1.20	24.00		
31029	OSKRI	BAR FLAX SEED WF/GF	20/1.5 OZ	1.20	24.00		
31024	OSKRI	BAR GRANOLA WF/GF	20/1.5 OZ	1.20	24.00		
34802	OSKRI	BAR GRNLA ALMD CRAN DK CHOC s	20/1.5 OZ	1.19	23.80		
34803	OSKRI	BAR GRNLA NUT FREE DK CHOC s	20/1.5 OZ	1.19	23.80		
35685	OSKRI	BAR MINI CASHEW CRNBRY gf v k	40/.88 OZ	.41	16.40		
35688	OSKRI	BAR MINI COCONT DK CH ORG gf v	40/.88 OZ	.41	16.40		
35689	OSKRI	BAR MINI COCONT MLK CH ORG gf	40/.88 OZ	.41	16.40		
35682	OSKRI	BAR MINI COCONUT ORG gf vg k	40/.78 OZ	.41	16.40		
35691	OSKRI	BAR MINI FIBER ALMND CRNBRY gf	40/.88 OZ	.41	16.40		
35690	OSKRI	BAR MINI GRANOLA M CHOC RAISIN	40/.88 OZ	.41	16.40		
35681	OSKRI	BAR MINI QUINOA ORG gf vg k	40/.78 OZ	.36	14.40		
35680	OSKRI	BAR MINI SESME DATE SYRP gf vg	40/.78 OZ	.36	14.40		
31028	OSKRI	BAR MIXED NUTS WF/GF	20/1.5 OZ	1.20	24.00		
31023	OSKRI	BAR MUESLI WF/GF	20/1.5 OZ	1.20	24.00		
8569	OSKRI	BAR QUINOA GF	18/1.9 OZ	.86	15.48		
31025	OSKRI	BAR TURKISH DELIGHT WF/GF	20/1.5 OZ	1.20	24.00		
8572	OSKRI	COCONUT BAR ALMOND FLVRD ORG	18/2.2 OZ	.86	15.48		
8574	OSKRI	COCONUT BAR CHERRY FLVRD ORG	18/2.2 OZ	.86	15.48		
34800	OSKRI	COCONUT BAR DK CHOC ORG gf s	20/1.5 OZ	1.19	23.80		
8578	OSKRI	COCONUT BAR MANGO FLVRD ORG	18/2.2 OZ	.86	15.48		
8571	OSKRI	COCONUT BAR ORIGINAL ORG	18/2.2 OZ	.86	15.48		
8577	OSKRI	COCONUT BAR PINEAPPLE FLVRD OR	18/2.2 OZ	.86	15.48		
8575	OSKRI	COCONUT BAR STRAWBERY FLVRD OR	18/2.2 OZ	.86	15.48		
31385	OSKRI	CRUNCH HNY ALMONDS	6/3.53 OZ	1.79	10.74		
31386	OSKRI	CRUNCH HNY CASHEW CRANBERRIES	6/3.53 OZ	1.79	10.74		
31387	OSKRI	CRUNCH HNY PECAN CINNAMON	6/3.53 OZ	1.79	10.74		
34473	OSKRI	JBAR CASHW CRAN LOW SUG GF	20/1.5 OZ	1.27	25.40	.99	19.80
35692	OSKRI	PATTIE HONEY MINT gf v k	80/11 GM	.38	30.40		
8422	OSKRI	SESAME BAR DATE SYRUP GF	18/1.9 OZ	.86	15.48		
8424	OSKRI	SESAME BAR DATE/CUMIN GF	18/1.9 OZ	.86	15.48		
8425	OSKRI	SESAME BAR DATE/FENNEL GF	18/1.9 OZ	.86	15.48		
34801	OSKRI	SESAME BAR DK CHOC ORG gf s	20/1.5 OZ	1.19	23.80		
8426	OSKRI	SESAME BAR MOLAS/CUMIN GF	18/1.9 OZ	.86	15.48		
8427	OSKRI	SESAME BAR MOLAS/FENNEL GF	18/1.9 OZ	.86	15.48		
8423	OSKRI	SESAME BAR MOLASSES GF	18/1.9 OZ	.86	15.48		
7427	PRIMAL	MEATLESS JERKY HCKY SMOK vg k	24/1 OZ	1.05	25.20		
7424	PRIMAL	MEATLESS JERKY HT SHTK MUSH vg	24/1 OZ	1.05	25.20		
7425	PRIMAL	MEATLESS JERKY MESQUITE LIME v	24/1 OZ	1.05	25.20		
7429	PRIMAL	MEATLESS JERKY TERIYAKI vg k s	24/1 OZ	1.05	25.20		
7426	PRIMAL	MEATLESS JERKY TEXAS BBQ vg k	24/1 OZ	1.05	25.20		
7431	PRIMAL	MEATLESS JERKY THAI PNUT vg k	24/1 OZ	1.05	25.20		
7428	PRIMAL	MEATLESS PEPPERONI NAT vg k s	24/1.5 OZ	1.32	31.68		
31323	SAHALE	KSAR BLEND Moroccan	5 OZ	4.19	4.19		
31320	SAHALE	SING BURI BLEND Thai	5 OZ	4.19	4.19		
31322	SAHALE	SOLEDAD BLEND Mediterranean	5 OZ	4.19	4.19		
31324	SAHALE	VOLDOSTA BLEND American South	5 OZ	4.19	4.19		
2986	SENSIBLE	CRUNCH DRIED FRUIT CHERRYBERRY	6/.75 OZ	1.32	7.92		
2988	SENSIBLE	CRUNCH DRIED FRUIT ORCHARD BL	6/.75 OZ	1.32	7.92		
2987	SENSIBLE	CRUNCH DRIED FRUIT TROPICAL BL	6/.75 OZ	1.32	7.92		
31591	STOATS	BAR BLUEBERRY HONEY OAT s	12/2.4 OZ	1.17	14.04	1.05	12.60
31590	STOATS	BAR CLASSIC OAT s	12/2.4 OZ	1.17	14.04	1.05	12.60
31592	STOATS	BAR RASPBERRY HONEY OAT s	12/2.4 OZ	1.17	14.04	1.05	12.60
31593	STOATS	BAR WHT CHOC HAZELNUT OAT s	12/2.4 OZ	1.17	14.04	1.05	12.60
6610	STRETCH	FRUIT LEATHER RASPBERRY	30/.5 OZ	.49	14.70	.42	12.60
6613	STRETCH	FRUIT LEATHER *ASSORTED	30/.5 OZ	.54	16.20		
6602	STRETCH	FRUIT LEATHER ABUNDANT APRICOT	30/.5 OZ	.49	14.70	.42	12.60
6603	STRETCH	FRUIT LEATHER AUTUMN APPLE	30/.5 OZ	.49	14.70	.42	12.60
6606	STRETCH	FRUIT LEATHER GRAPE	30/.5 OZ	.49	14.70	.42	12.60
6609	STRETCH	FRUIT LEATHER MANGO SUNRISE	30/.5 OZ	.49	14.70	.42	12.60
6605	STRETCH	FRUIT LEATHER ORCHARD CHERRY	30/.5 OZ	.49	14.70	.42	12.60
6611	STRETCH	FRUIT LEATHER STRAWBERRY	30/.5 OZ	.49	14.70	.42	12.60
6722	TIGERMLK	BAR PB & HONEY h s	24/1.25 OZ	.57	13.68		
6724	TIGERMLK	BAR PEANUT BUTTER h s	24/1.23 OZ	.57	13.68		
6726	TIGERMLK	BAR PROTEIN RICH h s	24/1.23 OZ	.57	13.68		
36464	VITASPEL	SESAME STICK SPELT CHEDDAR	9.5 OZ	3.32	3.32	2.99	2.99
36465	VITASPEL	SESAME STICK SPELT GARLIC	9.5 OZ	3.32	3.32		
36466	VITASPEL	SESAME STICK SPELT SALTED	9.5 OZ	3.32	3.32		
36469	VITASPEL	WILD RICE STICK SPELT SALTED	9.5 OZ	3.32	3.32	2.49	2.49

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
33601	VT NUTFR	BAR GRANOLA CH CHIP NUT FREE s	12/2.1 OZ	1.63	19.56		
33602	VT NUTFR	BAR GRANOLA SWT RSIN NUT FREE	12/2.1 OZ	1.63	19.56	1.29	15.48
33600	VT NUTFR	BAR GRANOLA TRI BRY NUT FREE s	12/2.1 OZ	1.63	19.56		
31571	VTSMOKE	BEEF STICK BBQ natural	24/1 OZ	1.10	26.40		
31570	VTSMOKE	BEEF/PORK STCK CRCK PEP natura	24/1 OZ	1.10	26.40		
63190	VTSMOKE	SMOKED PEPPERONI nitrates	7 OZ	4.40	4.40		
63228	VTSMOKE	SUMMER SAUSAGE no nitrates	6 OZ	4.25	4.25		
36401	YOGAVIVE	APPLE CHIPS APL CINNAMON ORG	5/.35 OZ	.99	4.95	.79	3.95
36402	YOGAVIVE	APPLE CHIPS CARAMEL ORG	5/.35 OZ	.99	4.95	.79	3.95
36400	YOGAVIVE	APPLE CHIPS ORIGINAL ORG	5/.35 OZ	.99	4.95	.79	3.95
36403	YOGAVIVE	APPLE CHIPS PEACH ORG	5/.35 OZ	.99	4.95	.69	3.45
36404	YOGAVIVE	APPLE CHIPS STRAWBERRY ORG	5/.35 OZ	.99	4.95	.79	3.95
SOUPS & BROTHS, CANNED & ASCEPTICS							
4780	AMYS	SOUP ALPHABET ORG s vg	14.1 OZ	2.35	2.35	1.88	1.88
4792	AMYS	SOUP BLACK BEAN VEG ORG GF vg	14.5 OZ	2.76	2.76	2.21	2.21
4784	AMYS	SOUP CHUNKY TOM BISQUE ORG GF	14.5 OZ	2.76	2.76	2.21	2.21
4791	AMYS	SOUP CREAM OF MUSHROOM ORG	14.1 OZ	2.76	2.76	2.21	2.21
4787	AMYS	SOUP CREAM OF TOMATO ORG GF	14.5 OZ	2.35	2.35	1.88	1.88
35463	AMYS	SOUP CREAM TOMATO ORG l/s gf k	14.5 OZ	2.35	2.35	1.88	1.88
50257	AMYS	SOUP CURRIED LENTIL vg	14.1 OZ	2.76	2.76	2.21	2.21
4788	AMYS	SOUP LENTIL ORG GF vg	14.5 OZ	2.35	2.35	1.88	1.88
4783	AMYS	SOUP LENTIL VEG ORG GF vg	14.5 OZ	2.35	2.35	1.88	1.88
35460	AMYS	SOUP LENTIL VEG ORG l/s gf vg	14.5 OZ	2.35	2.35	1.88	1.88
4786	AMYS	SOUP MINESTRONE ORG vg	14.1 OZ	2.35	2.35	1.88	1.88
4789	AMYS	SOUP NO CHICKEN NOODLE vg	14.1 OZ	2.35	2.35	1.88	1.88
4830	AMYS	SOUP PASTA & 3 BEAN ORG	14.1 OZ	2.35	2.35	1.88	1.88
4793	AMYS	SOUP SPLIT PEA ORG GF vg	14.1 OZ	2.35	2.35	1.88	1.88
50256	AMYS	SOUP SUMMER CORN & VEG ORG	14.5 OZ	2.76	2.76	2.21	2.21
33001	AMYS	SOUP THAI COCONUT vg	14.1 OZ	2.99	2.99	2.39	2.39
35464	AMYS	SOUP TOMATO CHUNKY ORG l/s gf	14.5 OZ	2.76	2.76	2.21	2.21
33002	AMYS	SOUP TUSCAN BEAN & RICE ORG vg	14.1 OZ	2.76	2.76	2.21	2.21
35462	AMYS	SOUP VEG CHUNKY ORG gf vg	14.3 OZ	2.35	2.35	1.88	1.88
35461	AMYS	SOUP VEG FIRE RSTD ORG gf vg	14.3 OZ	2.99	2.99	2.39	2.39
4790	AMYS	SOUP VEGETABLE BARLEY ORG vg	14.1 OZ	2.35	2.35	1.88	1.88
36441	BARHAR	CHOWDER CHERRYSTONE CLAM Me	15 OZ	2.75	2.75		
30625	BARHAR	CHOWDER CORN	15 OZ	2.75	2.75		
30624	BARHAR	CHOWDER FISH	15 OZ	2.75	2.75		
30622	BARHAR	CHOWDER LOBSTER	15 OZ	5.35	5.35		
30623	BARHAR	CHOWDER MAINE SALMON	15 OZ	2.75	2.75		
36442	BARHAR	CHOWDER MANHATTAN CLAM	15 OZ	2.75	2.75		
4387	BARHAR	CHOWDER NEW ENGLAND CLAM	15 OZ	2.75	2.75		
35073	BARHAR	STOCK CLAM	15 OZ	2.07	2.07		
35071	BARHAR	STOCK FISH	15 OZ	2.07	2.07		
35072	BARHAR	STOCK LOBSTER	15 OZ	2.07	2.07		
35074	BARHAR	STOCK SEAFOOD	15 OZ	2.07	2.07		
30890	DR MCDGL	ASIAN NOODLE CUP PAD THAI vg	2 OZ	1.66	1.66		
30888	DR MCDGL	ASIAN NOODLE CUP KUNG PAO vg	2 OZ	1.66	1.66		
30891	DR MCDGL	ASIAN NOODLE CUP RSTD PNUT vg	1.9 OZ	1.66	1.66		
30892	DR MCDGL	ASIAN NOODLE CUP SOY GINGER vg	1.9 OZ	1.66	1.66	1.25	1.25
30893	DR MCDGL	ASIAN NOODLE CUP SZECHUAN vg	2 OZ	1.66	1.66		
30894	DR MCDGL	ASIAN NOODLE CUP TERIYAKI vg	1.9 OZ	1.66	1.66		
30889	DR MCDGL	ASIAN PILAF CUP MSALA LENTIL v	2.6 OZ	1.66	1.66		
30887	DR MCDGL	ASIAN PILAF CURRY LENTIL	2.5 OZ	1.66	1.66		
30883	DR MCDGL	SOUP BLACK BEAN RTS gf vg	18.3 OZ	2.61	2.61		
30882	DR MCDGL	SOUP CHUNKY TOMATO RTS gf vg	17.7 OZ	2.61	2.61		
30880	DR MCDGL	SOUP LENTIL RTS gf vg	18.2 OZ	2.61	2.61		
30895	DR MCDGL	SOUP LENTIL RTS l/sd gf vg	18 OZ	2.61	2.61		
30885	DR MCDGL	SOUP MINESTRONE RTS vg	18 OZ	2.61	2.61		
30886	DR MCDGL	SOUP RSTD PEP TOM RTS gf vg	18 OZ	2.61	2.61		
30884	DR MCDGL	SOUP SPLIT PEA RTS vg	18.2 OZ	2.61	2.61		
30881	DR MCDGL	SOUP VEGETABLE RTS gf vg	18 OZ	2.61	2.61		
30896	DR MCDGL	SOUP VEGETABLE RTS l/sd gf vg	18 OZ	2.61	2.61		
35490	GRINGOJK	SOUP BUTTER NUT SQUASH & APPLE	24 OZ	6.14	6.14	4.61	4.61
35491	GRINGOJK	SOUP CARROT & COCONUT	24 OZ	5.65	5.65	4.24	4.24
35493	GRINGOJK	SOUP MEXICAN WEDDING	24 OZ	6.14	6.14	4.61	4.61
35492	GRINGOJK	SOUP TOMATO & GINGER	24 OZ	4.41	4.41	3.30	3.30
5504	HEINZ	SOUP TOMATO	400 GR	2.47	2.47		
3780	IMAGINE	BROTH CHICKEN FREE-RNG ORG	16 OZ	2.35	2.35		
3756	IMAGINE	BROTH NO CHICKEN ORG	32 OZ	3.55	3.55		
3782	IMAGINE	BROTH VEGETABLE ORG	16 OZ	2.35	2.35		
3759	IMAGINE	BROTH VEGETABLE ORG	32 OZ	3.55	3.55		
3784	IMAGINE	SOUP CRMY BROCCOLI ORG GF Vg	16 OZ	2.75	2.75		
3787	IMAGINE	SOUP CRMY BUTTRNUT ORG GF Vg	16 OZ	2.75	2.75		
3786	IMAGINE	SOUP CRMY TOMATO ORG GF Vg	16 OZ	2.75	2.75		
35396	KITCHENB	STOCK BEEF ALL NATURAL	32 OZ	2.69	2.69		
35398	KITCHENB	STOCK CHICKEN ALL NATURAL	8 OZ	.79	.79		
35397	KITCHENB	STOCK CHICKEN ALL NATURAL	32 OZ	2.49	2.49		
35400	KITCHENB	STOCK SEAFOOD ALL NATURAL	32 OZ	2.65	2.65		
35401	KITCHENB	STOCK TURKEY ALL NATURAL	32 OZ	2.49	2.49		
35403	KITCHENB	STOCK VEGETABLE ALL NATURAL	32 OZ	2.65	2.65		

Silly Cow Farms
Natural
Hot Chocolate

Silly Cow Farms

Natural Hot Chocolate

The Fourth Flavor in the* Silly Cow Farms *Milk Bottles!

Introducing...

CHOCOLATE MOO-USSE!

16.9 oz. of Fun and Silliness!

Ingredients: Natural cane sugar, Grand Cocao (cocoa[processed with alkali], bittersweet chocolate [cacao beans, cocoa butter, soy lecithin, vanilla beans]) and Dutch processed cocoa (with alkali)

Item #34409

Does anyone have *a Ricola*?

For over 70 years, Ricola has been the worldwide leader in providing natural herbal relief for coughs and sore throats. Not only is Ricola an original... it is the original. Ricola's unique herbal formula delivers the effective, soothing relief and great taste that you demand from a cough drop.

All Ricola products are made with 100% natural herbs with the strictest protocol and utmost care of select Swiss mountain areas. All of Ricola's products deliver nature's best...and they taste great too.

Natural Lemon Mint Throat Drops

Ricola Lemon Mint gets its uniquely mellow taste from the herb lemon balm. Light and refreshing, Ricola Lemon Mint is ideal for year-round use, offering relief from cold and flu symptoms as well as dry, scratchy throats and seasonal allergies.

Active Ingredient (in each drop): Menthol, 1.5 mg. Inactive Ingredients: citric acid, extract of lemon balm and Ricola's herb mixture (elder, horehound, hyssop, lemon balm, linden flowers, mallow, peppermint, sage, thyme, wild thyme), natural color (beta-carotene), natural flavors (lemon oil, peppermint oil), starch syrup, sugar.

Item #73115 - 24 CT

SOUPS & BROTHS, CANNED & ASCEPTICS - cont.

8100	OLDCAPE	CHOWDER NEW ENGLAND CLAM	15 OZ	2.19	2.19		
30581	PACIFIC	BROTH BEEF NATURAL	32 OZ	2.92	2.92		
30583	PACIFIC	BROTH CHICKEN ORGANIC	32 OZ	3.19	3.19		
30582	PACIFIC	BROTH CHICKEN ORGANIC	4/8 OZ	.87	3.48		
5690	PACIFIC	BROTH NAT FREE-RANGE CHICK	32 OZ	2.90	2.90		
5691	PACIFIC	BROTH ORGANIC VEGETABLE	32 OZ	3.19	3.19		
30584	PACIFIC	BROTH VEGETABLE ORG	4/8 OZ	.87	3.48		

SOUPS & BROTHS, CUPS & DRY MIXES

30541	DR MCDGL	BIG CUP SOUP BLACK BEAN LIME	6/3.4 OZ	1.81	10.86		
30563	DR MCDGL	BIG CUP SOUP CHICK RICE PASTA	6/2.7 OZ	1.81	10.86		
30499	DR MCDGL	BIG CUP SOUP CHICKEN RAMEN	6/2.1 OZ	1.81	10.86		
30537	DR MCDGL	BIG CUP SOUP HOT & SOUR	6/1.9 OZ	1.81	10.86		
30538	DR MCDGL	BIG CUP SOUP INDIAN RICE CURRY	6/3.4 OZ	1.81	10.86		
30542	DR MCDGL	BIG CUP SOUP MINESTRONE	6/2.3 OZ	1.81	10.86		
30536	DR MCDGL	BIG CUP SOUP MISO GINGER	6/1.9 OZ	1.81	10.86		
30535	DR MCDGL	BIG CUP SOUP PAD THAI	6/2.0 OZ	1.81	10.86		
30540	DR MCDGL	BIG CUP SOUP SPLIT PEA BARLEY	6/2.5 OZ	1.81	10.86		
30694	DR MCDGL	BIG CUP SOUP SPRING ONION	6/1.9 OZ	1.81	10.86		
35167	FRN SOUP	CHOWDER MIX RED PPR CORN FL SU	6 OZ	4.09	4.09		
31445	FRN SOUP	HEARTY CHILI CA WHITE BEAN	15 OZ	5.29	5.29		
31449	FRN SOUP	HEARTY CHILI MI SKI COUNTRY	15 OZ	5.29	5.29		
31447	FRN SOUP	HEARTY CHOWDER IL CORN	7 OZ	5.29	5.29		
31455	FRN SOUP	HEARTY SOUP IN SAUSAGE LENTIL	16 OZ	5.29	5.29		
31450	FRN SOUP	HEARTY SOUP MN 11-BEAN	18 OZ	5.29	5.29		
31451	FRN SOUP	HEARTY SOUP NB GREEN PEA	16 OZ	5.29	5.29		
31453	FRN SOUP	HEARTY SOUP NY MINESTRONE	15 OZ	5.29	5.29		
31454	FRN SOUP	HEARTY SOUP TX BLACKBEAN	15 OZ	5.29	5.29		
31456	FRN SOUP	HEARTY SOUP WI WILD RICE	6 OZ	5.29	5.29		
31446	FRN SOUP	HEARTY STEW DK BEEF BRLY BEAN	14 OZ	5.29	5.29		
31452	FRN SOUP	HEARTY STEW NE FISHERMAN	10 OZ	5.29	5.29		
35170	FRN SOUP	SOUP MIX BROC CHDR VIRG BLU RD	4.25 OZ	4.49	4.49		
35166	FRN SOUP	SOUP MIX CHCKN NOODLE CT COTTA	4.5 OZ	4.09	4.09		
35168	FRN SOUP	SOUP MIX FRNCH ONI CHCAGO BSTR	4.75 OZ	4.09	4.09		
35180	FRN SOUP	SOUP MIX ITALIAN WEDDING	5 OZ	4.09	4.09		
35172	FRN SOUP	SOUP MIX NEW ORLN CREOLE JMBLY	6 OZ	4.09	4.09		
35169	FRN SOUP	SOUP MIX POTA LEEK IDAHO OUTPO	4 OZ	4.09	4.09		
35171	FRN SOUP	SOUP MIX TORTILLA SOUTH BORDR	4.5 OZ	4.09	4.09		
40423	NORTHBAY	SOUP MIX 32 BEAN 8 VEGETABLES	16 OZ	4.83	4.83		
40425	NORTHBAY	SOUP MIX WW ABC VEGETABLE	16 OZ	4.64	4.64	2.89	2.89

SOY PRODUCTS

1270	MORINU	SILKEN TOFU extra firm	12/12 OZ	1.39	16.68		
1271	MORINU	SILKEN TOFU firm	12/12 OZ	1.39	16.68		

SWEETENERS, SUGAR

9534	BILLNGTN	SUGAR DARK BROWN MOLASSES	16 OZ	2.17	2.17		
9536	BILLNGTN	SUGAR DEMERARA	16 OZ	2.17	2.17		
9537	BILLNGTN	SUGAR GOLDEN Coffee Lover's	16 OZ	2.47	2.47		
9533	BILLNGTN	SUGAR LIGHT BROWN MUSCOVADO	16 OZ	2.17	2.17		
9535	BILLNGTN	SUGAR MILLED GOLDEN CANE	16 OZ	2.17	2.17	1.74	1.74
9073	FLORIDA	SUGAR MILLED CANE bag	32 OZ	3.25	3.25		
31538	LAMEDINA	SUGAR CUBES BROWN s	13 OZ	3.73	3.73		
31539	LAMEDINA	SUGAR CUBES WHITE CANE s	14 OZ	3.71	3.71		
33176	LARS	SUGAR BELGIAN PEARL large	8 OZ	3.20	3.20	2.56	2.56
33175	LARS	SUGAR SWEDISH PEARL small	10 OZ	3.35	3.35	2.68	2.68
1986	RAPUNZEL	SUGAR RAPADURA ORG FT	24 OZ	5.49	5.49	4.39	4.39
1901	ROLAND	SUGAR CUBES DEMERARA	17.5 OZ	3.38	3.38		
9053	WHLSME	SUCANAT ORG resealable FT	2#	5.79	5.79		
30188	WHLSME	SUGAR BROWN DARK ORG FT	1.5#	3.99	3.99		
30187	WHLSME	SUGAR BROWN LIGHT ORG FT	1.5#	3.99	3.99		
9042	WHLSME	SUGAR ORGANIC resealable FT	2#	4.60	4.60		
1421	WHLSME	SUGAR POWDERED ORG reseal FT	1#	3.49	3.49		
30279	WHLSME	SUGAR RAW CANE Fair Trade	24 OZ	3.70	3.70		
9052	WHLSME	SUGAR TURBINADO ORG	24 OZ	3.70	3.70		
32170	WHLSME	SUGAR ZERO ORG	12 OZ	10.90	10.90		
32171	WHLSME	SUGAR ZERO ORG packets	35 CT	7.95	7.95		

SWEETENERS, GRAIN

6321	EDEN	MALT SYRUP BARLEY ORG	20 OZ	4.90	4.90		
1889	LUNDBERG	BROWN RICE SYRP SWT DRM ORG gf	21 OZ	5.25	5.25		
1838	LUNDBERG	BROWN RICE SYRUP SWET DREAM gf	21 OZ	4.25	4.25		
2619	SWEETCLO	MALT BARLEY ORG	16 OZ	6.36	6.36		
1837	SWEETCLO	RICE SYRUP ORG	16 OZ	6.79	6.79		

SWEETENERS, HONEY

33380	BEERAW	HONEY COLORADO STAR THISTLE	10.5 OZ	7.64	7.64	6.49	6.49
33377	BEERAW	HONEY COLORADO SWEET CLOVER	10.5 OZ	6.85	6.85	5.80	5.80
33378	BEERAW	HONEY FLORIDA ORANGE BLOSSOM	10.5 OZ	6.85	6.85	5.80	5.80
33375	BEERAW	HONEY MAINE BLUEBERRY	10.5 OZ	6.85	6.85	5.80	5.80
33379	BEERAW	HONEY MAINE WILD RASPBERRY	10.5 OZ	6.85	6.85	5.80	5.80

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
33381	BEERAW	HONEY NEW YORK BASSWOOD	10.5 OZ	7.64	7.64	6.49	6.49
32166	CHAMP AP	HONEY CRYSTAL RAW pail	2.5 #	13.81	13.81		
32165	CHAMP AP	HONEY CRYSTAL RAW squat jar	1 #	6.19	6.19		
32164	CHAMP AP	HONEY LIQUID squat jar	1 #	6.19	6.19		
41149	COMVITA	HONEY MANUKA 10+ active	1.1 #	24.00	24.00		
41148	COMVITA	HONEY MANUKA active	1 #	16.50	16.50	13.20	13.20
41150	COMVITA	HONEY MANUKA BLEND 50/50	1.1 #	14.94	14.94		
41323	CRYSTALS	HONEY ALL NATURAL	17 OZ	5.52	5.52		
41324	CRYSTALS	HONEY CHUNKY	17 OZ	4.23	4.23		
41322	CRYSTALS	HONEY CRANBERRY	17 OZ	4.50	4.50		
41321	CRYSTALS	HONEY MAINE BLUEBERRY	17 OZ	4.50	4.50		
41320	CRYSTALS	HONEY NEW YORK'S OWN	17 OZ	3.96	3.96		
41325	CRYSTALS	HONEY SOUTHERN WILDFLOWER	17 OZ	3.96	3.96		
1370	DAWES	RAW HONEY CLOVER	16 OZ	5.40	5.40		
1371	DAWES	RAW HONEY WILDFLOWER	16 OZ	5.40	5.40		
2868	FIORDIMI	HONEY ACACIA ORG Italy	14.11 OZ	7.67	7.67		
2869	FIORDIMI	HONEY CHESTNUT ORG Italy	14.11 OZ	7.67	7.67		
2867	FIORDIMI	HONEY FOREST ORG Italy	14.11 OZ	7.67	7.67		
2877	FIORDIMI	HONEY LIME FLWR ORG Italy	14.11 OZ	7.67	7.67		
2874	FIORDIMI	HONEY ORANGE ORG Italy	14.11 OZ	7.67	7.67		
6033	GRANJASF	HONEY MULTIFLORA no drip Spain	12.3 OZ	4.64	4.64	3.94	3.94
15615	HONEYGAR	HONEY RAW/UNFILT	16 OZ	7.25	7.25		
35455	HONEYLAN	HONEY COMB ROUND new zealand	7.9 OZ	7.84	7.84		
30820	HONIBE	HONEY DROPS indiv wrap	20 CT	6.95	6.95		
30821	HONIBE	HONEY DROPS W/LEMON indiv wrap	20 CT	6.95	6.95	4.85	4.85
4927	LULU	HONEY LAVENDER	9 OZ	6.31	6.31		
1383	MCLURES	HONEY BLUEBERRY	16 OZ	5.19	5.19		
1438	MCLURES	HONEY BUCKWHEAT	16 OZ	5.19	5.19		
1378	MCLURES	HONEY CLOVER	2.5#	11.25	11.25		
1387	MCLURES	HONEY ORANGE BLOSSOM	16 OZ	4.99	4.99	3.99	3.99
1392	MCLURES	HONEY RASPBERRY	16 OZ	5.19	5.19		
1395	MCLURES	HONEY TUPELO	16 OZ	6.25	6.25		
2188	MCLURES	HONEY WILDFLOWER	16 OZ	4.99	4.99		
3169	MOORLND	HONEY CANADIAN CREAMED	16 OZ	5.39	5.39		
1382	MOORLND	HONEY CANADIAN CREAMED	2.5#	11.45	11.45		
1375	MOORLND	HONEY CLOVER	16 OZ	5.09	5.09		
15624	MOORLND	HONEY COMB	10 OZ	7.99	7.99	6.39	6.39
30306	MOTHERS	HONEY MAINE WILD FLOWER	9 OZ	2.84	2.84		
30303	MOTHERS	HONEY ORANGE BLOSSOM	9 OZ	2.84	2.84		
30307	MOTHERS	HONEY STAR THISTLE	9 OZ	2.84	2.84		
7471	REALLYRA	HONEY RAW jar	2LB 10 OZ	20.89	20.89		
7470	REALLYRA	HONEY RAW jar	16 OZ	8.69	8.69		
3994	STASH	HONEY STICKS CHAI	20 CNT	3.76	3.76	3.01	3.01
3986	STASH	HONEY STICKS CINNAMON	20 CNT	3.76	3.76	3.01	3.01
3993	STASH	HONEY STICKS LEMON	20 CNT	3.76	3.76	3.01	3.01
3995	STASH	HONEY STICKS ORIGINAL	20 CNT	3.76	3.76	3.01	3.01
15660	SWAN'S	HONEY BEARS	12 OZ	3.49	3.49		
15636	SWAN'S	HONEY LTLY HEATED sqz bottle	1.5#	5.15	5.15		
15686	SWAN'S	HONEY MAINE RAW UNFILTERED	16 OZ	5.45	5.45		
21221	SWAN'S	HONEY MAINE RAW UNFILTERED	2.5#	11.60	11.60		
15683	SWAN'S	HONEY MAINE WILD BLUEBERRY	3#	11.60	11.60		
15685	SWAN'S	HONEY MAINE WILD RASPBERRY	3#	9.45	9.45		
15677	SWAN'S	HONEY MAINE WILDFLOWER	2#	7.25	7.25		
15681	SWAN'S	HONEY MAINE WILDFLOWER	3#	9.45	9.45		
15721	SWAN'S	HONEY ORANGE BLOSSOM flip top	16 OZ	4.15	4.15		
15421	SWAN'S	HONEY STRAWS ASSORTED FLAVORS	150 CNT	.18	27.00		
15687	SWAN'S	HONEY WILD BLUEBERRY flip top	16 OZ	4.15	4.15		
15691	SWAN'S	HONEY WILD RASPBERRY flip top	16 OZ	5.00	5.00		
15679	SWAN'S	HONEY WILDFLOWER flip top	16 OZ	4.15	4.15		
41363	WEDDERSP	HONEY BEECHWOOD RAW RICH OG	17.6 OZ	9.33	9.33	8.40	8.40
41360	WEDDERSP	HONEY MANUKA RAW 12+ active OG	8.8 OZ	12.43	12.43	11.19	11.19
41361	WEDDERSP	HONEY MANUKA RAW 12+ active OG	17.6 OZ	20.47	20.47	18.42	18.42
41362	WEDDERSP	HONEY MANUKA RAW 16+ active OG	17.6 OZ	24.82	24.82	22.34	22.34
41364	WEDDERSP	HONEY RATA RAW OG	17.6 OZ	9.53	9.53	8.58	8.58
33350	WHLSME	HONEY AMBER ORG FT	16 OZ	7.39	7.39	5.49	5.49
33352	WHLSME	HONEY ORG FT squeeze btle	16 OZ	7.39	7.39	5.49	5.49
33351	WHLSME	HONEY RAW ORG FT	16 OZ	7.39	7.39	5.49	5.49
SWEETENERS, MAPLE							
32007	BROWN	MAPLE SYRUP DARK AMBER	8.45 OZ	11.00	11.00		
32006	COOMBS	MAPLE SUGAR ORG	1.9#	20.50	20.50		
6505	HIGHLAND	MAPLE SUGAR GRANULATED	8 OZ	8.15	8.15		
6511	HIGHLAND	MAPLE SYRP GR A MED ORG gl/hnd	8 OZ	5.99	5.99		
6480	HIGHLAND	MAPLE SYRP GRADE B glass jug	16 OZ	9.95	9.95		
6491	HIGHLAND	MAPLE SYRP GRD A MED	32 OZ JUG	21.89	21.89		
6484	HIGHLAND	MAPLE SYRP GRD A MED COLLECTOR	8 OZ	8.99	8.99		
6483	HIGHLAND	MAPLE SYRP GRD A MED COLLECTOR	34 OZ	23.50	23.50		
6485	HIGHLAND	MAPLE SYRP GRD A MED gl cabin	8.4 OZ	7.96	7.96		
6489	HIGHLAND	MAPLE SYRP GRD A MED gl leaf	8.4 OZ	8.99	8.99		

Ricola

Original Natural Herb Cough Drops

This original recipe launched Ricola, with a simple philosophy of producing natural, herbal products that are both beneficial and good tasting.

This product is produced today almost exactly as it was in the 1930's when the recipe was first developed.

Active Ingredient (in each drop): Menthol, 4.8 mg. Inactive Ingredients: color (caramel), extract of Ricola's herb mixture (elder, horehound, hyssop, lemon balm, linden flowers, mallow, peppermint, sage, thyme, wild thyme), peppermint oil, starch syrup, sugar.

Item #73119 - Minis - 15 CT

Item #73120 - 50 CT

Pack of 24, 10 CT
Sticks

Item #73121

STEVITA Stevia

The **Stevita** stevia sweet crystals brand originated in the mid 80's, when a group of stevia farmers and investors in southwestern Brazil formed a company to farm and to extract the sweet crystals of the stevia plant leaves.

For the last 20 years we have dedicated all our resources and business focus in the farming, extraction and marketing of stevia products. Over all these years we have dedicated a great amount of funds and manpower in research to improve the farms productivity and grows only non-genetically modified species of the stevia plant.

Most of the sweet crystals are extracted from the native variety which is commonly known in Paraguay and Brazil, the native habitat of the plant, as the "Criola" variety.

Stevita stevia is cultivated in one of the best and richest soils in the world (the southern Brazilian red clay soil). To contribute to its preservation and to maintain the social, spiritual, and ecological harmony with the environment, we have made a commitment to use only sustainable farming and industrial practices.

As a result of this hard work and dedication, the Stevita brand is recognized as the number one in quality, purity and taste.

As conscientious stewards of the environment, we dedicate a portion of our sales to reforestation of native trees in Brazil.

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
SWEETENERS, MAPLE - cont.							
6500	HIGHLAND	MAPLE SYRP LEAF NIP	1.7 OZ	2.90	2.90		
6515	HIGHLAND	MAPLE SYRP ROUND CRUET	10 OZ	9.99	9.99		
30368	HIGHLAND	MAPLE SYRUP AMBER APPLE	12 OZ	9.95	9.95		
6475	HIGHLAND	MAPLE SYRUP INFUSED w/CINAMON	8 OZ	8.99	8.99		
6474	HIGHLAND	MAPLE SYRUP INFUSED w/VANILLA	8 OZ	8.99	8.99		
SWEETENERS, MOLASSES							
1439	PLANTAT	BARBADOS MOLASSES unsulf	15 OZ	4.40	4.40		
1430	PLANTAT	BARBADOS MOLASSES unsulf	31 OZ	6.80	6.80		
1433	PLANTAT	BLACKSTRAP MOLASSES ORG	15 OZ	5.25	5.25		
1426	PLANTAT	BLACKSTRAP MOLASSES unsul	15 OZ	4.15	4.15		
1427	PLANTAT	BLACKSTRAP MOLASSES unsulf	31 OZ	6.25	6.25		
1429	WHLSME	BLACKSTRAP MOLASSES ORG FT	32 OZ	6.50	6.50		
SWEETENERS, OTHERS							
32512	ELFOODS	AGAVE NECTAR DARK ORG vg	12 OZ	4.98	4.98		
32511	ELFOODS	AGAVE NECTAR LIGHT ORG vg	12 OZ	4.98	4.98		
32510	ELFOODS	COCONT SUGR PALM FLOWER ORG vg	8 OZ	3.73	3.73		
1574	MADHAVA	AGAVE NECTAR AMBER ORG	23.5 OZ	5.04	5.04		
1569	MADHAVA	AGAVE NECTAR AMBER ORG	11.75 OZ	3.28	3.28		
31047	MADHAVA	AGAVE NECTAR LIGHT ORG	23.5 OZ	5.04	5.04		
1583	MADHAVA	AGAVE NECTAR LIGHT ORG	11.75 OZ	3.28	3.28		
8439	OSKRI	DATE SYRUP	9.6 OZ	5.39	5.39		
34965	STASH	AGAVE NECTAR STICKS	20 CT	3.33	3.33	2.66	2.66
3801	**STEVITA**	**STEVIA CLEAR LIQUID squeez btl**	**3.3 OZ**	**6.65**	**6.65**	**5.99**	**5.99**
3791	STEVITA	temp n/a STEVIA CLEAR LIQUID squeez	1.35 OZ	3.32	3.32		
3798	STEVITA	STEVIA SIMPLY	.7 OZ	5.70	5.70	4.27	4.27
3795	STEVITA	STEVIA SPOONABLE jar	2.8 OZ	4.97	4.97		
3796	STEVITA	STEVIA SPOONABLE 50 pkts	1.8 OZ	4.24	4.24		
3792	STEVITA	STEVIA SUPREME	5.4 OZ	7.88	7.88		
3790	STEVITA	STEVIA SUPREME 50pkt/box	1.8 OZ	4.34	4.34		
TEA							
9440	CANARINO	LEMON BEVERAGE ITALIAN	20 CNT	5.15	5.15		
2587	CELEST	GREEN TEA ANTIOXIDANT	6/20 CNT	2.59	15.54		
2574	CELEST	GREEN TEA AUTHENTIC	6/20 CNT	2.59	15.54		
2589	CELEST	GREEN TEA AUTHENTIC	40 CNT	3.92	3.92		
2588	CELEST	GREEN TEA DECAFFEINATED	6/20 CNT	2.59	15.54		
2586	CELEST	GREEN TEA HONEY LEMN GINS	6/20 CNT	2.59	15.54		
30274	CELEST	ICED TEA COOLBREW PEACH	40 CNT	3.50	3.50		
30275	CELEST	ICED TEA COOLBREW RASPBRY	40CNT	3.50	3.50		
31487	CELEST	IND WRAP TEA BLACK CHERRY	6/25 CT	3.19	19.14	2.55	15.30
31482	CELEST	IND WRAP TEA CHAMOMILE	6/25 CT	3.19	19.14	2.69	16.14
31486	CELEST	IND WRAP TEA EARL GREY	6/25 CT	3.19	19.14	2.55	15.30
31485	CELEST	IND WRAP TEA ENGLISH BREAKFAST	6/25 CT	3.19	19.14	2.39	14.34
31480	CELEST	IND WRAP TEA LEMON ZINGER	6/25 CT	3.19	19.14	2.39	14.34
31483	CELEST	IND WRAP TEA MNDRIN ORNGE SPIC	6/25 CT	3.19	19.14	2.87	17.22
31484	CELEST	IND WRAP TEA RED ZINGER	6/25 CT	3.19	19.14	2.69	16.14
2558	CELEST	TEA BENGAL SPICE	6/20 CNT	2.59	15.54		
2554	CELEST	TEA BLACKCHERRY BERRY	6/20 CNT	2.59	15.54		
2576	CELEST	TEA CAFFEINE FREE	40 CNT	3.92	3.92		
2556	CELEST	TEA CHAMOMILE	6/20 CNT	2.59	15.54		
2563	CELEST	TEA CINNAMON APPLE	6/20 CNT	2.59	15.54		
2550	CELEST	TEA COUNTRY PEACH PASSION	6/20 CNT	2.59	15.54		
2638	CELEST	TEA CRANBERRY APPLE ZINGER	6/20 CNT	2.59	15.54		
9218	CELEST	TEA HONEY/VANILLA CHAMOMILE	6/20 CNT	2.59	15.54		
9212	CELEST	TEA LEMON ZINGER	6/20 CNT	2.59	15.54		
2552	CELEST	TEA MINT MAGIC	6/20 CNT	2.59	15.54		
1532	CELEST	TEA MORNING THUNDER	6/20 CNT	2.59	15.54		
9151	CELEST	TEA ORIG INDIAN SPICE	6/20 CNT	2.59	15.54		
2560	CELEST	TEA PEPPERMINT	6/20 CNT	2.59	15.54		
3017	CELEST	TEA RASPBERRY ZINGER	6/20 CNT	2.59	15.54		
2561	CELEST	TEA RED ZINGER	6/20 CNT	2.59	15.54		
9214	CELEST	TEA ROASTAROMA	6/20 CNT	2.59	15.54		
2562	CELEST	TEA SLEEPYTIME	6/20 CNT	2.59	15.54		
9211	CELEST	TEA TANGERINE ORANGE ZINGER	6/20 CNT	2.59	15.54		
9230	CELEST	TEA TENSION TAMER	6/20 CNT	2.59	15.54		
9215	CELEST	TEA WILD BERRY ZINGER	6/20 CNT	2.59	15.54		
2551	CELEST	WELLNESS TEA ECHINAC COMPLETE	20 CNT	3.19	3.19		
9220	CELEST	WELLNESS TEA GINSENG ENERGY	20 CNT	3.19	3.19		
2553	CELEST	WELLNESS TEA SLEEPYTIME EXTRA	20 CNT	3.19	3.19		
2557	CELEST	WELLNESS TEA THROAT SOOTHERS	20 CNT	3.19	3.19		
9224	CELEST	WELLNESS TEA TUMMY MINT	20 CNT	3.19	3.19		
8976	CHOICE	DECAF TEA EARL GREY ORG FT	16 CNT	3.82	3.82	3.06	3.06
8971	CHOICE	DECAF TEA GREEN W/PEACH ORG FT	16 CNT	3.82	3.82	3.06	3.06
8977	CHOICE	DECAF TEA MANGO CEYLON ORG FT	16 CNT	3.82	3.82	3.06	3.06
8969	CHOICE	GREEN TEA JASMINE ORG FT	20 CNT	4.22	4.22	3.38	3.38
8987	CHOICE	GREEN TEA PREMIUM JAPANESE ORG	16 CNT	3.82	3.82	3.06	3.06
8959	CHOICE	GREEN TEA W/ PEACH ORG FT	20 CNT	4.22	4.22	3.38	3.38

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
8983	CHOICE	TEA BLACK ORG FT	16 CNT	3.40	3.40	2.72	2.72
8958	CHOICE	TEA CELTIC BREAKFAST ORG FT	20 CNT	4.22	4.22	3.38	3.38
8968	CHOICE	TEA CHAM SPRMINT W/BERGMOT ORG	20 CNT	4.22	4.22	3.38	3.38
8985	CHOICE	TEA CHAMOMILE HERB ORG	16 CNT	3.40	3.40	2.72	2.72
8978	CHOICE	TEA EARL GREY ORG FT	16 CNT	3.40	3.40	2.72	2.72
8956	CHOICE	TEA EARL GREY W/LAVENDER ORG F	20 CNT	4.22	4.22	3.38	3.38
8984	CHOICE	TEA ENGLISH BREAKFAST ORG	16 CNT	3.40	3.40	2.72	2.72
8960	CHOICE	TEA LIQUORICE PEPPERMINT ORG	20 CNT	4.22	4.22	3.38	3.38
8957	CHOICE	TEA MANGO CEYLON W/VAN ORG FT	20 CNT	4.22	4.22	3.38	3.38
8970	CHOICE	TEA NORTHWEST BLACKBERRY ORG	20 CNT	4.22	4.22	3.38	3.38
8979	CHOICE	TEA ORANGE SPICE ORG FT	16 CNT	3.40	3.40	2.72	2.72
34258	DRAGON	TEA ROOIBOS BRKFST BLEND ORG	20 CT	3.17	3.17		
34259	DRAGON	TEA ROOIBOS CHAI ORG	20 CT	3.17	3.17		
34257	DRAGON	TEA ROOIBOS EARL GREY ORG	20 CT	3.17	3.17		
34256	DRAGON	TEA ROOIBOS VANILLA ORG	20 CT	3.17	3.17		
35651	DRSTUART	TEA APPLE GINGER s	20 CT	4.29	4.29	3.65	3.65
35674	DRSTUART	TEA BLUEBERRY ACAI	20 CT	4.00	4.00	3.40	3.40
35647	DRSTUART	TEA CHAMOMILE	20 CT	3.14	3.14	2.67	2.67
35652	DRSTUART	TEA CRANBERRY & RASPBERRY	20 CT	4.29	4.29	3.65	3.65
35657	DRSTUART	TEA DETOX	20 CT	4.29	4.29	3.86	3.86
35675	DRSTUART	TEA ECHINACEA PLUS	20 CT	4.29	4.29	3.86	3.86
35656	DRSTUART	TEA GINGER LEMONGRASS	15 CT	4.00	4.00		
35670	DRSTUART	TEA GINKO PLUS	20 CT	4.29	4.29	3.86	3.86
35655	DRSTUART	TEA HIBISCUS GINGER GOJI BERY	15 CT	4.00	4.00	3.40	3.40
35671	DRSTUART	TEA LAX PLUS	20 CT	4.29	4.29	3.86	3.86
35654	DRSTUART	TEA LICORICE FENNEL ORANGE	15 CT	4.29	4.29	3.65	3.65
35645	DRSTUART	TEA LIVER DETOX	20 CT	4.29	4.29	3.65	3.65
35648	DRSTUART	TEA PEPPERMINT	20 CT	3.14	3.14	2.83	2.83
35676	DRSTUART	TEA SKIN PURIFY	20 CT	4.29	4.29	3.19	3.19
35673	DRSTUART	TEA SLIM PLUS	20 CT	4.29	4.29	3.65	3.65
35650	DRSTUART	TEA THROAT RELIEF	20 CT	4.29	4.29		
35649	DRSTUART	TEA TRANQUILITY	20 CT	4.29	4.29	3.86	3.86
35659	DRSTUART	TEA TRIPLE GINSENG PLUS	20 CT	4.29	4.29	3.86	3.86
35653	DRSTUART	TEA VALERIAN PLUS	20 CT	4.29	4.29		
35646	DRSTUART	TEA WILD FENNEL	20 CT	3.14	3.14		
35658	DRSTUART	TEA WILD NETTLE	20 CT	3.14	3.14		
35672	DRSTUART	TEA WINTER EASE	20 CT	4.29	4.29		
30593	ECOTEAS	YERBA MATE ORGANIC bags	24 CNT	3.89	3.89		
30594	ECOTEAS	YERBA MATE ORGANIC loose	16 OZ	6.73	6.73		
6330	EDEN	TEA GENMAICHA ORG	16 CNT	2.90	2.90		
35368	EDEN	TEA HOJICHA CHAI RST GREEN ORG	16 CT	3.49	3.49		
6346	EDEN	TEA KUKICHA TWIG	1.75 OZ	3.38	3.38		
8404	EQUALX	TEA ENGLISH BREAKFAST OR	25 CNT	3.24	3.24		
8405	EQUALX	TEA GREEN ORG	25 CNT	3.24	3.24	2.59	2.59
3248	GUAYAKI	YERBA MATE	25 CNT	5.79	5.79		
3241	GUAYAKI	YERBA MATE CHAI ORG	16 CNT	5.79	5.79		
3243	GUAYAKI	YERBA MATE MINT ORG	16 CNT	5.79	5.79		
3240	GUAYAKI	YERBA MATE ORG loose	8 OZ	7.39	7.39		
3161	HAIKU	ORG GRN TEA HOJICHA RSTD	16 CNT	3.20	3.20	2.40	2.40
2575	HAIKU	ORG GRN TEA SENCHA	16 CNT	3.60	3.60	2.70	2.70
2564	HAIKU	ORG TWIG TEA JAPANESE	16 CNT	3.20	3.20	2.40	2.40
31460	HAMPSTED	TEA ASSAM ORG FT	25 CT	4.29	4.29		
31335	HAMPSTED	TEA BIOCHAI ORG FT	25 CT	4.29	4.29		
31346	HAMPSTED	TEA BIOCHAI TIN ORG FT	4.38 OZ	6.05	6.05		
31463	HAMPSTED	TEA BLACK SAFFRON ORG FT	25 CT	6.41	6.41		
31330	HAMPSTED	TEA DARJEELING ORG FT	25 CT	4.29	4.29		
31344	HAMPSTED	TEA DARJEELING TIN ORG FT	4.3 OZ	6.05	6.05		
31332	HAMPSTED	TEA EARL GREY ORG FT	25 CT	4.29	4.29		
31345	HAMPSTED	TEA EARL GREY TIN ORG FT	4.3 OZ	6.05	6.05		
31334	HAMPSTED	TEA ENGLISH BREAKFAST ORG FT	25 CT	4.29	4.29		
31343	HAMPSTED	TEA ENGLISH BRKFAST TIN ORG FT	3.53 OZ	6.05	6.05		
31338	HAMPSTED	TEA FENNEL LIQUORICE ORG FT	20 CT	4.29	4.29		
31333	HAMPSTED	TEA GREEN GINGER ORG FT	25 CT	4.29	4.29		
31336	HAMPSTED	TEA GREEN MINT ORG FT	25 CT	4.29	4.29		
31331	HAMPSTED	TEA GREEN ORG FT	25 CT	4.29	4.29		
31347	HAMPSTED	TEA GREEN TIN ORG FT	3.53 OZ	6.05	6.05		
31461	HAMPSTED	TEA JASMINE GREEN ORG FT	25 CT	4.29	4.29		
31340	HAMPSTED	TEA LEMON GINGER ORG FT	20 CT	4.29	4.29		
31339	HAMPSTED	TEA LEMON VALERIAN ORG FT	20 CT	4.29	4.29		
31462	HAMPSTED	TEA LIME GREEN ORG FT	25 CT	4.29	4.29	3.65	3.65
31341	HAMPSTED	TEA PEPPERMINT ORG FT	20 CT	4.29	4.29		
31337	HAMPSTED	TEA ROSEHIP HIBISCUS ORG FT	20 CT	4.29	4.29		
31342	HAMPSTED	TEA ROYAL CHAMOMILE ORG FT	20 CT	4.29	4.29		
5378	NUMI	TEA BLK CHINESE BREAKFAST ORG	18 CNT	5.45	5.45		
5392	NUMI	TEA BLK DARJEELING BERRY OG FT	16 CNT	5.45	5.45	4.63	4.63
5377	NUMI	TEA BLK EARL GREY AGED OG FT	18 CNT	5.45	5.45		
5393	NUMI	TEA BLK MORN RISE BRKFST OR FT	18 CNT	5.45	5.45		
5369	NUMI	TEA CHAI GOLD SPCE ASSAM OG FT	18 CNT	5.45	5.45		
5367	NUMI	TEA CHAM/MYRTLE SWT MEADW ORG	18 CNT	5.45	5.45		

STEVITA
Clear Stevia Liquid

The Stevita Liquid Stevia at least 95% Stevita sweet crystals, freshly extracted from the leaves of the plant, are liquified and bottled.

It has a very clean, clear, honey-like taste, excellent to add to your tea or any other liquid. It is very concentrated so, it must be used sparingly.

Stevita...tradition of high quality by growing, harvesting and extracting the sweet components of the stevia plant and formulating and marketing delicious stevia based products.

Ingredients: Stevia Rebaudiana Bertoni, Distilled Water, Grapefruit Seed Extract (a natural preservative)

Item #3801

Lindt
MASTER CHOCOLATIER

LINDOR TRUFFLES

A chocolate shell surrounding an irresistibly smooth center. Once you break its shell, the fillling will start to melt and so will you.

Do You Dream In Chocolate?

Truffles Changemakers 60ct.

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
TEA - cont.							
33421	NUMI	TEA DCF GRN GING SUN LEM OG FT	16 CNT	5.45	5.45		
33420	NUMI	TEA DECAF BLK VAN INDIAN OG FT	16 CNT	5.45	5.45		
5421	NUMI	TEA FLOWERING JEWEL white	92 GR	15.75	15.75	14.18	14.18
33417	NUMI	TEA GRN GENMAI CHA TST RICE OG	18 CNT	5.45	5.45		
5361	NUMI	TEA GRN GUNPWDR TMPL OF HVN OG	18 CNT	5.45	5.45		
5360	NUMI	TEA GRN JASMN MNKY KING OG FT	18 CNT	5.45	5.45		
5390	NUMI	TEA GRN LEM MYRTLE MATE ORG FT	18 CNT	5.45	5.45	4.65	4.65
5363	NUMI	TEA HNYBUSH BUSHMANS BREW OG	18 CNT	5.45	5.45		
5364	NUMI	TEA MINT MOROCCAN SIMPLY ORG	18 CNT	5.45	5.45		
5362	NUMI	TEA NUMI COLLECTN 8 flavors OG	18 CNT	5.45	5.45		
33487	NUMI	TEA PUERH CHOC BLACK BLND ORG	16 CT	6.32	6.32	5.69	5.69
33486	NUMI	TEA PUERH EMPER BLCK BLND ORG	16 CT	6.32	6.32		
33488	NUMI	TEA PUERH MAGNOL GRN BLND ORG	16 CT	6.32	6.32	4.95	4.95
33489	NUMI	TEA PUERH MINT GRN BLND ORG FT	16 CT	6.32	6.32	4.74	4.74
5395	NUMI	TEA ROOIBOOS GREEN AFRICAN ORG	18 CNT	5.45	5.45	4.63	4.63
5394	NUMI	TEA ROOIBOOS RUBY CHAI ORG FT	18 CNT	5.45	5.45		
5366	NUMI	TEA ROOIBOS RED MELLOW BUSH OG	18 CNT	5.45	5.45		
33123	NUMI	TEA SAMPLER FLOWERING	4 CNT	5.45	5.45		
33122	NUMI	TEA SAMPLR ENDLESS JRNEY OG FT	8 CNT	2.85	2.85		
5425	NUMI	TEA TREASURE CHEST DARK ASST	18 CNT	9.25	9.25		
5391	NUMI	TEA WHITE ORANGE SPICE ORG FT	16 CNT	5.45	5.45		
33419	NUMI	TEA WHITE ROSE VLVT GRDN OG FT	16 CNT	5.45	5.45	4.91	4.91
51013	NUMI	TEAPOT GLASS teahouse	EACH	14.75	14.75	13.28	13.28
2567	ONEWRLD	TEA ORG EARL GREY	16 CNT	2.45	2.45	1.84	1.84
2568	ONEWRLD	TEA ORG ENG BREAKFAST	16 CNT	2.45	2.45	1.84	1.84
30063	PG TIPS	TEA BLACK DECAF PYRAMID BAGS	40 CNT	4.66	4.66		
1417	PG TIPS	TEA BLACK LOOSE	8.8 OZ	6.70	6.70		
30064	PG TIPS	TEA BLACK PYRAMID 80 cnt	80 CNT	6.50	6.50		
30177	PG TIPS	TEA BLACK PYRAMID BAGS	40 CNT	3.25	3.25		
41661	RUNA	GUAYUSA TEA AMAZON SPICE ORG	15CT	5.84	5.84		
41662	RUNA	GUAYUSA TEA RAINFRST MINT ORG	15CT	5.84	5.84		
41660	RUNA	GUAYUSA TEA TRADITIONAL ORG	15CT	5.84	5.84		
41663	RUNA	GUAYUSA TEA TROPICL GINGER ORG	15CT	5.84	5.84		
33610	SHANGRIL	TEA BLACK CURRANT DECAF ORG k	15 CT	6.42	6.42		
33611	SHANGRIL	TEA BREAKFAST ORG k	15 CT	6.42	6.42		
33612	SHANGRIL	TEA CHAMOMILE MINT ORG k	15 CT	6.42	6.42		
33613	SHANGRIL	TEA DECADANT CHOC COCNUT ORG k	15 CT	6.42	6.42		
33614	SHANGRIL	TEA EARL GREY ORG k	15 CT	6.42	6.42		
33615	SHANGRIL	TEA GREEN ORG k	15 CT	6.42	6.42		
33616	SHANGRIL	TEA JASMINE GREEN ORG k	15 CT	6.42	6.42		
33617	SHANGRIL	TEA MASALA CHAI ORG k	15 CT	6.42	6.42		
33618	SHANGRIL	TEA MINT TISANE ORG k	15 CT	6.42	6.42		
33619	SHANGRIL	TEA ROASTED RICE GREEN ORG k	15 CT	6.42	6.42		
33620	SHANGRIL	TEA TROPICAL ORANGE GREEN ORG	15 CT	6.42	6.42		
36044	STASH	BLACK TEA ASSAM ORG	100 GM	5.72	5.72	4.58	4.58
36045	STASH	BLACK TEA BREAKFAST BLEND ORG	100 GM	5.72	5.72	4.58	4.58
3958	STASH	BLACK TEA CHAI SPICE	20 CNT	2.37	2.37	1.90	1.90
36048	STASH	BLACK TEA CHAI SPICE ORG	100 GM	5.72	5.72	4.58	4.58
3959	STASH	BLACK TEA DBLE BERGAMOTE GREY	18 CNT	2.37	2.37	1.90	1.90
3956	STASH	BLACK TEA DOUBLE SPICE CHAI	18 CNT	2.37	2.37	1.90	1.90
3957	STASH	BLACK TEA EARL GREY	20 CNT	2.37	2.37	1.90	1.90
36050	STASH	BLACK TEA EARL GREY ORG	100 GM	5.72	5.72	4.58	4.58
36051	STASH	BLACK TEA ENGLISH BREAKFAST	100 GM	4.33	4.33	3.47	3.47
3946	STASH	BLACK TEA ENGLISH BREAKFAST	20 CNT	2.37	2.37	1.90	1.90
36052	STASH	BLACK TEA KOPILI ASSAM	100 GM	6.65	6.65	5.32	5.32
3947	STASH	BLACK TEA ORANGE SPICE	20 CNT	2.37	2.37	1.90	1.90
36043	STASH	BLACK TEA PEACH	100 GM	5.06	5.06	4.05	4.05
3972	STASH	BLACK TEA SAMPLER	18 CNT	2.37	2.37	1.90	1.90
3982	STASH	CHANAKARA ASSORTED BOX	18 CNT	3.63	3.63	2.90	2.90
3979	STASH	CHANAKARA BLUE GINGER TEA	18 CNT	3.63	3.63	2.90	2.90
3980	STASH	CHANAKARA DRAGONFRUIT TEA	18 CNT	3.63	3.63	2.90	2.90
3983	STASH	CHANAKARA GUANABANA TEA	18 CNT	3.63	3.63	2.90	2.90
3978	STASH	CHANAKARA MELON GREEN TEA	18 CNT	3.63	3.63	2.90	2.90
3977	STASH	CHANAKARA RED BERRY ROOIBOS	18 CNT	3.63	3.63	2.90	2.90
3981	STASH	CHANAKARA VANILLA HONEYBUSH	18 CNT	3.63	3.63	2.90	2.90
3984	STASH	CHANAKARA WHITE LOTUS TEA	18 CNT	3.63	3.63	2.90	2.90
36047	STASH	DECAF BLACK TEA CHAI SPICE	100 GM	6.65	6.65	5.32	5.32
36049	STASH	DECAF BLACK TEA EARL GREY	100GM	5.06	5.06	4.05	4.05
3962	STASH	DECAF TEA CHAI SPICE	18 CNT	2.37	2.37	1.90	1.90
3963	STASH	DECAF TEA EARL GREY	18 CNT	2.37	2.37	1.90	1.90
3968	STASH	DECAF TEA ENGLISH BREAKFAST	18 CNT	2.37	2.37	1.90	1.90
3966	STASH	DECAF TEA GREEN PREMIUM	18 CNT	2.37	2.37	1.90	1.90
3967	STASH	DECAF TEA VANILLA NUT CREME	18 CNT	2.37	2.37	1.90	1.90
36003	STASH	FUSION TEA BRKFST W/MATCHA	18CT	2.37	2.37	1.90	1.90
3960	STASH	FUSION TEA GREEN AND WHITE	18 CNT	2.37	2.37	1.90	1.90
36004	STASH	FUSION TEA RED & WHITE	18CT	2.37	2.37	1.90	1.90
3965	STASH	GREEN TEA CHAI	20 CNT	2.37	2.37	1.90	1.90
36005	STASH	GREEN TEA GING PEACH W/MATCHA	18CT	2.37	2.37	1.90	1.90
36006	STASH	GREEN TEA GOJI W/MATCHA	18CT	2.37	2.37	1.90	1.90

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
3961	STASH	GREEN TEA MOROCCAN MINT	20 CNT	2.37	2.37	1.90	1.90
36046	STASH	GREEN TEA PREMIUM	100 GM	4.33	4.33	3.47	3.47
3964	STASH	GREEN TEA PREMIUM	20 CNT	2.37	2.37	1.90	1.90
3971	STASH	GREEN TEA SAMPLER	18 CNT	2.37	2.37	1.90	1.90
3950	STASH	HERBAL TEA BLUEBERRY	20 CNT	2.37	2.37	1.90	1.90
36041	STASH	HERBAL TEA CASCADE MINT ORG	18 CT	2.59	2.59	2.07	2.07
3951	STASH	HERBAL TEA CHAMOMILE	20 CNT	2.37	2.37	1.90	1.90
36042	STASH	HERBAL TEA HONEYBUSH ORG	18 CT	2.59	2.59	2.07	2.07
3948	STASH	HERBAL TEA LEMON GINGER	20 CNT	2.37	2.37	1.90	1.90
3949	STASH	HERBAL TEA LICORICE SPICE	20 CNT	2.37	2.37	1.90	1.90
3954	STASH	HERBAL TEA MANGO PASSIONFRUIT	20 CNT	2.37	2.37	1.90	1.90
3955	STASH	HERBAL TEA PEPPERMINT	20 CNT	2.37	2.37	1.90	1.90
3970	STASH	HERBAL TEA SAMPLER	18 CNT	2.37	2.37	1.90	1.90
3953	STASH	HERBAL TEA WILD RASPBERRY	20 CNT	2.37	2.37	1.90	1.90
36001	STASH	TEA HERBAL ACAI BERRY	18CT	2.37	2.37	1.90	1.90
36002	STASH	TEA HERBAL WILD BLACKCURRANT	20CT	2.37	2.37	1.90	1.90
3976	STASH	TEA OF INDIA SAMPLER	18 CNT	2.82	2.82	2.26	2.26
36040	STASH	TEA SAMPLER ORG	18 CT	2.59	2.59	2.07	2.07
6003	TAYLORS	TEA YORKSHIRE GOLD	40 CNT	4.03	4.03		
33019	TAYLORS	TEA YORKSHIRE GOLD 80ctn	80 CNT	8.06	8.06		
33020	TAYLORS	TEA YORKSHIRE RED	40 CNT	3.22	3.22		
8046	TICKTOCK	TEA ROOIBUS ORG	20 CNT	3.28	3.28		
3480	TRADMED	TEA BREATHE EASY	16 CNT	4.33	4.33		
3483	TRADMED	TEA EASY NOW	16 CNT	4.33	4.33		
3485	TRADMED	TEA EATER'S DIGEST	16 CNT	4.33	4.33	3.25	3.25
3484	TRADMED	TEA ECHINACEA PLUS ORG	16 CNT	4.33	4.33		
3520	TRADMED	TEA EVERYDAY DETOX	16 CNT	4.33	4.33		
3486	TRADMED	TEA FEMALE TONER	16 CNT	4.33	4.33		
3509	TRADMED	TEA GINGER YERBA MATE	16 CNT	4.33	4.33		
3490	TRADMED	TEA GYPSY COLD CARE	16 CNT	4.33	4.33		
34810	TRADMED	TEA HEARTBURN SOOTHER ORG	16 CNT	4.33	4.33		
3510	TRADMED	TEA ORG CALIFORNIA CHAI	16 CNT	4.33	4.33		
3532	TRADMED	TEA ORG CHAMOMILE	16 CNT	3.63	3.63	2.72	2.72
34811	TRADMED	TEA ORG CHAMOMILE W/ LAVENDER	16 CNT	4.33	4.33		
3482	TRADMED	TEA ORG COLD CARE PM	16 CNT	4.33	4.33		
3519	TRADMED	TEA ORG CRAN AID	16 CNT	4.33	4.33		
3526	TRADMED	TEA ORG ECHINACEA ELDER	16 CNT	4.33	4.33		
3501	TRADMED	TEA ORG GINGER AID	16 CNT	4.33	4.33	3.25	3.25
3527	TRADMED	TEA ORG GOLDEN GINGER	16 CNT	4.33	4.33		
3528	TRADMED	TEA ORG GREEN GINGER FT	16 CNT	4.33	4.33		
3497	TRADMED	TEA ORG GREEN GOLDEN FT	16 CNT	4.33	4.33		
3492	TRADMED	TEA ORG MOTHER'S MILK	16 CNT	4.33	4.33		
34814	TRADMED	TEA ORG NETTLE	16 CNT	4.33	4.33		
3494	TRADMED	TEA ORG NIGHTY NIGHT	16 CNT	4.33	4.33	3.25	3.25
3478	TRADMED	TEA ORG PEPPERMINT	16 CNT	3.73	3.73		
3498	TRADMED	TEA ORG PREGNANCY	16 CNT	4.33	4.33		
3599	TRADMED	TEA ORG RASPBERRY LEAF	16 CNT	4.33	4.33		
34812	TRADMED	TEA ORG RELAXATION SAMPLER	16 CNT	4.33	4.33		
3502	TRADMED	TEA ORG SMOOTH MOVE	16 CNT	4.33	4.33		
3506	TRADMED	TEA ORG THROAT COAT	16 CNT	4.33	4.33		
3487	TRADMED	TEA ORG THROAT COAT LEM-ECHINA	16 CNT	4.33	4.33		
3595	TRADMED	TEA PAU d' ARCO	16 CNT	4.33	4.33		
3496	TRADMED	TEA PMS	16 CNT	4.33	4.33		
3477	TRADMED	TEA ST JOHN'S WORT/GOOD MOOD	16 CNT	4.33	4.33		
34813	TRADMED	TEA THINK O-2	16 CNT	4.33	4.33		
9112	TWININGS	DECAF TEA EARL GREY	20 CNT	2.85	2.85	2.28	2.28
9113	TWININGS	DECAF TEA ENGLISH BREAKFAST	20 CNT	2.85	2.85	2.28	2.28
9114	TWININGS	DECAF TEA IRISH BREAKFAST	20 CNT	2.85	2.85	2.28	2.28
32017	TWININGS	GREEN TEA	20 CNT	2.85	2.85	2.28	2.28
32019	TWININGS	GREEN TEA CHAMOMILE	20 CNT	2.85	2.85	2.28	2.28
32020	TWININGS	GREEN TEA DECAF	20 CNT	2.85	2.85	2.28	2.28
32018	TWININGS	GREEN TEA JASMINE	20 CNT	2.85	2.85	2.28	2.28
9115	TWININGS	TEA BLENDERS VARIETY	20 CNT	2.85	2.85	2.28	2.28
9109	TWININGS	TEA CEYLON ORANGE PEKOE	20 CNT	2.85	2.85	2.28	2.28
9116	TWININGS	TEA DARJEELING	20 CNT	2.85	2.85	2.28	2.28
9117	TWININGS	TEA EARL GREY	20 CNT	2.85	2.85	2.28	2.28
32023	TWININGS	TEA EARL GREY 50ct	50 CNT	5.30	5.30		
9110	TWININGS	TEA EARL GREY tin	100 GR	4.45	4.45		
9118	TWININGS	TEA ENGLISH BREAKFAST	20 CNT	2.85	2.85	2.28	2.28
32022	TWININGS	TEA ENGLISH BREAKFAST 50 ct	50 CNT	5.30	5.30		
9111	TWININGS	TEA ENGLISH BREAKFAST tin	100 GR	4.45	4.45		
32021	TWININGS	TEA INDIAN SPICED CHAI	20 CNT	2.85	2.85	2.28	2.28
9119	TWININGS	TEA IRISH BREAKFAST	20 CNT	2.85	2.85	2.28	2.28
32015	TWININGS	TEA LADY GREY	20 CNT	2.85	2.85	2.28	2.28
32016	TWININGS	TEA PRINCE OF WALES	20 CNT	2.85	2.85	2.28	2.28
34356	WHITEHRN	TEA AMERICAN BREAKFAST ORG FT	4 OZ	7.55	7.55		
34357	WHITEHRN	TEA ASSAM TGFOP ORG FT	4 OZ	8.28	8.28		
34368	WHITEHRN	TEA CRANBERRY APPLE GINGER ORG	5 OZ	9.20	9.20		
34358	WHITEHRN	TEA DARJEELING AUTUMNAL ORG FT	3.4 OZ	9.38	9.38		

PEPPADEW™

RECIPE

Mini Tarts Goldew Peppers and Goat's Cheese

What you'll need

Makes about 12

12.35 oz. ready-to-roll short crust pastry
flour, for dusting
2 egg yolks
2 whole eggs
5 oz. single cream
flaked sea salt, and freshly ground black pepper

For the goat's cheese and pepper filling:

3.52 oz. Vermont Butter & Cheese Goat's cheese, cubed
Item # 90179
8 Whole sweet and tangy Goldew peppers Peppadew Whole Sweet & Tangy Goldew Peppers
Item # 34283
1 tbsp shredded basil leaves, to garnish

How you do it

1. Preheat the oven to 350 F and lightly butter a 12-hole deep muffin tin.

2. Roll out the pastry on a lightly floured surface. Using an 8-9cm pastry cutter, cut out 12 circles and place them into the muffin tin. Chill in the refrigerator.

(continued on page 122)

PEPPADEW™

RECIPE

Mini Tarts Goldew Peppers and Goat's Cheese

continued

3. In a mixing bowl, beat together the egg yolks, whole eggs and cream and season with salt and pepper.

4. Place the goat's cheese into the chilled pastry cases and scatter over the Goldew Peppers. Pour over the egg mixture.

5. Place the tarts in the oven for 20-25 minutes until the pastry is lightly golden and the eggs have set. Cool for about 10 minutes before removing from the tin. Serve warm or cold sprinkled with basil.

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
TEA - cont.							
34367	WHITEHRN	TEA DAYBRK MASALA CHAI ORG F	4 OZ	8.09	8.09		
34359	WHITEHRN	TEA EARL GREY ORG FT	4 OZ	9.20	9.20		
34361	WHITEHRN	TEA GUNPOWDER GREEN ORG FT	5 OZ	7.23	7.23		
34362	WHITEHRN	TEA JASMINE GREEN ORG FT	3.4 OZ	7.48	7.48		
34363	WHITEHRN	TEA NEPALI HIMALAYA GRN ORG FT	3.4 OZ	9.57	9.57		
34360	WHITEHRN	TEA NEW ENGLISH BREAKFAST ORG	4 OZ	7.97	7.97		
34369	WHITEHRN	TEA SPICY LICORICE MINT ORG	3.4 OZ	8.28	8.28	7.04	7.04
34364	WHITEHRN	TEA WHITE JASMINE ORG	1.4 OZ	7.17	7.17		
34365	WHITEHRN	TEA WHITE MELON ORG	1.4 OZ	7.17	7.17		
34366	WHITEHRN	TEA WHITE PEONY ORG FT	1.4 OZ	7.17	7.17		
3742	YAMA	TEA GENMAI	6/16 CNT	1.99	11.94		
3741	YAMA	TEA GREEN	6/16 CNT	1.99	11.94		
30769	YOGITEA	GREEN TEA ACTIVE BODY	16 CNT	3.63	3.63		
30770	YOGITEA	GREEN TEA COLLECTION 4 kinds	16 CNT	3.63	3.63		
1963	YOGITEA	GREEN TEA ENERGY	16 CNT	3.63	3.63		
30771	YOGITEA	GREEN TEA GOJI BERRY	16 CNT	3.63	3.63		
30772	YOGITEA	GREEN TEA LEMON GINGER	16 CNT	3.29	3.29		
30773	YOGITEA	GREEN TEA POMEGRANATE	16 CNT	3.63	3.63		
1951	YOGITEA	GREEN TEA REJUVENATION	16 CNT	3.63	3.63		
30774	YOGITEA	GREEN TEA SLIM LIFE	16 CNT	3.63	3.63		
2019	YOGITEA	GREEN TEA SUPER ANTIOXIDANT	16 CNT	3.63	3.63		
2021	YOGITEA	GREEN TEA TRIPLE ECHINACEA	16 CNT	3.63	3.63		
1949	YOGITEA	GREEN TEA w/KOMBUCHA	16 CNT	3.63	3.63		
2018	YOGITEA	GREEN TEA w/KOMBUCHA DECAF	16 CNT	3.63	3.63		
1964	YOGITEA	TEA BEDTIME ORG	16 CNT	3.63	3.63		
30767	YOGITEA	TEA BERRY ANTI-OXIDANT	16 CNT	3.63	3.63		
30768	YOGITEA	TEA BERRY DETOX	16 CNT	3.63	3.63		
1931	YOGITEA	TEA BREATHE DEEP ORG	16 CNT	3.63	3.63		
1994	YOGITEA	TEA CALMING	16 CNT	3.63	3.63		
2029	YOGITEA	TEA COCOA SPICE	16 CNT	3.29	3.29		
1933	YOGITEA	TEA COLD SEASON ORG	16 CNT	3.63	3.63		
1935	YOGITEA	TEA DE-TOX	16 CNT	3.63	3.63		
1937	YOGITEA	TEA ECHINACEA IMMUNE ORG	16 CNT	3.63	3.63		
1934	YOGITEA	TEA EGYPTIAN LICORICE MINT ORG	16 CNT	3.29	3.29		
1954	YOGITEA	TEA EGYPTIAN LICORICE ORG	16 CNT	3.29	3.29		
1996	YOGITEA	TEA FASTING	16 CNT	3.63	3.63		
1945	YOGITEA	TEA GINGER ORG	16 CNT	3.63	3.63		
1947	YOGITEA	TEA GINGKO I.Q. ORG	16 CNT	3.63	3.63		
1939	YOGITEA	TEA GINSENG ROYAL VITALITY	16 CNT	3.63	3.63		
2023	YOGITEA	TEA GREEN PURE GREEN ORG	16 CNT	3.29	3.29		
30777	YOGITEA	TEA HIMALAYAN APPLE SPICE	16 CNT	3.29	3.29		
1929	YOGITEA	TEA JOINT COMFORT	16 CNT	3.63	3.63		
1960	YOGITEA	TEA KAVA STRESS RELIEF	16 CNT	3.63	3.63	3.27	3.27
1941	YOGITEA	TEA LEMON GINGER	16 CNT	3.63	3.63		
30780	YOGITEA	TEA MEXICAN SWEET CHILI	16 CNT	3.29	3.29		
30778	YOGITEA	TEA MOROCCAN ORANGE SPICE	16 CNT	3.29	3.29		
1952	YOGITEA	TEA ORIG CLASSIC INDIA	16 CNT	3.29	3.29		
2015	YOGITEA	TEA PEACH DETOX	16 CNT	3.63	3.63		
2024	YOGITEA	TEA PURE GREEN DECAF ORG	16 CNT	3.29	3.29		
30775	YOGITEA	TEA RELAXED MIND	16 CNT	3.63	3.63		
30776	YOGITEA	TEA REST & RELAX SAMPLE 4 kind	16 CNT	3.63	3.63	3.27	3.27
1932	YOGITEA	TEA ROOIBOS SWEET PEACH	16 CNT	3.29	3.29		
1999	YOGITEA	TEA STOMACH EASE	16 CNT	3.63	3.63		
30779	YOGITEA	TEA SWEET THAI DELIGHT	16 CNT	3.29	3.29		
30781	YOGITEA	TEA THROAT COMFORT HONEY LEMON	16 CNT	3.63	3.63		
1943	YOGITEA	TEA THROAT COMFORT ORG	16 CNT	3.63	3.63		
1956	YOGITEA	TEA VANILLA/HAZELNUT	16 CNT	3.29	3.29		
2013	YOGITEA	TEA WOMAN'S ENERGY OG	16 CNT	3.63	3.63		
2014	YOGITEA	TEA WOMAN'S MOON CYCLE ORG	16 CNT	3.63	3.63		
TEA CONCENTRATES							
5380	OREGCHAI	CHAI LATTE CONC ORIGINAL s	6/32 OZ	3.89	23.34		
VEGETABLES							
34724	CUTONE	MUSHROOM PORTBEL MARNTD SLCD s	8 OZ	3.31	3.31	2.81	2.81
34727	CUTONE	MUSHROOMS BABY BELLA MRNTD WHL	32 OZ	8.10	8.10	6.89	6.89
34723	CUTONE	MUSHROOMS BALSMIC MARNTD WHL s	8 OZ	2.45	2.45		
34721	CUTONE	MUSHROOMS GARLIC MARNTD WHOLE	8 OZ	2.45	2.45		
34722	CUTONE	MUSHROOMS HOT ITL MARNTD WHOLE	8 OZ	2.45	2.45	1.79	1.79
34725	CUTONE	MUSHROOMS ITALIAN MARNTD WHOLE	32 OZ	5.95	5.95	4.39	4.39
34720	CUTONE	MUSHROOMS ITALIAN MARNTD WHOLE	8 OZ	2.45	2.45		
34726	CUTONE	MUSHROOMS PORTABL MARNTD SLICD	32 OZ	8.10	8.10	5.99	5.99
4540	DESTINO	ARTICHOKE HEARTS 8-10cnt can	14 OZ	2.59	2.59		
3771	FARM MKT	PUMPKIN ORG can	15 OZ	2.89	2.89		
3773	FARM MKT	PUMPKIN PIE MIX ORG can	15 OZ	2.95	2.95		
3775	FARM MKT	SWEET POTATO PUREE ORG can	15 OZ	2.89	2.89		
21126	MATIZ	ARTICHOKE HEARTS DOP Spain	13.2 OZ	7.68	7.68	6.53	6.53
2515	NATIVE	ARTICHOKE HEARTS QUARTERED	14.12 OZ	3.11	3.11		
2516	NATIVE	ARTICHOKE HEARTS WHOLE	9.9 OZ	3.14	3.14		
15117	NATIVE	HEARTS OF PALM ORG	14 OZ	3.99	3.99		
41299	NATIVE	HEARTS OF PALM SLICES ORG k	28 OZ	6.11	6.11		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
34669	NATVALUE	CORN GOLDEN ORG	12/14.5 OZ	1.35	16.20		
34670	NATVALUE	CORN WHITE ORG	12/14.5 OZ	1.35	16.20	1.15	13.80
34666	NATVALUE	GREEN BEANS CUT ORG	12/14.5 OZ	1.35	16.20	.99	11.88
34667	NATVALUE	GREEN BEANS FRENCH CUT ORG	12/14.5 OZ	1.35	16.20	.99	11.88
34668	NATVALUE	PEAS SWEET ORG s	12/14.5 OZ	1.35	16.20		
31665	OLYMPOS	STUFFED ARTICHOKES FETA tray	8 OZ	4.39	4.39	3.73	3.73
31664	OLYMPOS	STUFFED MUSHROOMS FETA tray	8 OZ	4.39	4.39	3.73	3.73
31667	OLYMPOS	STUFFED SDRIED TOMAT FETA tray	8 OZ	4.39	4.39	3.73	3.73
41207	ROLAND	ARTICHOKE BOTTOMS 5-7 ct	13.75 OZ	2.69	2.69		
41214	ROLAND	HEARTS OF PALM pre cut	14 OZ	2.09	2.09		
4366	ROLAND	MUSHROOMS BUTTON SLICED	16 OZ	3.39	3.39		
4365	ROLAND	MUSHROOMS BUTTON WHOLE	4 OZ	1.29	1.29		
32038	ROLAND	MUSHROOMS WILD FOREST jar	6.5 OZ	4.50	4.50		
41209	ROLAND	PETIS POIS GRN PEAS jar s Belg	12 OZ	1.45	1.45		
5515	WESTBRAE	CORN CANNED ORG	15.25 OZ	1.96	1.96		
5516	WESTBRAE	GRN BEAN CANNED Blue Lake ORG	14.5 OZ	1.96	1.96		
34120	DIVINA	PEPPERS MIXED W/GARLIC	13 OZ	4.99	4.99		
34118	DIVINA	PEPPERS RST RED	13 OZ	4.65	4.65		
VEGETABLES, PEPPERS							
35637	GREEKGOU	PEPPERS RED ROASTED	13.4 OZ	3.44	3.44		
35639	GREEKGOU	PEPPERS RED YELLOW ROASTED	13.4 OZ	3.63	3.63		
35638	GREEKGOU	PEPPERS YELLOW ROASTED	13.4 OZ	3.63	3.63		
5832	MARCOPOL	PEPPERS ROASTED w/ GARLIC	19 OZ	2.95	2.95		
4809	MEDORG	PEPPERS ORG RSTD RED+YELLOW	16 OZ	5.51	5.51		
35539	MEZZETTA	PEPPERS JALPENO EN ESCBCH TAME	16 OZ	2.36	2.36		
35541	MEZZETTA	PEPPERS MARINATED RST RED&YEL	16 OZ	3.45	3.45		
35540	MEZZETTA	PEPPERS RST RED BELL DELI SLCD	16 OZ	3.45	3.45		
31666	OLYMPOS	STUFFED PEPPERS FETA tray	8 OZ	4.39	4.39		
34115	PEPPADEW	PEPPERS HOT SOUTH AFRICAN s	14.75 OZ	4.35	4.35		
34283	**PEPPADEW**	**PEPPERS MILD S AFRICAN GOLD s**	**14 OZ**	**4.35**	**4.35**	**3.92**	**3.92**
34114	PEPPADEW	PEPPERS MILD SOUTH AFRICAN s	14.75 OZ	4.35	4.35		
VEGETABLES, TOMATOES							
30012	BELLA	TOMATOES SAN MARZANO ORG	12/28 OZ	2.82	33.84	2.11	25.32
15341	BIONAT	TOMATO PASTE ORG Italy jar	7 OZ	2.08	2.08		
15339	BIONAT	TOMATOES CRUSHED ORG Italy	12/28.2 OZ	2.47	29.64		
15336	BIONAT	TOMATOES DICED ORG Italy	12/14.1 OZ	1.70	20.40		
15338	BIONAT	TOMATOES DICED ORG Italy	12/28.2 OZ	2.47	29.64		
15340	BIONAT	TOMATOES STRAINED ORG Italy	6/24 OZ	2.85	17.10		
15335	BIONAT	TOMATOES WHL PEELED ORG Italy	12/14.1 OZ	1.70	20.40		
15337	BIONAT	TOMATOES WHL PEELED ORG Italy	12/28.2 OZ	2.47	29.64		
31542	CALVALLS	TOMATO PUREE ORG	14.1 OZ	2.86	2.86		
31540	CALVALLS	TOMATOES WHL PEELED ORG	24 OZ	4.29	4.29		
31915	CARMELIN	TOMATOES CHERRY	14.28 OZ	1.32	1.32	.99	.99
31914	CARMELIN	TOMATOES PASSATA PUREE glass	24.28 OZ	2.13	2.13	1.59	1.59
30631	EDEN	TOMATOES CRUSHED ROMA ORG	28 OZ	2.78	2.78		
30630	EDEN	TOMATOES CRUSHED ROMA ORG	15 OZ	1.95	1.95		
30632	EDEN	TOMATOES DICED ROMA ORG	14.5 OZ	1.95	1.95		
30633	EDEN	TOMATOES DICED W/GRN CHILES OG	14.5 OZ	2.16	2.16	1.94	1.94
30634	EDEN	TOMATOES WHL PEELED ROMA ORG	28 OZ	2.75	2.75		
30635	EDEN	TOMATOES WHL PEELED W/BASIL OG	28 OZ	2.75	2.75		
4544	FAMOSO	TOMATOES SAN MARZANO DOP Italy	12/28 OZ	3.25	39.00		
3431	FAMOSO	TOMATOES w/basil Italy	12/28 OZ	2.25	27.00		
8327	MUIRGLEN	ORG FIRE RSTD TOMATO CRUSHED	12/14.5 OZ	1.95	23.40		
8349	MUIRGLEN	ORG FIRE RSTD TOMATO CRUSHED	12/28 OZ	2.76	33.12		
8330	MUIRGLEN	ORG FIRE RSTD TOMATO DICED	12/28 OZ	2.76	33.12		
8350	MUIRGLEN	ORG FIRE RSTD TOMATO DICED	12/14.5 OZ	1.95	23.40		
8352	MUIRGLEN	ORG TOM DICED w/BASIL&GARLIC	12/14.5 OZ	1.78	21.36		
8343	MUIRGLEN	ORG TOMATO CRUSHED W/BASIL	12/28 OZ	2.55	30.60		
8344	MUIRGLEN	ORG TOMATO DICED	12/14.5 OZ	1.78	21.36		
8334	MUIRGLEN	ORG TOMATO DICED	12/28 OZ	2.55	30.60		
8342	MUIRGLEN	ORG TOMATO PASTE	6 OZ	1.11	1.11		
4250	MUIRGLEN	ORG TOMATO PEELED GRD	12/28 OZ	2.55	30.60		
4252	MUIRGLEN	ORG TOMATO PEELED WHL	12/28 OZ	2.55	30.60		
8346	MUIRGLEN	ORG TOMATO PUREE	12/28 OZ	2.55	30.60		
8347	MUIRGLEN	ORG TOMATO SAUCE CHUNKY	12/28 OZ	2.55	30.60		
8348	MUIRGLEN	ORG TOMATO SAUCE N/S	12/15 OZ	1.78	21.36		
VINEGARS, BALSAMIC							
15261	BIONAT	BALSAMIC VINEGAR ORG Italy	8.5 OZ	3.70	3.70		
21085	EMILIANA	WHITE BALSAMIC VINEGAR #12	3.3 OZ	9.40	9.40		
31650	FRANCESC	BALSAMIC VINEGAR 2 LEAF	16.9 OZ	3.16	3.16	2.53	2.53
31651	FRANCESC	BALSAMIC VINEGAR WHITE	16.9 OZ	3.16	3.16		
31652	FRANCESC	BALSAMIC VINEGAR4 LEAF 5YR	8.45 OZ	6.24	6.24		
40112	LAMASIA	BALSAMIC VINEGAR RIOJA	375 ML	7.10	7.10	6.39	6.39
4921	LULU	BALSAMIC VINEGAR CHERRY	6.76 OZ	7.43	7.43	6.32	6.32
4919	LULU	BALSAMIC VINEGAR FIG	6.76 OZ	7.36	7.36		
4910	LULU	BALSAMIC VINEGAR FIG/MEYER LMN	6.76 OZ	7.36	7.36		
6904	MASPORTE	BALSAMIC GLAZE REDUCTION s	8.5 OZ	9.99	9.99		
1610	MONARI	BALSAMIC VINEGAR	17 OZ	3.67	3.67		

PEPPADEW™

Peppadew

Whole Sweet and Tangy Goldew Peppers

For snacks that satisfy, dinners that delight and desserts with a difference. Pep up your favorites with the sweet 'n' tangy zing of Peppadew Goldew peppers.

Product of
The Republic of South Africa

Ingredients: Goldew Peppers, water, sugar, vinegar, salt, citric acid, calcium chloride

Item #34283

See pages 121-122 for Recipe

PUTUMAYO WORLD MUSIC
Guaranteed to make you feel good!
www.putumayo.com

CELEBRATE
mardi gras
NEW ORLEANS

with

Putumayo

American Blues

With **American Blues**, **Putumayo** continues its successful series of blues and blues- influenced albums that began in 1999 with Mali to Memphis: An African-American Odyssey.

American Blues is a collection of some of our favorite blues tracks by legends and rising stars that are helping to keep the blues alive and thriving.

The artists on this compilation have remained true to the roots of the blues, be those the acoustic guitar sounds of the Mississippi Delta, the urban electric drive of Chicago, or the swamp boogie of Louisiana.

While they may have developed their own unique voices and approaches, they have made it their mission to respect the fundamental sound, structure and soul of the blues.

Item #3064

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
VINEGARS, BALSAMIC - cont.							
5056	O OLIVE	BALSAMIC VINEGAR	200 ML	7.87	7.87		
33092	O OLIVE	BALSAMIC VINEGAR white	6.8 OZ	7.87	7.87		
3648	ROLAND	BALSAMIC VINEGAR ORG	8.5 OZ	3.49	3.49		
3649	ROLAND	BALSAMIC VINEGAR ORG	17 OZ	5.10	5.10		
2289	SPECTRM	BALSAMIC VINEGAR	16.9 OZ	6.88	6.88		
34210	TERRAMED	BALSAMIC VINEGAR	17 OZ	7.06	7.06	5.65	5.65
VINEGARS							
32210	BOYAJIAN	VINEGAR MAPLE	8 OZ	4.55	4.55		
32241	BOYAJIAN	VINEGAR POMEGRANATE	8 OZ	4.49	4.49		
32240	BOYAJIAN	VINEGAR SWEET CIDER	8 OZ	4.17	4.17		
32211	BOYAJIAN	VINEGAR SWEET PLUM	8 OZ	3.94	3.94		
9243	BRAGG	VINEGAR APPLE CIDER unflt ORG	32 OZ	4.95	4.95		
1840	COLAVIT	VINEGAR RED WINE	17 OZ	2.75	2.75		
1841	COLAVIT	VINEGAR WHITE WINE	17 OZ	2.75	2.75		
15251	COLUME	VINEGAR SHERRY 30yr Spanish	12.7 OZ	7.75	7.75		
31653	DOMAINE	VINEGAR CHAMPANGE	16.9 OZ	3.91	3.91		
31654	DOMAINE	VINEGAR RASPBERRY	16.9 OZ	3.58	3.58		
31655	DOMAINE	VINEGAR RED WINE	16.9 OZ	3.58	3.58		
31656	DOMAINE	VINEGAR TARRAGON	16.9 OZ	3.58	3.58	3.22	3.22
31657	DOMAINE	VINEGAR WHITE WINE	16.9 OZ	3.58	3.58	3.22	3.22
6364	EDEN	VINEGAR APPLE CIDER ORG	32 OZ	4.15	4.15		
6363	EDEN	VINEGAR APPLE CIDER ORG	16 OZ	2.72	2.72		
6365	EDEN	VINEGAR RED WINE	32 OZ	3.30	3.30		
40113	LAMASIA	VINEGAR SHERRY	375 ML	7.07	7.07	6.01	6.01
31660	LOSVILL	VINEGAR SHERRY	12.7 OZ	4.87	4.87		
30007	MASPORTE	VINEGAR MERLOT	17 OZ	11.36	11.36		
5053	O OLIVE	VINEGAR CABERNET	6.8 OZ	7.87	7.87	6.99	6.99
30011	O OLIVE	VINEGAR CASSIS black currant	6.8 OZ	7.87	7.87		
3569	O OLIVE	VINEGAR CHAMPAGNE	6.8 OZ	7.87	7.87	6.69	6.69
5052	O OLIVE	VINEGAR CHAMPAGNE CITRUS	6.8 OZ	7.87	7.87	6.99	6.99
5057	O OLIVE	VINEGAR PORT	6.8 OZ	7.87	7.87	7.08	7.08
5048	O OLIVE	VINEGAR RICE W/GINGER	200 ML	7.87	7.87	6.69	6.69
5047	O OLIVE	VINEGAR RICE YUZU	200 ML	7.87	7.87		
3571	O OLIVE	VINEGAR SHERRY	6.8 OZ	7.87	7.87		
3570	O OLIVE	VINEGAR ZINFANDEL	6.8 OZ	7.87	7.87		
30654	SOLERA	VINEGAR SHERRY aged min 2 year	12.7 OZ	4.35	4.35		
2266	SPECTRM	VINEGAR APPLE CIDER ORG UNFIL	16 OZ	2.99	2.99	2.24	2.24
2259	SPECTRM	VINEGAR APPLE CIDER ORG UNFIL	32 OZ	4.79	4.79		
8117	SPECTRM	VINEGAR BROWN RICE ORG UNFIL	12.7 OZ	3.95	3.95		
8121	SPECTRM	VINEGAR RED WINE ORG	16.9 OZ	5.50	5.50		
2264	SPECTRM	VINEGAR WHITE DISTILLED ORG	32 OZ	5.10	5.10		
8124	SPECTRM	VINEGAR WHITE WINE ORG	16.9 OZ	5.50	5.50		
34212	TERRAMED	VINEGAR RED WINE	17 OZ	5.04	5.04	4.03	4.03
34211	TERRAMED	VINEGAR WHITE WINE	17 OZ	5.04	5.04	4.03	4.03
6642	UNIO	VINEGAR CARBERNET SAUVIGNON	500ML	4.85	4.85		
31520	UNIO	VINEGAR MOSCATEL WINE spain	500 ML	6.40	6.40		
31521	UNIO	VINEGAR VERMOUTH WINE spain	500 ML	6.40	6.40		

BOOKS & MUSIC

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
2500	ABI	AB SALE FLYER/PRICE LIST	EACH	2.02	2.02		
50275	BOOK	COOKING WITH SEITAN	EACH	11.78	11.78	7.69	7.69
50274	BOOK	ESSENTIAL EATING SPROUTD BAKNG	EACH	20.00	20.00	17.00	17.00
2894	BOOK	PRESCRIPTION FOR HERBAL HEALIN	EACH	17.27	17.27	14.68	14.68
2884	BOOK	PRESCRIPTION FOR NUTRITNL HEAL	EACH	19.99	19.99	17.99	17.99
2879	BOOK	SMART MED for HEALTHIER LIVING	EACH	10.83	10.83		
51008	BOOK	SPROUTS THE MIRACLE FOOD	EACH	8.42	8.42		
2832	BOOK	STEVIA COOKBOOK	EACH	8.72	8.72	7.41	7.41
PUTUMAYO WORLD MUSIC							
51000	PUTUMAYO	A FAMILY CHRISTMAS cd	EACH	9.99	9.99		
51066	PUTUMAYO	ACOUSTIC ARABIA cd	EACH	9.99	9.99		
51044	PUTUMAYO	AFRICAN DREAMLAND cd	EACH	9.99	9.99		
51042	PUTUMAYO	AFRICAN PARTY cd	EACH	9.99	9.99		
3001	PUTUMAYO	AFRICAN PLAYGROUND cd	EACH	9.99	9.99		
51011	PUTUMAYO	AMERICAN FOLK cd	EACH	9.99	9.99		
51032	PUTUMAYO	ANIMAL PLAYGROUND KIDS cd	EACH	9.99	9.99		
51080	PUTUMAYO	BRAZILIAN CAFE cd	EACH	9.99	9.99		
51019	PUTUMAYO	BRAZILIAN LOUNGE cd	EACH	9.99	9.99		
51041	PUTUMAYO	CAFE CUBANO cd	EACH	9.99	9.99		
51082	PUTUMAYO	CARIBBEAN PLAYGROUND cd	EACH	9.99	9.99		
51014	PUTUMAYO	CELTIC CROSSROADS cd	EACH	9.99	9.99		
51037	PUTUMAYO	CELTIC DREAMLAND cd	EACH	9.99	9.99	8.99	8.99
3043	PUTUMAYO	CHRISTMAS AROUND THE WORLD cd	EACH	9.99	9.99		
51081	PUTUMAYO	CUBA cd	EACH	9.99	9.99	8.99	8.99
3054	PUTUMAYO	DREAMLAND WORLD LULLABIES cd	EACH	9.99	9.99		
51079	PUTUMAYO	EUROPEAN PLAYGROUND cd	EACH	9.99	9.99		
51018	PUTUMAYO	FOLK PLAYGROUND cd	EACH	9.99	9.99		
3051	PUTUMAYO	FRENCH CAFE cd	EACH	9.99	9.99		
51069	PUTUMAYO	FRENCH CARIBBEAN cd	EACH	9.99	9.99		
3006	PUTUMAYO	GREECE cd	EACH	9.99	9.99		
51030	PUTUMAYO	GYPSY GROOVE cd	EACH	9.99	9.99		
51077	PUTUMAYO	INDIA cd	EACH	9.99	9.99	8.99	8.99
51035	PUTUMAYO	ISRAEL cd	EACH	9.99	9.99	8.99	8.99
51078	PUTUMAYO	ITALIA cd	EACH	9.99	9.99	8.99	8.99
51001	PUTUMAYO	ITALIAN CAFE cd	EACH	9.99	9.99		
51045	PUTUMAYO	JAZZ AND BLUES CHRISTMAS cd	EACH	9.99	9.99		
51027	PUTUMAYO	LATIN JAZZ cd	EACH	9.99	9.99		
51088	PUTUMAYO	LATIN PARTY cd	EACH	9.99	9.99		
51003	PUTUMAYO	MALI cd	EACH	9.99	9.99		
51015	PUTUMAYO	MUSIC FROM THE WINELANDS cd	EACH	9.99	9.99		
51023	PUTUMAYO	NEW ORLEANS CHRISTMAS cd	EACH	9.99	9.99		
51009	PUTUMAYO	NORTH AFRICAN GROOVE cd	EACH	9.99	9.99		
51016	PUTUMAYO	PARIS cd	EACH	9.99	9.99	8.99	8.99
51075	PUTUMAYO	PICNIC PLAYGROUND cd	EACH	9.99	9.99	8.99	8.99
51068	PUTUMAYO	QUEBEC cd	EACH	9.99	9.99		
51022	PUTUMAYO	REGGAE PLAYGROUND cd	EACH	9.99	9.99		
51084	PUTUMAYO	ROCK & ROLL PLAYGROUND cd	EACH	9.99	9.99		
3081	PUTUMAYO	RUMBA FLAMENCO cd	EACH	9.99	9.99		
3007	PUTUMAYO	SALSA AROUND THE WORLD cd	EACH	9.99	9.99		
51076	PUTUMAYO	SALSA cd	EACH	9.99	9.99	8.99	8.99
51061	PUTUMAYO	SESAME STREET PLAYGROUND cd	EACH	9.99	9.99		
51085	PUTUMAYO	SOUTH AFRICA cd	EACH	9.99	9.99		
51034	PUTUMAYO	TANGO AROUND THE WORLD cd	EACH	9.99	9.99		
51021	PUTUMAYO	TURKISH GROOVE cd	EACH	9.99	9.99		
3014	PUTUMAYO	WOMEN OF LATIN AMERICA cd	EACH	9.99	9.99		
51028	PUTUMAYO	WOMEN OF THE WORLD ACOUSTIC	EACH	9.99	9.99	8.99	8.99
51090	PUTUMAYO	WORLD CHRISTMAS PARTY cd	EACH	9.99	9.99		
3166	PUTUMAYO	WORLD REGGAE cd	EACH	9.99	9.99		
51091	PUTUMAYO	YOGA cd	EACH	9.99	9.99		

To Celebrate **Mardi Gras** and **Bob Marley's Birthday** (February 6th), these CD's are on promotion for the month of February!

3064	**PUTUMAYO**	**AMERICAN BLUES cd**	**EACH**	**9.99**	**9.99**	**8.99**	**8.99**
51087	**PUTUMAYO**	**JAZZ PLAYGROUND cd**	**EACH**	**9.99**	**9.99**	**8.99**	**8.99**
51089	**PUTUMAYO**	**RHYTHM & BLUES cd**	**EACH**	**9.99**	**9.99**	**8.99**	**8.99**
51086	**PUTUMAYO**	**TRIBUTE TO A REGGAE LEGEND cd**	**EACH**	**9.99**	**9.99**	**8.99**	**8.99**

HOUSEHOLD & MISCELLANEOUS

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
50143	CHAMP AP	BEESWAX CANDLES 12inch	PAIR	5.79	5.79		
2189	ABI	CANDLE PURE BEESWAX 8 inch	EACH	1.95	1.95		
9999	ABI	CLIP STRIP 12 steel clips	EACH	3.95	3.95		
4531	ROLAND	BAMBOO SKEWERS 12inch 3mm	100 CNT	1.06	1.06	.90	.90
41218	ROLAND	TOOTHPICKS ROUND WOOD	48/250 CT	.25	12.00		
2725	ABI	COFFEE BAGS 1# brown	100 CNT	11.97	11.97	9.58	9.58
50411	**IFYOUCAR**	**COFFEE FILTERS #2**	**100 CT**	**2.61**	**2.61**	**2.35**	**2.35**
9173	IFYOUCAR	COFFEE FILTERS #4	100 CT	3.19	3.19		
3242	NATBREW	COFFEE FILTERS BROWN #4 cone	40 CNT	1.51	1.51		
3244	NATBREW	COFFEE FILTERS BROWN BASKET	100 CNT	1.30	1.30		
92013	ORGFILTR	CFFEE FLTR ORG CTTN 2-4 c BSKT	EACH	4.27	4.27	3.79	3.79
92012	ORGFILTR	COFFEE FILTR ORG COTTN #2 CONE	EACH	4.27	4.27		
92010	ORGFILTR	COFFEE FILTR ORG COTTN #4 CONE	EACH	4.27	4.27		
92011	ORGFILTR	COFFEE FILTR ORG COTTN 4BASKET	EACH	4.27	4.27		
92015	ORGFILTR	SPICE BAG COTTON ORG	EACH	3.17	3.17		
92014	ORGFILTR	TEA FILTER BAG COTTON ORG	EACH	3.32	3.32		
15479	FLOWER	TEA BAGS COTTON	3/PKG	1.30	1.30		
53010	TELIA	TEA FILTERS	50 BAGS	2.37	2.37		
ABI							
3180	ABI	TEA BALL MESH 2 inch	EACH	2.11	2.11		
3144	ABI	TEA BALL MESH WITH HANDLE	EACH	2.39	2.39		
50105	ABI	GLASS BOTTLE SQUARE glass	12/500 ML	2.28	27.36	2.05	24.60
3024	ABI	GLASS BOTTLES Boston Rnd w/cap	24/16 OZ	1.00	24.00		
3020	ABI	GLASS BOTTLES Boston Rnd w/cap	12/8 OZ	1.05	12.60		
3022	ABI	GLASS BOTTLES Boston Rnd w/cap	12/4 OZ	1.05	12.60		
50106	ABI	GLASS BOTTLES SWING TOP glass	12/250 ML	2.95	35.40		
3025	ABI	GLASS BOTTLES w/caps	12/32 OZ	1.60	19.20		
3831	ABI	HONEY JAR GLASS w/WOOD DIPPER	EACH	4.84	4.84		
50142	ABI	PAIL PLASTIC W/HANDLE w/lid	1 GAL	3.29	3.29		
2279	ABI	PAPER TOWEL RECYLD (white) 85s	15 ROLLS	1.69	25.35		
2277	ABI	POLY BAGS 10 X 8 X 24	50 PCS	21.00	21.00		
2281	ABI	POLY BAGS 12 X 8 X 30	50 PCS	28.25	28.25		
2268	ABI	POLY BAGS 4 X 2 X 12	100 PCS	5.40	5.40		
2274	ABI	POLY BAGS 4 X 2 X 8	100 PCS	4.10	4.10		
2275	ABI	POLY BAGS 6 X 3 X 15	100 PCS	9.10	9.10		
2276	ABI	POLY BAGS 8 X 4 X 18	100 PCS	12.25	12.25	11.03	11.03
3027	ABI	QUART BOTTLE PLASTIC DISPENSIN	32 OZ	1.36	1.36	1.22	1.22
15210	ABI	SUSHI MAT BAMBOO 9.5 x 8	EACH	2.86	2.86		
2270	ABI	TOILET PAPER rcyld 500sht/2pl	12 ROLLS	.74	8.88		
1168	ABI	TUB PLASTIC W/LID	35#	10.00	10.00		
2278	ABI	TWISTIES	2000 CNT	5.10	5.10	4.59	4.59
2273	ABI	WAXED PAPER BAGS SAND SIZE	1000 EA.	34.99	34.99		
2272	ABI	WAXED PAPER BAGS SAND SIZE	100 EA.	4.19	4.19		
AIRSCENSE							
8718	AIRSCEN	AIR FRESHENER LAVENDER	7 OZ	5.89	5.89		
8716	AIRSCEN	AIR FRESHENER LIME	7 OZ	5.89	5.89		
8715	AIRSCEN	AIR FRESHENER ORANGE	7 OZ	5.89	5.89		
8717	AIRSCEN	AIR FRESHENER VANILLA	7 OZ	5.89	5.89		
BBQR'S DELIGHT							
50134	BBQR'S	SMOKE PELLETS APPLEWOOD	1#	2.45	2.45		
50133	BBQR'S	SMOKE PELLETS HICKORY	1#	2.45	2.45		
50131	BBQR'S	SMOKE PELLETS JACK DANIELS	1#	2.45	2.45	1.84	1.84
50132	BBQR'S	SMOKE PELLETS MESQUITE	1#	2.45	2.45		
50135	BBQR'S	SMOKE PELLETS SUGAR MAPLE	1#	2.45	2.45	2.21	2.21
BETHEL ORGANIX							
50303	DOTPOTS	SEED START KIT JLPNO/CLNTR ORG	1 KIT	6.79	6.79	5.77	5.77
50304	DOTPOTS	SEED START KIT LETTCE BLND ORG	1 KIT	6.79	6.79	5.77	5.77
50302	DOTPOTS	SEED START KIT TOM/BASIL ORG	1 KIT	6.79	6.79	5.77	5.77
50300	DOTPOTS	SEED START POTS CARTN ORG biod	22 CT	4.59	4.59		
50301	DOTPOTS	SEED STRT POTS 20CT STRIP ORG	12/3CT	5.90	70.80	5.31	63.72
BETTER LIFE							
50295	BETTERLF	2AM MIRACLE NURSERY CLEANER	16 OZ	4.07	4.07		
50291	BETTERLF	ALL PURPOSE CLEANER SAGE CTRUS	32 OZ	4.57	4.57		
50290	BETTERLF	ALL PURPOSE CLEANER SCENT FREE	32 OZ	4.57	4.57		
50294	BETTERLF	FLOOR CLEANER	32 OZ	4.67	4.67		
50293	BETTERLF	GENTLE SCRUBBER KITCHEN	16 OZ	4.07	4.07		
50296	BETTERLF	STAINLESS STEEL CLNR & POLISH	16 OZ	4.07	4.07		
50298	BETTERLF	STONE COUNTER TOP CLEANER	16 OZ	4.07	4.07		
50292	BETTERLF	WINDOW GLASS CLEANER	32 OZ	5.17	5.17		
50297	BETTERLF	WOOD CLEANER & POLISH	16 OZ	4.07	4.07		
BEYOND GOURMET							
15540	BEYOND	BAKING CUP unblch 2.5in	48 CNT	1.39	1.39		
15541	BEYOND	PARCHMENT PAPER unblch	65 FT	4.29	4.29		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
BIOKLEEN							
50083	BIOKLEEN	ALL PURPOSE CLEANER SPRAY	32 OZ	4.99	4.99		
50084	BIOKLEEN	AUTOMATIC DISH POWDER	2 LB	7.97	7.97		
50270	BIOKLEEN	BAC-OUT BATHROOM CLEANER	32 OZ	7.59	7.59		
50273	BIOKLEEN	BAC-OUT FLOOR CLEANER	32 OZ	7.59	7.59		
50272	BIOKLEEN	BAC-OUT LAVENDR FABRIC REFRSHR	16 OZ	5.59	5.59		
50271	BIOKLEEN	BAC-OUT LMN TME FABRIC REFRSHR	16 OZ	5.59	5.59		
50080	BIOKLEEN	BAC-OUT STAIN &ODOR ELIMINATOR	16 OZ	5.79	5.79		
50081	BIOKLEEN	BAC-OUT STAIN &ODOR ELIMINATOR	32 OZ	7.50	7.50		
50085	BIOKLEEN	DISHWASHING LIQUID	32 OZ	5.59	5.59		
50088	BIOKLEEN	LAUNDRY LIQUID CITRUS	64 OZ	11.65	11.65		
50090	BIOKLEEN	LAUNDRY POWDER	10 LB	19.40	19.40		
50089	BIOKLEEN	LAUNDRY POWDER	5 LB	10.60	10.60		
50091	BIOKLEEN	LAUNDRY POWDER PREMIUM	5 LB	13.50	13.50		
50092	BIOKLEEN	OXYGEN BLEACH PLUS	2 LB	6.15	6.15		
50093	BIOKLEEN	SOY CREAM CLEANER	32 OZ	5.65	5.65	1.49	1.49
50094	BIOKLEEN	SOY TOILET SCRUB	32 OZ	6.15	6.15		
BIO PAC							
8806	BIOPAC	AUTOMATIC DISH POWDER	50# *	1.40	70.00		
8860	BIOPAC	CITRUS CLEANER ALL PURP	1GAL	20.30	20.30		
8807	BIOPAC	CITRUS SPRAY CLEANER	22 OZ	2.72	2.72		
8801	BIOPAC	DISH LIQ APPLE-ALOE w/T TREE	22 OZ	3.08	3.08		
8863	BIOPAC	DISHWASHING LIQUID r	1GAL	11.10	11.10	9.99	9.99
8800	BIOPAC	DISHWASHING LIQUID concen r	5GAL	51.77	51.77		
8869	BIOPAC	FABRIC SOFTENER r	1GAL	10.10	10.10		
8799	BIOPAC	LAUNDRY LIQUID ULTRA	32 OZ	4.84	4.84		
8861	BIOPAC	LAUNDRY LIQUID ULTRA r	1GAL	10.90	10.90		
8810	BIOPAC	LAUNDRY LIQUID ULTRA r	5GAL	51.26	51.26		
8804	BIOPAC	LAUNDRY POWDER concentrate	50# *	1.36	68.00		
8809	BIOPAC	LAUNDRY STAIN REMOVER	22 OZ	3.69	3.69		
8808	BIOPAC	NON-CHLORINE BLEACH POWDER	10#	1.20	12.00		
8805	BIOPAC	PINE BATHRM CLNR w/T TREE	22 OZ	2.88	2.88		
8867	BIOPAC	PINE CLEANER CONC. r	1GAL	18.59	18.59	14.87	14.87
BLUES BUSTER							
9907	BLUESBST	LIGHTBULB FULLSPEC CLEAR 100WT	1 BULB	4.60	4.60		
9908	BLUESBST	LIGHTBULB FULLSPEC CLEAR 60WT	1 BULB	4.60	4.60		
9904	BLUESBST	LIGHTBULB FULLSPEC FROST 100WT	1 BULB	4.60	4.60		
9906	BLUESBST	LIGHTBULB FULLSPEC FROST 60WT	1 BULB	4.60	4.60		
9905	BLUESBST	LIGHTBULB FULLSPEC FROST 75WT	1 BULB	4.60	4.60		
9911	BLUESBST	LTBULB CFL FULLSPEC 12W	1 BULB	11.25	11.25	8.44	8.44
9909	BLUESBST	LTBULB CFL FULLSPEC 15W	1 BULB	11.25	11.25		
9910	BLUESBST	LTBULB CFL FULLSPEC 20W	1 BULB	11.25	11.25		
BREAD ARMOR							
50310	BREADARM	BREAD BAGS BAGUETTE carton	12/2CT	1.75	21.00	1.49	17.88
50314	BREADARM	BREAD BAGS BAGUETTE single 2CT	2 CT	1.85	1.85	1.65	1.65
50311	BREADARM	BREAD BAGS CIABATTA carton	12/2CT	1.75	21.00	1.29	15.48
50315	BREADARM	BREAD BAGS CIABATTA single 2CT	2 CT	1.85	1.85		
50312	BREADARM	BREAD BAGS FRENCH carton	12/2CT	1.75	21.00		
50316	BREADARM	BREAD BAGS FRENCH single 2CT	2 CT	1.85	1.85		
50313	BREADARM	BREAD BAGS VARIETY carton	12/3CT	2.30	27.60	1.73	20.76
50317	BREADARM	BREAD BAGS VARIETY single 3CT	3CT	2.30	2.30		
CITRASOLV							
8720	CITRASOLV	CITRA-CLEAR GLASS CLEANER	32 OZ	4.19	4.19		
8707	CITRASOLV	CITRA-DISH AUTOMATIC POWDER	45 OZ	5.19	5.19		
50140	CITRASOLV	CITRA-DISH LIQUID LAV BERGAMT	25 OZ	3.29	3.29		
50139	CITRASOLV	CITRA-DISH LIQUID LEM VERBENA	25 OZ	3.29	3.29		
50138	CITRASOLV	CITRA-DISH LIQUID MANGO TANGRN	25 OZ	3.29	3.29		
8703	CITRASOLV	CITRA-DISH LIQUID ORANGE	25 OZ	3.29	3.29		
8719	CITRASOLV	CITRA-DRAIN CLEANER	22 OZ	4.45	4.45		
8714	CITRASOLV	CITRA-SPOT/STAIN REMOVER	22 OZ	4.85	4.85		
50141	CITRASOLV	CITRA-SUDS LIQUID LAV BERGAMOT	50 OZ	6.99	6.99		
8709	CITRASOLV	CITRA-SUDS LIQUID ORANGE	50 OZ	6.99	6.99		
8713	CITRASOLV	CITRA-WOOD CLEANER/POLISH	8 OZ	4.39	4.39		
8723	CITRASOLV	CLEANER CITRUS	1 GAL	39.99	39.99		
8725	CITRASOLV	CLEANER CITRUS	16 OZ	8.49	8.49		
8724	CITRASOLV	CLEANER CITRUS	32 OZ	12.75	12.75		
50136	CITRASOLV	CLEANER LAVENDER BERGAMOT	16 OZ	8.49	8.49	7.22	7.22
8727	CITRASOLV	READY TO USE SPRAY CITRUS	22 OZ	3.55	3.55		
50137	CITRASOLV	READY TO USE SPRAY LAV BERGAMT	22 OZ	3.55	3.55		
COAST OF MAINE							
50100	COAST ME	COMPOST LOBSTER QUODDY BLEND	1 CF	5.69	5.69		
53040	COAST ME	EARTHWRM CASTINGS WISCSST ORG	8 QTS	8.38	8.38		
53016	COAST ME	NATURAL CEDAR MULCH	2 CF	3.66	3.66		
53041	COAST ME	PLANT FOOD EGGEMOGGIN BLND ORG	2.5#	5.21	5.21		
53033	COAST ME	POTTING SOIL PRM BAR HRBR BLND	8 QT	3.22	3.22		
53034	COAST ME	POTTING SOIL PRM BAR HRBR BLND	16 QT	5.69	5.69	5.12	5.12
COT 'N WASH							
51062	COTNWASH	LAUNDRY DROPS FRESH SCENT	26 CT	6.47	6.47	4.69	4.69

If You Care *Heavy Duty* Aluminum Foil

The same energy savings as our Regular Foil, only our Heavy Duty Foil is thicker, stronger and wider. Perfect for the BBQ, grill and oven.

95% energy savings

Can be recycled over and over again

Minimum waste

Unbleached recycled cardboard packaging

Vegetable-based inks for printing

Non-toxic glues

Cardboard packaging biodegradable but should be recycled

Protects food against light, oxygen, humidity and bacteria

Gluten free

Allergen free

Ingredients: 100% recycled aluminum

Item #50412

If You Care *Sandwich Bags*

Made in Sweden from the unbleached pulp of Scandinavian spruce trees – a natural, renewable resource – **If You Care** Sandwich and Snack Bags are greaseproof, and provide a natural barrier which prevents grease or fat from penetrating.

They are not treated with petroleum based paraffin wax or any other wax. Like all of our If You Care paper products, these sandwich and snack bags are totally chlorine-free, as a result of which, no chlorine is dumped into our lakes, rivers and streams.

Perfect for sandwiches, snacks, cookies, muffins, nuts, chips and much more.

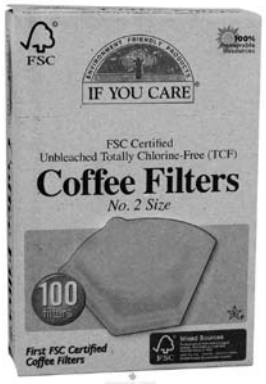
Item #50410

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
DEBBIE MEYER GREENBAGS							
53037	DEBMEYER	BAGS CHEESE zip lock	12 CT	8.66	8.66		
53036	DEBMEYER	BREAD BAGS (10 LG / 2 LONG)	12 CT	8.66	8.66	7.79	7.79
2286	DEBMEYER	PRODUCE BAGS (10 MED / 10 LG)	20 CT	8.66	8.66		
DRAGONFLY ORGANIX							
50192	DRAGONFLY	DEGREASER ORG	24 OZ	4.03	4.03		
50193	DRAGONFLY	EYEGLASS CLEANER ORG	2 OZ	2.10	2.10		
50194	DRAGONFLY	FLOOR CLEANER ORG	24 OZ	4.03	4.03		
50189	DRAGONFLY	GLASS CLEANER ORG	24 OZ	4.03	4.03		
50190	DRAGONFLY	ODOR ELIMINATOR ORG	24 OZ	4.03	4.03		
50188	DRAGONFLY	ODOR ELIMINATOR ORG	2 OZ	2.15	2.15		
50187	DRAGONFLY	STAIN REMOVER ORG	2 OZ	2.15	2.15		
50191	DRAGONFLY	STAIN REMOVER ORG	24 OZ	4.03	4.03		
DR. BRONNER'S							
8681	DRBRONS	SAL SUDS LIQ CLNR CONC	32 OZ	7.54	7.54		
EARTH FRIENDLY							
8700	EARTHFRI	FRUIT & VEGGIE SPRAYWASH	17 OZ	4.19	4.19	3.35	3.35
51059	EARTHSHL	HEAVY DUTY PLATE biodegradable	35/6 INCH	3.06	3.06	1.99	1.99
EASTWIND CANDLE CO.							
50108	EASTWIND	CANDLE TAPERS 12in BEESWAX	PAIR	8.99	8.99	8.09	8.09
50107	EASTWIND	CANDLE TAPERS 9in BEESWAX	PAIR	7.35	7.35		
ECO TOUCH							
50502	ECOTOUCH	CAR CARPET & UPHOLSTERY CLEANR	24 OZ	4.10	4.10		
50501	ECOTOUCH	CAR DASHBOARD & TRIM CLEANER	22 OZ	5.05	5.05	4.55	4.55
50503	ECOTOUCH	CAR METAL & CHROME POLISH	22 OZ	5.05	5.05		
50504	ECOTOUCH	CAR WATERLESS CARWASH & POLISH	22 OZ	6.30	6.30		
50185	ECOTOUCH	CAR WATERLESS CARWASH refill	1 GAL	28.86	28.86	19.95	19.95
50184	ECOTOUCH	CAR WATRLESS WASH KIT w/towels	SET	14.43	14.43		
50505	ECOTOUCH	MICROFIBER TOWEL 2PK	3.8 OZ	4.90	4.90		
ECOVER							
8733	ECOVER	AUTOMATIC DISHWASH RINS AID	16 OZ	4.05	4.05		
8729	ECOVER	AUTOMATIC DISHWASHING PDR	48 OZ	5.45	5.45		
8736	ECOVER	AUTOMATIC DISHWSHG TABLET	25 TABS	5.30	5.30		
8745	ECOVER	CLEANER FLOOR SOAP	32 OZ	3.99	3.99		
8775	ECOVER	CLEANER TOILET	25 OZ	3.38	3.38		
8777	ECOVER	DISHWASHING LIQ GRPFT&GRN TEA	32 OZ	3.64	3.64		
8735	ECOVER	DISHWASHING LIQUID HERBAL	32 OZ	3.79	3.79	2.84	2.84
8730	ECOVER	DISHWASHING LIQUID HERBAL	16 OZ	2.25	2.25		
8731	ECOVER	DISHWASHING LIQUID LEM/ALOE	32 OZ	3.79	3.79	2.84	2.84
8737	ECOVER	HAND CLEANER HEAVY DUTY	150 ML	3.66	3.66	2.74	2.74
8728	ECOVER	LAUNDRY BLEACH Non Chlorine	64 OZ	4.95	4.95	4.46	4.46
8740	ECOVER	LAUNDRY FABRIC SOFTENER	32 OZ	4.30	4.30		
8773	ECOVER	LAUNDRY LIQUID WASH	51 OZ	7.76	7.76	6.98	6.98
8767	ECOVER	LAUNDRY POWDER Ultra Conc	48 OZ	6.70	6.70		
8780	ECOVER	LAUNDRY WOOL WASH- Delicate	32 OZ	3.85	3.85	2.89	2.89
50128	ECOVER	LIMESCALE REMOVER	16 OZ	3.95	3.95		
8734	ECOVER	STAIN REMOVER NATURAL STICK	6.8 OZ	2.93	2.93		
FORMATICUM CHEESE PAPER							
50280	FORMATIC	PAPER CHEESE WRAP 11x14 w/labl	12 CT	4.45	4.45	3.39	3.39
GARDEN GUYS							
50195	GARDEN	GARDEN NEEM	24 OZ	7.45	7.45		
GET REAL							
51116	GETREAL	BAG BEAVER HANDY TOTE	BAG	7.14	7.14	6.39	6.39
51115	GETREAL	BAG DICK AND JANE HANDY TOTE	BAG	7.14	7.14	6.39	6.39
51071	GETREAL	BAG FRUIT SHOPPER	BAG	7.49	7.49		
51111	GETREAL	BAG PRETTY PRINT SHOPPER	BAG	8.57	8.57	7.69	7.69
51110	GETREAL	BAG SWEET CUPCAKE SHOPPER	BAG	8.57	8.57	7.69	7.69
51072	GETREAL	BAG WORLD SHOPPER	BAG	7.49	7.49	6.74	6.74
51114	GETREAL	BAG YUM HANDY TOTE	BAG	7.14	7.14	6.39	6.39
51112	GETREAL	BAGFARM FRESH SHOPPER	BAG	8.57	8.57	7.69	7.69
GROUNDWORKS ICEMELTER							
2164	GRNDWRK	NATURAL ICEMELTER bag	25#	.55	13.75		
2165	GRNDWRK	NATURAL ICEMELTER jug	12#	.86	10.32		
IF YOU CARE							
50412	**IFYOUCAR**	**ALUM FOIL HVY DUTY 15.75"W**	**30 SQ FT**	**4.05**	**4.05**	**3.65**	**3.65**
9170	IFYOUCAR	ALUM FOIL 100% RECYCLED 11.5"W	50 SQ FT	3.79	3.79		
50410	**IFYOUCAR**	**BAGS SANDWICH**	**48 CT**	**2.69**	**2.69**	**2.39**	**2.39**
50111	IFYOUCAR	BAKING CUPS JUMBO	24 CT	1.28	1.28	1.09	1.09
9171	IFYOUCAR	BAKING CUPS LARGE	60 CT	1.28	1.28		
50109	IFYOUCAR	BAKING CUPS MINI	90 CT	1.03	1.03		
50113	IFYOUCAR	BAKING PAPER IN SHEETS	24 CT	3.25	3.25		
50115	IFYOUCAR	CHEESECLOTH 72in x 36in	2 SQ YD	2.52	2.52		
50414	**IFYOUCAR**	**FIRELIGHTERS 100% BIOMASS**	**72 CT**	**4.67**	**4.67**	**4.20**	**4.20**
50114	IFYOUCAR	NATURAL COOKING TWINE	200 FT	2.09	2.09		
9172	IFYOUCAR	PARCHMENT PAPER unbleached	70 SQ FT	4.25	4.25		
50413	**IFYOUCAR**	**WAX PAPER UNBLEACHED**	**75 SQ FT**	**3.92**	**3.92**	**3.53**	**3.53**

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
LIFE TREE							
50153	LIFETREE	ALL PURPOSE SPRAY CLEANER	24 OZ	6.80	6.80		
50152	LIFETREE	BATHROOM CLEANER NATURAL	1 GAL	20.75	20.75		
50151	LIFETREE	BATHROOM CLEANER NATURAL	16 OZ	4.80	4.80		
50155	LIFETREE	DISH SOAP CITRUS FRESH	32 OZ	9.20	9.20		
50154	LIFETREE	DISH SOAP CITRUS FRESH	16 OZ	4.99	4.99		
50156	LIFETREE	DISH SOAP CITRUS FRESH	1 GAL	26.50	26.50		
50150	LIFETREE	DISH SOAP ULTRA LIQUID	16 OZ	5.59	5.59		
50148	LIFETREE	HOME SOAP all purpose	16 OZ	4.70	4.70	4.00	4.00
50149	LIFETREE	HOME SOAP all purpose	32 OZ	7.99	7.99		
50157	LIFETREE	LAUNDRY LIQUID ORIGINAL	16 OZ	5.19	5.19	4.67	4.67
50158	LIFETREE	LAUNDRY LIQUID ORIGINAL	32 OZ	8.69	8.69	7.39	7.39
50160	LIFETREE	LAUNDRY LIQUID ORIGINAL	1 GAL	25.75	25.75		
50159	LIFETREE	LAUNDRY LIQUID ORIGINAL	64 OZ	18.27	18.27		
MESSINA WILDLIFE MANAGEMENT							
50196	MESSINA	DEER STOPPER READY TO USE	QUART	8.22	8.22	7.40	7.40
50197	MESSINA	DEER STOPPER READY TO USE RFIL	GALLON	17.54	17.54	15.79	15.79
50200	MESSINA	GROUNDHOG STOPPER READY TO USE	QUART	8.22	8.22	7.40	7.40
50202	MESSINA	RABBIT STOPPER READY TO USE	QUART	8.22	8.22	6.99	6.99
50203	MESSINA	SQUIRREL STOPPER READY TO USE	QUART	8.22	8.22		
50204	MESSINA	temp n/a ANIMAL STOPPER GRANUL	2.5 LBS	13.34	13.34		
50198	MESSINA	temp n/a DEER STOPPER CONC HOS	QUART	26.40	26.40	23.76	23.76
50201	MESSINA	temp n/a MOLE&VOLE STOPPER CON	QUART	26.40	26.40		
MOTHER NATURE'S CUISINE							
50259	MOTHRNAT	CUISINE ALL PURP PLANT 3-5-3	5#	6.74	6.74		
50262	MOTHRNAT	CUISINE FISH AND SEAWEED 2-3-1	32 OZ	11.06	11.06		
50260	MOTHRNAT	CUISINE FLOWER 3-4-4	5#	6.74	6.74		
50261	MOTHRNAT	CUISINE VEGGIE HERB 2-3-5	5#	6.74	6.74		
MRS. MEYERS							
180	MRS MEYR	ALL PURP CLEANER BASIL	6/32 OZ	5.65	33.90		
102	MRS MEYR	ALL PURP CLEANER GERANIUM	6/32 OZ	5.65	33.90		
100	MRS MEYR	ALL PURP CLEANER LAVENDER	6/32 OZ	5.65	33.90		
101	MRS MEYR	ALL PURP CLEANER LEM VERBENA	6/32 OZ	5.65	33.90		
207	MRS MEYR	AUTO DISH POUCH BASIL pods	6/20 CT	5.70	34.20		
206	MRS MEYR	AUTO DISH POUCH GERANIUM pods	6/20 CT	5.70	34.20		
204	MRS MEYR	AUTO DISH POUCH LAVENDER pods	6/20 CT	5.70	34.20		
205	MRS MEYR	AUTO DISH POUCH LEM VER pods	6/20 CT	5.70	34.20		
181	MRS MEYR	COUNTER TOP SPRAY BASIL	6/16 OZ	3.09	18.54		
117	MRS MEYR	COUNTER TOP SPRAY GERANIUM	6/16 OZ	3.09	18.54		
115	MRS MEYR	COUNTER TOP SPRAY LAVENDER	6/16 OZ	3.09	18.54		
116	MRS MEYR	COUNTER TOP SPRAY LEM VERBENA	6/16 OZ	3.09	18.54		
182	MRS MEYR	DRYER SHEETS BASIL	12/80 SHT	5.65	67.80	5.09	61.08
120	MRS MEYR	DRYER SHEETS GERANIUM	12/80 SHT	5.65	67.80	5.09	61.08
118	MRS MEYR	DRYER SHEETS LAVENDER	12/80 SHT	5.65	67.80	5.09	61.08
119	MRS MEYR	DRYER SHEETS LEMON VERBENA	12/80 SHT	5.65	67.80	5.09	61.08
183	MRS MEYR	FABRIC SOFTENER BASIL	6/32 OZ	6.25	37.50		
123	MRS MEYR	FABRIC SOFTENER GERANIUM	6/32 OZ	6.25	37.50		
121	MRS MEYR	FABRIC SOFTENER LAVENDER	6/32 OZ	6.25	37.50		
122	MRS MEYR	FABRIC SOFTENER LEMON VERBENA	6/32 OZ	6.25	37.50		
210	MRS MEYR	LAUNDRY DET GERANIUM 64lds	6/64 OZ	11.59	69.54		
229	MRS MEYR	LAUNDRY LIQ BABY BLOSM 64 lds	6/64 OZ	11.59	69.54		
234	MRS MEYR	LAUNDRY LIQ BABY BLOSSOM 32lds	6/32 OZ	6.25	37.50		
211	MRS MEYR	LAUNDRY LIQ BASIL 64lds	6/64 OZ	11.59	69.54		
232	MRS MEYR	LAUNDRY LIQ LAVENDER 32lds	6/32 OZ	6.25	37.50		
208	MRS MEYR	LAUNDRY LIQ LAVENDER 64lds	6/64 OZ	11.59	69.54		
233	MRS MEYR	LAUNDRY LIQ LEMN VERBANA 32lds	6/32 OZ	6.25	37.50		
209	MRS MEYR	LAUNDRY LIQ LEMON VERBNA 64lds	6/64 OZ	11.59	69.54		
235	MRS MEYR	LAUNDRY LIQ UNSCENTED 32lds	6/32 OZ	6.25	37.50		
220	MRS MEYR	LAUNDRY LIQ UNSCENTED 64lds	6/64 OZ	11.59	69.54		
185	MRS MEYR	LIQ DISH SOAP BASIL	6/16 OZ	3.40	20.40		
135	MRS MEYR	LIQ DISH SOAP GERANIUM	6/16 OZ	3.40	20.40		
133	MRS MEYR	LIQ DISH SOAP LAVENDER	6/16 OZ	3.40	20.40		
134	MRS MEYR	LIQ DISH SOAP LEMON VERBENA	6/16 OZ	3.40	20.40		
145	MRS MEYR	ROOM FRESHENER GERANIUM	6/8 OZ	3.52	21.12		
143	MRS MEYR	ROOM FRESHENER LAVENDER	6/8 OZ	3.52	21.12		
144	MRS MEYR	ROOM FRESHENER LEMON VERBENA	6/8 OZ	3.52	21.12		
197	MRS MEYR	SCENT DIFFUSER REFILL BASIL	12/CS	4.70	56.40	4.20	50.40
195	MRS MEYR	SCENT DIFFUSER REFL GERANIUM	12 EACH	4.70	56.40	4.23	50.76
193	MRS MEYR	SCENT DIFFUSER REFL LAVENDER	12 EACH	4.70	56.40	4.00	48.00
194	MRS MEYR	SCENT DIFFUSER REFL LEMN VERBN	12 EACH	4.70	56.40		
146	MRS MEYR	SHOWER CLEANER LAVENDER	6/24 OZ	3.52	21.12		
147	MRS MEYR	SHOWER CLEANER LEMON VERBENA	6/24 OZ	3.52	21.12		
151	MRS MEYR	SOY CANDLE GERANIUM	6/7.2 OZ	7.04	42.24		
149	MRS MEYR	SOY CANDLE LAVENDER	6/7.2 OZ	7.04	42.24		
150	MRS MEYR	SOY CANDLE LEMON VERBENA	6/7.2 OZ	7.04	42.24		
187	MRS MEYR	SURFACE SCRUB BASIL	6/11 OZ	3.52	21.12		
157	MRS MEYR	SURFACE SCRUB GERANIUM	6/11 OZ	3.52	21.12	3.17	19.02
155	MRS MEYR	SURFACE SCRUB LAVENDER	6/11 OZ	3.52	21.12		

IF YOU CARE®

If You Care
Coffee Filters



#2 Cone

100 filters

Fits all No. 2 cone-style coffeemakers

Our very first products hold a special place in our hearts. If You Care Cone Filters are made from Forest Stewardship Council (FSC) certified unbleached totally chlorine-free (TCF) paper.

Since no chlorine or chlorine derivatives were used to produce these filters, no chlorine or chlorine derivatives get dumped into our lakes, rivers and streams.

Our coffee filters feature a strong "never break" double seam, which assures the strength and integrity of the filters. These coffee filters are designed to give lovers of freshly ground coffee maximum pleasure while having the least possible environmental impact.

Item #50411

If You Care *Firelighters* *100% Biomass*

Using only wood from FSC Certified forests and 100% non-GMO vegetable oil, our Firelighters are made from 100% renewable resources.

Most other firelighters contain kerosene and/or paraffin or paraffin wax, derived from petroleum, the combustion of which can release carcinogenic formaldehyde.

If You Care 100% Biomass Firelighters are considered carbon neutral, are non-toxic and harmless when in contact with plants, vegetation or aquatic organisms, and can be safely stored near or with food. They are ideal for use in wood burning fireplaces, charcoal grills, wood burning stoves and ovens, as well as outdoor campfires and fire pits.

Item #50414

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
MRS. MEYERS - cont.							
156	MRS MEYR	SURFACE SCRUB LEMON VERBENA	6/11 OZ	3.52	21.12		
216	MRS MEYR	SURFACE WIPES LAV biodegrade	12/24 CT	3.09	37.08		
217	MRS MEYR	SURFACE WIPES LEM V biodegrade	12/24 CT	3.09	37.08		
200	MRS MEYR	TOILET BOWL CLEANER BASIL	6/32 OZ	3.76	22.56		
163	MRS MEYR	TOILET BOWL CLEANER GERANIUM	6/32 OZ	3.76	22.56		
161	MRS MEYR	TOILET BOWL CLEANER LAVENDER	6/32 OZ	3.76	22.56		
162	MRS MEYR	TOILET BOWL CLEANER LEM VERBNA	6/32 OZ	3.76	22.56		
166	MRS MEYR	WINDOW SPRAY GERANIUM	6/24 OZ	3.52	21.12	3.17	19.02
164	MRS MEYR	WINDOW SPRAY LAVENDER	6/24 OZ	3.52	21.12	3.17	19.02
165	MRS MEYR	WINDOW SPRAY LEMON VERBENA	6/24 OZ	3.52	21.12	3.17	19.02
MRS. MEYERS							
222	MRS MEYS	ALL PURP CLEANER UNSCENTED	32 OZ	5.65	5.65	4.44	4.44
203	MRS MEYS	DRYER SHEETS BABY BLOSSOM	80SHT	5.65	5.65	3.99	3.99
196	MRS MEYS	SCENT DIFFUSER BASIL	EACH	9.15	9.15		
192	MRS MEYS	SCENT DIFFUSER GERANIUM	EACH	9.15	9.15		
190	MRS MEYS	SCENT DIFFUSER LAVENDER	EACH	9.15	9.15		
191	MRS MEYS	SCENT DIFFUSER LEMON VERBENA	EACH	9.15	9.15		
231	MRS MEYS	SURFACE WIPES BABY BLOSM biod	24CT	3.55	3.55	2.66	2.66
NATURE'S GRILLING							
50285	NATGRILL	CHARCOAL HARDWOOD BLEND NAT	6.6#	5.39	5.39		
50208	NATGRILL	CHARCOAL HARDWOOD BRIQUET NAT	9# BAG	5.39	5.39		
50286	NATGRILL	CHARCOAL MESQUITE WOOD NAT	6.6#	5.39	5.39		
50281	NATGRILL	CHUNKS 100% NATURAL MESQUITE	1.5 CF	4.19	4.19	3.77	3.77
50239	NATGRILL	FIRE STARTER 100% NATURL FLUID	16.9 FL OZ	3.84	3.84		
50289	NATGRILL	SMOKING CHIPS APPLEWOOD NAT	160 CI	2.84	2.84		
50288	NATGRILL	SMOKING CHIPS HICKORY NAT	160 CI	2.58	2.58		
50287	NATGRILL	SMOKING CHIPS MESQUITE NAT	160 CI	2.58	2.58		
NATURAL VALUE							
50225	NATVALUE	BAGS LUNCH RECYCLED	50 CT	2.84	2.84		
6700	NATVALUE	BAGS RECLOSE STORAGE QT	25 CT	1.66	1.66		
6654	NATVALUE	BAGS SANDWICH RECLOSABLE	50 CT	1.69	1.69		
6699	NATVALUE	BAGS SLIDER SEAL FREEZER GAL	10 CT	1.91	1.91		
6698	NATVALUE	BAGS STORAGE QTw/SLIDER	20 CT	1.91	1.91		
6655	NATVALUE	BAGS STORAGE RECLOSABLE gal	20 CT	1.86	1.86		
50130	NATVALUE	BAGS TALL KITCHEN 13 gal bulk	200 CT	19.30	19.30		
6656	NATVALUE	BAGS TALL KITCHEN 13gal degrd	15 CT	1.93	1.93		
50222	NATVALUE	BAGS TRASH COMPOSTABLE 13 gal	12 CT	4.64	4.64		
50129	NATVALUE	BAGS TRASH 33 gal bulk pk degr	120 CT	24.84	24.84		
6657	NATVALUE	BAGS TRASH 33gal degrdabl	10 CT	2.31	2.31		
50221	NATVALUE	BAGS TRASH COMPOSTABLE 2.5 gal	25 CT	3.93	3.93		
50223	NATVALUE	BAGS TRASH COMPOSTABLE 30 gal	6 CT	4.64	4.64	3.94	3.94
6595	NATVALUE	BATH TISSUE 100% 2 ply/250 ct	4 PK	2.25	2.25	1.99	1.99
50163	NATVALUE	BATH TISSUE 250ct 2 ply recyc	12 PK	6.50	6.50	5.53	5.53
50167	NATVALUE	BATH TISSUE DBL ROLL 400ct	12 PK	9.60	9.60	8.16	8.16
50166	NATVALUE	BATH TISSUE DBL ROLL 400ct	4 PK	3.25	3.25		
50164	NATVALUE	BATH TISSUE SINGLES 2ply 500ct	12 ROLLS	.78	9.36	.66	7.92
50227	NATVALUE	CUPS HOT/COLD microwave 9oz	60 CT	4.02	4.02		
50172	NATVALUE	FACIAL TISSUE 2ply recycled	100 CT	1.15	1.15		
6596	NATVALUE	NAPKINS 100% RECYCLED	120 CT	1.65	1.65		
50174	NATVALUE	PAPER TOWELS 120ct	1 ROLL	1.28	1.28	1.15	1.15
50169	NATVALUE	PAPER TOWELS 80ct recycled	3 PK	4.19	4.19		
50168	NATVALUE	PAPER TOWELS SINGLES 80 ct rec	15 ROLLS	1.50	22.50		
6697	NATVALUE	PLASTIC WRAP 100ft	100 FT	1.26	1.26		
50224	NATVALUE	PLATES BROWN KRAFT PAPER 10in	25 CT	3.31	3.31	2.81	2.81
50226	NATVALUE	PLATES PAPER microwave 9in	40 CT	1.82	1.82		
50177	NATVALUE	SCOURING PADS 2pk	24CT	.75	18.00	.68	16.32
50181	NATVALUE	SPONGE SCRUB W/ORG WALNUT	24CT	.75	18.00		
50178	NATVALUE	SPONGES CELLULOSE 4pk	24CT	1.15	27.60		
50180	NATVALUE	SPONGES COMPRESSED 4pk	24CT	.92	22.08		
50179	NATVALUE	SPONGES GENTLE SCRUBBER	24CT	.75	18.00		
50176	NATVALUE	SPONGES SCRUBBER ALL PURP	24CT	.75	18.00		
6658	NATVALUE	UNBLEACHED WAXED PAPER 75ft	75 FT	1.91	1.91		
6659	NATVALUE	UNBLEACHED WAXED PAPER BAGS	60 CT	2.25	2.25		
NO SURVIVOR							
8497	NOSURVIV	FLOOR TRAP GRAIN BEETLE	1 KIT	8.70	8.70		
8490	NOSURVIV	PHEROMONE TRAP CLOTH MOTH floo	1 KIT	9.75	9.75		
8495	NOSURVIV	PHEROMONE TRAP GRAIN MOTH	1 KIT	7.10	7.10		
8496	NOSURVIV	REPLACEMENT LURE GRAIN MOTH	EACH	4.43	4.43		
PENLEY							
50210	PENLEY	CUTLERY BIODEGRADE frk/spn/knf	24 CT	1.21	1.21		
PRO GRO							
8722	PROGRO	FERTILIZER (5-3-4) ORGANIC	50#	.36	18.00		
SAI BABA NAG CHAMPA							
9744	SAI BABA	INCENSE NAG CHAMPA sticks15gr	15 GR	1.55	1.55		
9745	SAI BABA	INCENSE NAG CHAMPA sticks40gr	40 GR	3.30	3.30		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
SALTWATER FARMS							
71134	SALTWATR	LIQ SEA ROSE FERTILIZER 2-1-2	1 GAL	22.50	22.50	18.95	18.95
7123	SALTWATR	LIQ SEASTART/Vitamin Fort	8 OZ	6.15	6.15	4.59	4.59
71133	SALTWATR	LIQ SEASTART-PGR seawd con 0-4	32 OZ	16.75	16.75	12.56	12.56
7124	SALTWATR	LIQ SEAWEED PLANT FOOD	1 GAL	16.75	16.75		
7125	SALTWATR	LIQ SEAWEED PLANT FOOD	16 OZ	4.50	4.50		
7126	SALTWATR	LIQ SEAWEED/FISH FERTILIZER	16 OZ	5.05	5.05		
7129	SALTWATR	LIQ SEAWEED/FISH FERTILIZER	1 GAL	18.70	18.70		
7127	SALTWATR	SEA BLEND SOIL CONDITIONER	5#	9.95	9.95		
7121	SALTWATR	SEAWEED MEAL	5#	7.65	7.65		
71132	SALTWATR	SEAWEED MEAL	50#	.97	48.50		
SEVENTH GENERATION							
9684	SEVENTH	AUTO DISH GEL LEMON SCENT	45 OZ	4.59	4.59		
50249	SEVENTH	AUTO DISH PACS FREE & CLEAR	15 CT	4.46	4.46		
50250	SEVENTH	AUTO DISH PACS LEMON	15 CT	4.46	4.46	4.01	4.01
9683	SEVENTH	AUTO DISH POWDER FREE & CLEAR	45 OZ	4.59	4.59		
50069	SEVENTH	BATH TISSUE 1000sheet 1ply	12 ROLLS	1.19	14.28		
9668	SEVENTH	BATH TISSUE 352sht/2ply	4 PACK	3.73	3.73		
9667	SEVENTH	BATH TISSUE 500sht/2ply loose	12 ROLLS	1.19	14.28		
9680	SEVENTH	BLEACH CHLORINE FREE LIQ 21 ld	64 OZ	4.34	4.34		
9693	SEVENTH	CLEANER ALL PURP FREE&CLEAR	32 OZ	4.35	4.35		
9692	SEVENTH	CLEANER GLASS FREE&CLEAR	32 OZ	4.35	4.35		
9687	SEVENTH	CLEANER TOILET EMRLD CYPRS	32 OZ	4.35	4.35		
9686	SEVENTH	CLEANER TUB & TILE EMRLD CYPRS	32 OZ	4.35	4.35		
9682	SEVENTH	DISH LIQUID FREE & CLEAR	25 OZ	3.30	3.30		
50071	SEVENTH	DISH LIQUID LAVENDER MINT	25 OZ	3.30	3.30		
9681	SEVENTH	DISH LIQUID LEMNGRS CLEMENTINE	25 OZ	3.30	3.30		
50248	SEVENTH	FABRIC SOFTENER SHTS EUC & LAV	65 CT	5.07	5.07		
50247	SEVENTH	FABRIC SOFTENER SHTS FREE&CLR	65 CT	5.07	5.07		
50242	SEVENTH	FABRIC SOFTNR EUC LAV 40lds	40 OZ	5.00	5.00		
50243	SEVENTH	FABRIC SOFTNR FREE CLR 40lds	40 OZ	5.00	5.00		
50072	SEVENTH	FACIAL TISSUES 175 sheet 2 ply	3 BOXES	2.31	6.93		
50240	SEVENTH	LAUNDRY LIQ 2X BERG CIT 32lds	50 OZ	8.37	8.37		
9676	SEVENTH	LAUNDRY LIQ 2X BERG CIT 64 ld	100 OZ	14.69	14.69		
50070	SEVENTH	LAUNDRY LIQ 2X EUC LAV 32 ld	50 OZ	9.26	9.26		
50241	SEVENTH	LAUNDRY LIQ 2X FREECLR 32lds	50 OZ	8.37	8.37		
9677	SEVENTH	LAUNDRY LIQ 2X FREECLR 64ld	100 OZ	14.69	14.69		
50269	SEVENTH	LAUNDRY LIQ 2X ULTRA EUC&LAV	100 OZ	14.69	14.69	13.22	13.22
9696	SEVENTH	LAUNDRY LIQUID DELICATE 16lds	50 OZ	5.71	5.71		
9678	SEVENTH	LAUNDRY PWDR BERG CITRUS 42ld	112 OZ	12.95	12.95		
9679	SEVENTH	LAUNDRY PWDR FREE CLEAR 42ld	112 OZ	11.97	11.97		
9670	SEVENTH	NAPKINS NATURAL 500sht/1ply	EACH	6.70	6.70		
9669	SEVENTH	PAPER TOWEL 120sht/2ply brown	3 PACK	2.22	6.66		
50251	SEVENTH	RINSE AID FREE & CLEAR	8 OZ	4.46	4.46	4.01	4.01
SPROUTMAN							
51006	SPROUT	SPROUTING BAG ORG HEMP	EACH	8.43	8.43		
51007	SPROUT	SPROUTING CHART wheel	EACH	4.03	4.03		
TWIST							
50263	TWIST	SCRUBBY DISH DUMPLING biod	EACH	3.19	3.19		
50264	TWIST	SCRUBBY HEMP RAVIOLI biod	EACH	3.19	3.19		
50265	TWIST	SCRUBBY LOOFAH biod	EACH	3.19	3.19	2.49	2.49
50268	TWIST	SPONGE BLOSSOMS biod 4PK	4 PK	4.00	4.00		
50234	TWIST	SPONGE CLOTH bio 3pk	EACH	3.39	3.39		
50237	TWIST	SPONGE EURO bio	EACH	1.89	1.89		
50238	TWIST	SPONGE LOOFAH bio 2pk	EACH	4.00	4.00		
50236	TWIST	SPONGE NAKED bio 2pk	EACH	2.37	2.37		
50266	TWIST	SPONGE NAKED LG biod	EACH	2.89	2.89	2.29	2.29
50267	TWIST	SPONGE NAKED MED biod 2PK	2 PK	2.89	2.89		
VERMONT SOAP ORGANICS							
8062	VT SOAP	CLEANER LIQUID SUNSHINE ORG	38 OZ	8.15	8.15		
8051	VT SOAP	CLEANER LIQUID SUNSHINE ORG	1 GAL	28.10	28.10		
8057	VT SOAP	FRUIT & VEGGIE WASH ORG	16 OZ	5.39	5.39		
52113	VT SOAP	YOGA MAT WASH ORG	16 OZ	5.39	5.39	4.58	4.58
52112	VT SOAP	YOGA MAT WASH ORG trial size	2 OZ	2.72	2.72		
WAY OUT WAX							
5750	WAYWAX	CANDLE PILLAR CITRUS HARMONY	3 X 3IN	5.90	5.90		
5753	WAYWAX	CANDLE PILLAR CITRUS HARMONY	2 X 4.5IN	4.19	4.19		
5746	WAYWAX	CANDLE PILLAR COZY HOME	3 X 3IN	5.90	5.90		
5749	WAYWAX	CANDLE PILLAR COZY HOME	2 X 4.5IN	4.19	4.19		
5754	WAYWAX	CANDLE PILLAR ESCENTUAL LOVE	2 X 4.5IN	4.19	4.19		
5748	WAYWAX	CANDLE PILLAR ESCENTUAL LOVE	3 X 3IN	5.90	5.90		
5755	WAYWAX	CANDLE PILLAR EUCALYPTUS	1.5X6IN	4.19	4.19		
5760	WAYWAX	CANDLE PILLAR LAVENDER	2 X 4.5IN	4.19	4.19		
5751	WAYWAX	CANDLE PILLAR NORTHERN FOREST	2INX4.5IN	4.19	4.19		
5744	WAYWAX	CANDLE PILLAR NORTHERN FOREST	3 X 3IN	5.90	5.90		
5758	WAYWAX	CANDLE PILLAR ORANGE	2 X 4.5IN	4.19	4.19		
5761	WAYWAX	CANDLE PILLAR PATCHOULI	2 X 4.5IN	5.10	5.10		

If You Care *Unbleached Wax Paper*

Just like your mom's old favorite – only better! Made from unbleached paper and coated with 100% natural soybean wax, it's ideal for wrapping foods without affecting flavor. Conventional waxed paper is coated with paraffin wax – a petroleum based product.

Soybean wax is clean, safe, non-toxic, biodegradable, and comes from a renewable and sustainable resource grown by American farmers, giving them an economical use for their soybean surplus.

Item #50413

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
WAY OUT WAX - cont.							
5752	WAYWAX	CANDLE PILLAR SWEET DREAMS	2 X 4.5IN	4.19	4.19		
5745	WAYWAX	CANDLE PILLAR SWEET DREAMS	3 X 3IN	5.90	5.90		
5773	WAYWAX	CANDLE PILLAR UNSCENTED	2 X 4.5IN	4.19	4.19		
4769	WAYWAX	CANDLE TIN CITRUS HARMONY	3 OZ	3.59	3.59		
4770	WAYWAX	CANDLE TIN COZY HOME	3 OZ	3.59	3.59		
4771	WAYWAX	CANDLE TIN ESCENTUAL LOVE	3 OZ	3.59	3.59		
4772	WAYWAX	CANDLE TIN NORTHERN FOREST	3 OZ	3.59	3.59		
4773	WAYWAX	CANDLE TIN SWEET DREAMS	3 OZ	3.59	3.59		
4782	WAYWAX	CANDLE TUB CITRONELLA HEMP	2#	10.50	10.50	9.45	9.45
5770	WAYWAX	VOTIVE AROMATHERAPY EUCALYPTUS	18 CNT	1.25	22.50		
5743	WAYWAX	VOTIVE AROMATHERAPY LAVENDER	18 CNT	1.25	22.50		
5766	WAYWAX	VOTIVE AROMATHERAPY LAVENDER	6 CNT	1.25	7.50		
5771	WAYWAX	VOTIVE AROMATHERAPY ORANGE	18 CNT	1.25	22.50		
5767	WAYWAX	VOTIVE AROMATHERAPY PATCHOULI	18 CNT	1.49	26.82		
4764	WAYWAX	VOTIVE CITRUS HARMONY	18 CNT	1.25	22.50		
4765	WAYWAX	VOTIVE COZY HOME	18 CNT	1.25	22.50		
4766	WAYWAX	VOTIVE ESCENTUAL LOVE	18 CNT	1.25	22.50		
4767	WAYWAX	VOTIVE NORTHERN FOREST	18 CNT	1.25	22.50		
4768	WAYWAX	VOTIVE SWEET DREAMS	18 CNT	1.25	22.50		
5742	WAYWAX	VOTIVE UNSCENTED	18 CNT	1.25	22.50		
5772	WAYWAX	VOTIVE UNSCENTED	6 CNT	1.25	7.50		

Bella Terra™
ORGANIC
from RACCONTO®

A RECIPE UNCHANGED BY TIME, COMPLETED BY NATURE...

- From the San Marzano region of Italy
- Tender, delicate, mildly sweet, and low in acidity
- Ideal for creating classic Italian Sauces
- Dual Certified by Italian and US organic agencies

All Natural • Premium • Distinctive • 100% Organic

RACCONTO®
Imported from Italy

COMMITED TO BRINGING YOU ONLY "ALL NATURAL" BEST SELLERS...

NATURAL REMEDIES & SUPPLEMENTS

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
ABI							
2504	ABI	PSYLLIUM HUSK POWDER	1#	9.29	9.29		
8050	ABI	BEE POLLEN (Domestic)	1#	12.59	12.59		
ADORA							
31016	ADORA	CALCIUM DARK CHOCOLATE disks	30 CT	7.30	7.30	4.99	4.99
ALACER							
73126	ALACER	EMERGEN-C BERRY BLUE gf	30 CT	10.50	10.50		
8612	ALACER	EMERGEN-C ACAI BERRY gf	30 CNT	10.50	10.50		
8613	ALACER	EMERGEN-C BRST CNCR PINKLMN gf	30 CNT	10.50	10.50		
73127	ALACER	EMERGEN-C CRAN POMEGRANATE gf	30 CT	10.50	10.50		
8614	ALACER	EMERGEN-C HRT HLTH BLK CHRY gf	30 CNT	12.21	12.21		
73002	ALACER	EMERGEN-C IMMUNE DEFENSE gf	30 CNT	12.25	12.25		
73128	ALACER	EMERGEN-C KIDS MULTI CHRY YUM	30 CT	12.21	12.21		
8616	ALACER	EMERGEN-C KIDS MULTI OR PNAPPL	30 CNT	12.21	12.21		
8603	ALACER	EMERGEN-C LEMON LIME gf	30 CNT	10.50	10.50		
8619	ALACER	EMERGEN-C LITE CITRUS gf	30 CNT	10.50	10.50		
8621	ALACER	EMERGEN-C LITE MSM Lemnlime gf	30 CNT	12.25	12.25		
8606	ALACER	EMERGEN-C MIX BRY W/CALCIUM gf	30 CNT	12.25	12.25		
73124	ALACER	EMERGEN-C MULTI APRICT MNGO gf	30 CT	12.25	12.25		
73125	ALACER	EMERGEN-C MULTI POM CHERRY gf	30 CT	12.25	12.25		
70049	ALACER	EMERGEN-C POWER FOR JOINTS gf	30 CNT	12.25	12.25		
8654	ALACER	EMERGEN-C RASPBERRY gf	30 CNT	10.50	10.50		
8611	ALACER	EMERGEN-C SUPER ORANGE gf	30 CNT	10.50	10.50		
8605	ALACER	EMERGEN-C TANGERINE gf	30 CNT	10.50	10.50		
8607	ALACER	EMERGEN-C TROPICAL gf	30CNT	10.50	10.50		
AMERICAN HEALTH							
8784	AMHLTH	ACIDOPHILUS CHEWABLE BLUEBRY	100 TAB	5.75	5.75		
8785	AMHLTH	ACIDOPHILUS CHEWABLE STRWBRY	100 TAB	5.75	5.75		
8787	AMHLTH	PAPAYA ENZYME ORIGINAL	100 TAB	3.28	3.28		
8789	AMHLTH	PAPAYA ENZYME ORIGINAL	250 TAB	5.75	5.75		
BACH							
9209	BACH	RESCUE REMEDY CREAM	30GR	12.11	12.11		
9208	BACH	RESCUE REMEDY large	20ML	13.10	13.10		
9207	BACH	RESCUE REMEDY small	10ML	8.79	8.79		
BOERICK & TAFFEL							
7935	BOERICK	ALPHA CF COLD&FLU	40 TABS	7.84	7.84		
7920	BOERICK	ARNICA GEL ARNIFLORA	2.75 OZ	9.39	9.39		
7922	BOERICK	CALENDULA GEL CALIFLORA	2.75 OZ	9.39	9.39		
7928	BOERICK	ECZEMA CREAM FLORASONE	1 OZ	7.94	7.94		
7927	BOERICK	PSORIASIS CREAM PSORIAFLOR	1 OZ	7.94	7.94		
7923	BOERICK	STING STOP SOOTHING GEL	2.75 OZ	9.39	9.39		
BIORON							
9817	BOIRON	OSCILLOCOCCINUM COLD/FLU	3 DOSE	5.91	5.91		
9816	BOIRON	OSCILLOCOCCINUM COLD/FLU	6 DOSE	10.86	10.86		
70236	BOIRON	QUIETUDE/RESTLESS SLEEP	60 TAB	7.85	7.85		
FOOD SCIENCE OF VERMONT							
Vitamins							
9986	FOODSCIE	A 10000 IU	100 CAP	3.26	3.26	2.44	2.44
9987	FOODSCIE	A 25000 IU	100 CAP	4.35	4.35	3.26	3.26
9955	FOODSCIE	B COMPLEX-75	60 TAB	7.10	7.10	5.32	5.32
9978	FOODSCIE	B-12 SUBLINGUAL 1000 mcg	100 TAB	7.40	7.40	5.55	5.55
9973	FOODSCIE	E-400 MIXED TOCO 400IU	100 CAP	11.55	11.55	8.66	8.66
9932	FOODSCIE	FOLIC ACID 800 mcg	60 CAPS	6.42	6.42	4.81	4.81
9984	FOODSCIE	UNIQUE C 1000	90 TAB	7.85	7.85	5.89	5.89
9985	FOODSCIE	UNIQUE C 1000	60 TAB	5.35	5.35	4.01	4.01
MulriVitamins							
9963	FOODSCIE	DAILY BEST VEG MULTI	60 TAB	9.35	9.35	7.01	7.01
9967	FOODSCIE	KIDS SUPERIOR MULTI chewable	90 TAB	8.19	8.19	6.14	6.14
9969	FOODSCIE	MENS SUPERIOR MULTI	120 TAB	17.40	17.40	13.05	13.05
9975	FOODSCIE	PRENATAL SUPERIOR	150 TAB	14.80	14.80	11.10	11.10
9981	FOODSCIE	TEEN SUPERIOR chewable	90 TAB	9.60	9.60	7.20	7.20
9988	FOODSCIE	WOMEN SUPERIOR MULTI	120 TAB	16.30	16.30	12.22	12.22
Minerals							
9949	FOODSCIE	CALCIUM CITRATE PLUS	120 TAPS	5.65	5.65	4.24	4.24
9957	FOODSCIE	CAL-MAG 500mg/200mg	90 TAB	6.10	6.10	4.57	4.57
9959	FOODSCIE	CHROMEMATE 200mcg chromium	90 TAB	6.75	6.75	5.06	5.06
9938	FOODSCIE	SELENIUM CITRATE	60 CAPS	3.92	3.92	2.94	2.94
9990	FOODSCIE	ZINC PICOLINATE w/VIT C 15mg	60 CAP	5.25	5.25	3.94	3.94
9953	FOODSCIE	BLACK CURRANT SEED OIL w/GLA	90 CAP	12.65	12.65	9.49	9.49
9992	FOODSCIE	GRAPE SEED EXTRACT 100mg	60 CAP	10.25	10.25	7.69	7.69
Natural Remedies							
9993	FOODSCIE	5-HTP (HYDROXYTRYTOPHAN)	90 CAP	19.99	19.99	14.99	14.99

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
9950	FOODSCIE	AANGAMIK DMG 125mg	90 TAB	15.65	15.65	11.74	11.74
9971	FOODSCIE	ALL-ZYME	90 TAB	9.15	9.15	6.86	6.86
9931	FOODSCIE	BROMELAIN	60 TABS	9.80	9.80	7.35	7.35
90330	FOODSCIE	COCOA CAL MAG	60 TAB	8.70	8.70	6.52	6.52
9960	FOODSCIE	COENZYME Q-10 30mg	60 CAP	12.98	12.98	9.73	9.73
90334	FOODSCIE	COENZYME Q10 CHEWMELT 100 MG	60 TAB	30.22	30.22	22.66	22.66
90333	FOODSCIE	D3 SUPERIOR 1000 IU	250 TAB	5.87	5.87	4.40	4.40
90331	FOODSCIE	D3 SUPERIOR 5000 IU	120 TAB	13.91	13.91	10.43	10.43
90332	FOODSCIE	D3 SUPERIOR LIQUID 10000 IU	30 ML	8.04	8.04	6.03	6.03
9966	FOODSCIE	GLUCOSAMINE PLUS	60 CAP	9.80	9.80	7.35	7.35
9995	FOODSCIE	L-CARNITINE	30 CAPS	7.10	7.10	5.32	5.32
9968	FOODSCIE	L-LYSINE 500mg	100 TAB	4.35	4.35	3.26	3.26
9933	FOODSCIE	L-TYROSINE	60 CAPS	6.55	6.55	4.91	4.91
9970	FOODSCIE	MSM 1000mg	90 CAP	5.65	5.65	4.24	4.24
9974	FOODSCIE	OLIVIR 500mg veg	90 CAP	22.85	22.85	17.14	17.14
90335	FOODSCIE	PROBIOTIC MEGA CHEWABLE	90 WAFER	17.15	17.15	12.86	12.86
9977	FOODSCIE	SEA MUSSEL PLUS	90 CAP	16.95	16.95	12.71	12.71
73005	FOODSCIE	SOY PROTEIN POWDER CHOCOLATE	1 #	11.75	11.75	8.81	8.81
73004	FOODSCIE	SOY PROTEIN POWDER VANILLA	1 #	11.75	11.75	8.81	8.81
9936	FOODSCIE	SUPERIOR GREENS powder	12.57 OZ	19.99	19.99	14.99	14.99
71095	FOODSCIE	SUPERIOR ORANGES	10.58 OZ	21.55	21.55	16.16	16.16
71094	FOODSCIE	SUPERIOR PURPLES	11.59 OZ	20.90	20.90	15.67	15.67
71096	FOODSCIE	SUPERIOR REDS	11.4 OZ	21.55	21.55	16.16	16.16
FUTUREBIOTICS							
Herbal Remedies							
9286	FUTURE	BILBERRY 125mg complex	60 CAP	6.64	6.64		
9688	FUTURE	CRANBERRY PLUS	90 TAB	11.99	11.99		
73011	FUTURE	CRANBIOTIC	60 TAB	11.99	11.99		
9409	FUTURE	ECHINACEA PROPOLIS & ESTER C	50 CAPS	9.67	9.67		
9283	FUTURE	GARLIC ECHIN GOLDEN SEAL+	120 TAB	13.30	13.30		
9382	FUTURE	GARLIC ECHINACEA GOLDENSEAL	60 TAB	7.85	7.85		
9294	FUTURE	GINKGO BILOBA 30mg	45 TAB	4.82	4.82		
Natural Remedies							
9394	FUTURE	CHOLESTA-LO w/GARLIC +	60 TAB	6.57	6.57	5.26	5.26
73081	FUTURE	COLON COMPLETE	90 CAPS	10.16	10.16		
9396	FUTURE	COLON GREEN	150 TAB	9.06	9.06		
9741	FUTURE	DHEA 25mg	75 CAP	7.85	7.85		
9375	FUTURE	GLUCOSAMINE/CHONDROITIN CMPX	50 CAP	18.15	18.15		
9290	FUTURE	LONGEST LIVING ACIDOPHILUS	100 CAP	6.94	6.94		
9390	FUTURE	LONGEST LIVNG ACIDOPHILUS PLUS	100 CAP	8.76	8.76		
9391	FUTURE	MELATONIN 3mg	60 TAB	4.21	4.21		
9289	FUTURE	M-S-M (bio/sulfur) 400mg	90 TABS	6.64	6.64		
73083	FUTURE	OMEGA-3 FISH OIL 300mg	100 CAPS	4.49	4.49	3.59	3.59
73080	FUTURE	OMEGA-7 PLUS	30 CAPS	14.04	14.04	12.64	12.64
73082	FUTURE	PRESSURE BALANCE	30 CAPS	16.06	16.06	12.85	12.85
9292	FUTURE	RELAX & SLEEP FORMULA 2	60 TAB	6.03	6.03	4.82	4.82
9392	FUTURE	VEGETARIAN ENZYME COMPLEX	90 TAB	7.85	7.85		
Teen Remedies							
9403	FUTURE	DERMA TEEN	90 CAP	8.45	8.45		
9381	FUTURE	MVTEEN (Multi for Teens)	90 CAP	5.42	5.42		
Women's Remedies							
9360	FUTURE	HAIR SKIN & NAILS	135 TAB	11.07	11.07		
9402	FUTURE	HAIR SKIN & NAILS	75 TAB	7.17	7.17		
9364	FUTURE	MULTIVIT PLUS for WOMEN	60 TAB	6.94	6.94		
9366	FUTURE	MULTIVIT PLUS for WOMEN	120 TAB	12.09	12.09		
73008	FUTURE	VITOMEGA WOMEN	90 TAB	11.45	11.45		
Men's Remedies							
8147	FUTURE	HI ENERGY MULTI for MEN	60 TABS	8.45	8.45	7.60	7.60
8145	FUTURE	HI ENERGY MULTI for MEN	120 TABS	13.90	13.90		
9386	FUTURE	PROSTABS	90 TAB	7.85	7.85		
GENISOY							
5835	GENISOY	PROTEIN POWER F/F	16 OZ	13.50	13.50		
HERBS FOR KIDS							
3656	HERBSKID	ECHINACEA/ASTRAGALUS	1 OZ	6.82	6.82	5.80	5.80
3659	HERBSKID	ECHINACEA/EYEBRIGHT	1 OZ	6.80	6.80	5.99	5.99
3651	HERBSKID	ECHN/GLDRT-BLKBERRY FLVR	1 OZ	6.80	6.80		
3652	HERBSKID	ECHN/GLDRT-ORANGE FLVR	1 OZ	6.80	6.80		
3661	HERBSKID	ELDERTUSSIN SYRUP	4 OZ	7.50	7.50		
3654	HERBSKID	NETTLES & EYEBRIGHT	1 OZ	6.82	6.82	5.99	5.99
3674	HERBSKID	SWEET ECHINACEA	1 OZ	6.82	6.82	5.80	5.80
3682	HERBSKID	WILLOW/GARLIC OIL(ear)	1 OZ	6.80	6.80		
HONEES							
73109	HONEES	COUGH DROPS HONEY FILLED s	24/ 9 CT	.72	17.28	.58	13.92
HONEY GARDEN APIARIES							
5596	HONEYGAR	PROPOLIS THROAT SPRAY & WASH	1 OZ	6.75	6.75		
5592	HONEYGAR	HONEY COUGH SYRUP CHERRY	8 OZ	11.25	11.25		
15620	HONEYGAR	HONEY COUGH SYRUP CHERRY	4 OZ	6.75	6.75		
5580	HONEYGAR	HONEY w/ELDRYBRY EXT & PROPLS	4 OZ	6.75	6.75		

BULL DOG
NATURAL SKINCARE

BULLDOG
Natural Skincare for Men

Made in the United Kingdom

Meet The Bulldog

Bulldog is Britain's first and largest natural skincare brand for men. Founded in 2006 by Simon Duffy (34) and Rhodri Ferrier (32), the **Bulldog** range was born out of frustration that there were no options available for switched-on men who wanted to reduce the number of man-made chemicals in their bathrooms.

As a pioneer of natural grooming, all **Bulldog** products are body friendly and don't contain controversial man-made chemicals such as parabens, sodium laureth sulfate, artificial colors, or synthetic fragrances. Instead all **Bulldog** products are loaded with essential oils and other amazing natural actives to deliver superb grooming results.

Reclaiming the bathroom

Fed up with 'for men' versions of female brands, Simon and Rhodri set out to create natural products designed and formulated specifically for men. All they wanted were great products that got the job done simply, effectively and naturally.

Taking the lead

Bulldog products are loyal to your skin and don't contain controversial man-made chemicals such as parabens, sodium laureth sulfate, artificial colors, or synthetic fragrances. Instead, they are loaded with essential oils and other amazing natural ingredients to deliver superb grooming results. The **Bulldog** is man's best friend.

(continued on page 136)

BULL DOG
NATURAL SKINCARE

BULLDOG *Original* Face Wash

Contains 8 essential oils and the powerful natural anti-oxidant green tea to gently cleanse your face of dirt and debris.

Ingredients: Aqua (Water), Cocamidopropyl betaine, Coco-glucoside, Glycerin, Glycereth-26, Sodium lauroyl sarcosinate, Acrylates /C10-30 alkyl acrylate crosspolymer, Sodium chloride, Phenoxyethanol, Citrus aurantium bergamia (Bergamot) oil, Citrus medica limonum (Lemon) oil, Benzoic acid, Sodium laurate, Sodium hydroxide, Artemisia vulgaris (Armoise) oil, Camellia sinensis (Green tea) leaf extract, Dehydroacetic acid, Pelargoneum graveolens (Geranium) oil, Pogostemon cablin (Patchouli) oil, Citrus aurantifolia (Lime) oil, Evernia furfuracea (Tree moss) oil, Vetiveria zizanoides (Vetivert) oil, Ethylhexylglycerin, Sodium sarcosinate, Polyaminopropyl biguanide, Limonene

Item #71194

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
JENGIMIEL							
71180	JENGIMEL	SYRUP FORTE GINGR HNY ALO k	4 OZ	8.16	8.16		
71182	JENGIMEL	SYRUP FORTE GINGR HNY ORG k s/	4 OZ	9.08	9.08		
71181	JENGIMEL	SYRUP KID GINGR HNY ALO ORG k	4 OZ	9.08	9.08		
LILY OF THE DESERT							
7890	LILYDES	ALOE VERA GEL ORG	32 OZ	6.00	6.00	5.10	5.10
7891	LILYDES	ALOE VERA JUICE ORG	16 OZ	3.15	3.15		
7892	LILYDES	ALOE VERA JUICE ORG	32 OZ	6.00	6.00		
7893	LILYDES	ALOE VERA JUICE ORG	GAL	18.25	18.25		
7894	LILYDES	ALOE VERA WHOLE LEAF JUIC ORG	32 OZ	6.00	6.00		
MAINE MEDICINALS							
70300	MAINEMED	ANTHOIMMUN ELDERBRY SYRUP ORG	4 OZ	9.00	9.00		
70301	MAINEMED	ANTHOIMMUN ELDERBRY SYRUP ORG	8 OZ	14.00	14.00		
NATRUOPATCH							
71110	NATROPTCH	PATCH EUCALYPTS COUGH&CLD 5PK	EACH	6.40	6.40	3.99	3.99
71113	NATROPTCH	PATCH ROSE GRNIUM PMS/MENO 5PK	EACH	6.40	6.40	3.99	3.99
71107	NATROPTCH	PATCH ARNICA ACHE&PAIN 5PK	EACH	6.40	6.40	4.19	4.19
NATURE'S ANSWER							
71063	NATSANS	RED YEAST RICE 600MG	90 CAPS	15.02	15.02		
NUTIVA							
70174	NUTIVA	HEMP PROTEIN POWDER ORG	16 OZ	12.50	12.50		
70170	NUTIVA	HEMPSEED OIL ORG	16 OZ	11.10	11.10		
NUTRITION NOW							
Adult Gummies							
71097	NUTNOW	ADULT GUMMY VIT B COMPLEX s	70 CT	5.85	5.85		
71099	NUTNOW	ADULT GUMMY VIT B-12 s	100 CT	5.85	5.85		
71102	NUTNOW	ADULT GUMMY VIT C s	70 CT	5.85	5.85		
71098	NUTNOW	ADULT GUMMY VIT CoQ10 s	60 CT	11.69	11.69		
71103	NUTNOW	ADULT GUMMY VIT E s	70 CT	5.85	5.85		
71100	NUTNOW	ADULT GUMMY VIT MULTI s	70 CT	6.49	6.49		
71101	NUTNOW	ADULT GUMMY VIT OMEGA 3 s	60 CT	7.79	7.79		
Minerals							
9860	NUTNOW	CALCIUM SOFT CHEWS CHOC	75 CT BOX	6.49	6.49		
9859	NUTNOW	CALCIUM SOFT CHEWS FRUIT	75 CT BOX	6.49	6.49		
Cold Care							
9854	NUTNOW	QUERCETIN PLUS SINUS FORM	60 CAPS	7.58	7.58		
71167	NUTNOW	ADULT GUMMY CALCIUM s	60 CT	6.51	6.51		
71166	NUTNOW	ADULT GUMMY VITAMIN D s	150 CT	5.42	5.42		
Children's Formulas							
9836	NUTNOW	RHINO ACIDOPHILUS CHEWABLE	30 TABS	4.85	4.85		
9837	NUTNOW	RHINO CALCIUM cherry CHEWABLE	60 TABS	3.02	3.02		
9839	NUTNOW	RHINO ECHINACEA CHEWABLE	60 TABS	3.89	3.89		
9848	NUTNOW	RHINO GUMMY BEAR VITAMINS	190 CNT	15.14	15.14		
9843	NUTNOW	RHINO GUMMY BEAR VITAMINS	70 CNT	6.05	6.05		
71165	NUTNOW	RHINO GUMMY BEARS VITAMIN D s	60 CT	6.51	6.51		
Women's Formulas							
9829	NUTNOW	YEAST DEFENSE for women	60 CAPS	6.06	6.06		
Digestive Aids							
9822	NUTNOW	PB-8 PROBIOTIC ACIDOPHILUS	60CAPS	7.58	7.58		
9823	NUTNOW	PB-8 PROBIOTIC ACIDOPHILUS	120CAPS	12.63	12.63		
9830	NUTNOW	PB-8 PROBIOTIC ACIDOPHILUS VEG	60CAPS	7.58	7.58		
ORGANIC INDIA							
71153	ORGINDIA	FIBER HARMONY PEACH ORG	10.2 OZ	10.66	10.66		
71150	ORGINDIA	PSYLLIUM WHOLE HUSK ORG	12 OZ	9.27	9.27		
PAROBIOTIC HEALTH DAILY							
71019	PHD	PHD TO-GO BERRY BALANCE Digest	10/.58 OZ	10.85	10.85		
71018	PHD	PHD TO-GO CITRUS BOOST Immune	10/.58 OZ	10.85	10.85		
71016	PHD	PHD TO-GO ORNG DETOX Cleanse	10/.58 OZ	10.85	10.85		
QUANTUM							
71065	QUANTM	ELDERBERRY C SYRUP	4 OZ	10.07	10.07		
RICOLA							
34071	RICOLA	COUGH DROPS ORIGINAL s	21 CT	2.00	2.00	1.50	1.50
34072	RICOLA	THROAT DROPS CHRY HNY s	24 CT	2.00	2.00		
34073	RICOLA	THROAT DROPS ECHIN HNY LEM s	24 CT	2.00	2.00	1.70	1.70
34074	RICOLA	THROAT DROPS HONEY HERB s	24 CT	2.00	2.00	1.70	1.70
73115	RICOLA	THROAT DROPS LEMON MINT s	24 CT	1.79	1.79		
73119	RICOLA	THROAT DROPS ORIG HERB MINI s	15 CT	.93	.93	.74	.74
73120	RICOLA	THROAT DROPS ORIG HERB s	50 CT	3.71	3.71		
73121	RICOLA	THROAT DROPS ORIG HRB STICKS s	24/10 CT	.77	18.48		
ROYAL KING							
34076	ROYALKNG	RED GINSENG EXTRACT	10 VIALS	2.08	2.08		
SIMILASAN							
70124	SIMILASN	DROPS DRY EYE RELIEF	10 ML	9.35	9.35		
70127	SIMILASN	NASAL SPRAY SINUS RELIEF	15 ML	9.35	9.35		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
SPECTRUM NATURALS							
8128	SPECTRM	EVENING PRIMROSE OIL (ref)	100 CAP	14.65	14.65		
8116	SPECTRM	FISH OIL OMEGA 3 1000mg	100 CAP	9.19	9.19		
8129	SPECTRM	FLAX BORAGE OMEGA 3 ORG (ref)	100 CAP	10.99	10.99		
8111	SPECTRM	FLAX OIL ENRICHED OMEGA-3 ORG	8 OZ	8.73	8.73		
8114	SPECTRM	FLAX OIL ULTRA HI LIGNAN ORG	100 CAP	9.07	9.07		
8122	SPECTRM	FLAX OIL VEG OMEGA 3 ORG (ref)	100 CAP	8.67	8.67		
8126	SPECTRM	FLAX OIL VEG OMEGA 3 ORG (ref)	16 OZ	15.50	15.50		
THOMPSON NATURALS							
Vitamins							
6706	THMSON	B6 100mg	60 TAB	2.11	2.11		
6709	THMSON	C250 CHEW w/ACEROLA PUNCH	90 CHEWS	3.74	3.74		
6720	THMSON	C500 CHEWABLE ORANGE	60 CHEWS	3.03	3.03		
6728	THMSON	E400 w/MIXED TOCOPHEROLS 400iu	60 SG	6.01	6.01		
6729	THMSON	FOLIC ACID 800mcg	30 TAB	1.35	1.35		
Minerals							
6738	THMSON	CALCIUM CITRATE w/MAGNESIUM	120 TAB	4.77	4.77		
6742	THMSON	MAGNESIUM 100mg	120 TAB	2.87	2.87		
6743	THMSON	POTASSIUM 99mg	90 TAB	2.54	2.54		
6744	THMSON	SELENIUM yeast-free 200mcg	30 TAB	2.27	2.27		
Herbal Remedies							
6749	THMSON	ALFALFA 500mg	180 TAB	5.90	5.90	4.90	4.90
6751	THMSON	GARLIC & PARSLEY	90 CAP	2.72	2.72		
Natural Remedies							
6753	THMSON	ALPHA LIPOIC ACID 250mg	60 CAP	11.23	11.23		
6762	THMSON	CO Q-10 100mg	30 GELS	10.83	10.83		
6747	THMSON	L-5-HTP 50mg	30 CAP	4.11	4.11		
70150	THMSON	SPIRULINA HAWAIIAN	100 TAB	4.71	4.71		
Children's Formulas							
6707	THMSON	C100 CHILD CHEWABLE ORANGE	100 CHEWS	2.72	2.72		

Attention:

Please understand that the information provided in this catalog is in no way meant to overrule or act as a substitute for any recommendations made by your healthcare professional, nor is it intended to be a claim on any products. In accordance with FDA regulations, Associated Buyers make no claims, written or otherwise, as to the possible benefits of these or any of its products.

BULL DOG
NATURAL SKINCARE

BULLDOG *Original* Face Scrub

Contains 8 essential oils, plus pumice, coconut shell, rosehip oil and shea butter to gently exfoliate the skin.

Ingredients: Aqua (Water), Coco-glucoside, Glyceryl stearate, Stearic acid, Cetyl alcohol, Cetearyl alcohol, Glycerin, Pumice, Butyrospermum parkii (Shea butter), Cocos nucifera (Coconut) shell powder, Phenoxyethanol, Borago officinalis (Borage) seed oil, Acrylates /C10-30 alkyl acrylate crosspolymer, Rosa eglentaria (Rosehip) seed oil, Benzoic acid, Dehydroacetic acid, Camellia sinensis (Green tea) leaf extract, Sodium hydroxide, Citrus aurantium bergamia (Bergamot) oil, Citrus medica limonum (Lemon) oil, Ethylhexylglycerin, Artemisia vulgaris (Armoise) oil, Polyaminopropyl biguanide, Pelargoneum graveolens (Geranium) oil, Pogostemon cablin (Patchouli) oil, Citrus aurantifolia (Lime) oil, Evernia furfuracea (Tree moss) oil, Vetiveria zizanoides (Vetivert) oil, Limonene

Item #71191

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PERSONAL CARE

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
ALL TERRAIN							
73137	ALL TERR	ANTISEPTZ GEL	1 OZ	3.21	3.21	2.89	2.89
73138	ALL TERR	ANTISEPTZ SPRAY	2 OZ	3.21	3.21	2.89	2.89
73142	ALL TERR	BANDAGES ASST FABRIC LATX FREE	30 CT	2.94	2.94		
73145	ALL TERR	BANDAGES H2OPRF 1IN LATX FRE	20 CT	3.20	3.20		
73143	ALL TERR	BANDAGES SHEER 3/4X3 LATX FREE	40 CT	2.56	2.56		
73144	ALL TERR	BANDAGES STRIP 1X3.25 LATX FRE	20 CT	2.94	2.94		
73139	ALL TERR	BITE & STING SPRAY	2 OZ	3.21	3.21		
6834	ALL TERR	DITCH THE ITCH SPRAY	2 OZ	3.23	3.23		
73146	ALL TERR	GAUZE PADS 2X2IN LATX FRE	20 CT	2.56	2.56		
73147	ALL TERR	GAUZE ROLLED 3INCH LATX FREE	2.5 YD	2.56	2.56		
6824	ALL TERR	KIDS HERBAL ARMOR SPRAY	4 OZ	5.20	5.20		
73141	ALL TERR	POISON IVY/OAK BAR	2 OZ	4.17	4.17		
73140	ALL TERR	POISON IVY/OAK CREAM	2 OZ	5.41	5.41		
73148	ALL TERR	TENDER TAPE 2INCH LATX FREE	5 YD	4.49	4.49	4.04	4.04
6833	ALL TERR	DITCH THE ITCH BAR SOAP	4 OZ	4.19	4.19		
6828	ALL TERR	GRIME BAR	4 OZ	3.94	3.94		
ANCIENT SECRETS							
9818	ANCIENTS	NASAL CLEANSING NETI POT	EACH	10.27	10.27		
82047	ANCIENTS	NASAL CLEANSING POT TRAVEL	EACH	8.97	8.97		
82049	ANCIENTS	NASAL CLEANSING SALT BAG	8 OZ	1.60	1.60		
82050	ANCIENTS	NASAL CLEANSING SALT JAR	10 OZ	3.83	3.83		
82048	ANCIENTS	NASAL CLEANSING SALT PACKETS	40 CT	3.83	3.83		
50053	ANCIENTS	NETI:HEALING SECRETS book	EACH	6.03	6.03		
AYATE							
7466	AYATE	100% NATFIBER WASHCLOTH	EACH	4.45	4.45		
BEE & FLFOWER SOAPS							
7588	BEE FLWR	BAR SOAP GINSENG	2.65 OZ	.59	.59		
7589	BEE FLWR	BAR SOAP JASMINE	2.65 OZ	.59	.59		
7586	BEE FLWR	BAR SOAP ROSE	2.65 OZ	.59	.59	.53	.53
7587	BEE FLWR	BAR SOAP SANDLEWOOD	2.65 OZ	.59	.59	.53	.53
BIO PAC							
8866	BIOPAC	CASTILE PEPPERMINT W/ALOE r	1GAL	17.83	17.83		
8868	BIOPAC	CASTILE UNSCENTED W/ALOE r	1GAL	14.64	14.64		
8862	BIOPAC	CONDITIONER HERBAL r	1GAL	12.41	12.41		
8864	BIOPAC	SHAMPOO HERBAL W/ALOE r	1GAL	14.60	14.60		
BULL DOG NATURAL SKINCARE							
71194	**BULLDOG**	**FACE WASH ORIGINAL**	**5.9 OZ**	**6.52**	**6.52**	**4.89**	**4.89**
71191	**BULLDOG**	**FACIAL SCRUB ORIGINAL**	**3.3 OZ**	**6.52**	**6.52**	**4.89**	**4.89**
71192	**BULLDOG**	**MOISTURIZER ORIGINAL**	**3.3 OZ**	**9.13**	**9.13**	**6.85**	**6.85**
71193	**BULLDOG**	**POST SHAVE BALM ORIGINAL**	**2.5 OZ**	**7.17**	**7.17**	**5.38**	**5.38**
71190	**BULLDOG**	**SHAVE GEL ORIGINAL**	**5.9 OZ**	**6.52**	**6.52**	**4.89**	**4.89**
CHANDRIKA							
15520	CHANDR	AYURVEDIC SOAP bar	75 GR	.90	.90		
70116	CHANDR	SANDALWOOD SOAP bar	75 GR	1.00	1.00		
CROCODILE!							
9916	CROC	HERBAL AFTA-BYTE cream	.5 OZ	1.43	1.43	1.29	1.29
9915	CROC	HERBAL INSECT REPELLANT cream	.5 OZ	1.43	1.43	1.29	1.29
9914	CROC	INSECT REPELLANT HERBAL lotion	2 OZ	3.19	3.19	2.87	2.87
9913	CROC	INSECT REPELLANT HERBAL rollon	2 OZ	3.19	3.19		
DRAGONFLY ORGANICS							
73122	DRAGONFLY	HAND SANITIZER biodegradeable	1.7 OZ	3.15	3.15		
DR. BRONNER'S							
8739	DRBRONS	BAR SOAP ALMOND CASTILE ORG	5 OZ	2.89	2.89		
8742	DRBRONS	BAR SOAP BABY CASTILE ORG	5 OZ	2.89	2.89		
73057	DRBRONS	BAR SOAP CITRUS ORANGE ORG	5 OZ	2.89	2.89		
8746	DRBRONS	BAR SOAP LAVENDER CASTILE ORG	5 OZ	2.89	2.89		
8748	DRBRONS	BAR SOAP PEPERMNT CASTILE ORG	5 OZ	2.89	2.89		
8750	DRBRONS	BAR SOAP ROSE CASTILE ORG	5 OZ	2.89	2.89		
8751	DRBRONS	BAR SOAP TEA TREE CASTILE ORG	5 OZ	2.89	2.89		
8659	DRBRONS	ALMOND OIL CASTILE SOAP ORG	8 OZ	4.15	4.15	3.53	3.53
8753	DRBRONS	ALMOND OIL CASTILE SOAP ORG	16 OZ	6.45	6.45		
8754	DRBRONS	ALMOND OIL CASTILE SOAP ORG	GAL	35.39	35.39	31.85	31.85
8741	DRBRONS	ALMOND OIL CASTILE SOAP ORG	32 OZ	10.15	10.15		
8743	DRBRONS	BABYMILD CASTILE SOAP ORG	32 OZ	10.15	10.15		
8759	DRBRONS	BABYMILD CASTILE SOAP ORG	GAL	35.39	35.39		
8755	DRBRONS	BABYMILD CASTILE SOAP ORG	16 OZ	6.45	6.45		
73052	DRBRONS	CITRUS ORANGE CASTILE SOAP OR	32 OZ	10.15	10.15		
73053	DRBRONS	CITRUS ORANGE CASTILE SOAP OR	GAL	35.39	35.39		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
73050	DRBRONS	CITRUS ORANGE CASTILLE SOAP OR	8 OZ	4.15	4.15		
73051	DRBRONS	CITRUS ORANGE CASTILLE SOAP OR	16 OZ	6.45	6.45		
8744	DRBRONS	EUCALYPTUS CASTILE SOAP ORG	32 OZ	10.15	10.15		
8757	DRBRONS	EUCALYPTUS CASTILE SOAP ORG	GAL	35.39	35.39	31.85	31.85
8764	DRBRONS	LAVENDER CASTILE SOAP ORG	GAL	35.39	35.39		
8747	DRBRONS	LAVENDER CASTILE SOAP ORG	32 OZ	10.15	10.15		
8758	DRBRONS	LAVENDER CASTILE SOAP ORG	16 OZ	6.45	6.45		
8761	DRBRONS	PEPPERMINT CASTILE SOAP ORG	1/2 GAL	19.30	19.30	17.37	17.37
8760	DRBRONS	PEPPERMINT CASTILE SOAP ORG	16 OZ	6.45	6.45		
8691	DRBRONS	PEPPERMINT CASTILE SOAP ORG	8 OZ	4.15	4.15	3.74	3.74
8762	DRBRONS	PEPPERMINT CASTILE SOAP ORG	GAL	35.39	35.39	31.85	31.85
8749	DRBRONS	PEPPERMINT CASTILE SOAP ORG	32 OZ	10.15	10.15		
73056	DRBRONS	ROSE CASTILE SOAP ORG	32 OZ	10.15	10.15		
73054	DRBRONS	ROSE CASTILE SOAP ORG	8 OZ	4.15	4.15		
73055	DRBRONS	ROSE CASTILE SOAP ORG	16 OZ	6.45	6.45		
8688	DRBRONS	TEA TREE CASTILE SOAP ORG	8 OZ	4.15	4.15		
8752	DRBRONS	TEA TREE CASTILE SOAP ORG	32 OZ	10.15	10.15		
8763	DRBRONS	TEA TREE CASTILE SOAP ORG	GAL	35.39	35.39		
ECOBLEND							
70123	ECOBLEND	INSECT REPELENT PKTSw/display	48/5ML	.55	26.40	.50	24.00
70112	ECOBLEND	INSECT REPELLENT	4 OZ	6.85	6.85		
ECODENT							
7418	ECODENT	DENTAL FLOSS vegan	100 YRD	3.32	3.32	2.66	2.66
7412	ECODENT	TOOTHPOWDER ANISE	2 OZ	3.93	3.93		
7413	ECODENT	TOOTHPOWDER CINNAMON	2 OZ	3.93	3.93		
7416	ECODENT	TOOTHPOWDER EXTRABRITE WHITE	2 OZ	4.78	4.78	4.30	4.30
7415	ECODENT	TOOTHPOWDER MINT	2 OZ	3.93	3.93	3.54	3.54
7423	ECODENT	ULTIMATE DAILY RINSE CINNAMON	8 OZ	6.36	6.36		
7419	ECODENT	ULTIMATE DAILY RINSE MINT	8 OZ	6.36	6.36		
EMERITA							
70203	EMERITA	PRO-GEST CREAM PARABEN FREE	4 OZ	31.72	31.72		
FUCHS							
7422	FUCHS	REPLACEMENT HEADS SOFT 4pk	EACH	3.75	3.75		
7455	FUCHS	TOOTHBR NAT BRISTLE ADT Vmed	EACH	1.80	1.80		
7454	FUCHS	TOOTHBR NAT BRISTLE ADT Vsoft	EACH	1.80	1.80		
7453	FUCHS	TOOTHBR NAT BRISTLE CHILD med	EACH	1.80	1.80		
7420	FUCHS	TOOTHBRSH SOFT 3 replace heads	EACH	3.75	3.75	3.38	3.38
GRANPA'S GARDEN							
70186	GRAMPAS	BODY SHAWL celestial	20 X 28IN	23.23	23.23		
70184	GRAMPAS	BODY SPA SHAWL navy dot w/navy	20 X 28IN	23.23	23.23		
70201	GRAMPAS	BREATHE E-Z PILLOW w/pepp oil	EACH	4.95	4.95		
70191	GRAMPAS	EYE/SINUS PACK green satin	4 X 8.5IN	8.08	8.08		
70190	GRAMPAS	EYE/SINUS PACK purple satin	4 X 8.5IN	8.08	8.08		
70202	GRAMPAS	HEALING PACK PINK HEART	EACH	12.59	12.59	11.33	11.33
70188	GRAMPAS	JOINT/NECK PACK blk watch	5 X 15.5IN	14.39	14.39		
70187	GRAMPAS	JOINT/NECK PACK celestial	5 X 15.5IN	14.39	14.39		
70189	GRAMPAS	JOINT/NECK PACK pansy print	5 X 15.5IN	14.39	14.39		
70199	GRAMPAS	TEDDY PACK brown	EACH	8.33	8.33		
70200	GRAMPAS	TEDDY PACK lt blue	EACH	8.33	8.33		
70198	GRAMPAS	TEDDY PACK oatmeal	EACH	8.33	8.33		
70197	GRAMPAS	TEDDY PACK pink	EACH	8.33	8.33		
70193	GRAMPAS	THERA PACK blk watch plaid	16 X 12IN	14.39	14.39		
70192	GRAMPAS	THERA PACK celestial print	16 X 12IN	14.39	14.39		
70194	GRAMPAS	THERA PACK pansy print	16 X 12IN	14.39	14.39		
70195	GRAMPAS	OIL THERAPEUTIC MASSAGE	4 OZ	6.31	6.31		
HIMALASALT - HimalaRose							
33349	HIMALASALT	SEA SALT 2 PINK MASSAGE STONES	2.2 LB	9.06	9.06		
33348	HIMALASALT	SEA SALT HIMALAYAN BATH LAVNDR	28 OZ	9.06	9.06		
33347	HIMALASALT	SEA SALT HIMALAYAN BATH ROSE	28 OZ	9.06	9.06		
HOBACARE							
70272	HOBACARE	JOJOBA OIL	8 OZ	9.45	9.45		
7406	HOBACARE	PURE JOJOBA OIL	4 OZ	6.57	6.57		
HONEY GARDEN APIARIES							
5582	HONEYGAR	HONEY HOUSE HEALING SALVE	.85 OZ	5.75	5.75	5.18	5.18
HOTEEZE							
73111	HOTTEEZE	HEAT PAD STICK-ON FOOT	10 PADS	1.16	11.60	.87	8.70
73110	HOTTEEZE	HEAT PAD STICK ON REG 3.9x5.2	10 PADS	1.62	16.20		
ISLAND'S OWN							
50144	ISLAND	INSECT REPELLANT	4 OZ	5.55	5.55	5.00	5.00
9183	ISLAND	POISON IVY REMEDY flip top	4 OZ	4.89	4.89		
70281	ISLAND	POISON IVY REMEDY spray	4 OZ	5.93	5.93		
70282	ISLAND	SUNBURN REMEDY LAVENDER	8 OZ	9.87	9.87		
70280	ISLAND	TICK REPELLANT	4 OZ	6.91	6.91		

BULL DOG
NATURAL SKINCARE

BULLDOG *Original* Moisturizer

Contains 8 essential oils, green tea, green algae, konjac mannan and vitamin E to help rehydrate the skin.

Ingredients: Aqua (Water), Ethylhexyl palmitate, Caprylic/capric triglyceride, Glycerin, Sodium polyacrylate, Sorbitan stearate, Citrus aurantium bergamia (Bergamot) oil, Citrus medica limonum (Lemon) oil, Citrus aurantifolia (Lime) oil, Pelargoneum graveolens (Geranium) oil, Artemisia vulgaris (Armoise) oil, Evernia furfuracea (Tree Moss) oil, Pogostemon cablin (Patchouli) oil, Vetiveria zizanoides (Vetivert) oil, Camellia sinensis (Green tea) leaf extract, Chlorella vulgaris extract, Hydrolyzed algin, Tocopheryl acetate, Ethylhexylglycerin Mannan, Maris aqua (Sea water), Pentaerythrityl distearate, Sodium stearoyl glutamate, Carbomer, Citral, Citronellol, Geraniol, Limonene, Linalool, Sodium hydroxide, Polyaminopropyl biguanide, Phenoxyethanol, Benzoic acid, Dehydroacetic acid

Item #71192

(continued on page 140)

BULL DOG
NATURAL SKINCARE

BULLDOG
Original
After Shave Balm

Contains 8 essential oils plus green tea, konjac mannan, rosehip oil and vitamin E to help nourish and soothe the skin after shaving.

Ingredients: Aqua (Water), Ethylhexyl palmitate, Glycerin, Caprylic/capric triglyceride, Rosa eglentaria (Rosehip) seed oil, Sorbitan stearate, Phenoxyethanol, Pentaerythrityl distearate, Tocopheryl acetate, Sodium stearoyl glutamate, Benzoic acid, Sodium polyacrylate, Bisabolol, Carbomer, Dehydroacetic acid, Mannan, Camellia sinensis (Green tea) leaf extract, Citrus aurantium bergamia (Bergamot) oil, Citrus medica limonum (Lemon) oil, Sodium hydroxide, Ethylhexylglycerin, Artemisia vulgaris (Armoise) oil, Polyaminopropyl biguanide, Pelargoneum graveolens (Geranium) oil, Pogostemon cablin (Patchouli) oil, Citrus aurantifolia (Lime) oil, Evernia furfuracea (Tree moss) oil, Vetiveria zizanoides (Vetivert) oil, Citral, Citronellol, Geraniol, Limonene, Linalool

Item #71193

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
J.R.LIGGETT							
9704	JRLIGGET	BAR SHAMPOO DAMAGED HAIR	3.5 OZ	3.90	3.90		
9700	JRLIGGET	BAR SHAMPOO HERBAL	3.5 OZ	3.90	3.90	3.51	3.51
9703	JRLIGGET	BAR SHAMPOO ORIGINAL	3.5 OZ	3.90	3.90		
9701	JRLIGGET	BAR SHAMPOO TEA TREE	3.5 OZ	3.90	3.90		
KATHY'S FAMILY							
70217	KATHYS	SEA SALT LEONA'S LAVENDER	12/2 OZ	2.16	25.92	1.50	18.00
KISS MY FACE							
7988	KISS	BALM OLIVE MY BODY	.80 OZ	5.76	5.76		
71032	KISS	COND BIG BODY LAV/CHAM	11 OZ	4.90	4.90		
71033	KISS	COND MISS TREATED ROSA/MINT	11 OZ	4.90	4.90		
71031	KISS	COND WHENEVER GRN TEA/LIME	11 OZ	4.90	4.90		
71038	KISS	DEOD LIQUID ROCK FRAG FREE	3 OZ	3.70	3.70	3.14	3.14
71040	KISS	DEOD LIQUID ROCK LAVENDER	3 OZ	3.70	3.70	3.14	3.14
71037	KISS	DEOD LIQUID ROCK PATCHOULI	3 OZ	3.70	3.70	3.14	3.14
71039	KISS	DEOD LIQUID ROCK SCENTED	3 OZ	3.70	3.70	3.14	3.14
71041	KISS	DEOD LIQUID ROCK SUMMER	3 OZ	3.70	3.70	3.14	3.14
71042	KISS	DEOD STICK FRAG FREE	2.48 OZ	3.70	3.70	3.14	3.14
71044	KISS	DEOD STICK LAVENDER	2.48 OZ	3.70	3.70	3.14	3.14
71046	KISS	DEOD STICK PATCHOULI	2.48 OZ	3.70	3.70	3.14	3.14
71045	KISS	DEOD STICK SUMMER	2.48 OZ	3.70	3.70	3.14	3.14
7750	KISS	FACIAL MOIST PEACH & CRM/ALPHA	4 OZ	5.52	5.52		
73012	KISS	KISSES ON TRIAL BAG 9pc	EACH	7.71	7.71		
7860	KISS	LIQ SOAP GERMSASIDE TEA TREE	9 OZ	4.00	4.00		
7858	KISS	LIQUID SOAP ALMOND CREME	9 OZ	4.00	4.00		
7758	KISS	LIQUID SOAP FRAGRANCE-FRE	9 OZ	4.00	4.00		
7830	KISS	LIQUID SOAP OLIVE & ALOE	9 OZ	4.00	4.00		
7772	KISS	LIQUID SOAP OLIVE & ALOE	GAL	24.50	24.50		
7831	KISS	LIQUID SOAP ORANGE BLOSSOM	9 OZ	4.00	4.00		
7833	KISS	LIQUID SOAP PATCHOULI	9 OZ	4.00	4.00		
7832	KISS	LIQUID SOAP PEACH	9 OZ	4.00	4.00		
7827	KISS	LIQUID SOAP PEACHES & CREAM	GAL	24.50	24.50		
7834	KISS	LIQUID SOAP PEAR	9 OZ	4.00	4.00		
7769	KISS	LIQUID SOAP PEAR REFILL	GAL	24.50	24.50		
71036	KISS	MOISTURE SHAVE COOL MINT	11 OZ	4.95	4.95	4.21	4.21
7759	KISS	MOISTURE SHAVE FRAG-FREE	11 OZ	4.95	4.95	4.21	4.21
7753	KISS	MOISTURE SHAVE KEY LIME	11 OZ	4.95	4.95	4.21	4.21
71035	KISS	MOISTURE SHAVE LAVENDER SHEA	11 OZ	4.95	4.95	4.21	4.21
7761	KISS	MOISTURE SHAVE PATCHOULI	11 OZ	4.95	4.95	4.21	4.21
7872	KISS	MOISTURE SHOWER GEL COLD/FLU	16 OZ	6.85	6.85		
7867	KISS	MOISTURE SHOWER GEL EARLY RISE	16 OZ	6.85	6.85		
7869	KISS	MOISTURE SHOWER GEL EARLYBED	16 OZ	6.85	6.85		
7828	KISS	MOISTURE SHOWER GEL PATCHOL	16 OZ	6.85	6.85		
7829	KISS	MOIST PEACH & CRM w/ALPHAHYDRX	16 OZ	7.37	7.37		
7871	KISS	MOISTURIZER CHINESE BOTANICAL	16 OZ	7.39	7.39		
7819	KISS	MOISTURIZER EVERYDAY SPF 15	11 OZ	8.07	8.07		
7820	KISS	MOISTURIZER HONEY & CALENDULA	4 OZ	3.10	3.10		
7771	KISS	MOISTURIZER HONEY & CALENDULA	GAL	33.50	33.50		
7821	KISS	MOISTURIZER HONEY & CALENDULA	16 OZ	7.40	7.40		
7764	KISS	MOISTURIZER LAVENDER+SHEA BTR	4 OZ	3.10	3.10		
7805	KISS	MOISTURIZER LAVENDER+SHEA BTR	16 OZ	7.40	7.40		
7874	KISS	MOISTURIZER O&A FRAG FREE	16 OZ	7.40	7.40		
7825	KISS	MOISTURIZER OLIVE & ALOE	4 OZ	3.10	3.10		
7765	KISS	MOISTURIZER OLIVE & ALOE	GAL	33.50	33.50		
7826	KISS	MOISTURIZER OLIVE & ALOE	16 OZ	7.40	7.40		
7824	KISS	MOISTURIZER PATCHOULI	16 OZ	7.40	7.40		
7814	KISS	MOISTURIZER VITAMIN A & E	4 OZ	3.10	3.10		
7815	KISS	MOISTURIZER VITAMIN A & E	16 OZ	7.40	7.40		
70045	KISS	ORG FOAM REFILL GRPFRT BERGMT	17.5 OZ	6.75	6.75		
70046	KISS	ORG FOAM REFILL LAV CHAM	17.5 OZ	6.75	6.75		
70047	KISS	ORG FOAM REFILL LEM GINGER	17.5 OZ	6.75	6.75		
70048	KISS	ORG FOAM REFILL RSMRY MELON	17.5 OZ	6.75	6.75		
7953	KISS	ORG FOAM SOAP GRAPEFRT BERGT	8.75 OZ	4.90	4.90		
7950	KISS	ORG FOAM SOAP LAVENDER CHAM	8.75 OZ	4.90	4.90		
70043	KISS	ORG FOAM SOAP LEM GINGER	8.75 OZ	4.90	4.90		
70044	KISS	ORG FOAM SOAP RSMRY MELON	8.75 OZ	4.90	4.90		
7954	KISS	ORG MOISTURIZER C'S THE DAY	11 OZ	6.75	6.75		
7955	KISS	ORG MOISTURIZER FILTHY RICH	11 OZ	6.75	6.75		
7956	KISS	ORG MOISTURIZER TIGHTEN UP	11 OZ	6.75	6.75	6.08	6.08
7838	KISS	SHAMPOO BIG BODY LAV/CHAM	11 OZ	4.90	4.90		
7876	KISS	SHAMPOO MISS TREATED ROSA/MINT	11 OZ	4.90	4.90		
7862	KISS	SHAMPOO WHENEVER GRN TEA/LIME	11 OZ	4.90	4.90		
7803	KISS	SOAP CHAMOMILE OLIVE BAR	4 OZ	1.85	1.85		
7802	KISS	SOAP OLIVE & ALOE BAR	4 OZ	1.85	1.85		
7804	KISS	SOAP OLIVE & ALOE BAR	8 OZ	2.50	2.50		
7774	KISS	SOAP OLIVE & GRN TEA BAR	8 OZ	2.50	2.50		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
7776	KISS	SOAP OLIVE & LAVENDER BAR	8 OZ	2.50	2.50		
7777	KISS	SOAP OLIVE & VERBENA BAR	8 OZ	2.50	2.50		
7800	KISS	SOAP PURE OLIVE OIL BAR	4 OZ	1.85	1.85		
7854	KISS	SOAP PURE OLIVE OIL BAR	8 OZ	2.50	2.50		
7817	KISS	STYLING GEL UPPER MNGMT GRPFRT	8 OZ	5.50	5.50		
7881	KISS	SUNBLOCK SPRAY ON SPF 30	4 OZ	8.10	8.10		
7884	KISS	SUNBLOCK w/OAT PROTEIN SPF 30	4 OZ	8.10	8.10	7.29	7.29
7877	KISS	SWY FLOTTER NATRL INSECT REPEL	4 OZ	6.85	6.85		
7986	KISS	TOOTHPASTE ANTICAVITY ORG	3.4 OZ	3.83	3.83		
7985	KISS	TOOTHPASTE SENSITIVE ORG	3.4 OZ	3.83	3.83		
7987	KISS	TOOTHPASTE TARTAR CONTROL ORG	3.4 OZ	3.83	3.83		
7752	KISS	TOOTHPASTE TRIPLE ACTION ORG	3.4 OZ	3.77	3.77		
7754	KISS	TOOTHPASTE WHITENING ORG	3.4 OZ	3.77	3.77		
73015	KISS	TRIAL COOL MINT SHAVE	6/1 OZ	.84	5.04	.69	4.14
73019	KISS	TRIAL WHITENING TOOTHPASTE	6/.75 OZ	.84	5.04		
73003	KISS	ULTRA CREME ALMOST BUTTER ORG	6 OZ	6.75	6.75		
KISS MY FACE KIDS							
73079	KISSKIDS	ORANGE WHALE SOAP 2PK	7 OZ	5.11	5.11	4.60	4.60
73072	KISSKIDS	ORANGE BUBBLE WASH	12 OZ	6.40	6.40		
73074	KISSKIDS	ORANGE FOAMING HAND WASH	8 OZ	5.04	5.04		
73076	KISSKIDS	ORANGE 2 IN 1 SHAMPOO/COND	8 OZ	5.76	5.76		
73073	KISSKIDS	ORANGE DETANGLER SPRAY	8 OZ	5.76	5.76		
73075	KISSKIDS	ORANGE FOAM SHAMP & BODY WASH	8 OZ	5.76	5.76		
73078	KISSKIDS	BERRY TOOTHPASTE NO FLUORIDE	4 OZ	3.83	3.83		
73077	KISSKIDS	BERRY TOOTHPASTE W/FLUORIDE	4 OZ	3.83	3.83	3.45	3.45
LAFE'S							
8086	LAFE'S	CRYSTL STONE w/HOLDER large	6 OZ	3.03	3.03		
8084	LAFE'S	PUSH-UP STICK DEOD CRYSTAL	4.25 OZ	4.31	4.31		
8081	LAFE'S	ROLL-ON DEOD w/HEMP OIL UNSCNT	3 OZ	3.99	3.99		
8078	LAFE'S	TWIST STICK DEO ACTIVE	2.5 OZ	3.99	3.99	3.39	3.39
LIGHT MOUNTAIN HENNA							
9728	LIGHTMTN	HENNA AUBURN	4 OZ	4.25	4.25		
9737	LIGHTMTN	HENNA BLACK	4 OZ	4.25	4.25		
9736	LIGHTMTN	HENNA CHESTNUT	4 OZ	4.25	4.25		
9735	LIGHTMTN	HENNA DARK BROWN	4 OZ	4.25	4.25		
9731	LIGHTMTN	HENNA LIGHT BROWN	4 OZ	4.25	4.25		
9734	LIGHTMTN	HENNA MAHOGANY	4 OZ	4.25	4.25		
9732	LIGHTMTN	HENNA MEDIUM BROWN	4 OZ	4.25	4.25		
9726	LIGHTMTN	HENNA NEUTRAL no color	4 OZ	4.25	4.25		
9730	LIGHTMTN	HENNA RED	4 OZ	4.25	4.25		
LILY OF THE DESERT							
7897	LILYDES	ALOE VERA GEL 99% ORG	12 OZ	5.81	5.81	4.65	4.65
7898	LILYDES	ALOE VERA GEL 99% ORG	4 OZ	2.90	2.90	2.32	2.32
MAGGIE'S							
52016	MAGGIES	SOCKS CREW 99% ORG NAT med	PAIR	5.01	5.01	3.99	3.99
52011	MAGGIES	SOCKS CREW EGGPLANT 9-11	PAIR	4.74	4.74	3.79	3.79
52001	MAGGIES	SOCKS CREW NATURAL 9-11	PAIR	4.74	4.74	3.79	3.79
52003	MAGGIES	SOCKS CREW NB WHITE 9-11	PAIR	4.74	4.74	3.79	3.79
52006	MAGGIES	SOCKS CREW BLK 10-13	PAIR	4.74	4.74	3.79	3.79
52014	MAGGIES	SOCKS CREW TIE DIE 10-13	PAIR	7.87	7.87	6.29	6.29
52013	MAGGIES	SOCKS CREW TIE DIE 9-11	PAIR	7.87	7.87	6.29	6.29
52035	MAGGIES	SOCKS KIDS NAT 2PK infant	2 PK	4.48	4.48	3.99	3.99
52029	MAGGIES	SOCKS MANTRA earth peace 9-11	PAIR	5.55	5.55	4.99	4.99
52028	MAGGIES	SOCKS MANTRA i am calm 9-11	PAIR	5.55	5.55	4.99	4.99
52027	MAGGIES	SOCKS MANTRA just breathe 9-11	PAIR	5.55	5.55	4.99	4.99
52043	MAGGIES	SOCKS YOUTH CREW TIE DIE 6-7yr	PAIR	6.05	6.05	5.14	5.14
52051	MAGGIES	TIGHTS CHOCOLATE SMALL	EACH	13.83	13.83	9.93	9.93
MAINE ACCENT							
15364	MAINEACC	LAVENDER WATER	4 OZ	3.39	3.39	3.05	3.05
15368	MAINEACC	ROSE WATER	4 OZ	3.39	3.39		
15359	MAINEACC	SPRAYER PUMP for WATERS	EACH	.65	.65		
MRS. MEYERS							
228	MRS MEYR	BABY BLOSSOM LIP & CHEEK BALM	12/.5 OZ	5.70	68.40	4.56	54.72
225	MRS MEYR	BODY LOTION BABY BLOSSOM	6/8 OZ	7.13	42.78	6.06	36.36
224	MRS MEYR	HAIR/BODY WASH BABY BLOSSOM	6/8 OZ	7.13	42.78		
201	MRS MEYR	BAR SOAP BASIL	12/8 OZ	3.55	42.60		
111	MRS MEYR	BAR SOAP GERANIUM	12/8 OZ	3.55	42.60		
109	MRS MEYR	BAR SOAP LAVENDER	12/8 OZ	3.55	42.60		
110	MRS MEYR	BAR SOAP LEMON VERBENA	12/8 OZ	3.55	42.60		
174	MRS MEYR	LIQ HAND SOAP BABY BLOSSOM	6/12.5 OZ	3.57	21.42		
186	MRS MEYR	LIQ HAND SOAP BASIL	6/12.5 OZ	3.40	20.40		
138	MRS MEYR	LIQ HAND SOAP GERANIUM	6/12.5 OZ	3.40	20.40		
136	MRS MEYR	LIQ HAND SOAP LAVENDER	6/12.5 OZ	3.40	20.40		
137	MRS MEYR	LIQ HAND SOAP LEMON VERBENA	6/12.5 OZ	3.40	20.40		
215	MRS MEYR	LIQ HAND SOAP POUCH BASIL refi	6/32 OZ	5.70	34.20		
214	MRS MEYR	LIQ HAND SOAP POUCH GER refill	6/32 OZ	5.70	34.20		
212	MRS MEYR	LIQ HAND SOAP POUCH LAV refill	6/32 OZ	5.70	34.20		
213	MRS MEYR	LIQ HAND SOAP POUCH LEM V refi	6/32 OZ	5.70	34.20		

BULL DOG
NATURAL SKINCARE

BULLDOG
Original
Shave Gel

Contains 8 essential oils, aloe vera, jojoba and konjac mannan for an incredibly smooth shave.

Ingredients: Aqua (Water), Aloe barbadensis (Aloe vera) leaf juice, Cocamidopropyl betaine, Glycerin, Coco-glucoside, Acrylates /C10-30 alkyl acrylate crosspolymer, Phenoxyethanol, Sodium chloride, Glycereth-26, Sodium hydroxide, Benzoic acid, Bisabolol, Menthol, Simmondsia Chinensis (Jojoba) seed oil, Dehydroacetic acid, Mannan, Citrus aurantium bergamia (Bergamot) oil, Citrus medica limonum (Lemon) oil, Ethylhexylglycerin, Artemisia vulgaris (Armoise) oil, Citric acid, Polyaminopropyl biguanide, Pelargoneum graveolens (Geranium) oil, Pogostemon cablin (Patchouli) oil, Sodium benzoate, Potassium sorbate, Citrus aurantifolia (Lime) oil, Evernia furfuracea (Tree moss) oil, Vetiveria zizanoides (Vetivert) oil, Limonene

Item #71190

Tom's of Maine

Anticavity Fluoride Rinse

Juicy Mint

Our alcohol-free anticavity fluoride rinse provides additional cavity protection for those who wish to supplement their daily dental regimen. Naturally sourced fluoride helps fight cavities and offers strong cavity protection for a healthy smile. In addition, our Juicy Mint Anticavity Fluoride Rinse has the ADA Seal of Acceptance and is dye-free and gluten-free.

Ingredients: Sodium fluoride, Water, Glycerin, Aloe vera leaf juice (organic), Xylitol, Sodium phosphate, Propanediol (vegetable source), Natural flavor, Benzoic acid, Menthol

Item #6921

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
MRS. MEYERS - cont.							
226	MRS MEYS	BODY OIL BABY BLOSSOM	12/4 OZ	7.13	85.56	5.69	68.28
227	MRS MEYS	DIAPER CREME BABY BLOSSOM	6/4 OZ	7.13	42.78		
MOUNTAIN OCEAN							
7571	MTOCEAN	LIP TRIP SPF 15	.165 OZ	3.45	3.45		
7572	MTOCEAN	MOIST SKIN TRIP COCONUT	8 OZ	7.85	7.85		
NATRACARE							
71141	NATRACAR	BABY WIPES COTTON ORG	50 CT	5.39	5.39	4.85	4.85
71140	NATRACAR	INTIMATE WIPES COTTON ORG	12 CT	2.95	2.95		
70239	NATRACAR	NURSING PADS	25CT	2.80	2.80		
70240	NATRACAR	PADS MATERNITY NEW MOTHER	10CT	4.25	4.25		
5814	NATRACAR	PADS NIGHT-TIME	10CT	4.25	4.25		
5808	NATRACAR	PADS REGULAR	14CT	3.35	3.35		
5806	NATRACAR	PADS SLENDER	20CT	3.95	3.95		
5810	NATRACAR	PADS SUPER	12CT	3.40	3.40		
73113	NATRACAR	PADS ULTRA LONG W/WINGS	10 CT	4.10	4.10	3.49	3.49
73112	NATRACAR	PADS ULTRA SUPER PLUS	12 CT	4.10	4.10		
5807	NATRACAR	PADS ULTRA-WINGS ind wrapped	14CT	4.10	4.10		
70242	NATRACAR	PANTY LINERS COTTON ORG	22CT	3.35	3.35		
5801	NATRACAR	PANTY LINERS TANGA/THONG	30 CT	2.50	2.50	2.25	2.25
5804	NATRACAR	PANTY SHIELDS	30CT	2.50	2.50		
5823	NATRACAR	PANTY SHIELDS CURVED	30 CT	2.50	2.50		
5805	NATRACAR	TAMPONS REG w/app ORG	16CT	5.50	5.50	4.40	4.40
5800	NATRACAR	TAMPONS REGULAR ORG	20CT	4.60	4.60	3.68	3.68
5803	NATRACAR	TAMPONS SUPER ORG	10CT	2.65	2.65	2.12	2.12
5802	NATRACAR	TAMPONS SUPER ORG	20CT	4.60	4.60	3.68	3.68
5816	NATRACAR	TAMPONS SUPER PLUS ORG	20CT	5.20	5.20	4.16	4.16
5809	NATRACAR	TAMPONS SUPR w/app ORG	16CT	5.55	5.55	4.44	4.44
NATURE'S ALCHEMY							
15462	NATSALCH	AROMA BATH BREATHE DEEP	1 OZ PKT	1.06	1.06		
15463	NATSALCH	AROMA BATH CALM SEAS	1 OZ PKT	1.06	1.06		
15464	NATSALCH	AROMA BATH LAVENDER	1 OZ PKT	1.06	1.06		
15466	NATSALCH	AROMA BATH RESTFUL SLEEP	1 OZ PKT	1.06	1.06		
15467	NATSALCH	AROMA BATH SPORTS RELIEF	1 OZ PKT	1.06	1.06		
8873	NATSALCH	ESSNTL OIL BERGAMOT	.5 OZ	8.65	8.65		
8874	NATSALCH	ESSNTL OIL CEDARWOOD	.5 OZ	2.30	2.30		
8875	NATSALCH	ESSNTL OIL CINNAMON CASSIA	.5 OZ	4.29	4.29		
8876	NATSALCH	ESSNTL OIL CITRONELLA	.5 OZ	2.41	2.41		
8872	NATSALCH	ESSNTL OIL CLOVE BUD	.5 OZ	3.83	3.83		
8879	NATSALCH	ESSNTL OIL EUCALYPTUS	.5 OZ	3.15	3.15		
8880	NATSALCH	ESSNTL OIL FIR NEEDLE	.5 OZ	7.10	7.10		
8877	NATSALCH	ESSNTL OIL GERANIUM	.5 OZ	8.60	8.60		
8883	NATSALCH	ESSNTL OIL LAVENDER	.5 OZ	5.99	5.99		
8885	NATSALCH	ESSNTL OIL LEMON	.5 OZ	3.19	3.19		
8887	NATSALCH	ESSNTL OIL ORANGE	.5 OZ	2.10	2.10		
8888	NATSALCH	ESSNTL OIL PATCHOULI	.5 OZ	8.85	8.85		
8889	NATSALCH	ESSNTL OIL PEPPERMINT	.5 OZ	5.00	5.00		
8890	NATSALCH	ESSNTL OIL ROSEMARY	.5 OZ	3.64	3.64		
8891	NATSALCH	ESSNTL OIL ROSEWOOD	.5 OZ	6.05	6.05		
8892	NATSALCH	ESSNTL OIL TEA TREE	.5 OZ	4.85	4.85		
8893	NATSALCH	ESSNTL OIL YLANG YLANG	.5 OZ	11.11	11.11		
8895	NATSALCH	OIL APRICOT KERNEL	4 OZ	4.50	4.50		
8896	NATSALCH	OIL GRAPESEED	4 OZ	3.25	3.25		
8897	NATSALCH	OIL HEMP SEED	4 OZ	8.65	8.65		
8898	NATSALCH	OIL SWEET ALMOND	4 OZ	3.85	3.85		
NATURE'S GATE							
8656	NATSGATE	ORGANICS LIQ SOAP ASN PEAR+TEA	12 OZ	4.35	4.35		
8657	NATSGATE	ORGANICS LIQ SOAP GRPFRT+GINGR	12 OZ	4.35	4.35		
7618	NATSGATE	ORGANICS LIQ SOAP LAVENDER+ALO	12 OZ	4.35	4.35		
8665	NATSGATE	ORGANICS LIQ SOAP ORNG+PATCHLI	12 OZ	4.35	4.35		
8666	NATSGATE	ORGANICS LIQ SOAP PERSMN+GER	12 OZ	4.35	4.35		
7621	NATSGATE	ORGANICS LIQ SOAP TTREE+BLUCYP	12 OZ	4.35	4.35		
7620	NATSGATE	ORGANICS LIQ SP LGRASS+CLARYSG	12 OZ	4.35	4.35		
7628	NATSGATE	ORGANICS SHOWER GEL LEMONGRASS	12 OZ	6.22	6.22		
7675	NATSGATE	SOAP LIQUID ANTISEPTIC	12.5 OZ	4.04	4.04		
70036	NATSGATE	ACNE TREATMENT KIT	EACH	18.17	18.17		
70100	NATSGATE	SKIN ORG C TEXTURE SERUM	1.7 OZ	16.25	16.25		
70102	NATSGATE	SKIN ORG DAY HYDRATOR	1.7 OZ	16.25	16.25		
70104	NATSGATE	SKIN ORG NIGHT THERAPY	1 OZ	16.25	16.25		
70101	NATSGATE	SKIN ORG WRINKLE SERUM	1.1 OZ	16.25	16.25		
7492	NATSGATE	MOIST SKIN THERAPY TEA TREE	18 OZ	7.10	7.10		
7499	NATSGATE	MOIST SKIN THERPY COLLOID/OTML	18 OZ	7.10	7.10		
8615	NATSGATE	MOISTURIZER FRAGRANCE FREE	18 OZ	5.80	5.80		
8625	NATSGATE	MOISTURIZER HERBAL	18 OZ	5.80	5.80		
8650	NATSGATE	ORGANICS LOTION ASN PEAR+RDTEA	12 OZ	6.22	6.22		
8652	NATSGATE	ORGANICS LOTION GRPFRT+GINGER	12 OZ	6.22	6.22		
7613	NATSGATE	ORGANICS LOTION LAVENDER+ALOE	12 OZ	6.22	6.22		
8653	NATSGATE	ORGANICS LOTION ORNG+PATCHOULI	12 OZ	6.22	6.22		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
8655	NATSGATE	ORGANICS LOTION PERSMN+ROSEGER	12 OZ	6.22	6.22	5.60	5.60
7616	NATSGATE	ORGANICS LOTN LGRASS+SGE NaPCA	12 OZ	6.22	6.22		
8635	NATSGATE	ORIGINAL SKIN THERAPY LOTION	18 OZ	7.10	7.10		
7501	NATSGATE	CALMING CONDITIONER TEA TREE	18 OZ	6.00	6.00		
7500	NATSGATE	CONDITIONER ALOE VERA	18 OZ	4.70	4.70		
7502	NATSGATE	CONDITIONER CHAMOMILE	18 OZ	4.70	4.70		
7525	NATSGATE	CONDITIONER HERBAL	18 OZ	4.70	4.70		
7555	NATSGATE	CONDITIONER JOJOBA	18 OZ	4.70	4.70		
8648	NATSGATE	ORGANICS COND ASN PEAR+RD TEA	12 OZ	4.98	4.98		
7607	NATSGATE	ORGANICS COND CHAMO+LM VRBNA	12 OZ	4.98	4.98		
8649	NATSGATE	ORGANICS COND GRPFRT+GINGER	12 OZ	4.98	4.98		
7602	NATSGATE	ORGANICS COND LAVENDER+ALOE	12 OZ	4.98	4.98		
7604	NATSGATE	ORGANICS COND LEMONGRASS+CLARY	12 OZ	4.98	4.98	4.48	4.48
8646	NATSGATE	ORGANICS COND ORNGE+PATCHOULI	12 OZ	4.98	4.98		
8647	NATSGATE	ORGANICS COND PERSMN+ROSE GER	12 OZ	4.98	4.98		
7609	NATSGATE	ORGANICS COND TEATREE+BL CYPS	12 OZ	4.98	4.98		
8638	NATSGATE	ORGANICS SHAMP ASN PEAR+RD TEA	12 OZ	4.98	4.98		
7606	NATSGATE	ORGANICS SHAMP CHAMO+LM VRBENA	12 OZ	4.98	4.98		
8643	NATSGATE	ORGANICS SHAMP GRPFRT+GINGER	12 OZ	4.98	4.98		
7601	NATSGATE	ORGANICS SHAMP LAVENDER+ALOE	12 OZ	4.98	4.98		
7603	NATSGATE	ORGANICS SHAMP LMNGRS+CLAR	12 OZ	4.98	4.98	4.48	4.48
8636	NATSGATE	ORGANICS SHAMP ORNGE+PATCHOULI	12 OZ	4.98	4.98		
8637	NATSGATE	ORGANICS SHAMP PERSMN+ROSE GER	12 OZ	4.98	4.98		
7608	NATSGATE	ORGANICS SHAMP TEATREE+BL CYPS	12 OZ	4.98	4.98		
7585	NATSGATE	RAINWTR CONDITIONER AWAPUHI	18 OZ	4.70	4.70		
7495	NATSGATE	RAINWTR CONDITIONER HEMP	18 OZ	4.70	4.70		
7590	NATSGATE	RAINWTR CONDITIONER HENNA	18 OZ	4.70	4.70		
7600	NATSGATE	RAINWTR SHAMPOO AWAPUHI	18 OZ	4.70	4.70		
7605	NATSGATE	RAINWTR SHAMPOO BABY	18 OZ	4.70	4.70		
7496	NATSGATE	RAINWTR SHAMPOO HEMP	18 OZ	4.70	4.70		
7615	NATSGATE	RAINWTR SHAMPOO HENNA	18 OZ	4.70	4.70		
7510	NATSGATE	SHAMPOO ALOE VERA	18 OZ	4.70	4.70		
7635	NATSGATE	SHAMPOO CALMING TEA TREE	18 OZ	6.00	6.00		
7504	NATSGATE	SHAMPOO CHAMOMILE	18 OZ	4.70	4.70		
7545	NATSGATE	SHAMPOO HERBAL	18 OZ	4.70	4.70		
7565	NATSGATE	SHAMPOO JOJOBA	18 OZ	4.70	4.70		
7701	NATSGATE	DEOD ROLL-ON SPRI FRESH	3 OZ	3.45	3.45		
7703	NATSGATE	DEOD STICK SPRI FRESH	2.5 OZ	3.45	3.45		
70106	NATSGATE	ORG DEOD GRPFRT/GINGER	1.7 OZ	3.73	3.73		
70107	NATSGATE	ORG DEOD ORNG/PATCHOULI	1.7 OZ	3.73	3.73		
70105	NATSGATE	ORG DEOD PEAR/RED TEA	1.7 OZ	3.73	3.73		
7694	NATSGATE	AQUABLOCK SPF 50	4 OZ	5.60	5.60		
7697	NATSGATE	SUNBLOCK KIDS SPF-30	4 OZ	5.60	5.60	4.76	4.76
7689	NATSGATE	SUNBLOCK LOTION SPF-30	4 OZ	5.60	5.60		
7654	NATSGATE	TOOTHPASTE CHERRY GEL w/fluori	5 OZ	3.55	3.55		
7638	NATSGATE	TOOTHPASTE CREME DE ANISE	6 OZ	3.55	3.55		
7642	NATSGATE	TOOTHPASTE CREME DE MINT	6 OZ	3.55	3.55		
7640	NATSGATE	TOOTHPASTE CREME DE PEPPERMINT	6 OZ	3.55	3.55		
7623	NATSGATE	TPASTE WHITENING GEL	5 OZ	4.70	4.70		
7670	NATSGATE	VITAMIN E OIL 40000 IU	2 OZ	7.10	7.10		
ONE WITH NATURE							
71072	ONE NAT	BAR SOAP ALMOND/SHEA	7 OZ	2.89	2.89		
71074	ONE NAT	BAR SOAP COCO-WALNUT/SHEA	7 OZ	2.89	2.89		
71067	ONE NAT	BAR SOAP DEAD SEA MUD/SHEA	7 OZ	2.89	2.89		
71068	ONE NAT	BAR SOAP DEAD SEA SALT/SHEA	7 OZ	2.89	2.89		
71073	ONE NAT	BAR SOAP HEMP/SHEA	7 OZ	2.89	2.89		
71076	ONE NAT	BAR SOAP HNY ALMOND/SHEA	7 OZ	2.89	2.89		
71069	ONE NAT	BAR SOAP LAVENDER/SHEA	7 OZ	2.89	2.89		
71070	ONE NAT	BAR SOAP LEM VERBENA/SHEA	7 OZ	2.89	2.89		
71078	ONE NAT	BAR SOAP OLIVE OIL/SHEA	7 OZ	2.89	2.89		
71071	ONE NAT	BAR SOAP ROSE PETAL/SHEA	7 OZ	2.89	2.89	2.31	2.31
71077	ONE NAT	BAR SOAP SHEA BUTTER	7 OZ	2.89	2.89		
71075	ONE NAT	BAR SOAP VAN OATMEAL/SHEA	7 OZ	2.89	2.89		
71081	ONE NAT	GLYCERIN SOAP COCONUT MILK	7 OZ	2.89	2.89		
71082	ONE NAT	GLYCERIN SOAP ORANGE BLOSSOM	7 OZ	2.89	2.89		
PRESERVES							
70039	PRESERVE	TOOTHBRUSH JR SOFT	EACH	2.60	2.60		
70040	PRESERVE	TOOTHBRUSH MEDIUM	EACH	2.88	2.88		
70041	PRESERVE	TOOTHBRUSH SOFT	EACH	2.88	2.88		
70042	PRESERVE	TOOTHBRUSH ULTRA SOFT	EACH	2.88	2.88		
RADIUS							
73069	RADIUS	FLOSS CRANBERRY	55 YDS	2.58	2.58		
73068	RADIUS	FLOSS SILK ORG	55 YDS	2.58	2.58		
73063	RADIUS	TOOTHBRSH RPL HDS 2 pk	2 PK	4.50	4.50	3.83	3.83
73061	RADIUS	TOOTHBRUSH INTELLIGENT SOFT	EACH	6.47	6.47		
73059	RADIUS	TOOTHBRUSH LH ORIGINAL	EACH	6.45	6.45	4.53	4.53
73058	RADIUS	TOOTHBRUSH RH ORIGINAL	EACH	6.45	6.45	5.81	5.81

Cleansing Mouthwash

Our alcohol and saccharin-free natural mouthwash with Vitamin C uses aloe vera to soothe, witch hazel for an astringent feel, and pure essential oils for refreshing flavor.

Peppermint

Ingredients: Water, Glycerine, Propanediol, Poloxamer 335, Sodium Bicarbonate, Xylitol, Natural Flavor, Menthol

Item #6919

Spearmint

Ingredients: Water, Glycerine, Propanediol, Poloxamer 335, Sodium Bicarbonate, Xylitol, Natural Flavor, Menthol

Item #6920

NEW Long-lasting Wicked Fresh! Mouthwash

Tom's of Maine's great tasting Wicked Fresh! Mouthwash helps stop bad breath without the burn. Our refreshing mint flavors leave your whole mouth feeling clean from a brand you trust and never tested on animals.

Peppermint-Wave

Ingredients: Water, Glycerin, Sorbitol, Aloe Vera Leaf Juice (organic), Propanediol (vegetable source), Xylitol, Natural flavors, Benzoic Acid (natural), Zinc Chloride, Menthol

Item #6905

Cool-Mountain-Mint

Ingredients: Water, Glycerin, Sorbitol, Aloe Vera Leaf Juice (organic), Propanediol (vegetable source), Xylitol, Natural flavors, Benzoic Acid (natural), Zinc Chloride, Menthol

Item #6906

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
RADIUS - cont.							
73060	RADIUS	TOOTHBRUSH RH SCUBA	EACH	6.45	6.45	5.48	5.48
73062	RADIUS	TOOTHBRUSH SOURCE SOFT	EACH	5.18	5.18	3.89	3.89
SAI BABA NAG CHAMPA							
70010	SAI BABA	NAG CHAMPA SOAP	5 OZ	3.95	3.95		
SEVENTH GENERATION							
9661	SEVENTH	BABY DIAPERS 12-18 lbs STAGE 2	40 CT	14.50	14.50		
9671	SEVENTH	BABY DIAPERS 16-28LBS STAGE 3	35 CT	12.79	12.79		
9662	SEVENTH	BABY DIAPERS 22-37lbs STAGE 4	30 CT	14.50	14.50		
9663	SEVENTH	BABY DIAPERS 27+lbs STAGE 5	26 CT	14.50	14.50	13.05	13.05
9660	SEVENTH	BABY DIAPERS 8-14lbs STAGE 1	44 CT	14.50	14.50	12.33	12.33
70283	SEVENTH	BABY WIPES 70ct pk refill	70 CT	3.93	3.93		
9659	SEVENTH	BABY WIPES BOX 350 CT	350 CT	16.30	16.30		
9666	SEVENTH	BABY WIPES TRAVEL PACK	3/36 CT	2.69	8.07		
9664	SEVENTH	BABY WIPES TUB	70 CT	4.19	4.19	3.56	3.56
70155	SEVENTH	PADS MAXI OVERNIGHT	14 CT	4.19	4.19		
70154	SEVENTH	PADS MAXI REGULAR	24 CT	4.19	4.19	3.77	3.77
70157	SEVENTH	PADS ULTRATHIN OVERNIGHT	14 CT	4.19	4.19	3.77	3.77
70156	SEVENTH	PADS ULTRATHIN REGULAR	18 CT	4.19	4.19	3.77	3.77
70158	SEVENTH	PADS ULTRATHIN SUPER LONG	16 CT	4.19	4.19		
70159	SEVENTH	PANTILINERS	45 CT	4.19	4.19		
70163	SEVENTH	TAMPONS REG w/appl	16 CT	6.00	6.00		
70160	SEVENTH	TAMPONS REGULAR	20 CT	5.15	5.15		
70161	SEVENTH	TAMPONS SUPER	20 CT	5.15	5.15		
70162	SEVENTH	TAMPONS SUPER PLUS	20 CT	5.60	5.60		
70164	SEVENTH	TAMPONS SUPER w/appl	16 CT	6.00	6.00	5.40	5.40
70243	SEVENTH	TRAINING PANTS 2T-3T	29 CT	14.50	14.50	13.05	13.05
70244	SEVENTH	TRAINING PANTS 3T-4T	26 CT	14.50	14.50	11.60	11.60
SMILEBRIGHT							
9743	SMILEBRT	TONGUE CLEANER	EACH	4.21	4.21		
TIGER BALM							
70005	TIGER	PAIN RELIEVING PATCH	5 CT	4.85	4.85		
8910	TIGER	ULTRA SPORT nonstain tin	1.7 OZ	10.30	10.30		
TOM'S OF MAINE							
6912	TOMS	SOAP DAILY MOISTURE OLIVE OIL	4 OZ	2.59	2.59		
6970	TOMS	SOAP DEODORANT UNSCENTED	4 OZ	3.03	3.03	2.73	2.73
6911	TOMS	SOAP DEODORANT W/ SAGE	4 OZ	2.59	2.59		
6908	TOMS	SOAP ENERGIZING W/ CITRUS OILS	4 OZ	2.59	2.59		
6907	TOMS	SOAP EXFOLIATING W/APRICT SEED	4 OZ	2.59	2.59		
6966	TOMS	SOAP MOISTURIZING CALENDULA	4 OZ	3.03	3.03		
6968	TOMS	SOAP MOISTURIZING LAVENDER	4 OZ	3.03	3.03		
6967	TOMS	SOAP MOISTURIZING UNSCENTED	4 OZ	3.03	3.03		
6915	TOMS	SOAP RELAXING W/ LAVENDER	4 OZ	2.59	2.59		
6909	TOMS	SOAP SENSITIVE W/CHAMOMILE	4 OZ	2.59	2.59		
6972	TOMS	DEOD STICK HONEYSUCKLE ROSE	2.25 OZ	4.77	4.77	4.29	4.29
6993	TOMS	DEOD STICK LL APRICOT	2.25 OZ	4.79	4.79	4.29	4.29
6994	TOMS	DEOD STICK LL BEAUTIFUL EARTH	2.25 OZ	4.79	4.79	4.29	4.29
6974	TOMS	DEOD STICK LL CALENDULA	2.25 OZ	4.77	4.77		
6992	TOMS	DEOD STICK LL LAVENDER	2.25 OZ	4.79	4.79	4.29	4.29
6990	TOMS	DEOD STICK LL LEMNGRASS	2.25 OZ	4.79	4.79	4.29	4.29
6995	TOMS	DEOD STICK LL MOUNTAIN SPRING	2.25 OZ	4.79	4.79	4.29	4.29
6988	TOMS	DEOD STICK LL UNSCENTED	2.25 OZ	4.79	4.79	4.29	4.29
6971	TOMS	DEOD STICK UNSCENTED	2.25 OZ	4.77	4.77		
6973	TOMS	DEOD STICK WOODSPICE	2.25 OZ	4.77	4.77		
6960	TOMS	FLOSS FLAT SPEARMT anti-plaque	32 YDS	3.15	3.15		
6919	**TOMS**	**MOUTHWASH CLSING PEPPERMINT**	**16 OZ**	**4.64**	**4.64**	**3.48**	**3.48**
6920	**TOMS**	**MOUTHWASH CLSING SPEARMINT**	**16 OZ**	**4.64**	**4.64**	**3.48**	**3.48**
6921	**TOMS**	**MOUTH RINSE FLRDE JUICY MINT**	**16 OZ**	**6.07**	**6.07**	**4.55**	**4.55**
6965	TOMS	MOUTHWASH PEPPERMINT BKSODA	16 OZ	4.62	4.62		
6962	TOMS	MOUTHWASH SPEARMINT	16 OZ	4.62	4.62		
6906	**TOMS**	**MOUTHWASH WICKED FRESH MINT k**	**16 OZ**	**4.62**	**4.62**	**3.48**	**3.48**
6905	**TOMS**	**MOUTHWASH WICKED FRESH PMINT k**	**16 OZ**	**4.62**	**4.62**	**3.49**	**3.49**
6977	TOMS	TPASTE GENTLE WHITE FENNEL	5.2 OZ	5.07	5.07	3.80	3.80
6917	**TOMS**	**TPASTE KIDS ORNG MNGO ANTICV k**	**4.2 OZ**	**3.59**	**3.59**	**2.69**	**2.69**
6916	**TOMS**	**TPASTE KIDS STRBRY ANTICAVTY k**	**4.2 OZ**	**3.59**	**3.59**	**2.69**	**2.69**
6918	**TOMS**	**TPASTE KIDS STRBRY FLOR FREE k**	**4.2 OZ**	**3.59**	**3.59**	**2.69**	**2.69**
6982	TOMS	TPASTE no/FL SENSITIVE WTRMINT	4 OZ	4.40	4.40		
6954	TOMS	TPASTE P&M CINNAMINT	6 OZ	4.40	4.40		
6955	TOMS	TPASTE P&M FENNEL	6 OZ	4.40	4.40		
6952	TOMS	TPASTE P&M PEPPERMINT	6 OZ	4.40	4.40		
6953	TOMS	TPASTE P&M SPEARMINT	6 OZ	4.40	4.40		
6950	**TOMS**	**TPASTE SIMPLY WHITE GEL MINT**	**4.7 OZ**	**4.40**	**4.40**	**3.30**	**3.30**
6949	**TOMS**	**TPASTE SIMPLY WHITE PASTE MINT**	**4.7 OZ**	**4.40**	**4.40**	**3.30**	**3.30**
6987	TOMS	TPASTE TARTAR/WHITENING FENNEL	6 OZ	4.40	4.40		
6986	TOMS	TPASTE TARTAR/WHITENING PEPP	6 OZ	4.40	4.40		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
6961	TOMS	TPASTE w/FL CHILD ORANGE MANGO	4 OZ	3.59	3.59		
6958	TOMS	TPASTE w/FL CHILD STRAWBERRY	4 OZ	3.59	3.59		
6959	TOMS	TPASTE w/FL PEPMINT BKSODA	6 OZ	4.40	4.40		
6957	TOMS	TPASTE w/FL SPEARMINT	6 OZ	4.40	4.40		
6956	TOMS	TPASTE w/FL WINTERMINT	5.2 OZ	4.40	4.40		
6984	TOMS	TPASTE WHL CARE CINNAMON CLOVE	5.2 OZ	4.40	4.40	3.30	3.30
6979	TOMS	TPASTE WHL CARE GEL ORNG MANGO	5.5 OZ	4.40	4.40	3.30	3.30
6980	TOMS	TPASTE WHL CARE GEL PEPPERMINT	5.5 OZ	4.40	4.40	3.30	3.30
6983	TOMS	TPASTE WHL CARE GEL SPEARMINT	5.5 OZ	4.40	4.40	3.30	3.30
6910	TOMS	TPASTE WHL CARE PEPPERMINT	5.2 OZ	4.40	4.40	3.30	3.30
6997	TOMS	TPASTE WHL CARE SPEARMINT	5.2 OZ	4.40	4.40	3.30	3.30
6996	TOMS	TPASTE WHL CARE WINTERMINT	5.2 OZ	4.40	4.40	3.30	3.30
6969	TOMS	TPASTE WICKED FRESH PEPPERMINT	5.2 OZ	4.40	4.40	3.30	3.30
6964	TOMS	TPASTE WICKED FRESH SPEARMINT	5.2 OZ	4.40	4.40	3.30	3.30
ULTIMATE SHAVE							
7403	ULTIMATE	SHAVE UNISEX MOISTURE SHAVE	.3 OZ	3.53	3.53		
VERMONT SOAP ORGANICS							
7984	VT SOAP	BAR CITRUS SUNRISE ORG	3.50 OZ	2.85	2.85	2.57	2.57
7974	VT SOAP	BAR CITRUS SUNRISE ORG unwrap	3.50 OZ	2.30	2.30		
7975	VT SOAP	BAR LAVENDER ORG unwrap	3.50 OZ	2.30	2.30		
7963	VT SOAP	BAR LEMONGRASS ORG unwrap	3.50 OZ	2.30	2.30	2.07	2.07
7962	VT SOAP	BAR OATMEAL LAVENDER ORG unwra	3.50 OZ	2.30	2.30		
7961	VT SOAP	BAR PEPERMINT MAGIC ORG unwrap	3.50 OZ	2.30	2.30	2.07	2.07
7969	VT SOAP	BAR TEA TREE ORG unwrap	3.50 OZ	2.30	2.30		
8030	VT SOAP	BATH & SHOWER GEL LAVENDER ORG	8 OZ	5.35	5.35		
8032	VT SOAP	BATH & SHOWER GEL ORANGE ORG	8 OZ	5.35	5.35	4.82	4.82
8031	VT SOAP	BATH & SHOWER GEL PEPPRMNT ORG	8 OZ	5.35	5.35		
7968	VT SOAP	LIQUID CASTILE LAVENDER ORG	16 OZ	4.89	4.89		
7967	VT SOAP	LIQUID CASTILE PEPPERMINT ORG	16 OZ	4.89	4.89		
7966	VT SOAP	LIQUID CASTILE SWT ORANGE ORG	16 OZ	4.89	4.89		
7965	VT SOAP	LIQUID CASTILE TEA TREE ORG	16 OZ	4.89	4.89		
7964	VT SOAP	LIQUID CASTILE UNSCENTED ORG	16 OZ	4.89	4.89		
VICCO							
6998	VICCO	TPASTE HERBAL AYURVEDIC	3 OZ	2.95	2.95		

SINCE 1970 Tom's OF MAINE™

Children's Fluoride Toothpaste

Silly Enough for Kids - Serious Enough for Moms!

Silly Enough for Kids - Serious Enough for Moms! Give your kids the only natural kid's toothpaste to earn the ADA Seal of Acceptance. That means proven effective, cavity fighting protection you can trust. Plus, it has an all-natural fruit flavor your kids will love to brush with again and again!

Silly-Strawberry

Ingredients: Sodium Monofluorophosphate, Glycerin, Water, Calcium Carbonate, Hydrated Silica, Fruit Extracts, Carageenan, Sodium Lauryl Sulfate

Item #6916

Outrageous-Orange-Mango

Ingredients: Sodium Monofluorophosphate, Glycerin, Water, Calcium Carbonate, Hydrated Silica, Fruit Extracts, Carageenan, Sodium Lauryl Sulfate

Item #6917

(continued on page 147)

PET CARE & FOOD

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
BARKWHEATS							
53045	BARKWHTS	DOG BISCUITS BLUEBRY LAVENDR	10 OZ	4.05	4.05		
53038	BARKWHTS	DOG BISCUITS GING PARS BUCKWHT	10 OZ	4.05	4.05		
53046	BARKWHTS	DOG BISCUITS PUMPKIN SAGE	10 OZ	4.05	4.05		
53039	BARKWHTS	DOG BISCUITS SEAVEG/CHAM BKWHT	10 OZ	4.05	4.05		
53047	BARKWHTS	DOG TREATS TRIAL ASST W/STRIP	12/.7 OZ	.60	7.20		
CASTOR & POLLUX							
7512	CASTOR	CATNIP TOY MOUSE OG refillable	EACH	3.29	3.29		
7468	CASTOR	DOG TRT GOOD BUDDY CHEESE	16 OZ	3.65	3.65	2.55	2.55
7467	CASTOR	DOG TRT GOOD BUDDY JERKY	10 STIX	3.65	3.65	2.55	2.55
7469	CASTOR	DOG TRT GOOD BUDDY PNUT BTR	16 OZ	3.65	3.65	2.55	2.55
7463	CASTOR	ORGANIX CAT FOOD ADULT	15#	31.85	31.85		
7462	CASTOR	ORGANIX CAT FOOD ADULT	6#	17.00	17.00		
7461	CASTOR	ORGANIX CAT FOOD ADULT	3#	9.49	9.49		
53023	CASTOR	ORGANIX CAT FOOD TRK/CHK/SEAFD	24/5.5 OZ	1.25	30.00		
53055	CASTOR	ORGANIX CAT FOOD TURK/CHICK ca	24/5.5 OZ	1.25	30.00	1.06	25.44
53025	CASTOR	ORGANIX CAT TREAT CHEESE	2 OZ	2.99	2.99	2.09	2.09
7465	CASTOR	ORGANIX CAT TREATS CHICKEN	2 OZ	2.99	2.99	2.09	2.09
53024	CASTOR	ORGANIX DOG COOKIE PEANT BUTER	12 OZ	4.85	4.85	3.39	3.39
7464	CASTOR	ORGANIX DOG COOKIES CHICKEN	12 OZ	4.85	4.85	3.39	3.39
7459	CASTOR	ORGANIX DOG FOOD ADULT	6#	13.00	13.00		
7460	CASTOR	ORGANIX DOG FOOD ADULT	15#	28.90	28.90		
53019	CASTOR	ORGANIX DOG FOOD PUPPY dry	6#	13.80	13.80	11.73	11.73
53021	CASTOR	ORGANIX DOG FOOD TURK/CHICK ca	12/12.7 OZ	2.19	26.28		
7489	CASTOR	OUT SPOT STAIN/ODOR SPRAY	16 OZ	5.35	5.35		
7527	CASTOR	RAWHIDE NAT MINI KNOT BONES	10 PK	1.99	1.99		
7529	CASTOR	RAWHIDE NAT TWIST STICKS	14 PK	1.99	1.99		
7524	CASTOR	RAWHIDE NATURAL BRAID 10in	4 PK	3.12	3.12		
7526	CASTOR	RAWHIDE NATURAL RING	4 PK	2.45	2.45		
7523	CASTOR	RAWHIDE NATURAL STICK 10in	4 PK	3.55	3.55		
7522	CASTOR	RAWHIDE NATURAL STICK 5in	5 PK	2.15	2.15		
7521	CASTOR	RAWHIDE PRESSED BONE 10.5in	EACH	3.55	3.55		
7517	CASTOR	RAWHIDE PRESSED BONE 4.5in	EACH	1.35	1.35		
7518	CASTOR	RAWHIDE PRESSED BONE 6.5in	EACH	1.60	1.60		
7520	CASTOR	RAWHIDE PRESSED BONE 8.5in	EACH	2.69	2.69		
G.G. BEAN KLEEN							
71161	GGBEAN	SKUNK KLEEN	16 OZ	8.39	8.39	7.55	7.55
71160	GGBEAN	URINE KLEEN	8 OZ	4.83	4.83		
NATURAL VALUE							
6591	NATVALUE	CAT FOOD BEEF DINNER	24/5.5 OZ	.77	18.48		
6592	NATVALUE	CAT FOOD CHICKEN DINNER	24/5.5 OZ	.77	18.48		
6594	NATVALUE	CAT FOOD SIMMERED SEAFARE	24/5.5 OZ	.77	18.48		
6597	NATVALUE	CAT FOOD TUNA & CHKN DINNER	24/5.5 OZ	.77	18.48		
53004	NATVALUE	CAT FOOD TUNA n ALBACORE	24/5.5 OZ	.59	14.16		
53005	NATVALUE	CAT FOOD TUNA n CHICKEN tppng	24/5.5 OZ	.72	17.28		
53008	NATVALUE	CAT FOOD TUNA n CRAB	24/5.5 OZ	.72	17.28		
53006	NATVALUE	CAT FOOD TUNA n MACKEREL	24/5.5 OZ	.72	17.28		
53009	NATVALUE	CAT FOOD TUNA n SHRIMP	24/5.5 OZ	.72	17.28		
6593	NATVALUE	CAT FOOD TURKEY & GIBLETS	24/5.5 OZ	.77	18.48		
NORTHWOODS ANIMAL TREATS							
53069	NRTHWOOD	CATNIP TOY HNDMD FELTED BALL	2 OZ	3.76	3.76		
53060	NRTHWOOD	DISPLAY DOG TREATS PARM MOOSE	24/2 OZ	1.07	25.68		
53068	NRTHWOOD	DOG NIBBLES HYPOALLERGENIC	3 OZ	2.69	2.69	2.29	2.29
53064	NRTHWOOD	DOG TREAT PARMESAN MOOSE	6/2 OZ	1.07	6.42		
53065	NRTHWOOD	DOG TREAT PNT BUTTER BEAR	6/2 OZ	1.07	6.42		
53067	NRTHWOOD	DOG TREAT TRAIL MIX TROUT	6/2 OZ	1.07	6.42		
OLD MOTHER HUBBARD							
4675	OLDMTHR	DOG BISCUITS LARGE ASST	3.5#	9.59	9.59	8.15	8.15
4654	OLDMTHR	DOG BISCUITS LARGE ASST	20#	2.35	47.00		
4662	OLDMTHR	DOG BISCUITS MINI ASST	20 OZ	5.25	5.25	4.73	4.73
4650	OLDMTHR	DOG BISCUITS SMALL ASST	20#	2.35	47.00	2.12	42.40
4658	OLDMTHR	DOG BISCUITS SMALL ASST	3.5#	9.60	9.60	8.64	8.64
4676	OLDMTHR	DOG BISCUITS SMALL JUST VEGGN	3.3#	9.60	9.60	8.64	8.64
4673	OLDMTHR	DOG BISCUITS SMALL PNUT BUTTER	20 OZ	5.29	5.29		
52133	OLDMTHR	DOG FOOD CAN LAMB SPINACH APL	12/12.5 OZ	2.05	24.60	1.49	17.88
PET NATURALS							
52200	PETNATUR	CAT CHEW MULTI-VITA CALMING	21 CT	3.05	3.05	2.44	2.44
52203	PETNATUR	CAT DAILY BEST MULTI-VITA	45CT	3.59	3.59	2.87	2.87
52205	PETNATUR	CAT HAIRBALL	45CT	3.59	3.59	2.87	2.87
52209	PETNATUR	CAT UT SUPPORT	45CT	4.15	4.15	3.32	3.32

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
52204	PETNATUR	DOG DAILY BEST MULTI-VITA	30CT	5.65	5.65	4.52	4.52
52207	PETNATUR	DOG LARGE NATURAL FLEX	45CT	10.40	10.40	8.32	8.32
52201	PETNATUR	DOG LG CHEW MULTI-VITA CALMING	21CT	4.35	4.35	3.48	3.48
52208	PETNATUR	DOG SKIN & COAT	30CT	6.05	6.05	4.84	4.84
52202	PETNATUR	DOG SM CHEW MULTI-VITA CALMING	21CT	3.05	3.05	2.44	2.44
50321	PETNATUR	PET PROTECT FLEA & TICK REPLNT	8 OZ	8.69	8.69	6.95	6.95
50322	PETNATUR	PET PROTECT FLEA & TICK WIPES	30 CT	5.65	5.65	4.52	4.52
50320	PETNATUR	PET PROTECT FLEA SHAMPOO	16 OZ	8.10	8.10	6.48	6.48
SHAGBARK FARM							
9742	SHAGBARK	CATNIP TOY ORG NH grown	EACH	3.63	3.63		
SWHEAT SCOOP							
6802	SWHEAT	CAT LITTER	14 LB	11.20	11.20	10.08	10.08
6801	SWHEAT	CAT LITTER	40 LB	29.99	29.99	26.99	26.99
VERMONT SOAP ORGANICS							
8060	VT SOAP	PET SHAMPOO ORG	16 OZ	5.39	5.39		
WAGATHA'S							
52117	WAGATHA	DOG BISCUITS BREAKFAST ORG WF	9 OZ	3.95	3.95	3.56	3.56
52120	WAGATHA	DOG BISCUITS BRKFST ORG bulk	10#	4.55	45.50	4.10	41.00
52118	WAGATHA	DOG BISCUITS CRAN CHED ORG WF	9 OZ	3.95	3.95		
52116	WAGATHA	DOG BISCUITS ORG bulk	10#	4.59	45.90	4.13	41.30
52115	WAGATHA	DOG BISCUITS ORG canister	16 OZ	5.99	5.99		
52114	WAGATHA	DOG BISCUITS ORG canister	9 OZ	4.65	4.65		
52123	WAGATHA	DOG BISCUITS SENIOR ORG WF	9 OZ	4.00	4.00	3.60	3.60
52122	WAGATHA	DOG BISCUITS SUPER ORG WF	9 OZ	4.00	4.00		
52119	WAGATHA	DOG BISCUITS TUSCAN TOM ORG WF	9 OZ	3.95	3.95		
52121	WAGATHA	DOG BSCTS CRAN/CHD/MNT OG bulk	10#	4.55	45.50	4.10	41.00
WELLNESS							
8991	WELLNESS	CAT FOOD CAN BEEF & CHICKEN	24/5.5 OZ	1.55	37.20		
8992	WELLNESS	CAT FOOD CAN CHICK & HERRING	24/5.5 OZ	1.55	37.20		
4691	WELLNESS	CAT FOOD CAN CHICK & LOBSTER	24/5.5 OZ	1.55	37.20		
8990	WELLNESS	CAT FOOD CAN CHICKEN	24/5.5 OZ	1.55	37.20	1.40	33.60
4699	WELLNESS	CAT FOOD CAN SALMON & TROUT	24/5.5 OZ	1.55	37.20		
8993	WELLNESS	CAT FOOD CAN TURKEY	24/5.5 OZ	1.55	37.20	1.40	33.60
8994	WELLNESS	CAT FOOD CAN TURKEY & SALMON	24/5.5 OZ	1.55	37.20		
4681	WELLNESS	CAT FOOD DRY SLMN/TRKY/HERRING	12#	3.30	39.60	2.97	35.64
4682	WELLNESS	CAT FOOD DRY SLMN/TRKY/HERRING	5# 14 OZ	23.75	23.75		
4680	WELLNESS	CAT FOOD DRY SUPER 5 ADULT	12#	3.12	37.44	2.81	33.72
4677	WELLNESS	CAT FOOD DRY SUPER 5 ADULT	5# 14 OZ	21.45	21.45		
4679	WELLNESS	CAT FOOD DRY SUPER 5 LITE	5#	21.75	21.75		
50019	WELLNESS	DOG FOOD CAN DUCK & SWT POT	12/12.5 OZ	2.20	26.40		
50020	WELLNESS	DOG FOOD CAN FISH & SWT POTATO	12/12.5 OZ	2.20	26.40		
4689	WELLNESS	DOG FOOD CAN PUPPY	12/12.5 OZ	2.20	26.40		
4686	WELLNESS	DOG FOOD CAN SUPER 5 CHICKEN	12/12.5 OZ	2.20	26.40		
4687	WELLNESS	DOG FOOD CAN SUPER 5 LAMB	12/12.5 OZ	2.20	26.40		
4690	WELLNESS	DOG FOOD CAN SUPER 5 SENIOR	12/12.5 OZ	2.20	26.40		
4688	WELLNESS	DOG FOOD CAN TURKEY & SWT POT	12/12.5 OZ	2.20	26.40		
51083	WELLNESS	DOG FOOD CORE TURKEY grain fr	12/12.5 OZ	2.45	29.40		
4684	WELLNESS	DOG FOOD FISH & SWEET POTATO	15#	2.20	33.00		
4683	WELLNESS	DOG FOOD FISH & SWEET POTATO	30#	1.95	58.50		
4685	WELLNESS	DOG FOOD SUPER 5 MIX SENIOR	30#	1.95	58.50		
4695	WELLNESS	DOG FOOD SUPER CHCKEN 5 MIX	30#	1.85	55.50	1.67	50.10
4693	WELLNESS	DOG FOOD SUPER CHICKEN 5 MIX	15#	2.05	30.75		
4696	WELLNESS	DOG FOOD SUPER LAMB 5 MIX	30#	1.85	55.50	1.67	50.10
4694	WELLNESS	DOG FOOD SUPER LAMB 5 MIX	15#	2.03	30.45		
4697	WELLNESS	DOG FOOD SUPER SENIOR 5 MIX	15#	2.27	34.05	2.04	30.60
50018	WELLNESS	DOG TREATS PEANUT & HONEY	20 OZ	7.15	7.15		
50098	WELLNESS	DOG TREATS VENISON JERKY	6 OZ	8.90	8.90		
4711	WELLNESS	KITTEN FOOD CHICKEN	24/3 OZ	1.15	27.60		
YOGHUND - Frozen Product							
63308	YOGHUND	YOGURT FOR DOGS APPLE CHEDR	4/3.5 OZ	3.07	3.07		
63181	YOGHUND	YOGURT FOR DOGS BAN/PB ORG LF	4/3.5 OZ	3.84	3.84		
63182	YOGHUND	YOGURT FOR DOGS BLUBRY&VAN ORG	4/3.5 OZ	3.84	3.84		
63309	YOGHUND	YOGURT FOR DOGS PAPYA PNUT BTR	4/3.5 OZ	3.07	3.07		

SINCE 1970 Tom's OF MAINE™

Children's Fluoride-Free Toothpaste

Silly Enough for Kids - Good Enough for Moms!

Our Fluoride-Free Toothpaste for Children uses calcium and silica to gently clean, and the delicious real fruit flavor appeals to your child's taste - not artificial sparkles and bubble gum flavors. Because it's fluoride-free, you won't have to worry if more toothpaste ends up in your child's tummy than in the sink!

Silly-Strawberry

Ingredients: Glycerin, Water, Calcium Carbonate, Hydrated Silica, Fruit Extracts, Carageenan, Sodium Lauryl Sulfate

Item #6918

(continued on page 149)

REFRIGERATED ITEMS

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
122C	BULK	AMERICAN WHITE SLICED	5#	3.25	16.25		
123C	BULK	AMERICAN YELLOW SLICED	5#	3.25	16.25		
1529	BELGIO	ASIAGO WEDGES (4pcs)	2# R/W	8.78	17.56		
90120	ROSENBG	BLUE CHEESE WEDGES	4.4 OZ	3.52	3.52		
1221	BULK	BLUE DANISH CHEESE	6# R/W	8.65	51.90		
5730	BELLERV	BRIE WHEEL	8 OZ	5.09	5.09		
5734	REMY	BRIE WHEEL	1 KILO	16.75	16.75		
6441	TOURNEVT	CHEVRE NOIR Goat cheddar	4.5 OZ	6.50	6.50	5.85	5.85
112C	BULK	CREAM CHEESE	3#	3.19	9.57		
129C	BULK	FETA CHEESE (V)	9#	3.99	35.91		
35066	MEDITER	FETA CUBES WITH OLIVES	3.3#	18.50	18.50		
90145	LIBERTE	GOAT BUTTER	8.9 OZ	8.45	8.45	7.61	7.61
120C	BULK	GOUDA SMOKED IMPORTED	6# R/W	4.85	29.10		
119C	BULK	MOZZ/CHEDDAR shredded 50/50%	5#	3.49	17.45		
128C	BULK	MOZZARELLA PART SKIM (V)	6# R/W	3.19	19.14		
118C	BULK	MOZZARELLA shredded PURE	5#	3.49	17.45		
117C	BULK	MOZZARELLA WHOLE MILK (V)	6# R/W	3.29	19.74		
121C	BULK	MUENSTER (V)	6# R/W	3.99	23.94		
125C	BULK	PARMESAN GRATED PURE	5#	6.30	31.50		
1250	BULK	PARMESAN GRATED PURE tub	5#	5.59	27.95		
111C	BULK	PARMESAN REGGIANITO WHEEL	15# R/W	6.95	104.25		
1118	BULK	PARMESAN SARDO HARD WHEEL	6# R/W	6.25	37.50		
126C	BULK	PROVOLONE	12# R/W	3.49	41.88		
90162	BULK	ROMANO GRATED	5#	4.84	24.20		
127C	BULK	ROMANO GRATED PURE (Imported)	5#	6.80	34.00		
1572	CLAWSON	STILTON PORTIONS England	5OZ	5.99	5.99		
130C	BULK	SWISS CHEESE	8# R/W	4.95	39.60	4.46	35.68
APPLEGATE FARMS							
91010	APPLGT	CHEESE AMERICAN WHITE sliced	8 OZ	3.46	3.46		
91030	APPLGT	CHEESE SLICED MILD CHEDDAR ORG	5 OZ	3.00	3.00	2.70	2.70
91029	APPLGT	CHEESE SLICED MONT JACK ORG	5 OZ	3.00	3.00		
91028	APPLGT	CHEESE SLICED MUENSTER ORG	5 OZ	3.00	3.00		
91031	APPLGT	CHEESE YOGURT SLICED PROBIOTIC	8 OZ	4.33	4.33		
60995	APPLGT	SLICED PANCETTA	4/4 OZ	3.50	14.00		
CABOT CREAMERY							
3093	CABOT	BUTTER NATURAL quarters	16 OZ	4.19	4.19	3.77	3.77
3099	CABOT	BUTTER NATURAL UNSALTED qtrs	16 OZ	4.26	4.26	3.83	3.83
90208	CABOT	BUTTER SALTED SOLID	16 OZ	3.75	3.75	3.19	3.19
90209	CABOT	BUTTER UNSALTED SOLID	16 OZ	3.85	3.85	3.27	3.27
90143	CABOT	CHEDDAR EXTRA SHARP	8 OZ	3.18	3.18	2.86	2.86
90144	CABOT	CHEDDAR HUNTERS SHARP	8 OZ	3.18	3.18		
104C	CABOT	CHEDDAR MILD	10# R/W	5.15	51.50		
90142	CABOT	CHEDDAR SHARP	8 OZ	3.18	3.18	2.86	2.86
109C	CABOT	CHEDDAR SHARP	2#	13.75	13.75	12.38	12.38
110C	CABOT	CHEDDAR SHARP	3#	16.26	16.26		
133C	CABOT	CHEDDAR SHARP	10# R/W	5.59	55.90		
106C	CABOT	CHEDDAR X-SHARP Hunters	10# R/W	5.95	59.50		
115C	CABOT	MONTEREY JACK	10# R/W	2.95	29.50	2.50	25.00
1151	CABOT	SHREDDED CHEDDAR SHARP	8 OZ	3.06	3.06	2.75	2.75
1152	CABOT	SHREDDED MONTEREY JACK	8 OZ	3.06	3.06		
1153	CABOT	SHREDDED MOZZARELLA	8 OZ	3.06	3.06		
1193	CABOT	SLICES AMERICAN WHITE	12 OZ	4.19	4.19		
COOL CUPS							
35536	COOLCUPS	GEL CUPS BLK CHERRY gf vg s	4/4 OZ	2.77	2.77		
35537	COOLCUPS	GEL CUPS ORANGE gf vg s	4/4 OZ	2.77	2.77		
35538	COOLCUPS	GEL CUPS PEACH MANGO gf vg s	4/4 OZ	2.77	2.77		
DAIYA							
61383	DAIYA	CHEDDAR STYLE SHRED gf df vg	5#	6.39	31.95		
61381	DAIYA	CHEDDAR STYLE SHRED gf df vg	8 OZ	4.29	4.29		
61382	DAIYA	ITAL STYLE MOZZ SHRED gf df vg	5#	6.39	31.95		
61380	DAIYA	MOZZARLLA STYLE SHRED gf df vg	8 OZ	4.29	4.29		
DANIELE							
3657	DANIELE	SALAMI SLICES W/WHT WINE	3 OZ	2.99	2.99		
3655	DANIELE	temp n/a rcll SALAMI SLICES W/	3 OZ	2.99	2.99		
3650	DANIELE	temp n/a SALAMI W/BLACK PEPPER	10 OZ	6.85	6.85		
3653	DANIELE	temp n/a SALAMI W/WHT WINE CHU	10 OZ	6.85	6.85		
DEVON							
90118	DEVON	DEVON CREAM	6 OZ	5.45	5.45		
DIVINA							
35067	DIVINA	GIGANDES BEANS IN VINAIGRETTE	4.4#	16.12	16.12		
35068	DIVINA	MUSHROOMS W/GARLIC & HERBS	6.25#	30.24	30.24		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
EARTH BALANCE							
90205	EARTHBL	BTTRY SPRD OLIVE OIL NO GMO vg	13 OZ	4.00	4.00		
90206	EARTHBL	BTTRY SPRD WHPPD NO GMO ORG vg	13 OZ	4.17	4.17		
90156	EARTHBL	BUTTERY SPREAD NATURAL V	15 OZ	4.00	4.00		
90157	EARTHBL	SHORTENING GF DF	15 OZ	3.99	3.99		
90207	EARTHBL	SOY GARDEN SPREAD NO GMO vg	15 OZ	4.00	4.00		
FOLLOW YOUR HEART							
90243	FOLLOWYH	VEGENAISE GRAPESEED OIL vg	32 OZ	6.99	6.99		
90241	FOLLOWYH	VEGENAISE HIGH OMEGA-3 vg	32 OZ	5.74	5.74		
90240	FOLLOWYH	VEGENAISE ORIGINAL vg	32 OZ	5.59	5.59		
GALAXY FOODS							
5710	GALAXY	RICE SLICES MOZZARELLA	5.4 OZ	3.52	3.52		
5711	GALAXY	RICE SLICES YELLOW AMERICAN	6 OZ	3.52	3.52		
GRAFTON VILLAGE CHEESE							
8408	GRAFTON	CHEDDAR GARLIC R/M	8 OZ	4.50	4.50		
8407	GRAFTON	CHEDDAR GARLIC R/M	1#	8.10	8.10		
8409	GRAFTON	CHEDDAR SAGE R/M	8 OZ	4.39	4.39		
8417	GRAFTON	CLASSIC CHEDDAR 2 YR R/M	2#	20.10	20.10		
8421	GRAFTON	CLASSIC CHEDDAR 2 YR R/M	8 OZ	6.60	6.60		
8428	GRAFTON	CLASSIC CHEDDAR 2 YR R/M cryov	2#	18.59	18.59		
90126	GRAFTON	CLASSIC CHEDDAR 2 YR R/M waxed	1#	11.00	11.00		
90221	GRAFTON	DUET PREM CHED/BLU CHS 1/2 WHL	1.75# R/W	13.70	27.40		
90220	GRAFTON	DUET PREM CHED/BLUE CH wedge	6 OZ	5.29	5.29		
91011	GRAFTON	MAPLE SMOKED CHEDDAR R/M	4 OZ	2.35	2.35		
8415	GRAFTON	PREMIUM CHEDDAR 1 YR R/M	5# R/W	6.60	33.00		
8403	GRAFTON	PREMIUM CHEDDAR 1 YR R/M	8 OZ	4.25	4.25		
8400	GRAFTON	PREMIUM CHEDDAR 1 YR R/M	3#	21.25	21.25		
90124	GRAFTON	PREMIUM CHEDDAR 1 YR R/M waxed	1#	7.80	7.80		
91012	GRAFTON	PREMIUM CHEDDAR SAGE	4 OZ	2.35	2.35		
8413	GRAFTON	SMOKED CHEDDAR R/M	8 OZ	4.50	4.50		
8416	GRAFTON	SMOKED CHEDDAR R/M	5# R/W	6.52	32.60		
90125	GRAFTON	SMOKED CHEDDAR R/M waxed	1#	7.65	7.65	6.89	6.89
HEINIS							
3895	HEINIS	YOGURT CHEESE GARDEN VEGETABLE	8 OZ	3.20	3.20		
3896	HEINIS	YOGURT CHEESE JALAPENO	8 OZ	3.20	3.20	2.88	2.88
3892	HEINIS	YOGURT CHEESE ORIGINAL	8 OZ	3.20	3.20		
HONEST							
91073	HONEST	KOMBUCHA APPLE JASMINE ORG s	12/16 OZ	3.27	39.24		
91070	HONEST	KOMBUCHA BERRY HIBISCUS ORG s	12/16 OZ	3.27	39.24		
91071	HONEST	KOMBUCHA LEMON GINGER ORG s	12/16 OZ	3.27	39.24		
91074	HONEST	KOMBUCHA MAQUI BRY GRFRT ORG s	12/16 OZ	3.27	39.24		
91072	HONEST	KOMBUCHA PEACH MANGO ORG s	12/16 OZ	3.27	39.24		
JANA IMPORTS							
90122	JANA	BUTTER 82% SWEET Europe Style	8.8 OZ	2.95	2.95		
KATALYST KOMBUCHA							
34035	KATALYST	hold - RTD KOMBUCHA GINGER DEV	12/16OZ	2.59	31.08		
34042	KATALYST	hold - RTD KOMBUCHA GINGER DEV	6/1/2 GAL	9.28	55.68		
92004	KATALYST	hold - RTD KOMBUCHA GREEN LOVI	12/16 OZ	2.59	31.08		
34037	KATALYST	hold - RTD KOMBUCHA PURE ESSEN	12/16 OZ	2.59	31.08		
34036	KATALYST	hold - RTD KOMBUCHA SCHIZANDRA	12/16 OZ	2.59	31.08		
92003	KATALYST	hold- RTD KOMBUCHA BLISS BERRY	12/16 OZ	2.59	31.08		
KIMCHEE PRIDE							
6769	KIMCHEE	KIM CHEE CABBAGE HOT	32 OZ	5.05	5.05		
6745	KIMCHEE	KIM CHEE CABBAGE HOT	16 OZ	3.45	3.45		
6770	KIMCHEE	KIM CHEE CABBAGE MILD	32 OZ	5.05	5.05		
6746	KIMCHEE	KIM CHEE CABBAGE MILD	16 OZ	3.45	3.45	3.11	3.11
LIGHTLIFE							
5418	LIGHTLIF	GIMME LEAN GRD BEEF STYLE	14 OZ	3.50	3.50	2.62	2.62
5416	LIGHTLIF	GIMME LEAN GRD SAUSAGE s	14 OZ	3.50	3.50	2.62	2.62
5478	LIGHTLIF	SMART BACON	5 OZ	3.29	3.29	2.47	2.47
5437	LIGHTLIF	SMART DOG	12 OZ	3.34	3.34		
5439	LIGHTLIF	SMART DOGS DELI JUMBO	13.5 OZ	3.34	3.34		
5424	LIGHTLIF	SMART SLICES PEPPERONI	4 OZ	3.10	3.10		
5434	LIGHTLIF	SMOKEY TEMPEH STRIPS ORG bacon	6 OZ	3.69	3.69		
5447	LIGHTLIF	TEMPEH GARDEN VEGETABLE ORG	8 OZ	2.47	2.47		
5436	LIGHTLIF	TEMPEH SOY ORG	8 OZ	2.47	2.47	2.22	2.22
5442	LIGHTLIF	TEMPEH THREE GRAIN ORG	8 OZ	2.47	2.47	2.22	2.22
5443	LIGHTLIF	TOFU PUPS	12 OZ	3.34	3.34		
LISANATTI							
90100	LISAN	ALMOND CHEESE CHEDDAR	8 OZ	3.09	3.09		
90102	LISAN	ALMOND CHEESE GARLIC HERB	8 OZ	3.09	3.09		
90103	LISAN	ALMOND CHEESE JALAPENO JACK	8 OZ	3.09	3.09		
90101	LISAN	ALMOND CHEESE MOZZARELLA	8 OZ	3.09	3.09		
90106	LISAN	RICE CHEESE CHEDDAR	8 OZ	3.09	3.09		
90107	LISAN	RICE CHEESE MOZZARELLA	8 OZ	3.09	3.09		
90111	LISAN	SOY SHREDS 3 CHEESE	8 OZ	3.09	3.09		
90110	LISAN	SOY SHREDS MOZZARELLA	8 OZ	3.09	3.09		

SINCE 1970 Tom's OF MAINE

NEW *Simply White* Fluoride Toothpaste

Smile with Natural Confidence!

Our Simply White® Whitening Toothpaste uses naturally sourced silica to help whiten and bring back the natural beauty of your smile.

Sweet Mint Gel

Ingredients: Sodium Flouride, Hydrated Silica, Water, Sorbitol, Glycerine, Xylitol, Sodium Lauryl Sulfate, Natural Flavors, Xanthan Gum, Titanium Dioxide, Chondrus Crispus (carageenan)

Item #6950

Clean Mint

Ingredients: Sodium Flouride, Hydrated Silica, Water, Sorbitol, Glycerine, Xylitol, Sodium Lauryl Sulfate, Natural Flavors, Xanthan Gum, Titanium Dioxide, Chondrus Crispus (carageenan)

Item #6949

way out WAX

Way Out Wax

Celebrate Valentine's Day!

Set the Mood for a Romantic Evening!

Escentual Love Aromatherapy Candles

Created in conjunction with certified aromatherapists, Escentual Love is an intoxicating blend of lavender, patchouli and rosewood essential oils, perfectly created for times of love and romance.

One of our most popular synergies, Escentual Love is an exotic relaxant, offering a soothing and sensuous aroma. Made with 100% soy wax and scented solely with pure essential oils, providing uncompromised aromatherapy.

Escentual Love Pillar Candle

Item #5748 – 3 X 3 IN

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
MALAKA							
5590	MALAKA	RENNET LIQUID v	.5 OZ	5.27	5.27		
MISO MASTER							
3131	MISOMAST	BROWN RICE MISO ORG	16 OZ	6.99	6.99		
3170	MISOMAST	MELLOW WHITE MISO ORG	16 OZ	6.59	6.59		
3129	MISOMAST	TRAD CTRY BARLEY MISO ORG	16 OZ	7.20	7.20		
3130	MISOMAST	TRADITIONAL RED MISO ORG	16 OZ	7.20	7.20		
MT. VIKOS							
3913	MTVIKOS	FETA BARREL AGED Greece	6 OZ	4.90	4.90	4.41	4.41
1513	MTVIKOS	FETA SHEEP & GOAT Greek	4.4#	41.75	41.75	37.58	37.58
1515	MTVIKOS	FETA SHEEP & GOAT Greek	7 OZ	4.87	4.87	4.38	4.38
3914	MTVIKOS	FETIRI W/GREEK HERBS feta	7 OZ	5.06	5.06		
3922	MTVIKOS	HALLOUMI	8 OZ R/W	13.97	13.97		
1516	MTVIKOS	KASSERI SemiSft SHP+GOAT Greek	6 OZ	6.09	6.09	5.48	5.48
1517	MTVIKOS	temp n/a no eta MANOURI Greek	4 OZ	3.99	3.99		
NUMBER 9							
90423	NUMBER9	SALSA BLACK BEAN CORN	15.8 OZ	3.62	3.62		
90422	NUMBER9	SALSA HOT	15.8 OZ	3.62	3.62	2.99	2.99
90421	NUMBER9	SALSA MEDIUM	15.8 OZ	3.62	3.62		
90420	NUMBER9	SALSA MILD	15.8 OZ	3.62	3.62		
ORGANIC VALLEY							
5927	ORG VALY	BUTTER ORG SALTED STICKS	16 OZ	6.21	6.21	4.66	4.66
5928	ORG VALY	BUTTER ORG UNSALTED STICKS	16 OZ	6.21	6.21	4.66	4.66
90303	ORG VALY	CHEDDAR MILD ORG	2#	7.26	14.52		
90307	ORG VALY	CHEDDAR MILD PASTRZD ORG	5#	7.51	37.55		
5917	ORG VALY	CHEDDAR MILD RAW ORG	8 OZ	4.70	4.70		
90304	ORG VALY	CHEDDAR SHARP ORG	8 OZ	4.30	4.30		
5918	ORG VALY	CHEDDAR SHARP RAW ORG	8 OZ	4.84	4.84		
90305	ORG VALY	CHEDDAR SHRED ORG	6 OZ	3.84	3.84		
5915	ORG VALY	COLBY YELLOW ORG	8 OZ	4.54	4.54	3.40	3.40
90148	ORG VALY	CREAM CHEESE ORG bar	8 OZ	2.98	2.98	2.23	2.23
5916	ORG VALY	FETA ORG cows milk	8 OZ	4.70	4.70		
5920	ORG VALY	MONTEREY JACK RAW ORG	8 OZ	4.70	4.70	3.52	3.52
90308	ORG VALY	MOZZARELLA ORG	6.5#	7.51	52.57	6.76	47.32
5921	ORG VALY	MOZZARELLA PART SKIM ORG	8 OZ	4.70	4.70	3.52	3.52
90306	ORG VALY	MOZZARELLA SHRED ORG	6 OZ	3.84	3.84		
5922	ORG VALY	MUENSTER RED RIND ORG	8 OZ	4.70	4.70		
90302	ORG VALY	PARMESAN TUB SHREDDED ORG	4 OZ	3.46	3.46		
90301	ORG VALY	PROVOLONE CHEESE SLICED ORG	6 OZ	3.94	3.94		
5926	ORG VALY	PROVOLONE ORG	8 OZ	4.70	4.70		
90309	ORG VALY	RICOTTA TUB ORG	15 OZ	5.09	5.09	3.82	3.82
91025	ORG VALY	STRINGLES PART SKIM MOZZ ORG	6 OZ	4.60	4.60	4.14	4.14
91024	ORG VALY	STRINGLES PART SKIM MOZZ ORG	24/1 OZ	.65	15.60	.59	14.16
90300	ORG VALY	SWISS CHEESE BABY SLICED ORG	6 OZ	4.34	4.34		
PINDER'S							
8510	PINDERS	PURE HORSERADISH (refrig)	6 OZ	1.99	1.99		
PINELAND FARM							
91052	PINELAND	BULK BABY SWISS	5.5# R/W	5.91	35.46		
91053	PINELAND	BULK BABY SWISS SMOKED	5.5# R/W	6.33	37.98		
91050	PINELAND	BULK CHEDDAR	5# R/W	5.76	28.80		
91046	PINELAND	CHEDDAR aged 6 months	8 OZ	3.53	3.53		
91057	PINELAND	CHEDDAR SHARP aged 1YR	8 OZ	3.40	3.40		
91058	PINELAND	FETA CHEESE CRUMBLES	4 OZ	1.88	1.88		
91054	PINELAND	FETA CHEESE precut	8 OZ	3.45	3.45		
91040	PINELAND	MONTEREY JACK	8 OZ	3.53	3.53		
91042	PINELAND	ONION & GARLIC JACK	8 OZ	3.79	3.79		
91059	PINELAND	PEPPER JACK	8 OZ	3.41	3.41		
91043	PINELAND	SALSA MONTEREY JACK	8 OZ	3.79	3.79		
91047	PINELAND	SMOKED CHEDDAR	8 OZ	3.79	3.79		
91044	PINELAND	SMOKED JACK	8 OZ	3.79	3.79		
91045	PINELAND	SMOKED SALSA MONTEREY JACK	8 OZ	3.94	3.94	2.96	2.96
91055	PINELAND	VARIETY WEDGES 4/4OZ ONE EACH	4/4OZ	7.99	7.99		
REAL PICKLES							
90135	REALPICK	ASIAN STYLE CABBAGE ORG	15 OZ	5.55	5.55		
91060	REALPICK	BEETS sliced w/onions ORG	15 OZ	4.50	4.50		
90133	REALPICK	DILL PICKLES org	26 OZ	5.55	5.55		
90190	REALPICK	GARLIC DILL PICKLES ORG	26 OZ	6.21	6.21		
91007	REALPICK	GINGER CARROTS ORG	15 OZ	5.55	5.55	5.00	5.00
91008	REALPICK	HOT SAUCE TOMATILLO ORG	5 OZ	4.55	4.55		
90136	REALPICK	RED CABBAGE ORG	15 OZ	4.55	4.55		
91061	REALPICK	SAUERKRAUT GARLIC ORG	15 OZ	5.50	5.50		
90134	REALPICK	SAUERKRAUT ORG	15 OZ	4.55	4.55		
RECCA							
8926	RECCA	WHITE ANCHOVY FILLETS jar	7 OZ	10.30	10.30		
REALLY GOOD NON-DAIRY							
3776	RELLA	VEGANRELLA MOZZARELLA	8 OZ	3.74	3.74		

STOCK #	BRAND	ITEM DESCRIPTION	SIZE	PRICE	EXT	SALE PRICE	
SAUCES 'N LOVE							
90285	SAUCENLV	DISC PASTA SAUCE ALFREDO gf v	11.8 OZ	4.35	4.35		
90286	SAUCENLV	PASTA SAUCE CRMY LOBSTER gf v	15.4 OZ	4.96	4.96	4.46	4.46
90288	SAUCENLV	PASTA SAUCE POMDRO BASIL gf vg	15.8 OZ	4.35	4.35	3.92	3.92
90289	SAUCENLV	PASTA SAUCE SUGO ROSA gf vg	15.8 OZ	4.35	4.35	3.92	3.92
90287	SAUCENLV	PIZZA SAUCE FRSH MARINARA gf v	15.8 OZ	4.35	4.35	3.92	3.92
90280	SAUCENLV	SAUCE BASIL PESTO gf v	4.5 OZ	4.35	4.35	3.92	3.92
90283	SAUCENLV	SAUCE CHIMICHRRI CILANTRO gf v	4.5 OZ	2.54	2.54	2.29	2.29
90284	SAUCENLV	SAUCE CHIMICHRRI PARSLEY gf v	4.5 OZ	2.54	2.54	2.29	2.29
90281	SAUCENLV	SAUCE MINT PESTO gf v	4.5 OZ	4.35	4.35	3.92	3.92
90282	SAUCENLV	SAUCE PESTO VEGAN gf vg	4.5 OZ	4.35	4.35	3.92	3.92
SAW MILL SITE FARM							
90164	SAW MILL	COCKTAIL SAUCE FISHMONGER'S	8 OZ	3.05	3.05		
9435	SAW MILL	HORSERADISH FRANK'S ORIGINAL	8 OZ	3.05	3.05		
9436	SAW MILL	HORSERADISH MUSTARD MARGE'S	8 OZ	3.05	3.05		
SHED'S WILLOW RUN							
1613	SHEDS	WILLOW RUN SOY MARGARINE	1#	2.75	2.75		
SOUTH RIVER MISO							
1906	SOUTHRIV	MISO ADZUKI RICE ORG	16 OZ	7.80	7.80		
1900	SOUTHRIV	MISO BARLEY 3 yr ORG	16 OZ	9.25	9.25		
1874	SOUTHRIV	MISO CHICK PEA ORG	4#	7.45	29.80		
1904	SOUTHRIV	MISO CHICK PEA ORG	16 OZ	7.80	7.80		
1908	SOUTHRIV	MISO GOLD MILLET ORG	16 OZ	7.80	7.80		
1907	SOUTHRIV	MISO HEARTY BROWN RICE ORG	16 OZ	9.25	9.25		
1876	SOUTHRIV	MISO SWEET BROWN ORG	4#	7.45	29.80		
1875	SOUTHRIV	MISO SWEET WHITE ORG	4#	7.45	29.80		
1905	SOUTHRIV	MISO SWEET WHITE ORG	16 OZ	7.80	7.80		
2135	SOUTHRIV	MISO SWT BROWN RICE 1yr ORG	9#	7.15	64.35		
2137	SOUTHRIV	MISO SWT BROWN RICE 1yr ORG	16 OZ	7.80	7.80		
SOYATOO!							
90147	SOYATOO	SOY WHIPPED CREAM Vg canister	7 OZ	5.29	5.29		
SOY BOY							
90119	SOYBOY	TOFU LIN oriental flavor	10 OZ	2.95	2.95		
90163	SOYBOY	TOFU SMOKED	8 OZ	2.95	2.95		
SUNJA'S							
9530	SUNJAS	CABBAGE KIMCHEE SPICY jar	16 OZ	3.45	3.45	3.11	3.11
9531	SUNJAS	RADISH KIMCHEE SPICY jar	16 OZ	3.45	3.45	3.11	3.11
9532	SUNJAS	WHITE KIMCHEE NON-SPICY jar	16 OZ	3.45	3.45	3.11	3.11
TOFUTTI							
90161	TOFUTTI	BTR THAN CRM CHEESE non-hydro	8 OZ	2.89	2.89		
1264	TOFUTTI	BTR THAN CRM CHEESE PLAIN h p	8 OZ	2.73	2.73		
1266	TOFUTTI	BTR THAN CRN CHS herbchive h p	8 OZ	2.73	2.73		
90158	TOFUTTI	SOY CHEESE AMER SLICE vg h p	8 OZ	2.92	2.92		
90159	TOFUTTI	SOY CHEESE MOZZ SLICE vg h p	8 OZ	2.92	2.92	2.19	2.19
90160	TOFUTTI	SOY SOUR CREAM non-hydro	12 OZ	2.37	2.37		
VERMONT BUTTER & CHEESE							
90174	VT BUTTR	BUTTER CHEF ROLL LT SALTED	1 LB	7.20	7.20		
90173	VT BUTTR	BUTTER ROLL LIGHTLY SALTED	8 OZ	4.25	4.25		
90175	VT BUTTR	BUTTER ROLL UNSALTED	8 OZ	4.25	4.25		
1347	VT BUTTR	CHEVRE (goat cheese)	10.5 OZ	5.55	5.55		
1366	VT BUTTR	CHEVRE (goat cheese)	4 OZ	2.75	2.75		
90177	VT BUTTR	CHEVRE HERB LOG	4 OZ	2.75	2.75		
90178	VT BUTTR	CHEVRE PEPPER LOG	4 OZ	2.75	2.75		
90179	VT BUTTR	CREAMY GOAT CHEESE CLASSIC	4 OZ	2.95	2.95		
90181	VT BUTTR	CREAMY GOAT CHEESE OLIVE HERB	4 OZ	2.95	2.95		
90170	VT BUTTR	CREME FRAICHE	8 OZ	3.30	3.30		
90171	VT BUTTR	MASCARPONE	8 OZ	3.70	3.70		
YOGOURMET							
5584	YOGOURME	YOGURT STARTER	1OZ	4.03	4.03		

way out WAX

Escentual Love Pillar

Item #5749 – 2 X 4.5 IN

Escentual Love Tin Candle

Item #4771 – 3 OZ

Escentual Love Votive Candles

Item #4766 – 18 CT

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